

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>NEW YORK</b>			
<b>National Helpline</b>	<p>Hotline 1-800-4-A-CHILD                      Hotline 1-800-422-4453                      Crisis counselors available 24/7                      Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp                      Prevention and Treatment of                      Child Abuse</p>	<p><a href="http://www.childhelp.org">www.childhelp.org</a>  <a href="mailto:info@childhelp.org">info@childhelp.org</a>                      Email support form on the website</p>
<b>Statewide</b>	<p>800-342-3720 Statewide hotline for help or reporting child abuse.</p>	<p>New York State Hotline for Child Abuse</p>	
<b>Statewide</b>	<p>800-942-6906 English                      800-942-6908 Spanish                      Statewide domestic violence hotline</p>	<p>New York State Against Domestic Violence Hotlines</p>	<p><a href="http://www.nyscadv.org">www.nyscadv.org</a>  <a href="mailto:nyscadv@nyscadv.org">nyscadv@nyscadv.org</a></p>
<b>Statewide</b>	<p>518-482-4222 Sexual assault                      Statewide information and referral.</p>	<p>New York State Coalition Against Sexual Assault</p>	<p><a href="http://www.nyscasa.org">www.nyscasa.org</a>  <a href="mailto:info@nyscasa.org">info@nyscasa.org</a></p>
<b>Albany</b>	<p>518-432-7865 Domestic Violence                      518-432-8950 Emergency Shelter                      We provide comprehensive support, treatment and services to over 5,000 people each year at 11 different locations throughout Albany County. Offering Emergency shelter services                      Outreach services include: advocacy counseling and support groups.                      All domestic violence services are FREE and confidential.</p>	<p>Equinox                      95 Central Avenue                      Albany                      NY 12206                      518-434-6135 Office</p>	<p><a href="http://www.equinoxinc.org">www.equinoxinc.org</a></p>
<b>Albany</b>	<p>Support group for adult survivors of childhood sexual abuse using the 12 step and 12 tradition program                      Meets Sundays 6 - 7pm                      Survivors only. Contact Kate at email address on right of page</p>	<p>Survivors of Incest Anonymous                      Albany                      New York</p>	<p><a href="http://www.siawso.org">www.siawso.org</a>  <a href="mailto:henchey83@hotmail.com">henchey83@hotmail.com</a></p>
<b>Albany</b>	<p>Hotline 518-447-7716                      24 Hour hotline                      Services available to any one any age who has experienced sexual</p>	<p>Sexual Violence Center Albany                      112 State Street                      Room 1118, 11th Floor                      Albany</p>	<p><a href="http://www.albanycounty.com/cvsvc">www.albanycounty.com/cvsvc</a>  <a href="mailto:cvsvc@albanycounty.com">cvsvc@albanycounty.com</a></p>

violence at anytime in their life NY 12207  
FREE confidential therapy groups 518-447-7100 Office  
FREE individual/group counseling  
Director Karen Ziegler

**Albion** 585-546-2777 Monroe County Rape Crisis Services  
1-800-527-1757 Orleans/Genesee Albion  
1-800-527-1757 Livingston/Wyoming NY 14411  
1-800-656-4673 All other Counties 585-589-1312 Office  
All 24 Hour hotlines  
Crisis intervention  
Medical and legal advocacy  
Short term counseling  
Education and outreach program.  
[www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore](http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore)

**Amherst** WNY Holistic Counseling Center Lesley Martin MA, LMHC, NCC [www.wnyholisticcounseling.com](http://www.wnyholisticcounseling.com)  
Providing holistic therapy for 4242 Ridge Lea Road [lesley@wnyholisticcounseling.com](mailto:lesley@wnyholisticcounseling.com)  
individuals, adolescents, couples Suite 11B  
and families. 716-435-3546 for Amherst, NY 14226  
further information. 716-435-3546

**Amsterdam** Hotline 518-842-3384 Catholic Charities Domestic [www.catholiccharitiesfmc.org](http://www.catholiccharitiesfmc.org)  
Or 800-721-1273 Toll Free Violence Services  
Catholic Charities of Fulton and 1 Kimball Street  
Montgomery Counties began their Amsterdam  
commitment to help victims of NY 12010  
domestic violence in 1992. Our 518-842-4202 Office  
FREE and confidential services  
include: Crisis intervention  
Safety planning, 9 bed Safe shelter  
Legal advocacy in the courts  
Personal advocacy  
Individual supportive counseling  
Women's support groups

**Amsterdam** 585-546-2777 Monroe County Rape Crisis Services  
1-800-527-1757 Orleans/Genesee Upper Market  
1-800-527-1757 Livingston/Wyoming Amsterdam  
1-800-656-4673 All other Counties NY 12010  
All 24 Hour hotlines 518-843-0945 Office  
Crisis intervention  
Medical and legal advocacy  
Short term counseling  
Education and outreach program  
[www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore](http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore)

**Astoria/Queens** Support group for adult survivors Survivors of Incest Anonymous [www.siaawso.org](http://www.siaawso.org)  
of childhood sexual abuse using Astoria/Queens  
the 12 step and 12 tradition program New York  
Meets Saturdays 4pm 646-355-7704  
Contact Maya on 646-355-7704

**Auburn** 315-252-2112 Rape/Sexual assault Cayuga Counseling Services [www.cayugacounseling.org](http://www.cayugacounseling.org)  
1-800-253-3358 Domestic violence 17 East Genesee Street  
24 Hour crisis hotlines Auburn  
Medical and legal advocacy NY 13021  
Community & professional ed 315-253-9795 Office  
Therapy in a safe setting

Support groups for survivors  
Our services are FREE and confidential to anyone surviving abuse

**Baldwinsville**

From Survivor to Thriver of CNY  
This is a peer led group for adult survivors of childhood sexual abuse.  
Held on the second Thursday of every month. The location is at the Baldwinsville Public Library.  
There is no fee for attending but donations are always welcome.  
Please check the facebook group for any updates or changes or email me at [dpease21@gmail.com](mailto:dpease21@gmail.com)

From Survivor to Thriver of CNY [dpease21@gmail.com](mailto:dpease21@gmail.com)  
Baldwinsville Public Library  
33E Genesee Street  
Baldwinsville  
NY 13027  
[www.facebook.com/groups/fromsurvivortothrivercny/](https://www.facebook.com/groups/fromsurvivortothrivercny/)

**Batavia**

585-546-2777 Monroe County  
1-800-527-1757 Orleans/Genesee  
1-800-527-1757 Livingston/Wyoming  
1-800-656-4673 All other Counties  
All 24 Hour hotlines  
Crisis intervention  
Medical and legal advocacy  
Short term counseling  
Education and outreach program  
[www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore](http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore)

Rape Crisis Services  
Batavia  
NY 14020  
585-344-0541 Office

**Batavia**

Hotline 585-343-7513  
Our mission is to prevent the continuation and spread of violence against women in the local community and beyond by offering crisis and supportive services to domestic violence victims.  
Crisis intervention & safety planning  
Temporary emergency safe shelter  
Court assistance & accompaniment  
Accompaniment with police matters and at the hospital  
911 cell phone distribution  
All services FREE & confidential.

YWCA - Domestic Violence Project [www.ywcagenesee.org](http://www.ywcagenesee.org)  
301 North Street  
Batavia  
NY 14020  
585-343-5808 Office

**Bath**

Hotline 1-800-286-3407  
The Net temporary shelter provides a safe secure place for victims of domestic violence and their children.  
Transitional housing  
Help with legal paperwork  
Accompaniment to court  
Support groups

Arbor Development - Domestic Violence Services [www.arbordevelopment.org](http://www.arbordevelopment.org)  
PO Box 31  
Bath  
NY 14810  
607-776-7664 Office  
[www.arbordevelopment.org/supportive-services](http://www.arbordevelopment.org/supportive-services)

**Bay Shore**

Butterfly Group  
this group specializes in depression anxiety and trauma related issues.  
We have Spanish speakers on staff  
Many insurance plans accepted  
Call office for group details.

Dr Jean Bacon  
Bay shore  
NY 11706  
631-240-4879 Office

**Bay Shore**

Hotline 631-666-8833

Suffolk County Coalition Against [www.sccadv.org](http://www.sccadv.org)

Our mission is to empower victims of domestic violence through the provision of a wide range of services. Emergency shelter  
 Help with legal paperwork  
 Court advocacy  
 Group counseling for children  
 Teens program & counseling  
 Counseling in Spanish or English  
 Support groups for adult victims of domestic violence in Islip and in Brookhaven. A phone screening will be required before joining group  
 Call 631-666-7181 Mon- Fri 9 - 5.

