

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
NEW ZEALAND			
Nationwide	Advocacy Advice 02-7353-3854 Ken Clearwater is a victims advocate and director of the Male Survivors of Sexual Abuse organisation of New Zealand.	Ken Clearwater Nationwide Advocate 02-7353-3854 Advice / Advocacy	www.survivor.org.nz mssat@survivor.org.nz
Nationwide	We are a national organisation of doctors and nurses, formed in 1988 to develop and maintain standards of best practice in the delivery of medical and forensic services in the area of sexual assault and abuse.	Doctors for Sexual Abuse Care (DSAC) Unit 5, 4 Warnock Street Grey Lynn 09-376-1422 Office	www.dsac.org.nz admin@dsac.org.nz
Nationwide	Advice Line 03-377-6747 All MSSAT organisations offer one to one, peer and group support for survivors and their significant others. Offices in Auckland, Waikato, Wellington, Marlborough and in Christchurch .	Male Survivors of Sexual Abuse (MSSAT) Nationwide PO Box 22 363 Christchurch 8140 03-377-6747 Office / Advice	www.survivor.org.nz mssat@survivor.org.nz
Nationwide	Crisis Line 0800-883-300 24/7 A national 24 hour crisis helpline for survivors of sexual assault. Listings of Rape Crisis centres across New Zealand.	National Collective Rape Crisis Nationwide 02-474-1592 Office	www.rapecrisisnz.org.nz admin@rapecrisisnz.org.nz
Nationwide	Advocacy Advice 02-132-6505 On the 15th December 2007 Louise Nicholas was named New Zealander of the year by the New Zealand Herald due to her courage shown during rape trials of former police men. Nicholas has taken a role in pushing for the recognition of victims rights, advocating changes to name suppression law after a prominent entertainer received name suppression after sexually assaulting a 16 year old girl. Nicholas works as an advocate for the national RPE Rape Prevention Education.	Louise Nicholas Nationwide Advocate 02-132-6505 Advice / Advocacy	www.rpe.co.nz louise@rapecrisis.org.nz
Nationwide	FREE Helpline 0508-744-633 At SHINE we have an outstanding team of optimistic and practical staff. In total SHINE has a team of 100 people some full and part time and many volunteers. Some of the services we offer includes: A FREE national helpline	Shine Nationwide 09-815-4601 Office	www.2shine.org.nz enquiries@2shine.org.nz

Around the clock, one to one support for victims of abuse.
 Safe@Home - Program to secure the homes of high risk victims including safety planning, windows and door locks, security lighting and silent alarm systems.
 KIDshine - A team dedicated to supporting children distressed by witnessing violence in their homes.
 The shine safe house offers:
 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer.

Nationwide	We are a network of specialist sexual violence response and prevention services situated all over New Zealand. Please visit our website for further information.	TOAH - NNEST Nationwide 04-385-9176 Office.	www.toah-nnest.org.nz nkmsandz@toah-nnest.org.nz
Nationwide	Crisis Line 0800-733-843 24/7 We are a women's organisation for women and their children, here to help prevent and stop family violence in New Zealand. As an independent, bicultural, community organisation we have support services designed especially for children, young people, Maori women migrant and refugee women. We also assist lesbian women, older women and women with disabilities. FREE 24 hour crisis hotline. A safe house in emergencies where the location is kept secret. Separate advocacy for women, children and young people whether you are leaving your relationship or not. Follow up after an incident in which the police were called. Visits to your home or to a safe place. Outreach contacts for rural areas. Support in court matters. Emergency transport. Referrals to appropriate counsellors and an on line help service. For more details please visit website.	Women's Refuge Nationwide 04-802-5078 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	www.womensrefuge.org.nz info@refuge.org.nz
Auckland	Crisis Line 09-623-1700 24/7 HELP provides a range of services and support to adults survivors of sexual abuse. We also respond to the needs of survivors with a number of therapeutic services for specific client groups, including children, teenagers and adults. Please visit	Auckland Sexual Abuse HELP Foundation PO Box 10345 Dominion Road Auckland 1446 09-623-1700 Office / Crisis line	www.helpauckland.org.nz info@helpauckland.org.nz

our website for further information

Auckland

Advice 09-837-1809

We provide support to men who are recovering from the consequences of sexual abuse. This support is available throughout the Auckland region. One to one support, Support to help men decide how they wish to move forward. Support with court hearings Weekly support meetings held alternative weeks in **Henderson & Three Kings**. Biannual weekend workshops. Contact person David Passell.

