

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
WASHINGTON STATE			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Aberdeen	<p>Hotline 1-888-626-2640 24 Hour rape response hotline We strive to support, educate and empower all people impacted by sexual abuse General advocacy Medical and legal advocacy Support group for adult female survivors of child sexual violence meets Wednesdays 4 - 6 pm Support group for adult male survivors of sexual violence, group meets Fridays 3 - 4.30pm Call 360-533-9751 for details of our groups</p>	<p>Beyond Survival 313 South 1 Street Aberdeen WA 98520 360-533-9751 Office.</p>	<p>www.ghbeyondsurvival.com</p>
Battle Ground	<p>Recovery for Adult Children from Dysfunctional Families Group In this group you will explore how your family of origin played a role in shaping your beliefs about relationships, attachments, how you parent and how those experiences impact you today. Trauma, divorce, alcoholism and major illness can impact us dramatically as children and affect our lives as adults. Meets Wed, Thurs, Fri 9 - 11 am Cost \$30</p>	<p>Cheryl Butler Battle Ground WA 98604 360-529-3614 Office</p>	<p>www.minormiraclecounseling.com</p>
Bellevue	<p>Hotlines 425-746-1940 (24 hours) Or 1-800-827-8840 (24 hours)</p>	<p>Lifewire PO Box 6398</p>	<p>www.lifewire.org/ email@lifewire.org</p>

We have been providing domestic violence services and programs to the community for over 30 years.
Emergency shelter
Hotel- motel voucher program
Housing First program
Legal and personal advocacy
Counseling services
Children's and teens groups
Latina outreach program
Women's support groups.

Bellevue
WA 98008
425-562-8840 Office

Bellevue

Male Survivors of Abuse Group
Men who were sexually abused as children have few places that understand and support their search for health. Men abused as children are impacted in ways that females are not. We will explore the impact of trauma, shame, guilt and emotional isolation. Meets every other Tues at 6 - 7.30 pm. Cost \$50 - \$70

Dr. Myrna Pinedo
Bellevue
WA 98004
425-610-9971 Office

www.therapists.psychologytoday.com/rms/name/M.Pinedo,PhD++Associates_Bellevue_Washington_35317

Bellevue

Surviving the Shock Factor:
Now forming recovery and therapy group for women (clergy sexual misconduct)

Ms Sonja Rudie
Bellevue
WA 98004
425-739-9483 Office

www.sonjarudie.com
sonja@sonjarudie.com

Bellevue

Women's PTSD Recovery Group
Please call 425-739-9483 for more group details.

Ms Sonja Rudie
Bellevue
WA 98004
425-739-9483 Office

www.sonjarudie.com
sonja@sonjarudie.com

Bellingham

Hotline 360-715-1563
Or 866-715-1563
24 Hour help hotlines
Our mission is to support individuals affected by domestic violence and sexual assault
Medical advocacy & legal support
Advocacy counseling
Domestic violence support group for women who have experienced violence at home past or present.
Support group for adults, male or female who have experienced sexual abuse past or present.
Call 360-715-1563 for more details.

Domestic Violence and Sexual Assault Services (DVSAS)
1407 Commercial Street
Bellingham
WA 98225
360-671-5714 Office

www.dvsas.org
info@dvsas.org

Bellingham

Hotlines 360-734-3438 (24 hours)
Or 1-877-227-3360 (24 hours)
Womencare Shelter is an empowerment based organization working to end domestic violence.
Emergency shelter
Safety planning
Housing First program
Immigration advocacy
Legal advocacy

Womencare Shelter
Bellingham
WA 98226
360-671-8539 Office

www.womencareshelter.org/

Children's advocacy
Advocacy based counseling
Support groups with childcare

Bingen	Toll Free Crisisline 1-844-493-1709 Providing Klickitat County residents with domestic violence and sexual assault services. We work through advocacy, safety planning, counseling as well as community outreach and education.	Programs for Peaceful Living 115 W. Steuben Street Bingen WA 98648 509-493-2662 Office	www.wgap.ws
Bremerton	Female Adult Survivors of Child Abuse Group This is a community based, pass-the-basket, no therapy peer led support group. We are not aligned with any agency, treatment center or counselor. Meets Wednesdays 6 - 7.30 pm Call Judy on 360-340-7946 for more details about this group.	ASCA- Kitsap Bremerton Washington 360-340-7946 Contact no	www.ascasupport.org
Cathlamet	Hotline 800-795-6400 Family violence shelter Sexual Assault Program Crisis intervention Medical and legal advocacy Counseling for victims of family violence	St. James Family Center 1134 Columbia Street Cathlamet WA 98612 360-795-6401 Office bhansen@stjamesfamilycenter.org www.stjamesfamilycenter.org/The-Charlotte-House.html	www.stjamesfamilycenter.org
Chehalis	Hotline 800-244-7414 Toll Free Lewis County's accredited victims services provider, dedicated to breaking the cycle of violence and responding with compassion. Emergency shelter Accompaniment to legal systems Support group for adult female survivors of domestic violence meets Wednesdays 5 - 7 pm Group in Spanish Tuesdays 5-7 pm Call 360-748-6601 for group details	Human Response Network PO Box 337 Chehalis WA 98532 360-748-6601 Office	www.hrnlc.org info@hrnlc
Clarkston	All our sexual assault services are FREE of charge. Our sexual assault and abuse program provides 24 hour crisis response, medical and legal advocacy, support & referrals to other agencies. Victims of sexual assault have the right by law to have an advocate accompany them through medical, police, prosecutor and court proceedings.	Quality Behavioral Health 900 Seventh Street Clarkston WA 99403 509-758-3341 Office	www.qbhs.org
Cle Elum	509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services	Comprehensive 309 E. 1st Street Cle Elum WA 98922 509-674-2340 Office.	www.cwcmh.org

