### Michigan

#### National Helpline
- **Hotline**: 1-800-4-A-CHILD  
  1-800-422-4453  
  **Crisis counselors available 24/7**  
  Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, its Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.
- **Childhelp**  
  Prevention and Treatment of Child Abuse.  
  [www.childhelp.org](http://www.childhelp.org)  
  [info@childhelp.org](mailto:info@childhelp.org)  
  Email support form on the website

#### Statewide
- **517-347-7000** Statewide referrals for sexual and domestic violence.

#### Adrian
- **Hotline**: 517-265-6776  
  24 Hour crisis hotline  
  Emergency shelter  
  Weekly support groups for men and women.  
  Self esteem building support group.
- **Catherine Cobb Domestic Violence and Sexual Assault Program**  
  225 North Main Street  
  Adrian  
  MI 49221  
  517-265-6776 Office / Hotline  
  [www.facebook.com/catherinecobbprogram/](http://www.facebook.com/catherinecobbprogram/)

#### Allegan
- **800-848-5991 Toll Free Hotline**  
  866-728-2131 En Espanol  
  24 Hour crisis hotlines  
  Emergency shelter  
  Legal advocacy  
  Sexual Assault Nurse Examiner  
  Sexual assault therapy  
  Domestic violence support group  
  Adult & teen sexual assault support group  
  Self empowerment support group
- **RESILIENCE**  
  151 Brady Street  
  Allegan  
  MI 49010  
  269-673-2299 Office.  
  [www.resiliencemi.org/](http://www.resiliencemi.org/)  
  [mail@cwitmi.org](mailto:mail@cwitmi.org)

#### Alpena
- **24/7 Hotline**: 1-800-396-9129  
  We have been illuminating pathways for survivors of domestic violence and sexual assault since 1978.  
  Emergency shelter  
  Long term housing assistance  
  Legal and personal advocacy  
  Individual and group counseling
- **Hope Shores Alliance**  
  PO Box 797  
  Alpena  
  MI 49707  
  989-356-2560 Office  
  [contactus@hopeshores.org](mailto:contactus@hopeshores.org)  
  [www.hopeshores.org/](http://www.hopeshores.org/)
<table>
<thead>
<tr>
<th>Ann Arbor</th>
<th>Seeking Safety Group</th>
<th>Seeking Safety Group</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Seeking Safety helps people attain safety from trauma and / or substance abuse.</td>
<td>Restorative Trauma Therapy</td>
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<td></td>
<td>The group gently addresses both trauma and addiction without requiring clients to</td>
<td>2890 Carpenter Road</td>
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<td></td>
<td>delve into their trauma story.</td>
<td>Suite 1500</td>
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<td></td>
<td>Clients will learn a number of treatment topics, including how to reclaim your</td>
<td>Ann Arbor</td>
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<td>power, grounding techniques, self-nurturing, recovery thinking, setting boundaries</td>
<td>MI 48108</td>
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<td>in relationships, coping with triggers, healing from anger, integrating the split</td>
<td>734-887-1473 Office</td>
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<tr>
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<td>self, healthy relationships and compassion.</td>
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<td></td>
<td>The group consists of 6 - 8 individuals who commit to 8 consecutive weekly</td>
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<td>meetings for one and a half hours.</td>
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<td>Group meets Wednesdays 7 - 8:30 pm and the cost is $50 / Week.</td>
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<td>You can find out more about the group at the link below.</td>
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</tbody>
</table>

| Ann Arbor                     | Survivors of Childhood Sexual Abuse Group                                        | Ms Janet M Fry                                                                     |
|                               | This group is for survivors addressing the impact of childhood sexual abuse.     | Ann Arbor                                                                          |
|                               | 12 week group led by an experienced and knowledgeable professional with         | MI 48104                                                                           |
|                               | 26 years of trauma therapy experience.                                           | 734-273-9393 Office                                                                |
|                               | Meets Mondays Cost $30 - $40                                                      |                                                                                    |
|                               | www.therapists.psychologytoday.com/record/Janet_M_Fry_LMSW_ACSW_Ann_Arbor_Mi_76130 |                                                                                    |

| Ann Arbor                     | Addiction and Trauma Recovery Group                                              | Heron Ridge Associates, PLC                                                         |
|                               | Groups are conducted by staff who specialize in the area of trauma and addiction. | 1785 West Stadium Blvd,                                                            |
|                               | It is our mission to protect and have our patients feel safe when they come     | Ann Arbor                                                                          |
|                               | to us for help. We do not allow abusers to be seen on our sites. We take most    | MI 48103                                                                           |
|                               | all insurances and have psychiatrists, licensed clinical social workers and     | 734-913-1093 Office                                                                 |
|                               | psychologists on staff rendering services.                                       |                                                                                    |

| Ann Arbor                     | 24/7 Hotline 734-936-3333                                                        | University of Michigan Sexual                                                      |
|                               |                                                                                    | Assault Prevention Awareness                                                        |
|                               |                                                                                    | sapac@umich.edu                                                                    |
|                               |                                                                                    | Ann Arbor                                                                          |
|                               |                                                                                    | MI 48104                                                                           |
Ann Arbor
Hotline 734-995-5444 Eng/Span 24 Hour 7 day helpline
Emergency shelter Counseling for domestic violence Domestic violence support group meets Wednesday 6 - 7.30 PM
Un paso a la libertad support group meets Thursday 6 - 7.30 PM Life after the relationship ends a 12 week support group meets on Wednesdays 6 - 7.30 PM Sexual assault support group meets Monday 5.30 - 7 PM 734-995-5444 for all group details.