Domestic Violence  
 PO Box 1269  
 Bay Shore  
 NY 11706  
 631-666-7181 Office  
[www.facebook.com/LIADVORG](http://www.facebook.com/LIADVORG)

**Bethpage** Hotline 516-542-0404  
 24 Hour hotline counselors  
 Services for victims of domestic violence and sexual assault  
 Safe emergency shelter  
 Crisis intervention  
 Legal advocacy  
 Group and individual counseling.

Coalition Against Domestic Violence  
 15 Grumman Road West  
 Suite 1000  
 Bethpage  
 NY 11714  
 516-465-4700 Office

[www.cadvnc.org](http://www.cadvnc.org)  
[info@tscli.org](mailto:info@tscli.org)

**Bethpage** Support group for adult survivors of child sexual abuse, incest, rape domestic violence and sexual assault. To join this chapter email Margie McKinnon at address on the right of the page.

Lamplighter Movement  
 Bethpage  
 New York

[www.thelamplighters.org](http://www.thelamplighters.org)  
[margie@thelamplighters.org](mailto:margie@thelamplighters.org)

**Binghamton** Hotline 607-722-4256  
 24 Hour hotline  
 24 Hour medical / legal advocacy  
 Sexual Assault Response Team  
 FREE long/short term counseling.

Crime Victims Assistance Ctn  
 377 Robinson Street  
 Binghamton  
 NY 13904  
 607-723-3200 Office

[www.cvac.us](http://www.cvac.us)  
[Meghan@cvac.us](mailto:Meghan@cvac.us)

**Bronx** Women's Trauma Group  
 New group forming! For adult women survivors of trauma. Group will be supportive, psychoeducation and psychodynamic. Good arena to feel safe again and learn to trust  
 Meets Saturdays 11 - 12.30 pm  
 Cost \$40 - \$50

Ms Marian Margaret Steele-Murray  
 Bronx  
 NY 10467  
 914-984-5347 Office

**Brooklyn** Female Adult Survivors of Sexual Abuse Group.  
 Women of any type of childhood sexual abuse are invited to join us  
 The group helps women to understand the effects of trauma, reduce feelings of shame and guilt.  
 Meets every Saturday 12 - 1.30 pm  
 Cost \$50 - \$80

Chamin Ajjan  
 Brooklyn  
 NY 11242  
 917-512-7098 Office

[www.chaminajjan.com](http://www.chaminajjan.com)

**Brooklyn** Step Out of your past and into your worth support group.  
 Shame, poor self esteem, anxiety and fear are some of the scars

Meetup Support Group  
 Brooklyn  
[www.meetup.com/topics/abusesurvivors/all/](http://www.meetup.com/topics/abusesurvivors/all/)

left from childhood abuse. As a survivor and life coach, I want to offer a safe supportive space for women to be free and to share and release these feelings. The organizer is Debra and her contact details are on the Meetup website.

<b>Brooklyn</b>	<p>Trauma Survivors Group (not incest)          This group is for physical, emotional verbal and neglectful abuse survivors. The focus is not on the original trauma but on current repetitive patterns of self sabotage. Meets every Thursday 7.45 - 9.15pm          Cost \$70 - \$80</p>	<p>Dr Hillary Glick          Brooklyn          NY 11238          646-386-2213 Office</p>	<p><a href="http://www.hillaryglickphd.com">www.hillaryglickphd.com</a></p>
<b>Brooklyn</b>	<p>FREE Sexual Assault Survivor Group in Brooklyn          The group will be offered every Wednesday in March 2016 at 7pm at the Pow Wow 1058 Bedford Ave. The dates are 3/2, 3/9, 3/16, 3/23 and 3/30. In this group we will integrate art-making, movement and relaxation techniques with talk therapy. The group is a safe and nurturing space to deepen your healing process, while also feeling the connection and support of other survivors. The group will be led by Jennifer Lepke, Licensed Creative Art therapist and founder of The Art Therapy Nest. For more details please go to the website on the right.</p>	<p>Sexual Assault Survivor Group          1058 Bedford Avenue          Brooklyn          NY          347-770-6773  <a href="http://www.facebook.com/thearttherapynest/">www.facebook.com/thearttherapynest/</a></p>	<p><a href="http://www.thearttherapynest.com">www.thearttherapynest.com</a></p>
<b>Brooklyn</b>	<p>Art energy Karma Healing Group          Group for sexual abuse survivors. To join this group click the web address on the right.</p>	<p>Meetup Survivors Group          Brooklyn          New York  <a href="http://www.meetup.com/topics/abusesurvivors/all/">www.meetup.com/topics/abusesurvivors/all/</a></p>	
<b>Brooklyn</b>	<p>Support group for adult survivors of childhood sexual abuse using the 12 step and 12 tradition program          Meets 2nd &amp; 4th Monday 6.15- 7.25          Survivors only, contact John on 917-494-8043</p>	<p>Survivors of Incest Anonymous          Brooklyn          New York</p>	<p><a href="http://www.siawso.org">www.siawso.org</a>  <a href="mailto:info@sianewyork.org">info@sianewyork.org</a></p>
<b>Brookville</b>	<p>Hotline 516-299-2222          We are here to help students with personal concerns.          Rape support service          Physical and psychological abuse counseling.</p>	<p>Counseling Center L.I.U.          Life Science Building          Room 155          LIU Post          720 Northern Blvd          Brookville          NY 11548          516-299-3468 Office</p>	<p><a href="http://www.liu.edu">www.liu.edu</a>          Click student services and then counseling center  <a href="mailto:lynne.schwartz@liu.edu">lynne.schwartz@liu.edu</a></p>
			<p><a href="http://www.liu.edu/Human-Resources/Human-Resources-Policies/Anti-Harrassment-Discrimination-Policy">www.liu.edu/Human-Resources/Human-Resources-Policies/Anti-Harrassment-Discrimination-Policy</a></p>
<b>Buffalo</b>	<p>Hotline 716-834-3131</p>	<p>The Advocate Program</p>	<p><a href="http://www.crisisservices.org">www.crisisservices.org</a></p>

	<p>24 Hour hotline We provide assistance for survivors of past or recent incidents of rape sexual abuse/assault or incest and domestic violence. Sexual Assault Forensic Examiner FREE masters degree counseling short or long term for current or past abuse survivors.</p>	<p>2969 Main Street Buffalo NY 14214 716-834-2310 Office</p>	<p><a href="mailto:info@crisiservices.org">info@crisiservices.org</a></p>
<b>Buffalo</b>	<p>716-842-3720 Child abuse hotline 716-862-4357 Domestic violence 716-884-6000 Emergency shelter We strengthen families and promote well being through prevention, intervention, advocacy and education</p>	<p>Child and Family Services 330 Delaware Avenue Buffalo NY 14202 716-842-2750 Office</p>	<p><a href="http://www.cfsbny.org">www.cfsbny.org</a></p>
<b>Buffalo</b>	<p>Support group for adult survivors of child sexual abuse, incest, rape domestic violence and sexual assault. To join this chapter email Margie McKinnon at address on the right of the page.</p>	<p>Lamplighter Movement Buffalo New York</p>	<p><a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></p>
<b>Canton</b>	<p>We provide a 9 bed emergency shelter, crisis counseling and intervention, accompaniment to hospital, police station, lawyers appointments and court proceedings Short term individual counseling Women's support groups</p>	<p>Renewal House Canton NY 13617 315-379-9845 Office</p>	<p><a href="http://www.slvrenewalhouse.org">www.slvrenewalhouse.org</a> <a href="mailto:renewalhouse@verizon.net">renewalhouse@verizon.net</a></p>
<b>Catskill</b>	<p>Hotline 518-943-9211 Emergency shelter Legal services Domestic violence supportive counseling for victims and their children.</p>	<p>Columbia-Greene Domestic Violence Program Catskill NY 12414 518-943-9205 Greene Office 518-822-0849 Columbia Office</p>	<p><a href="http://www.cagcny.org">www.cagcny.org</a></p>
<b>Cicero</b>	<p>Butterfly Circle Support Group this is a gathering of women who are in, have been in, or know some one who has been in an abusive relationship (not necessarily physical abuse). Group is designed to share information &amp; experiences.</p>	<p>Meetup Support Group Cicero New York <a href="http://www.meetup.com/topics/abusesurvivors/all/">www.meetup.com/topics/abusesurvivors/all/</a></p>	
<b>Clifton Park</b>	<p>Incest/Sexual Abuse Survivors Group. If you are a survivor of sexual abuse or incest who is on a healing path then this is the group for you. Members in this meetup group organized by Lena meet often to find solace and feel less isolated. To join this group click the web address to the right</p>	<p>Meetup Survivors Group Clifton Park New York <a href="http://www.meetup.com/topics/abusesurvivors/all/">www.meetup.com/topics/abusesurvivors/all/</a></p>	
<b>Cobleskill</b>	<p>Hotline 518-234-4949 24 Hour hotline</p>	<p>Rape Crisis Sexual Assault Support Services</p>	

