

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
ONTARIO			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Province wide	<p>The Mission of "I'm 1 in 5" is to raise awareness of the issues that surround sexual abuse and assault. Founded by Paulie O'Byrne himself a survivor and is currently raising awareness by stick handling a hockey ball across Canada while raising awareness of the abuse that can happen in sporting environments such as hockey and football.</p>	<p>1 in 5 Paulie O'Byrne Ontario</p>	<p>www.im1in5.com/</p>
Province wide	<p>Hotlines 416-979-1446 Or 1-800-668-8258 Toll Free Legal Aid Ontario funds 77 clinics in the communities throughout the province. 13 of these clinics provide specialty legal services. Each is a non-profit legal centre governed by an independent board of directors. To find a clinic near you key your post code into the websites search box Or call toll free 1-800-668-8258 during regular business hours. All services in French and English.</p>	<p>Legal Aid Ontario Province wide Ontario 1-800-668-8258 Toll Free</p>	<p>www.legalaid.on.ca info@lao.on.ca</p>
Province wide	<p>Voicefound is a nationally registered non profit organization that focuses on education to prevent sexual abuse of children and support for adult survivors. Prevention workshops Resources for survivors</p>	<p>VoiveFound Ontario</p>	<p>www.voicefound.ca info@voicefound.ca</p>

Belleville	<p>1-877-544-6424 Toll Free Sexual assault victims support agency offering Counselling services Resources and information Group therapy Paths to Courage Healing Program a one week therapeutic program for survivors of sexual violence. The program is available to all residents (men and women) in Ontario 16 years and older. Serving Hastings and Prince Edward Counties.</p>	<p>Sexual Assault Centre - Quinte 41 Octavia Street Belleville Ontario K8P 3P1 613-967-6300 Office</p>	<p>www.sacqd.com sacqd@lks.net</p>
Bracebridge	<p>Hotline 1-866-531-2600 We provide individual and group therapy to women survivors of sexual abuse or assault.</p>	<p>Sexual Assault Intervention for Living (SAIL) 29-1 Manitoba Street Bracebridge Ontario P1L 1S4 705-646-2122 Office</p>	<p>lauren@daphnewymn.com</p>
Brampton	<p>We are a non-profit organization offering services to francophone women aged 16+ in the Greater Toronto area and in Hatton Peel. Transitional and housing support Counselling Art therapy groups Contact office for more details</p>	<p>Oasis Centre des Femmes PO Box 74089 150 Main Street Brampton Ontario L6V 1M0 905-454-3332 Office</p>	<p>www.oasisfemmes.org services@oasisfemmes.org</p>
Brampton	<p>Hotline 800-810-0180 24 Hour crisis hotline Providing individual and group counselling to women who have experienced sexual violence in their lives. Workshops and therapeutic groups</p>	<p>Sexual Assault Crisis Centre of Peel 2250 Bovaird Drive East Unit 610 Brampton Ontario L6R 0W0 905-792-0821 Office</p>	<p>www.hope247.ca/ info@hopeplace.ca</p>
Brampton	<p>We help men and women who have been sexually assaulted within the Safe unit "Chantel's House" have incurred recent injuries as a result of domestic violence. Safe unit "Chantel's House" FREE counselling for recent abuse Counselling for those 12 years + who have experienced peer assault in the past.</p>	<p>Regional Sexual Assault and Domestic Violence Services 60 West Drive Suite 110 Safe Centre of Peel Brampton Ontario L6T 3T6 905-848-7689 Office</p>	<p>www.trilliumhealthcentre.org</p>
Brampton	<p>Men and women's Peer to Peer Support Group This is a 10 week closed group that offers support in the presence of 2 adult trained facilitators. This group offers the opportunity to voice feelings about their childhood abuse and relate to other survivors.</p>	<p>Mr Richard Perry Horizon Counselling Brampton Ontario L6T 4W7 416-994-2455 Office</p>	<p>horizonct@gmail.com www.linkedin.com/in/richard-perry-24b79130</p>

Cost \$20 -\$70 per session

Brantford	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Brantford General Site 200 Terrace Street Brantford Ontario 519-751-5544 ext 4449 sheila.macdonald@wchospital.ca www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca</p>
Brantford	<p>Hotline 519-751-3471 24 Hour crisis hotline All our services are FREE and confidential. We offer a 24 hour crisis and support line for Male and and female survivors of sexual violence. FREE counselling (bus tickets are available) Hospital accompaniments Police & court accompaniment</p>	<p>Sexual Assault Centre of Brant Brantford Ontario N3T 3J1 519-751-1164 Office sexualassaultcentre@sacbrant.ca</p>	<p>www.sacbrant.ca</p>
Brockville	<p>Hotline 613-345-3881 Or 1-800-567-7415 Offering services to women, men teens and children affected by sexual assault, sexual abuse or domestic violence. Support groups such as: Healthy relationships group Growing up again group Healing Arts Workshop.</p>	<p>Assault Response & Care Ctn 70 Charles Street Suite 201 Brockville Ontario K6V 1T3 613-345-3881 Office / Hotline</p>	<p>www.arc-c.ca arcc@bgh-on.ca</p>
Brockville	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Brockville General Hospital 70 Charles Street Suite 201 Brockville Ontario 613-345-3881 Office sheila.macdonald@wchospital.ca www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca</p>
Burlington	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Nina's Place Joseph Brant Hospital 1230 North Shore Blvd. Burlington Ontario 905-632-3737 ext 5708 sheila.macdonald@wchospital.ca www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca</p>

