<table>
<thead>
<tr>
<th>AREA COVERED</th>
<th>SERVICES INCLUDED</th>
</tr>
</thead>
<tbody>
<tr>
<td>REPUBLIC OF IRELAND</td>
<td></td>
</tr>
</tbody>
</table>
| Nationwide        | **Head Office 01-243-2000**  
Helpline for parents and members   
of the public who may be concerned   
about the welfare of a child  
**Missing Child Helpline 116-000**   
24 hour helpline for missing   
children.                             |
|                   | Irish Society for the Prevention of Cruelty to Children  
Nationwide  
01-243-2000 Head Office |
| Nationwide        | **Helpline 1800-778-888  24 hours**  
We were established in 1979 as a   
national organisation offering a   
wide range of services to men and   
women who are affected by rape,   
sexual assault, sexual harassment   
or childhood sexual abuse. One to one   
counselling  
Group counselling for Women  
Group counselling for men   
counselling@rcc.ie  
Accompaniment to (SATU)  
(Sexual Assault Treatment Unit)  
Court accompaniment  
Advice & support for family - friends. |
|                   | The Dublin Rape Crisis Centre  
Nationwide  
01-661-4911 Office |
| Nationwide        | **Helpline 1800-341-900**  
Helpline open 10am - 10pm 7 Days  
Helpline closed on Christmas Day  
We have been working to stop   
domestic violence in Ireland since   
1974. Call our helpline if you need   
hepl, advice or information.        |
|                   | Women's Aid Ireland  
Nationwide  
1800-341-900 Office / Helpline  
www.womensaid.ie/services/local.html |
| Athlone           | **Helpline 1800-306-600**  
We provide a FREE professional   
counselling service to males and   
females who have experienced rape,   
sexual abuse or any form of   
sexual abuse. Face to face counselling - this could be crisis counselling, short term   
counselling and long term psycho - therapy. Court accompaniment Outreach services by appointment in Lonford and Mullingar. |
|                   | Athlone (Midland) Rape Crisis Centre  
Suites 5 & 6 Townhouse Centre  
St Mary's Square  
Athlone  
County Westmeath  
090-647-3862 Office |
| Boyle             | **Helpline 07196-64200**  
Text Helpline 086-230-0353  
We are a non profit organisation   
that offers information, support and   
counselling to women who have   
experienced domestic violence or   
abusive situations.      |
|                   | Roscommon SAFE Link  
Boyle  
County Roscommon  
07196-64200 Office / Helpline |

Note: Please send corrections, additions and updates to maudnmildred@hotmail.com
Immediate crisis response
Advocacy and accompaniment to Gardai, legal Aid, social services.
Individual and group support and counselling both in house and
through our outreach clinics
Ongoing individual and group therapy for women recovering from
violent relationships.

Bray

Helpline 01-286-6163 24 Hours
We are a voluntary organisation established in 1978 to work towards
combating the social effects of domestic violence by providing support and relevant information
for women regardless of whether they are a resident in our refuge or not. Emergency accomodation
Social welfare support service
Paralegal assistance
Court accompaniment
Medical support and referral
Outreach service to community
Drop-in service - FREE info and help
Support groups available, please call for more details.

Carlow

Helpline 1800-727-737
We offer FREE and confidential in a safe environment to survivors of sexual violence and abuse.
Counselling and support
Advocacy and a trained person to accompany you to Gardai, the court or to the doctor or a (SATU)
(Sexual Assault Treatment Unit)

Carlow

Helpline 1800-444-944
We are a voluntary organisation providing support and information for adult women experiencing domestic violence who who have experienced it in the past.
One to one support by appointment
Drop-in service, call for details
Court advocacy and accompaniment
Counselling available
Outreach - meeting to take place on a mutually agreed safe space basis.

Castlebar

Helpline 1800-341-900
Emergency accomodation for women and their children who are experiencing domestic violence
Transitional supported housing
Resettlement support
Support and services for children
Counselling (referral service)
Court accompaniment
Outreach services in County Mayo
Support groups available, please

Bray Women's Refuge
Bray
County Wicklow
01-286-6163 Office / Helpline

bwr@eircom.net

Carlow & South Leinster Rape Crisis Centre
72 Tullow Street
Carlow
059-913-3344 Office
info@carlowrapecrisis.ie

Carlow Women’s Aid
Carlow
County Carlow
059-917-3552 Office / Drop In
info@carlowwomensaid.ie

