

National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
SASKATCHEWAN			
National Helpline	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse	www.childhelp.org info@childhelp.org Email support form on the website
Province Wide	ShelterSafe is an on line resource to help women and their children seeking safety from violence. The clickable map will serve as a fast resource to connect women with the nearest shelter that can offer safety, hope and support.	ShelterSafe Province Wide Saskatchewan	www.sheltersafe.ca/
Carlyle	Hotline 1-800-214-7083 24 Hour crisis hotline We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence Specialist counselling for survivors	Envision Counselling and Support Services PO Box 1017 Carlyle Saskatchewan S0C 0R0 306-453-2405 Office. www.envisioncounsellingcentre.com info@envisioncounsellingcentre.com	Carlyle.envision@sasktel.net
Estevan	Hotline 1-800-214-7083 24 Hour crisis hotline We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence Specialist counselling for survivors	Envision Counselling and Support Services PO Box 511 Estevan Saskatchewan S4A 2A5 306-637-4004 Office www.envisioncounsellingcentre.com info@envisioncounsellingcentre.com	estevan.envision@sasktel.net
Fort Qu'Appelle	Hotline 1-888-332-7233 Qu'Appelle Safe Haven is a 24 hour safe shelter for women and their children leaving an abusive relationship. We offer counselling, group therapy and healing circles.	File Hills Qu'Appelle Tribal Council Safe Shelter Fort Qu'Appelle Saskatchewan 306-332-6881 Office 306-332-8200 Office	www.fhqtc.com

Hudson Bay	<p>Hotline 1-800-611-6349 We are a non profit community based organization governed by a volunteer board of directors. We provide ongoing crisis support and referrals for individuals and families experiencing distress in their lives.</p>	<p>Hudson Bay Family & Support Centre PO Box 403 Hudson Bay Saskatchewan S0E 0Y0 306-865-3064 Office</p>	<p>www.hbfamilyandsupport.ca hbfamilyandsupport@sasktel.net</p>
Kindersley	<p>Crisis hotline 306-933-6200 We can help you deal with the devastating trauma of sexual assault, abuse or domestic violence. Individual counselling</p>	<p>West Central Crisis and Family Support Centre PO Box 2235 Kindersley Saskatchewan S0L 1S0 306-463-6655 Office</p>	<p>www.westcentralcrisis.ca crisis@sasktel.net</p>
La Ronge	<p>Hotline 306-425-4090 24 Hour crisis hotline Emergency shelter We also provide provide individual and group support for survivors of sexual assault. Survivors Circle meets Wednesday 6.30 - 8.30 pm.</p>	<p>Piwanpan Women's Centre Po Box 888 La Ronge Saskatchewan S0J 1L0 306-425-3910 Office. 306-425-3909 Office</p>	<p>www.pwcprograms.com</p>
Lloydminster	<p>Hotline 306-825-8255 24 Hour crisis hotline One to one crisis intervention Hospital accompaniment Court preparation Public education and awareness Groups for support</p>	<p>Lloydminster Sexual Assault and Information Centre 5011 49 Avenue Lloydminster Saskatchewan S9V 1R5 306-825-8255 Office / Hotline www.lloydminstensexualassault.com/</p>	<p>reception.lsaic@sasktel.net</p>
Meadow Lakes	<p>Hotline 306-236-5570 emergency shelter for women with or without children.</p>	<p>Waskoosis Safe Shelter Meadow Lakes Saskatchewan 306-236-5570 Office / Hotline</p>	<p>waskoosis@sasktel.net</p>
Melfort	<p>Hotline 1-800-611-6349 24 Hour crisis hotline We are a non profit, community based organization founded in 1984 We offer help to access shelter Assistance in crisis situations Individual and group counselling Outreach counselling every two weeks in Nipawin, Tisdale, Naicam.</p>	<p>North East Outreach and Support Services 103-McKendry Avenue East PO Box 2066 Melfort Saskatchewan S0E 1A0 306-752-9464 Office</p>	<p>admin@northeastoutreach.ca adm@neoss.ca</p>
Moose Jaw	<p>Hotline 306-693-6511 24 Hour crisis hotline Our shelter offers safe, short term housing, crisis counselling and advocacy with 35 years experience in the field</p>	<p>Moose Jaw Transition House PO Box 1866 Moose Jaw Saskatchewan S6H 7N6 306-693-6511 Office / Hotline 306-631-0962 Text Line</p>	<p>www.mj-transitionhouse.com mjoutreach@sasktel.net</p>
North Battleford	<p>Hotline 1-866-567-0055 Toll Free We contend with sexual violence and it's effects upon individuals, families and communities. for more information please visit our website.</p>	<p>Battleford and Area Sexual Assault Centre 1211 98th Street Battleford Saskatchewan S9A 0L8 306-445-0055 Office</p>	<p>www.basac.ca basac@sasktel.net</p>