Male Survivors of Sexual Abuse (MSSAT)

Auckland

Contact: David Passell

021-356-400 Office

www.survivor.org.nz/mssat-in-new-zealand/mssat-auckland/

empoweryou.mssat@xtra.co.nz

Auckland

Crisis Line 0508-744-633

At SHINE we have an outstanding team of optimistic and practical staff. In total SHINE has a team of 100 people some full time or part and many volunteers. Some of the services we offer includes:
A FREE national helpline
Around the clock, one to one support for victims of abuse.
Safe@Home - Program to secure the homes of high risk victims including safety planning, windows and door locks, security lighting and silent alarm systems.
KIDshine - A team dedicated to supporting children distressed by witnessing violence in their homes.
The shine safe house offers:
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

SHINE

PO Box 90279

Auckland 1142

09-815-4601 Office

www.2shine.org.nz

enquiries@2shine.org.nz

Barrington

Crisis Line 03-379-0575

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

West Christchurch Women's

Refuge

PO Box 33292

Barrington

Christchurch 8244

03-379-0575 Office / Crisis line

www.womensrefuge.org.nz/contact/find-your-local-refuge/

W.W.R@xtra.co.nz

Blenheim

Crisis Line 03-520-9999

We work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence and the rights of women and Children. All our services are FREE of charge.

Womens Refuge Sexual Assault

Resource Centre

PO Box 699

Blenheim 7240

03-577-9939 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

www.womensrefuge.org.nz

Christchurch	<p>Crisis Line 0800-2848-2669 24/7 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer.</p>	<p>Aviva Christchurch Women's Refuge PO Box 32034 Christchurch 8143 03-378-3847 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	<p>www.avivafamilies.org.nz/enquiries@avivafamilies.org.nz</p>
Christchurch	<p>Crisis Line 0800-117-474 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Otautahi Women's Refuge PO Box 5689 Christchurch 8542 03-379-6910 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	
Christchurch	<p>Crisis Line 0800-742-584 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer Domestic Violence intervention Crisis Response and a Drop In centre service. Please call for more details.</p>	<p>Shakti Ethnic Women's Support Group Christchurch Inc PO Box 24238 Christchurch 8642 03-389-2028 Office.</p>	<p>www.shakti-international.org sewsq@shakti.org.nz</p>
Christchurch	<p>Support Line 03-355-4414 Support Line 021-0253-4425 Timataia Te Mahu Oranga START is an independent social service agency which is based in Christchurch. Providing counselling for children, youth and adults who have been subject to sexual crime. We employ ACC approved counsellors with no top up fees for these services. Our services are provided from a comfortable suburban house in St Albans, well served with car parking and a near by bus route. Please see our web site for further details about our services.</p>	<p>START Healing Timataia Te Mahu Oranga PO Box 21022 Edgware Christchurch 8143 03-355-4414 Office / Support</p>	<p>www.starthealing.org admin@starthealing.org</p>
Christchurch	<p>Support Line 03-381-8472 Te Puna Oranga is a non profit registered Incorporated society established in 1984. Providing sexual abuse counselling and abuse prevention education and training for Maori by Maori. We have five qualified counsellors working at Te Puna Oranga all of which are members of AVZASE NZAC.</p>	<p>Te Puna Oranga 67 Worcester Street Christchurch 03-381-8472 Office / Support</p>	