as well as community education.
Emergency shelter
Medical and legal advocacy
Crisis counseling.

Colville	Hotline 509-684-6139 24 Hour domestic violence and sexual assault hotline Temporary safe shelter Crisis intervention Assistance with court orders Referrals to appropriate services Therapy for sexual abuse victims www.facebook.com/Rural-Resources-Community-Action-300579630290/	Rural Resources Community Action 956 South Main Street Colville WA 99114 509-684-8421 Office	www.ruralresources.org info@ruralresources.org
Davenport	Hotline 800-932-0932 Supportive hotline and referral to appropriate services	Family Resource Center of Lincoln County PO Box 1130 Davenport WA 99122 509-725-4358 Office	laurie@frcoflincolncounty.org
Dayton	Hotline 509-529-9922 24 Hour crisis hotline Through it's individual counseling 8 different support groups, legal and medical advocacy and shelter services, the YWCA domestic violence and sexual assault center makes sure women and children have access to what they need to begin rebuilding their lives.	YWCA - Dayton Dayton General Hospital Brooker Annex 1012 S. Third Dayton Washington 509-382-9922 Office www.ywcaww.org/services/counseling-support-groups/	www.ywcaww.org/contact-us/
Eastsound	360-376-1234 Orcas 360-378-2345 San Juan 360-468-4567 Lopez 24 Hour 7 day crisis hotlines We are a dual agency. We provide direct services to victims of domestic violence and core services for sexual assault/abuse victims. Medical and legal advocacy Accompaniment to court Help with protective orders Support group for women affected by domestic violence 360-376-5979 Therapy for sexual abuse/assault victims, see website for more info.	SAFE of the San Juan Islands PO Box 1516 Eastsound WA 98245 360-376-6742 Office	www.safesj.org/home.html
Ellensburg	Hotline 866-925-9384 If you or someone you know is a victim of domestic violence and you'd like more information call us. All our services are FREE of charge	Abuse Support and Prevention Education Now Ellensburg WA 98926 509-925-9384 Office / Hotline www.ci.ellensburg.wa.us/794/Domestic-Violence	
Ellensburg	Hotline 1-866-925-9384 We provide Kittitas County with domestic violence and sexual assault victim services to include:	Aspen Victim Advocacy Services 707 North Pearl Suite K Ellensburg	

Legal, medical and general advocacy. We can offer local information and referrals. We provide education and awareness activities and Emergency Shelter.

WA 98926

www.comphc.org/yakima-valley-mental-health-victim.php

Everett

Hotline 425-252-2873
We are the only program in the County of Snohomish providing emergency shelter and confidential services to all victims of domestic violence and abuse.
Emergency shelter
Safety planning and information
We have 8 support groups meeting throughout Snohomish County.
Please call our hotline for details.
All our groups are FREE and confidential.

Domestic Violence Services of Snohomish County
PO Box 7
Everett
WA 98206
425-252-2873 Office / Hotline

www.dvs-snoco.org
info@dvs-snoco.org

Everett

Hotline 425-252-4800
24 Hour crisis hotline
Medical and legal advocacy
Support group services
Call 425-297-5771 for support group details.

Providence Assault and Abuse Services
Everett
WA 98201
425-297-5774 Office

www.providence.org/

Key Assault and Abuse Services into the Providence search Box.