SafeHouse Center 4100 Clark Road Ann Arbor MI 48105 734-973-0242 Office.

Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program Meets Thursday at 7.30pm Contact Steve 734-276-3653 or stevemaccom@mac.com Please call or email before attending the meeting. For further details please click on the SIA website meetings directory www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory-2/

Ann Arbor
Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program Meets Thursday at 7.30pm Contact Steve 734-276-3653 or stevemaccom@mac.com Please call or email before attending the meeting. For further details please click on the SIA website meetings directory www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory-2/

Survivors of Incest Anonymous Ann Arbor Michigan www.siawso.org stevemaccom@mac.com

Baraga
Sexual assault and domestic violence services. Serving the communities of Barage and Marquette.
Kweseneaw Bay Indian Community VOCA 102- Superior Avenue Baraga MI 49908 906-353-6623 Office

www.facebook.com/KBICTribe/

Battle Creek
24hr Hotlines 269-965-7233 Or 1-888-664-9832 Emergency safe shelter Childrens services Supportive housing scheme Family advocacy Group counseling for safe shelter residents.
SAFE Place Shelter PO Box 199 Battle Creek MI 49016 269-965-6093 Office

www.safeplaceshelter.org info@safeplaceshelter.org

Bay City
Hotline 800-834-2098 Toll free 24 Hour 7 day hotline Sexual Assault Nurse Examiner Medical and legal advocacy Individual counseling for domestic violence 4 Support group per week for domestic violence & sexual assault All services FREE of charge.
Bay Area Women's Center PO Box 1458 3411 E. Midland Road Bay City MI 48706 989-686-4551 Office www.facebook.com/BayAreaWomensCenter/

Big Rapids
Hotline 1-800-734-9473 24 Hour crisis hotline 24 Hour emergency shelter
Women's Information Services PO Box 1249 Big Rapids

www.wiseagainstviolence.org
Medical support / legal advocacy
Community awareness
Individual and group counseling
Weekly support groups
Serving Mecosta, Osceola and Newaygo Counties

Bingham Farms
Addiction and Trauma Recovery Group
Groups are conducted by staff who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Bloomfield Hills
Hotline 800-231-1127
24 Hour 7 day crisis hotline
Medical and legal advocacy
Community awareness program
Counseling program
FREE 10 week empowerment group for 13-17 year olds who have experienced sexual assault, incest, childhood sexual abuse, date rape. Cathleen at 248-451-2621 for info

Boyne City
24hr Hotline 231-347-0082
or Hotline 1- 800-275-1995
24 Hour crisis hotlines
Safe home available
Personal Protection Order advocacy
Individual and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse Support group for parents/ partners Mens voices, support group for men who have experienced sexual violence and abuse. Support group for teen girls 231-347-0067 for group details Or call the office.

Brighton
Support group for Adult Survivors of Child Abuse, following the Survivor to Thriver 21 step program by the ASCA organization.
Meeting every Tues 6.30pm to 8pm

Heron Ride Associates, PLC
31000 Telegraph Road
Bingham Farms
MI 48025
284-594-4991 Office

Common Ground
www.commongroundhelps.org/

Women's Resource Center of Northern Michigan
www.wrcnm.org
info@wrcnm.org

ASC A Outreach
Brighton
Michigan
www.hadurling.wix.com/ascaoutreachbrighton
heather@thephoenixgathering.com
Please visit our website for further information, and to register.

**Cadillac**

Your healing begins when you reach out of your comfort zone and tell your story to a trustworthy person. Our therapy groups are held three times a year in September January and April. The facilitators are survivors of sexual abuse and are trained to lead these healing recovery groups. Children’s groups Parents who understand Pain support group. Counseling and workshops. For more details see our website.

Healing Private Wounds
PO Box 854
Cadillac
MI 49601
231-846-4495 Office

**Cadillac**

Legal advocacy
Transitional housing
Education and prevention
Individual and family counseling for survivors of domestic violence or sexual assault.
Support group meets weekly for domestic violence and trauma
These services are FREE of charge.

Oasis Family Resource Center
118 S. Mitchell Street
Cadillac
MI 49601
231-775-7299 Office

**Calumet**

Hotlines 906-337-5623 Shelter 906-884-4004 Outreach office
888-337-5623 Toll Free
Temporary shelter
Individual counseling and support groups for residents & non residents
Outreach advocates available to help with domestic violence issues.

