National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED SERVICES INCLUDED

GROUP OR ORGANIZATION

WEB ADDRESS / EMAIL ADDRESS

NEW JERSEY

National Helpline Hotline 1-800-4-A-CHILD

details.

Hotline 1-800-422-4453

Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Terrirories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional

Childhelp

Prevention and Treatment of

Child Abuse

www.childhelp.org info@childhelp.org

Email support form on the website

Statewide

800-601-7200 Sexual Assault

Statewide information and referral.

Sexual Assault

New Jersey Coalition Against

609-631-4450 Office

www.njcasa.org

info@njcasa.org

Statewide

800-572-7233 Domestic Violence

Statewide information and referral.

New Jersey Coalition for

Battered Women 609-584-8107 Office www.njcedv.org/

www.facebook.com/njcedv

Statewide

1-888-373-7888 Human Trafficking

or Text BE FREE to number above

New Jersey Coalition Against

Human Trafficking 201-903-2111 Office

Homepage - New Jersey Coalition Against Human Trafficking (safernj.org)

Atlantic

Peer led mutual support group

for PTSD, anxiety and depression

for adults only.

Meets 2nd Monday 7 - 8.30 PM Call 609-927-0215 for details.

NAMI Connection

Absecon United Methodist Chrch info@naminj.org

Pitney Road Atlantic **New Jersey**

609-927-0215 Office

www.nami.org/Affiliate?state=NJ

Barrington

Peer led mutual support group

for PTSD, anxiety and depression

for adults only

Meets 2nd & 4th Wed 3 - 4 pm Contact Denise Shinn by email NAMI Connection

Donald Mays Center 204 White Horse Pike

Barrington **New Jersey**

856-429-9940 for details

www.nami.org/Affiliate?state=NJ

Beach Haven

Crisis intervention services

Group counseling.

Sexual Abuse and Assault

Program Beach Haven NJ 08008

609-494-1554 Counseling

Bergen County

Male survivors Support Group

Psychoeducational group for men

who have experienced child sexual NJ

abuse. Group led by a professional 201-457-2227 Healing Space

facilitator who covers several topics such as trauma, anger,

fear and intimacy.8-10 week group cycles, limited to 8 members per group Sessions last 90 mins contact 201-881-1733 for details this group is FREE of charge.

YWCA of Bergen County

Healing Space

YWCA Northern New Jersey | Facebook

www.malesurvivor.org

healingspace@ywcannj.org

Blackwood

Hotline 1-856-227-1234

We provide critical services for families experiencing domestic violence through our emergency shelter and outreach programs Help - temporary restraining orders

Court accompaniment Childrens Programs

Individual counseling

FREE open support group every Thursday 6-7pm for more details call hotline 1-856-963-5668.

Camden County DV Center

PO Box 1459 Blackwood NJ 08012

856-963-5668 Office

www.camdencountywomenscenter.org

ccwcinfo@njaconline.org

Bloomfield

Hotline 973-759-2154 **Emergency shelter** Legal advocacy Court accompaniment Individual counseling Support group

The Safe House PO Box 1887 Bloomfield NJ 07003

973-759-2378 Office

Camden

1-866-295-7378 Camden County

1-866-295-7378 Gloucester County 1-800-225-0196 Cumberland Co This outpatient counseling program

provides individual and group counseling to adults suffering from trauma. Call 1-877-922-2377 or

access@centerffs.org

Center for Family Services

584 Benson Street

Camden NJ 08103

856-964-1990 Office.

www.centerffs.org/serv/welcome

info@centerffs.org

Cape May Court House

1-877-294-2272 Toll free

24 Hour hotline Crisis intervention Counseling services

Legal counseling and advocacy

Community education

Support group for women leaving

an abusive relationship

Support groups for survivors of sexual assault Call 877-294-2272 The Coalition Against Rape and

Abuse, Inc (C.A.R.A.)

