

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
NEW SOUTH WALES			
Nationwide	<p>Phone Counselling 1800-737-732 Online Counselling via website 24 Hour counselling service by qualified trauma specialist. National sexual assault, domestic and family violence counselling service 24 hours a day 7 days a week.</p>	<p>1800Respect Nationwide 1800-737-732 Counselling</p>	<p>www.1800respect.org.au Contact form on website.</p>
Nationwide	<p>Helpline 1300-657-380 counsellors@asca.org.au Helpline Mon - Sun 9am - 5pm EST ASCA is an Australian body which advances the health and wellbeing of people and communities affected by childhood trauma, for this and for future generations. Professional support line Professional short term counselling Referrals for ongoing support.</p>	<p>Adults Surviving Child Abuse (ASCA) Nationwide 1300-657-380 Counselling 02-8920-3611 Office</p>	<p>www.asca.org.au admin@asca.org.au</p>
Nationwide	<p>Helpline 02-6273-4885 We are an alliance of existing groups and individuals supporting people raised in institutional / out-of-home care in Australia in the 20th Century. Join us and find support.</p>	<p>Alliance for Forgotten Australians Nationwide 02-6273-4885</p>	<p>www.forgottenaustralians.org.au</p>
Nationwide	<p>Helpline 1800-272-831 rc@bravehearts.org.au On Monday 12 November 2012 the Prime Minister Julia Gillard announced a Royal Commission into Child Sexual Assault. Our organisation can provide general advice on how to share your story. We can assist you with drafting a written statement. Attend private sessions as your support person. Provide support and advice if you are involved in a public enquiry. ON our website we have a dedicated Royal Commission page with info and new updated as it happens.</p>	<p>Bravehearts Nationwide 1800-272-831 Office / Helpline</p>	<p>www.bravehearts.org.au admin@bravehearts.org.au</p>
Nationwide	<p>Helpline 1800-008-774 support@clan.org.au CLAN supports anyone who grew up in a home or institutionalised "Care" foster home. Please visit</p>	<p>Care Leavers Australian Network Nationwide 1800-008-774 Office / Helpline</p>	<p>www.clan.org.au support@clan.org.au</p>

our website for help and support if you were affected by institutional abuse.

Nationwide

Helpline 1800-040-509 Freephone

We were established in 1987 to address the issues surrounding the deportation of children from Britain. In the post war period children as young as three years old were shipped to Canada, New Zealand, the former Rhodesia and Australia, in a practice that continued as late as 1970. today we can help with
Family Resteration Funds
Retrieving files from governments
Obtaining birth certificates
Family research worldwide
Professional counselling

Child Migrants Trust
Nationwide
1800-040-509 Office / Helpline

www.childmigrantstrust.com

Nationwide

Helpline 1800-55-1800

24 Hour helpline 7 days a week
FREE 24 hour counselling service for young people aged 5 to 25 years. Counselling is offered by phone, email or over the web.
Web counselling times for A.C.T. are
Mon to Fri 1pm - 11pm
Sat & Sun 11am to 11pm
Children and teens have separate email sections on the website.

Kids Helpline
Nationwide
1800-55-1800 Office / Helpline

www.kidshelp.com.au

Nationwide

Helpline 07-3636-5206 24 hours

Living Well is an Australian resource which offers a tange of services Specifically desidned to assist **MEN** who have experienced sexual abuse or sexual assault.
Telephone counselling, FREE online counselling, email & text counselling. Online groups soon to be available. Please see website for more details.

Living well
Nationwide
Contact no 07-3636-5206

www.livingwell.org.au

Nationwide

Helpline 1300-364-277

We are a non profit community organisation assisting Australians to build strong and positive relationships. FREE and comprehensive support for survivors of child sexual abuse who take part in or are affected by The Royal Commission Into Institutional Responses to Child Sexual Abuse, see website for more details on this.
Find and Connect service - will help Australians and Former Child Migrants to trace their history and understand the reasons why they were placed into care. For more details call **1800-161-109**.

Relationships Australia
Nationwide
1300-364-277 Office / Helpline
1800-161-109 Find & Connect

www.racr.relationships.org.au

Counselling family & Individual
Family dispute resolution service

Nationwide	Helpline 1800-211-028 Helpline 8am - 8pm EST Royal Commission Counselling Australia is a national telephone counselling, information and referral service for anyone who is considering, or making a statement to the Royal Commission into Institutionalised Responses to Child Sexual Abuse. Those who are impacted by the work of the Royal Commission or who have family or friends participating in the Royal Commission are also welcome to ring.	Royal Commission into Institutional Responses to Child Abuse GPO Box 5283 Sydney NSW 2001 1800-211-028 Office / Helpline 61-2-8815-2319 for Overseas www.childabuseroyalcommission.gov.au registerinterest@childabuseroyalcommission.gov.au www.royalcommissioncounselling.org.au	
Nationwide	Helpline 1300-657-380 (ASCA) Operates Mon - Sun, 9am - 5pm EST Survivors & Mates Support Network (SAMSN) is a non profit organisation working to increase public aware - ness of the effects that childhood sexual abuse can have on men in their adult lives. Support groups and Workshops are available but only in Sydney NSW at this present time.	Survivors and Mates Support Network Nationwide 0439-838-787 Office	www.samsn.com.au support@samsn.com.au
Nationwide	Helpline 1800-695-463 24 Hours In any relationship there are things that are black and white and there are grey areas. The Line helps you navigate those grey areas, so you can enjoy healthy and respectful relationships and recognise the behaviour that "Crosses the Line". Weekly online forum, 2 hours closed online forum to discuss some of the edgier issues to do with relation- ships. This is NOT a counselling service.	The Line Nationwide 1800-695-463 Helpline	
Statewide	Helpline 1800-063-060 Information website for LGBTIQ who are experiencing domestic violence	Another Closet Statewide 1800-063060	www.anothercloset.com.au
Statewide	Helpline 02-9212-7333 We have 40 member organisations across the state of New South Wales These offer equitable & accessible legal services including: Information and referrals. Advice on legal matters. Legal casework and representation. Please see our website for a local centre.	Community Legal Centres NSW Statewide 02-9212-7333 Office / Helpline	www.clcnsw.org.au clcnsw@clc.net.au
Statewide	Helpline 1800-656-463 24 Hours	Domestic Violence Line	www.community.nsw.gov.au