Forks

Hotline 360-374-2273
24 Hour crisis hotline
Our program is dedicated to the ideal that no one should have to live with violence.
24 Hour emergency shelter
Legal & systems advocacy
Support group - domestic violence meets Tuesdays 1 - 2.30pm
Support group - Sexual assault meets Thursdays 12.30 - 2 pm
Call 360-374-6411 for groups info

Forks Abuse Program
PO Box 1775
Forks
WA 98331
360-374-6411 Office

www.forksabuseprogram.org

Goldendale

509-575-4200 Yakima County
509-925-9861 Kittitas County
1-800-572-8122 Klickitat County
24 Hour crisis hotlines
We provide sexual assault services as well as community education.
Emergency shelter
Medical and legal advocacy
Crisis counseling

Comprehensive
112 W. Main Street
Goldendale
WA 98620
509-773-5801 Office

www.cwcmh.org

www.comphc.org/yakima-valley-mental-health-victim.php

Goldendale

Hotline 1-800-352-5541 crisis pager
We provide Klickitat County with domestic violence and sexual assault services including:
Safety planning
General advocacy
Counseling
All our services are FREE of charge

Washington George Programs for Peaceful Living
116 West Main
Goldendale
Washington
509-773-6100 Office

www.wgap.ws

Hoquiam

Hotline 1-800-818-2194 (24 hours)

Domestic Violence Center of

We were established over 30 years ago on the harbor and provide advocacy, awareness, intervention, prevention and an emergency shelter.

Grays Harbor
2306 Sumner Avenue
Hoquiam
WA 98550
360-538-0733 Office

www.facebook.com/Domestic-Violence-Center-of-Grays-Harbor-120107088045275/

Issaquah

Healing Hearts From Child Abuse Group.
As a survivor and advocate for adult survivors of child abuse, I am creating this group with the intention of providing a safe place for adult survivors of childhood abuse to connect and learn how fellow survivors are thriving in their adulthood. This is a Meetup support group

Meetup Support Group
Issaquah
Washington

www.meetup.com/topics/abusesurvivors/all/

Kelso

Hotline 360-425-1176
24 Hour crisis hotline
We provide FREE services to victims and survivors of domestic violence and sexual assault.
24 Hour crisis intervention
Safe temporary housing
Advocacy during medical exams, law enforcement and through the criminal justice system.
Group counseling for female survivors of domestic violence meets Tuesdays 10.30am & 5.30pm
These groups are FREE of charge
Call 360-425-1176 ext 4 for more details about these groups.

Emergency Support Shelter
PO Box 877
Kelso
WA 98626
360-425-8629 Office.

www.esshelter.com/sherriet@cascadenetworks.net

Kennewick

Hotlines 509-582-9841 (24 hours)
Or 1-800-648-1277 (24 hours)
We are focused on providing the best advocacy and support services for domestic violence victims in our community.
Emergency shelter
Transitional housing
Protection order clinics
Legal advocacy
Support groups in English meet Wednesday mornings 10 - 11.30am
Wednesday evenings 6 - 7.30 pm
Support group in Spanish meets Tuesday evenings 6 - 7.30 pm
Childcare provided in the evenings
Serving Benton & Franklin Counties

Domestic Violence Services
Kennewick
WA 99352
509-582-9841 Office / Hotline

www.dvsbf.org
wenner1211@gmail.com

Kirkland

Abandonment Recovery Network Group.
Do you feel as if a 10 year old is running your life? Do you struggle maintaining healthy relationships, sabotaging behaviors and relation-

Meetup Support Group
Kirkland
Washington

www.meetup.com/topics/abusesurvivors/all/

ship anxiety? The purpose of this group is to understand where these behaviors come from and how to overcome them. This is a peer to peer meetup group

Long Beach

Hotline 1-800-435-7276
24 Hour helpline
We have 24 hour staff to answer your questions with interpreters if required.
Hearing impaired services
Service information in Spanish
Referrals to appropriate agencies
Support groups call hotline for info about our groups.

Crisis Support Network
318 2nd Street NE
Long Beach
WA 98631
360-642-0095 Office

www.crisis-support.org
csn3@centurytel.net

Moses Lake

Hotline 1-888-560-6027
24 Hour hotline
Emergency shelter available
Medical and legal advocacy
Community advocacy
Protection order clinic
Peer support groups for victims of domestic violence and sexual assault.

New Hope Domestic Violence & Sexual Assault Services
840 E. Plum
Moses Lake
WA 98837
509-764-8402 Office
www.grantcountywa.gov/new-hope/

Mount Vernon

Trauma Recovery & Empowerment Group.
Basic education about physical and sexual abuse and how current behaviors are linked to past abuses
An opportunity for men and women to trust their own perceptions about reality and to receive validation from others. Groups are forming all the time and are closed after 4th week.
These are 33 week 90 minutes a week \$25 per sessions, please call 316-869-0763 for more details

Ms Dawn Idecker
Mount Vernon
WA 98273
316-869-0763 Office

www.therapists.psychologytoday.com/rms/name/Dawn_Idecker_LMHC_Mount+Vernon_Washington_91370

Mount Vernon

Hotline 1-888-336-9591
Skagit domestic violence & sexual assault services is committed to ending violence and assault in Skagit County.
Emergency shelter
Legal advocacy
Advocacy based counseling
Support groups available