PO Box 774

Cape May Court House

N.I 08210

609-522-6489 Office

Colts Neck

Peer led mutual support group for

PTSD, anxiety and depression 18+

Meets 2nd & 4th Monday Meeting time 7.15pm to 8.45pm Nami Connection

Colts Neck community Center

25 Merchants Way Colts Neck

New Jersey

www.namigm.org/support_groups

Cranford **Township** Hotline 908-355-4357 24 Hour hotline **Emergency shelter**

YWCA - Eastern Union County

215 N. Avenue E. Cranford Township

info@ywcaunioncounty.org

www.cara-cmc.org

carasafe1@cara-inc.net

Crisis intervention

Domestic Violence Response Team

Short / long term counseling Support groups for survivors of domestic violence in English and Spanish. All services are FREE. NJ 07016 908-355-1500

YWCA Union County | Facebook

Delran

Hotline 609-871-7551

Or 877-871-7551 Toll Free

Emergnecy shelter

Project Outreach assists African

American females who are

experienceing domestic violence Individual and group couseling 18+ Call 856-824-0599 for group details. Providence House in Burlington

County Delran

New Jersey

856-824-0599 Office

www.catholiccharitiestrenton.org

Edison

1-877-665-7273 Toll Free

24 Hour crisis hotline

24 Hour medical and police support

Community presentaions

Individual and group counseling.

Rape Crisis Center

29 Oakwood Avenue

Edison NJ 08837

732-321-1189 Office

rapecrisis@co.middlesex.nj.us

Edison

Male Survivor Support Group

Support group for male survivors

of sexual assault or abuse

Meets Tuesdays contact office for place and times 732-231-1189 x321

This support group is FREE.

Jeanne Manchin

Edison

NJ 732-321-1189 ext 321 Office rapecrisis@co.middlesex.nj.us

www.malesurvivor.org

www.fsasi.org

www.carolfreund.com

agency@safeinhunterdon.org

Egg Harbor Township Individual and group counseling

and psychiatry services for victims

of sexual violence.

Fees on a sliding scale.

Family Service Association 3073 English Creek Avenue

Suite 3

Egg Harbor Township

NJ 08234

609-569-0239 Counseling

Flemington

Women Recovering from Childhood

Abuse Group

Women meet in 10 week cycles for

support and growth.

Meets Tuesdays 7 - 8.30 pm

Cost \$40 - \$50

Ms Carol Freund

Flemington

NJ 08822

908-806-2040 for details carol@carolfreund.com

Flemington

Hotline 1-888-988-4033

TEXT Hotline 908-455-2927

24 Hour crisis hotlines

Domestic Violence Response Team

Sexual Assault Response Team

Legal advocacy

Individual and group counseling Support group for victims of abuse emotional, physcial & psycological All services are FREE of charge SAFE of Hunterdon 47 East Main Street

Flemington NJ 08822

908-788-7666 Office

www.facebook.com/SAFEinHunterdon/

Florham Park

DV Assistance 973-740-1233

Medical, police and clergy liaison Assistance with emergency shelter

Therapy for domestic abuse victims Transitional & post safe housing

Help with restraning orders Support groups for adult, children

and teens.

Rachel Coalition Domestic Violence Services

256 Columbia turnpike

Suite 105 Florham Park NJ 07932

973-765-9050 Office

www.jfsmetrowest.org info@jfsmetrowest.org

www.jfsmetrowest.org/domestic-violence-rachel-coalition/

Freehold

Peer led mutual support group for PTSD, anxiety and depression 18+ Meets Thursday 5 pm for details. namigreatermonmouth@gmail.com

NAMI Connection Freehold Self Help Center 17 Bannard Street Freehold New Jersey 732-462-6448 Office www.namimonmouth.org

Freehold

SIA Support Meeting
SIA is a 12 step, swlf help recovery
program. The only requirement
for membership is that you were
sexually abused as a chils and
that you want to recover/
Meets Thursdays 7.15pm -8.15pm
Contact persons Mary or Amy

For further details please click on the SIA website meetings directory.