Our domestic violence helpline is a statewide FREE call number and is available 24/7. We provide telephone counselling to women and same sex partners who are experiencing or have experienced domestic violence.

Statewide
1800-656-463

Statewide

Helpline 1800-656-463 24 Hours

DVNSW members work within a feminist framework to empower women and their children to live their lives free from violence. Our members specialise in a series of regionally responsive support and advocacy services including, but not limited to: Outreach, safety planning and support, case management support, advocacy, court assistance, housing and legal assistance, info, training and referrals.

Domestic Violence NSW
Statewide
02-9698-9777 Office

www.dvnsw.org.au
admin@dvnsw.org.au

Statewide

Helpline 02-9635-8022

We are the peak advocacy, info, referral and research body representing the idea and issues of refugee women in NSW. Our domestic violence project provides information, support, crisis counselling, referrals and telephone advice.

Immigrant Women's Speak Out
statewide
02-9635-8022 Office / Helpline

www.speakout.org.au
women@speakout.org.au

Statewide

Helpline 1300-888-529

Listen and Speak 1300-555 727
FREE government telephone service that provides legal info, referrals and in some cases advice. Domestic violence information Court process information.

LawAccess NSW
Statewide
1300-888-529 helpline

www.lawaccess.nsw.gov.au

Statewide

Helpline 1300-888-529

Legal Aid NSW helps people with their legal problems. We find info and can send you factsheets and resources. Free one to one advice from a lawyer Lawyers to assist you at many of the courts across NSW. A listing of all local Legal Aid centres in the state of NSW.

Legal Aid NSW
Statewide
1300-888-529 Helpline

www.legalaid.nsw.gov.au

Statewide

Helpline 1800-424-017 24 Hours

We are a telephone and online crisis counselling service for anyone who has experienced sexual violence or domestic violence. Counselling services for women who were sexually abused in childhood are also available. See website for details on online

NSW Rape Crisis Centre
Statewide
1800-424-017 Helpline
02-9818-7216 Admin

www.nswrapecrisis.com.au
info@nswrapecrisis.com.au

counselling and for local support.

Statewide	<p>Starting over in a new home, new area, new school, new employment can be too overwhelming for women escaping a violent relationship. The Staying Home Leaving Violence program aims to prevent homelessness by working with the police to remove the perpetrator from the family home. We also provide safety planning, lock changing and improve the security of the family home. We can assist you managing your finances and support you through the court process. We currently operate in 18 areas across NSW and our services are available in 21 languages. Please visit our website for local office details.</p> <p>www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</p>	<p>Staying Home Leaving Violence Statewide</p>	<p>www.community.nsw.gov.au</p>
Statewide	<p>Helpline 1800-686-587 Freephone Aboriginal specific services and support for women and children who are experiencing domestic and family violence or sexual assault. FREE legal advice Advocacy and referrals.</p>	<p>Wirringa Baiya Statewide 02-9569-3847 Office</p>	<p>www.wirringabaiya.org.au leonie_mason@clc.net.au</p>
Statewide	<p>Helpline 1800-810-784 We are a community legal centre providing women with a wide range of FREE community legal services. Advice and information Domestic violence legal service Indigenous women's legal program</p>	<p>Women's Legal Service NSW Statewide 02-8745-6900 Office</p>	<p>www.wlsnsw.org.au/ reception@wlsnsw.org.au</p>
Albury	<p>Helpline 02-6058-4444 24 Hours We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.</p>	<p>Albury Community Health Centre 596 Smollett Street Albury NSW 2640 02-6058-1800 Office.</p>	<p>www.health.nsw.gov.au/sexualassault/pages/default.aspx</p>
Albury	<p>We provide support for women by women through feminist action. Domestic violence counselling and support with court accompaniment. Counselling for women who were sexually abused in childhood.</p>	<p>The Women's Centre Albury - Wodonga 645 Olive Street Albury NSW 2640 02-6041-1977 Office</p>	
Armidale	<p>Helpline 02-6776-9600 24 Hours 24 Hour counselling and support</p>	<p>Armidale Community Health Ctr Rushden Street</p>	<p>www.hnehealth.nsw.gov.au</p>

to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Armidale
NSW 2350
02-6776-9600 Office / Helpline
www.hnekidshealth.nsw.gov.au/site/mentalhealth

Bankstown Our aim is to support adults and children who have experienced sexual assault . Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procedures. Please call for further service info.

Bankstown Community Health Centre
36-38 Raymond Street
Bankstown
NSW 2200
02-9780-2777 Office
www.swslhd.nsw.gov.au/CommunityHealth/sexualAssault.html

Bankstown We have 2 female counsellors and 2 female psychologists. We also have a specialist Child Sexual Assault counsellor for children and adult women. Also offering court support and advocacy. Please visit our website for more details or call us on the office number.

