

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>NOVA SCOTIA</b>			
<b>National Helpline</b>	<p>Hotline 1-800-4-A-CHILD                      Hotline 1-800-422-4453                      Crisis counselors available 24/7                      Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp                      Prevention and Treatment of Child Abuse</p>	<p><a href="http://www.childhelp.org">www.childhelp.org</a>  <a href="mailto:info@childhelp.org">info@childhelp.org</a>                      Email support form on the website</p>
<b>Amherst</b>	<p>We offer services to women who have been abused by an intimate partner                      Shelter for women and children                      Accompaniment to the courts                      Counselling and advocacy services whether or not you use the shelter.                      Support groups available</p>	<p>Autumn House                      PO Box 1141                      Amhurst                      Nova Scotia B4H 4L2                      902-667-1344 Office.  <a href="http://www.thans.ca/shelters/autumn-house-amherst/">www.thans.ca/shelters/autumn-house-amherst/</a></p>	<p><a href="http://www.thans.ca">www.thans.ca</a>  <a href="mailto:info@autumnhouse.ca">info@autumnhouse.ca</a></p>
<b>Antigonish</b>	<p>We offer women and adolescent girls a range of services and programs including:                      Crisis intervention                      Short term &amp; ongoing support                      Advocacy &amp; court accompaniment                      Referrals to other agencies                      Sexual assault nurse examiners                      Support groups for survivors of sexual trauma.</p>	<p>Antigonish Women's Resource Centre &amp; Sexual Assault Service Association.                      204 Kirk Place                      219 Main Street                      Antigonish                      Nova Scotia B2G 2C1                      902-863-6221 Office  <a href="http://www.facebook.com/awrcsasa/">www.facebook.com/awrcsasa/</a></p>	<p><a href="http://www.awrcsasa.ca/">www.awrcsasa.ca/</a>  <a href="mailto:info@awrcsasa.ca">info@awrcsasa.ca</a></p>
<b>Antigonish</b>	<p>At Naomi we know that violence has an effect on those who live with it. We offer counselling for women and children.                      Information on legal matters                      Accompaniment to court                      2nd stage housing for women and children who have left an abusive relationship.                      Outreach services in Sherbrooke, Canso and Guysborough.</p>	<p>Naomi Society for Victims of Family Violence.                      Unit 2-133 Church Street                      Antigonish                      Nova Scotia B2G 2E3                      902-863-3807 Office                      902-863-6008 FAX</p>	<p><a href="http://www.naomisociety.ca">www.naomisociety.ca</a>  <a href="mailto:info@naomisociety.ca">info@naomisociety.ca</a></p>
<b>Bridgewater</b>	<p>Hotline 902-543-3999</p>	<p>Harbour House</p>	<p><a href="http://www.thans.ca">www.thans.ca</a></p>

Or 1-888-543-3999  
24 Hour crisis hotlines  
Our outreach services provides  
Emergency shelter  
Supportive counselling  
A confidential safe space for groups  
Advocacy  
Support groups for domestic abuse

Bridgewater  
Nova Scotia B4V 2W9  
902-543-3665 Office  
[edharbourhouse@ns.aliantzinc.ca](mailto:edharbourhouse@ns.aliantzinc.ca)  
[www.thans.ca/shelters/harbour-house-bridgewater/](http://www.thans.ca/shelters/harbour-house-bridgewater/)

**Halifax** SANE Response 902-425-0122  
Mental Health Line 1-888-429-8167  
We provide services for those affected by sexual violence, with primary emphasis on support, education, counselling and advocacy for women.  
Sexual Assault Nurse Examinors  
Community & legal education  
Counselling individual & groups  
Support groups may be available

Avalon Sexual Assault Centre  
1526 Dresden Row  
4th floor  
Halifax  
Nova Scotia B3J 3K3  
902-422-4240 Office  
[sanecoordinator@avaloncentre.ca](mailto:sanecoordinator@avaloncentre.ca)  
[www.avaloncentre.ca](http://www.avaloncentre.ca)  
[info@avaloncentre.ca](mailto:info@avaloncentre.ca)

**Halifax** We provide a safe shelter and support services for women and families impacted by intimate partner violence and abuse.  
No women in urgent need is ever turned away.