Survivors of Incest Anonymous Freehold

www.siawso.org/

access@centerffs.org

Glassboro

1-866-295-7378 Camden County 1-866-295-7378 Gloucester County 1-800-225-0196 Cumberland Co This outpatient counseling program provides individual and group counseling to adults suffering from trauma. Call 1-877-922-2377 for more details

Center for Family Services 250 South Delsea Drive Glassboro

NJ 08028

New Jersey

856-881-5511 Office

www.centerffs.org/locations

Hackensack

Hotline 201-336-7575

We are a division of the Bergen Co. department of human services, which is devoted to domestic violence intervention.

We offer crisis intervention
Court appearance preparation
Court accompaniment
Legal advocacy & assistance
Community education
Individual and group counseling

Alternatives to Domestic Violence

One Bergen County Plaza 2nd Floor Hackensack NJ 07601

201-336-7575 Office / Hotline info@bergenresourcenet.org

Hackensack

Hotline 201-944-9600

We are dedicated to assisting those who are victims of doemstic violence We are a non profit agency founded in 1976, our mission is to help victims heal and grown through a wide range of services that give you the tools to leave violence behind. Emergency shelter program Childrens services (therapy) Transitional housing

Center for Hope and Safety

PO Box 217 Hackensack

NJ 07602

www.bergenresourcenet.org/search/alternatives-to-domestic-violence/

201-498-9247 Office

Home - Center for Hope & Safety (hopeandsafetynj.org)

Hackensack

Mens Support Group for Survivors of Sexual Violence.
This weekly 10 session group will be a forum for male survivors to discuss such topics as trauma,

emotions, self esteem, anger, coping mechanisms, relationships

Community support groups.

Stephen Oreski Hackensack NJ 07601

551-579-4441 Office Text 551-239-1231

steve@bergencountytherapist.com

www.bergencountytherapist.com

safeline@shelteroursisters.org

and much more.

Meets Mondays 6.30 - 8 pm

Hackensack

Hotline 201-487-2227 24 Hour crisis hotline Short term crisis counseling

Medical and legal advocacy Individual counseling for survivors Support groups for male & female

adult survivors of sexual violence Call 201-487-2227 for group details Serving the Bergen County area.

YWCA - Healing Space Sexual

Violence Resource Center 2 University Plaza

Suite 208 Hackensack

201-881-1733 Counseling Dept

YWCA Northern New Jersey healingSPACE | Facebook

Haddon Township Healing the Wounds of Trauma and

Abuse Group

This group is for women who have suffered and survived trauma and or abuse. Participants will begin healing through renewing of the mind, engaging in mentally and emotionally healthy relationships.

Cost \$50 - \$60

Mrs Sharon Thomas

Haddon Township

NJ 08108

215-385-5606 Office

www.sharon-thomas.com/ sharon@sharon-thomas.com

Haworth

Post Traumatic Stress Debriefing

Group

Experienced chronological developemental therapy as the treatment solution for PTSD and relief of anxiety, fear, anger, grief and depression. Call 201-387-0444

for group details and location

Erick D Rubel

Haworth

NJ 07641

201-693-4298 Office

Hazlet

1-888-843-9262 Domestic Violence

1-888-264-7273 Sexual Assault TDD Hotline 732-977-2766 24 Hour crisis hotlines Sexual Assault Response Team Domestic Violence Response Team Domestic violence counseling group

Sexual assault counseling group.

180 Turning Lives Around

1 Bethany Raod

Building 3 Suite 42 Hazlet NJ 07730

732-264-4111 Office

180 Turning Lives Around (180nj.org)

Hewitt

Helpline 973-831-0898

Breaking the cycle of domestic

violence and abuse. **Emergency shelter**

Support groups are offered for both shelter and community residents every Thursday night at two locations

in Passaic County.