Bankstown Women's Health Ctr
Level 1
24-26 Jacobs Street
Bankstown
NSW 2200
02-9790-1378 Office
www.bwhc.org.au
bwhc@sswaha.nsw.gov.au

Bathurst We are a community based, non government organisation run by women for women providing a safe space for women to come to. Child, adolescent Trauma service Counselling for domestic and sexual violence victims. Meeting room available for support groups

Central West Women's Health Centre
20 William Street
Bathurst
NSW 2795
02-6331-4133 Office
www.cwwhc.org.au
information@cwwhc.org.au

Bathurst We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Mid Western Sexual Assault Service
Bathurst Base Hospital
William Street
Bathurst
New South Wales
02-6330-5677 Office
www.health.nsw.gov.au/sexualassault/pages/default.aspx

Bega **Helpline 02-6492-4416 24 Hours** Our aim is to support adults and children who experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group

Bega Community Health Centre
McKee Drive
Bega
NSW 2550
02-6492-9620 Office
www.health.nsw.gov.au/sexualassault/pages/default.aspx

work. Court preparation
Support through the court process
Victim Impact Statement Help
Immediate support to recent victims
of sexual assault and co ordinates
forensic examination with a special
doctor trained in these proceedings.

Bega

Helpline 02-6492-6239

Staying Home Leaving Violence
This community service initiative
aims to increase safety and prevent
homelessness by enabling the
person experiencing domestic and
family violence and their children to
stay in their home. Working with the
police we remove the perpetrator
from the home. The service model
includes: Outreach, safety planning,
support and risk assesment, security
modifications and equipment, court
support, casework and advocacy.
Please call if you would like to
know more about this scheme.

Staying Home Leaving Violence
Bega
NSW
02-6492-6239 Office / Helpline

www.housing.nsw.gov.au
www.community.nsw.gov.au

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Blacktown

Helpline 02-9845-5555 Adults

Helpline 02-9845-0000 Children

Our aim is to support adults and
children who have experienced any
form of sexual assault.
Provides counselling and support
to children, adolescents and non
offending family members, through
individual counselling and group
work. Court preparation
Support through the court process
Victim Impact Statement Help
Immediate support to recent victims
of sexual assault and co ordinates
forensic examination with a special
doctor trained in these proceedings.
Please call for further details.

Blacktown Sexual Assault
Service
Blacktown Community Health Ctr
Unit 1, Marcel Crescent
Blacktown
NSW 2148
02-9881-8700 Office

www.health.nsw.gov.au/sexualassault/pages/default.aspx

Blacktown

Blacktown Women's and Girls
Health Centre is a not for profit
organisation which appriaches
women's health from a feminist and
holistic perspectives. We offer
counselling and case management,
a FREE Well Women's Nurse Clinic,
access to free reproductive and
sexual health medical care, a weekly
FREE early childhood clinic,
massage and naturopathy, LGBTIQA
support, FREE legal appointments
support / advocacy, a lively program
of therapeutic and health groups,
a venue for women's organisations
and outreach support. While a small

Blacktown Women's & Girl's
Health Centre Inc
6 Prince Street
Blacktown
NSW 2148
02-9831-2070 Office.

info@womensandgirls.org.au

fee is charged for some services,
no woman is turned away because
she cannot pay.

www.facebook.com/Blacktown-Womens-Girls-Health-Centre-157680234417531/?hc_location=ufi

Blacktown

Helpline 02-9677-1962

Staying Home Leaving Violence
This community service initiative
aims to increase safety and prevent
homelessness by enabling the
person experiencing domestic and
family violence and their children to
stay in their home. Working with the
police we remove the perpetrator
from the home. The service model
includes: Outreach, safety planning,
support and risk assesment, security
modifications and equipment, court
support, casework and advocacy.
Please call if you would like to
know more about this scheme.

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Staying Home Leaving Violence
Blacktown
NSW
02-9677-1962 Office / Helpline

www.housing.nsw.gov.au
www.community.nsw.gov.au

Bondi

Support Group For Survivors of
Incest and Child Sexual Abuse
Survivors of Incest Anonymous is
a spiritual, self help group of men
and women aged 18 years + who
are guided by a set of 12 steps and
12 traditions as borrowed from AA,
along with some SIA slogans and
serenity prayer. The only requirement
for membership is that you are a
victim of child sexual abuse and
you want to recover.
Meets Sundays 6 - 7pm
Survivors only, contact Chana at the
email address on the right for more
details about the location.

Survivors of Incest Anonymous
Bondi
NSW

www.siawso.org
si.sydney.australia@gmail.com

Bourke

Helpline 1800-665-066 24 Hours

We aim to help and support adults
and children who have experienced
any form of sexual assault.
We can provide individual and group
counselling. Court preparation and
accompaniment. We can help with
Victim Impact Statements. Provide
immediate support for recent victims
of sexual assault and coordinate
forensic examinations with specially
trained doctors.

Bourke Sexual Assault Service
Tarcoon Street
Bourke
NSW 2840
02-6870-8899 Office

www.health.nsw.gov.au/sexualassault/pages/default.aspx

Bowral

We aim to support adults and
children who have experienced any
form of sexual assault.
Provides counselling and support
to children, adolescents and non
offending family members, through
individual counselling and group

Bowral Sexual Assault Service
Bendooley Street
Bowral
NSW 2576
02-4861-8000 Office

www.health.nsw.gov.au/sexualassault/pages/default.aspx

work. Court preparation
Support through the court process
Victim Impact Statement Help
Immediate support to recent victims
of sexual assault and coordinates
forensic examination with a special
doctor trained in these procedures.
Please call office for more details.