Dargaville	Crisis Line 0800-883-300 We provide support, advocacy, crisis and family counselling, emergency housing to survivors of sexual abuse and domestic violence. FREE one to one and group counselling.	Support of Sexually Abused (SOS) Kaipara PO Box 249 Dargaville 0340 09-439-6070 Office	sos@maxnet.co.nz www.soskaipara.com/
Dunedin	Support Line 0800-883-300 24 hrs This is a TOLL FREE support line. Rape Crisis Dunedin is a non profit community agency, run by a number of dedicated women - paid staff and volunteers, all of whom support female survivors of sexual violence towards their healing. Telephone support 24 hours a day Face to face counselling for survivors and support for family and friends. All counselling and support by the Rape Crisis is FREE and completely confidential. Group work is held on Tuesdays 11am - 1pm. Please contact the office for more details.	Rape Crisis Dunedin 1st Floor, Corso Building 111 Moray Place Dunedin 03-474-1592 Office - 24 Hours	www.rapecrisisdunedin.org.nz rcrisis@xtra.co.nz
Dunedin South	Crisis Line 03-477-1229 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Pounamu Dunedin Women's Refuge PO Box 2267 South Dunedin Dunedin 9044 03-466-3220 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	
Ellerslie	Mobile number 027-437-6995 Community collaboration aiming to provide victims and survivors with a sense of justice.	Project Restore PO Box 11307 Ellerslie Auckland 1542 09-948-6984 Office	projectrestore@me.com www.projectrestore.nz/
Gisborne	Crisis Line 06-867-9427 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Tu Wahine Gisborne Women's Refuge PO Box 450 Gisborne 404 06-867-9427 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	www.womensrefuge.org.nz
Gore	Crisis Line 03-208-9333 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Gore Women's Refuge Te Whare Piringa O Marua Wai PO Box 357 Gore 9740 03-208-8384 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	refuge@ispnz.co.nz
Grey Lynn	Crisis Line 09-378-7635	Auckland Women's Refuge	www.awrefuge.org.nz

	Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	PO Box 78016 Grey Lynn Auckland 4112 09-378-7635 Office / Crisis line	info@awrefuge.org.nz
Hamilton	Crisis Line 07-855-1569 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Hamilton Refuge & Support Services PO Box 4355 Hamilton 3247 07-855-1569 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	refuge@tewhakaruruhaui.org.nz
Hamilton	Crisis Line 0800-677-289 We are a survivor-focused and lead charitable trust. Sexual abuse of children in New Zealand is prevalent this abuse is committed on both girl and boy children. We are here at MSSAT Waikato especially for the specific needs of our male and youth and adult survivors. Our service is FREE and we offer: Confidential listening and care, one to one and group work support. Referrals to specialized support and support at court hearings.	Male Survivors of Sexual Abuse (MSSAT) PO Box 13071 Hillcrest Hamilton 3251 07-858-4112 Office Contact person: Mike	www.waikatosurvivors.org.nz mssatw@xtra.co.nz
Hamilton	Crisis Line 0800-883-300 Providing a FREE counselling service and group sessions for all women's issues with specialism in rape and sexual abuse.	Rape and Sexual Abuse Healing Centre 33A Clarence Street Hamilton 07-839-4433 Office	www.rasahc.co.nz rasahc@xtra.co.nz
Hastings	Crisis Line 06-870-6024 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	PO Box 328 Hastings 4156 06-878-9591 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	
Hawera	Crisis Line 0800-472-496 Please call for support and for more information regarding our services	Hawera Rape Crisis Family Counselling Services Hawera 06-278-6399 Office www.gayline.org.nz/hawera-rape-crisis-family-counselling-services-0	
Hawkes Bay	Crisis Line 0800-883-300 Advice Line 021-227-6622 We provide a listening ear, support, advocacy, growth to well being therapy, through counselling and action therapy designed for each client in a consultative process	Hawkes Bay Rape Crisis Hawkes Bay 021-227-6622 Office / Advice	rapecrisis.hb@gmail.com www.rapecrisisnz.org.nz/

between client and counsellor.
If you require we can find you safe haven or relocation. People of any age, gender and sexuality may access our services. You do not have to go through the police or court system to receive our advocacy and support. If you chose our pathway we will walk alongside you.

Henderson	Refuge Line 09-836-1987 Counselling Line 09-837-2491 We offer a range of services to those who have experienced abuse trauma and family violence including: Counselling, support, advocacy, outreach services and a safe refuge.	Family Action PO Box 21593 Henderson Auckland 09-837-2491 Office / advice	www.familyaction.org.nz counselling@familyaction.org.nz
Invercargill	Support Line 03-216-2079 RAASC is a non discriminatory, non judgemental, confidential and FREE service, offering support, information counselling, advice and education to survivors of rape and sexual abuse regardless of how long ago the abuse took place. FREE counselling by highly qualified professionals. Advocacy through police and court proceedings. Coffee morning 10am-1pm on a Wednesday morning and day work-shops are also available. www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/	Rape and Abuse Support Centre (RAASC) Southland 26 Nelson Street Invercargill 03-216-2079 Office / Support	www.southlandhelp.nz/raasc@xtra.co.nz
Invercargill	Crisis Line 03-218-9790 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Hou Invercargill Women's Refuge PO Box 1117 Invercargill 9840 03-216-1040 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	ingillrefuge@xtra.co.nz
Kaikohe	Crisis Line 09-401-1030 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Mid North Wome's Refuge PO Box 730 Kaikohe 0450 09-401-1030 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	midnorth@xtra.co.nz
Kaitaia	Crisis Line 09-408-2946 24 Hour Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Kaitaia Women's Refuge PO Box 598 Kaitaia 09-408-2946 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	www.wtho.org.nz admin@wtho.org.nz

Outreach to rural areas available.