Cobleskill  
NY 12043  
518-234-4844 Office

**Commack** Child Sex Abuse Group  
Group for adolescents who would benefit from feeling validated, heard and supported as they heal from their traumatic experiences. They need to understand they are not alone  
Dr Laura A Ness  
Commack  
NY 11725  
631-892-6108 Office

**Cortland** Hotlines 607-756-6363  
Or 1-800-336-9622 Toll Free  
We provide comprehensive services to victims of domestic violence and sexual assault.  
Crisis intervention  
Emergency shelter  
Accompaniment to police & hospital  
Accompaniment to court proceedings  
Supportive counseling  
Support groups.  
YWCA Aid to Victims of Violence [www.cortlandywca.org](http://www.cortlandywca.org)  
[info@cortlandywca.org](mailto:info@cortlandywca.org)  
14 Clayton Avenue  
Cortland  
NY 13045  
607-753-3639 Office

**Dansville** 585-546-2777 Monroe County  
1-800-527-1757 Orleans/Genesee  
1-800-527-1757 Livingston/Wyoming  
1-800-656-4673 All other Counties  
All 24 Hour hotlines  
Crisis intervention  
Medical and legal advocacy  
Short term counseling  
Education and outreach program  
Rape Crisis Services  
Dansville  
NY 14437  
585-335-3020 Office  
[www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore](http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore)

**East Hampton** Hotline 631-329-2200  
Our mission is to provide safety, shelter and support for victims of domestic abuse and to break the cycle of family violence.  
Emergency shelter  
Legal advocacy  
Accompaniment to court  
Crime victims assistance  
Individual and group counseling  
Rape and sexual assault services  
Support groups available.  
The Retreat, Inc  
13 Goodfriend Drive  
East Hampton  
NY 11937  
631-329-4398 Office  
[www.theretreatinc.org](http://www.theretreatinc.org)  
[info@theretreatinc.org](mailto:info@theretreatinc.org)

**Elmsford** Services for those with disabilities  
We provide FREE compassionate and comprehensive services. It is our belief that through education we can over time alter the cultural context that allows interpersonal violence to flourish.  
Legal support and advocacy  
Disabilities rights advocacy  
Disability support groups  
Victims Assistance Services  
2269 Saw Mill River Road  
Building #3  
Elmsford  
NY 10523  
914-345-3313 Office

**Elmsford** Hotline 914-345-9111  
Victims Assistance Services

Or 1-855-827-2255 Toll Free  
FREE services to anyone affected  
by domestic violence, rape, sexual  
assault, sexual abuse, incest or  
trafficking.  
Crisis intervention services  
Sexual Assault Nurse Examiner  
Medical and legal advocacy  
FREE counseling and trauma  
therapies in English and Spanish

2269 Saw Mill River Road  
Building #3  
Elmsford  
NY 10523  
914-592-5600 Office

**Forest Hills**

Interpersonal Group  
Group addresses areas of  
dysfunction that contribute to  
impaired relationships, work and  
family difficulties, substance abuse  
trauma, sexual abuse and eating  
disorders.  
Meets every Tuesday 6 - 7.30 pm  
Cost \$60

Myrna Kortlander  
Forest Hills  
NY 11375  
718-673-9726 Office

**Forest Hills**

Support group for adult survivors  
of childhood sexual abuse using  
the 12 step and 12 tradition program  
Meets Tuesdays 7 - 8 pm Women  
only. Contact Linda 646-509-5425  
Or email Linda at email address  
on right of the page

Survivors of Incest Anonymous  
Forest Hills  
New York

[www.siawso.org](http://www.siawso.org)  
[zodiaclibra49@yahoo.com](mailto:zodiaclibra49@yahoo.com)

**Geneseo**

585-658-2660 Domestic violence  
1-888-252-9360 Domestic violence  
1-800-527-1757 Rape crisis line  
We provide confidential assistance  
to victims of domestic violence in  
Livingston County  
Emergency shelter  
Advocacy and referrals  
Individual counseling  
Peer support groups.

Chances & Changes Inc  
PO Box 326  
Geneseo  
NY 14454  
585-658-2660 Office / Hotline.

[www.chancesandchanges.org](http://www.chancesandchanges.org)  
[support@chancesandchanges.org](mailto:support@chancesandchanges.org)

**Geneva**

1-800-695-0390 Domestic violence  
1-800-342-3720 Child abuse  
Our aim is to provide professional  
counseling and support services  
to individuals children and families.  
Emergency shelter  
Court advocacy  
Counseling and domestic violence  
support groups

Family Counseling Service of  
the Finger Lakes, Inc  
671 South Exchange Street  
Geneva  
NY 14456  
315-789-2613 Office

[www.fcsfl.org](http://www.fcsfl.org)

**Geneva**

315-536-2897 Yates County  
800-247-7273 Seneca & Ontario  
24 Hour hotline Bilingual services  
Crisis counseling  
Long term therapy  
Temporary housing available  
Support groups including a group  
for victims of clergy abuse

Safe Harbor - Finger Lakes  
Geneva  
NY 14456  
315-781-1093 Office

[www.safeharborsfl.org](http://www.safeharborsfl.org)  
[yatescounty@safeharborsfl.org](mailto:yatescounty@safeharborsfl.org)  
[ontariocounty@safeharborsfl.org](mailto:ontariocounty@safeharborsfl.org)

**Geneva**

Support Group for Adults Abused as

Safe Harbors - Finger Lakes

[www.safeharborsfl.org/about-us](http://www.safeharborsfl.org/about-us)



Children.  
Safe Harbors of the Finger Lakes is offering a ten week support group for Adults Abused as Children. Starting on Tuesday August 22nd 2017 from 6.30-7.30pm at our Geneva office location. Individuals will need to call in advance for a prescreening and to reserve a space in the group. For further information please call the group facilitator Melissa Gilbert on 315-781-1093 or email Melissa at the address on this page. [mgilbert@shflny.org](mailto:mgilbert@shflny.org)

Geneva Office  
NY 14456  
Contact: Melissa Gilbert  
315-781-1093

[mgilbert@shflny.org](mailto:mgilbert@shflny.org)

**Glen Falls**

Hotline 518-793-9496  
We provide services to victims of domestic violence and their children in Warren and Washington Counties. Emergency shelter  
Crime victim assistance  
Community education  
Supportive counseling  
Support groups

Catholic Charities - Domestic Violence Project  
35 Broad Street  
Glen Falls  
NY 12801  
518-793-9496 Office / Hotline

**Glen Oaks**

Women's Trauma Group  
Are you a victim of a situation that causes you great hurt or pain? I am here to guide you to a more comfortable and empowered stance. The group runs for 10 weeks. Meets Thursdays 6 - 7.30pm  
Cost \$70

Dr Leelawatte Popali-Lehane  
Glen Oaks  
NY 11004  
718-305-4465 Office

**Gloversville**

585-546-2777 Monroe County  
1-800-527-1757 Orleans/Genesee  
1-800-527-1757 Livingston/Wyoming  
1-800-656-4673 All other Counties  
All 24 Hour hotlines  
Crisis intervention  
Medical and legal advocacy  
Short term counseling  
Education and outreach program  
[www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore](http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore)

Rape Crisis Services  
Gloversville  
NY 12078  
518-773-0040 Office

**Greenvale**

New Group Forming for adult MALE survivors coping with the trauma and grief of childhood sexual abuse. Group members will explore ways in which coping mechanisms developed as abused children and how it is related to current issues in their professional and personal lives. Together group members will learn to understand the trauma caused by past and present experiences that are keeping them from enjoying life to the fullest. The group will take place on Weds

Deborah Singer LCSW, CASAC, CEAP.  
Private Practice Psychotherapy  
Male Survivors Group  
Greenvale  
NY  
516-647-2296 Office

[deborahsinger@gmail.com](mailto:deborahsinger@gmail.com)

evenings 7.30 - 9 pm in Greenvale  
New York (Nassau County, Long  
Island). For further details or if you  
know someone who would benefit  
from this group call Deborah Singer  
on 516-647-2296.