Chatham	<p>Hotline 519-354-8688 24 hour 7 day hotline We believe that survivors are the experts of their own experience. 24 Hour crisis intervention Support and advocacy Community outreach</p>	<p>Chatham - Kent Sexual Assault Crisis Centre 405 Riverview Drive Unit 101 Chatham Ontario N7M 5J5 519-354-8908 Office</p>	<p>www.cksacc.org cksacc@ciaccess.com</p>
Chatham	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Chatham-Kent Health Alliance 80 Grand Avenue West Chatham Ontario 519-352-6400 ext 6382 sheila.macdonald@wchospital.ca www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca</p>
Chatham	<p>Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.</p>	<p>Silence to Hope Project Chatham Ontario 1-877-676-7613 Office</p>	<p>www.malesurvivor.org silencetohope@hotmail.com</p>
Cornwall	<p>1-866-863-0511 Womens hotline 1-866-887-0015 Mens hotline All our services are bilingual, FREE and confidential. Referrals to other agencies Public education to community Advocacy - help with paperwork Accompaniment - police, courts and at the hospital Individual and group counselling Group therapy Talking circles support groups for men and women.</p>	<p>Adult Community Healing Resource Centre. PO Box 1192 Cornwall Ontario K6H 5V3 613-932-1755 ext 29 Office</p>	
Cornwall	<p>Hotline 1-800-480-4208 Our counselors provide outreach counselling in the clients home, handling trouble calls and crisis calls. We provide group work in several different area's of need.</p>	<p>Iethinisten: Ha Family Wellness Program Po Box 579 Cornwall Ontario K6H 5T3 613-973-4322 Office</p>	<p>www.akwesasne.ca</p>
Cornwall	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Cornwall Community Hospital Second Street Site 510 Second Street East Cornwall Ontario 613-932-3300 ext 4202 www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>

Demorestville	<p>Counselling and advocacy for victims of sexual assault since '91. Our residential healing program is one of a kind, pioneered by the sexual assault center of Quinte. Paths of Courage is to provide survivors with safe opportunities to make the healing journey to self awareness and wholeness.</p>	<p>Paths of courage Healing and Retreat Centre 336 Sprague Road Demorestville Ontario K0K 1W0 613-476-7000 Office</p>	<p>www.pathsofcourage.com info@pathsofcourage.com</p>
Dryden	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Dryden Regional Health Centre 58 Goodall Street Dryden Ontario 807-223-7427 Office www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Guelph	<p>Sexual Abuse Healing Group We are committed to working with survivors to achieve self healing. We help sexual abuse survivors develop the tools they need to live a more satisfying life. You will be invited to attend a healing group, sharing experiences and advice with others</p>	<p>Family Counseling and Support Services 109 Surrey Street Guelph ON N1H 3P7 519-824-2431 Office 1-800-307-7078 Toll Free</p>	<p>www.familyserviceguelph.on.ca info@familyserviceguelph.on.ca</p>
Guelph	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources.</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Guelph General Hospital 115 Delhi Street Guelph Ontario 519-837-6440 ext 2758 www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Guelph	<p>Hotline 519-836-5710 Or 1-800-265-7233 Emergency shelter Sexual assault center Rural women's support program Support groups for victims of domestic violence Individual and group counseling for women who have experienced childhood sexual assault or incest All our services are FREE of charge.</p>	<p>Women in Crisis 38 Elizabeth Street Guelph ON N1H 6N9 519-836-1110 Office.</p>	<p>www.gwwomenincrisis.org feedback@gwwomenincrisis.org</p>
Hamilton	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Hamilton health Sciences</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>

assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

McMaster University
1200 Main Street West
Hamilton
Ontario
905-521-2100 ext 73557
www.sadvreatmentcentres.ca/find-a-centre/

Hamilton

Hotline 905-525-4162
24 Hour support line
We are a feminist organization that believes all women have a human right to live without violence
Individual and group counseling
"Women's voices" supper group for survivors of sexual assault / abuse
"Women's relationships" is a ten week group for women who are survivors of childhood sexual abuse
Meets on Tuesdays 5.30 - 7.30 pm
Call Eliabeth 905-525-4573 ext 229
Or Maria on 905-525-4573 ext 226
for more info about these groups.

SACHA
75 MacNab Street South
3rd Floor
Hamilton
ON L8P 3C1
905-525-4573 Office.
www.sacha.ca

Kenora

Hotlines 807-468-7233
Or 1-800-565-6161 Toll Free
24 Hour crisis hotlines
Legal, medical and financial referrals
Advocacy and information
Hospital & police accompaniment
Long & short term counselling
Women's groups and workshops

Kenora Sexual Assault Centre
201-136 Main Street
Kenora
Ontario
807-468-7958 Office.
www.kenoralsexualassaultcentre.ca/
ksac@kmts.ca

Kenora

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Lake of the Woods District Hospital
21 Sylvan Street West
Kenora
Ontario
807-468-9861 ext 428
www.sadvreatmentcentres.ca/find-a-centre/
www.sadvreatmentcentres.ca
sheila.macdonald@wchospital.ca

Kingston

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Kingston General Hospital
76 Stuart Street
Kingston
Ontario
613-549-6666 ext 4880
www.sadvreatmentcentres.ca/find-a-centre/
www.sadvreatmentcentres.ca
sheila.macdonald@wchospital.ca

Kingston

Hotlines 613-544-6424
Or 1-877-544-6424
24 Hour crisis hotlines

Sexual Assault Centre Kingston
PO Box 1461
Kingston
www.sackington.com
sack@sackington.com

Since 1977 we have been providing FREE and confidential non judgemental support to survivors of sexualized violence.
Counselling services and programs
Crisis support
Young women's program 12-18
Group counselling available.

