<table>
<thead>
<tr>
<th>AREA COVERED</th>
<th>SERVICES INCLUDED</th>
<th>GROUP OR ORGANIZATION</th>
<th>WEB ADDRESS / EMAIL ADDRESS</th>
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<tbody>
<tr>
<td><strong>NOVA SCOTIA</strong></td>
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<td><strong>National Helpline</strong></td>
<td>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</td>
<td>Childhelp Prevention and Treatment of Child Abuse</td>
<td><a href="http://www.childhelp.org">www.childhelp.org</a> <a href="mailto:info@childhelp.org">info@childhelp.org</a></td>
</tr>
<tr>
<td><strong>Amherst</strong></td>
<td>We offer services to women who have been abused by an intimate partner Shelter for women and children Accompaniment to the courts Counselling and advocacy services whether or not you use the shelter. Support groups available</td>
<td>Autumn House</td>
<td><a href="http://www.thans.ca">www.thans.ca</a> <a href="mailto:info@autumnhouse.ca">info@autumnhouse.ca</a></td>
</tr>
<tr>
<td><strong>Antigonish</strong></td>
<td>We offer women and adolescent girls a range of services and programs including: Crisis intervention Short term &amp; ongoing support Advocacy &amp; court accompaniment Referrals to other agencies Sexual assault nurse examiners Support groups for survivors of sexual trauma.</td>
<td>Antigonish Women's Resource Centre &amp; Sexual Assault Service Association. 204 Kirk Place 219 Main Street Antigonish Nova Scotia B2G 2C1 902-863-6221 Office <a href="http://www.facebook.com/awrcsasa/">www.facebook.com/awrcsasa/</a></td>
<td><a href="http://www.awrcsasa.ca/">www.awrcsasa.ca/</a> <a href="mailto:info@awrcsasa.ca">info@awrcsasa.ca</a></td>
</tr>
<tr>
<td><strong>Antigonish</strong></td>
<td>At Naomi we know that violence has an effect on those who live with it. We offer counselling for women and children. Information on legal matters Accompaniment to court 2nd stage housing for women and children who have left an abusive relationship. Outreach services in Sherbrooke, Canso and Guysborough.</td>
<td>Naomi Society for Victims of Family Violence. Unit 2-133 Church Street Antigonish Nova Scotia B2G 2E3 902-863-3807 Office 902-863-6008 FAX</td>
<td><a href="http://www.naomisociety.ca">www.naomisociety.ca</a> <a href="mailto:info@naomisociety.ca">info@naomisociety.ca</a></td>
</tr>
<tr>
<td><strong>Bridgewater</strong></td>
<td>Hotline 902-543-3999 Or 1-888-543-3999 24 Hour crisis hotlines</td>
<td>Harbour House Bridgewater</td>
<td><a href="http://www.thans.ca">www.thans.ca</a></td>
</tr>
</tbody>
</table>

Note: Please send corrections, additions and updates to: www.NAASCA.org maudnmildred@hotmail.com
Our outreach services provides
Emergency shelter
Supportive counselling
A confidential safe space for groups
Advocacy
Support groups for domestic abuse
902-543-3665 Office
edharbourhouse@ns.aliantzinc.ca
www.thans.ca/shelters/harbour-house-bridgewater/

Halifax
SANE Response 902-425-0122
Mental Health Line 1-888-429-8167
We provide services for those affected by sexual violence, with primary emphasis on support, education, counselling and advocacy for women.
Sexual Assault Nurse Examiners
Community & legal education
Counselling individual & groups
Support groups may be available
Avalon Sexual Assault Centre
1526 Dresden Row
4th floor
Halifax
Nova Scotia  B3J 3K3
902-422-4240 Office
sanecoordinator@avaloncentre.ca

Halifax
We provide a safe shelter and support services for women and families impacted by intimate partner violence and abuse.
No women in urgent need is ever turned away.
Bryony House
Halifax
Nova Scotia  B3K 3E6
902-429-9002 Office

Halifax
Trauma & PTSD Psychologist
I integrate various forms of therapy catered to the individual client's issues and needs. I have worked in a variety of settings, I was part time faculty member at St Mary's Uni from 2004-2010 and Chair of the APNS Post Trauma Services committee from 2005-2008.
I specialize in helping adult children of alcoholics and those affected by trauma or PTSD.
Averge cost $100-$180 Per session
Ms Andrea Cook
Halifax
Nova Scotia  B3J 1K1
902-406-9404 Office
contact@waldegrovepsych.com
www.winterholme.com/psychology/