<b>Hamden</b>	Hotline 607-746-6278 Local Or 1-866-457-7233 Toll Free 24 Hour Hotlines Safe shelter for domestic violence and sexual abuse victims and their families. Medical and legal advocacy Short term crisis counseling.	Safe Against Violence 35430 State Highway 10 Hamden NY 13782 607-746-1600 Office <a href="http://www.delawareopportunities.org/safe-against-violence">www.delawareopportunities.org/safe-against-violence</a>	<a href="http://www.delawareopportunities.org">www.delawareopportunities.org</a> <a href="mailto:dosav@delawareopportunities.org">dosav@delawareopportunities.org</a>
<b>Hartsdale</b>	Individual and group counseling for adult survivors of sexual abuse. <a href="http://www.wjcs.com/trauma/">www.wjcs.com/trauma/</a>	Treatment Center for Trauma & Abuse 141 North Central Avenue Hartsdale NY 10530 914-949-7699 ext 375	<a href="http://www.wjcs.com">www.wjcs.com</a> <a href="mailto:hdq@wjcs.com">hdq@wjcs.com</a>
<b>Hauppauge</b>	Male Survivors Support Group Our foundation is forming a new support group for men who struggle in their current life from the horrific experiences of their youth Group times and details TBA	We Are Many Foundation PO Box 5313 Hauppauge NY 11788 877-319-9613 Office	
<b>Hauppauge</b>	Female Survivors Support Group Our foundation is forming a new support group for women struggling in their current life from the horrific experiences of their youth Group times and details TBA	We Are Many Foundation PO Box 5313 Hauppauge NY 11788 877-319-9613 Office	
<b>Haverstraw</b>	Hotline 845-634-3344 24 Hour hotline Emergency shelter Medical and legal advocacy Sexual Assault Forensic Examiner Services of orthodox Jewish Multi-lingual and culturally focused Individual and group counseling Services for survivors of trafficking Support and empowerment groups All services are FREE of charge.	Center for Safety and Change Haverstraw New York 845-634-3344 Office / Hotline <a href="http://www.centerforsafetyandchange.org/">www.centerforsafetyandchange.org/</a>	<a href="mailto:info@centersc.org">info@centersc.org</a>
<b>Hellgate Station</b>	Hotline 1-800-621-4673 Opened in 1981 we provide short term (90 days) residence and supportive services for families fleeing domestic violence. Referrals for long term housing Help obtaining protection orders Court and housing advocacy Services & therapy for children Individual counseling Women's support groups	Aegis - Domestic Violence Shelter PO Box 1194 Hellgate Station NY 10029 212-979-8800 Office	

Child / adolescent support group

<b>Hempstead</b>	Hotline 516-889-2849 We provide temporary housing to victims of domestic violence who are fleeing their homes. Casa Salva temporary shelter	Circulo de la Hispanidad Inc 91 North Franklin Street Suite 200 Hempstead NY 11550 516-292-2433 Office.	<a href="http://www.cdih.org/about/gbernardino@cdih.org">www.cdih.org/about/gbernardino@cdih.org</a>
<b>Horseheads</b>	Hotline 1-888-810-0093 24 Hour crisis hotline Website currently under construction 05-03-2013 ring office/hotline for a list of services and support groups	Rape Crisis of Southern Tier 100 Westinghouse Circle Horseheads NY 14845 607-796-0220 Office	<a href="mailto:info@ppsf.org">info@ppsf.org</a>
<b>Hudson Falls</b>	Hotline 1-800-225-7114 24 Hour hotline Crisis intervention service Medical / legal accompaniment Professional education for schools short term counseling Weekly support groups All services are FREE to all victims of sexual assault in Washington County wether past or present and available to child and adults.	Sexual Trauma and Recovery Services 421 Lower Main Street Hudson Falls NY 12839 518-747-8849 Office	<a href="http://www.wcstars.org">www.wcstars.org</a>
<b>Hudson Valley</b>	Male Survivors Support Group This group is peer led and each session includes a period of time for members to do a check in on what has occurred in the last month Meets 2nd Wednesday of the month Time available upon request. Support group is FREE of charge	Tom Smith Hudson Valley New York 518-441-1400 Office	<a href="mailto:TSMith853@nycap.rr.com">TSMith853@nycap.rr.com</a>
<b>Islip Central</b>	Hotline 631-360-3606 24 Hour email hotline Medical and legal advocacy Individual or group counseling for victims of sexual assault and domestic violence Groups for adult survivors of child sexual abuse. Spanish and Sign language available.	VIBS victims Info Bereau Suffolk PO Box 346 Central Islip NY 11722 631-360-3730 Office	<a href="http://www.vibs.org">www.vibs.org</a> <a href="mailto:hotline@vibs.org">hotline@vibs.org</a>
<b>Ithaca</b>	Hotline 607-277-5000 24 Hour Hotline Services for adults who have experienced any form of abuse past or present. Emergency shelter available Legal and protection advocacy Sexual Assault Nurse Examiner Prevention and education Therapy services and referrals Support groups and empowerment classes call 607-277-5000 for more details about support groups All services FREE of charge	The Advocacy Center PO Box 164 Ithaca NY 14851 Support 607-277-5000	<a href="http://www.theadvocacycenter.org">www.theadvocacycenter.org</a> <a href="mailto:info@theadvocacycenter.org">info@theadvocacycenter.org</a>

<b>Jamestown</b>	<p>Hotline 716-661-3897  Hotline 800-252-8748  Emergency shelter for victims of domestic violence, rape and sexual assault.  Medical and legal advocay  Education and outreach program  Individual counseling and support groups</p>	<p>Anew Center - Salvation Army  Jamestown  NY 14702  716-664-6208 Office  716-665-6557 Alternative no.</p>	
<b>Johnstown</b>	<p>Hotline 518-842-3384  Or 800-721-1273 Toll Free  Catholic Charities of Fulton and Montgomery Counties began their commitment to help victims of domestic violence in 1992. Our FREE and confidential services include: Crisis intervention  Safety planning, 9 bed Safe shelter  Legal advocacy in the courts  Personal advocacy  Individual supportive counseling  Women's support groups</p>	<p>Catholic Charities Domestic Violence Services  55 East Main Street  Suite 100  Johnstown  NY 12095  518-762-8313 Office</p>	<a href="http://www.catholiccharitiesfmc.org">www.catholiccharitiesfmc.org</a>
<b>Kingston</b>	<p>Hotline 845-679-2485  We are committed to recognizing and responding to our community's need for comprehensive, multi-cultural domestic violence services.  Emergency shelter  Non residential counseling services  Family court advocates for victims of domestic violence.</p>	<p>Family of Woodstock  39 John Street  PO Box 3516  Kingston  NY 12402  845-331-7080 ext 173 Office</p>	
<b>Kingston</b>	<p>845-340-3443 Hotline Mon-Fri 9-5  845-340-3442 Hotline nights Wend  Confidential hotlines for victims of domestic violene / sexual assault  Crisis intervention service  Referrals to local shelters  Medical and legal advocacy  Short term crisis counseling  Weekly support groups  All services FREE of charge</p>	<p>Ulster County CVAP  5 Pearl Street  Kingston  NY 12401  845-340-3443 Office  <a href="http://www.ulstercountyny.gov/da/index.html">www.ulstercountyny.gov/da/index.html</a></p>	<a href="mailto:egov@co.ulster.ny.us">egov@co.ulster.ny.us</a>
<b>Liberty</b>	<p>Hotline 845-292-5700  Safe emergency shelter dwelling  Residential childrens programs  Legal advocacy  Counseling  Support groups  <a href="http://www.domesticshelters.org/liberty-ny-domestic-violence-help?page=1">www.domesticshelters.org/liberty-ny-domestic-violence-help?page=1</a></p>	<p>Sullivan County Community Action - Domestic Violence Prog  Liberty  NY 12754  845-292-0724 Office</p>	
<b>Ilion</b>	<p>Hotline 315-866-0458  Our domestic violence program offers supportive and crisis services to victims and their children.  Safe emergency shelter  Accompaniment through legal,</p>	<p>Catholic Charities Domestic Violence Program  61 West Street  Ilion  NY 13357  315-866-0458 Office / Hotline</p>	<a href="http://www.ccherkimercounty.org">www.ccherkimercounty.org</a>

medical, housing & social systems  
Information and referral service  
Counseling and support groups  
Call hotline for more details.

