

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
VICTORIA			
Nationwide	<p>Phone Counselling 1800-737-732 Online Counselling via website 24 Hour counselling service by qualified professional counsellors National sexual assault, domestic and family violence counselling service 24 hours a day 7 days a week.</p>	<p>1800Respect Nationwide 1800-737-732 Counselling</p>	<p>www.1800respect.org.au Contact form on website.</p>
Nationwide	<p>Helpline 1300-657-380 counsellors@asca.org.au Helpline Mon - Sun 9am - 5pm EST ASCA is an Australian body which advances the health and wellbeing of people and communities affected by childhood trauma, for this and for future generations. Professional support line Professional short term counselling Referrals for ongoing support.</p>	<p>Adults Surviving Child Abuse (ASCA) Nationwide 1300-657-380 Counselling 02-8920-3611 Office</p>	<p>www.asca.org.au admin@asca.org.au www.blueknot.org.au/</p>
Nationwide	<p>Helpline 02-6273-4885 We are an alliance of existing groups and individuals supporting people raised in institutional / out-of-home care in Australia in the 20th Century. Join us and find support.</p>	<p>Alliance for Forgotten Australians Nationwide 02-6273-4885</p>	<p>www.forgottenaustralians.org.au</p>
Nationwide	<p>Helpline 1800-272-831 rc@bravehearts.org.au On Monday 12 November 2012 the Prime Minister Julia Gillard announced a Royal Commission into Child Sexual Assault. Our organisation can provide general advice on how to share your story. We can assist you with drafting a written statement. Attend private sessions as your support person. Provide support and advice if you are involved in a public enquiry. ON our website we have a dedicated Royal Commission page with info and new updated as it happens.</p>	<p>Bravehearts Nationwide 1800-272-831 Office / Helpline</p>	<p>www.bravehearts.org.au admin@bravehearts.org.au</p>
Nationwide	<p>Helpline 1800-008-774 support@clan.org.au CLAN supports anyone who grew up in a home or institutionalised "Care" foster home. Please visit our website for help and support</p>	<p>Care Leavers Australian Network Nationwide 1800-008-774 Office / Helpline</p>	<p>www.clan.org.au support@clan.org.au</p>

if you were affected by institutional abuse.

Nationwide

Helpline 1800-040-509 Freephone

We were established in 1987 to address the issues surrounding the deportation of children from Britain. In the post war period children as young as three years old were shipped to Canada, New Zealand, the former Rhodesia and Australia, in a practice that continued as late as 1970. today we can help with Family Reintegration Funds
Retrieving files from governments
Obtaining birth certificates
Family research worldwide
Professional counselling

Child Migrants Trust
Nationwide
1800-040-509 Office / Helpline

www.childmigrantstrust.com

Nationwide

Helpline 1800-55-1800

24 Hour helpline 7 days a week
FREE 24 hour counselling service for young people aged 5 to 25 years. Counselling is offered by phone, email or over the web.
Web counselling times for A.C.T. are
Mon to Fri 1pm - 11pm
Sat & Sun 11am to 11pm
Children and teens have separate email sections on the website.

Kids Helpline
Nationwide
1800-55-1800 Office / Helpline
www.facebook.com/KidsHelpline/

Nationwide

Helpline 07-3636-5206 24 hours

Living Well is an Australian resource which offers a range of services specifically designed to assist **MEN** who have experienced sexual abuse or sexual assault.
Telephone counselling, FREE online counselling, email & text counselling. Online groups soon to be available. Please see website for more details.