Ontario K7L 5C7
613-545-0762 Office

Kitchener

Peer Support Groups
Our Revive program supports men and women who are healing from sexual trauma.
Separate peer support groups for males and females. These groups are art base.

Community Justice Initiative
49 Queen Street North
3rd Floor
Kitchener
ON N2H 2G9
519-744-6549 Office

www.cjiwr.com
info@cjiwr.com

Kitchener

Support Group for Adult Survivors of Child Abuse
A support group for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual assault. To join this chapter email Margie McKinnon at the address on the right of this page

Lamplighter Movement
Kitchener
Ontario

www.thelamplighters.org
margie@thelamplighters.org

Kitchener

Hotline 519-741-8633
24 Hour support hotline
We support those who have been sexually assaulted as children or as adults by providing FREE of charge:
Individual & group counselling
Information and referrals
Accompaniment to court, hospitals, police station and other hearings.
Emergency practical assistance

Sexual Assault Support Centre of the Waterloo Region
201-151 Frederick Street
Kitchener
Ontario N2H 2M2
519-571-0121 Office.

www.sascwr.org
info@sascwr.org

London

Learning Support Group for Adult Survivors of Childhood Abuse.
We meet two Saturdays every month, although only once in August in a second floor meeting room of the London Public Library. Interested parties can either call me on 519-471-7608 or visit the web page given here. Meeting are 10am to noon.

Sheila M. Stevenson A.C.C.
PO Box 25053
London
Ontario N6C 6A8
519-471-7608
519-671-5225 C Canada only
CoachSheila@sheilastevensongroup.com

www.sheilastevensongroup.com/

London

Male Survivors Support Group
A 12 week group that helps male survivors of childhood sexual abuse over the age of 18. We focus on trust and personal strengths, understand the effects of childhood sexual abuse and connect with other men who are survivors.
Groups run in winter, spring and fall and usually meets Wednesday evenings. Screening interview is

Male Survivors Group
London
Ontario N6H 2H1
519-433-0183 ext 8219

www.malesurvivor.org

required and there is no fee for for the groups. For more information contact John Field 519-433-0183 Extention 8219

London	We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources	Ontario Network of Sexual Assault / Domestic Violence Treatment Centres St. Joseph's Health Care 268 Grosvenor Street London Ontario 519-646-6100 ext 64224 www.sadvreatmentcentres.ca/find-a-centre/	www.sadvreatmentcentres.ca sheila.macdonald@wchospital.ca
London	Hotline 519-438-2272 Toll Free 24 Hour crisis & support line which is also avaiable for male survivors If you have experienced sexual violence including sexual assault or childhood sexual abuse at any time in your life, you no longer have to feel alone. Acompaniment and advocacy Public education and outreach Individual and group counseling for women aged 15 and over, please call 519-439-0844 for group details All our services are FREE of charge.	Sexual Assault Center - London 255 Horton Street 3rd Floor Suite 5 London ON N6B 1L1 519-439-0844 Office	www.sacl.ca sacl@sacl.ca
London	Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.	Silence to Hope Project London Ontario 1-877-676-7613 Office	www.malesurvivor.org silencetohope@hotmail.com
Midland	Hotline 705-737-2008 Or 1-800-987-0799 24 Hour crisis hotlines Support for women aged 16+ who have experienced sexual abuse as children and/or adults. Services available in Alliston, Barrie, Orillia, Collingwood and Midland. Advocacy on behalf on women Information and referrals Legal support at the police station at the hospital and in the courts 9 week support group for those who have experienced abuse in their intimate relationships running in the Spring and Fall. For group info contact 705-526-3221-ext 231.	Athena's Sexual Assault Counselling & Advocacy Centre PO Box Box 54 Midland Ontario L4R 4K6 705-526-3221 ext 231 Office	www.huroniatransitionhomes.ca kwillis@rosewood.on.ca
Midland	Hotlines 705-526-4211 Or 1-800-461-1750	Huronia Transition Homes PO Box 54	www.huroniatransitionhomes.ca kwillis@rosewood.on.ca

24 Hour hotlines
We believe that all violence against women and children must end. We are committed to providing shelter to abused women and their children and to provide counselling to women survivors of sexual assault.
Rosewood Emergency shelter
Advocacy, information & referrals
Legal support, individual counsel
Out reach services for women who have left or are leaving an abusive relationship. Support groups

Midland
Ontario L4R 4K6
705-526-3221 Office

Mississauga

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
The Trillium Health Centre
100 Queensway West
Mississauga
Ontario
905-848-7580 ext 2142
www.sadvreatmentcentres.ca/find-a-centre/

www.sadvreatmentcentres.ca
sheila.macdonald@wchospital.ca

Mississauga

We help men and women who have been sexually assaulted within the Safe unit "Chantel's House" have incurred recent injuries as a result of domestic violence.
Safe unit "Chantel's House"
FREE counselling for recent abuse
Counselling for those 12 years + who have experienced peer assault in the past