Mayo Women's Support Services
Castlebar
County Mayo
094-902-5409 Office /
mwss@eircom.net
call helpline for more details

Clonmel
Helpline 1800-340-340
Our counselling service is FREE and confidential to any survivor of rape and child sexual abuse male or female, or to anyone affected by any form of sexual violence. Long or short term counselling Outreach offices in Carrick on Suir and Cashel and by appointment only in Thurles and Tipperary Town.
Tipperary Rape Crisis and Counselling Centre
20 Mary Street
Clonmel
County Tipperary
052-612-7676 Office
www.clonmelonline.com/tipperary-rape-crisis-centre/
trcc@eircom.net

Cork
Helpline 1800-497-497
One to one support and counselling service for women who are affected by and experiencing domestic abuse
Cork Domestic Violence Project
02142-7756-78 Office
advice@osscork.ie

Cork
Helpline 021-427-7698 24 Hours
support@cuanleerefuge.org
Since March 1977 we have been supporting families affected by domestic violence. Our refuge consists of 6 self contained family units with an aim to provide a safe environment for those fleeing their homes due to violence and abuse. The Refuge is a 24 Hour facility Children's services and play therapy Emotional and practical support Court and other accompaniments Advocacy and outreach services Women's support groups, please call for more details.
Cuanlee Refuge
Kyrls Quay
021-427-7698 Office / Refuge
www.cuanleerefuge.org/
info@cuanleerefuge.org

Cork
Helpline 021-427-4240 Refuge
We are a residential centre for girls, women and children who are homeless due to domestic violence/abuse. Emergency refuge accommodation Medium term accommodation
Edel House
021-427-4240 Office / Refuge
edelhouse@gsscork.ie
edelhouse@goodshepherdservices.ie

Cork
Helpline 1800-496-496 24 Hours
Text Helpline 0871-533-393
For over 30 years we have been providing services to those affected by sexual violence in any form. Our services are FREE and confidential. We have access to a (SATU) . These are specialist units based in hospitals where forensic exams are carried out.
One to one counselling and support for families and friends. Accompaniment to Gp, hospital, clinics, Garda station or to court Help with Victim Impact Reports Interpreters are available as required
Sexual Violence Centre - Cork
5 Camden Place
Cork
1800-496-496 Office / Helpline
www.sexualviolence.ie
info@sexualviolence.ie

Drogheda
Helpline 041-984-4550
Helpline 24 Hours 365 days a year Emergency accommodation for
Drogheda Women & Children's Refuge
Drogheda
www.droghedarefuge.org
women and their children who are fleeing domestic violence.

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**Co Louth**

041-984-4550 Helpline / Refuge

Counselling service

Childrens service

Outreach service in Co. Louth

Court accompaniment

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**Dublin**

**Helpline 01-867-0701  24 Hours**

helpline@aoibhneas.org

Aoibhneas Women's Refuge

Dublin

01-867-0805 Office

Our refuge was established in 1988. At that time we had only a three bed room flat to offer to victims. On April 21st 1997 the purpose built Aoibhneas Women's Refuge was opened by President Mary Robinson.

Emergency refuge accomodation

Drop-in service for help and support

Outreach services

Advocacy advice and referrals

Childcare team

Court accompaniment

Post Refuge Support.

---

**Dublin**

**Support group Strength in Numbers**

for women who are or have been affected by domestic violence.

This 10 week structured programme is available in the Dublin 12 area. Please call for details.

---

**Dublin**

**Helpline 01-400-2080**

Helpline 01-400-2085

We at Dublin 12 DVS provide a non-judgement confidential helpline offering support to women who are experiencing violence/abuse in their home. FREE and confidential one to one support service by appoint - ment only through the helpline.

Court accompaniment and support Information and support in Dublin 12 area with our service open to all who are experiencing domestic abuse.

Support group -Strength in Numbers for women who are or have been affected by domestic violence.

This 10 week structured programme is available in the Dublin 12 area. Please call for details.

---

**Dublin**

**Advice line 01-454-5239**

Helpline Mon - Fri, 9am - 5pm

Providing safety information and practical support for women and their children who are experiencing domestic abuse and violence.

Support and counselling referrals

Child related support and services

Court and other accompaniments

Advocacy and outreach service

Support groups available
We professionally support both men and women who have experienced any form of sexual violence. Research has shown that ONE IN FOUR children in Ireland will experience sexual abuse before the age of 18. Despite well publicized scandals and Reports many Irish people remain unable to respond to the problem. Our determined aim is to raise awareness and create social change. We offer a safe space where you can share your feelings, thoughts and experiences with a professional psychotherapist who will help you face what you have experienced. Psychotherapy groups also available. Specialist groups: for those with particular difficulties arising from sexual violence such as addictions or eating disorders. Accompaniment to court and to other related appointments.