Barbara Kettle Gundlach Shelter
PO Box 8
Calumet
MI 49913
888-337-5623 Office / Hotline

**Canton**

Individual and Group Therapy
Specializing in the treatment of stress, anxiety, depression and psychological trauma
Some insurances accepted

Susan L Parker
Suite 120-129
409 Plymouth Road
Plymouth MI
734-404-7002 Office

**Caro**

Hotline 800-292-3666
We provide a safe and supportive environment for survivors of domestic assault and their children.
24 Hour emergency shelter
Crisis intervention
Legal, medical & personal advocacy
Support groups for women and for children

Thumb Area Assault Crisis Ctr
429 Montague Avenue
Caro
MI 48723
989-673-4121 Office

**Charlotte**

24Hr Hotline 800-899-9997
We promote the elimination of domestic violence and homelessness by providing temporary housing support, advocacy, education and information to the community.
Emergency shelter
Transitional housing

SIREN/Eaton Shelter
PO Box 369
Charlotte
MI 48813
517-543-0748 Office

www.facebook.com/sireneatonshelter/
Counseling open to non residents
Weekly support group for adults and children exposed to violence open to residents and non residents.

Cheboygan
Hotline 231-347-0082  Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Women's Resource Center of Northern Michigan
Cheboygan
MI 49721
231-672-2380 Office

Cheboygan Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Clarkston
Addiction and Trauma Recovery Group
Groups are conducted by staff who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites.
We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Heron Ridge Associates, PLC
Clarkston
MI 48348
248-693-8880 Office

Coldwater
Hotline 517-278-7233  24 hours
Emergency shelter for those who have experienced domestic violence
In house support

Branch County Shelterhouse
PO Box 72
Coldwater
MI 49036
517-278-7233 Office / Hotline

Dearborn
PTSD Support Group
This group provides support for adults who have experienced abuse or trauma. This group is designed for individuals who are experiencing depression or anxiety due to recent or long term trauma
Meets Tuesday cost $30.

Ms Erin Martinez
Dearborn
MI 48120
313-908-6917 Office

Detroit
Hotline 313-833-1660

Detroit Police Victims
24 Hour 7 day a week hotline Assistance Program
Individual and group counseling for domestic violence and sexual assault victims
www.detroitmi.gov/departments/police-department/victims-assistance

Detroit
313-861-5300 Domestic violence
24 Hour 7 day hotline
Emergency shelter
In shelter support groups
Individual and group counseling
for sexual assault survivors
313-833-1660 Office / Hotline
www.ywcadetroit.org/
ywca@ywcadetroit.org

East Jordan
Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
231-347-0067 Main Office
24 Hour crisis hotline
985 E. Jefferson Avenue
Suite 101
Detroit

East Lansing
Runaway Hotline 877-833-3689
Gateway Community Services
www.childandfamily.org/
We are a non profit organization that has been serving runaway, homeless and struggling youth and their families in Ingham, Eaton and Clinton Counties since 1970.
Crossroads transition home
Street outreach program.

East Lansing
Safe Place addresses relationship violence and stalking. We are located on campus of Michigan State University and serve students, faculty, staff and their partners. Emergency shelter, safety planning, information & referrals, counseling and support groups. All services are FREE and confidential.

East Lansing
Hotline 517-372-6666
24 Hour crisis hotline
Crisis intervention
Advocacy services
Prevention education program
FREE therapy and support groups
www.msu.edu/students/
www.endrape.msu.edu
www.sarv.msu.edu/
to MSU students who are adult survivors of sexual assault or childhood sexual abuse

**Escanaba**

Crisis Line 1-906-789-1166
24 Hour crisis hotlines
Emergency shelter
Individual counseling and therapy
Support groups for both survivors of domestic violence and sexual assault.
Seving Delta, Menominess and Schoolcraft Counties.

www.safe3c.com/

**Farmington**

Adult Women who have been Sexually Abused as Children Group
Group is currently running and adding new members. For women who have experienced sexual abuse as a child and want to work through the feelings that the impact on their life today.
Meets Saturday 9.30 - 11.30 am
Cost $30 - $40

www.therapists.psychologytoday.com/rms/name/Dorothy_Zynda-Snyder_LMSW_Farmington_Michigan_44873

**Flint**

Support groups for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual assault. To join this chapter email

margie@thelamplighters.org

Lamplighters Movement
Flint
Michigan

**Gaylord**

Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotlines
Safe home available
Personal Protection Order advocacy
Individual and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for
men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Gladwin
Hotline 877-216-6383
ShelterHouse
24 West Cedar Street
Gladwin
24 Hour hotline
231-347-0067 for group details
Medical and legal advocacy
MI 48624
Sexual Assault Nurse Examiner
989-424-9413 Office
Counseling services
info@shelterhousemidland.org

Grand Haven
800-848-5991 Toll Free
Center for Women in Transition
866-728-2131 Linea gratuita
300 North Ferry Street
24 Hour crisis hotlines
300 North Ferry Street
Emergency shelter
Grand Haven
Legal advocacy
MI 49417
Sexual Assault Nurse Examiner
616-392-2829 Office
Sexual assault therapy
Domestic violence support group
Adult & teen sexual assault support group
www.womenshelters.org/det/mi-center_for_women_in_transition

Grand Rapids
Counseling 616-456-1178
Men’s Resource Center
534 Fountain Street NE
Grand Rapids
The Men’s Resource Center offers
316-456-1178
a range of support groups and
Contact form on website
legal advocacy, individual counseling and telephone
therapy for abuse, trauma and legal advocacy,
counseling. Our services include individual counseling and support
victimization, as well as other forms of counseling. Our services include
groups.
individual counseling and telephone
services.

