

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
NEWFOUNDLAND & LABRADOR			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Carbonear	<p>Hotline 709-596-8709 Or 1-888-596-8709 Toll Free Supportive hotlines and shelter for those in need.</p>	<p>O'Shaughnessy House PO Box 497 Carbonear Newfoundland & Labrador A1Y 1B9 709-596-8208 Office</p>	<p>www.iriskirbyhouse.ca/</p>
Carbonear	<p>We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.</p>	<p>Victim Services Program 80 Powell Drive Carbonear Newfoundland & Labrador A1Y 1A5 709-945-3020 Office www.victimserviceshelp.ca/index.html</p>	<p>www.justice.gov.nl.ca/victimservices@gov.nl.ca</p>
Clareville	<p>We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.</p>	<p>Victim Services Program 97 Manitoba Drive Suite 101 Clareville Newfoundland & Labrador A5A 1K3 709-466-5808 Office www.victimserviceshelp.ca/index.html</p>	<p>www.justice.gov.nl.ca/victimservices@gov.nl.ca</p>
Corner Brook	<p>Hotline 709-634-4198 Or 1-866-634-4198 24 hour crisis hotlines</p>	<p>Committee on Family Violence Transition House PO Box 152</p>	<p>www.transitionhouse.ca</p>

We are a community-based organization independent of any political body. Our goal is to provide emergency refuge for women and children who need our support. call us for information & resources

Corner Brook
Newfoundland & Labrador
A2H 6C9
709-634-4199 Office
thouse@nf.sympatico.ca

Corner Brook

We participate in agency, activism and provide direct services for women. Crisis intervention
Community education & outreach
Short term supportive counselling
Space for self help/therapy groups

Corner Brook Women's Centre
PO Box 373
2 Carmen Avenue
Corner Brook
Newfoundland & Labrador
709-639-8522 Office

[www.cornerbrookswc.com/
cbwomenscentre@gmail.com](http://www.cornerbrookswc.com/cbwomenscentre@gmail.com)

Corner Brook

From Survivor to Thriver Group
A Self-Help Support group for Adult Survivors of Child Abuse. This group is for anyone aged 17 or older who self-identifies as an adult survivor of child abuse regardless of your story or where you are in the healing process. For more information, or to register (spaces are limited) call or email me. email: asca-cb@outlook.com Telephone 709-639-8522.

Self Help Support Group
Corner Brook
Newfoundland & Labrador
709-639-8522 contact no.

[www.ascasupport.org/
asca-cb@outlook.com](http://www.ascasupport.org/asca-cb@outlook.com)

Corner Brook

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Victim Services Program
PO Box 2006
Corner Brook
Newfoundland & Labrador
A2H 6J8
709-637-2614 Office

[www.justice.gov.nl.ca
victimservices@gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)

www.victimserviceshelp.ca/index.html

Gander

Hotline 1-877-800-2272 Toll Free
24 Hour crisis hotline
We maintain a 13 bed shelter for women who have left an abusive relationship with or without children
Safety planning
Legal and court support
Referrals, info and education
Counselling available

Cara Transition House
PO Box 305
Gander
Newfoundland & Labrador
A1V 1W7
709-256-9306 Office

administration@carahouse.com

Gander

Hotline 1-866-442-4445 Toll Free
Our mission is to promote peace, justice and equality for women and their families through support, education and advocacy.
Support and referrals
Space for self help support groups.

Gander Women's Centre
61 Elizabeth Drive
Gander
Newfoundland & Labrador
A1V 1G4
709-256-4395 Office

[www.facebook.com/Gander-Womens-Centre-156609224546555/
women.gander@nf.aibn.com](http://www.facebook.com/Gander-Womens-Centre-156609224546555/women.gander@nf.aibn.com)

Gander

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report

Victim Services Program
PO Box 2222
Gander

[www.justice.gov.nl.ca
victimservices@gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)

an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Newfoundland & Labrador
709-256-1070 Office
709-256-1028 Office
www.victimserviceshelp.ca/index.html