SDVSAS - Skagit County
PO Box 301
Mount Vernon
WA 98273
360-336-9591 Office / Hotline

www.skagitdvsas.org
admin@skagitdvsas.org

Newport

Hotline 509-447-5483
Or 1-800-548-3133 Toll Free
24 Hour hotlines
Our mission is to provide services to all persons who have been victimized by domestic violence and sexual assault.
Emergency temporary shelter

Pend Oreille Crime Victim Services (POCVS)
PO Box 944
Newport
WA 99156
509-447-2274 Office

www.pofcn.org
advocate4@pofcn.org

Crisis intervention
Medical and legal advocacy
Therapy and support groups

Oak Harbor

360-675-2232 North Whidbey
1-800-215-5669 South Whidbey
1-800-215-5669 Camano Is.
We won't try to talk you into anything,
or attempt to change you. Our
services are private and confidential
please call and let us help you.
24 Hour crisis intervention
Safe emergency shelter
Advocacy based counseling
Legal advocacy & Court support
Therapy services available to clients
who are adult and child victims of
sexual assault / abuse.

Citizens Against Domestic and
Sexual Abuse CADA
PO Box 190
Oak Harbor
WA 98277
360-675-2232 North Whidbey
1-800-215-5669 South Whidbey
1-800-215-5669 Camano Is.

www.cadacanhelp.org/
kimberly@cadacanhelp.org

www.facebook.com/CADA-Citizens-Against-Domestic-Sexual-Abuse-201584039866583/

Olympia

Post-Traumatic Growth Group
For people who suffer from
Traumatic Stress Disorders, such
as PTSD. These are anxiety
disorders that some people develop
after living through a dangerous
experience. Symptoms include
intrusive thoughts and memories,
Irritability, nightmares, hypervigilance
distancing oneself from friends and
loved ones, emotional numbness
and avoiding activities that remind
you of a certain event.
Meets Wednesdays 6.30 - 8.30 pm
Cost \$30 - \$40
Call 360-489-9151 for more details

Loretta Crawford Kissel
Olympia
WA 98502
360-489-9151 Office

www.spiralsoffreedom.com
Spirals@SpiralsOfFreedom.com

Olympia

Hotline 360-754-6300
24 Hour crisis hotline
Safe Place is the only advocacy
agency and confidential shelter for
survivors of domestic violence and
sexual assault in Thurston County.
Walk-in advocacy Tues & Weds
Legal clinics bi-monthly
Sexual Assault Response program
Advocacy in Cambodian & Spanish
Closed support group for survivors
of sexual assault contact Michelle
Dixon-Wall on 360-786-8754 X 114.
Support group for domestic violence
survivors meets Weds 6.15 - 7.45
call 360-754-6300 for details.
Multi-cultural women's support
group in English contact Davy Long
on 360-786-8754 ext 107.

Safe Place
PO Box 2002
Olympia
WA 98507
360-786-8754 Office

www.safeplaceolympia.org
safeplace@safeplaceolympia.org

Olympia

12 Step Self Help Group
We are a spiritual self help group
of individuals aged 18 and older,

Survivors of Incest Anonymous
Olympia
Washington

www.siawso.org
cataluna316@yahoo.com

who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. The only requirement for membership is that you are a victim of child sexual abuse and you want to recover. Meets Mondays 7 - 8.30 pm Women only please Contact Carolyn 360-866-8015 or email at address on right of page

Omak	Hotline 509-8263221 Or 1-888-826-3221 Toll Free Advocacy for victims and survivors of domestic violence and sexual assault. Emergency shelter Crisis intervention Medical and legal advocacy Individual and group counseling	The Support Center PO Box 3639 Omak WA 98840 509-826-3221 Office / Hotline information@thesupportcenter.org	www.thesupportcenter.org
Othello	Hotline 1-888-560-6027 24 Hour hotline Emergency shelter available Medical and legal advocacy Community advocacy Protection order clinic Peer support groups for victims of domestic violence and sexual assault.	New Hope Domestic Violence & Sexual Assault Services 165 N 1st Avenue Othello WA 99344 509-488-2699 Office www.grantcountywa.gov/new-hope/	
Pasco	509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services as well as community education. Emergency shelter Medical and legal advocacy Crisis counseling	Comprehensive 2715 Saint Andrews Loop Suite C Pasco WA 99301 509-412-1051 Office www.comphc.org/yakima-valley-mental-health-victim.php	www.cwcmh.org
Port Angeles	Hotline 360-452-4357 24 Hour crisis hotline Crisis intervention Emergency shelter Therapy Advocacy based counseling Medical and legal advocacy Support groups available	Healthy Families of Clallam Co. 1210 E. Front Street Suite C Port Angeles WA 98362 360-452-3811 Office	www.healthyfam.org healfam@olympen.com
Port Townsend	Hotline 360-385-5291 24 / 7 Crisis hotline We are a private non profit corp and is Jefferson County's sole provider of FREE and confidential services to victims of domestic violence and sexual assault. Emergency shelter Walk-in services Mon-Fri Legal and medical advocacy	Dove House 1045 10th Street Port Townsend WA 98368 360-835-5292 Office	www.dovehousejc.org info@dovehousejc.org

Individual and group counseling
Support groups for victims of
domestic violence and sexual asslt
10 Week Thrive support group for
adult survivors of childhood sexual
abuse. Call 360-385-5292 for more
details about these groups.