Grand Rapids
Hotline 616-452-6664
Safe Haven Ministries
3501 Lake Eastbrook Blvd SE
Motivated by God’s love, our mission
Suite 335
is to end domestic violence.
Grand Rapids
Emergency shelter offering domestic violence support services.
MI 49546
Non residential domestic abuse services include: legal advocacy,
616-452-6664 Office / Hotline
individual counseling and support groups.

Grand Rapids
DV / SA Hotline 616-544-9922
YWCA - West Central Michigan
25 Sheldon Boulevard SE
24 Hour crisis hotline
Grand Rapids
Individual and group counseling
MI 49503
FREE short term emergency shelter
616-459-4681 Office
FREE support groups
www.facebook.com/ywcawcmi/

Grayling
1-888-554-3169 Toll free
River House, Inc
989-889-0545
PO Box 661
24 Hour crisis hotlines
Grayling
Emergency shelter
MI 49738
Legal advocacy services
989-348-3169 Office
Individual and group counseling
Healthy relationships support group schedule is as follows.
Ogemaw County (MI Works, West
Branch): Monday 2:30 - 4:00
Roscommon County (Soul's Harbor, Roscommon): Tuesday 12:30 -2:00.
Rosmommon County ( MI Works, Prudenville): Tuesday 2:30 - 4:00
Oscoda County (Library, Mio)
Wednesday  11: - 12:30.
Please see website for more details.

**Hillsdale**

Hotline 888-439-1454 Toll free
Support groups for victims of domestic violence and sexual assault including incest
Groups for children who witness violence of any kind
Domestic violence support group meets on Tues & Wed 7 - 8.30pm
Domestic violence for adults and children support group meets
Thursday 7 - 8.30 pm
517-439-1454 for group details

Hillsdale County Task Force on Family Violence
Hillsdale
MI 49242
517-439-1454 Office

**Holland**

Finding Peace After Trauma Group
This is a women's only group designed for survivors of traumatic stress including: childhood emotional/physical and sexual abuse. Cost $30 - $50

Ms Remi Spicer Rakipi
Holland
MI
contact via email form on website.

800-848-5991 Toll Free
866-728-2131 Linea gratuita
24 Hour crisis hotlines
Emergency shelter
Legal advocacy
Sexual Assault Nurse Examiner
Sexual assault therapy
Domestic violence support group
Adult & teen sexual assault support group
Self empowerment support group

Center for Women in Transition
411 Butternut Drive
Holland
MI 49424
616-392-2829 Office

**Houghton**

Local Hotline 906-482-4357
Or 800-562-7622 Toll free
TEXT Crisis Line 906-356-3337
Text or instant messaging also
Walk-in crisis intervention services
Medical and legal advocacy
Short term crisis counseling
Group support
All services FREE of charge
Serving Houghton, Baraga,

Dial Help Inc
609 Shelden Avenue
Houghton
MI 49931
906-482-9077 Office

www.dialhelp.org/
### Keweenaw and Ontonagon

**Howell**
- Hotline 866-522-2725 Toll free
- 24 Hour 7 day crisis hotline
- FREE legal clinic
- Individual and group counseling
- Our domestic violence group meets Mondays from 6-7:30pm and on Wednesdays from 10-11:30am.
  - We are not offering a sexual assault group at this time, but we do offer a sexual assault workshop every third Wednesday of the month from 5:30 - 7pm.

**LACASA**
- 2895 W. Grand River Avenue
- Howell
- MI 48843
- 517-548-1350 Office
- www.lacasacenter.org

**Iron Mountain**
- Crisis Phone 906-774-1112
- Medical and legal referrals
- Advocacy referrals
- Community education
- Individual short term counseling
- Support groups are available to formerly abused women, rape victims and adult survivors of sexual assault / abuse
- Caring House - Domestic Violence and Sexual Assault Services
- caringhouseim@gmail.com
- Iron Mountain
- MI 49801
- 906-774-1112 Office / Crisis
- www.caringhouseim.wordpress.com
- www.facebook.com/Caring-House-Inc-86230393303/

**Ironwood**
- Local Hotline 906-932-0310
- Or 800-711-6744
- TEXT Hotline 906-285-1636
- 24 Hour crisis hotlines
- Information and referrals
- Temporary Emergency shelter
- Legal advocacy
- Peer counseling for domestic violence and sexual assault
- Weekly empowerment group led by a trained professional.
- Domestic Violence Escape (DOVE)
- director@dove-inc.net
- Ironwood
- MI 49938
- 906-932-4990 Office
- www.facebook.com/doveironwood

