

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
SASKATCHEWAN			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Carlyle	<p>Hotline 1-800-214-7083 24 Hour crisis hotline We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence Specialist counselling for survivors</p>	<p>Envision Counselling and Support Services PO Box 1017 Carlyle Saskatchewan S0C 0R0 306-453-2405 Office. www.envisioncounsellingcentre.com</p>	<p>Carlyle.envision@sasktel.net</p>
Estevan	<p>Hotline 1-800-214-7083 24 Hour crisis hotline We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence Specialist counselling for survivors</p>	<p>Envision Counselling and Support Services PO Box 511 Estevan Saskatchewan S4A 2A5 306-637-4004 Office www.envisioncounsellingcentre.com</p>	<p>estevan.envision@sasktel.net</p>
Fort Qu'Appelle	<p>Hotline 1-888-332-7233 Qu'Appelle Safe Haven is a 24 hour safe shelter for women and their children leaving an abusive relationship. We offer counselling, group therapy and healing circles.</p>	<p>File Hills Qu'Appelle Tribal Council Safe Shelter Fort Qu'Appelle Saskatchewan 306-332-6881 Office</p>	<p>www.fhqtc.com</p>
Hudson Bay	<p>Hotline 1-800-611-6349 We are a non profit community based organization governed by a volunteer board of directors. We provide ongoing crisis support and referrals for individuals and families</p>	<p>Hudson Bay Family & Support Centre PO Box 403 Hudson Bay Saskatchewan S0E 0Y0 306-865-3064 Office</p>	<p>www.hbfamilyandsupport.ca hbfamilyandsupport@sasktel.net</p>

experiencing distress in their lives.

Kindersley	Crisis hotline 306-463-6655 We can help you deal with the devastating trauma of sexual assault, abuse or domestic violence. Individual counselling	West Central Crisis and Family Support Centre PO Box 2235 Kindersley Saskatchewan S0L 1S0 306-463-6655 Office / Hotline	www.westcentralcrisis.ca crisis@sasktel.net
La Ronge	Hotline 306-425-4090 24 Hour crisis hotline Emergency shelter We also provide provide individual and group support for survivors of sexual assault. Survivors Circle meets Wednesday 6.30 - 8.30 pm	Piwanpan Women's Centre Po Box 888 La Ronge Saskatchewan S0J 1L0 306-425-3910 Office.	www.pwcprograms.com
Lloydminster	Hotline 306-825-8255 24 Hour crisis hotline One to one crisis intervention Hospital accompaniment Court preparation Public education and awareness Groups for support	Lloydminster Sexual Assault and Information Centre 5011 49 Avenue Lloydminster Saskatchewan S9V 1R5 306-825-8255 Office / Hotline	www.lsaic.com reception.lsaic@sasktel.net
Meadow Lakes	Hotline 306-236-5570 emergency shelter for women with or without children.	Waskoosis Safe Shelter Meadow Lakes Saskatchewan 306-236-5570 Office / Hotline	waskoosis@sasktel.net
Melfort	Hotline 1-800-611-6349 24 Hour crisis hotline We are a non profit, community based organization founded in 1984 We offer help to access shelter Assistance in crisis situations Individual and group counselling Outreach counselling every two weeks in Nipawin, Tisdale, Naicam.	North East Outreach and Support Services 103-McKendry Avenue Easst PO Box 2066 Melfort Saskatchewan S0E 1A0 306-752-9464 Office.	www.northeastoutreach.ca admin@northeastoutreach.ca
Moose Jaw	Hotline 306-693-6511 24 Hour crisis hotline Our shelter offers safe, short term housing, crisis counselling and advocacy with 35 years experience in the field	Moose Jaw Transition House PO Box 1866 Moose Jaw Saskatchewan S6H 7N6 306-693-6511 Office / Hotline	www.mj-transitionhouse.com mjoutreach@sasktel.net
North Battleford	Hotline 1-866-567-0055 Toll Free We contend with sexual violence and it's effects upon individuals, families and communities. for more information please visit our website.	Battleford and Area Sexual Assault Centre 1211 98th Street Battleford Saskatchewan S9A 0L8 306-445-0055 Office	www.basac.ca basac2@sasktel.net
North Battleford	Hotline 306-445-2750 Shelter for women and children experiencing family violence or crisis. Offering safe accomodation,	Battleforts Interval House North Battleford Saskatchewan S9A 1H7 306-445-2742 Office	

Counselling, referrals and transportation to shelter.

