

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
NEW ZEALAND			
Nationwide	Advocacy Advice 02-7353-3854 Ken Clearwater is a victims advocate and director of the Male Survivors of Sexual Abuse organisation of New Zealand.	Ken Clearwater Nationwide Advocate 02-7353-3854 Advice / Advocacy	www.survivor.org.nz mssat@survivor.org.nz
Nationwide	We are a national organisation of doctors and nurses, formed in 1988 to develop and maintain standards of best practice in the delivery of medical and forensic services in the area of sexual assault and abuse.	Doctors for Sexual Abuse Care (DSAC) Unit 5, 4 Warnock Street Grey Lynn 09-376-1422 Office	www.dsac.org.nz admin@dsac.org.nz
Nationwide	Advice Line 03-377-6747 All MSSAT organisations offer one to one, peer and group support for survivors and their significant others. Offices in Auckland, Waikato, Wellington, Marlborough and in Christchurch .	Male Survivors of Sexual Abuse (MSSAT) Nationwide PO Box 22 363 Christchurch 8140 03-377-6747 Office / Advice	www.survivor.org.nz mssat@survivor.org.nz
Nationwide	Crisis Line 0800-883-300 24/7 A national 24 hour crisis helpline for survivors of sexual assault. Listings of Rape Crisis centres across New Zealand.	National Collective Rape Crisis Nationwide 02-474-1592 Office	www.rapecrisisnz.org.nz admin@rapecrisisnz.org.nz
Nationwide	Advocacy Advice 02-132-6505 On the 15th December 2007 Louise Nicholas was named New Zealander of the year by the New Zealand Herald due to her courage shown during rape trials of former police men. Nicholas has taken a role in pushing for the recognition of victims rights, advocating changes to name suppression law after a prominent entertainer received name suppression after sexually assaulting a 16 year old girl. Nicholas works as an advocate for the national RPE Rape Prevention Education.	Louise Nicholas Nationwide Advocate 02-132-6505 Advice / Advocacy	www.rpe.co.nz louise@rapecrisis.org.nz
Nationwide	FREE Helpline 0508-744-633 At SHINE we have an outstanding team of optimistic and practical staff. In total SHINE has a team of 100 people some full and part time and many volunteers. Some of the services we offer includes: A FREE national helpline	Shine Nationwide 09-815-4601 Office	www.2shine.org.nz enquiries@2shine.org.nz

Around the clock, one to one support for victims of abuse.

Safe@Home - Program to secure the homes of high risk victims including safety planning, windows and door locks, security lighting and silent alarm systems.

KIDshine - A team dedicated to supporting children distressed by witnessing violence in their homes.

The shine safe house offers:

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer.

Nationwide

We are a network of specialist sexual violence response and prevention services situated all over New Zealand. Please visit our website for further information.

TOAH - NNEST
Nationwide
04-385-9176 Office.

www.toah-nnest.org.nz
nkmsandz@toah-nnest.org.nz

Nationwide

Crisis Line 0800-733-843 24/7

We are a women's organisation for women and their children, here to help prevent and stop family violence in New Zealand. As an independent, bicultural, community organisation we have support services designed especially for children, young people, Maori women migrant and refugee women. We also assist lesbian women, older women and women with disabilities. FREE 24 hour crisis hotline. A safe house in emergencies where the location is kept secret. Separate advocacy for women, children and young people whether you are leaving your relationship or not. Follow up after an incident in which the police were called. Visits to your home or to a safe place. Outreach contacts for rural areas. Support in court matters. Emergency transport. Referrals to appropriate counsellors and an on line help service. For more details please visit website.

Women's Refuge
Nationwide
04-802-5078 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

www.womensrefuge.org.nz
info@refuge.org.nz

Auckland

Crisis Line 09-623-1700 24/7

HELP provides a range of services and support to adults survivors of sexual abuse. We also respond to the needs of survivors with a number of therapeutic services for specific client groups, including children, teenagers and adults. Please visit

Auckland Sexual Abuse HELP
Foundation
PO Box 10345
Dominion Road
Auckland 1446
09-623-1700 Office / Crisis line

www.helpauckland.org.nz
info@helpauckland.org.nz

our website for further information

Auckland

Advice 09-837-1809

We provide support to men who are recovering from the consequences of sexual abuse. This support is available throughout the Auckland region. One to one support, Support to help men decide how they wish to move forward. Support with court hearings Weekly support meetings held alternative weeks in **Henderson & Three Kings**. Biannual weekend workshops. Contact person David Passell.

