

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
SASKATCHEWAN			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Province Wide	<p>ShelterSafe is an on line resource to help women and their children seeking safety from violence. The clickable map will serve as a fast resource to connect women with the nearest shelter that can offer safety, hope and support.</p>	<p>ShelterSafe Province Wide Saskatchewan</p>	<p>www.sheltersafe.ca/</p>
Carlyle	<p>Hotline 1-800-214-7083 24 Hour crisis hotline We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence Specialist counselling for survivors</p>	<p>Envision Counselling and Support Services PO Box 1017 Carlyle Saskatchewan S0C 0R0 306-453-2405 Office. www.envisioncounsellingcentre.com info@envisioncounsellingcentre.com</p>	<p>Carlyle.envision@sasktel.net</p>
Estevan	<p>Hotline 1-800-214-7083 24 Hour crisis hotline We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence Specialist counselling for survivors</p>	<p>Envision Counselling and Support Services PO Box 511 Estevan Saskatchewan S4A 2A5 306-637-4004 Office www.envisioncounsellingcentre.com info@envisioncounsellingcentre.com</p>	<p>estevan.envision@sasktel.net</p>
Fort Qu'Appelle	<p>Hotline 1-888-332-7233 Qu'Appelle Safe Haven is a 24 hour safe shelter for women and their children leaving an abusive relationship. We offer counselling, group</p>	<p>File Hills Qu'Appelle Tribal Council Safe Shelter Fort Qu'Appelle Saskatchewan 306-332-6881 Office</p>	<p>www.fhqtc.com</p>

	therapy and healing circles.	306-332-8200 Office	
Hudson Bay	Hotline 1-800-611-6349 We are a non profit community based organization governed by a volunteer board of directors. We provide ongoing crisis support and referrals for individuals and families experiencing distress in their lives.	Hudson Bay Family & Support Centre PO Box 403 Hudson Bay Saskatchewan S0E 0Y0 306-865-3064 Office	www.hbfamilyandsupport.ca hbfamilyandsupport@sasktel.net
Kindersley	Crisis hotline 306-933-6200 We can help you deal with the devastating trauma of sexual assault, abuse or domestic violence. Individual counselling	West Central Crisis and Family Support Centre PO Box 2235 Kindersley Saskatchewan S0L 1S0 306-463-6655 Office	www.westcentralcrisis.ca crisis@sasktel.net
La Ronge	Hotline 306-425-4090 24 Hour crisis hotline Emergency shelter We also provide provide individual and group support for survivors of sexual assault. Survivors Circle meets Wednesday 6.30 - 8.30 pm.	Piwanpan Women's Centre Po Box 888 La Ronge Saskatchewan S0J 1L0 306-425-3910 Office. 306-425-3909 Office	www.pwcprograms.com
Lloydminster	Hotline 306-825-8255 24 Hour crisis hotline One to one crisis intervention Hospital accompaniment Court preparation Public education and awareness Groups for support	Lloydminster Sexual Assault and Information Centre 5011 49 Avenue Lloydminster Saskatchewan S9V 1R5 306-825-8255 Office / Hotline www.lloydminstersexualassault.com/	reception.lsaic@sasktel.net
Meadow Lakes	Hotline 306-236-5570 emergency shelter for women with or without children.	Waskoosis Safe Shelter Meadow Lakes Saskatchewan 306-236-5570 Office / Hotline	waskoosis@sasktel.net
Melfort	Hotline 1-800-611-6349 24 Hour crisis hotline We are a non profit, community based organization founded in 1984 We offer help to access shelter Assistance in crisis situations Individual and group counselling Outreach counselling every two weeks in Nipawin, Tisdale, Naicam.	North East Outreach and Support Services 103-McKendry Avenue East PO Box 2066 Melfort Saskatchewan S0E 1A0 306-752-9464 Office	www.northeastoutreach.ca admin@northeastoutreach.ca adm@neoss.ca
Moose Jaw	Hotline 306-693-6511 24 Hour crisis hotline Our shelter offers safe, short term housing, crisis counselling and advocacy with 35 years experience in the field	Moose Jaw Transition House PO Box 1866 Moose Jaw Saskatchewan S6H 7N6 306-693-6511 Office / Hotline 306-631-0962 Text Line	www.mj-transitionhouse.com mjoutreach@sasktel.net
North Battleford	Hotline 1-866-567-0055 Toll Free We contend with sexual violence and it's effects upon individuals,	Battleford and Area Sexual Assault Centre 1211 98th Street	www.basac.ca basac@sasktel.net

families and communities.
for more information please visit
our website.

Battleford
Saskatchewan S9A 0L8
306-445-0055 Office

North Battleford Hotline 306-445-2742
Shelter for women and children
experiencing family violence or
crisis. Offering safe accomodation,
Counselling, referrals and trans-
portation to shelter.

Battlefords Interval House
North Battleford
Saskatchewan S9A 1H7
306-445-2742 Office / Hotline
306-441-0847 Text Line
www.battlefordsintervalhouse.ca/

Prince Albert Hotline 306-764-7233
We provide 24 hour confidential and
professional support to all women
and their children who are currently
experiencing physical, emotional
and or sexual abuse by offering
temporary shelter and advocacy.