Pullman	Hotline 1-877-334-2887 We provide 24 Hour emergency and supportive services to sexual violence victims and their families. All our services are FREE of charge Emergency shelter 24 Hour crisis intervention Medical and legal advocacy Group counseling Support groups for victims and survivors.	Alternatives to Violence of the Palouse (ATVP) PO Box 37 1125 NW Nye Street Suite A Pullman WA 99163 509-332-0552 Office	www.atvp.org home@atvp.org
Raymond	Hotline 1-800-435-7276 24 Hour helpline We have 24 hour staff to answer your questions with interpreters if required. Hearing impaired services Service information in Spanish Referrals to appropriate agencies Support groups call hotline for info about our groups	Crisis Support Network 762 Ballentine Street Raymond Washington 800-435-7276 Office / Hotline	www.crisis-support.org csn3@centurytel.net
Renton	Hotline 888-998-6423 24 Hour resource hotline KCSARC has the expertise to help victims heal and become survivors. Crisis intervention Medical and legal advocacy Group therapy for adult survivors of childhood sexual abuse. This is a 13 week closed group for women 21 years+ who have specific memories of the abuse in childhood an initial interview is required before group entry. This group is FREE. Call 425-226-5062 for group details	King County Sexual Assault Resource Center (KCSARC) PO Box 300 Renton WA 98057 425-226-5062 Office.	www.kcsarc.org AdminSupport Staff@kcsarc.org
Renton	SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information and inspiration and decide the next steps to take in their presonal journeys. The gatherings are for survivors and loved ones who want to focus on personal issues. Working in small groups SNAP Gatherings begin on Friday at 7pm and end at noon on Sunday. Participants are asked to attend all the sessions of the weekend. There	SNAP Gathering Clarion Hotel 3700 East Valley Road Renton WA 98055 312-399-4747	www.SNAPnetwork.org bblaine@snapnetwork.org

is a power in the group dynamics that is diminished with folks coming and going but exceptions can be made if necessary.

Republic	Hotline 1-800-269-2380 Or 1-877-876-9186 24 Hour crisis hotlines All our services are FREE of charge. Crisis intervention Legal and medical advocacy Community education Therapy for those who have been sexually abused or assaulted or are victims of domestic violence. Therapy may be paid for by crime victim compensation or other insurance but no one will be turned away due to lack of insurance. Call 509-775-3331 for more details.	Ferry County Connections PO Box 1158 Republic WA 99166 509-775-3331 Office www.ferry-county.com/Connections.html	www.ferry-county.com
Seattle	206-812-1001 Local 1-855-812-1001 National 24 Hour hotlines Short term crisis counseling Group counseling related to childhood sexual assault or domestic violence	Abused Deaf Women's Advocacy Services 8623 Roosevelt Way NE Seattle WA 98115 206-922-7088 VP Office	www.adwas.org adwas@adwas.org
Seattle	Helpline 206-325-0325 (NOT 24/7) Helpline Mon - Fri 9am - 5 pm We aim to provide comprehensive culturally relevant services for domestic violence, sexual assault and human trafficking to the Asian, South Asian and Pacific Islander communities. Human trafficking project Queer Network Program Youth programs Education and outreach program Support groups available.	API Chaya PO Box 14047 Seattle WA 98114 206-467-9976 Office www.facebook.com/APIWFSC	www.apichaya.org/ info@apichaya.org
Seattle	Hotline 1-877-622-3122 Toll Free Broadview residents are domestic violence survivors and two thirds are children. Our mission is to help residents cope with the displacement and the abuse. Crisis intervention goal setting and weekly meetings Legal advocacy Addiction recovery services Advocacy based counseling Support groups for adults & children	Broadview Emergency Shelter C/o Solid Ground 1501 North 45th Street Seattle WA 98103 206-299-2500 Office	www.solid-ground.org info@solid-ground.org
Seattle	Hotline 206-461-4880 8-5pm only Hotline 206-753-7006 After hours We provide quality intervention, prevention and outreach services to	Consejo Counseling Services 3808 S. Angeline Street Seattle WA 98118	

Latina survivors of domestic violence and sexual assault. 206-461-4880 Office
www.consejonew.consejocounseling.org/
Safety planning
Referrals to emergency shelter
Transportation & food during crisis
Legal advocacy in Spanish
Help filing for Protection orders ect
Counseling services for victims of rape, sexual abuse and incest.