**Jackson**
- Hotline 517-783-2861
- 24 Hour crisis hotline
- Emergency and transitional shelter
- Sexual Assault Nurse Examiner
- Personal Protection Order advocacy
- Individual and group counseling
- Domestic violence counseling group meets Monday 7 - 8.30 pm or Wednesday 1 - 2.30 pm
- Sexual assault group counseling available upon request
- Aware
- PO Box 1526
- Jackson
- MI 49204
- 517-783-1638 Office
- info@awareshelter.org

**Ionia**
- Hotline 1-800-720-7233
- 24 Hour 7 day crisis hotline
- Emergency shelter
- Advocacy services
- Community education
- FREE counseling for domestic violence and sexual assault victims
- Heal out loud support group for domestic and sexual violence survivors
- Serving Ionia and Montcalm
- Relief After Violent Encounter
- www.facebook.com/RAVE.IM/
- administration@raveim.org

**Ironwood**
- Local Hotline 906-932-0310
- Or 800-711-6744
- TEXT Hotline 906-285-1636
- 24 Hour crisis hotlines
- Information and referrals
- Temporary Emergency shelter
- Legal advocacy
- Peer counseling for domestic violence and sexual assault
- Weekly empowerment group led by a trained professional.
- Domestic Violence Escape (DOVE)
- director@dove-inc.net
- Ironwood
- MI 49938
- 906-932-4990 Office
- www.facebook.com/doveironwood

**Jackson**
- Hotline 517-783-2861
- 24 Hour crisis hotline
- Emergency and transitional shelter
- Sexual Assault Nurse Examiner
- Personal Protection Order advocacy
- Individual and group counseling
- Domestic violence counseling group meets Monday 7 - 8.30 pm or Wednesday 1 - 2.30 pm
- Sexual assault group counseling available upon request
- Aware
- PO Box 1526
- Jackson
- MI 49204
- 517-783-1638 Office
- info@awareshelter.org
Kalamazoo

DV / SA Hotline 269-385-3587
24 Hour crisis hotline
Emergency and transitional shelter
Personal Protection Order advocacy
FREE counseling to sexual and domestic violence survivors
FREE support groups
269-385-3587 for group details.

YWCA - Kalamazoo
353 E Michigan Avenue
Kalamazoo
MI 49007
269-345-5595 Office.

DV / SA Hotline 269-385-3587
24 Hour crisis hotline
Emergency and transitional shelter
Personal Protection Order advocacy
FREE counseling to sexual and domestic violence survivors
FREE support groups
269-385-3587 for group details.

L'Anse

Hotline 906-524-7078
Emergency shelter
Referrals for male victims
Medical, legal and social advocacy
Support groups for residents and non residents alike.
Support group Mondays 6 - 8 pm

Baraga County Shelter Home
PO Box 10
L’Anse
MI 49946
906-524-7079 Office
www.facebook.com/bcshelter/

Lansing

Hotline 517-372-5572
Emergency shelter residents and non residents receive safety planning, court support, individual and family counseling.
Women’s support group Thursdays 7 - 9 pm. An information group for mother’s on Tuesdays 7 - 9 pm Plus support groups for children.

End Violent Encounters
PO Box 14149
Lansing
MI 48901
517-372-5976 Office
www.eveinc.org

24/7 Hotline 517-337-1717
24 Hour crisis hotline
Advocacy and support for sexual assault survivors
Community education
Short term counseling for survivors of sexual assault

The Listening Ear
2504 E Michigan Avenue
Lansing
MI 48912
517-337-1728 Office
contactus@TheEar.org

Lansing

FREE domestic violence support group
Meets Saturday 12 - 1.30 pm

Women’s Center of Greater Lansing, Inc
1710-1712 E. Michigan Avenue
Lansing
MI 48912
517-372-9163 Office
www.facebook.com/womenscenterofgreaterlansing/
www.womenscenterofgreaterlansing.org/

Lapeer

Hotline 810-667-4175
Serving all residents of Lapeer Co, who are victims of domestic violence sexual assault and or stalking.
Since 1991 we have been providing FREE and confidential support services that include: Emergency shelter, crisis intervention, court accompaniment, personal advocacy and support groups.
Domestic violence support group on Wednesdays 6 - 7.30 pm
Sexual assault support group on Tuesdays 6 - 7.30 pm

LACADA
PO Box 356
Lapeer
MI 48446
810-667-4193 Office
www.lacada.org
contact@lacada.org
Youth exposed to violence support group on Wednesdays 6 - 7.30 pm

**Ludington**
- Hotline 1-800-950-5808
- Communities Overcoming
- www.callcove.com
- Violent Encounters (COVE)
- 906 E Ludington Avenue
- Ludington
- MI 49431
- Support groups
- 231-843-2541 Office