Upper Passaic Co 973-728-0059 Lower Passaic Co 973-897-5685 Strengthen Our Sisters

PO Box 1089 Hewitt NJ 07421

973-831-6156 Office

info@strengthenoursisters.org

Hillsborough

Hotline 866-685-1122 Call or Text

TTY/TDD Line 908-359-8640

24 Hour hotlines

Counseling and temporary shelter for victims of domestic violence Services FREE of charge

Safe and Sound Somerset 427 Homstead Road

Hillsborough

NJ 08844

908-359-0003 Office

Hopatcong

Support group for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual Lamplighter Movement

Hopatcong **New Jersey** www.safe-sound.org/

www.strengthenoursisters.org

info@180nj.org

www.thelamplighters.org margie@thelmaplighter.org assault. To join this chapter email Margie at address on right of page

Jersey City Hotline 201-795-5757

24 Hour hotline 365 day

Provides services for incest and rape victims 13 years and up

24 Hour advocacy

Individual and group counseling
All services are FREE to residents

of Hudson County

Hudson Speaks 179 Palisade Avenue

Jersey City NJ 07306

201-795-5757 Office / Hotline

www.facebook.com/HudsonSPEAKS/

Jersey City Hotline 973-740-1233

Medical, police and clergy liaison Assistance with emergency shelter Therapy for domestic abuse victims Transitional & post safe housing Help with restraning orders Support groups for adult, children

and teens.

Rachel Coalition Domestic

Violence Services 921 Bergen Avenue

Suite 627 Jersey City NJ 07306

973-740-1233 Office / Hotline

www.jfsmetrowest.org/domestic-violence-rachel-coalition/

Jersey City Hotline 201-333-5700

We are Hudson County's designated domestic violence service provider.

Crisis Intervention

Battered womens shelter

Domestic Violence Response Team

Assitance with legal rights

Assistance with restraining orders

Individual counseling Support groups

WomenRising Inc 270 Fairmount Avenue

Jersey City NJ 07306

201-333-5700 Office

www.womenrising.org info@womenrising.org

www.jfsmetrowest.org info@jfsmetrowest.org

Lakewood

Crisis intervention service Counseling available

609-494-1554 for details

Sexual Abuse and Assault

Program Lakewood NJ 08701

Lawrenceville

helpline@namimercer.org

Peer led mutual support group for PTSD, anxiety and depression 18 + Meets 2nd & 4th Tuesday 7 - 8.30pm

Call 609-799-8994 for details

Nami Connection

Lawrence Commons 3371 Brunswick Pike

Suite 124 Lawrenceville

609-799-8994 Ext 17 Office

Lawrenceville

Linwood

609-394-9000 Mercer County 800-572-7233 Statewide 24 Hour crisis hotlines Emergency shelter

Domestic Violence Victim Response Sexual assault support advocates FREE drop-in support groups, 2 in

English, 1 in Spanish.

Monday 6 - 7pm & Thurs 1 - 2 pm Support group for sexual assault survivors call 609-394-2532 for support group details.

Crisis Hotline 800-286-4184

Text Line 609-569-5437 24 Hour 365 day hotlines We work to reduce the physical, psychological and emotional effects Womanspace

1530 Brunswick Avenue

Lawrenceville NJ 08648

609-394-0136 Office

info@naminj.org

www.womanspace.org info@womanspace.org

AVANZAR

Violence Intervention Program

1201 New Road Suite 240 Linwood webinfo@acwc.org

of domestiv violence, sexual assault

and incest

24 Hour temporary shelter

SANE / SART services

Domestic Violence Response Team Legal advocacy / community ed Individual and group counseling

All services FREE of charge

Avanzar | Formerly The Women's Center | Safety, Justice, Empowerment (avanzarnow.org)

609-601-9925 Office Avanzar | Facebook

Livingston

Hotline 973-740-1233

Medical, police and clergy liaison Assistance with emergency shelter Therapy for domestic abuse victims

Transitional & post safe housing Help with restraning orders

Support groups for adult, children

and teens.