Prince Albert Safe Shelter for
Women
PO Box 21025 CHPO
Prince Albert
Saskatchewan S6V 8A4
306-764-7233 Office / Hotline
www.ywcaprincealbert.ca/

Regina Hotline 306-525-2141
If you are a woman that needs to
get away from an abusive relation-
ship or situation, then you are
eligible to stay with us, with or with
out children. And without charge.

Isabel Johnson Shelter
Regina
Saskatchewan
306-525-2141 Office / Hotline

Regina Hotline 306-352-0434
24 Hour crisis hotline
We provide FREE crisis counselling
services to men and women over
the age of 16, who have experience
of sexual assault, childhood sexual
abuse, intimate partner abuse or
violence. We provide emergency
counselling and advocacy service
through our 24 hour crisis line.

Regina Sexual Assault Centre
1830 MacKay Street
Regina
Saskatchewan S4N 6R4
306-522-2777 Office
306-757-1941 Office
rsac@sasktel.net
www.reginalsexualassaultcentre.ca/

Regina Hotline 306-569-2292
24 Hour Crisis Hotline
We provide safe temporary shelter
and support services for women
and children fleeing any form of
violence or abuse.
Counmmunity counselling
Bridges of Hope outreach program

Regina Transition House
Regina
306-535-3068 Text Line
306-757-2096 Office.
www.reginatransitionhouse.ca
officemanager@reginatransitionhouse.ca

Regina We are a safe shelter for women
and children fleeing from domestic
violence. We provide traditional and
western style support.
Individual and group counselling
Community outreach program

Wichihik Iskewak Safe House
Regina
Saskatchewan
306-543-0493 Office
www.fhqtc.com

Saskatoon Hotline 306-668-2761
Established for women from
abusive relationships who wish to
work together to develop a safe
enriched community for themselves
and their children.

Adelle House
Saskatoon
Saskatchewan S7H 0G9
306-668-2761 Office / Hotline
www.saskatoonintervalhouse.org
info@saskatoonintervalhouse.org

Saskatoon	<p>Helpline 1-888-338-0880</p> <p>We provide a short term safe and supportive environment for women with or without children who are leaving an abusive relationship.</p>	<p>Saskatoon Interval House Saskatoon Saskatchewan S7N 0Z2 1-888-338-0880 Office / Hotline</p>	<p>www.saskatoonintervalhouse.org info@saskatoonintervalhouse.org</p>
Saskatoon	<p>Hotline 306-244-2224</p> <p>24 Hour crisis hotline</p> <p>We exist to contend with sexual violence and it's effects upon individuals in the community.</p> <p>Drop-in support group Wednesdays meeting at 1.30 to 3.30 pm</p> <p>Closed support groups for male and female survivors of childhood sexual abuse. Next cycle starts in September 2013. for more details contact Megan on 306-244-2294 or email her at the address on the right of our page.</p>	<p>Saskatoon Sexual Assault and Information Centre 201-505 25th Street East Saskatoon Saskatchewan S7K 4A7 306-244-2294 Office / Hotline. www.saskatoonsexualassaultcentre.com</p>	<p>info@ssaic.ca</p>
Saskatoon	<p>Hotline 306-244-2844</p> <p>Supportive safe emergency shelter.</p>	<p>YWCA - Crisis Shelter and Residence Saskatoon Saskatchewan 306-244-2844 Office / Hotline</p>	<p>www.ywcaskatoon.com shelter@ywcaskatoon.com</p>
Swift Current	<p>Hotlines 306-778-3386</p> <p>Or 1-800-567-3334</p> <p>Making the decision to leave or to return to an abusive relationship is not easy. We will help you explore your options and decide what is right for you. We have both men's and women's outreach programs.</p>	<p>Southwest Crisis Services PO Box 1102 Swift Current Saskatchewan S9H 3X3 306-778-3386 Office / Helpline</p>	<p>www.swcrisis.ca swcrisis@sasktel.net</p>
Weyburn	<p>Hotline 1-800-214-7083</p> <p>24 Hour crisis hotline</p> <p>We provide services for victims of family violence, partner abuse, sexual assault and adult survivors of childhood abuse along with services for children exposed to violence</p> <p>Specialist counselling for survivors</p>	<p>Envision Counselling and Support Services PO Box 1056 Weyburn Saskatchewan S4H 2L3 306-842-8821 www.envisioncounsellingcentre.com info@envisioncounsellingcentre.com</p>	<p>weyburn.envision@sasktel.net</p>
Yorkton	<p>Hotline 306-782-0676</p> <p>Supportive emergency shelter</p>	<p>Project Safe Haven Yorkton Saskatchewan 306-782-0676 Office / Hotline</p>	
Yorkton	<p>At SAC we provide specialized counselling programs for men, women, youth and children who have been victims of sexual assault sexual abuse and or incest.</p>	<p>Sexual Assault Counselling Program (SIGN) 345 Broadway Street West Yorkton Saskatchewan 306-783-9409 Office</p>	<p>www.sign-yorkton.org sacsign@sasktel.net</p>
Yorkton	<p>Hotlines 306-783-7233</p> <p>Or 1-888-783-3111</p>	<p>Shelwin House Saskatchewan</p>	<p>www.shelwinhouse.ca info@shelwinhouse.ca</p>

We are a shelter for women and children fleeing from abusive relationships. Shelwin House is funded by the Ministry of Justice & Attorney General.

306-783-7233 Office / Hotline