Living well
Nationwide
Contact no 07-3636-5206

www.livingwell.org.au

Nationwide

Helpline 1300-364-277

We are a non profit community organisation assisting Australians to build strong and positive relationships. FREE and comprehensive support for survivors of child sexual abuse who take part in or are affected by The Royal Commission Into Institutional Responses to Child Sexual Abuse, see website for more details on this.
Find and Connect service - will help Australians and Former Child Migrants to trace their history and understand the reasons why they were placed into care. For more details call **1800-161-109**.
Counselling family & Individual

Relationships Australia
Nationwide
1300-364-277 Office / Helpline
1800-161-109 Find & Connect

www.racr.relationships.org.au

Family dispute resolution service

Nationwide	Helpline 1800-211-028 Helpline 8am - 8pm EST Royal Commission Counselling Australia is a national telephone counselling, information and referral service for anyone who is considering, or making a statement to the Royal Commission into Institutionalised Responses to Child Sexual Abuse. Those who are impacted by the work of the Royal Commission or who have family or friends participating in the Royal Commission are also welcome to ring.	Royal Commission into Institutional Responses to Child Abuse GPO Box 5283 Sydney NSW 2001 1800-211-028 Office / Helpline 61-2-8815-2319 for Overseas www.childabuseroyalcommission.gov.au registerinterest@childabuseroyalcommission.gov.au www.royalcommissioncounselling.org.au
Nationwide	Helpline 1300-657-380 (ASCA) Operates Mon - Sun, 9am - 5pm EST Survivors & Mates Support Network (SAMSN) is a non profit organisation working to increase public awareness of the effects that childhood sexual abuse can have on men in their adult lives. Support groups and Workshops are available but only in Sydney NSW at this present time.	Survivors and Mates Support Network Nationwide 0439-838-787 Office www.samsn.com.au support@samsn.com.au
Nationwide	Helpline 1800-695-463 24 Hours In any relationship there are things that are black and white and there are grey areas. The Line helps you navigate those grey areas, so you can enjoy healthy and respectful relationships and recognise the behaviour that "Crosses the Line". Weekly online forum, 2 hours closed online forum to discuss some of the edgier issues to do with relationships. This is NOT a counselling service.	The Line Nationwide 1800-695-463 Helpline
State-Wide	Crisis Helpline 1800-806-292 The Victoria CASA forum is a peak body of 15 centres against sexual assault. Together we work to ensure that women, children and men who are victims/survivors of sexual assault have access to comprehensive and timely support. Emergency or crisis care Information and advocacy Counselling and support Group work & telephone counselling	CASA State-Wide Victoria 1800-806-292 Office/ Helpline www.casa.org.au ahcasa@thewomens.org.au
State-Wide	TOLL FREE 1800-015-188 State-Wide 03-9928-9600 Email wdvcs@wdvcs.org.au We are a state wide not for profit	Women's Domestic Violence Crisis Service of Victoria State-Wide Victoria www.facebook.com/dvrcv/

service for women and children experiencing violence and abuse from a partner or ex partner, another family member or someone close to them. We provide a FREE crisis line 24 hours a day. Emergency accommodation. Outreach services and advocacy plus support services to allow women and children to become and stay free from violence.

03-9928-9600 Office / Helpline

State-Wide

Helpline 1300-134-130

inforequests@wire.org.au

WIRE stands for Women's Information and Referral Exchange. We are a Victoria wide FREE generalist information, support and referral services run by women for women. When you contact us we will take the time to listen to your story, to understand your unique situation as a women and help you to explore your best options.
Information Centre West Melbourne
Live Caht support
Advocacy and research

WIRE Women's Information and Referral Exchange Inc.
372 Spencer Street
West Melbourne
Victoria 3003

www.wire.org.au

wire@wire.org.au

State-Wide

FREECALL 1800-755-988

We provide services and responses to issues of family violence in culturally and linguistically diverse communities.
Family violence support
Culturally appropriate support
Family relationship support
Prevention and early intervention
Crisis intervention
Advice and information
Assistance with accommodation
Help obtaining financial support
Assistance with legal issues
Help with immigration issues
Court support
Therapeutic group work
We speak over 20 languages

In Touch Multicultural Centre
Against Family Violence
State-Wide
03-9413-5600 Office
www.facebook.com/inTouchVic/

admin@intouch.asn.au

Ballarat

Local helpline 03-5337-9222

RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
1025 Sturt Street
Ballarat
Victoria 3350
03-5337-9222 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/6

reception@rav.org.au

Bendigo

Local helpline 03-5441-0430

FREECALL 1800-806-292

We respond to the needs of both

Loddon Campaspe Centre
Against Sexual Assault
PO Box 764

www.casalc.com.au

casa@casalc.com.au

recent and past survivors of sexual assault. Providing counselling at our offices in **Bendigo, Maryborough, Kyabram, Kyneton and Echuca.** Telephone crisis counselling Mon - Fri 9am to 4,30 pm
Support groups are available

Bendigo
Victoria 3552
03-5441-0430 Office / Helpline.