**Rathmine's Women's Refuge**

**Helpline 01-496-1002 24 Hours**

We provide crisis accommodation, information and support services to women and their children who are victims of domestic violence.
24 Hour emergency refuge
Safety planning & practical support
Counselling and referrals
Child services and support
Court and other accompaniments
Outreach services and advocacy.

**Saoirse Women's Refuge**

**Helpline 01-463-0000 24 hours**

helpline@sdvs.ie

Our mission is to address and combat the crime of domestic abuse and violence by providing a safe, supportive and confidential space and environment for women and their children affected by domestic abuse.
24 Hour refuge accommodation
One to one support
Therapeutic playroom on site
Outreach services providing support and practical help plus court and other accompaniment to women in the community who can not come to the refuge.

**The Dublin Rape Crisis Centre**

**Helpline 1800-778-888 24 hours**

We were established in 1979 as a national organisation offering a wide range of services to men and women.
women who are affected by rape, sexual assault, sexual harassment or childhood sexual abuse.

One to one counselling
counselling@rcc.ie
Accompaniment to (SATU) (Sexual Assault Treatment Unit)
Court accompaniment
Advice & support for family - friends

**Dublin**

**Helpline 01-866-2015 Refuge Text Helpline 0870-626-108**
Sonas offers support, refuge and housing to women and children made homeless because of domestic / gender based violence. Our refuge Viva House opened in the Fingal area in June 2010. We have 8 self contained units for women and children in crisis situations because of domestic violence. There are dedicated support workers for women and also dedicated works for children.

Transitional housing service
Court and other accompaniment
Ongoing support and aftercare.

**Viva House Women's Refuge**
Fingal
Dublin
01-866-2015 Office / Refuge
refuge@sonasdomesticabuse.ie

**Dundalk**

**Helpline 1800-212-122 Freephone**
We are a unique and specialist counselling and support service for women, men and teenagers who have suffered as a result of rape, sexual assault, sexual harassment, childhood sexual abuse, adult sexual abuse or any form of a sexual violence act. We are based in Dundalk with an outreach service in Drogheda. We provide a range of intervention support services to survivors within Louth, Meath, Monaghan and Cavan.

Counselling & therapy for Adults
Counselling & therapy for teens 14+
Court attendance & accompaniment
Medical accompaniment to (SATU) (Sexual Assault Treatment Unit)
Garda interview accompaniment
Help for family & Supporters.

**Rape Crisis North East**
www.rcne.ie
59A Anne Street
Dundalk
info@rcne.ie
County Louth
042-933-9491 Office

**Dundalk**

**Helpline 042-933-3244 Refuge 042-933-7202**
Open 24 hours 365 days a year
Emergency accomodation for women and children fleeing a domestic violence situation.
Transitional housing services
Childrens services
Outreach services in Co. Louth
Court accompaniments

**Women's Aid Dundalk**
womensaidlk@eircom.net
Dundalk
County Louth
042-933-3245 Office

**Ennis**

**Helpline 065-682-2435 24 Hours**
Clare Haven Services
www.clarehaven.ie
We aim to provide support and offer information to women who are experiencing domestic violence. Emergency refuge accommodation Drop-in Centre Mon - Fri 9am - 5pm Outreach clinics in Shannon, Kilrush, Killaloe and Scariff. Court and other accompaniments.