Male Survivors of Sexual Abuse (MSSAT)

Auckland

Contact: David Passell

021-356-400 Office

www.survivor.org.nz/mssat-in-new-zealand/mssat-auckland/

empoweryou.mssat@xtra.co.nz

Auckland

Crisis Line 0508-744-633

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A FREE national helpline
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The shine safe house offers:
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

SHINE

PO Box 90279

Auckland 1142

09-815-4601 Office

www.2shine.org.nz

enquiries@2shine.org.nz

Barrington

Crisis Line 03-379-0575

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

West Christchurch Women's Refuge

PO Box 33292

Barrington

Christchurch 8244

03-379-0575 Office / Crisis line

W.W.R@xtra.co.nz

Blenheim

Crisis Line 03-520-9999

We work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence and the rights of women and Children. All our services are FREE of charge.

Womens Refuge Sexual Assault

Resource Centre

PO Box 699

Blenheim 7240

03-577-9939 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

www.womensrefuge.org.nz

Christchurch	<p>Crisis Line 0800-2848-2669 24/7 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer.</p>	<p>Aviva Christchurch Women's Refuge PO Box 32034 Christchurch 8143 03-378-3847 Office</p>	<p>www.avivafamilies.org.nz/enquiries@avivafamilies.org.nz</p>
Christchurch	<p>Crisis Line 0800-117-474 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Otautahi Women's Refuge PO Box 5689 Christchurch 8542 03-379-6910 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	
Christchurch	<p>Crisis Line 0800-742-584 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer Domestic Violence intervention Crisis Response and a Drop In centre service. Please call for more details.</p>	<p>Shakti Ethnic Women's Support Group Christchurch Inc PO Box 24238 Christchurch 8642 03-389-2028 Office.</p>	<p>www.shakti-international.org/sewsq@shakti.org.nz</p>
Christchurch	<p>Support Line 03-355-4414 Support Line 021-0253-4425 Timataia Te Mahu Oranga START is an independent social service agency which is based in Christchurch. Providing counselling for children, youth and adults who have been subject to sexual crime. We employ ACC approved counsellors with no top up fees for these services. Our services are provided from a comfortable suburban house in St Albans, well served with car parking and a near by bus route. Please see our web site for further details about our services.</p>	<p>START Healing Timataia Te Mahu Oranga PO Box 21022 Edgware Christchurch 8143 03-355-4414 Office / Support</p>	<p>www.starthealing.org/admin@starthealing.org</p>
Christchurch	<p>Support Line 03-381-8472 Te Puna Oranga is a non profit registered Incorporated society established in 1984. Providing sexual abuse counselling and abuse prevention education and training for Maori by Maori. We have five qualified counsellors working at Te Puna Oranga all of which are members of AVZASE NZAC.</p>	<p>Te Puna Oranga 67 Worcester Street Christchurch 03-381-8472 Office / Support</p>	

Dargaville	<p>Crisis Line 0800-883-300 We provide support, advocacy, crisis and family counselling, emergency housing to survivors of sexual abuse and domestic violence. FREE one to one and group counselling.</p>	<p>Support of Sexually Abused (SOS) Kaipara PO Box 249 Dargaville 0340 09-439-6070 Office</p>	<p>sos@maxnet.co.nz</p>
Dunedin	<p>Support Line 0800-883-300 24 hrs This is a TOLL FREE support line. Rape Crisis Dunedin is a non profit community agency, run by a number of dedicated women - paid staff and volunteers, all of whom support female survivors of sexual violence towards their healing. Telephone support 24 hours a day Face to face counselling for survivors and support for family and friends. All counselling and support by the Rape Crisis is FREE and completely confidential. Group work is held on Tuesdays 11am - 1pm. Please contact the office for more details.</p>	<p>Rape Crisis Dunedin 1st Floor, Corso Building 111 Moray Place Dunedin 03-474-1592 Office - 24 Hours</p>	<p>www.rapecrisisdunedin.org.nz rcrisis@xtra.co.nz</p>
Dunedin South	<p>Crisis Line 03-477-1229 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Te Whare Pounamu Dunedin Women's Refuge PO Box 2267 South Dunedin Dunedin 9044 03-466-3220 Office</p>	
Ellerslie	<p>Mobile number 027-437-6995 Community collaboration aiming to provide victims and survivors with a sense of justice.</p>	<p>Project Restore PO Box 11307 Ellerslie Auckland 1542 09-948-6984 Office</p>	<p>projectrestore@me.com</p>
Gisborne	<p>Crisis Line 06-867-9427 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Te Whare Tu Wahine Gisborne Women's Refuge PO Box 450 Gisborne 404 06-867-9427 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	<p>www.womensrefuge.org.nz</p>
Gore	<p>Crisis Line 03-208-9333 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Gore Women's Refuge Te Whare Piringa O Marua Wai PO Box 357 Gore 9740 03-208-8384 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	<p>refuge@ispnz.co.nz</p>
Grey Lynn	<p>Crisis Line 09-378-7635 Safe short term accommodation for</p>	<p>Auckland Women's Refuge PO Box 78016</p>	<p>www.awrefuge.org.nz info@awrefuge.org.nz</p>