Rachel Coalition Domestic

Violence Services 570 West Mt. Pleasant Avenue

Suite 106 Livingston NJ 07039

NJ 08221

973-740-1233 Office / Hotline

www.jfsmetrowest.org/domestic-violence-rachel-coalition/

Long Beach **Township**

St Francis is a membership org open to everyone. \$55 per year for adults and \$35 for seniors.

Rape survivors support group past or present no extra charge. Adult female survivors of sexual abuse in childhood group no extra charge. Call 609-494-1554 details

St Francis Community Center

4700 Long Beach Blvd

609-494-1554 Office

www.stfranciscenterlbi.org

www.jfsmetrowest.org info@jfsmetrowest.org

Manasquan

Peer led support group for PTSD, anxiety and depression

Meets 2nd Tuesday 7 - 8.30 723-223-4673 for details

Nami Connection Samaritan Center

36 South Street Manasquan

Mays Landing

Support Group For Childhood Abuse Our support group helps empower those who have survived childhood sexual abuse using the 12 step and

12 traditions program as borrowed from AA. Survivors only at these

meetings please.

Meets 2nd Tuesday of the Month Meeting Time 7pm to 8.30pm Contact person is Kevin siaml@comcast.net

For further details please click on the SIA website meetings directory

Long Beach Township

NJ 08008

www.njsamaritan.org/

Survivors of Incest Anonymous

Mays Landing **New Jersey**

www.siawso.org siaml@comcast.net

Middletown

Marilyn's Place SIA Meeting

Our support group helps empower those who have survived childhood sexual abuse using the 12 step and 12 traditions program as borrowed

from AA.

Meets 3rd Tuesday of the Month Meeting time 9am to 10.30am

Contact person is Sue

For further details please click on the SIA website meetings directory. Survivors of Incest Anonymous

Middletown **New Jersey** www.siawso.org/

Montclair

Adutl Survivors of Child Abuse Group ASCA This is a self help group program

for adult survivors of neglect,

Montclair **New Jersey** www.ascasupport.org ascamontclair@gmail.com physical, emotional and sexual abuse

Meets Mondays 7.30 - 9 pm Dan ascamontclair@gmail.com Suggested donation \$10

Montclair

Support group for adult survivors of child abuse. Providing mutual support in a gentle non judgemental environment. Survivors of any type of abuse are welcome.

Meets every Monday at 7.15pm

Email Kristen ascamtc@yahoo.com for group details. \$10 donation if at

at possible

ASCA Montclair NJ 07043 New Jersey

www.ascasupport.org ascamtc@yahoo.com

Montclair

1-877-733-2273 Toll Free 24 Hour 7 day hotline Our advocates have received calls from men and women survivors of

past and present violence. Our role is to support the survivor.

Sexual Assault Response Team
Sexual Assault Nurse Examiner
Advocates for police station/hospital
FREE individual & family counseling with no limit on number of sessions.

Essex County Rape Care Ctn Montclair NJ 07042 973-746-0800 Office www.familyserviceleague.org/ info@familyserviceleague.org

Morris Plains

Adult Survivors of Child Abuse Group ASCA
This is a self help group program Morris
for adult survivors of neglect, NJ 079
physical, emotional and sexual Abuse

Meets Thursday 7.30 - 9 pm contact ascamnj@yahoo.com Suggested donation \$10.

ASCA Morris Plains NJ 07960 New Jersey www.ascasupport.org ascamnj@yahoo.com

Morristown

Hotline 1-877-782-2873
Text line LOVEIS to 22522
TTY/TDD Hotline 973-314-4192
We provide emotional support and alternatives to victims of domestic abuse. Services are FREE of charge

Jersey Battered Women's Services PO Box 1437 Morristown NJ 07962 973-267-7520 Office.

www.jbws.org info@jbws.org

Morristown

Hotline 973-829-0587 24 Hour 7 day hotline Callers receive confidential support and counseling from a professional therapist.