<b>Lockport</b>	Hotline 716-433-6716 24 Hour help hotline Temporary emergency shelter Court and legal advocacy Education and community outreach Crisis counseling Educational support groups for domestic violence victims Maureen O'Halloran- Rape crisis Mary Patterson - Domestic violence	YWCA of Niagara 32 Cottage Street Lockport NY 14094 716-433-6714 Office <a href="http://www.ywcaniagarafontier.org/">www.ywcaniagarafontier.org/</a>	<a href="mailto:mohalloran@ywcaniagara.org">mohalloran@ywcaniagara.org</a> <a href="mailto:mpatterson@ywcaniagara.org">mpatterson@ywcaniagara.org</a>
<b>Lowville</b>	Hotline 315-376-4357 24 Hour crisis line Collect accepted Temporary emergency shelter Medical and legal advocacy FREE crisis therapy Supportive counseling Support groups at confidential location call 315-376-8202 ext 4 for group details. All services FREE	Lewis County Domestic Violence / Rape Crisis Services Lowville NY 13367 315-376-8202 ext 4 Office <a href="http://www.lewiscountyopportunities.com">www.lewiscountyopportunities.com</a>	<a href="mailto:smathys@lcopps.org">smathys@lcopps.org</a>
<b>Mahopac</b>	Hotline 845-628-2166 24 Hour crisis hotline Website under construction at time of printing 05-03-2013. For list of services and support groups ring office or hotline	Putnam/Northern Westchester Women's Resource Center 935 South Lake Blvd Suite #2 Mahopac NY 10541 845-628-9284 Office	<a href="http://www.pnwwrc.org">www.pnwwrc.org</a>
<b>Mechanicville</b>	Hotline 518-664-4008 Mon-Fri 9-5 We serve victims of domestic violence by providing crisis services Safety planning Crisis intervention Counseling and support groups for both adults and children.	MACSC - Domestic Violence Advocacy Program 6 South Main Street Mechanicville NY 12118 518-664-8322 Office.	<a href="http://www.mechanicvilleacsc.org">www.mechanicvilleacsc.org</a>
<b>Merrick</b>	Women's Trauma Group Group focuses on providing education about responses to trauma and how to develop effective coping skills. Screening prior to group participation required. Meets every other Friday Cost \$40	Ms Jennifer M Hairston-Davis Merrick NY 11566 516-882-3149 Office	<a href="mailto:Holistic_Hairston@yahoo.com">Holistic_Hairston@yahoo.com</a>
<b>Middleton</b>	Hotline 800-832-1200 845-346-HELP Outside Orange Co 24 Hour helplines Rape crisis advocacy program Sexual Assault Nurse Examiner FREE sexual assault support group for female survivors 845-342-2400 FREE incest & rape support group contact Susan Giannico for details	Rape Survivors Advocacy Program Middleton NY 10940 800-832-1200 Office / Hotline	<a href="http://www.mhaorangenys.com">www.mhaorangenys.com</a> <a href="mailto:mha@mhaorangenys.com">mha@mhaorangenys.com</a>

on 845-496-4919.

<b>Mineola</b>	Male Survivors Support Group Every 1st & 3rd Wednesday 6.30pm Cost \$60 per session	Dr Stephen Andreopoulos Mineola New York 516-739-0234 Office	
<b>Montgomery</b>	Support group for adult survivors of childhood sexual abuse using the 12 step and 12 tradition program Meets Tuesdays 7 - 8.15 pm Women survivors only contact no.845-457-1063	Survivors of Incest Anonymous Montgomery New York	<a href="http://www.siawso.org">www.siawso.org</a>
<b>Newark</b>	Hotline 866-343-8808 Emergency shelter for victims of domestic violence Legal and court advocacy Individual and group counseling Support groups available.	Victim Resource Center of the Finger Lakes Newark NY 14513 315-331-1171 Office	<a href="http://www.vrcfl.org">www.vrcfl.org</a>
<b>Newburgh</b>	Hotline 1-888-503-4673 We work to eliminate all forms of domestic violence through education outreach and provision of services including emergency shelter Legal, court and medical advocacy Sexual assault advocacy.	Safe Homes of Orange County PO Box 649 Newburgh NY 12551 845-562-5365 Office <a href="http://www.safehomesorangecounty.org">www.safehomesorangecounty.org</a> <a href="mailto:admin@safehomesorangecounty.org">admin@safehomesorangecounty.org</a>	
<b>New City</b>	Hotline 845-634-3344 24 Hour hotline Emergency shelter Medical and legal advocacy Sexual Assault Forensic Examiner Services of orthodox Jewish Mutil-lingual and culturally focused Individual and group counseling Services for survivors of trafficking Support and empowerment groups All services are FREE of charge.	Center for Safety and Change 9 Johnsons Lane New City NY 10956 845-634-3391 Office <a href="http://www.centerforsafetyandchange.org/">www.centerforsafetyandchange.org/</a>	<a href="mailto:info@centersc.org">info@centersc.org</a>
<b>New York Manhattan</b>	Sexual Assault / Sexual Trauma Group for Women Only. Starting in January 2017 the group will meet on Mondays 6pm - 7pm at Trinity Church, 164 West 100 St. For more details contact Helen via email or n 646-288-4282.	Sexual Trauma Support Group Helen Mwaluko Trinity Church 164 West 100 Street Manhattan, New York New York 10025 Contact Helen 646-288-4282	<a href="mailto:helen.mwaluko@yahoo.com">helen.mwaluko@yahoo.com</a>
<b>New York Manhattan</b>	Group - Survivors of Sexual Trauma Registration for the FALL group is now open. The next group begins on Wednesday September 13th at 6pm to 7.30/8pm. The group will meet for six consecutive weeks. In this group we integrate art making, movement and relaxation techniques with talk therapy. The group is a safe	Jennifer Lepke 99 University Place Union Square Manhattan NYC 347-770-6773	<a href="http://www.thearttherapynest.com/">www.thearttherapynest.com/</a> <a href="mailto:jenniferlepkeis@gmail.com">jenniferlepkeis@gmail.com</a>

nurturing space to deepen your healing process, while also feeling the connection and support of other survivors.

The cost is sliding scale (pay the amount that reflects your financial situation). \$250-\$400 for all six groups. If needed fees can be reduced further due to private donations. If interested you can register by making a 50% deposit via Venmo.

If you would like individual support in the interim, I am seeing clients privately. I have appointments available on Tuesdays and Wednesdays in Union Square.

For further information and details contact me on 347-770-6773.

**New York**

Adult Survivors of Child Abuse Group  
ASCA is a self help group program for adult survivors of neglect, physical, emotional and sexual abuse. Suggested meeting donation is \$10. Meets Sundays 2 - 4 pm near 8th Ave & West 23rd St for info email John johndt41@yahoo.com

ASCA  
New York

[www.ascasupport.org](http://www.ascasupport.org)  
[johndt41@yahoo.com](mailto:johndt41@yahoo.com)

**New York**

Adult Survivors of Child Abuse Group  
ASCA is a self help group program for adult survivors of neglect, physical, emotional and sexual abuse. Suggested meeting donation is \$10 Meets Wednesday 6.30-8pm in Greenwich Village. For more info email John johndt41@yahoo.com

ASCA  
Greenwich Village  
New York

[www.ascasupport.org](http://www.ascasupport.org)  
[johndt41@yahoo.com](mailto:johndt41@yahoo.com)

**New York**

Step Out of your past and into your worth support group.  
Shame, poor self esteem, anxiety and fear are some of the scars left from childhood abuse. As a survivor and life coach, I want to offer a safe supportive space for women to be free and to share and release these feelings.  
The organizer is Debra and her contact details are on the Meetup website.

Meetup Support Group  
Brooklyn

[www.meetup.com/topics/abusesurvivors/all/](http://www.meetup.com/topics/abusesurvivors/all/)

**New York**

Women's Trauma Recovery & Empowerment Group  
Participants will become empowered by learning how to cope with and understand the trauma caused by past and present experiences that is keeping you from enjoying life to the full. Closed group so interview is required first.

