<table>
<thead>
<tr>
<th>AREA COVERED</th>
<th>SERVICES INCLUDED</th>
<th>GROUP OR ORGANIZATION</th>
<th>WEB ADDRESS / EMAIL ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MICHIGAN</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| National Helpline | Hotline 1-800-4-A-CHILD  
Hotline 1-800-422-4453  
Crisis counselors available 24/7  
Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details. | Childhelp Prevention and Treatment of Child Abuse. | www.childhelp.org  
info@childhelp.org  
Email support form on the website |
| Statewide | 517-347-7000 Statewide referrals for sexual and domestic violence. | Michigan Coalition to End Domestic and Sexual Violence | www.mcedsv.org/ |
| Adrian | Hotline 517-265-6776  
24 Hour crisis hotline  
Emergency shelter  
Weekly support groups for men and women.  
Self esteem building support group. | Catherine Cobb Domestic Violence and Sexual Assault Program  
225 North Main Street  
Adrian  
| Allegan | 616-392-1970 In English  
616-355-9755 En Espanol  
800-848-5991 Toll Free  
866-728-2131 Linea gratuita  
24 Hour crisis hotlines  
Emergency shelter  
Legal advocacy  
Sexual Assault Nurse Emainer  
Sexual assault therapy  
Domestic violence support group  
Adult & teen sexual assault support group  
Self empowerment support group | Center for Women in Transition  
151 Brady Street  
Allegan  
269-673-2299 Office.  
www.facebook.com/CWIT.MI/?ref=page_internal | mail@cwitmi.org |
| Alpena | Hotline 1-800-396-9129  
We have been illuminating pathways for survivors of domestic violence and sexual assault since 1978.  
Emergency shelter  
Long term housing assistance  
Legal and personal advocacy | Hope Shores Alliance  
PO Box 797  
Alpena  
989-356-2560 Office | www.hopeshores.org/  
kconklin@hopeshores.org |
Individual and group counseling

**Ann Arbor**

Survivors of Childhood Sexual Abuse Group

This group is for survivors addressing the impact of childhood sexual abuse. 12 week group led by an experienced and knowledgeable professional with 26 years of trauma therapy experience.

Meets Mondays Cost $30 - $40

www.therapists.psychologytoday.com/rms/name/Janet_M_Fry_LMSW_ACSW_Ann+Arbor_Michigan_76130

---

**Ann Arbor**

Addiction and Trauma Recovery Group

Groups are conducted by staff who specialize in the area of trauma and addiction.

It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

www.heronridgeassocs.com/

---

**Ann Arbor**

Hotline 734-936-3333

University of Michigan Sexual Assault Prevention Awareness

Ann Arbor

MI 48104

734-998-9368 Office

sapac@umich.edu

www.sapac.umich.edu/content/201

---

**Ann Arbor**

Hotline 734-995-5444 Eng/Spanish

24 Hour 7 day helpline

Emergency shelter

Counseling for domestic violence

Counseling for sexual assault

Domestic violence support group meets Wednesday 6 - 7.30 PM

Un paso a la libertad support group meets Thursday 6 - 7.30 PM

Life after the relationship ends a 12 week support group meets on Wednesdays 6 - 7.30 PM

Sexual assault support group meets Monday 5.30 - 7 PM

734-995-5444 for all group details.