**Mancelona**
- Hotline 231-347-0082
- Women's Resource Center of Northern Michigan
- www.wrcnm.org
- Or 800-275-1995
- 24 Hour crisis hotline
- Mancelona
- MI 49649
- Safe home available
- Personal Protection Order advocacy
- 231-587-8891 Office
- Individual and group counseling
  for survivors of domestic and sexual violence and abuse.
- 4 Domestic violence support groups
  Petoskey meets Monday 6 pm
  Mancelona meets Wed 1 pm
  Cheboygan meets Thurs 1 pm
  Gaylord meets Wed 5 pm
- Support groups for women survivors of childhood and adult sexual abuse
- Support group for parents/partners
- Men's voices, support group for men who have experienced sexual violence and abuse.
- Support group for teen girls
- 231-347-0067 for group details

**Manistee**
- Since 1985 we have been the County's primary service agency for victims of domestic violence.
- Choices of Manistee County
- www.manisteefoundation.org
- Emergency shelter
- Manistee
- MI 49660
- Transportion to shelter ect
- 231-723-7269 Office
- Support programs for non residents
  Mondays - Fridays 8.30 - 5.30
- Legal and medical advocacy
- Support groups meet weekly for residents and non residents.

**Marquette**
- Hotline 906-226-6611
- Marquette Women's Center
- www.wcmqt.weebly.com/
- Or 1-800-455-6611
- 24 Hour crisis hotlines
- Marquette
- MI 49855
- Harbor House Shelter
- 906-225-1346 Office
- Personal Protection Order advocacy
- Sexual Assault Response program
- Group counseling for survivors of sexual assault including rape, childhood sexual abuse & incest

**Menominee**
- Crisis Hotline 906-789-1166
- Allinance Against Violence and Abuse, Inc
- Menominee
- MI 49858
- 24 Hour crisis hotline
- 906-863-1116 Office
- Emergency shelter
- Individual counseling and therapy
- Support groups for both survivors of domestic violence and sexual assault.
- www.safe3c.com/home.html
<table>
<thead>
<tr>
<th>Location</th>
<th>Service Provider</th>
<th>Address</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seving Delta, Menominee and Schoolcraft Counties.</td>
<td>ASCA Support Group</td>
<td></td>
<td>ASCA Support Group</td>
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<tr>
<td></td>
<td>ASCA is an innovative and effective</td>
<td></td>
<td><a href="http://www.ascasupport.org">www.ascasupport.org</a></td>
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<tr>
<td></td>
<td>support group for adult survivors</td>
<td></td>
<td>Michigan</td>
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<td></td>
<td>of Child Sexual Abuse or Neglect.</td>
<td></td>
<td><a href="mailto:MovingOnWithASCA@gmail.com">MovingOnWithASCA@gmail.com</a></td>
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<tr>
<td>Midland</td>
<td>Hotline 877-216-6383</td>
<td>ShelterHouse</td>
<td><a href="http://www.facebook.com/ShelterHouse/">www.facebook.com/ShelterHouse/</a></td>
</tr>
<tr>
<td></td>
<td>24 House hotline</td>
<td>PO Box 2660</td>
<td><a href="http://www.shelterhousemidland.org/">www.shelterhousemidland.org/</a></td>
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<tr>
<td></td>
<td>24 Hour safe shelter</td>
<td>Midland</td>
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<tr>
<td></td>
<td>Medical and legal advocacy</td>
<td>MI 48641</td>
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<td></td>
<td>Sexual Assault Nurse Examiner</td>
<td>989-835-6771 Office</td>
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<td></td>
<td>Counseling services</td>
<td></td>
<td><a href="mailto:info@shelterhousemidland.org">info@shelterhousemidland.org</a></td>
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<tr>
<td>Midland</td>
<td>Or 734-242-7233 Shelter</td>
<td>Family Counseling Shelter</td>
<td><a href="http://www.fcsm.org">www.fcsm.org</a></td>
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<td>We have been providing a range of</td>
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<td></td>
<td>confidential and compassionate services</td>
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<td>to adults and children for over 45 years.</td>
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<td></td>
<td>Emergency shelter</td>
<td>734-241-0180 Office</td>
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<td></td>
<td>Adult and family counseling</td>
<td>734-241-0180 Counseling</td>
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<td>Domestic violence counseling</td>
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<td>Support groups 734-241-0180</td>
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<tr>
<td>Monroe</td>
<td>Hotline 586-463-6990</td>
<td>Turning Point Inc</td>
<td><a href="http://www.turningpointmacomb.org">www.turningpointmacomb.org</a></td>
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<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>PO Box 1123</td>
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<tr>
<td></td>
<td>Emergency shelter for survivors of</td>
<td>Mount Clemens</td>
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<td></td>
<td>domestic and sexual violence</td>
<td>MI 48046</td>
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<td></td>
<td>Legal and PPO advocacy</td>
<td>586-463-4430 Office.</td>
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<td></td>
<td>Individual counseling</td>
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<td>Turning point offers a variety of</td>
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<td></td>
<td>support groups for adults, teens and</td>
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<td></td>
<td>children 586-463-4430 for group details.</td>
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<tr>
<td>Mount Clemens</td>
<td>24hr Crisis Hotline 844-349-6177</td>
<td>R.I.S.E</td>
<td><a href="http://www.riseadvocacy.org/">www.riseadvocacy.org/</a></td>
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<tr>
<td></td>
<td>Emergency shelter services</td>
<td>Mount Pleasant</td>
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<td></td>
<td>24 Hour crisis intervention</td>
<td>MI 48804</td>
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<td></td>
<td>Sexual assault and domestic</td>
<td>989-773-0078 Office</td>
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<td>violence support groups</td>
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<td>Serving Clare, Gratiot and Isabella</td>
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<tr>
<td>Muskegon</td>
<td>Hotline 231-722-3333</td>
<td>Every Woman's Place</td>
<td><a href="http://www.everywomansplace.org">www.everywomansplace.org</a></td>
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<td>24 Hour crisis hotline</td>
<td>Muskegon</td>
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<td>Emergency shelter</td>
<td>MI 49441</td>
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<td></td>
<td>Hospital response / legal advocacy</td>
<td>231-759-7909 Office</td>
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<td></td>
<td>Individual counseling</td>
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<td>Support groups</td>
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<td></td>
<td>All services FREE of charge.</td>
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<tr>
<td>Owosso</td>
<td>Hotline 877-952-7283</td>
<td>SafeCenter</td>
<td><a href="mailto:safecenter@thesafecenter.org">safecenter@thesafecenter.org</a></td>
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<td></td>
<td>24 Hour crisis hotline</td>
<td>1300 N Hicory Street</td>
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<td>Emergency shelter</td>
<td>Owosso</td>
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<td>Information and referrals for</td>
<td>MI 48867</td>
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<td>domestic violence &amp; sexual assault</td>
<td>989-723-9716</td>
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<td></td>
<td>Group and individual counseling</td>
<td></td>
<td><a href="http://www.facebook.com/thesafecenter.org/">www.facebook.com/thesafecenter.org/</a></td>
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<tr>
<td></td>
<td>Domestic violence support group</td>
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<td>Sexual assault support group</td>
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<td></td>
<td>989-273-9716 for group details</td>
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</table>
All services FREE of charge