Valdimire Calixte  
New York  
NY 10022  
347-577-9414 Office

[www.liferebuilding.com](http://www.liferebuilding.com)  
[acalixte.liferebuild@gmail.com](mailto:acalixte.liferebuild@gmail.com)

Call 347-577-9414 for time & date  
Cost \$90

<b>New York</b>	Sexual Abuse Recovery Group This is a psychodynamic psychotherapy group for female survivors of sexual abuse Meets every Tuesday 6.30 - 8 pm Cost \$30 - \$80	Dr Emily Garrod New York NY 10016 646-606-3822 Office	<a href="http://www.emilygarrodphd.com">www.emilygarrodphd.com</a>
<b>New York</b>	Male Survivors Support Group Two groups Tuesday & Thursday each at 7.30 - 9pm Cost \$80 per session or sliding scale if needed.	Richard Gartner Lower Manhattan New York 212-533-0345 Office	<a href="http://www.richardgartner.com">www.richardgartner.com</a> <a href="mailto:rgartner@richardgartner.com">rgartner@richardgartner.com</a>
<b>New York</b>	Therapeutic Writing Group for Trauma Survivors Meets on Fridays call office for info	Dr Sarah Gundle New York NY 10011 646-797-3341 Office	
<b>New York</b>	Healing Childhood Trauma Group In this six week psychodynamic, supportive and educational group we share personal traumatic events from childhood and explore their impact on our lives today. Must have been in therapy for one year to participate. Every Wednesday 7.30 - 9 pm Cost \$360 for 6x90 min sessions	Rev. Sheri Heller New York NY 10018 212-594-9801 Office	<a href="http://www.sheritherapist.com">www.sheritherapist.com</a> <a href="mailto:sheri@sheritherapist.com">sheri@sheritherapist.com</a>
<b>New York</b>	Male Survivors Support Group This group is for men who have had some individual therapy in which childhood abuse is discussed. Group members explore ways in which coping mechanisms developed as abused children and related to current issues in their professional and/or personal lives, such as difficulty maintaining intimate relationships, sexual acting out, under earning and fear of success. An interview for the group is required. We meet on Wednesday on the upper west side of Manhattan and the cost is \$50.	Louise Kindley Upper West Side Manhattan New York New York State 347-255-1278	<a href="http://www.malesurvivor.org">www.malesurvivor.org</a> <a href="mailto:lkindley@gmail.com">lkindley@gmail.com</a>
<b>New York</b>	Support group for adult survivors of child sexual abuse, incest, rape domestic violence and sexual assault. To join this chapter email Margie McKinnon at address on the right of the page.	Lamplighter Movement New York New York	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>New York</b>	Coping with Sexual Abuse Group Learn to understand and cope with the trauma and grief of having been sexually abused. 6-8 women in the	Edy Nathan New York NY 10001 917-725-5023 Office	<a href="http://www.edynathan.com">www.edynathan.com</a>



group will meet for 90 minutes  
once a week for 8 weeks, 8 women  
limit then group becomes closed.  
Meets Thursday, Friday Noon-1.30  
Cost \$50 - \$60

<b>New York</b>	Male Survivors Support Group These groups are designed to provide a forum for men who have been sexually abused as children Facilitated by Yuval Moses LCSW.	Crime Victims Treatment Center 126 W 60th Street New York 10023 212-523-4947 Contact No.	<a href="http://www.cvtcnyc.org">www.cvtcnyc.org</a>
<b>New York</b>	Sexual Abuse/Rape Survivors Group There are two groups being conducted separately; One is for survivors of sexual abuse / incest, the other is for survivors of rape. The objective of the groups is to help survivors tell their stories while working through the issues related to the traumas. Meets every Friday at noon.	Mrs Antoinette Rodriguez New York NY 10019 646-480-1874 Office	
<b>New York</b>	800-621-4673 domestic violence 212-227-3000 Rape / incest 24 Hour crisis hotlines Emergency shelter available Legal services for domestic violence Court and community programs Counseling center 347-328-8110 Anti trafficking program Support groups for survivors of rape incest, sexual assault and domestic violence. Call our hotlines for group details	Safe Horizons 2 Lafayette Street 3rd Floor New York NY 10007 212-577-7700 Office Satellite offices West 125th Street New York Essex Street New York	<a href="http://www.safehorizon.org">www.safehorizon.org</a> <a href="mailto:info@safehorizon.org">info@safehorizon.org</a>
<b>New York</b>	Support group for adult survivors of childhood sexual abuse using the 12 step and 12 tradition program Meets Thursdays 7 - 8.50pm Women survivors only Contact Lynne at email address on the right of this page	Survivors of Incest Anonymous New York New York	<a href="http://www.siawso.org">www.siawso.org</a> <a href="http://www.sianewyork.org">www.sianewyork.org</a> <a href="mailto:lynzonee@hotmail.com">lynzonee@hotmail.com</a>
<b>New York</b>	Support group for adult survivors of childhood sexual abuse using the 12 step and 12 tradition program Meets Saturdays 4.15 - 5.45pm Survivors only. Contact Ernie on 917-328-2553 or email him at the address on the right of this page.	Survivors of Incest Anonymous New York New York 917-328-2553 Contact No.	<a href="http://www.siawso.org">www.siawso.org</a> <a href="mailto:ErnieNewYork@aol.com">ErnieNewYork@aol.com</a>
<b>New York</b>	Support group for adult survivors of childhood sexual abuse using the 12 step and 12 tradition program Meets Tuesdays 7 - 8.45 pm Women survivors only Contact Gila at the email address on the right of this page.	Survivors of Incest Anonymous New York New York	<a href="http://www.siawso.org">www.siawso.org</a> <a href="http://www.sianewyork.org">www.sianewyork.org</a> <a href="mailto:gila.heal@gmail.com">gila.heal@gmail.com</a>

<b>Olean</b>	<p>Hotline 888-945-3970 Toll Free  24 Hour crisis hotline  Crisis intervention  Accompaniment to hospital  Accompaniment to police and courts  Counseling services  Support group services.</p>	<p>Rape Crisis and Domestic  Violence Hotline  124 North Union Street  Olean  New York State  716-372-2097 Office</p>	<p><a href="http://www.ccaction.org">www.ccaction.org</a>  <a href="mailto:afisher@ccaction.org">afisher@ccaction.org</a></p>
<b>Oneida</b>	<p>Hotline 315-366-5000  24 Hour hotline Collect accepted  Safe dwelling for victims of violence  physical, emotional or sexual  Medical and legal advocacy  Short term crisis counseling  FREE adult therapy contact hotline  Journey Beyond support group for  for survivors/victims of domestic  violence. Domestic violence group  dealing with education call hotline  for more details on all our groups</p>	<p>Victims of Violence Program  218 Liberty Street  Oneida  NY 13421  313-363-0048 Office</p>	<p><a href="http://www.victimsofviolence.org">www.victimsofviolence.org</a></p>
<b>Oneonta</b>	<p>Hotline 607-432-4855  24 Hour crisis hotline  support services to victims of  domestic violence, sexual assault  Safe emergency housing  Legal and medical accompaniment  Education to schools / community  Individual and group counseling  All services FREE of charge</p>	<p>Violence intervention Program  3 West Broadway  Oneonta  NY 13820  607-432-4855 Office / Hotline</p>	<p><a href="http://www.ofoinc.org">www.ofoinc.org</a>  <a href="mailto:info@foinc.org">info@foinc.org</a></p>
<b>Orchard Park</b>	<p>Support group for adult survivors  of child sexual abuse, incest, rape  domestic violence and sexual  assault. To join this chapter email  Margie McKinnon at address on the  right of the page.</p>	<p>Lamplighter Movement  Orchard Park  New York</p>	<p><a href="http://www.thelamplighters.org">www.thelamplighters.org</a>  <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></p>
<b>Oswego</b>	<p>315-342-1600 Abuse / assault  1-877-342-7618 Homeless  24 Hour hotlines  We provide those who are  experiencing domestic or sexual  violence or housing issues with  access to trained specialist 24/7  All services FREE of charge</p>	<p>Crisis and Development Service  Midtown Plaza  Oswego  NY 13126  315-342-7532 Office.</p>	<p><a href="http://www.oco.org">www.oco.org</a></p>
<b>Owego</b>	<p>Hotlines 607-687-6866  Or 1-800-696-7600  Domestic violence intervention  7 Bed emergency shelter  Companion animal program  Legal / social service advocacy  Accompaniment to hospital, police  station and court proceedings  Individual counseling  Community education  Women's support group meets  Wednesdays 7 - 8.30 pm childcare  available. Contact Sarah or Nancy</p>	<p>A New Hope Center  Owego  NY 13827  607-687-6887 Office</p>	<p><a href="http://www.anewhopecenter.org">www.anewhopecenter.org</a></p>

the group facilitators.