Regional Sexual Assault and Domestic Violence Services
100 Queensway West
Mississauga
Ontario
905-848-7689 Office

www.trilliumhealthcentre.org

www.trilliumhealthpartners.ca/patientservices/womens/Pages/sexualassault.aspx

Morrison

Women Experiencing Partner Abuse Group
Meets Thursdays 7 - 9 pm
Cost \$20 - \$30 per session
Contact 519-900-1607 for details

Mr David Fine
Morrison
Ontario N0B 2C0
519-900-1607 Office

www.finetherapy.ca
yourlife@finetherapy.ca

Newmarket

Male Survivors Support Group
Our groups are offered in three 10 week cycles, winter, spring and fall. They are closed groups so members are admitted in January, April and September. The group is facilitated by 2 trained professionals
A face to face interview is required before joining the group. NO sex offenders will be admitted.
Meets Thursdays 6 - 8 pm There is no fee for the group, for more info contact Brent Diaz 905-853-3040 extention 314 or email him at the address on the right of our page.

York Region Abuse Program
Newmarket
Ontario
905-853-3040 ext 314

www.malesurvivor.org

Newmarket	<p>Hotline 1-800-263-6734 We serve women who have experienced childhood or adult sexual abuse, sexual assault, sexual harassment, date rape ect. Counselling support and advocacy All services are FREE of charge.</p>	<p>Women's Support Network of York Region 1110 Stellar Drive Unit 109 Newmarket Ontario L3Y 7B7 905-895-3646 Office generalinfo@womenssupportnetwork.ca</p>	<p>www.womenssupportnetwork.ca</p>
North Bay	<p>Hotline 705-476-3355 24 Hour crisis hotline Our paid staff provide individual and group counselling 12 Week individual counselling for women who have experienced childhood sexual abuse. 2 Group counselling Models. 1st group - childhood sexual abuse 2nd group - Beyond the trauma these groups run for 12 weeks.</p>	<p>Amelia Rising 101 Worthington Street East Suite 11 North Bay Ontario P1B 1G5 705-840-2403 Office</p>	<p>www.ameliarising.ca info@ameliarising.ca</p>
North Bay	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres North Bay Regional Health Ctn 50 College Drive North Bay Ontario 705-474-8600 ext 4478 www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Oakville	<p>Hotline 905-875-1555 Or 1-877-268-8416 Toll Free 24 Hour crisis hotlines SAVIS is a non profit organization provincially funded by the Ministry of the Attorney General. We provide FREE, confidential and non judgemental 24 hour support to all survivors of sexual violence. Advocacy and accompaniment to the hospital, courts and lawyers Education programs grades 1 to 12 Individual and group counselling Drop-in service Fridays 1 - 3 pm Spanish drop-in Tuesdays 1-3pm.</p>	<p>Sexual Assault and Violence Intervention Services 1515 Rebecca Street Suite 227 Oakville Ontario L6L 5G8 905-825-3622 Office</p>	<p>www.savisofhalton.org savis@savisofhalton.org</p>
Orangeville	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Orangeville Campus 100 rolling Hills Drive Orangeville Ontario 519-941-2702 ext 2255 www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>

Orillia	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Soldiers Memorial Hospital 170 Colborne Street West Orillia Ontario 1-877-377-7438 Office www.sadvtreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvtreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Orillia	<p>Hotline 705-327-9155 Or 1-877-377-7438 Toll Free We are located at the Orillia Soldier's Hospital. Our treatment centre provides emergency medical care and treatment options to victims of sexual and domestic that has happened within a 72 hour period. We have specialist nurses to treat domestic violence victims We also have a suspected child abuse and neglect program.</p>	<p>Simcoe County and Missauga Regional Sexual Assault Care and Treatment Centre. Orillia Ontario L3V 2Z3 705-327-9155 Office / Hotline</p>	<p>www.osmh.on.ca info@osmh.on.ca</p>
Oshawa	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres 115 Simcoe Street South Oshawa Ontario 905-721-6128 ext 2787 www.sadvtreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvtreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Ottawa	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres The Ottawa Hospital Civic Campus 1053 Carling Avenue Ottawa Ontario 613-798-5555 ext 16555 admin www.sadvtreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvtreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Ottawa	<p>Hotline 613-562-2333 24 Hour crisis hotline We are a pro-active, anti racist feminist organization providing help and support to women who have been affected by childhood sexual abuse and or incest. Public awareness & education program Crisis counselling</p>	<p>Ottawa Rape Crisis Centre PO Box 20206 Ottawa Ontario K1N 9P4 613-562-2334 Office</p>	<p>www.orcc.net orcc@magma.ca</p>

Long term counselling
Group counselling and workshops.

Ottawa The Mens Project
Phase 1 Thursday evenings
Phase 2 Mondays & Thursdays
Phase 1 is an 8 week psycho -
educational program focusing on
trauma and recovery.
Phase 2 is a longer term process
oriented group therapy. For more
details about this project contact
Wes Moore 613-230-6179 ext 221

the Men's Project
Ottawa
Ontario
613-230-6179 ext 221

www.malesurvivor.org
www.themensproject.ca

Ottawa Hotline 613-234-2266
Individual counselling for women
who have experienced violence is
available upon request. We offer
8 week support & 6 month support
To be on our waiting list please call
613-725-2160 ext 227 for details
Support groups for survivors of
sexual assault usually 20 weeks.
Drop-in for advocacy and workshops
at various sites in the community
Ritual Abuse program
Public awareness and education.