Broken Hill

Helpline 08-8080-1333 24 Hours

We aim to help and support adults
and children who have experienced
any form of sexual assault.
We can provide individual and group
counselling. Court preparation and
accompaniment. We can help with
Victim Impact Statements. Provide
immediate support for recent victims
of sexual assault and coordinate
forensic examinations with specially
trained doctors.

Broken Hill Sexual Assault

Service

Thomas Street

Broken Hill

NSW 2880

08-8080-1333 Office / Helpline

www.health.nsw.gov.au/sexualassault/pages/default.aspx

Cabramatta

We were established in 1987 to
address the needs of immigrant
women in regards to health info and
health services. Our staff can speak
a variety of languages and we run
a selection of support groups in
various languages for various
cultures.

FREE women's health clinic on a
fortnightly basis, please call as by
appointment only.

Immigrant Women's Health

Service

McBurney Road

Cabramatta

NSW 2166

02-9726-1016 Office

www.immigrantwomenshealth.org.au

iwhs@swsahs.nsw.gov.au

Campbelltown

Helpline 02-4633-3752

Staying Home Leaving Violence
This community service initiative
aims to increase safety and prevent
homelessness by enabling the
person experiencing domestic and
family violence and their children to
stay in their home. Working with the
police we remove the perpetrator
from the home. The service model
includes: Outreach, safety planning,
support and risk assesment, security
modifications and equipment, court
support, casework and advocacy.

Please call if you would like to
know more about this scheme.

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Staying Home Leaving Violence

Campbelltown

NSW

02-4633-3752 Office / Helpline

www.housing.nsw.gov.au

www.community.nsw.gov.au

Campbelltown

W.I.L.M.A is a FREE service run by
women for women, for all women in
the local Macarthur area. Support
groups are available for those
affected by sexual assault or by
domestic violence. Please call for
more information.

W.I.L.M.A. Women's Health Ctr

6 Bugden Place

Campbelltown

NSW 2560

02-4627-2955 Office

www.wilma.org.au

Camperdown	<p>Helpline 02-9515-6111 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Royal Prince Alfred Hospital Missenden Road Camperdown NSW 2050 02-9515-9040 Office</p>	
Campsie	<p>We offer counselling for domestic violence and sexual assault victims. Therapeutic and educational groups are periodically run, please call our office or visit our website for further details.</p>	<p>Sydney Women's Counselling Service 2 Carrington Square Campsie 02-9718-1955 Office</p>	<p>help@womenscounselling.com.au www.facebook.com/Sydney-Womens-Counselling-Centre-235037913339703/</p>
Cessnock	<p>Helpline 02-4937-1927 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.</p>	<p>Staying Home Leaving Violence Cessnock NSW 02-4937-1927 Office / Helpline</p>	<p>www.housing.nsw.gov.au www.community.nsw.gov.au</p>
Coffs Harbour	<p>Counselling and support to adults, young people and children who have experienced sexual assault. Please call us for further details of our services.</p>	<p>Coffs Harbour Women's Health Centre 74 Victoria Street Coffs Harbour NSW 2450 02-6652-8111 Office</p>	<p>bchalmers@chwhc.com.au</p>
Cooma	<p>Helpline 02-6455-3222 24 Hours Our aim is to support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procededures.</p>	<p>Cooma Community Health Care Victoria Street Cooma NSW 2630 02-6455-3201 Office</p>	<p>www.health.nsw.gov.au/sexualassault/pages/default.aspx</p>
Coonabarabran	<p>Helpline 02-6885-8632 24 Hours We aim to help and support adults and children who have experienced</p>	<p>Coonabarabran Sexual Assault Service Cassilis Street</p>	

any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Coonabarabran
NSW 2357
02-6842-6402 Office
www.health.nsw.gov.au/sexualassault/pages/default.aspx

Deniliquin

We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Murray Sexual Assault Service
Deniliquin Community Health Ctr
2 Macauley Street
Deniliquin
NSW 2710
03-5882-2900 Office
www.health.nsw.gov.au/sexualassault/pages/default.aspx

Drummoyne

Helpline 1800-424-017 24 Hours
We provide 24 / 7 help and online crisis counselling to anyone who has or is at risk of experiencing sexual assault or domestic violence. NSW rape crisis counsellors are available in women's centres across the state.
24 hour crisis counselling
Medical care and forensic tests
Counselling in the months after the assault. Information about the legal options. Information about reporting to the police. Help and support with court preparation
Support groups

New South Wales Rape Crisis Centre
PO Box 555
Drummoyne
NSW 2047
02-9818-7216 Office

www.nswrapecrisis.com.au
info@nswrapecrisis.com.au

Dubbo

Helpline 02 6885-8666 24 Hours
We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Dubbo Sexual Assault Service
Dubbo Community Health Ctr
2 Palmer Street
Dubbo
NSW 2830
02-6885-8999 Office
www.health.nsw.gov.au/sexualassault/pages/default.aspx

Dubbo

Helpline 02-6883-1561
Staying Home Leaving Violence
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the

Staying Home Leaving Violence
Dubbo
NSW
02-6883-1561 Office / Helpline

www.housing.nsw.gov.au
www.community.nsw.gov.au

police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this sheme.