<table>
<thead>
<tr>
<th>Location</th>
<th>Helpline</th>
<th>Organisation</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ennis</td>
<td>1800-311-511</td>
<td>Helpline</td>
<td><a href="http://www.rapecrisis.ie">www.rapecrisis.ie</a></td>
</tr>
<tr>
<td>Co Clare</td>
<td>065-684-2646</td>
<td>Office / Drop-in</td>
<td></td>
</tr>
<tr>
<td>Rape Crisis Midwest</td>
<td>Ennis</td>
<td><a href="mailto:info@rapecrisis.ie">info@rapecrisis.ie</a></td>
<td></td>
</tr>
<tr>
<td>County Clare</td>
<td>061-311-511</td>
<td>Office</td>
<td></td>
</tr>
<tr>
<td>Ennis</td>
<td>Helpline 1800-311-511</td>
<td>Counselling with Rape Crisis Midwest</td>
<td></td>
</tr>
<tr>
<td>Nenagh</td>
<td>091-564-800</td>
<td>Office</td>
<td></td>
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<tr>
<td>Limerick</td>
<td>092-250-200</td>
<td>Office</td>
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</tr>
<tr>
<td><a href="http://www.facebook.com/COPEGalway/">www.facebook.com/COPEGalway/</a></td>
<td><a href="mailto:waterside@copegalway.ie">waterside@copegalway.ie</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>COPE - Waterside House</td>
<td>Women's Refuge</td>
<td><a href="mailto:info@copegalway.ie">info@copegalway.ie</a></td>
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</tr>
<tr>
<td>Galway</td>
<td>Helpline 019-565-985</td>
<td>Refuge</td>
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<tr>
<td>24 hours 7 days</td>
<td>Waterside House</td>
<td>provides secure emergency accommodation for women and children experiencing domestic violence. An outreach service is provided from the centre One to one and group work with children using the refuge and the outreach service. Court accompaniment Counselling.</td>
<td></td>
</tr>
<tr>
<td>Galway City</td>
<td>019-778-750</td>
<td>Head Office</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.facebook.com/COPEGalway/">www.facebook.com/COPEGalway/</a></td>
<td><a href="mailto:waterside@copegalway.ie">waterside@copegalway.ie</a></td>
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<tr>
<td>Galway</td>
<td>Helpline 1800-355-355</td>
<td>COPE - Waterside House</td>
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<tr>
<td>“The Lodge”</td>
<td>Women’s Refuge</td>
<td><a href="mailto:info@copegalway.ie">info@copegalway.ie</a></td>
<td></td>
</tr>
<tr>
<td>Galway City</td>
<td>091-564-800</td>
<td>Office</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.galwayrcc.org">www.galwayrcc.org</a></td>
<td><a href="mailto:coordinator@galwayrcc.org">coordinator@galwayrcc.org</a></td>
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<tr>
<td>Galway City</td>
<td>019-778-750</td>
<td>Head Office</td>
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<td><a href="http://www.facebook.com/COPEGalway/">www.facebook.com/COPEGalway/</a></td>
<td><a href="mailto:waterside@copegalway.ie">waterside@copegalway.ie</a></td>
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</tr>
<tr>
<td>Galway City</td>
<td>091-564-800</td>
<td>Office</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.galwayrcc.org">www.galwayrcc.org</a></td>
<td><a href="mailto:coordinator@galwayrcc.org">coordinator@galwayrcc.org</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inishowen</td>
<td>Helpline 074-937-3232</td>
<td>LifeLine - Domestic Violence Service</td>
<td><a href="http://www.ldvs.org">www.ldvs.org</a></td>
</tr>
<tr>
<td>County Donegal</td>
<td>074-937-3232</td>
<td>Office / Helpline</td>
<td></td>
</tr>
<tr>
<td>Inishowen</td>
<td>Helpline Mon - Fri, 10am - 10pm</td>
<td>Support and advocacy for women who are affected by domestic abuse Court accompaniment</td>
<td><a href="mailto:support@ldvs.org">support@ldvs.org</a></td>
</tr>
<tr>
<td>Outreach services</td>
<td>Counselling for women &amp; children</td>
<td>Drop-in service, call helpline for drop-in location and times.</td>
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<tr>
<td>Kildare</td>
<td>Helpline 045-527-584</td>
<td>Teach Tearmainn</td>
<td><a href="mailto:jcarey@teachtearmainn.ie">jcarey@teachtearmainn.ie</a></td>
</tr>
<tr>
<td>Kildare</td>
<td>045-535-178</td>
<td>Office</td>
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</tbody>
</table>
Teach Tearmainn is soon to offer Kildare’s first refuge for women and children who have suffered domestic violence. In the meantime we offer:
- Support and information
- Counselling
- Outreach services
- Support groups available
Please call for update on the refuge
(This entry posted December 2013)

**Kilkenny**

**Helpline 1850-042-4244  24 Hours**

Amber is Kilkenny Women’s Refuge and Support Service. We work with women and children affected by domestic violence by providing:
- Emergency accommodation
- Counselling is available
- Court accommodation
- Outreach services across Kilkenny.

**Kilkenny**

**Helpline 1800-478-478**

We provide a safe, non judgemental and discreet space for male and female survivors of childhood sexual abuse, rape, sexual assault and sexual harassment to begin to heal.
- FREE long or short term counselling on a one to one basis irrespective of when the abuse / incident happened recently or year ago.
- Support counselling - family / friends
- Accompaniment to Gardai, to the doctor or through the courts.