Medical and legal advocacy
Community education

Support groups available to male & female survivors of sexual violence www.atlantichealth.org/morristown/our +services/behavioral+health/sexual+a ssault+program/

Morristown Medical Center Sexual Assault Program 100 Madison Avenue Morristown NJ 07960

1-888-247-1400 Office

www.atlantichealth.org

Newark

We are a non profit organization created in 1979. We have a safe and confidential emergency shelter for women and their children who are flee domestic violence.

Babyland Family Services Inc 755 South Orange Avenue Newark NJ 07106 973-399-3400 Office Legal advocacy

Domestic Violence Response Team throughtout Essex County

Individual and group therapy Childrens play therapy

Babyland Family Services, Inc. | Facebook

Newark

We provide youth, adults and

families with effective and

comprehensive christian faith-based solutions to drug, alcolhol and

other life controlling problems.

Call 973-374-2206 for more details.

Teen Challenge 49 Brookdale Ave

Newark NJ 07106

508-408-4378 Main Office

www.tcnewengland.org/

Newark

Individual couseling for victims of

domestic violence

Medicaid and Medicare accepted.

The WISE Program- Integrity

659 Martin Luther King Jr Blvd

Newark NJ 07102

973-623-0600 Office

www.integrityhouse.org

director@tcnewark.org

New Brunswick

FREE services for south Asian

women who are victims of any form

of violence.

Counseling and support groups Call 732-435-1414 for group details Langauges spoken Bengali, Hindi, Gujarati, Malyalan, Punjabi, Tamil,

and Urdu..

MANAVI

PO Box 3103 New Brunswick

NJ 08903

732-435-1414 Office

www.manavi.org manavi@manavi.org

info@prab.org

New Brunswick

This FREE project seeks to develop

family coping skills within the

Hispanic family.

Informal self help groups

Individual counseling

Puerto Rican Action Board

22 Joyce Kilmer Avenue

New Brunswick NJ 08903

www.facebook.com/prabincinfo/

New Brunswick

Hotline 732-249-4504

Founded in 1979 our mission is to end domestic violence in the lives of women, children and men. Providing Emergency safe shelter

Domestic violence Response Team

Legal advocacy program

Outreach program

Individual and group counseling English & Spanish support groups 732-828-4510 Office

Women Aware 250 Livingston Ave **New Brunswick**

NJ 08901

732-249-4504 Office / Hotline

www.facebook.com/womenawareinc/

Newton

Hotline 973-875-1211 Text Hotline 973-222-2593

Emergency safe house Medical and legal advocacy Sexual Assault Response Team Domestic violence Response Team FREE long/shirt term counseling

FREE support groups for domestic violence and sexual violence Call 973-579-2386 for group details. DASI - Domestic Assault and

Sexual Assault Intervention

PO Box 805 Newton NJ 07860

973-579-2386 Office 862-293-0136 Legal Advice

Northfield Hotline 800-286-4184

TEXT Line 609-569-5437 24 Hour 365 day hotlines We work to reduce the physical, **AVANZAR**

Violence Intervention Program

PO Box 311 Northfield

www.dasi.org

Avanzar | Facebook

psychological and emotional effects of domestiv violence, sexual assault and incest 24 Hour temporary shelter

SANE / SART services Domestic Violence Response Team Legal advocacy / community ed Individual and group counseling All services FREE of charge.

NJ 08225 609-601-9925 Main Office

Paterson

Hotline 973-881-1450 Our outreach center provides counseling and court advocacy to the Latino community. Plus services to survivors of rape and domestic violence. We also provide shelter.