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

East Maitland

Helpline 02-4921-3888 24 Hours
24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Lower Hunter Community Health Centre
58 Stronach Avenue
East Maitland
NSW 2323
02-4931-2000 Office

www.hnehealth.nsw.gov.au

Fairfield

We were established in 1987 to address the needs of immigrant women in regards to health info and health services. Our staff can speak a variety of languages and we run a selection of support groups in various languages for various cultures.
FREE women's health clinic on a fortnightly basis, please call as by appointment only.

Immigrant Women's Health Service
Fairfield Centre
92 Smart Street
Fairfield
NSW 2165
02-9726-4044 Office
www.immigrantwomenshealth.org.au

iwhs@swsahs.nsw.gov.au

Fairfield

Helpline 02-9602-7795
Staying Home Leaving Violence
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

Staying Home Leaving Violence
Fairfield
NSW
02-9602-7795 Office / Helpline

www.housing.nsw.gov.au
www.community.nsw.gov.au

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Forbes

Helpline 02-6850-2000 24 Hours
We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaiment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Forbes Sexual Assault Service
Forbes Community Health Ctr
Church Street & Elgin Street
Forbes
New South Wales
02-6850-2233 Office

www.health.nsw.gov.au/sexualassault/pages/default.aspx

Glen Innes	<p>Helpline 02-6739-0200 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Glen Innes Community Health Centre 94 Taylor Street Glen Innes NSW 2350 02-6739-0100 Office</p>	<p>www.hnehealth.nsw.gov.au</p>
Gosford	<p>Helpline 02-4320-2111 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Central Coast Health Gosford Hospital Gosford NSW 2250 02-4320-3175 Office</p>	
Gosford	<p>Counselling and support to adults, young people and children who have experienced sexual assault. Please call our office for further details of our services.</p>	<p>Central Coast Women's Health Centre 37 Maidensbrush Road Gosford NSW 2250 02-4324-2533 Office</p>	<p>www.cccwhc.com.au Contact Form on website</p>
Gosford	<p>Helpline 02-4350-1730 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme. www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</p>	<p>Staying Home Leaving Violence Gosford NSW 02-4350-1730 Office / Helpline</p>	<p>www.housing.nsw.gov.au www.community.nsw.gov.au</p>
Goulburn	<p>Helpline 02-4827-3111 24 Hours Our aim is to support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procedures.</p>	<p>Goulburn Community Health Ctr 130 Goldsmith Street Goulburn NSW 2580 02-4827-3913 Office www.health.nsw.gov.au/sexualassault/pages/default.aspx</p>	
Grafton	<p>Helpline 02-6621-8000 24 Hours Our aim is to support adults and children who have experienced any form of sexual assault. Provides counselling and support</p>	<p>Grafton Sexual Assault Service Arthur Street Grafton NSW 2460 02-6640-2402 Office</p>	

to children, adolescents and non offending family members, through individual counselling and group work. Court preparation
Support through the court process
Victim Impact Statement Help
Immediate support to recent victims of sexual assault and coordinates forensic examination with a special doctor trained in these procedures

Griffith

Helpline 1800-800-944

We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Griffith Community Health Centre

39 Yambil Street

Griffith

NSW 2680

02-6966-9900 Office

www.health.nsw.gov.au/sexualassault/pages/default.aspx

Harris Park

From Surviving to Thriving
How adult children of personality disordered parents can recover and go on to live happy and meaningful lives. Presented by Dr Kate Wallbank from Essence Psychology. June meeting 29th of June 2016, 7.15pm - 9.15pm at Harris Park Community Centre.

From Surviving to Thriving

Dr Kate Wallbank

Harris Park Community Centre

11 Albion Street

Harris Park

NSW

www.meetup.com/Sanctuary-Support-for-Adult-Children-of-NPD-BPD-Parents/events/231437199/

For further details please click on the link above.

Harris Park

Our centre provides services to women who live in the Parramatta, Holroyd, the Hills and Auburn local government areas.
Support and advocacy for women who have experienced violence
Information and referrals
Counselling for women on low incomes whose issues relate to past/present experiences of violence
Regular support groups

Cumberland Womens Health

Centre IC

23 Albion Street

Harris Park

NSW 2150

02-9689-3044 Office

www.cwhc.org.au

contact form on website

Holroyd

Helpline 02-9636-8437

Staying Home Leaving Violence
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning,

Staying Home Leaving Violence

Holroyd

NSW

02-9636-8437 Office / Helpline

www.housing.nsw.gov.au

www.community.nsw.gov.au

support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Hornsby

Survivor Support Group.
The friendships you develop in a social group can help overcome the isolation and loneliness associated with domestic violence. We meet to chat over coffee on Saturdays at 11am. Conversation is varied and relaxed as you'd expect in a relaxed coffee shop atmosphere. There is also free informal instruction on digital photography as a creative pass time. Our website is mobile friendly and we meet at Java Lave in the Westfield Shopping complex at Hornsby.
Ross is the contact person and he can be reached on 040-622-9932 or by email at the address on the right.

Hornsby Ku-ring-gai Survivors
Hornsby
Sydney North Shore
Contact Ross 040-622-9932
www.hornsbykuringgaiwomensshelter.com.au/

Inverell

Helpline 02-6721-9500 24 Hours
24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Inverell Health Service
Swanbrook Road
Inverell
NSW 2360
02-6721-960 Office

www.hnehealth.nsw.gov.au

Katoomba

We were established in 1981 to provide health services to women in the Blue Mountains. We provide a wide range of women's support groups.
Building Safety - A group for women living with the effects of Childhood Sexual Abuse. The next group starts Tuesday 11th February 2014. The group runs for 9 weeks and booking is essential call 02-4782-5133.