**Leitrim**

**Helpline 071-914-1515**

A FREE and confidential support service for women experiencing domestic abuse in their relationship. We have two centres one in Sligo and one in Carrick on Shannon. If you can not get to our centres then our support worker can meet you in a safe meeting place (not in your home).
- Accompaniment at court & advocacy
- One to one support throughout.

**Leitrim**

**Helpline 1800-750-780**

Our centre provides FREE, safe and confidential space for survivors of child sexual abuse, rape and sexual assault, where adults and young people, male and female, can explore and access support with the legacy of issues resulting from their traumatic experiences.
- Ongoing face to face counselling
- Crisis counselling
- Information and advocacy services
- Support groups for survivors.
- Serving Sligo, Leitrim and West

**Amber - Kilkenny Women’s Refuge**
Kilkenny
056-777-1404 Office

**Kilkenny Rape and Sexual Abuse Counselling Centre**
1 Golfview Terrace
Grange Road
Kilkenny
056-775-1555 Office

**Domestic Violence & Advocacy Service**
Leitrim
071-961-6844 Office

**Rape Crisis and Sexual Abuse Counselling Centre**
Leitrim
071-917-1188 Office

**www.kilkennywomensrefuge.ie**
info@amberwomensrefuge.ie

**www.kilkennyyc.com**
info@kasa.ie
www.kasa.ie/

**www.srcc.ie**
info@srcc.ie
Letterkenny
Co. Donegal

**Local Helpline 074-912-8211**
**Freephone 1800-448-844**
We are a voluntary organisation providing FREE support and counselling services to both male and female survivors of rape and sexual violence in Donegal.
Sexual Assault Treatment Unit offering medical & forensic care.
Face to face counselling
Court accompaniment
Outreach services in Inishowen, Donegal Town and Gaeleacht areas.
See website for more details.

**Donegal Sexual Abuse and Rape Crisis Centre**
Letterkenny
County Donegal
074-912-8211 Office / helpline
www.donegalrapecrisis.ie
info@donegalrapecrisis.ie

Letterkenny

**Helpline 1800-262-677**
24 Hour 365 day helpline
Emergency accommodation for women and their children who are fleeing domestic violence.
Court accompaniment
Outreach service across Donegal Domestic violence clinic service
Legal, housing & benefit information Counselling support.

**Donegal Women's Domestic Violence Service**
PO Box 55
Letterkenny
1800-262-677 Office / Helpline
www.facebook.com/DonegalDVS/
www.donegaldomesticviolenceservices.ie/
ddvsrefuge@gmail.com

Limerick

**Helpline 1800-311-511**
Counselling with Rape Crisis Midwest takes place in a safe and supportive environment where you can begin to make sense of your thoughts, emotions and feelings. All counsellors are fully trained to work with survivors of sexual violence. Please call for more info on our services in Limerick, Nenagh and our outreach office in Ennis.

**Rape Crisis Midwest**
Phoenix House
Punch's Close
Rosbrien Road
Limerick
061-311-511 Office
www.rapecrisis.ie
info@rapecrisis.ie

Longford

**Helpline 043-334-1511**
Helpline Mon - Fri, 8am - 6pm
We are a women's centre based in Longford, County Longford. We talk and counsel women one to one or in groups. We have a rural outreach service in county Longford. Court accompaniments Support groups available

**Longford Women's Link**
Longford
County Longford
043-334-1511 Office / Helpline
info@lwl.ie

Monaghan

**Helpline 047-72-311**
Tearmann is an Irish word meaning “Sanctuary”. We offer a secure and caring environment where a women can feel free to tell her story. Drop-In service or appointment based visits. Crisis counselling Advocacy and accompaniment to court and related appointments.
Children's services
Outreach services in Monaghan Support groups available.