The Sexual Assault Support
Centre of Ottawa (SASC)
PO Box 4441
Station B
Ottawa
Ontario K1S 5B4
613-725-2160 Office

www.sascottawa.com/
sascott@istar.ca

Owen Sound We are made up of 35 hospital
based centres that provide 24/7
emergency care to women, children
and men who have been sexually
assaulted or who are victims or
survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual
Assault / Domestic Violence
Treatment Centres
the Greey Bruce Regional
Health Centre
1800- 8th Street East
Owen Sound
Ontario
519-376-2121 ext 2458

www.sadvttreatmentcentres.ca
sheila.macdonald@wchospital.ca

Parry Sound Hotline 1-800-461-2929
24 Hour hotline
We offer various sexual assault
services such as referrals and
advocacy, counselling,
Crisis concerns
A drop- in program
Court, police or medical support
Drop in available Thursdays 10-12.

Muskoka Parry Sound
Coordinated Sexual Assault
Services.
7 William Street
Suite 5
Parry Sound
Ontario P2A 1V2
705-774-9083 Office
www.facebook.com/mpssas/?ref=page_internal

diane@daphnewymn.com

Pembroke Hotline 1-866-996-0991
Individual and group counselling
for sexual abuse victims male or
female.
click "social work services" on web
site.

Sexual Assault Counselling -
Pembroke Hospital
705 MacKay Street
Pembroke
Ontario K8A 1G8
613-732-8770 Office
www.pemreghos.org/adultcounselling

www.pemreghos.org
pr@pemreghos.org

Pembroke Hotline 1-800-663-3060
24 hour 7 day hotline

Women's Sexual Assault Centre
of Renfrew County.

www.wsac.ca
directorwsac@vianet.ca

We provide emotional support, information and advocacy to women and girls who have been affected by sexual violence whether it has happened recently or in the past.

PO Box 1274
Pembroke
Ontario
K8A 6Y6
613-735-5551 Office

Perth

The emergency departments of Perth and Smith Falls districts hospitals, Carlton Place & district hospital and the Almmonte general hospital provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes:
Crisis intervention
Crisis counselling
Safety planning
Forensic evidence collection.

Lanark County Sexual Assault Domestic Violence Program
33 Drummond Street West
Perth
Ontario K7H 2K1
613-276-1500 Office.

www.psfdh.on.ca

www.psfdh.on.ca/services/specialty-services/lanark-county-sexual-assault-domestic-violence-program/

Peterborough

Hotlines 705-741-0260
Or 1-866-298-7778
24 Hour crisis hotlines through qualified trauma specialists men and women survivors of past and recent assault receive professional, well developed and responsive healing support. Accompaniment to medical and legal appointments. Individual & group counselling Workshops for men and women Out reach services in Peterborough, Northumberland, Haliburton and Kawartha Lakes.

Kawartha Sexual Assault Centre
411 Water Street
Suite 102
Peterborough
Ontario K9H 3L9
705-748-5901 Office.

ksac@nexicom.net

www.kawarthasexualassaultcentre.com

Peterborough

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Women's Health Care Centre
157 Charlotte Street
Peterborough
Ontario
705-743-4132 Office

www.sadvttreatmentcentres.ca
sheila.macdonald@wchospital.ca

www.sadvttreatmentcentres.ca/find-a-centre/

Renfrew

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Renfrew Victoria Hospital
499 Raglan Street North
Renfrew
Ontario
613-432-4851 ext 818

www.sadvttreatmentcentres.ca
sheila.macdonald@wchospital.ca

www.sadvttreatmentcentres.ca/find-a-centre/

Richmond Hill	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Mackenzie Richmond Hill Hsptl 10 Trench Street Richmond Hill Ontario 905-832-1406 ext 2 Office www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Sarnia	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Bluewater Health 8 Norman Street Sarnia Ontario 519-464-4522 Office www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Sarnia	<p>Hotline 519-337-3320 24 Hour crisis hotline We are currently funded by the Ministry of the Attorney General. We offer a full range of services to victims/survivors of sexual assault and sexual abuse aged 16+. Men and women are welcome to call us. Public education program Rural outreach in Petrolia & Forest Advocacy & accompaniment to the police station, hospitals and courts. Counselling for survivors of childhood sexual abuse and incest Group counselling for sexual abuse and incest in childhood.</p>	<p>Sexual Assault Survivors Centre Sarnia - Lambton 189 Wellington Street Unit 3 Sarnia Ontario N7T 1G6 519-337-3154 Office www.facebook.com/sascsarnia</p>	
Sarnia	<p>Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.</p>	<p>Silence to Hope Project Sarnia Ontario 1-877-676-7613 Office</p>	<p>www.malesurvivor.org silencetohope@hotmail.com</p>
Sault Ste. Marie	<p>Hotline 705-759-5143 8am-4pm Services for women, children and men plus significant others. Medical response for sexual assault or partner assault. Individual counselling Groups for victims of sexual abuse or assault. Interpreters available in multiple languages.</p>	<p>Sexual Assault - Partner Assault Clinic. Asult Area Hospital 915 Queen Street East Sault Ste. Marie Ontario P6A 2C4 705-759-5143 Office / Hotline</p>	<p>www.sacc.to email@sacc.to</p>