Bryony House  
Halifax  
Nova Scotia B3K 3E6  
902-429-9002 Office  
[www.bryonyhouse.ca](http://www.bryonyhouse.ca)  
[info@bryonyhouse.ca](mailto:info@bryonyhouse.ca)

**Halifax** Trauma & PTSD Psychologist  
I intergrate various forms of therapy catered to the individual client's issues and needs. I have worked in a variety of settings, I was part time faculty member at St Mary's Uni from 2004-2010 and Chair of the APNS Post Trauma Services committee from 2005-2008.  
I specialize in helping adult children of achoholics and those affected by trauma or PTSD.  
Averge cost \$100-\$180 Per session

Ms Andrea Cook  
Halifax  
Nova Scotia B3J 1K1  
902-406-9404 Office  
[www.winterholme.com/psychology/](http://www.winterholme.com/psychology/)  
[contact@waldegrovespsych.com](mailto:contact@waldegrovespsych.com)

**Kentville** Hotlines 902-679-1922  
Or 1-800-264-8682  
We are a grassroots non profit organization that provides shelter, support, advocacy , counselling and outreach services for abused women and their children.  
Support group available

Chrysalis House  
PO Box 356  
Kentville  
Nova Scotia B4N 3X1  
902-679-1922 Office  
[www.thans.ca/shelters/chrysalis-house-kentville/](http://www.thans.ca/shelters/chrysalis-house-kentville/)  
[www.chrysalishouseassociation.org/](http://www.chrysalishouseassociation.org/)  
[chrysalis@ns.sympatico.ca](mailto:chrysalis@ns.sympatico.ca)

**New Glasgow** Hotline 902-755-4647  
We are a non profit, community based resource centre that provides support, advocacy, information, programs and community education.  
We can provide a safe space for self help groups.

Pictou County Women's Centre  
503-Frederick Street  
New Glasgow  
Nova Scotia B2H 3P3  
902-755-4647 Office / Hotline  
[www.womenscentre.ca](http://www.womenscentre.ca)  
[pcwc@womenscentre.ca](mailto:pcwc@womenscentre.ca)

**New Glasgow** Hotlines 902-752-0132

Tearmann House  
[www.thans.ca](http://www.thans.ca)

Or 1-888-831-0330  
We offer women in physically,  
emotionally or sexually abusive  
relationships safe shelter  
Advocacy and referrals  
Legal help and referrals  
Supportive counselling  
Support groups available

PO Box 153  
New Glasgow  
Nova Scotia B2H 5E2  
902-928-0774 Office  
902-752-1633 Shelter  
[www.thans.ca/shelters/tearmann-house-new-glasgow/](http://www.thans.ca/shelters/tearmann-house-new-glasgow/)

[tearmann@ns.sympatico.ca](mailto:tearmann@ns.sympatico.ca)

**Port Hawkesbury** Hotlines 902-625-2444  
Or 1-800-565-3390  
24 Hour crisis hotlines  
Our outreach program reaches out  
to abused women in the community.  
this program offers information,  
referrals and advocacy along with  
supportive counselling and support  
groups.

Leeside Transition House  
PO Box 6913  
Port Hawkesbury  
Nova Scotia B9A 2W2  
902-625-1990 Office  
[www.thans.ca/shelters/leeside-house-port-hawkesbury/](http://www.thans.ca/shelters/leeside-house-port-hawkesbury/)

[www.thans.ca](http://www.thans.ca)

[leesidedir@eastlink.ca](mailto:leesidedir@eastlink.ca)

**Sydney** Hotlines 902-539-2945  
Or 1-800-563-2945  
We offer support and shelter to  
women and children who are  
emotionally, physically or sexually  
abused. We offer court support,  
and outreach support groups for  
women in the community who have  
left an abusive relationship.