Passaic County Women's Ctn 107 Madison Avenue Paterson NJ 07513

973-881-0725 Office

aperez@njaconline.or

Phillipsburg

Carol D Levine is a NAASCA volunteer, a co host of the "Stop Child Abuse Now" radio talk show broadcast 6 nights a week at 8pm Eastern Standard Time, and is a published author of the book "Panic Child". The true story of overcoming a lifetime of neglect and sexual Carol can offer solutions and make the proper calls if abuse or domestic violence is suspected, often visiting daycare centers with NAASCA info to educatedirector on the signs of abuse and what to look out for. Based in Phillipsburg New Jersey Carol travels across the state and into PA to speak out, educate and advocate for those affected by or interested in abuse in all it's forms. Carol can be reached after 2pm EST on 1-908-454-7522 or email the address on the right of this page.

Carol D levine (NAASCA) Phillipsburg NJ 08865 908-454-7522 After 2pm EST

caroldlevine@aol.com www.naasca.org/

Salem

Victims of Sexual Abuse Recover

Support groups for victims of sexual

Hotline 856-935-6655

Individual counseling

and domestic violence

All services FREE of charge.

Legal referrals / advocacy

Emergency shelter

Salem County Women's Service PO Box 125 Salem

NJ 08079 856-935-6655 Office / Hotline

www.facebook.com/SCWomensServices/ www.salemcountywomensservices.org/

Scotch Plains

If you are finding your life and relationships limited because you've suffered sexual abuse, this may be the group for you. This group will focus on recovering from the often times debilitating symptoms of that trauma. Meets Saturdays 11 am Cost \$40 - \$50

Dr Amber M Johnson Scotch Plains NJ 07076 908-387-7504 Office

Scotch Plains

Sexual Trauma Recovery Group This is a group open to meale and female survivors aged 19+. The group will occur on a weekly basis

Mr John Migueis Scotch Plains NJ 07076 908-280-0829 for details www.ownhope.org im@ownhope.org

and provide psycho-education on the impact of trauma. Coping skills for flashback, intrusive thoughts and Hyper vigilance ect. All candidates must undergo a screening first. Meets Fridays Cost \$40 - \$50

Somerville 980-526-7444 Somerset County

24 Hour sexual assault hotline Counseling for sexual assault survivors. NO fee for 1st 10 weeks Individual and group counseling Zufall Health Center-SASS

71 Fourth Street Somerville NJ 08876

908-526-7444 Office / Hotline

Toms River Incest survivors group for women

Meets every Friday evening Email info@ochd.org

Ocean County Health Dept

Sunset Avenue Toms River NJ 08755

732-341-9700 Office

www.ochd.org info@ochd.org

Trenton Helpline 1-800-360-7711

Specialist services for child abuse and neglect, child sexual abuse and incest. Sliding scale fees

Family Growth Program-Mercer

Trenton NJ 08609

609-278-1213 Office

www.catholiccharitiestrenton.org

info@cctrenton.org

Vineland

1-866-295-7378 Camden County 1-866-295-7378 Gloucester County 1-800-225-0196 Cumberland Co This outpatient counseling program provides individual and group counseling to adults suffering from trauma. Call 1-877-922-2377 for more details Center for Family Services 3642 Landis Avenue

Vineland NJ 08361

856-696-2032 Office

www.centerffs.org access@centerffs.org

Vineland

Hotline 800-852-2102 Access to safe shelter Advocacy with other agencies Individual and group counseling All services FREE of charge **Cumberland County Womens**

Center PO Box 921 Vineland NJ 08362

800-852-2102 Office/ Hotline

www.facebook.com/dvscp/

Vineland

Peer led mutual support group for PTSD, anxiety and depression for adults only Meets 3rd Monday 7 - 9 pm Call Tony Cotto 856-691-1205 X 15 Nami Connection

Chestnut Assembly of God 2554 East Chestnut Avenue

Vineland

856-691-1205 Office

Villelallu

Voorhees

1-866-295-7378 Camden County
1-866-295-7378 Gloucester County
1-800-225-0196 Cumberland Co
This outpatient counseling program
provides individual and group
counseling to adults suffering from

trauma.