Kentville
Hotlines 902-679-1922
Or 1-800-264-8682
We are a grassroots non profit organization that provides shelter, support, advocacy , counselling and outreach services for abused women and their children.
Support group available
Chrysalis House
PO Box 356
Kentville
Nova Scotia  B4N 3X1
902-679-1922 Office
chrysalis@ns.sympatico.ca
www.thans.ca/shelters/chrysalis-house-kentville/
www.chrysalishouseassociation.org/

New Glasgow
Hotline 902-755-4647
We are a non profit, community based resource centre that provides support, advocacy, information, programs and community education.
We can provide a safe space for self help groups.
Pictou County Women's Centre
503-Frederick Street
New Glasgow
Nova Scotia  B2H 3P3
902-755-4647 Office / Hotline
www.womenscentre.ca
pcwc@womenscentre.ca

New Glasgow
Hotlines 902-752-0132
Or 1-888-831-0330
We offer women in physically, emotionally or sexually abusive relationships safe shelter
Tearmann House
PO Box 153
New Glasgow
Nova Scotia  B2H 5E2
902-928-0774 Office
www.thans.ca
tearmann@ns.sympatico.ca
Advocacy and referrals
Legal help and referrals
Supportive counselling
Support groups available

902-752-1633 Shelter
www.thans.ca/shelters/tearmann-house-new-glasgow/

Port Hawkesbury
Hotlines 902-625-2444
Or 1-800-565-3390
24 Hour crisis hotlines
Our outreach program reaches out to abused women in the community. This program offers information, referrals and advocacy along with supportive counselling and support groups.

Leeside Transition House
www.thans.ca
PO Box 6913
Port Hawkesbury
Nova Scotia B9A 2W2
902-625-1990 Office
Leeside Transition House - Port Hawkesbury | THANS

Sydney
Hotlines 902-539-2945
Or 1-800-563-2945
We offer support and shelter to women and children who are emotionally, physically or sexually abused. We offer court support, and outreach support groups for women in the community who have left an abusive relationship.

Cape Breton Transition House
PO Box 487
Sydney
Nova Scotia B1P 6H4
902-562-3045 Office
www.transitionhousefoundation.com
thfoundation@ns.aliantzinc.ca
www.thans.ca/shelters/cape-breton-transition-house-sydney/

Truro
Hotline 902-892-4366
Supportive and informative hotline

Colchester Sexual Assault Ctr
Truro
Nova Scotia
902-897-4366 Office / Hotline
www.facebook.com/colchestersac/

Truro
Hotlines 902-893-8483
Or 1-800-565-4741
We operate 24 hours 7 days a week protection, safety, shelter and basic necessities to women and children in need.
Individual and group counselling for men, women and children.

Mi'kmaw Family Healing Centre
PO Box 665
Truro
Nova Scotia B2N 5E5
902-893-8483 Office / Hotline

Truro
Hotlines 902-893-3232
Or 1-800-565-4878
24 Hour crisis hotlines
Our shelter can house 15 women and children. We provide a range of services including: Accompaniment to court Individual supportive counselling Group support & support groups.

Third Place Transition House
PO Box 1681
Truro
Nova Scotia B2N 5Z5
902-893-4844 Office
victimssassociation@ns.aliantzinc.ca
www.thans.ca/shelters/third-place-truro/

Wellington
Trauma and PTSD Therapy
My various trainings in relationship therapy, modern psychoanalysis and in the treatment of dissociative disorders have provided me with the skills necessary to work with clients who present with a variety of disorders. Sliding scale available Average cost $80-$130 per session

Judith Singer Bates
Wellington
Nova Scotia B2T 1A3
902-860-3861 Office
BatesSJudith@gmail.com

Whycocomagh
Hotlines 902-756-3440
Or 1-800-565-3440 Toll Free
Mi'kmaw Family Healing Centre
Waycobah First Nation
www.thans.ca
poiriebm@gov.ns.ca
We operate 24 hours 7 days a week protection, safety, shelter and basic necessities to women and children in need. Individual and group counselling for men, women and children.

Yarmouth
Hotlines 902-742-8689
1-800-266-4087 Toll Free
Juniper House is in South West Nova Scotia and we offer a secure safe house. Plus Help with the legal system, supportive counselling and support groups for domestic abuse.

PO Box 310
Whycocomagh
Nova Scotia B0E 3M0
902-756-3440 Office / Hotline

Juniper House
PO Box 842
Yarmouth
Nova Scotia B5A 4K5
902-742-4473 Office
902-245-4789 Outreach Office
www.juniperhouse.ca
juniperhouse@eastlink.ca

www.thans.ca/shelters/juniper-house-yarmouth-shelburne/