<b>Peekskill</b>	Individual and group counseling for adult survivors of sexual abuse	Treatment Center for Trauma & Abuse 1101 Main Street Peekskill NY 10566 914-736-7657 Office	<a href="http://www.wjcs.com">www.wjcs.com</a> <a href="mailto:hdq@wjcs.com">hdq@wjcs.com</a>
<b>Penn Yan</b>	315-536-2897 Yates 800-247-7273 Seneca & Ontario 24 Hour hotlines We provide FREE and confidential services to victims of rape, sexual assault, child sexual abuse, clergy abuse and domestic violence FREE support groups for women affected by any type of violence Free support group for clergy abuse	Safe Harbor of Finger Lakes Penn Yan NY 14527 315-536-9654 Office	<a href="http://www.safeharborsfl.org">www.safeharborsfl.org</a> <a href="mailto:yatescounty@safeharborsfl.org">yatescounty@safeharborsfl.org</a> <a href="mailto:ontariocounty@safeharborsfl.org">ontariocounty@safeharborsfl.org</a>
<b>Plattsburgh</b>	Hotline 1-888-563-6904 We are a NYS certified program assisting victims of domestic violence. Crisis intervention Safe Temporary shelter Advocacy - legal & medical services Info regarding human trafficking Counseling and support groups	STOP Domestic Violence 22 US Oval Suit 218 Plattsburgh NY 12903 1-888-563-6904 Office / Hotline	<a href="http://www.bhsn.org/vip.php">www.bhsn.org/vip.php</a>
<b>Pleasantville</b>	Hotline 888-438-8700 Hope's Door seeks to end domestic violence and empower victims to achieve safety, independence and healing from the trauma of abuse. Safety planning and safe shelter Legal advocacy & representation Childrens programs Counseling and support groups.	Hope's Door PO Box 203 Pleasantville NY 10570 914-747-0828 Office	<a href="http://www.hopesdoorny.org">www.hopesdoorny.org</a> <a href="mailto:info@HopesDoorNY.org">info@HopesDoorNY.org</a>
<b>Port Jefferson Station</b>	Survivors of Incest and Rape Group Talking about what happened at a pace that is comfortable for you is an important part of the healing process. Groups are now forming Please call for dates and times Cost \$30+.	Ms Elma Pisano Port Jefferson Station NY 11776 631-714-2011 Office	
<b>Poughkeepsie</b>	Hotline 1-845-471-3033 The mission of Grace House is to enable women and their children to live free from domestic violence by providing shelter, advocacy, counseling and support groups.	Grace Smith House Poughkeepsie NY 12601 845-452-7155 Office <a href="mailto:administrator@gracesmithhouse.org">administrator@gracesmithhouse.org</a>	<a href="http://www.gracesmithhouse.org">www.gracesmithhouse.org</a>
<b>Poughkeepsie</b>	845-485-5550 Domestic violence 845-452-7272 Sexual assault 24 Hour hotlines Providing safe counsel and support for any person that is or was abused	Family Services 29 North Hamilton Street Poughkeepsie NY 12601 845-452-1110 Office	<a href="http://www.familyservicesny.org">www.familyservicesny.org</a> <a href="mailto:info@familyservicesny.org">info@familyservicesny.org</a>

physically, emotionally, verbally,  
psychologically or sexually.  
All services FREE and confidential.

<b>Riverdale</b>	Women Survivors of Sexual Abuse The aim of this group is to help you heal from the past and work constructively in and towards the future. Creative art therapy will be incorporated into the group. Meets Tuesdays 7.45 - 8.45 pm Cost \$20 - \$30	Ms Sandra Ramos-Watt Riverdale NY 10463 917-525-2271 Office	
<b>Riverhead</b>	Support group for adult survivors of childhood sexual abuse using the 12 step and 12 tradition program Meets Saturdays 11am - 12.30pm Survivors only. Contact this group via the email address on the right of this page	Survivors of Incest Anonymous Riverhead New York	<a href="http://www.siawso.org">www.siawso.org</a>
<b>Rochester</b>	24/7 Hotline 585-232-7353 24/7 Crisis and support Hotline is the triage for services. Compassionate and trauma informed hotline. Counselors provide a variety of survivor-centered services including: Crisis intervention crisis counseling, advocacy, information and referral services. Staff answer 5,000 calls per year, with an average of 20 calls per day. 40 Bed emergency shelter. Children's programs, prevention education, transitional support services, court advocacy. Please see our website for further details	Willow Domestic Violence Ctr PO Box 39601 Rochester NY 14604 585-232-5200 Office	<a href="http://www.WillowCenterNY.org">www.WillowCenterNY.org</a>
<b>Rochester</b>	Support group for adult survivors of child sexual abuse, incest, rape domestic violence and sexual assault. To join this chapter email Margie McKinnon at address on the right of the page.	Lampighter Movement Rochester New York	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>Rochester</b>	Male Survivors Support Group On going therapy/support group for adult males who have been sexually molested. Mixed members usually around 5-7 men. Meets Wednesdays 6.30 - 8.15 pm Cost \$30 Sliding scale available	Jeff Munson Rochester NY 14607 585-423-0284 Office	<a href="http://www.jeffmunson.net">www.jeffmunson.net</a> <a href="mailto:jmunsonlcsw@rochester.rr.com">jmunsonlcsw@rochester.rr.com</a>
<b>Rochester</b>	585-546-2777 Monroe County 1-800-527-1757 Orleans/Genesee 1-800-527-1757 Livingston/Wyoming 1-800-656-4673 All other Counties All 24 Hour hotlines Crisis intervention Medical and legal advocacy	Rape Crisis Services 114 University Avenue Rochester NY 14605 585-546-2771 Office	

Short term counseling  
Education and outreach program  
[www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore](http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore)

<b>Rochester</b>	PTSD, Trauma & Suicide Attempt Survivors Group Group is held every other week. New members are interviewed to determine if this is the right group for them. Some insurances will cover this group fee Cost \$20 + Every other Friday 6.30 - 8.30 pm	Ms Bonnie J White Rochester NY 14607 585-735-4785 Office	<a href="http://www.ptsdexpert.vpweb.com">www.ptsdexpert.vpweb.com</a>
<b>Salamanca</b>	Hotline 888-945-3970 Toll Free 24 Hour crisis hotline Crisis intervention Accompaniment to hospital Accompaniment to police and courts Counseling services Support group services	Rape Crisis and Domestic Violence Hotline Salamanca NY 14779 888-945-3970 Office / Hotline	<a href="http://www.ccaction.org">www.ccaction.org</a>
<b>Saratoga Springs</b>	Hotline 518-584-8188 24 Hour hotline Emergency shelter Legal advocacy Sexual Assault Forensic Examiner Individual counseling Serving Saratoga County.	Domestic Violence and Rape Crisis Services 480 Broadway LL 20 Saratoga Springs NY 12866 518-583-0280 Office	<a href="http://www.dvrcsaratoga.org">www.dvrcsaratoga.org</a> <a href="mailto:dvrc@crisny.org">dvrc@crisny.org</a>
<b>Schenectady</b>	Mental Abuse Survivors Group Mental abuse does not leave a mark like physical abuse so it's easy to ignore. If you would like to join this supportive group click the web address on the right of page	Meetup Support Group Schenectady New York <a href="http://www.meetup.com/topics/abusesurvivors/all/">www.meetup.com/topics/abusesurvivors/all/</a>	
<b>Schenectady</b>	585-546-2777 Monroe County 1-800-527-1757 Orleans/Genesee 1-800-527-1757 Livingston/Wyoming 1-800-656-4673 All other Counties All 24 Hour hotlines Crisis intervention Medical and legal advocacy Short term counseling Education and outreach program <a href="http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore">www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore</a>	Rape Crisis Services Schenectady NY 12303 518-346-2266 Office	
<b>Schenectady</b>	Hotline 518-374-3386 Offering emergency shelter Counseling FREE support groups, topics include Loneliness, healthy relationships and building self esteem. Call 518-374-3394 ext 131 for details about support groups.	YWCA - Women's Domestic Violence Services 44 Washington Avenue Schenectady NY 12305 518-374-3394 ext 131 Office	<a href="http://www.ywca-northeasternny.org">www.ywca-northeasternny.org</a> <a href="mailto:jrafalik@ywca-neny.org">jrafalik@ywca-neny.org</a>
<b>Shirley</b>	Hotline 631-395-1800 It is our mission to assist victims of domestic violence and their children by providing shelter and services	Brighter Tomorrows PO Box 706 Shirley NY 11967	<a href="http://www.brightertomorrowsl.org">www.brightertomorrowsl.org</a>

along with information and referrals to ensure the clients safety  
90 Day emergency shelter  
Transitional housing  
Court advocacy  
Adult individual / group counseling  
Counseling program for children who witness domestic violence.