Center for Family Services

108 Somerdale Road

Voorhees NJ 08043

856-651-7553 Office

www.centerffs.org access@centerffs.org

Waldwick

Group or individual therapy for depression, anxiety and abuse. Skype session are available

Mr Valery Fradkov Waldwick

NJ 07463

201-497-0289 Office

www.therapy.fradkov.com therapy@fradkov.com

Washington

Hotline 908-453-4181 Or Hotline 888-998-4033 24 Hour hotlines Domestic Abuse and Sexual Assault Crisis Center of Warren

County

www.dasacc.org

Transitional housing available

Legal advocacy

Domest Violence Response Team

Sexual Assault Response Team

Outreach counseling

2 Women's domestic violence support groups on Wednesdays from 10 to 11am and 11 to 12 noon. Call 908-453-4121 for group details All services FREE and confidential We seare all of Warren County, we also have appointments available in Hackettstown and in

29C Broad Street Washington NJ 07882

908-453-4121 Office

24 Hour hotline

Hotline 908-233-7273

Counseling available.

Phillipsburg..

Union County Rape Crisis Ctn

NJ 07090

Westmont

Westfield

richssara@comcast.net

For further details please click on

Westfield

908-233-7273 Office / Hotline

www.unioncountyrapecrisiscenter.blogspot.com

Co-Ed Survivors of Incest

Annoymous (SIA) meeting SIA started in 1982, is a 12 step, self help recovery program. The only requirement for membership is that you were sexually abused as a child and you wish to recover. Meets Fridays 6.30pm to 8pm contact person is Rich

the SIA website meetings directory

Survivors of Incest Anonymous

Westmont **New Jersey** www.siawso.org

rrc@ucnj.org

richssara@comcast.net

Westmont

Heart-to-Heart: A facilitated group

for male survivors.

We create together an environment of trust and mutual respect, learning the skills needed to live increasingly free and creative lives. We meet on Wednesdays 8 - 9.30pm. Cost per session is \$35. financial assistance

is avaiable if needed.

The Starting Point Stephen M Tumolo

Westmont NJ 08108

856-406-6153 Main Office

www.heart2heartinc.org

Westmont

"Be Gentle With Yourself" SIA Group SIA started in 1982, is a 12 step, self help recovery program. The only requirement for membership is that you were sexually abused as a child and you wish to recover. Meets Saturdays 9.30am to 11am

Contact person is Sandy for further details please click on the SIAwebsite meetings directory Survivors of Incest Anonymous

Westmont **New Jersey** www.siawso.org/

Whiting Hotline 732-224-8259

Or 800-246-8910 Toll Free

Emergnecy shelter

Project Outreach assists African American females who are

experienceing domestic violence Individual and group couseling 18+ Providence House in Ocean

County Whiting **New Jersey**

732-350-2120 Office

www.catholiccharitiestrenton.org

Call 732-350-2120 for group details

Williamstown

1-866-295-7378 Camden County

1-866-295-7378 Gloucester County 1-800-225-0196 Cumberland Co

This outpatient counseling program provides individual and group

counseling to adults suffering from trauma. Call 1-877-922-2377 for

more details.

Center for Family Services 601 Black Horse Pike

Williamstown NJ 08094

856-881-7252 Office

www.centerffs.org access@centerffs.org

Willingboro

1-877-871-7551 Burlington County

1-800-246-8910 Ocean County

Emergency safe House

Domestic Violence Response Team

Legal advocacy

Project Self Sufficiency Individual counseling

Domestic violence support groups.

Providence House Domestic

Violence Service PO Box 496 Willingboro NJ 08046

732-350-2120 office

www.catholiccharitiestrenton.org