Blue Mountains Women's Health and Resource Centre
124 Lurline Street
Katoomba
NSW 2780
02-4782-5133 Office

www.bmwhrc.org

Kempsey

Helpline 02-6562-2272
Staying Home Leaving Violence
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court

Staying Home Leaving Violence
Kempsey
NSW
02-6562-2272 Office / Helpline

www.housing.nsw.gov.au
www.community.nsw.gov.au

support, casework and advocacy.

Please call if you would like to

know more about this scheme.

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Kogarah	Counselling and support for adults, adolescents and children who have experienced sexual assault. Please call our office for further details of the services we can offer.	The St. George Hospital Gray Street Kogarah NSW 2217 02-9113-2494 Office www.seslhd.health.nsw.gov.au/Mental_health/StGeorgeMHS.asp	www.seslhd.health.nsw.gov.au
Lake Macquarie	Helpline 02-4943-9255 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme. www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence	Staying Home Leaving Violence Lake Macquarie NSW 02-4943-9255 Office / Helpline	www.housing.nsw.gov.au www.community.nsw.gov.au
Leichhardt	Counselling services for women who are survivors of childhood sexual assault.	Leichhardt Women's Community Health Centre 55 Thornley Street Leichhardt NSW 2040 02-9560-3011 Office	www.lwchc.org.au info@lwchc.org.au
Lightning Ridge	Helpline 02-6829-9999 24 Hours We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.	Lightning Ridge Sexual Assault Service Corner Opal & Pandora Streets Lightning Ridge NSW 2834 02-6829-9900 Office www.health.nsw.gov.au/sexualassault/pages/default.aspx	
Lismore	Helpline 02-6621-9800 Mon to Thurs 9am-1pm & 2pm-5pm We offer counselling for those who are affected by domestic violence and sexual assault. Please call us for further details of our services.	Lismore & District Women's Health Centre, Inc 60 Uralba Street Lismore 02-6621-9800 Office / Helpline	www.lismorewomen.org.au mail@lismorewomen.org.au
Lismore	Helpline 02-6621-8000 Counselling and support for those affected by sexual violence	Richmond Sexual Assault Service PO Box 419	

Lismore
NSW 2480
02-6620-2970 Office

Liverpool

Helpline 02-9828-3000 24 Hours

Our aim is to help and support adults and children who have experienced sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procedures.

Liverpool Sexual Assault Service
Campbell & Goulburn Street
Liverpool
NSW 2170
02-9829-4844 Office

www.health.nsw.gov.au/sexualassault/pages/default.aspx

Liverpool

We are a community based service run by women for women. All our services are FREE or low cost. Our staff come from a variety of backgrounds and may be able to help you if you have difficulties with English. We can offer:
Court support for women who are experiencing domestic violence.
Support services for Aboriginal and Strait Islanders.
Legal advice from a solicitor from Women's Legal Service NSW.
Support groups are available
Individual Counselling
Women's Health clinic - Tues & Fri
Young women's clinic - Wed pm
Legal clinic - Thurs fortnightly
Our counselling is Mon to Fri and by appointment only.

Liverpool Women's Health Ctr
26 Bath Street
Liverpool
NSW 2170
02-9601-3555 Office

www.liverpoolwomenshealth.org.au

lwhc@sswahs.nsw.gov.au

Liverpool

Helpline 02-9602-7795

Staying Home Leaving Violence
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

Staying Home Leaving Violence
Liverpool
NSW
02-9602-7795 Office / Helpline

www.housing.nsw.gov.au
www.community.nsw.gov.au

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Maitland

Helpline 02-4937-1927

Staying Home Leaving Violence

www.housing.nsw.gov.au

Staying Home Leaving Violence
 This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.
www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Maitland
 NSW
 02-4937-1927 Office / Helpline

www.community.nsw.gov.au

Maroubra

Helpline 02-9314-4006
 Staying Home Leaving Violence
 This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.
www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Staying Home Leaving Violence
 Maroubra
 NSW
 02-9314-4006 Office / Helpline

www.housing.nsw.gov.au
www.community.nsw.gov.au

Mayfield

Counselling and casework for those who have experienced sexual assault. Legal clinic available
 Groups and workshops
 Out reach counselling, please call our office for further details of our services.

Hunter Women's Centre
 Mayfield
 NSW 2304
 02-4968-2511.

www.hwc.org.au
admin@hwc.org.au

Mildura

Helpline 03-5025-5400 24 Hours
 We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Mallee Sexual Assault Service
 Suite 1
 144-146 Line Avenue
 Mildura
 NSW 3502
 03-5025-5400 Office / helpline

www.health.nsw.gov.au/sexualassault/pages/default.aspx

Moree

Helpline 02-6757-0000 24Hours
 24 Hour counselling and support to adults, young people and children who have experienced sexual

Moree Hospital
 Alice Street
 Moree
 NSW 2400

assault. Please call for further details of our services.