**Tearmann Domestic Abuse Service**
Monaghan
County Monaghan
047-72-311 Office / Helpline
tearmann@eircom.net
<table>
<thead>
<tr>
<th>Location</th>
<th>Service</th>
<th>County</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mullingar</td>
<td>Westmeath Support Service</td>
<td>Westmeath</td>
<td><a href="mailto:westmeathsupport@eircom.net">westmeathsupport@eircom.net</a></td>
</tr>
<tr>
<td></td>
<td>Mullingar 24 hour service</td>
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</tr>
<tr>
<td></td>
<td>We work towards the elimination of violence and abuse in all forms by providing an impartial &amp; confidential information and support service. Referral service Advocacy and court accompaniment Outreach services Support groups available.</td>
<td>County Westmeath</td>
<td>0871-336-853 Mobile</td>
</tr>
<tr>
<td>Navan</td>
<td>Meath Women's Refuge and Support Services</td>
<td>Meath</td>
<td><a href="mailto:mwrefuge@eircom.net">mwrefuge@eircom.net</a></td>
</tr>
<tr>
<td></td>
<td>Helpline 046-902-2393</td>
<td>County Meath</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Helpline 24 Hours 365 days a year</td>
<td>Navan</td>
<td></td>
</tr>
<tr>
<td></td>
<td>We were established to provide information, crisis accommodation, counselling, outreach support and transitional housing services to women and their children who are experiencing all forms of abuse. We also provided services for children.</td>
<td>046-902-2393 Office / Helpline</td>
<td><a href="http://www.facebook.com/meathwomensrefugeandsupportservices/">www.facebook.com/meathwomensrefugeandsupportservices/</a></td>
</tr>
<tr>
<td>Nenagh</td>
<td>Rape Crisis Midwest</td>
<td>County Tipperay</td>
<td><a href="http://www.rapecrisis.ie">www.rapecrisis.ie</a></td>
</tr>
<tr>
<td></td>
<td>Helpline 1800-311-511</td>
<td>Nenagh</td>
<td><a href="mailto:info@rapecrisis.ie">info@rapecrisis.ie</a></td>
</tr>
<tr>
<td></td>
<td>Counselling with Rape Crisis</td>
<td></td>
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<tr>
<td></td>
<td>Midwest takes place in a safe and supportive environment where you can begin to make sense of your thoughts, emotions and feelings. All counsellors are fully trained to work with survivors of sexual violence. Please call for more information on our services in Limerick, Nenagh and our outreach office in Ennis.</td>
<td>2 Silverview</td>
<td>061-311-511 Office</td>
</tr>
<tr>
<td>Newtown</td>
<td>The Mayo Rape Crisis Centre</td>
<td>County Mayo</td>
<td><a href="http://www.facebook.com/RCCMayo/">www.facebook.com/RCCMayo/</a></td>
</tr>
<tr>
<td>Castlebar</td>
<td>Helpline 1800-234-900</td>
<td>Newtown, Castlebar</td>
<td><a href="mailto:info@mrcc.ie">info@mrcc.ie</a></td>
</tr>
<tr>
<td></td>
<td>We aim to provide a safe and anonymous, confidential space for women who have experienced any form of sexual violence recently or in the past. Please call for more details of our services.</td>
<td>County Mayo</td>
<td><a href="http://www.mrcc.ie">www.mrcc.ie</a></td>
</tr>
<tr>
<td></td>
<td>094-902-5657 Office</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oughterard</td>
<td>Domestic Violence Response</td>
<td>County Galway</td>
<td><a href="http://www.domesticviolenceresponse.com">www.domesticviolenceresponse.com</a></td>
</tr>
<tr>
<td></td>
<td>Helpline 091-866-740</td>
<td>Oughterard</td>
<td><a href="mailto:info@domesticviolenceresponse.com">info@domesticviolenceresponse.com</a></td>
</tr>
<tr>
<td></td>
<td>Hours Mon - Fri, 10am - 5pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hours Mon - Fri, 10am - 5pm</td>
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<tr>
<td></td>
<td>We are a rural based, community led project responding to the issue of domestic violence in Co Galway. One to one support and counselling Court accompaniment and to the Gardai and solicitors plus help understanding the legal system. Support groups available for women who have left their relationship.</td>
<td>County Galway</td>
<td>091-866-740 Office / Helpline</td>
</tr>
<tr>
<td></td>
<td>mobile 0877-737-957</td>
<td></td>
<td><a href="http://www.domesticviolenceresponse.com">www.domesticviolenceresponse.com</a></td>
</tr>
<tr>
<td></td>
<td>091-866-740 Office / Helpline</td>
<td></td>
<td><a href="mailto:info@domesticviolenceresponse.com">info@domesticviolenceresponse.com</a></td>
</tr>
<tr>
<td></td>
<td>We work to provide support, information and advocacy to women experiencing domestic/relationship abuse, now or in the past.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Portlaoise</td>
<td>Laois Domestic Abuse Service</td>
<td>County Laois</td>
<td>057-867-1100 Office / Helpline</td>
</tr>
<tr>
<td></td>
<td>Helpline 057-867-1100</td>
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</tr>
</tbody>
</table>
Referrals to a refuge
One to one support at our Portlaoise centre, Court accompaniment,
Counselling service
A group support programme, please call for more details of our services.