Cape Breton Transition House  
PO Box 487  
Sydney  
Nova Scotia B1P 6H4  
902-562-3045 Office  
[www.transitionhousefoundation.com](http://www.transitionhousefoundation.com)  
[thfoundation@ns.aliantzinc.ca](mailto:thfoundation@ns.aliantzinc.ca)  
[www.thans.ca/shelters/cape-breton-transition-house-sydney/](http://www.thans.ca/shelters/cape-breton-transition-house-sydney/)

**Truro** Hotline 902-892-4366  
Supportive and informative hotline

Colchester Sexual Assault Ctr  
Truro  
Nova Scotia  
902-897-4366 Office / Hotline  
[www.facebook.com/colchestersac/](http://www.facebook.com/colchestersac/)

**Truro** Hotlines 902-893-8483  
Or 1-800-565-4741  
We operate 24 hours 7 days a week  
protection, safety, shelter and basic  
necessities to women and children  
in need.  
Individual and group counselling  
for men, women and children.

Mi'kmaw Family Healing Centre  
Millbrook First Nation  
PO Box 665  
Truro  
Nova Scotia B2N 5E5  
902-893-8483 Office / Hotline  
[www.thans.ca](http://www.thans.ca)  
[walkerbc@gov.ns.ca](mailto:walkerbc@gov.ns.ca)

[www.thans.ca/get-help/find-a-shelter/millbrook-family-healing-centre/](http://www.thans.ca/get-help/find-a-shelter/millbrook-family-healing-centre/)

**Truro** Hotlines 902-893-3232  
Or 1-800-565-4878  
24 Hour crisis hotlines  
Our shelter can house 15 women  
and children. We provide a range  
of services including:  
Accompaniment to court  
Individual supportive counselling  
Group support & support groups.

Third Place Transition House  
PO Box 1681  
Truro  
Nova Scotia B2N 5Z5  
902-893-4844 Office  
[victimsassociation@ns.aliantzinc.ca](mailto:victimsassociation@ns.aliantzinc.ca)  
[www.thans.ca/shelters/third-place-truro/](http://www.thans.ca/shelters/third-place-truro/)

[www.thans.ca](http://www.thans.ca)

**Wellington** Trauma and PTSD Therapy  
My various trainings in relationship  
therapy, modern psychoanalysis  
and in the treatment of dissociative  
disorders have provided me with the

Judith Singer Bates  
Wellington  
Nova Scotia B2T 1A3  
902-860-3861 Office  
[www.judithbatestherapist.ca/](http://www.judithbatestherapist.ca/)

skills necessary to work with clients who present with a variety of disorders. Sliding scale available  
Average cost \$80-\$130 per session

[BatesSJudith@gmail.com](mailto:BatesSJudith@gmail.com)

### Whycocomagh

Hotlines 902-756-3440  
Or 1-800-565-3440 Toll Free  
We operate 24 hours 7 days a week protection, safety, shelter and basic necessities to women and children in need.  
Individual and group counselling for men, women and children.  
[www.thans.ca/get-help/find-a-shelter/mikmaw-family-healing-centre/](http://www.thans.ca/get-help/find-a-shelter/mikmaw-family-healing-centre/)

Mi'kmaw Family Healing Centre  
Waycobah First Nation  
PO Box 310  
Whycocomagh  
Nova Scotia B0E 3M0  
902-756-3440 Office / Hotline

[www.thans.ca](http://www.thans.ca)  
[poiriebm@gov.ns.ca](mailto:poiriebm@gov.ns.ca)

### Yarmouth

Hotlines 902-742-8689  
1-800-266-4087 Toll Free  
Juniper House is in South West Nova Scotia and we offer a secure safe house. Plus Help with the legal system, supportive counselling and support groups for domestic abuse.

Juniper House  
PO Box 842  
Yarmouth  
Nova Scotia B5A 4K5  
902-742-4473 Office  
902-245-4789 Outreach Office

[www.juniperhouse.ca](http://www.juniperhouse.ca)  
[juniperhouse@eastlink.ca](mailto:juniperhouse@eastlink.ca)

[www.thans.ca/shelters/juniper-house-yarmouth-shelburne/](http://www.thans.ca/shelters/juniper-house-yarmouth-shelburne/)