Sault Ste. Marie	<p>Hotlines 705-759-1230 Or 1-877-759-1230 24 Hour crisis hotlines 24 Hour shelter and support Abuse counselling and therapy Public awareness & education Family court support Telephone/walk in crisis counselling Sexual abuse long term counselling languages: English, French and Italian spoken.</p>	<p>Women in Crisis (Algoma Inc) 23 Oakland Avenue Sault Ste. Marie Ontario P6A 2T2 705-759-1230 Office / Hotline</p>	<p>www.womenincrisis.ca</p>
Scarborough	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres The Scarborough Hospital Grace Campus 3030 Birchmount Road Scarborough Ontario 416-495-2555 www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Scarborough	<p>Male Survivors Support Group We offer three groups, Wednesdays 1- 3pm 2 on Wednesdays 6.45 - 8.45 pm Our groups are process oriented groups. All work is focused on understanding the damage that early childhood sexual abuse and trauma does to one's life and sense of self. We explore all issues from anxiety, depression, suicidal thoughts, addictions and anger. Fees are covered by O.H.I.P. Pre group interview is required, NO adult sexual offenders will be admitted. Contact Jim Hall on 416-281-7301 ext 4160.</p>	<p>Rouge Valley Health Systems Scarborough Ontario 416-281-7301 ext 4160</p>	<p>www.malesurvivor.org</p>
Simcoe	<p>Hotline 519-428-4295 Or 1-800-265-8076 We are a charitable, non profit corporation governed by an elected board of directors. In addition to the services and programs for those who have experienced abuse and children who have witnessed abuse we educate and advocate for social change. Shelter program for women 16+ with or without children Sexual assault/abuse program for women who have experienced sexual abuse recently or in the past. Legal advocacy Systems accompaniment Short and long term counselling Groups for female survivors</p>	<p>Haldimand & Norfolk Women's Services Simcoe Ontario 519-426-8048 Office</p>	<p>www.hnws.on.ca hnws@hnws.on.ca</p>

Sioux Lookout	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Meno Ya Win Health Centre 60 1/2 Front Street Upper Level Sioux Lookout Ontario 807-737-0015 Office www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Smith Falls	<p>The emergency departments of Perth and Smith Falls districts hospitals, Carlton Place & district hospital and the Almmonte general hospital provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes: Crisis intervention Crisis counselling Safety planning Forensic evidence collection. www.psfhdh.on.ca/services/specialty-services/lanark-county-sexual-assault-domestic-violence-program/</p>	<p>Lanark County Sexual Assault Domestic Violence Program 60 Cornelia Street West Smith Falls Ontario 613-283-2330 Office.</p>	<p>www.psfhdh.on.ca</p>
Smith Falls	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Perth and Smith Falls Distict Hospital 60 Cornelia Street Smith Falls Ontario 613-283-2330 ext 1258 www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
St. Catharines	<p>Hotline 905-682-4584 24 Hour crisis hotline We are a non profit, community based organization which provides counselling and support services for women, by women, who have survived sexual assault and incest. Individual and group counselling Emergency counselling available Court and medical accompaniment Workshops and support groups Out reach counselling in Niagara Falls, Welland, Beamsville, Port Colborne, Fort Erie and Grimsby.</p>	<p>Niagara Region Sexual Assault Centre 43 Church Street Suite 503 St. Catharines Ontario L2R 7E1 905-682-7258 Office</p>	<p>www.sexualassaultniagara.org</p>
St. Catharines	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Niagra Health Systems St. Catharines General Site 142 Queenston Street</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>

Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

St. Catharines
Ontario
905-684-7271 ext 45300
www.sadvttreatmentcentres.ca/find-a-centre/

St. Thomas

Hotline 1-800-265-4305
24 Hour crisis hotline
Love is not about control and fear.
Emergency shelter
Drop-in counselling
FREE legal consultations
Counselling for adults abused as children.
Community education in schools
Services available across Elgin County.

Violence Against Women
Services Elgin County
300 Talbot Street
Suite 26
St. Thomas
Ontario N5P 4E2
519-633-0155 Office

www.vawsec.on.ca
info@vawsec.on.ca

Sudbury

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
St Joseph's Health Centre
700 Pan's Street
Sudbury
Ontario
705-675-4743 Office
www.sadvttreatmentcentres.ca/find-a-centre/
sheila.macdonald@wchospital.ca

Sudbury

Hotlines 705-675-1323
Or 1-888-675-1323 Toll Free
We provide barrier free support services to female survivors of historic and current sexual violence.
Referrals, advocacy and support at medical, court and hearings
Public & community education
Individual and group counselling.