Seattle

Hotline 206-744-1600 Harborview Medical Center
Advocacy through CPS and criminal justice systems 401 Broadway
Medical advocacy Suite 2075
Trauma focused therapy Seattle
Counseling is available to help individuals who are affected by child abuse and neglect and exposure to domestic violence. WA 98104
206-744-1600 Office / Hotline
www.depts.washington.edu/hcsats/

Seattle

Women and Trauma Group Brooke Kennaugh www.brookekennaugh.com
Childhood trauma can lead to attachment disorders that predict future addictions. These addictions could be anything from alcohol and drug abuse, codependency, love addiction, sex addiction or other compulsive behaviors. Our focus will be on trauma resolution, facing and replacing behaviors that are no longer satisfying with ones that are personally live giving. Website under construction July 2017
Meets Wednesdays 10 - 11.30 am
Cost \$50+
www.therapists.psychologytoday.com/rms/name/Brooke_Kennaugh_MA.LMHC,CSAT_Mount+Vernon_Washington_112636

Seattle

Weight and Sexual Abuse - Meetup Support Group
Connecting the Dots Group Seattle
Do you see a connection between your inability and or unwillingness to lose weight and past sexual abuse? Lets discuss and explore the possible connection. This is a meetup group. Washington
www.meetup.com/topics/abusesurvivors/all/

Seattle

Hotline 206-522-9472 (24 hours) New Beginnings www.newbegin.org
We provide shelter, advocacy and support for battered women and their children. PO Box 75125
Emergency shelter Seattle
Children's services and advocacy WA 98175
Legal clinic and legal advocacy 206-783-4520 Office
Transitional housing program
Weekly support groups in Seattle and Shoreline area's.

Seattle

Crisis Clinic hotline 886-427-4747 Northwest Network www.nwnetwork.org
We support the safety of bisexual, Transgender, Lesbian and Gay survivors of abuse. PO Box 18436
Seattle info@nwnetwork.org
WA 98118

Resources and referrals
Safety and support planning
Basic legal advocacy
Advocacy based counseling
Weekly all gender support groups.

206-568-7777 Office

Seattle

Since 1985 we have offered comprehensive support services to refugees and immigrant victims to help them break away from an abusive environment by offering support in 11 languages. Domestic violence advocates Help with Protection orders Access to emergency shelter Help with the legal system Support groups for battered women

Refugee Women's Alliance
PO Box 14373
Seattle
WA 98104
206-721-0243 Office.

www.rewa.org

Seattle

Women's Sexual Abuse Recovery Group.
Is childhood sexual abuse impacting your ability to enjoy life? This small confidential, supportive women's therapy group is designed to help members decrease isolation and to live more fully in the present. Meets Tuesdays 5.15 - 6.30 pm
Cost \$35 - \$50

Ms Ellen Rugg
Seattle
WA 98103
206-535-2123 Office
www.womenstherapygroupsseattle.com

Seattle

Group Therapy for Survivors
Shepherds counseling offers a safe place for adult survivors of childhood sexual abuse to explore buried feelings that may have been unsafe to talk about as children. All our groups emphasize trust and authenticity and aim to help survivors gain a sense of validation and acceptance. For more details call Brook Avidon on 206-323-7131 Or email at address on right of page

Shepherd's Counseling Service
2601 Broadway E.
Seattle
WA 98102
206-323-7131 Office

www.shepherdstherapy.org
brook@shepherdstherapy.org

Seattle

Male Survivors Support Group
This group is for male survivors of childhood sexual abuse. Groups are 21 week closed therapy process groups led by therapists with experience in treating survivors. Initial FREE 30 minute interview is required then a commitment to weekly attendance for length of the group. Meets weekly 6.30 - 8.30pm costs \$35 per session please call Brook Avidon on 206-323-7131 for details about this group

Shepherds Counseling Service
2601 Broadway East
Seattle
WA 98102
206-323-7131 Office

www.shepherdstherapy.org
brook@shepherdstherapy.org

Seattle

SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information

SNAP Gathering
Seattle
312-399-4747

www.SNAPnetwork.org
bblaine@snapnetwork.org

and inspiration and decide the next steps to take in their personal journeys. The gatherings are for survivors and loved ones who want to focus on personal issues. Working in small groups SNAP Gatherings begin on Friday at 7pm and end at noon on Sunday. Participants are asked to attend all the sessions of the weekend. There is a power in the group dynamics that is diminished with folks coming and going but exceptions can be made if necessary.