women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Grey Lynn
Auckland 4112
09-378-7635 Office / Crisis line

Hamilton **Crisis Line 07-855-1569**
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Hamilton Refuge & Support Services
PO Box 4355
Hamilton 3247
07-855-1569 Office / Crisis line

refuge@tewhakaruruhaui.org.nz

Hamilton **Crisis Line 0800-677-289**
We are a survivor-focused and lead charitable trust. Sexual abuse of children in New Zealand is prevalent this abuse is committed on both girl and boy children. We are here at MSSAT Waikato especially for the specific needs of our male and youth and adult survivors. Our service is FREE and we offer: Confidential listening and care, one to one and group work support. Referrals to specialized support and support at court hearings.

Male Survivors of Sexual Abuse (MSSAT)
PO Box 13071
Hillcrest
Hamilton 3251
07-858-4112 Office
Contact person: Mike

www.waikatosurvivors.org.nz
mssatw@xtra.co.nz

Hamilton **Crisis Line 0800-883-300**
Providing a FREE counselling service and group sessions for all women's issues with specialism in rape and sexual abuse.

Rape and Sexual Abuse Healing Centre
33A Clarence Street
Hamilton
07-839-4433 Office

www.rasahc.co.nz
rasahc@xtra.co.nz

Hastings **Crisis Line 06-870-6024**
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

PO Box 328
Hastings 4156
06-878-9591 Office

Hawera **Crisis Line 0800-472-496**
Please call for support and for more information regarding our services

Hawera Rape Crisis Family Counselling Services
Hawera
06-278-6399 Office

Hawkes Bay **Crisis Line 0800-883-300**
Advice Line 021-227-6622
We provide a listening ear, support, advocacy, growth to well being therapy, through counselling and action therapy designed for each client in a consultative process between client and counsellor. If you require we can find you safe

Hawkes Bay Rape Crisis
Hawkes Bay
021-227-6622 Office / Advice

rapecrisis.hb@gmail.com

haven or relocation. People of any age, gender and sexuality may access our services. You do not have to go through the police or court system to receive our advocacy and support. If you chose our pathway we will walk alongside you.

Henderson	Refuge Line 09-836-1987 Counselling Line 09-837-2491 We offer a range of services to those who have experienced abuse trauma and family violence including: Counselling, support, advocacy, outreach services and a safe refuge.	Family Action PO Box 21593 Henderson Auckland 09-837-2491 Office / advice	www.familyaction.org.nz counselling@familyaction.org.nz
Invercargill	Support Line 03-216-2079 RAASC is a non discriminatory, non judgemental, confidential and FREE service, offering support, information counselling, advice and education to survivors of rape and sexual abuse regardless of how long ago the abuse took place. FREE counselling by highly qualified professionals. Advocacy through police and court proceedings. Coffee morning 10am-1pm on a Wednesday morning and day workshops are also available. www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/	Rape and Abuse Support Centre (RAASC) Southland 26 Nelson Street Invercargill 03-216-2079 Office / Support	raasc@xtra.co.nz
Invercargill	Crisis Line 03-218-9790 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Hou Invercargill Women's Refuge PO Box 1117 Invercargill 9840 03-216-1040 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	ingillrefuge@xtra.co.nz
Kaikohe	Crisis Line 09-401-1030 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Mid North Wome's Refuge PO Box 730 Kaikohe 0450 09-401-1030 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	midnorth@xtra.co.nz
Kaitaia	Crisis Line 09-408-2946 24 Hour Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer Outreach to rural areas available.	Kaitaia Women's Refuge PO Box 598 Kaitaia 09-408-2946 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	www.wtho.org.nz admin@wtho.org.nz