Berwick

Local helpline 03-8768-4111
RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
1-2, 38 Clyde Road
Berwick
Victoria 3806
03-8768-4111 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/9

reception@rav.org.au

Boronia

Local helpline 03-9725-9964
RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
83 Boronia Road
Boronia
Victoria 3155
03-9725-9964 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/1

reception@rav.org.au

Camberwell

Local helpline 03-8573-2222
RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
450 Burke Road
Camberwell
Victoria 3124
03-8573-2222 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/14

reception@rav.org.au

Cranbourne

Local helpline 03-5990-1900
RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
Unit 2/199 High Street
Cranbourne
Victoria 3977
03-5990-1900 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/2

reception@rav.org.au

East Bentleigh

FREECALL 1800-806-292
At SECASA we provide services within the Mornington peninsula: **City of Frankston, Bayside, Port Philip, Stonnington Glen Eira and Kingston.** We also work in the cities of **Greater Dandenong, Casey and Cardinia** growth Corridor.

South Eastern Centre Against Sexual Assault (SECASA)
11 Chester Street
East Bentleigh
Victoria 3165
03-9928-8741 Office.

www.secasa.com.au

secasa@southernhealth.org.au

We offer a range of services such as counselling for victims / survivors of sexual assault for children & adults, male or female whether the assault took place recently or in the past. Art Groups, support groups and a male weekend retreat.

Footscray

SA Helpline 1800-806-292

WestCASA has counsellors who listen, believe and support you. Strength to Strength support group for women who have experienced family or sexual abuse in their lives. these 8 week groups are run by two experienced counsellors FREE of charge.

Trauma therapies available such as shiatsu or yoga. Please see website for further details

West Centre Against Sexual Assault.
53 Ballarat Road
Footscray
Victoria 3011
03-9216-0444 Office

www.westcasa.org.au
info@westcasa.org.au

Geelong West

Helpline 1800-806-292

We provide FREE and confidential specialist counselling for women, men, young people and children who have experienced sexual assault and or family violence either recently or in the past.

Childrens program (0 - 12 years)

Youth program (13 - 21 years)

Adult program 22 years plus

Barwon Centre Against Sexual Assault
Level 1
59-63 Spring Street
Geelong West
Victoria 3218
03-5222-4318 Office

www.safvcentre.org.au/
admin@barwoncasa.org

Greensborough

Local helpline 03-9431-7777

RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
3/25-33 Grimshaw Street
Greensborough
Victoria 3088
03-9431-7777 Office / Helpline

www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/3

reception@rav.org.au

Heidelberg West

Hotline 1800-319-355

Helpline 03-9450-0900

Our mission at the Kids First Australia is to break the cycle of abuse and neglect in families and to improve the live chances and choices for all children. Our services include: Sexual abuse counselling and prevention program. Support and counselling to families who have been affected by child sexual abuse.

Kids First Australia
70 Altona Street
Heidelberg West
Victoria 3081
03-9450-0900 Office / Helpline.
info@kidsfirstaustralia.org.au

www.kidsfirstaustralia.org.au/
cps@cps.org.au

Heidelberg West

Helpline 03-9496-2240

The Northern Centre Against Sexual Assault is 1 of 15 centres in Victoria funded by the Department of Human

Northern Centre Against Sexual Assault (NCASA)
Building 26
Repatriation Hospital

www.austin.org.au/northerncasacasa@austin.org.au

Services. Offering services in the northern metropolitan region of Melbourne covering **Banyule, Darebin, Nillumbik and Whittlesea.** FREE therapeutic services for men, women and young people over 12 years who have experienced assault recently or in the past. 24 hour crisis care for recent victims over the age of 17. We also offer counselling, group work and advocacy.