631-395-3116 Office  
631-650-2309 Court advocate

**Spring Valley**

Hotline 845-634-3344  
24 Hour hotline  
Emergency shelter  
Medical and legal advocacy  
Sexual Assault Forensic Examiner  
Services of orthodox Jewish  
Mutil-lingual and culturally focused  
Individual and group counseling  
Services for survivors of trafficking  
Support and empowerment groups  
All services are FREE of charge

Center for Safety and Change  
Spring Valley  
New York  
[www.centerforsafetyandchange.org/](http://www.centerforsafetyandchange.org/)

[info@centersc.org](mailto:info@centersc.org)

**Staten Island**

Psychoeducational Patient Directed Women's Group  
This is a small group for women being initiated for women in a secure and confidential framework that will address the participants mental health issues directly related to their childhood sexual abuse. Meets Wednesday 8-8.45pm  
Cost \$40 - \$80

Dr Rose Soussan  
Staten Island  
NY 10314  
718-569-8588 Office

**Syracuse**

Male Survivors Support Group  
This group is peer led and each session includes a period of time for the members to do a check in on what has occurred in the last month. Meets once a month on Sunday afternoon 12 - 3 pm  
This group is FREE of charge

Dan Leonard  
Syracuse  
New York  
315-637-8535 Office

[dleonard@CADIMENSIONS.com](mailto:dleonard@CADIMENSIONS.com)

**Syracuse**

Valkyries for Victory Against Domestic Violence Support Group.  
This group is for men, women and youth in the central New York region who wish to get involved in taking a stand against domestic violence. Members attend and promote local events such as walks and runs ect. For more details about this group or to join, please visit the website at the address on the right of our page.

Meetup Support Group  
Syracuse  
New York  
[www.meetup.com/topics/abusesurvivors/all/](http://www.meetup.com/topics/abusesurvivors/all/)

**Syracuse**

315-468-3260 Domestic violence  
315-422-7273 Sexual assault  
24 Hour crisis hotlines  
SANE Program  
Legal and medical advocacy  
Individual and group counseling

Vera House  
Syracuse  
NY 13206  
315-425-0818 Office

[www.verahouse.org](http://www.verahouse.org)  
[info@verahouse.org](mailto:info@verahouse.org)

support groups available.

<b>Tonawanda</b>	Hotline 716-692-5580 We address domestic violence in our community and provide comprehensive services in our area. Carrel House temporary shelter Individual counseling Support groups 716-692-5580	YWCA - Domestic Violence Services 49 Tremont North Tonawanda 716-692-5580 Shelter / Hotline <a href="mailto:frontdesk_ywcatona@hotmail.com">frontdesk_ywcatona@hotmail.com</a>	
<b>Troy</b>	Hotline 518-271-3257 24 Hour crisis hotline Medical and legal advocacy Short term counseling FREE therapy service Sexual assault support group All services FREE of charge	NorthEast Health - Sexual Assault & Crime Victims Assistance Program 2212 Burdett Avenue Troy NY 12180 518-274-3382 Office	<a href="http://www.nehealth.com">www.nehealth.com</a>
<b>Troy</b>	Male Survivor Support Group Therapy group for male survivors of childhood sexual abuse Meets Mondays 6.30 - 8 pm This is a FREE group Contact Kevin Maloney 271-6001 or Stephanie on 271 3705	Kevin Maloney Troy New York 271-6001 Office	
<b>Troy</b>	518-272-2370 Collect accepted Since 1971 we have been making life better in the Capital Region. We provide victims and their children with a range of comprehensive services including: 911 Cell phones Emergency shelter Notary services FREE legal representation Court accompaniment Medical clinic - Wednesday evening Individual counseling Support groups 518-272-5917	Unity House - Domestic Violence Services 33 Second Street Troy NY 12180 518-272-5917 Office	<a href="mailto:info@unityhouseny.org">info@unityhouseny.org</a>
<b>Warsaw</b>	Hotline 800-786-3300 Providing domestic violence with legal advocacy, accompaniment to court proceedings, assistance accessing services from other agencies, individual counseling and support groups.	Wyoming County Domestic Violence Project PO Box 231 Warsaw NY 14569 585-786-8904 Office	
<b>Warsaw</b>	585-546-2777 Monroe County 1-800-527-1757 Orleans/Genesee 1-800-527-1757 Livingston/Wyoming 1-800-656-4673 All other Counties All 24 Hour hotlines Crisis intervention Medical and legal advocacy Short term counseling Education and outreach program <a href="http://www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore">www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore</a>	Rape Crisis Services Warsaw NY 14569 585-786-5450 Office	

<b>Watertown</b>	<p>Hotline 315-782-1855  Or 866-782-1855 Toll Free  24 Hour hotlines  Emergency shelter  Medical and legal advocacy  Individual and group counseling  Support groups available.</p>	<p>Victim Assistance Center of  Jefferson County  120 Arcade Street  Watertown  NY 13601  315-782-1823 Office  <a href="mailto:victimsassistancecenter@vacjc.com">victimsassistancecenter@vacjc.com</a></p>	<p><a href="http://www.vacjc.com">www.vacjc.com</a></p>
<b>Wellsvilles</b>	<p>Hotline 888-945-3970 Toll Free  24 Hour crisis hotline  Crisis intervention  Accompaniment to hospital  Accompaniment to police and courts  Counseling services  Support group services.</p>	<p>Rape Crisis and Domestic  Violence Hotline  85 North Main Street  Wellsville  New York State  585-593-4685 Office</p>	<p><a href="http://www.ccaction.org">www.ccaction.org</a></p>
<b>West Babylon</b>	<p>Psychodrama Workshop/Group  This workshop is designed to treat  anger, grief and fear. It helps to  resolve and reframe traumatic  experiences. Meets Saturdays  Cost \$60 - \$80.</p>	<p>Tina Calabrese  West Babylon  NY 11704  613-392-6107 Office</p>	<p><a href="http://www.heartandsoulcenter.com">www.heartandsoulcenter.com</a>  <a href="mailto:heartsoul@att.net">heartsoul@att.net</a></p>
<b>White Plains</b>	<p>Hotline 1-800-298-7233  Emergency shelter  Aftercare counseling  Childrens protective services  Community services including:  Counseling, support groups and  services for victims of human  trafficking.</p>	<p>My Sister's Place  White Plains  NY 10601  914-683-1333 Office</p>	<p><a href="http://www.mspny.org">www.mspny.org</a></p>
<b>White Plains</b>	<p>Hotline 914-287-0739  We envision a community working  together to create a just, safe and  supportive environment for victims  of domestic violence.  For FREE short term legal help and  guidance call our helpline on  914-287-0739.</p>	<p>PACE women's Justices Center  78 North Broadway  White Plains  NY 10603  914-422-4069 Office</p>	<p><a href="http://www.law.pace.edu/wjc">www.law.pace.edu/wjc</a></p>
<b>White Plains</b>	<p>Individual and group counseling  for adult survivors of sexual abuse.</p>	<p>Treatment Center for Trauma &amp;  Abuse  845 North Broadway  White Plains  NY 10603  914-761- 0600 Office</p>	<p><a href="http://www.wjcs.com">www.wjcs.com</a>  <a href="mailto:hdq@wjcs.com">hdq@wjcs.com</a></p>
<b>Yonkers</b>	<p>Individual and group counseling  for adult survivors of sexual abuse.</p>	<p>Treatment Center for Trauma &amp;  Abuse  487 South Broadway  Yonkers  NY 10705  914-423-4433 ext 22 Office</p>	<p><a href="http://www.wjcs.com">www.wjcs.com</a>  <a href="mailto:hdq@wjcs.com">hdq@wjcs.com</a></p>