Kerikeri	<p>Crisis Line 0800-883-300 We provide FREE counselling and support plus advocacy for those affected by rape and sexual abuse. We work with women children and their families.</p>	<p>Mid North Family Support and Rape Crisis 123 Hone Heke Road PO Box 624 Kerikeri 09-407-7511 Office</p>	<p>womens-support@xtra.co.nz</p>
Lower Hutt	<p>Crisis Line 04-569-1040 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Hutt Valley Women's Refuge PO Box 30 612 Lower Hutt 5010 04-569-1040 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	<p>refuge.inc@xtra.co.nz</p>
Lower Hutt	<p>Crisis Line 0800-226-694 Pager 026-363-9421 Our mission is to provide FREE support and counselling to women, men and children affected by rape and sexual abuse. We are situated in the Waterloo / Wobrun area of Lower Hutt. www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/#Auckland</p>	<p>Hutt Rape Counselling Network PO Box 31468 Lower Hutt 04-566-5517 Office</p>	<p>irene@hrcn.co.nz</p>
Lower Hutt	<p>Crisis Line 04-566-5025 24 Hour Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Kokiri Marae Maori Women's Refuge Lower Hutt 5010 04-566-5025 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	
Marewa	<p>Crisis Line 06-843-6515 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Napier Women's Refuge PO Box 4142 Marewa Napier 4142 06-843-6515 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	<p>napierwomensrefuge@xtra.co.nz</p>
Marlborough	<p>This is a newly formed peer group for male survivors of sexual abuse. Meetings will take place in the Marlborough area. Please contact P Chapman at the address on the right of the page for more details.</p>	<p>Male Survivors of Sexual Abuse Marlborough Contact: P Chapman</p>	<p>www.survivor.org.nz pchapman@ts.co.nz</p>
Masterton	<p>Crisis Line 0800-883-300 Alternative Line 0800-614-614 Our crisis lines are manned 24 hours please call for support or information.</p>	<p>Wairarapa Rape and Sexual Abuse Collective PO Box 286 Masterton 5840 06-370-8446 Office</p>	<p>rape.crisis@xtra.co.nz</p>
Masterton	<p>Crisis Line 06-377-1717 Safe short term accommodation for women and children who are at risk</p>	<p>Wairarapa Women's Refuge PO Box 286 Masterton 5840</p>	<p>www.wise.net.nz</p>

from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

06-378-2241 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Merivale

Crisis Line 03-364-8900
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Battered Women's Trust
PO Box 28057
Merivale 8146
03-332-4122 Office
office.bwt@xtra.co.nz

Nelson

This is a newly formed peer group for male survivors of sexual abuse. Meetings will take place in the Nelson area. Please contact P Chapman at the address on the right of the page for more details.

Male Survivors of Sexual Abuse
Nelson
Contact: P Chapman
www.survivor.org.nz
pchapman@ts.co.nz

Nelson

Crisis Line Only 0800-163-344
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Nelson Women's and Children's
Refuge Services
PO Box 212
Nelson 7040
03-548-3353 Office
Staff.WhakatuRefuge@xtra.co.nz
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Nelson

Support line 03-548-2407
SASH-NELSON works with women and children who are seeking healing from rape and sexual abuse both recent and historic. We have a dedicated team of crisis response workers, social workers and counsellors who provide intense support to women and families after a sexual assault.