North Battleford	Hotline 306-445-2742 Shelter for women and children experiencing family violence or crisis. Offering safe accomodation, Counselling, referrals and transportation to shelter.	Battlefords Interval House North Battleford Saskatchewan S9A 1H7 306-445-2742 Office / Hotline 306-441-0847 Text Line www.battlefordsintervalhouse.ca/
Prince Albert	Hotline 306-764-7233 We provide 24 hour confidential and professional support to all women and their children who are currently experiencing physical, emotional and or sexual abuse by offering temporary shelter and advocacy.	Prince Albert Safe Shelter for Women PO Box 21025 CHPO Prince Albert Saskatchewan S6V 8A4 306-764-7233 Office / Hotline www.ywcaprincealbert.ca/
Regina	Hotline 306-525-2141 If you are a woman that needs to get away from an abusive relationship or situation, then you are eligible to stay with us, with or without children. And without charge.	Isabel Johnson Shelter Regina Saskatchewan 306-525-2141 Office / Hotline
Regina	Hotline 306-352-0434 24 Hour crisis hotline We provide FREE crisis counselling services to men and women over the age of 16, who have experience of sexual assault, childhood sexual abuse, intimate partner abuse or violence. We provide emergency counselling and advocacy service through our 24 hour crisis line.	Regina Sexual Assault Centre 1830 MacKay Street Regina Saskatchewan S4N 6R4 306-522-2777 Office 306-757-1941 Office www.reginalsexualassaultcentre.ca/ rsac@sasktel.net
Regina	Hotline 306-569-2292 24 Hour Crisis Hotline We provide safe temporary shelter and support services for women and children fleeing any form of violence or abuse. Coummunity counselling Bridges of Hope outreach program	Regina Transition House Regina 306-535-3068 Text Line 306-757-2096 Office. www.reginatransitionhouse.ca officemanager@reginatransitionhouse.ca
Regina	We are a safe shelter for women and children fleeing from domestic violence. We provide traditional and western style support. Individual and group counselling Community outreach program	Wichihik Iskwewak Safe House Regina Saskatchewan 306-543-0493 Office www.fhqtc.com
Saskatoon	Hotline 306-668-2761 Established for women from abusive relationships who wish to work together to develop a safe enriched community for themselves and their children.	Adelle House Saskatoon Saskatchewan S7H 0G9 306-668-2761 Office / Hotline www.saskatoonintervalhouse.org info@saskatoonintervalhouse.org
Saskatoon	Helpline 1-888-338-0880 We provide a short term safe and supportive environment for women with or without children who are leaving an abusive relationship.	Saskatoon Interval House Saskatoon Saskatchewan S7N 0Z2 1-888-338-0880 Office / Hotline www.saskatoonintervalhouse.org info@saskatoonintervalhouse.org

Saskatoon	<p>Hotline 306-244-2224 24 Hour crisis hotline We exist to contend with sexual violence and it's effects upon individuals in the community. Drop-in support group Wednesdays meeting at 1.30 to 3.30 pm Closed support groups for male and female survivors of childhood sexual abuse. Next cycle starts in September 2013. for more details contact Megan on 306-244-2294 or email her at the address on the right of our page.</p>	<p>Saskatoon Sexual Assault and Information Centre 201-505 25th Street East Saskatoon Saskatchewan S7K 4A7 306-244-2294 Office / Hotline.</p>	info@ssaic.ca
Saskatoon	<p>Hotline 306-244-2844 Supportive safe emergency shelter.</p>	<p>YWCA - Crisis Shelter and Residence Saskatoon Saskatchewan 306-244-2844 Office / Hotline</p>	<p>www.ywcaskatoon.com shelter@ywcaskatoon.com</p>
Swift Current	<p>Hotlines 306-778-3386 Or 1-800-567-3334 Making the decision to leave or to return to an abusive relationship is not easy. We will help you explore your options and decide what is right for you. We have both men's and women's outreach programs.</p>	<p>Southwest Crisis Services PO Box 1102 Swift Current Saskatchewan S9H 3X3 306-778-3386 Office / Helpline</p>	<p>www.swcrisis.ca swcrisis@sasktel.net</p>
Weyburn	<p>Hotline 1-800-214-7083 24 Hour crisis hotline We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence Specialist counselling for survivors</p>	<p>Envision Counselling and Support Services PO Box 1056 Weyburn Saskatchewan S4H 2L3 306-842-8821 www.envisioncounsellingcentre.com info@envisioncounsellingcentre.com</p>	weyburn.envision@sasktel.net
Yorkton	<p>Hotline 306-782-0676 Supportive emergency shelter</p>	<p>Project Safe Haven Yorkton Saskatchewan 306-782-0676 Office / Hotline</p>	
Yorkton	<p>At SAC we provide specialized counselling programs for men, women, youth and children who have been victims of sexual assault sexual abuse and or incest.</p>	<p>Sexual Assault Counselling Program (SIGN) 345 Broadway Street West Yorkton Saskatchewan 306-783-9409 Office</p>	<p>www.sign-yorkton.org sacsign@sasktel.net</p>
Yorkton	<p>Hotlines 306-783-7233 Or 1-888-783-3111 We are a shelter for women and children fleeing from abusive relationships. Shelwin House is funded by the Ministry of Justice & Attorney General.</p>	<p>Shelwin House Saskatchewan 306-783-7233 Office / Hotline</p>	<p>www.shelwinhouse.ca info@shelwinhouse.ca</p>