Kerikeri	Crisis Line 0800-883-300 We provide FREE counselling and support plus advocacy for those affected by rape and sexual abuse. We work with women children and their families.	Mid North Family Support and Rape Crisis 123 Hone Heke Road PO Box 624 Kerikeri 09-407-7511 Office www.midnorthfamilysupport.co.nz/	womens-support@xtra.co.nz
Lower Hutt	Crisis Line 04-569-1040 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Hutt Valley Women's Refuge PO Box 30 612 Lower Hutt 5010 04-569-1040 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	refuge.inc@xtra.co.nz
Lower Hutt	Crisis Line 0800-226-694 Pager 026-363-9421 Our mission is to provide FREE support and counselling to women, men and children affected by rape and sexual abuse. We are situated in the Waterloo / Wobrun area of Lower Hutt. www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/#Auckland	Hutt Rape Counselling Network PO Box 31468 Lower Hutt 04-566-5517 Office	irene@hrcn.co.nz
Lower Hutt	Crisis Line 04-566-5025 24 Hour Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Kokiri Marae Maori Women's Refuge Lower Hutt 5010 04-566-5025 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	
Marewa	Crisis Line 06-843-6515 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Napier Women's Refuge PO Box 4142 Marewa Napier 4142 06-843-6515 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	napierwomensrefuge@xtra.co.nz
Marlborough	This is a newly formed peer group for male survivors of sexual abuse. Meetings will take place in the Marlborough area. Please contact P Chapman at the address on the right of the page for more details.	Male Survivors of Sexual Abuse Marlborough Contact: P Chapman	www.survivor.org.nz pchapman@ts.co.nz
Masterton	Crisis Line 0800-883-300 Alternative Line 0800-614-614 Our crisis lines are manned 24 hours please call for support or information.	Wairarapa Rape and Sexual Abuse Collective PO Box 286 Masterton 5840 06-370-8446 Office	rape.crisis@xtra.co.nz www.rapecrisisnz.org.nz/

Masterton	<p>Crisis Line 06-377-1717 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Wairarapa Women's Refuge PO Box 286 Masterton 5840 06-378-2241 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>
Merivale	<p>Crisis Line 03-364-8900 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer www.facebook.com/Battered-Womens-Trust-1442306029407841/</p>	<p>Battered Women's Trust PO Box 28057 Merivale 8146 03-332-4122 Office office.bwt@xtra.co.nz</p>
Nelson	<p>This is a newly formed peer group for male survivors of sexual abuse. Meetings will take place in the Nelson area. Please contact P Chapman at the address on the right of the page for more details.</p>	<p>Male Survivors of Sexual Abuse Nelson Contact: P Chapman www.survivor.org.nz pchapman@ts.co.nz</p>
Nelson	<p>Crisis Line Only 0800-163-344 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Nelson Women's and Children's Refuge Services PO Box 212 Nelson 7040 03-548-3353 Office Staff.WhakatuRefuge@xtra.co.nz www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>
Nelson	<p>Support line 03-548-2407 SASH-NELSON works with women and children who are seeking healing from rape and sexual abuse both recent and historic. We have a dedicated team of crisis response workers, social workers and counsellors who provide intense support to women and families after a sexual assault.</p>	<p>Sexual Abuse Support and Healing (SASH) 44 Trafalgar Street The Wood Nelson 7010 03-548-2407 Office www.nelsonwomenscentre.org.nz www.sash.co.nz/ sash-nelson@ts.co.nz</p>
New Plymouth	<p>Crisis Line 06-769-5553 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Taranaki Women's Refuge PO Box 5 New Plymouth 4340 06-769-5553 Office / Crisis line admin@taranakiwomensrefuge.co.nz www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>
Onehunga	<p>Crisis Line 0800-733-843 24/7 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information</p>	<p>Pacific Island Women's Refuge PO Box 13175 Onehunga Auckland 1643 09-634-4662 Office</p>

about work, income benefits, where to find support groups, counselling and how to find a lawyer