Seattle

Circle of Healing from Verbal Abuse
To live with an emotionally abusive person is to live with chronic stress. Not only does it wear on your self-esteem and productivity, but you may experience problems with anxiety and depression. Verbally abusive relationships are complex and recovery requires a supportive comprehensive strategy.
Meets Tuesdays 6.30 - 8.30 PM
Cost \$50

Ms Noreen Wedman
Seattle
WA 98119
206-745-4814 Office
www.mindbodyintegrativecounseling.com/

Seattle

12 Step Self Help Group
We are a spiritual self help group of individuals aged 18 and older, who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. The only requirement for membership is that you are a victim of child sexual abuse and you want to recover. Please call for location and time
Men only please
Contact 206-903-9427

Survivors of Incest Anonymous www.siawso.org
Seattle
Washington
206-903-9427
www.siawso.org/Sys/PublicProfile/2427441/7166

Seattle

12 Step Self Help Group
We are a spiritual self help group of individuals aged 18 and older, who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. The only requirement for membership is that you are a victim of child sexual abuse and you want to recover.
Meets Sundays 10 am
Women only please
Contact Becaley 206-903-9427
Or email at the address on right of this page

Survivors of Incest Anonymous www.siawso.org
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suggested steps and 12 traditions as borrowed from AA. The only requirement for membership is that you are a victim of child sexual abuse and you want to recover.
Meets Sundays 1 pm
Men only please
Contact Becaley 206-903-9427
Or email at the address on right of this page.

Seattle	For survivors / victims of domestic violence our program offers: Emergency shelter referrals Safety planning Transitional housing Community DV legal advocacy Children's DV services & programs Ongoing support group in South King County and in Seattle. Call office for more details.	YWCA - Domestic Violence Program Seattle WA 98122 206-280-9961 Office	www.ywcaworks.org
Shelton	Hotline 360-490-5228 Supportive hotline	Mason County Council on Abuse and Neglect Shelton WA 98584 360-426-6925 Office	
Shelton	Hotline 360-432-1212 (24 hours) Or 877-923-1212 Toll Free We provide safety and support services to domestic violence survivors and their families. Emergency shelter Pet facilities on site Language interpretation Legal advocacy for domestic and sexual violence Support groups available All services are FREE of charge	Turning Pointe 210 Pacific Court PO Box 2014 Shelton WA 98584 360-426-1216 Office	www.turningpointe.org turningpointe@earthlink.net
Snohomish	Wounded Heart Group Wounded Heart is a group that follows the wounded heart curriculum to find healing and freedom from the impacts of sexual abuse. In this group women will have the opportunity to find support, connection, healing, growth, trust, hope and strength as they journey together. Call 206-397-0037 for more details about this group Cost \$40 - \$50	Preeti Shah Snohomish WA 98290 206-397-0037 Office	www.preetishahcounseling.com
Spokane	Hotline 509-326-2255 (24 hours) Our program supports & advocates for victims who are experiencing abuse and violence in their relationships by providing: Emergency safe shelter	Alternatives to Violence -YWCA Spokane WA 99201 509-326-2255 Office / Hotline 509-789-9297 Counseling	www.ywcaspokane.org

Safety planning
Legal representation and advocacy
Legal hotline 509-477-3656
Transitional housing
Individual and group counseling
Weekly support groups
For more information on the groups
and counseling call 509-789-9297.

Spokane

509-624-7273 Sexual assault
866-751-7119 Victim crisis
24 Hour crisis hotlines
We are the only crisis response in
the area so our advocates are
available anytime for adults who
have suffered from trauma, sexual,
physical or emotional abuse.
Support groups available, for more
group details call 509-343-5093.

Sexual Assault & Family Trauma
Response Center
210 W. Sprague Avenue
Spokane
WA 99201
509-747-8224 Office
www.lcsnw.org/spokane/SAFEt.html

Stevenson

Our Holly House women's and
children's center has been serving
victims/survivors of domestic
violence since 1993
Emergency shelter
Legal and medical advocacy
Community awareness & education
Counseling services
www.facebook.com/Skamania-Co-Council-on-Domestic-Violence-and-Sexual-Assault-106719739383110/

Skamania County Council on
Domestic & Sexual Violence
Stevenson
WA 98648
509-427-4210 Office

rbryan@skamaniadvsa.org

Stevenson

Hotline 1-800-352-5541 crisis pager
We provide Klickitat County with
domestic violence and sexual
assault services including:
Safety planning
General advocacy
Counseling
All our services are FREE of charge

Washington George Programs
for Peaceful Living
683 Rock Creek Drive
Stevenson
WA 98648
509-427-8229 Office

www.wgap.ws

Sunnyside

509-575-4200 Yakima County
509-925-9861 Kittitas County
1-800-572-8122 Klickitat County
24 Hour crisis hotlines
We provide sexual assault services
as well as community education.
Emergency shelter
Medical and legal advocacy
Crisis counseling

Comprehensive
1319 Saul Road
Sunnyside
WA 98944
509-837-2089 Office
www.comphc.org/yakima-valley-mental-health-victim.php

www.cwcmh.org

Sunnyside

24 Hr Hotline 1-800-604-7462
Or Local Hotline 509-837-6689
The Lower Valley Crisis & Support
Services (LVCSS) has been serving
the lower Yakima Valley since 1978,
when it was formed by a group of
citizen volunteers, who together
sought a way to address the violence
of sexual assault, domestic violence
and child abuse. Over the past 30
years LVCSS has provided services

Lower Valley Crisis and Support
Services
PO Box 93 / 600 North Avenue
Sunnyside
WA 98944
509-837-6689 Office / Hotline
www.facebook.com/lowervalleycrisis/

lgarcia@lvcss.org

to thousands of individuals and families from throughout the Lower Yakima Valley. Our agency provides a 24 hour crisis line, Crisis intervention, legal / medical advocacy, emergency shelter, support groups, education, as well as support towards healing. Our services are FREE and confidential, and available by Spanish speaking staff.