Sexual Abuse Support and
Healing (SASH)
44 Trafalgar Street
The Wood
Nelson 7010
03-548-2407 Office
sash-nelson@ts.co.nz
www.nelsonwomenscentre.org.nz

New Plymouth

Crisis Line 06-769-5553
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Taranaki Women's Refuge
PO Box 5
New Plymouth 4340
06-769-5553 Office / Crisis line
admin@taranakiwomensrefuge.co.nz
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Onehunga

Crisis Line 0800-733-843 24/7
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Pacific Island Women's Refuge
PO Box 13175
Onehunga
Auckland 1643
09-634-4662 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Orewa	<p>Crisis Line 0800-321-361 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Rodney Women's Refuge PO Box 580 Orewa 09-427-5154 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	<p>hestiarwr@xtra.co.nz</p>
Otahuhu	<p>Crisis Line 0800-733-843 24/7 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>South Auckland Family Refuge PO Box 22036 Otahuhu Auckland 1640 09-276-8868 Office</p>	<p>peppertreehouse@xtra.co.nz</p>
Pakuranga	<p>Crisis Line 0800-733-843 24/7 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Eastern Refuge Society Inc PO Box 51 326 Pakuranga Auckland 2140 09-576-6551 Office.</p>	<p>www.ewr.org.nz Rhonda.c@ewr.org.nz</p>
Palmerston North	<p>Crisis Line 06-356-5868 Individual support , group support and counselling. We work with all cultural groups and all age groups. ARCS provides a 10 week group program for survivors of sexual abuse. Please call for more info or visit our website listed on the right of this page.</p>	<p>Abuse & Rape Crisis Support (ARCS) Manawatu Linton Court 10 Linton Street Palmerston North 06-356-5868 Office / Crisis line</p>	<p>www.arcsmanawatu.org.nz/ admin@arcsmanawatu.org.nz</p>
Palmerston North	<p>Crisis Line 06-356-5585 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Palmerston North Women's Refuge PO Box 573 Palmerston North 4440 06-354-5355 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	<p>ang@pnwomensrefuge.org.nz</p>
Palmerston North	<p>Crisis Line 06-355-0626 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Te Roopu Whakaruruhau O Nga Whaine Maori PO Box 5222 Palmerston North 4440 06-356-7985 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/</p>	
Papatoetoe	<p>Crisis Line 09-277-9324 24 hours We are a specialist sexual violence crisis and counselling service for people living in the Counties of Manukau/South Auckland, the</p>	<p>Counselling Services Centre Charitable Trust 22 Alexander Ave Papatoetoe Auckland</p>	

Bombay Hills to Otahuh including **Manukau East and Maraetai**. We also provide services for those who's lives are affected by domestic abuse 09-277-9324 Office / Crisis Line

Paraparaumu	Crisis Line 029-297-2595 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Kapiti Women's Refuge PO Box 451 Paraparaumu 5254 04-297-2595 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	kwrefuge@xtra.co.nz
Petone	This is a newly formed peer support group for male survivors of sexual abuse meeting weekly in Petone. Contact person: Richard	Male Survivors of Sexual Abuse Petone Wellington Contact Richard 021-118-1043	www.survivor.org.nz
Porirua	Support Line 04-499-7532 support@wellingtonhelp.org.nz We have been operating our support service in Wellington since 1985 and in Porirua since 2005. Providing a comprehensive rape and sexual abuse counselling and support service. Please see website for further details.	Wellington Sexual Abuse Help Foundation 46 Mungavin Avenue Porirua 04-237-8822 Office	www.wellingtonhelp.org.nz support@wellingtonhelp.org.nz
Porirua	Crisis Line 04-237-7027 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Tiaki Wahine PO Box 178 Porirua 5240 04-237-7027 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	tiaki.wahine@plwvs.co.nz
Porirua	Crisis Line 04-234-6118 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Whare Manaaki Incorporated PO Box 50 495 Porirua 5240 04-234-6118 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	wharemanaaki@xtra.co.nz
Rotorua	Sexual Abuse Education We offer tailored education programmes to suit diverse groups of people. We also provide information and advice about counseling that relates to sexual abuse. Please see our website for further details.	Prof. Eric Hollis Sexual Abuse Education Hosted by the Ole Schoolhouse 15 Toko Street Rotorua 3010	www.sexualabuse.org.nz education@sexualabuse.org.nz
Rotorua	Crisis Line 07-349-0852 Safe short term accommodation for women and children who are at risk from further harm from domestic	Waiariki Women's Refuge PO Box 704 Rotorua 3040 07-349-0852 Office / Crisis line	

abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

waiariki.womens.refuge@xtra.co.nz
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Royal Oak

Crisis line 0800-742-584 24 hour
We have two safe refuges in the Auckland area. Also offering self empowerment, therapy, counselling, legal support and advocacy along with a drop in service.