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Orewa

Crisis Line 0800-321-361

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Rodney Women's Refuge

PO Box 580

Orewa

09-427-5154 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

hestiarwr@xtra.co.nz

Otahuhu

Crisis Line 0800-733-843 24/7

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

South Auckland Family Refuge

PO Box 22036

Otahuhu

Auckland 1640

09-276-8868 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

peppertreehouse@xtra.co.nz

Pakuranga

Crisis Line 0800-733-843 24/7

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Eastern Refuge Society Inc

PO Box 51 326

Pakuranga

Auckland 2140

09-576-6551 Office.

www.ewr.org.nz

Rhonda.c@ewr.org.nz

Palmerston North

Crisis Line 06-356-5868

Individual support , group support and counselling. We work with all cultural groups and all age groups. ARCS provides a 10 week group program for survivors of sexual abuse. Please call for more info or visit our website listed on the right of this page.

Abuse & Rape Crisis Support (ARCS) Manawatu

Linton Court

10 Linton Street

Palmerston North

06-356-5868 Office / Crisis line

www.arcsmanawatu.org.nz/

admin@arcsmanawatu.org.nz

Palmerston North

Crisis Line 06-356-5585

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Palmerston North Women's Refuge

PO Box 573

Palmerston North 4440

06-354-5355 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

ang@pnwomensrefuge.org.nz

Palmerston North

Crisis Line 06-355-0626

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Roopu Whakaruruhou O Nga

Whaine Maori

PO Box 5222

Palmerston North 4440

06-356-7985 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Papatoetoe

Crisis Line 09-277-9324 24 hours

Counselling Services Centre

www.cscnz.org.nz/

We are a specialist sexual violence crisis and counselling service for people living in the Counties of **Manukau/South Auckland**, the **Bombay Hills to Otahuh** including **Manukau East and Maraetai**. We also provide services for those who's lives are affected by domestic abuse

Charitable Trust
22 Alexander Ave
Papatoetoe
Auckland
09-277-9324 Office / Crisis Line

Paraparaumu

Crisis Line 029-297-2595
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Kapiti Women's Refuge kwrefuge@xtra.co.nz
PO Box 451
Paraparaumu 5254
04-297-2595 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Petone

This is a newly formed peer support group for male survivors of sexual abuse meeting weekly in Petone. Contact person: Richard

Male Survivors of Sexual Abuse www.survivor.org.nz
Petone
Wellington
Contact Richard 021-118-1043

Porirua

Support Line 04-499-7532
support@wellingtonhelp.org.nz
We have been operating our support service in Wellington since 1985 and in Porirua since 2005. Providing a comprehensive rape and sexual abuse counselling and support service. Please see website for further details.

Wellington Sexual Abuse Help Foundation www.wellingtonhelp.org.nz
support@wellingtonhelp.org.nz
46 Mungavin Avenue
Porirua
04-237-8822 Office

Porirua

Crisis Line 04-237-7027
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Whare Tiaki Wahine tiaki.wahine@plwvs.co.nz
PO Box 178
Porirua 5240
04-237-7027 Office / Crisis line
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Porirua

Crisis Line 04-234-6118
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Whare Manaaki Incorporated wharemanaaki@xtra.co.nz
PO Box 50 495
Porirua 5240
04-234-6118 Office / Crisis line
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Rotorua

Sexual Abuse Education
We offer tailored education programmes to suit diverse groups of people. We also provide information and advice about counseling that relates to sexual abuse. Please see our website for further details.