www.casa.org.au/contact-us/find-your-nearest-casa/?Postcode=3081

300 Waterdale Road
Heidelberg West
Victoria 3081
03-9496-2240 Helpline / Office

Kew

Local helpline 03-9261-8700

RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
46 Princess Street
Kew
Victoria 3101
03-9261-8700 Office / Helpline

www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/4

reception@rav.org.au

Melbourne

Helpline 03-9635 3610

CASA House is attached to the Royal Women's Hospital in Parkville. It is a government funded organisation which provides services on a 24 hour basis. We are committed to ensuring that the silence which surrounds sexual assault continues to be broken. Our services are FREE & confidential to adult survivors and victims of recent or past sexual assault regardless of gender. Support also for non offending family and friends.

CASA House
Queen Victoria Women's Centre
Level 3
210 Lonsdale Street
Melbourne
Victoria 3000
03-9635-3600 Office

www.casahouse.com.au
casa@thewomens.org.au

Melbourne

Advice line 03-9345-6391

At the Gate house Centre we provide family therapy for those affected by sibling sexual abuse. Please contact us for a full range of services and therapies.

Gatehouse Centre
The Royal Children's Hospital
50 Flemington Road
Parkville
Melbourne Victoria 3052
03-9345-6391 Advice / Office
03-9345-6453 FAX

www.rch.org.au/gatehouse/

www.rch.org.au
gatehouse.centre@rch.org.au

Melbourne

Local helpline 03-8625-3666

RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
379 Collins Street
Melbourne
Victoria 3000
03-8625-3666 Office / Helpline

www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/11

reception@rav.org.au

Melbourne	<p>FREECALL 1800-755-988 Local helpline 03-9413-5600 We provide services and responses to issues of family violence in culturally and linguistically diverse communities. Family violence support Culturally appropriate support Family relationship support Prevention and early intervention Crisis intervention Advice and information Assistance with accommodation Help obtaining financial support Assistance with legal issues Help with immigration issues Court support Therapeutic group work We speak over 20 languages</p>	<p>In Touch Multicultural Centre Against Family Violence GPO Box 2905 Melbourne Victoria 3001 03-9413-5600 Office / Helpline. www.facebook.com/inTouchVic/</p>	<p>www.intouch.org.au/ admin@intouch.asn.au</p>
Mildura	<p>A resource website for those who require information regarding services rape, sexual assault, child abuse, family violence and domestic violence.</p>	<p>Mallee Sexual Assault Unit 144-146 Lime Avenue Mildura Victoria 3500 03-5025-5400 Office</p>	<p>www.msau-mdvs.org.au info@msau-mdvs.org.au</p>
Morwell	<p>Advice and Help 03-5134-3922 Gippsland Centre Against Sexual Assault assists past and recent victims / survivors of sexual assault with ongoing support, counselling and group work. We also offer an eight week family violence support group, please see website for more details. Our offices are in Morwell and Bairnsdale with outreach to the whole of the Gippsland region.</p>	<p>Gippsland Centre Against Sexual Assault PO Box 1124 Morwell Victoria 3840 03-5134-3922 Office / Advice</p>	<p>www.gcasa.org.au mail@gippscasa.org</p>
Ringwood East	<p>Help and Advice 03-9870-7330 ECASA provides counselling and advocacy services to men, women, children and young people who are victims/survivors of recent or past sexual assault. Short - medium term counselling short - medium term advocacy Therapeutic group work for young women, women adult survivors and male adult survivors. Outreach locations at Healesville, Yarra Junction, Doncaster, Ferntree Gully and Hawthorn. www.casa.org.au/contact-us/find-your-nearest-casa/?Postcode=3135</p>	<p>Eastern Centre Against Sexual Assault (ECASA) 17 Ware Crescent Ringwood East Victoria 3135 03-9870-7330 Advice / Office 03-9870 7310 Office</p>	<p>www.easternhealth.org.au ecasa@easternhealth.org.au</p>
Sebastopol	<p>Helpline 03-5320-3933 FREECALL 1800-806-292 We provide FREE and confidential counselling and support for victims/ survivors of past or recent sexual assault. As well as for those affected</p>	<p>Ballarat Centre Against Sexual Assault. Ballarat Health Services Sebastopol Complex Sebastopol Victoria 3353</p>	<p>casa@bhs.org.au</p>

by or participating in the Royal Commission. Our services are available to men, women, girls and boys.