**Paw Paw**

Hotline 269-655-9008
En Español 866-416-8556
Personal Protection Order Help
Court room accompaniment
Various support groups held in Dacatur, Bangor, South Haven and Paw Paw. Please call the hotline or office for more details or visit our website.

Domestic Violence Coalition Inc
303 Paw Paw Street
Suite 7
Paw Paw
MI 49079
269-655-9008 Office / Hotline
[www.domesticviolencecoalition.org](http://www.domesticviolencecoalition.org)

**Petoskey**

Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individuadl and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/ partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Women's Resource Center of Northern Michigan
423 Porter Street
Petoskey
MI 49770
231-347-0067 Office
[www.wrcnm.org](http://www.wrcnm.org)
[info@wrcnm.org](mailto:info@wrcnm.org)

**Plymouth**

Hotline 734-722-6800
24 Hour crisis hotline
24 Hour emergency shelter
Legal advocacy
Counseling and support groups for domestic violence and sexual assault survivors.

First Step Inc
44567 Pinetree Drive
Plymouth
MI 48170
734-416-1111 Office
[www.firststep-mi.org](http://www.firststep-mi.org)
[info@firststep-mi.org](mailto:info@firststep-mi.org)

**Plymouth**

Addiction and Trauma Recovery Group
Groups are conducted by staff who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We also offer (IOP) an intensive outpatients program for substance abusers.
We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Heron Ridge Associates, PLC
705Main Street
Plymouth
MI 48107
734-454-1094 Office

**Pontiac**

Our mission is to be a leading

CARE House of Oakland County
[www.carehouse.org](http://www.carehouse.org)
resource in the prevention of child abuse and neglect. We protect and advocate for children whilst providing individual therapy and support groups.
We also run a CASA program.

<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>First Step Inc, Hotline 734-722-6800, 24 Hour crisis hotline, 24 Hour emergency shelter, 24 Hour emergency shelter, Legal advocacy, Counseling and support groups for domestic violence and sexual assault survivors, <a href="mailto:info@firststep-mi.org">info@firststep-mi.org</a></td>
</tr>
<tr>
<td></td>
<td>Redford, MI 48239, <a href="http://www.firststep-mi.org">www.firststep-mi.org</a>, <a href="mailto:info@firststep-mi.org">info@firststep-mi.org</a></td>
</tr>
</tbody>
</table>
|                | Royal Oak, Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program Women only Meets Sundays 1pm to 2.30pm Contact Person is Cheryl shilohsia2013@gmail.com, For further details please click on the SIA website meetings directory, www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory-2/
|                | www.siawso.org, shilohsia2013@gmail.com, www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory-2/ |
**Saginaw**

Hotline 989-790-9118

24 Hour crisis hotline
Sexual Assault Response Team
Victim and legal advocacy
Prevention and community program
Individual and group counseling
Trauma resolution counseling.