Shakti Asian Womens Centre
PO Box 24417
Royal Oak
Auckland 1061
09-929-2240 Office

www.shakti-international.org
Sawc@shakti.org.nz

Royal Oak

Crisis Line 0800-742-584
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Shakti Safehouse
PO Box 24417
Royal Oak
Auckland 1061
09-636-8512 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

www.shakti.org.nz
Saws1@shakti.org.nz

Stortford Lodge

Crisis Line 06-879-9148
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Whare Oranga Wairua Ki
Heretauga
PO Box 2054
Stortford Lodge
Hastings 4153
06-878-2042 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

twowheretaunga@gmail.com

Sydenham

Support line 03-377-5401
Our services are confidential, respectful and professional. We provide counselling (both ACC and non ACC). Parent support for those who's children have been sexually abused. Support and advocacy services and facilitated support groups.

Sexual Abuse Survivors Trust
(Monarch Centre)
Sydenham
Christchurch 8011
03-377-5402 Office / Support.

www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/

Taumarunui

Crisis Line 0800-733-843
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Taumarunui Refuge & Support
Centre
PO Box 260
Taumarunui 3946
07-896-7869 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

tamcottage@xtra.co.nz

Taupo

Crisis Line 07-378-5207
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Whare Oranga Wairua
PO Box 1195
Taupo 3351
07-378-5204 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

twow.taupo1@xtra.co.nz

Tauranga

Crisis Line 07-579-0532
Safe short term accommodation for

Shakti Ethnic Women's Support
Group

www.shakti-international.org
shakticentral@shakti.org.nz

women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer
Domestic Violence intervention Crisis Response and a Drop In centre service. Please call for more details.

PO Box 15086
Tauranga 1640
07-579-0532 Office / Crisis line

Tauranga

Crisis Line 0800-863-3843

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Tauranga Moana Women's Refuge
PO Box 1195
Tauranga 3110
07-541-1921 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Te Atatu

Crisis Line 09-838-8700

Kaupapa Maori provider, delivering counselling, therapy and support to Maori women, children and families affected by violence and abuse. Specialised in domestic violence, rape, incest and sexual abuse. Our counsellors are ACC registered.

Tu Wahine
247 Edmouton Road
Te Atatu
Auckland
09-838-8700 Office / Crisis line

Te Awamutu

Infomation 07-871-8132 24 hours

We are a social justice resource centre with access for the community to meeting rooms. Offering support for those dealing with sexual violence via our 24 hours phone service. Staff are rape and crisis trained advocates.

Te Awamutu Healing and Rape Crisis Centre
114 Downes Street
Te Amamutu
07-871-8132 Office / Crisis line

mahuikahouse@ihug.co.nz

Te Kuiti

Crisis Line 0800-155-799

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Waitomo-Waipā Refuge
PO Box 163
Te Kuiti 3910
07-878-5081 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

admin@wwwrefuge.co.nz

Timaru

Crisis Line 0800 007-750

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Mid South Island Women's Refuge & Family Services
PO Box 783
Timaru 7940
03-684-8280 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

scwr@farmside.co.nz

Tokoroa

Crisis Line 07-886-5553

Safe short term accommodation for women and children who are at risk

Tokoroa Women's Support Ctr
PO Box 485
Tokoroa 3444
tokora.wsc@xtra.co.nz
twsc.office@xtra.co.nz

from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

07-886-7671 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Wellington

Crisis Line 04-473-5921

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Whare Rokiroki Maori
Women's Refuge
PO Box 24 319
Wellington 6142
04-473-5921 Office / Crisis line
TWR@maoriwomensrefuge.org.nz
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Wellington

Support Line 04-801-8973

support@wellingtonrapecrisis.org.nz

We are a support centre for survivors of rape and sexual abuse, their families, friends and whanau. We provide support and information over the phone, by email and in person. No appointment is required. We currently have three ACC funded counsellors available at no charge to survivors of rape or sexual abuse. We can offer FREE childcare onsite to clients when they are using our services with prior arrangement.