Prince Albert	Hotline 306-764-7233 We provide 24 hour confidential and professional support to all women and their children who are currently experiencing physical, emotional and or sexual abuse by offering temporary shelter and advocacy.	Prince Albert Safe Shelter for Women PO Box 21025 CHPO Prince Albert Saskatchewan S6V 8A4 306-953-4499 Office	
Regina	Hotline 306-525-2141 If you are a woman that needs to get away from an abusive relationship or situation, then you are eligible to stay with us, with or without children. And without charge.	Isabel Johnson Shelter Regina Saskatchewan 306-525-2141 Office / Hotline	
Regina	Hotline 306-352-0434 24 Hour crisis hotline We provide FREE crisis counselling services to men and women over the age of 16, who have experience of sexual assault, childhood sexual abuse, intimate partner abuse or violence. We provide emergency counselling and advocacy service through our 24 hour crisis line.	Regina Sexual Assault Centre 1830 MacKay Street Regina Saskatchewan S4N 6R4 306-522-2777 Office 306-757-1941 Office www.sassk.ca sasas@sasktel.net www.sassk.ca/finding-support/find-support-near-you	
Regina	Hotline 306-569-2292 24 Hour Crisis Hotline We provide safe temporary shelter and support services for women and children fleeing any form of violence or abuse. Community counselling Bridges of Hope outreach program	Regina Transition House Regina Saskatchewan 306-757-2096 Office. www.reginatransitionhouse.ca officemanager@reginatransitionhouse.ca	
Regina	We are a safe shelter for women and children fleeing from domestic violence. We provide traditional and western style support. Individual and group counselling Community outreach program	Wichihik Iskwewak Safe House Regina Saskatchewan 306-543-0493 Office	www.fhqt.com
Saskatoon	Hotline 306-668-2761 Established for women from abusive relationships who wish to work together to develop a safe enriched community for themselves and their children.	Adelle House Saskatoon Saskatchewan S7H 0G9 306-668-2761 Office / Hotline	www.saskatoonintervalhouse.org info@saskatoonintervalhouse.org
Saskatoon	We provide a short term safe and supportive environment for women with or without children who are leaving an abusive relationship.	Saskatoon Interval House Saskatoon Saskatchewan S7N 0Z2 306-244-0327 Office	www.saskatoonintervalhouse.org info@saskatoonintervalhouse.org
Saskatoon	Hotline 306-244-2224 24 Hour crisis hotline We exist to contend with sexual	Saskatoon Sexual Assault and Information Centre 201-505 25th Street East	ms.ssaic@sasktel.net

violence and its effects upon individuals in the community. Drop-in support group Wednesdays meeting at 1.30 to 3.30 pm Closed support groups for male and female survivors of childhood sexual abuse. Next cycle starts in September 2013. for more details contact Megan on 306-244-2294 or email her at the address on the right of our page.

Saskatoon
Saskatchewan S7K 4A7
306-244-2294 Office / Hotline.
www.saskatoonsexualassaultcentre.com

Saskatoon

Hotline 306-244-2844
Supportive safe emergency shelter

YWCA - Crisis Shelter and Residence
Saskatoon
Saskatchewan
306-244-2844 Office / Hotline

www.ywcaskatoon.com
shelter@ywcaskatoon.com

Swift Current

Hotlines 306-778-3833
Or 1-800-567-3334
Making the decision to leave or to return to an abusive relationship is not easy. We will help you explore your options and decide what is right for you. We have both men's and women's outreach programs.

Southwest Crisis Services
PO Box 1102
Swift Current
Saskatchewan S9H 3X3
306-778-3692 Safe shelter

www.swcrisis.ca
swcrisis@sasktel.net

Weyburn

Hotline 1-800-214-7083
24 Hour crisis hotline
We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence
Specialist counselling for survivors

Envision Counselling and Support Services
PO Box 1056
Weyburn
Saskatchewan S4H 2L3
306-842-8821
www.envisioncounsellingcentre.com

weyburn.envision@sasktel.net

Yorkton

Hotline 306-782-0676
Supportive emergency shelter

Project Safe Haven
Yorkton
Saskatchewan
306-782-0676 Office / Hotline

Yorkton

At SAC we provide specialized counselling programs for men, women, youth and children who have been victims of sexual assault sexual abuse and or incest.

Sexual Assault Counselling Program (SIGN)
345 Broadway Street West
Yorkton
Saskatchewan
306-783-9409 Office

www.sign-yorkton.org
sacsign@sasktel.net

Yorkton

Hotlines 306-783-7233
Or 1-888-783-3111
We are a shelter for women and children fleeing from abusive relationships. Shelwin House is funded by the Ministry of Justice & Attorney General.

Shelwin House
Saskatchewan
306-783-7233 Office / Hotline

www.shelwinhouse.ca
info@shelwinhouse.ca