Sudbury Sexual Assault Crisis Centre
Sudbury
Ontario
705-675-8071 Office

www.voicesforwomen.ca/

Thunder Bay

Support Group for Adult Survivors of Child Abuse
A support group for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual assault. To join this chapter email Margie McKinnon at the address on the right of this page

Lamplighter Movement
Thunder Bay
Ontario.

www.thelamplighters.org
margie@thelamplighters.org

Thunder Bay

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Thunder Bay Regional HSC
980 Oliver Road
Thunder Bay
Ontario
807-684-6750 Office
www.sadvttreatmentcentres.ca/find-a-centre/
sheila.macdonald@wchospital.ca

Thunder Bay	<p>Hotline 807-344-4502 24 Hour crisis hotline We serve victims who may have been victimized years ago in their childhood or just recently. Crisis intervention Information and advocacy Community outreach and education Professional individual counselling 8 Week group counselling course for males and females, for more details call 807-345-0894. Intake interview will be required.</p>	<p>Thunder Bay Sexual Assault & Sexual Abuse Counselling & Crisis Centre 385 Mooney Street Thunder Bay Sexual Assault & Ontario P7B 5L5 807-345-0894 Office</p>	<p>www.tbsasa.org tbcounselling@tbsasa.org</p>
Timmis	<p>Hotlines 705-268-8380 Or 1-877-286-8380 Toll Free Our family court program provides support for female victims of domestic violence who are involved in the family court process. Information - court accompaniment Safety planning advice HER Place Safe shelter Our Sexual Assault Center offers: Individual and group counselling and support to women aged 16+ Individual and group counselling for those affected by incest and childhood sexual abuse.</p>	<p>Timmis & Area Women in Crisis Timmis Ontario 705-268-8380 Office / Hotline</p>	<p>www.tawc.ca info@tawc.ca</p>
Toronto	<p>Hotlines 416-863-0511 Or 1-866-863-0511 Toll Free Or 1-877-336-2433 En Francais We provide FREE 24 hour 7 days a week crisis counselling, referrals, emotional support and information via the telephone in up to 154 languages completely confidential and anonymous</p>	<p>Assaulted Women's Helpline PO Box 369 Station B Toronto Ontario M5T 2W2 416-364-4144 Office 1-888-364-1210 Toll Free.</p>	<p>www.awhl.org www.femaide.ca</p>
Toronto	<p>The Gatehouse is a peer led support program for survivors of childhood sexual abuse. Services are offered to both men and women and all programs are FREE of charge. The Gatehouse offers a 15 week group that goes through topics related to the effects of trauma and there is a separate group for men and women. Other programs include phase 2, young adults program, drop in group, partner support workshop and group and art therapy.</p>	<p>The Gatehouse 3101 Lakeshore Blvd. W Toronto Ontario M8V 3W8 416-255-5900 tmahipat@thegatehouse.org</p>	<p>www.thegatehouse.org/ Website off line June 18</p>
Toronto	<p>Male Survivors Support Group supported by the Martin Kruze</p>	<p>The Martin Kruze Foundation Toronto</p>	<p>www.malesurvivor.org lmtherapy@gmail.com</p>

www.facebook.com/TheGatehouseChildAbuseInvestigationSupportSite/?ref=page_internal

memorial fund, survivors of childhood sexual abuse experiences of hope and recovery. This group is on going, survivors attend as long as they need to. Intake interview is required. Meets Mondays 5.30-7.30 Contact Lynne MacDonell for more details 416-996-4050 or email her at address on the right of the page.

Ontario
416-996-4050 Office

Toronto Soul Speak Toronto - Sexual Abuse Meemetup Group
An all age non gender specific group for sexual abuse survivors, meeting once a month in Toronto. To join this group contact Kristine on the web site on the right of our page.
www.meetup.com/Soul-Speak-Toronto-Sexual-Abuse-Meetup-Group/

Meetup Abuse Survivor Group
Toronto
Ontario

Toronto Toronto Trauma Survivors Support Group.
Have you experienced traumatic events in your life that are keeping you from moving forward? Do your friends and family keep telling you to get over it? Did the traumatic event leave you with anxiety, depression, anger, panic attacks, nightmares and flashbacks. This self help group will allow you to join others in learning about PTSI and PTSD and how to manage and learn new coping skills.

Meetup Survivors Group
Toronto
Ontario
www.meetup.com/ptsd-trauma/
www.meetup.com/topics/abusesurvivors/all/

Toronto We are a non-profit organization offering services to francophone women aged 16+ in the Greater Toronto area and in Hatton Peel. Transitional and housing support
Counselling
Art therapy groups
Contact office for more details

Oasis Centre des Femmes
PO Box 46085
College Park
Toronto
Ontario M5G 2P6
416-591-6565 Office
www.oasisfemmes.org
services@oasisfemmes.org

Toronto We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
76 Grenville Street
Toronto
Ontario M5S 1B2
416-323-6400 Head Office
www.sadvtreatmentcentres.ca
sheila.macdonald@wchospital.ca
www.sadvtreatmentcentres.ca/find-a-centre/