Wellington Rape Crisis
Level 3
Southmark House
203-209 Willis Street
Wellington 6011
04-801-8970 Office
www.wellingtonrapecrisis.org.nz/
office@wellingtonrapecrisis.org.nz

Wellington

Support Line 04-499-7532

support@wellingtonhelp.org.nz

We have been operating our support service in Wellington since 1985 and in Porirua since 2005. Providing a comprehensive rape and sexual abuse counselling and support service. Please see website for further details.

Wellington Sexual Abuse Help
Foundation
James Smith Building
Level 2
55 Cuba Street
Wellington
04-499-7530 Office
www.wellingtonhelp.org.nz
support@wellingtonhelp.org.nz

Wellington

Crisis Line 04-473-6280

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Wellington Women's Refuge
PO Box 11985
Wellington 6142
04-939-0455 Office
www.womensrefuge.org.nz/contact/find-your-local-refuge/

Wellington

Crisis Line 0800-733-843 24/7

We are a women's organisation for women and their children, here to help prevent and stop family violence in New Zealand. As an independent, bicultural, community organisation we have support services designed especially for children, young people, Maori women migrant and refugee women. We also assist lesbian women, older

Women's Refuge
275 Cuba Street
Terralink Building
Ground Floor
Wellington 6141
04-802-5078 Office
www.womensrefuge.org.nz
info@refuge.org.nz

women and women with disabilities. FREE 24 hour crisis hotline. A safe house in emergencies where the location is kept secret. Separate advocacy for women, children and young people whether you are leaving your relationship or not. Follow up after an incident in which the police were called. Visits to your home or to a safe place. Outreach contacts for rural area's. Support in court matters. Emergency transport. Referrals to appropriate counsellors and an on line help service. For more details please visit website.

Westport	Crisis Line 0800-833-300 24 hours Support and counselling for women affected by sexual abuse.	Rape and Sexual Abuse Support (West Coast) PO Box 412 Westport 7866 03-789-7700 Office	w.coast.r.c@xtra.co.nz
Westport	Crisis Line 03-789-8025 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	West Coast Women's Refuge PO Box 319 Westport 0378 03-789-8025 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	westcoast-refuge@xtra.co.nz
Whakatane	Crisis Line 0800-733-843 24 hour Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Whanua Awhina Whakatane Refuge PO Box 2092 Whakatane 3351 07-308-5531 Office www.womensrefuge.org.nz/contact/find-your-local-refuge/	wawr@xtra.co.nz
Whanganui	Advice 06-343-3416 We exist to promote healing and the prevention of sexual abuse in our community. We provide FREE professional and confidential therapy and counselling for survivors and family members for all cultural groups and age groups.	Whanganui Safe and Free PO Box 4223 Whanganui 4541 06-343-3416 Office / Advice administration@whanganuisafe.org.nz	
Whanganui	Crisis Line 06-344-2204 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer. We work extensively in the community with women leaving violent partners, we assist with the justice system,	Women's Refuge Whanganui PO Box 3212 Whanganui 4541 06-344-2204 Office / Crisis line www.womensrefuge.org.nz/contact/find-your-local-refuge/	wrwhanganui@xtra.co.nz

Protection and Parenting Orders,
with lawyers and seek out financial
support for women and children.

Whangarei

Crisis Line 09-437-2127

Safe short term accommodation for
women and children who are at risk
from further harm from domestic
abuse. Staff can provide information
about work, income benefits, where
to find support groups, counselling
and how to find a lawyer

Te Puna O Te Aroha

PO Box 826

Whangarei 0140

09-437-2127 Office / Crisis line

www.womensrefuge.org.nz/contact/find-your-local-refuge/

tpota@ihug.co.nz

Whangarei

Crisis Line 09-437-6576

Safe short term accommodation for
women and children who are at risk
from further harm from domestic
abuse. Staff can provide information
about work, income benefits, where
to find support groups, counselling
and how to find a lawyer

Tryphina House

PO Box 5044

Whangarei 0140

09-437-5635 Office

www.womensrefuge.org.nz/contact/find-your-local-refuge/

tryphina@igrin.co.nz

Whangarei

Crisis Line 0800-883-300

We provide a number of bicultural
services to women and their families
who are affected or impacted by
sexual violence. Services include:
Support work and advocacy, 24 hour
crisis support, court support
Drop in facility and group work.
All our services are FREE of charge.

Whangarei Rape Crisis

114a Robert Street

Whangarei 0110

09-438-6221 Office

whgrcrisis@xtra.co.nz