Grand Falls - Windsor

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Victim Services Program
Grand Falls - Windsor
Newfoundland & Labrador
709-292-4548 Office
709-292-4544 Office
www.victimserviceshelp.ca/index.html

www.justice.gov.nl.ca/victimservices@gov.nl.ca

Happy Valley - Goose Bay

Hotlines 709-896-3014 (voice/tdd)
709-896-8251 Goose Bay
1-877-896-3014 Toll Free
24 Hour emergency hotlines
At Libra House our mission is to provide a crisis shelter for women and their children affected by abuse.
Local victim services
Freindship centre

Libra House
PO Box 449
Station B
Happy Vally - Goose Bay
Newfoundland & Labrador
A0P 1E0
709-896-3014 Office / Hotline
www.facebook.com/Libra-House-1541816576056908/

www.librahouse.ca/home/librahouse@nf.aibn.com

Happy Valley - Goose Bay

We are an equality seeking feminist organization that links women by sharing ideas, resources skills and experience.
Drop in service available 10 - noon and 1-3pm on Mondays - Fridays
Support groups as required.

Mokami Status of Women
PO Box 329
Happy Valley - Goose Bay
Newfoundland & Labrador
A0P 1E0
709-896-3484 Ext 203

www.mokamiwomen.ca/service@mokamiwomen.ca

Happy Valley - Goose Bay

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Victim Services Program
PO Box 3014
Station B
Happy Valley - Goose Bay
Newfoundland & Labrador
709-896-3251 Office
709-896-0446 Office
www.victimserviceshelp.ca/index.html

www.justice.gov.nl.ca/victimservices@gov.nl.ca

Hopedale

Hotline 709-933-3420
Safe house currently closed for renovations. But our outreach services and hotline still operates.

Selma Onalik Safe House
PO Box 70
Hopedale
Newfoundland & Labrador
A0P 1G0
709-933-3420 Office / Hotline
www.thanl.org/shelters/find-shelter/hopedalewomensshelter@yahoo.ca

Labrador City

Hotlines 709-944-2200
Or 1-888-332-0000 Toll Free
24 Hour crisis hotlines

Hope Haven
Labrador City
Newfoundland & Labrador

www.hopehaven.ca/hopehaven@crrstv.net

We provide confidential, safe emergency shelter to women with or without children who are victims of domestic violence or abuse.

Crisis intervention

Advocacy and legal referrals

Individual support and information

Outreach services

Support groups for women & youth

A2V 2K1

709-944-7124 Office

www.thanl.org/shelters/find-shelter/

Labrador City

Our services are offered in a women friendly drop-in environment.

Individual and group counseling

Counseling for women in crisis

Mediation Services

Referrals to other agencies - legal

social services and court systems

Space and support for self help

groups.

The Labrador West Status of

Women Centre

lsw@crrstv.net

PO Box 171

277 Humber Avenue

Labrador City

Newfoundland & Labrador

A2V 2K5

709-944-6562 Office

Marystown

Hotline 709-279-3562

Or 1-877-774-4957 Toll Free

We provide safe and secure haven for women and their children who are experiencing abuse. We inform the public about domestic violence and abuse.