Toronto Hotline 416-759-0138
24 Hour crisis hotline
Crisis intervention

SOS Femmes
PO Box 46018
College Park
Toronto

Ontario M5G 2P6
416-759-0138 Office / Hotline

Toronto	<p>Survivors Support Group We are a spiritual, self help group of men and women aged 18+ who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. There are no fee or dues, everything that is said in the group must be held in strict confidence. SIA is not a replacement for therapy, the only requirement is that you are a victim of childhood sexual abuse and that you want to recover. Meets 2nd & 4th Wednesday at 6.30 - 8 pm. For more information contact Jenny at her email address on the right of this page.</p>	<p>Survivors of Incest Anonymous Toronto Ontario</p>	<p>www.siaawso.org www.the519.org jlceltic@hotmail.com</p>
Toronto	<p>Intimacy Issues with Victims of Sexual Assault Group If you are a victim of sexual assault, abuse or incest, you may have issues with intimacy in your future relationships. You may avoid intimacy or be "hot and cold" and not know why. Through various means including writing and art therapy we will help you work through these stumbling blocks. Cost \$80 - \$120</p>	<p>Ms Sandra Tenus Toronto Ontario M5J 2Y2 416-691-0033 Office www.harbourfrontpsychotherapy.com help@BeachesPsychotherapy.com</p>	
Toronto	<p>Hotline 416-597-8808 We believe survivors of sexual violence are experts in their own healing. Together we work towards healing with survivors of all backgrounds, genders and spiritualities. In person one to one counselling available Mondays - Fridays call 416-597-1171 ext 228 for details Public education and workshops Advocacy and court accompaniment Latin american women's program Support groups for survivors.</p>	<p>Toronto Rape Crisis Centre / Multicultural Women Against Rape Toronto Ontario 416-597-1171 Office</p>	<p>www.trccmwar.ca trcc@web.net</p>
Trenton	<p>Reclaiming Sexuality from Child Sexual Abuse Group Contact office for more information about this group. Cost \$50 - \$90 per session</p>	<p>Jessica Ford Trenton Ontario K8V 6B1 613-801-0243 Office</p>	<p>www.jafordgroup.com info@jafordgroup.com</p>
Trenton	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Quinte Health Centre 242 King Street West Trenton Ontario</p>	<p>www.sadvreatmentcentres.ca sheila.macdonald@wchospital.ca</p>

Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

613-392-2540 ext 5024
www.sadvreatmentcentres.ca/find-a-centre/

Waterloo We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
St Mary's General Hospital
400 Queen Street
Waterloo
Ontario
519-749-6994 office
www.sadvreatmentcentres.ca/find-a-centre/
www.sadvreatmentcentres.ca
sheila.macdonald@wchospital.ca

Wayside Niagara Male Survivors Support Group
Peer support group for adult male survivors of childhood sexual abuse and or sexual assault.
Meets Tuesdays at 7 pm
Contact Glenn Allan 905-975-6455

Niagara Region Sexual Assault Centre
Wayside Niagara
Ontario
905-682-7258 Office
www.sexualassaultniagara.org

Welland Hotlines 403-327-7905
Or 1-888-787-2880
If you are struggling with the very difficult to cope with symptoms of childhood abuse in your adulthood, and you feel at your wits end with no place to turn. Turn to us

Distress Line of Southwestern Alberta
Welland
Ontario L3C 5Z4
403-327 7905 Office.
www.yourlifecounts.org

Whitby Hotline 905-668-9200
24 Hour crisis hotline
We work to provide support services to recent as well as historical or childhood survivors of sexual abuse. We are a feminist organization that believes in the equality of all. Advocacy and accompaniment dealing with healthcare, help with legal matters and support through the justice system
FREE individual counselling
FREE group counseling including a group for survivors of childhood sexual assault. For more details contact Donna 905-444-9672 ex 24

Durham Rape Crisis Centre
PO Box 567
Whitby
Ontario L1N 5V3
905-444-9672 Office
www.drcc.ca
info@drcc.ca
donna@drcc.ca

Whitby Men of Courage Group
Men of courage is a 10 week group program designed for adult men recovering from childhood sexual and or physical abuse. The group will help members to understand the impact of trauma - identify and manage the triggers, feelings and flashbacks - improve relationships and build trust - reduce feelings of shame, loneliness and guilt.

Mr Derek Wright
Whitby
Ontario L1N 5Z5
289-271-0758 Office
www.wrightpath.ca
counselling@wrightpath.ca

Cost \$40 - \$50 per session

Windsor	<p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p>	<p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Windsor Regional Hospital Grace Campus 1995 Lens Avenue Windsor Ontario 519-255-2234 Office www.sadvttreatmentcentres.ca/find-a-centre/</p>	<p>www.sadvttreatmentcentres.ca sheila.macdonald@wchospital.ca</p>
Windsor	<p>Hotline 519-253-9667 If you are a child, adolescent or an adult, male or female and have been sexually violated whether in the past or recently we can help! Crisis intervention Public education program Counselling for male and female survivors of sexual abuse or incest.</p>	<p>Sexual Assault Crisis Centre 1407 Ottawa Street Unit G Windsor Ontario N8X 2G1 519-253-3100 Office www.facebook.com/SACCWindsor/?hc_location=ufi</p>	
Windsor	<p>Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.</p>	<p>Silence to Hope Project Windsor Ontario 1-877-676-7613 Office</p>	<p>www.malesurvivor.org silencetohope@hotmail.com</p>
Woodstock	<p>Hotline 519-539-4811 Or 1-800-265-1938 Toll Free 24 Hour crisis hotlines We are leaders in providing crisis intervention, shelter, counselling and advocacy for women and their children impacted by abuse in Oxford county. Safe short term accomodation Transitional housing support prog Sexual assault counselling for women aged 16+ who have been sexually abused 519-539-7488 ext 226 for more details Weekly support groups open to all women impacted by abuse now or in the past 519-539-7488 ext 234 for more group details. Outreach program including counselling sessions in Tillsonburg and Ingersoll.</p>	<p>Domestic Abuse Services 975-James Street Woodstock ON N4S 8X8 519-539-7488 Office</p>	<p>www.daso.ca rhonda@daso.ca</p>