Child and Family Services
2806 Davenport
Saginaw
MI 48602
989-790-7500 Office

www.childandfamilysaginaw.org

**Saginaw**

Local Hotline 989-755-0411

Toll Free 1-888-399-8385

TEXT Hotline 989-770-8892

24 Hour crisis hotlines

Translation services available

Emergency shelter for survivors of domestic and sexual violence

Personal Protection Order advocacy

Underground Railroad Inc

Suite A

5647 State Street

Saginaw

MI 48603

989-339-0007 Office

undergroundrr@undergroundrailroadinc.org

www.facebook.com/UndergroundRailroadInc/

**Saint Clair Shore**

Male Survivors of Sexual Assault Group

This is a safe and confidential place to talk for men who have survived sexual assault in any form - either as children or as adults.

Cost $30 - $40

Ms Mary Petersen

Saint Clair shores

MI 48081

586-648-0654 Office

Or 586-552-8090

www.marypetersen.com

**Sandusky**

Hotline 866-336-7283

TEXT Hotline 810-404-7761

We are a group of citizens that focus on addressing the issues of violence and homelessness in Sanilac Co.

Eva's Place is the only Emergency shelter in the county.

SAVE/Eva's Place

PO Box 29

Sandusky

MI 48471

810-672-9467 Office

www.evasplaceshelter.org/

**Sault St. Marie**

1-800-882-1515 Toll free

24 Hour Hotline

FREE sexual assault support group meets Wednesdays 6 - 8 pm

FREE domestic violence support group Meets Thursday 6 - 8 pm

Serving Chippewa, Mackinac and Luce Counties

Dianne Peppler Resource Ctn

PO Box 698

Sault St. Marie

MI 49783

1-906-635-0566 Office

www.dprcenter.org

**St. Johns**

Hotline 877-952-7283

24 Hour crisis hotline

Emergency shelter

Information and referrals for domestic violence & sexual assault

Group and individual counseling

Domestic violence support group

Sexual assault support group

989-273-9716 for group details

SafeCenter

323 N. Clinton Avenue

St. Johns

MI 48879

989-723-9716 Office

www.facebook.com/thesafecenter.org/

All services FREE of charge
**Three Rivers**

Hotline 800-828-2023

We lead efforts to end domestic violence and sexual assault in southwest Michigan by providing Hillman House emergency shelter Outreach to survivors of domestic violence in their own community.

Legal advocacy, company at court

Support for children who have witnessed domestic violence

Supportive counseling

Weekly support groups in various local communities.

Domestic violence group every Wednesday at 6pm in Three Rivers

Domestic violence group every Thursday at 6 pm in Dowagiac

Domestic violence group every Thursday at 6 pm in Sturgis

Sexual assault groups are available please call 269-273-6154 for info about any of the above groups.

**Traverse City**

Hotline 800-554-4972 Toll free

24 Hour crisis hotline

Crisis intervention

Emergency shelter

Legal advocacy

Support groups for victims of domestic violence & sexual assault

Serving Benzie, Grand Traverse, Kalkaska and Leelanau Counties

**Troy**

Adult Survivors of Sexual Abuse Therapy Group

Resolve past and current impact of sexual abuse on self and others.

Learn to manage confusion, fear anger, guilt, shame, triggers, dissociation and flashbacks

Cost $40 - $50

**Warren**

Sexual Abuse Therapy Group

Working with men, women and children in group therapy to overcome sexual abuse and sexual abuse related issues. Please call 586-275-0657 for more details

Cost $20 - $40.

Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program.

Mixed Group

Meets Wednesdays at 7.30pm

Contact person is Donna

For further details please click on the SIA website meetings directory [www.siawso.org](http://www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory-2/)

**Domestic and Sexual Abuse Services**

Three Rivers

MI 49093

269-279-5122 Office

PO Box 402

www.dasasmi.org
dasasinfo@dasasmi.org

**Women’s Resource Center**

Traverse City

MI 49684

231-941-1210 Office

Suite 2

720 S. Elmwood

wrc@wrcgt.com

**Ms Lori Edelson**

Troy

MI 48084

248-646-6659 Office

**Mr Matthew Rosenberg**

Warren

MI 48093

586-275-0657 Office

**Survivors of Incest Anonymous**

Warren

Michigan

[www.siawso.org](http://www.siawso.org)

siawarrenmi@yahoo.com
<table>
<thead>
<tr>
<th>Wayne</th>
<th>Hotline 734-722-6800</th>
<th>First Step</th>
<th><a href="http://www.firststep-mi.org">www.firststep-mi.org</a></th>
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<tbody>
<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>Karen Wilson Smithbauer Ctr</td>
<td><a href="mailto:info@firststep-mi.org">info@firststep-mi.org</a></td>
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<td>24 Hour emergency shelter</td>
<td>4400 S. Venoy</td>
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<td></td>
<td>Legal advocacy</td>
<td>Wayne</td>
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<td></td>
<td>Counseling and support groups</td>
<td>MI 48184</td>
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<td></td>
<td>for domestic violence and sexual assault survivors.</td>
<td>734-722-1772 Office</td>
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