Prof. Eric Hollis www.sexualabuse.org.nz
Sexual Abuse Education education@sexualabuse.org.nz
Hosted by the Ole Schoolhouse
15 Toko Street
Rotorua 3010
www.oleschoolhouse.co.nz/our-staff/eric-hollis-ma-fgs/

Rotorua	<p>Crisis Line 07-349-0852 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Waiariki Women's Refuge PO Box 704 Rotorua 3040 07-349-0852 Office / Crisis line waiariki.womens.refuge@xtra.co.nz www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>
Royal Oak	<p>Crisis line 0800-742-584 24 hour We have two safe refuges in the Auckland area. Also offering self empowerment, therapy, counselling, legal support and advocacy along with a drop in service.</p>	<p>Shakti Asian Womens Centre PO Box 24417 Royal Oak Auckland 1061 09-929-2240 Office www.shakti-international.org Sawc@shakti.org.nz</p>
Royal Oak	<p>Crisis Line 0800-742-584 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Shakti Safehouse PO Box 24417 Royal Oak Auckland 1061 09-636-8512 Office www.shakti.org.nz Saws1@shakti.org.nz www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>
Stortford Lodge	<p>Crisis Line 06-879-9148 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Te Whare Oranga Wairua Ki Heretauga PO Box 2054 Stortford Lodge Hastings 4153 06-878-2042 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/ twowheretaunga@gmail.com</p>
Sydenham	<p>Support line 03-377-5401 Our services are confidential, respectful and professional. We provide counselling (both ACC and non ACC). Parent support for those who's children have been sexually abused. Support and advocacy services and facilitated support groups.</p>	<p>Sexual Abuse Survivors Trust (Monarch Centre) Sydenham Christchurch 8011 03-377-5402 Office / Support. www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/</p>
Taumarunui	<p>Crisis Line 0800-733-843 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Taumarunui Refuge & Support Centre PO Box 260 Taumarunui 3946 07-896-7869 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/ tamcottage@xtra.co.nz</p>
Taupo	<p>Crisis Line 07-378-5207 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling</p>	<p>Te Whare Oranga Wairua PO Box 1195 Taupo 3351 07-378-5204 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/ twow.taupo1@xtra.co.nz</p>

and how to find a lawyer

Tauranga	Crisis Line 07-579-0532 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer Domestic Violence intervention Crisis Response and a Drop In centre service. Please call for more details.	Shakti Ethnic Women's Support Group PO Box 15086 Tauranga 1640 07-579-0532 Office / Crisis line	www.shakti-international.org shakticentral@shakti.org.nz
Tauranga	Crisis Line 0800-863-3843 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Tauranga Moana Women's Refuge PO Box 1195 Tauranga 3110 07-541-1921 Office	www.womensrefuge.org.nz/contact/find-your-local-refuge/
Te Atatu	Crisis Line 09-838-8700 Kaupapa Maori provider, delivering counselling, therapy and support to Maori women, children and families affected by violence and abuse. Specialised in domestic violence, rape, incest and sexual abuse. Our counsellors are ACC registered.	Tu Wahine 247 Edmouton Road Te Atatu Auckland 09-838-8700 Office / Crisis line	www.womensrefuge.org.nz/contact/find-your-local-refuge/
Te Awamutu	Infomation 07-871-8132 24 hours We are a social justice resource centre with access for the community to meeting rooms. Offering support for those dealing with sexual violence via our 24 hours phone service. Staff are rape and crisis trained advocates. www.sexualabuse.org.nz/resources/find-sexual-assault-support-near-you/	Te Awamutu Healing and Rape Crisis Centre 114 Downes Street Te Amamutu 07-871-8132 Office / Crisis line	mahuikahouse@ihug.co.nz
Te Kuiti	Crisis Line 0800-155-799 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Waitomo-Waipā Refuge PO Box 163 Te Kuiti 3910 07-878-5081 Office	admin@wwwrefuge.co.nz www.womensrefuge.org.nz/contact/find-your-local-refuge/
Timaru	Crisis Line 0800 007-750 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling	Mid South Island Women's Refuge & Family Services PO Box 783 Timaru 7940 03-684-8280 Office	scwr@farmside.co.nz www.womensrefuge.org.nz/contact/find-your-local-refuge/