<table>
<thead>
<tr>
<th>Rosbrien</th>
<th>Helpline 1800-200-504 24 Hours</th>
<th>Adapt Domestic Abuse Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co. Limerick</td>
<td>We are a voluntary organisation set up in 1974 to provide a wide range of services and support to female survivors of domestic abuse and their children across Limerick Town and Limerick County. Emergency Refuge accommodation, Dedicated support worker, Outreach support across Limerick, Child and Youth services, Age appropriate services for children, Court accompaniment, Support group for domestic abuse survivors, call helpline for details.</td>
<td>Rosbrien County Limerick 061-412-354 Office.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Sligo</th>
<th>Helpline 1800-750-780</th>
<th>Rape Crisis and Sexual Abuse Counselling Centre</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Our centre provides FREE, safe and confidential space for survivors of child sexual abuse, rape and sexual assault, where adults and young people, male and female, can explore and access support with the legacy of issues resulting from their traumatic experiences. Ongoing face to face counselling, Crisis counselling, Information and advocacy services, Support groups for survivors. Serving Sligo, Leitrim and West Cavan.</td>
<td>Sligo 071-917-1188 Office.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sligo</th>
<th>Helpline 071-914-1515</th>
<th>Domestic Violence &amp; Advocacy Service</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>A FREE and confidential support service for women experiencing domestic abuse in their relationship. We have two centres one in Sligo and one in Carrick on Shannon. If you can not get to our centres then our support worker can meet you in a safe meeting place (not in your home). Accompaniment at court &amp; advocacy. One to one support throughout.</td>
<td>Sligo 071-961-6844 Office.</td>
</tr>
</tbody>
</table>

| Southill    | The Project supports women who have experienced domestic violence and have taken the first step to improve their lives. Information and emotional support, Court and other accompaniments, Counselling and other referrals, Outreach throughout Limerick Co. Support groups, please call for further details. Opening hours are | Southill Domestic Abuse Project |
|-------------|--------------------------------------------------------------------------------------------------------------------------| Southill County Limerick |
| Co Limerick |                                                                                                                          | 061-313-025 Office. |
Mon-Thurs 9am-5pm, Fri 9am-1pm

Tipperary North

**Helpline 050-523-999**

Hours Mon - Fri, 9am - 5pm
Support and information for women and their children affected by domestic abuse.
Counselling is available
Referrals to appropriate agencies
Court advocacy / accompaniment
Outreach services across the north of Tipperary County

Ascend Women's Support Services
North Tipperary
050-523-379 Office

ascendservices@eircom.net

Tipperary South

**Helpline 1800-576-757 Freephone**

Helpline 24 hours 365 days
We were established in 1994 to offer support for women who were experiencing domestic violence.
Today we can offer:
Emergency refuge accommodation
Drop in service for support & info
Counselling is available
Outreach across South Tipperary
Court accompaniment
After care support
All services - Free and confidential

Cuan Saor Women's Refuge and Support Services
South Tipperary
052-275-57 Office / Drop in

cuansaor@eircom.net

Tralee

**Helpline 066-712-9100 24 Hours**

Emergency refuge accommodation
Court accompaniment
Outreach across Kerry
Help with legal matters, welfare and alternative accommodation.

Adapt Kerry Refuge
Tralee
County Kerry
066-712-9100 Office / Helpline
generalmanager@kerryrefuge.com

www.kerryrefuge.com

Tralee

**Helpline 1800-633-333**

Established in 1992 we provide professional, confidential FREE counselling services to both male and female survivors of rape, sexual assault, Marital rape, incest, child sexual abuse and all forms of sexual violence.
Telephone / face to face counselling
Support with medical/legal matters
Court accompaniment
Advocacy and outreach in Killarney, Dingle and Listowel.
Support counselling for supporters
Support groups available please call for group details.