02-6757-0200 Office

Moree	<p>Helpline 02-6752-8027 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme. www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</p>	<p>Staying Home Leaving Violence Moree NSW 02-6752-8027 Office / Helpline</p>	<p>www.housing.nsw.gov.au www.community.nsw.gov.au</p>
Moruya	<p>Helpline 02-6492-4416 24 Hours We help and support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceeedures.</p>	<p>Eurobodalla Sexual Assault Service Moruya Community Health Ctr River Street Moruya NSW 2537 02-4474-1561 Office www.health.nsw.gov.au/sexualassault/pages/default.aspx</p>	
Narrabri	<p>Helpline 02-6799-2800 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Narrabri Community Health Ctr 11 Cameron Street Narrabri NSW 2390 02-6799-2000 Office</p>	<p>www.hnehealth.nsw.gov.au</p>
Newcastle	<p>Helpline 02-4926-3677 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.</p>	<p>Staying Home Leaving Violence Newcastle NSW 02-4926-3677 Office / Helpline</p>	<p>www.housing.nsw.gov.au www.community.nsw.gov.au</p>

Nowra	Helpline 02-4423-9211 24 Hours We help and support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.	Nowra Sexual Assault Service Scenic Drive Nowra NSW 2540 02-4423-9211 Office / Helpline www.health.nsw.gov.au/sexualassault/pages/default.aspx
Nowra	We offer a wide range of services including counselling and a wide array of support groups and workshops for women. Our website is currently under construction so please call for further details. This entry dated Jan 2014	Shoalhaven Women's Health Ctr swhc@swhc.org.au 5 McGrath Avenue Nowra NSW 2541 02-4421-0730 Office www.shoalhavenwomenshealthcentre.org.au
Nowra	Helpline 02-4424-7400 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme. www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence	Staying Home Leaving Violence Nowra NSW 02-4424-7400 Office / Helpline www.housing.nsw.gov.au www.community.nsw.gov.au
Nowra	Waminda aims to empower and support Aboriginal women of the Shoalhaven to make informed decisions about their health. Our centre provides a FREE service for women and children of all ages. Domestic violence worker - provides information and support and accompaniment at the court. Sexual Assault worker - provides information and support for women affected by this issue. Health Clinic - Tues 1.30 - 4.30pm	Waminda 77 Osborne Street Nowra NSW 2541 02-4421-7400 Office www.waminda.org.au contact@waminda.org.au
Orange	Helpline 02-6393-3000 24 Hours We help and support adults and	Orange Base Hospital 129 Sale Street

children who have experienced any form of sexual assault.
Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation
Support through the court process
Victim Impact Statement Help
Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.

Orange
NSW 2800
02-6393-3300 Office
www.health.nsw.gov.au/sexualassault/pages/default.aspx

Parkes

Helpline 02-6393-3000 24 Hours
We aim to help and support adults and children who have experienced any form of sexual assault.
We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Parkes Sexual Assault Service
Coleman Road
Parkes
NSW 2870
02-6862-1866 Office
www.health.nsw.gov.au/sexualassault/pages/default.aspx

Parramatta

Helpline 02-9636-8437
Staying Home Leaving Violence
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy.
Please call if you would like to know more about this scheme.
www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Staying Home Leaving Violence
Parramatta
NSW
02-9636-8437 Office / Helpline
www.housing.nsw.gov.au
www.community.nsw.gov.au

Penrith

We actively address the rights and choices of all women in our community and promote better health outcomes for Aboriginal and Torres Strait Islander women and their families.
Counselling services for women
Domestic Violence Services
Adult Survivors of Childhood Sexual Abuse support group - Thursdays
10.30am - 12.30 pm Please call for 2014 start dates and details.

Penrith Women's Health Centre
Penrith
NSW 2750
02-4721-8749 Office

Penrith

Helpline 02-4734-2000 24 Hours
We are a network of community

Springfield Cottage
Governor Philip Hospital

based workers who are taking action against domestic violence. We share information with survivors and victims. Please call if you need help or info on local services and support.

Penrith
NSW 2751
02-4734-2512 Office

Penrith	Helpline 02-4721-2499 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme. www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence	Staying Home Leaving Violence Penrith NSW 02-4721-2499 Office / Helpline	www.housing.nsw.gov.au www.community.nsw.gov.au
Port Macquarie	Helpline 02-6581-2000 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.	Port Macquarie Community Health Centre Morton Street Port Macquarie NSW 2444 02-6588-2882 Office	
Queanbeyan	Helpline 02-9298-9211 24 Hours We help and support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.	Queanbeyan Sexual Assault Service 26 Antill Street Queanbeyan NSW 2620 02-6298-9233 Office www.health.nsw.gov.au/sexualassault/pages/default.aspx	
Quirindi	Helpline 02-6746-0200 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.	Quirindi Health Service Nowland Street Quirindi NSW 2343 02-6746-0200 Office / Helpline	www.hnehealth.nsw.gov.au
Redfern	Helpline 02-9699-9036 Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the	Staying Home Leaving Violence Redfern NSW 02-9699-9036 Office / Helpline	www.housing.nsw.gov.au www.community.nsw.gov.au

person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Rosemeadow

Helpline 02-9828-3000 24 Hours

We aim to help and support adults and children who have experienced any form of sexual assault.

Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation
Support through the court process
Victim Impact Statement Help
Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.

Rosemeadow Sexual Assault Service

5 Thomas Rose Drive
Rosemeadow
NSW 2560

02-4633-4100 Office

www.health.nsw.gov.au/sexualassault/pages/default.aspx

South Coffs Harbour

Counselling and support to adults, young people and children who are affected by sexual assault. Please call our office for further details of our services.