Tacoma	Hotline 1-888-550-3915 Toll Free We are a Christian humanitarian organization dedicated to bringing healing hope and new life to victims of domestic violence. Emergency shelter Emergency transportation Transport to important appointments On site kennel On site warehouse for possessions Transitional housing.	Family Renewal Shelter 6832 Pacific Avenue Tacoma WA 98408 253-475-9010 Office www.facebook.com/Family-Renewal-Shelter-164455610276703/	staff@dvhelp.org
Tacoma	Hotline 253-474-7273 Or 1-800-756-7273 24 Hour crisis hotlines The sexual assault center of Pierce County is a community-based agency that advocates for victims-survivors, their family and friends. Medical and legal advocacy Referrals to attorneys Individual and family therapy Individual counseling for male and female survivors. We offer a sliding fee scale and no one is turned away for financial reasons. Please call 2530474-7273 for more details.	Rebuilding Hope, The Sexual Assault Center for Pierce Co. 101 E 26th Street Suite 200 Tacoma WA 98421 253-597-6424 Office	www.sexualassaultcenter.com tasha@hopesacpc.org
Tukwila	Hotline 425-656-7867 Or 877-465-7234 Toll Free We have grown over the past 30 years to provide community and shelter based services to more than 360,000 survivors of domestic violence. Offering : Safety planning & emergency shelter Free legal clinics Court accompaniment Childrens programs Weekly support groups in several locations.	DAWN PO Box 88007 Tukwila WA 98138 425-656-4305 Office	www.dawnonline.org info@dawnonline.org
Vancouver	Hotline 360-695-0501 Or 800-695-0167 Toll Free 24 Hour crisis hotlines We offer non-judgemental support and informationfor victims and	YWCA - Clark County 3609 Main Street Vancouver WA 98663 360-696-0167 Office	www.ywcaclarkcounty.com info@ywcaclarkcounty.org

survivors who have experienced domestic violence and sexual assault at any time.
Emergency shelter
Medical and legal advocacy
FREE support groups and weekly drop-ins for survivors of domestic abuse.

Or 800-696-0167 Toll Free

Walla Walla

Hotline 509-529-9922
24 Hour crisis hotline
Through it's individual counseling 8 different support groups, legal and medical advocacy and shelter services, the YWCA domestic violence and sexual assault center makes sure women and children have access to what they need to begin rebuilding their lives

YWCA - Walla Walla
213 S. First Avenue
Walla Walla
WA 99362
509-525-2570 Office

www.ywcaww.org

Wenatchee

Hotline 509-663-7446
Or 509-888-4357
24 Hour crisis hotlines
Emergency shelter
Counseling & professional therapy
Support groups for survivors of domestic violence meets every Wednesday 5.30 - 6.30 pm

SAGE
710 N. chelan Avenue
Wenatchee
WA 98801
509-663-7446 Office / Hotline

www.findsafety.org
jessiej@nwi.net

White Salmon

509-575-4200 Yakima County
509-925-9861 Kittitas County
1-800-572-8122 Klickitat County
24 Hour crisis hotlines
We provide sexual assault services as well ass community education.
Emergency shelter
Medical and legal advocacy
Crisis counseling.

Comprehensive
432 NE. Tohomish Street
White Salmon
WA 98672
509-493-3400 Office

www.cwcmh.org
www.comphc.org/yakima-valley-mental-health-victim.php

White Salmon

Hotline 1-800-352-5541crisis pager
We provideKlickitat County with domestic violence and sexual assault services including:
Safety planning
General advocacy
Counseling
All our services are FREE of charge.

Washington George Programs
for Peaceful Living
32 Pioneer Place
White Salmon
Washington George Programs
509-493-1533 Office

www.wgap.ws

Yakima

Hotline 509-452-9675
We provide Yakima County with domestic violence and sexual assault victim services to include:
Legal, medical and general advocacy. We can offer local information and referrals. We provide education and awareness activities and Emergency Shelter.

Aspen Victim Advocacy Services
402 South 4th Ave
Yakima
WA 98902
www.comphc.org/yakima-valley-mental-health-victim.php

www.cwcmh.org

Yakima

Hotline 509-248-7796 (24 hours)
We provide resources and

YWCA of Yakima
Yakima

www.ywcayakima.org/

information for those affected by
domestic violence. Call our hotline
if you have any question or need
help.

WA 98902
509-248-7796 Office / Hotline