Kerry Rape and Sexual Abuse Centre
5 Greenview Terrace
Princes Quay
Tralee
County Kerry
1800-633-333 Office / Helpline
kerryrapecrisis@krsac.com

www.krsac.com/

Tullamore

**Helpline 057-935-1886**

Mon - Fri 10am -2pm & 2pm - 4pm
Our mission is to provide support and services for victims of domestic violence.
Support and information at our Drop-in centre Mon - Fri 9.30-4.30
Outreach services
Advocacy and court accompaniment
Referrals to other agencies
Referrals welcome from male victims

Offaly Domestic Violence Support Service
Tullamore
County Offaly
057-935-1886 Office / Helpline

www.odvss.ie

info@odvss.ie

www.odvss.ie
<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tullamore</td>
<td>National Rape Line 1800-77-8888&lt;br&gt;We provide services for those who have been affected by rape or sexual abuse. Please call our helpline for details of our services.</td>
<td>Regional Sexual Abuse &amp; Rape Crisis Centre 4 Harbour View Store Street Tullamore County Offaly 057-932-2500 Office / Advice <a href="http://www.drcc.ie/get-help-and-information/centres-around-ireland/">www.drcc.ie/get-help-and-information/centres-around-ireland/</a></td>
</tr>
<tr>
<td>Waterford</td>
<td>Helpline 1890-264-364 24 Hours&lt;br&gt;Oasis House provides a safe supported place for women with or without children who are victims of domestic violence. Emergency accomodation Advocacy and practical support Supported transitional housing Court and other accompaniments Outreach services across Waterford Access to professional counselling.</td>
<td>Oasis House Women's Refuge Waterford County Waterford 051-370-367 Office <a href="mailto:oasishouse2@eircom.net">oasishouse2@eircom.net</a></td>
</tr>
<tr>
<td>Waterford</td>
<td>Helpline 1800-296-296 24 Hours&lt;br&gt;Since 1984 we have been providing services for those affected by any kind of sexual violence whether it happened yesterday or years ago. Crisis and ongoing counselling / therapy provided by specially trained professionals. Support at the (SVTU) provided by trained volunteers. (Sexual Violence Treatment Unit) Counselling service in Dungarvan every Thursday. Our services are for those 18+, we can only see under 18's with the permission of a parent or if they have been referred by a social worker.</td>
<td>Waterford Rape and Sexual Abuse Centre 2A Waterside Waterford 051-873-362 Office <a href="http://www.waterfordrsac.ie">www.waterfordrsac.ie</a> <a href="mailto:info@waterfordrsac.ie">info@waterfordrsac.ie</a></td>
</tr>
<tr>
<td>West Cavan</td>
<td>Helpline 071-914-1515&lt;br&gt;A FREE and confidential support service for women experieining domestic abuse in their relationship. We have two centres one in Sligo and one in Carrick on Shannon. If you can not get to our centres then our support worker can meet you in a safe meeting place ( not in your home). Accompaniment at court &amp; advocacy One to one support throughout.</td>
<td>Domestic Violence &amp; Advocacy Service West Cavan 071-961-4844 Office <a href="mailto:infodvas@eircom.net">infodvas@eircom.net</a></td>
</tr>
<tr>
<td>West Cavan</td>
<td>Helpline 1800-750-780&lt;br&gt;Our centre provides FREE, safe and confidential space for survivors of child sexual abuse, rape and sexual assault, where adults and young people, male and female, can explore and access support with the legacy of issues resulting from their traumatic experiences.</td>
<td>Rape Crisis and Sexual Abuse Counselling Centre West Cavan 071-917-1188 Office <a href="http://www.srcc.ie">www.srcc.ie</a> <a href="mailto:info@srcc.ie">info@srcc.ie</a></td>
</tr>
</tbody>
</table>
Ongoing face to face counselling
Crisis counselling
Information and advocacy services
Support groups for survivors.
Serving Sligo, Leitrim and West Cavan.

**Wexford**

**Helpline 1800-330-033 Freephone**
We offer counselling to both men and women and young people aged 16 plus who have experienced rape, sexual assault, past childhood sexual abuse or any kind of sexual trauma in their lives. The first ten counselling sessions are FREE. We have outreach services in Wexford, Enniscorthy, Gorey and New Ross.

Counselling support for friends and family. Accompaniment to GP, hospitals, clinics, Garda station or to the courts. We can prepare victim impact statements where required.

**Wexford**

**Helpline 1800-220-444**
Our refuge is a purpose built communal facility providing 24 hour emergency accommodation for women and children who must leave their home due to domestic violence. We also offer court accompaniment and an outreach service to all areas of Wexford Co.

Wexford Rape and Sexual Abuse Support Services
10 Clifford Stree
Wexford
053-912-2722 Office
support@wexfordrapecrisis.com

Wexford Women's Refuge
Wexford
053-912-1876 Office
wexrefuge@eircom.net