03-5320-3933 Office / Helpline
www.facebook.com/BallaratHealthServices/

Shepparton

Helpline 03-5831-2343
Toll Free 1800-112-343 24 hours
support@gvcasa.com.au
We are one of 15 centres throughout Victoria that provides services to victims / survivors of sexual assault to the local government area's of **Greater Shepparton, Mitchell, Strathbogie, Murrindindi and Moira**

Goulburn Valley Centre Against Sexual Assault
130 Nixon Street
Shepparton
Victoria 3630
03-5831-2343 Office / Helpline.
www.gvcasa.com.au
gvcasa@bigpond.com

Shepparton

Local helpline 03-5820-7444
RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
634 Wyndham Street
Shepparton
Victoria 3632
03-5820-7444 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/7
reception@rav.org.au

Sunshine

Local helpline 03-8311-9222
RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
1st Floor Harvester Centre
4 Devonshire Road
Sunshine
Victoria 3020
03-8311-9222 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/5
reception@rav.org.au

Thomastown

After Hours Emergency 13-12-78
Helpline 03-9450-0900
Our mission at the Kids First Australia is to break the cycle of abuse and neglect in families and to improve the live chances and choices for all children. Our services include: Sexual abuse counselling and prevention program. Support and counselling to families who have been affected by child sexual abuse.

Kids First Australia
Suite 1/62 Keon Parade
Thomastown
Victoria 3074
03-9450-0900 Office / Helpline
www.kidsfirstaustralia.org.au/
cps@cps.org.au

Traralgon

Local helpline 03-5175-9500
RAV is a community-based not for profit organisation with no religious affiliations. Our services are for all members of the community as family violence affects people from all walks of life. We offer counselling at our RAV centres. Counselling sessions are totally confidential and non judgemental.

Relationship Australia - Victoria
1/42 Kay Street
Traralgon
Victoria 3844
03-5175-9500 Office / Helpline
www.relationshipsvictoria.com.au
www.relationshipsvictoria.com.au/view-location/location/8
reception@rav.org.au

Wangaratta**Freecall 1800-806-292 24 hours**

Free from most landlines
Umcasa provides FREE and confidential counselling for people affected by sexual assault recently or in the past. Our services are for male and female adults, young people, children and their parents or caregivers.

Duty Crisis counselling
Counselling, advocacy, information
Groups for victims / survivors
Support for family and friends
Outposted services in **Benalla** and **Wodonga**.

www.casa.org.au/contact-us/find-your-nearest-casa/?Postcode=3676

Upper Murray Centre Against Sexual Assault (UMCASA)
50 Docker Street
PO Box 438
Wangaratta
Victoria 3676
03-5722-2203 Office

www.benallaservices.com.au/home/service/339
www.centreaagainstviolence.org.au/

Warrnambool**Freecall 1800-806-292 24 hours**

Free from most landlines
The South Western Centre Against Sexual Assault is funded by the state government and is a department of South West Healthcare.

Counselling and support for children men and women who have been sexually assaulted recently or in the past.

Counselling and support for women and children who are or have been victims of family violence.

24 Hour crisis response for assaults that have occurred within the past 14 days.

Group work, information & advocacy.
Regular Services from **Camperdown**
Portland and Hamilton.

South Western Centre Against Sexual Assault (SWCASA)
South West Healthcare
Ryot Street
Warrnambool
Victoria 3280
03-5564-4144 Office

www.swcasa.org.au
casa@swh.net.au