and how to find a lawyer

Tokoroa	Crisis Line 07-886-5553 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Tokoroa Women's Support Ctr PO Box 485 Tokoroa 3444 07-886-7671 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	tokora.wsc@xtra.co.nz twsc.office@xtra.co.nz
Wellington	Crisis Line 04-473-5921 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Rokiroki Maori Women's Refuge PO Box 24 319 Wellington 6142 04-473-5921 Office / Crisis line TWR@maoriwomensrefuge.org.nz www.womensrefuge.org.nz/contact/find-your-local-refuge/	
Wellington	Support Line 04-801-8973 support@wellingtonrapecrisis.org.nz We are a support centre for survivors of rape and sexual abuse, their families, friends and whanau. We provide support and information over the phone, by email and in person. No appointment is required. We currently have three ACC funded counsellors available at no charge to survivors of rape or sexual abuse. We can offer FREE childcare onsite to clients when they are using our services with prior arrangement.	Wellington Rape Crisis Level 3 Southmark House 203-209 Willis Street Wellington 6011 04-801-8970 Office www.wellingtonrapecrisis.org.nz/office@wellingtonrapecrisis.org.nz	
Wellington	Support Line 04-499-7532 support@wellingtonhelp.org.nz We have been operating our support service in Wellington since 1985 and in Porirua since 2005. Providing a comprehensive rape and sexual abuse counselling and support service. Please see website for further details.	Wellington Sexual Abuse Help Foundation James Smith Building Level 2 55 Cuba Street Wellington 04-499-7530 Office	www.wellingtonhelp.org.nz/support@wellingtonhelp.org.nz
Wellington	Crisis Line 04-473-6280 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Wellington Women's Refuge PO Box 11985 Wellington 6142 04-939-0455 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	
Wellington	Crisis Line 0800-733-843 24/7 We are a women's organisation for women and their children, here to help prevent and stop family violence in New Zealand. As an independent, bicultural, community	Women's Refuge 275 Cuba Street Terralink Building Ground Floor Wellington 6141 04-802-5078 Office	www.womensrefuge.org.nz/info@refuge.org.nz

organisation we have support services designed especially for children, young people, Maori women migrant and refugee women. We also assist lesbian women, older women and women with disabilities. FREE 24 hour crisis hotline. A safe house in emergencies where the location is kept secret. Separate advocacy for women, children and young people whether you are leaving your relationship or not. Follow up after an incident in which the police were called. Visits to your home or to a safe place. Outreach contacts for rural area's. Support in court matters. Emergency transport. Referrals to appropriate counsellors and an on line help service. For more details please visit website.

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Westport

Crisis Line 0800-833-300 24 hours
Support and counselling for women affected by sexual abuse.

Rape and Sexual Abuse Support (West Coast)
PO Box 412
Westport 7866
03-789-7700 Office

w.coast.r.c@xtra.co.nz

www.sexualabuse.org.nz/resources/find-sexual-assault-support-near-you/

Westport

Crisis Line 03-789-8025
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

West Coast Women's Refuge
PO Box 319
Westport 0378
03-789-8025 Office / Crisis line

westcoast-refuge@xtra.co.nz

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Whakatane

Crisis Line 0800-733-843 24 hour
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Whanua Awhina Whakatane Refuge
PO Box 2092
Whakatane 3351
07-308-5531 Office

wawr@xtra.co.nz

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Whanganui

Advice 06-343-3416
We exist to promote healing and the prevention of sexual abuse in our community. We provide FREE professional and confidential therapy and counselling for survivors and family members for all cultural groups and age groups.

Whanganui Safe and Free
PO Box 4223
Whanganui 4541
06-343-3416 Office / Advice

administration@whanganuisafe.org.nz

www.sexualabuse.org.nz/resources/find-sexual-assault-support-near-you/

Whanganui

Crisis Line 06-344-2204
Safe short term accommodation for women and children who are at risk from further harm from domestic

Women's Refuge Whanganui
PO Box 3212
Whanganui 4541
06-344-2204 Office / Crisis line

wrwhanganui@xtra.co.nz

abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer. We work extensively in the community with women leaving violent partners, we assist with the justice system, Protection and Parenting Orders, with lawyers and seek out financial support for women and children.

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Whangarei

Crisis Line 09-437-2127

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Puna O Te Aroha

tpota@ihug.co.nz

PO Box 826

Whangarei 0140

09-437-2127 Office / Crisis line

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Whangarei

Crisis Line 09-437-6576

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Tryphina House

tryphina@igrin.co.nz

PO Box 5044

Whangarei 0140

09-437-5635 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

Whangarei

Crisis Line 0800-883-300

We provide a number of bicultural services to women and their families who are affected or impacted by sexual violence. Services include: Support work and advocacy, 24 hour crisis support, court support Drop in facility and group work. All our services are FREE of charge.

Whangarei Rape Crisis

whgrcrisis@xtra.co.nz

114a Robert Street

Whangarei 0110

09-438-6221 Office

www.sexualabuse.org.nz/resources/find-sexual-assault-support-near-you/