Coffs Harbour Community Health Centre
345 Pacific Highways
South Coffs Harbour
02-6656-7200 Office
02-6656-7414 Office

www.mnclhd.health.nsw.gov.au

www.mnclhd.health.nsw.gov.au/community-health-centres-2/coffs-harbour-community-health/

St. Leonards

Helpline 02-9926-7111 24 Hours

We work with adults and children who have been affected by the trauma of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation
Support through the court process
Victim Impact Statement Help
Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings. Please Call for more details

Northern Sydney Sexual Assault Service
Royal North Shore Hospital
St. Leonards
NSW 2065
02-9926-7111 Office / Helpline

www.nslhd.health.nsw.gov.au

www.nslhd.health.nsw.gov.au/Services/Directory/Pages/SexualAssaultService.aspx

Sydney

From Surviving to Thriving
How adult children of personality disordered parents can recover and go on to live happy and meaningful lives. Presented by

From Surviving to Thriving
Dr Kate Wallbank
Harris Park Community Centre
11 Albion Street
Harris Park

Dr Kate Wallbank from Essence Psychology. June meeting 29th of June 2016, 7.15pm - 9.15pm at Harris Park Community Centre.
www.meetup.com/Sanctuary-Support-for-Adult-Children-of-NPD-BPD-Parents/events/231437199/
For more details please click on the link.

Sydney
North Shore

Survivor Support Group.
The friendships you develop in a social group can help overcome the isolation and loneliness associated with domestic violence. We meet to chat over coffee on Saturdays at 11am. Conversation is varied and relaxed as you'd expect in a relaxed coffee shop atmosphere. There is also free informal instruction on digital photography as a creative pass time. Our website is mobile friendly and we meet at Java Lave in the Westfield Shopping complex at Hornsby.
Ross is the contact person and he can be reached on 040-622-9932 or by email at the address on the right.

Hornsby Ku-ring-gai Survivors
Hornsby
Sydney North Shore
Contact Ross 040-622-9932
ross@resistance.tips
www.hornsbykuringgaiwomensshelter.com.au/

Tamworth

Helpline 02-6763-2354
Staying Home Leaving Violence
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.
www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence

Staying Home Leaving Violence
Tamworth
NSW
02-6763-2354 Office / Helpline
www.housing.nsw.gov.au
www.community.nsw.gov.au

Tamworth

Helpline 02-6767-7700 24 Hours
24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Tamworth Community Health Ctr
Dean Street
Tamworth
NSW 2340
02-6767-8100 Office
www.hnehealth.nsw.gov.au

Taree

Helpline 02-6592-9111 24 Hours
24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Taree Community Health Centre
64 Pulteney Street
Taree
NSW 2430
02-6592-9315 Office

Tweed Heads	<p>Helpline 07-5536-1133 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Tweed Valley Sexual Assault Service Florence Street Tweed Heads NSW 2485 07-5506-7540 Office</p>	
Wagga Wagga	<p>Helpline 02-6938-6666 24 Hours We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.</p>	<p>Wagga Sexual Assault Service Community Health Centre Docker Street Wagga Wagga NSW 2650 02-6938-6411 Office www.health.nsw.gov.au/sexualassault/pages/default.aspx</p>	
Wagga Wagga	<p>We offer support for women in crisis. Advocacy and information Counselling, support and info for women who have experienced child sexual assault. Please call for further details.</p>	<p>Wagga Women's Health Centre 92 Morgan Street Wagga Wagga NSW 2650 02-6921-3333 Office</p>	<p>www.waggawomen.org.au contact form on website</p>
Wallsend	<p>Helpline 02-4921-3888 24 Hours We offer services to adults and children who have experienced the trauma of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.</p>	<p>Newcastle Sexual Assault Service Longworth Avenue Wallsend NSW 2287 02-4924-6333 Office www.health.nsw.gov.au/sexualassault/pages/default.aspx</p>	
Warilla	<p>Crisis counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services. Space available for womens issues support groups.</p>	<p>Illawarra Women's Health Service 2-14 Belfast Avenue Warilla NSW 2500 02-4255-6800 Office www.womenshealthcentre.com.au info@womenshealthcentre.com.au</p>	
Westmead	<p>Helpline 02-9845-5555 24 Hours 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Westmead Hospital Darcy & Hawksbury Roads Westmead NSW 2145 02-9845-7940 Office</p>	<p>www.wslhd.health.nsw.gov.au</p>

Wollongong	<p>Helpline 02-4255-5333</p> <p>Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.</p> <p>www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</p>	<p>Staying Home Leaving Violence Wollongong NSW 02-4255-5333 Office / Helpline</p>	<p>www.housing.nsw.gov.au www.community.nsw.gov.au</p>
Wollongong	<p>Helpline 02-4222-5000 24 Hours</p> <p>We aim to offer services / support to adults and children who have experienced sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procedudres.</p>	<p>Wollongong Sexual Assault Service 4 Urunga Parade Wollongong New South Wales 02-4222-5408 Office</p>	<p>www.health.nsw.gov.au/sexualassault/pages/default.aspx</p>
Wyong	<p>Helpline 02-4350-1730</p> <p>Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.</p> <p>www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</p>	<p>Staying Home Leaving Violence Wyong NSW 02-4350-1730 Office / Helpline</p>	<p>www.housing.nsw.gov.au www.community.nsw.gov.au</p>
Young	<p>Helpline 1800-677-114 24 Hours</p> <p>24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Young Community Health Ctr Allanan Street Young NSW 2594 02-6382-8729 Office</p>	