Referrals to other support agencies

Counselling and support

Grace Sparkes House

Marystown

Newfoundland & Labrador

709-279-3566 Office

709-279-3560 Shelter

www.facebook.com/Grace-Sparkes-House-585249771557972/

www.gracesparkeshouse.com/

admin@gracesparkeshouse.com

Marystown

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Victim Services Program

PO Box 1182

Marystown

Newfoundland & Labrador

A0E 2M0

709-279-3216 Office

www.victimserviceshelp.ca/index.html

www.justice.gov.nl.ca

victimservices@gov.nl.ca

Nain

Local Hotline 709-922-1229

Or 1-866-922-1230 Toll Free

Supportive hotline and emergency shelter

Nain Transition House

PO Box 447

Nain

Newfoundland & Labrador

A0P 1L0

709-922-1230 Office

www.thanl.org/shelters/find-shelter/

nainsafehouse@nf.aibn.com

Nain

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Victim Services Program

PO Box 2006

Nain

Newfoundland & Labrador

A0P 1L0

709-922-2360 Office

www.victimserviceshelp.ca/index.html

www.justice.gov.nl.ca

victimservices@gov.nl.ca

Natuashish	Hotline 709-478-2390 Supportive and informative hotline and emergency shelter	Natuashish Safe House Natuashish Newfoundland & Labrador 709-478-2390 Office / Hotline www.thanl.org/shelters/find-shelter/
Port aux Basques	We are an equality seeking feminist organization that links women by sharing ideas, resources, skills, experience and knowledge	Gateway Status of Women PO Box 1359 Port aux Basques Newfoundland & Labrador A0M 1C0 709-695-7505 Office www.facebook.com/Gateway-Status-of-Women-Council-718408351576650/
Port Saunders	We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.	Victim Services Program PO Box 149 Port Saunders Newfoundland & Labrador A0K 4H0 709-861-2147 Office www.victimserviceshelp.ca/index.html www.justice.gov.nl.ca/victimservices@gov.nl.ca
Rigolet	Hotline 709-947-3333 Supportive crisis hotline and emergency shelter.	Kirking House PO Box 59 Rigolet Newfoundland & Labrador A0P 1P0 709-947-3334 office www.thanl.org/shelters/find-shelter/
Sheshatshiu	Hotline 709-497-8869 Supportive hotline and emergency safe shelter and information	Nukum Munik Shelter Sheshatshiu Newfoundland & Labrador 709-497-8868 Office www.thanl.org/shelters/find-shelter/
Stephenville	Our mission is to promote peace, justice and equality for women and their families through support, education and advocacy. Support and referrals Space for self help support groups	Bay St. George Women's Centre PO Box 501 54 St. Clare Avenue Stephenville Newfoundland & Labrador A2N 3B4 709-643-4444 Office admin@bsgwomenscentre.com www.facebook.com/BSGWomensCentre/
Stephenville	We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.	Victim Services Program 35 Alabama Drive Stephenville Newfoundland & Labrador 709-643-6618 Office 709-643-6588 Office www.victimserviceshelp.ca/index.html www.justice.gov.nl.ca/victimservices@gov.nl.ca

St John's	Emmanuel House offers a supportive environment where adults can live while they address their social & emotional challenges. We help people work through their problems, develop skills to improve their lives and start to feel better.	Emmanuel House 83 Cochrane Street St. John's Newfoundland & Labrador A1C 3L7 709-754-2072 Office emmanuelhouse@stellascircle.ca	
St John's	Hotlines 709-753-1492 Or 1-877-753-1492 Toll Free Being kind is more important than being right, many times what people need is not a brilliant mind that speaks but a special heart that listens. We aim to be a safe haven to women and children who have needed to flee their homes due to domestic violence. Emergency planning Outreach programs Weekly empowerment groups.	Iris Kirby House St. John's Newfoundland & Labrador A1E 1E2 709-722-8272 Office	www.iriskirbyhouse.ca/ gailtobin@iriskirbyhouse.nf.net
St John's	Hotline 709-579-8641 8 Bed emergency shelter for young women aged 16-30 who need a safe haven. We offer support and accompaniment to medical and legal appointments. Addictions counselling Life skills counselling	Naomi Centre St. John's Newfoundland & Labrador A1E 2S6 709-579-8641 Office / Hotline 709-738-8390 Office	naomi@stellascircle.ca www.stellascircle.ca/
St John's	Hotline 1-800-726-1743 24 Hour crisis hotline We provide non-judgemental support and essential services to adults impacted by sexual violence. Accompaniment to hospitals, courts and the police station. Peer support and referrals Self help support groups	Newfoundland & Labrador Sexual Assault Crisis and Prevention Centre, Inc PO Box 1914 St. John's Newfoundland & Labrador A1C 5R4 709-747-7757 Office info@endsexualviolence.com	www.nlsacpc.com www.facebook.com/EndSV
St John's	Our mission is to promote peace, justice and equality for women and their families through support, education and advocacy. Support and referrals Space for self help support groups	St. John's Women's Centre 83 Millitary Road St. John's Newfoundland & Labrador A1C 2C8 709-753-0220 Office www.facebook.com/SJWomenscentre/reception@sjwomenscentre.ca	www.sjwomenscentre.ca/
St John's	We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.	Victim Services Program PO box 8700 St. John's Newfoundland & Labrador A1B 4J6 709-729-7970 Office www.victimserviceshelp.ca/index.html	www.justice.gov.nl.ca victimservices@gov.nl.ca