info@safehousecenter.org

www.safehousecenter.org

---

**Ann Arbor**

Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program

Meets Thursday 7 - 8.30

Contact Steve 734-276-3653 or stevemaccom@mac.com

www.siawso.org/Sys/PublicProfile/243488/7166

---

**Baraga**

Hotline 906-353-4533

Sexual assault and domestic violence

Keweenaw Bay Indian Community VOCA

www.facebook.com/KBICTribe/
<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Battle Creek</strong></td>
<td>Hotlines 269-965-7233, Or 1-888-664-9832</td>
<td>SAFE Place Shelter, PO Box 199, Battle Creek</td>
</tr>
<tr>
<td></td>
<td>Emergency safe shelter</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Childrens services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Supportive housing scheme</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Family advocacy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Group counseling for safe shelter residents</td>
<td></td>
</tr>
<tr>
<td><strong>Bay City</strong></td>
<td>Hotline 800-834-2098 Toll free</td>
<td>Bay Area Women's Center, PO Box 1458</td>
</tr>
<tr>
<td></td>
<td>24 Hour 7 day hotline</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sexual Assault Nurse Examiner</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Medical and legal advocacy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Individual counseling for domestic violence</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4 Support group per week for domestic violence &amp; sexual assault</td>
<td></td>
</tr>
<tr>
<td></td>
<td>All services FREE of charge</td>
<td></td>
</tr>
<tr>
<td><strong>Big Rapids</strong></td>
<td>Hotline 1-800-734-9473</td>
<td>Women's Information Services, PO Box 1249</td>
</tr>
<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td></td>
</tr>
<tr>
<td></td>
<td>24 Hour emergency shelter</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Medical support / legal advocacy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Community awareness</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Individual and group counseling</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Weekly support groups</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Serving Mecosta, Osceola and Newaygo Counties</td>
<td></td>
</tr>
<tr>
<td><strong>Bingham Farms</strong></td>
<td>Addiction and Trauma Recovery Group</td>
<td>Heron Ridge Associates, PLC, 31000 Telegraph Road, Bingham Farms, MI 48025</td>
</tr>
<tr>
<td></td>
<td>Groups are conducted by staff who specialize in the area of trauma and addiction.</td>
<td><a href="mailto:appointments@heronridgeassocs.com">appointments@heronridgeassocs.com</a></td>
</tr>
<tr>
<td></td>
<td>It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.</td>
<td></td>
</tr>
<tr>
<td><strong>Bloomfield Hills</strong></td>
<td>Hotline 800-231-1127</td>
<td>Common Ground, 248-451-2620 Office</td>
</tr>
<tr>
<td></td>
<td>24 Hour 7 day crisis hotline</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Medical and legal advocacy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Community awareness program</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Counseling program</td>
<td></td>
</tr>
<tr>
<td></td>
<td>FREE 10 week empowerment group for 13-17 year olds who have</td>
<td></td>
</tr>
</tbody>
</table>
experienced sexual assault, incest.
childhood sexual abuse, date rape.
Cathleen at 248-451-2621 for info

Boyne City

Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling
for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details
Or call the office.

Women's Resource Center of Northern Michigan
Boyne City
MI 49712
231-347-0082 Office / Hotline
www.wrcnm.org
info@wrcnm.org

Brighton

Support group for Adult Survivors of Child Abuse, following the Survivor to Thriver 21 step program by the ASCA organization.
Meeting every Tues 6.30pm to 8pm
Please visit our website for further information, and to register.

ASCA Outreach
Brighton
Michigan
www.hadurling.wix.com/ascaoutreachbrighton
heather@thephoenixgathering.com

Cadillac

Your healing begins when you reach out of your comfort zone and tell your story to a trustworthy person. Our therapy groups are held three times a year in September, January and April. The facilitators are survivors of sexual abuse and are trained to lead these healing recovery groups. Children's groups Parents who understand Pain support group. Counseling and workshops. For more details see our website.

Healing Private Wounds
PO Box 854
Cadillac
MI 49601
231-846-4495 Office
www.healingprivatewounds.org
office@healingprivatewounds.org

Cadillac

Hotline 231-775-SAFE
Or 1-800-775-4646
24 Hour 7 day crisis hotline
Legal advocacy
Transitional housing
Education and prevention
Individual and family counseling
for survivors of domestic violence or sexual assault.
Support group meets weekly for domestic violence and trauma

Oasis Family Resource Center
118 S. Mitchell Street
Cadillac
MI 49601
231-775-7299 Office
www.cadillacoasis-frc.org/
These services are FREE of charge.

**Calumet**
- Hotlines 906-337-5623 Shelter
- 906-884-4004 Outreach office
- 888-337-5623 Toll Free
- Temporary shelter
- Individual counseling and support groups for residents & non residents
- Outreach advocates available to help with domestic violence issues.

**Barbara Kettle Gundlach Shelter**
- PO Box 8
- Calumet
- MI 49913
- 888-337-5623 Office / Hotline

**Canton**
- Individual and Group Therapy
- Specializing in the treatment of stress, anxiety, depression and psychological trauma
- Some insurances accepted

**Susan L Parker**
- Suite 120-129
- 409 Plymouth Road
- Plymouth MI
- 734-404-7002 Office

**Caro**
- Hotline 800-292-3666
- We provide a safe and supportive environment for survivors of domestic assault and their children.
- 24 Hour emergency shelter
- Crisis intervention
- Legal, medical & personal advocacy
- Support groups for women and for children

**Thumb Area Assault Crisis Ctr**
- 429 Montague Avenue
- Caro
- MI 48723
- 989-673-4121 Office

**Charlotte**
- Hotlines 517-543-4915
- Or 800-899-9997
- We promote the elimination of domestic violence and homelessness by providing temporary housing support, advocacy, education and information to the community.
- Emergency shelter
- Transitional housing
- Counseling open to non residents
- Weekly support group for adults and children exposed to violence open to residents and non residents.

**SIREN/Eaton Shelter**
- PO Box 369
- Charlotte
- MI 48813
- 517-543-0748 Office
- [www.facebook.com/pages/SIRENEaton-Shelter/322682371154479](http://www.facebook.com/pages/SIRENEaton-Shelter/322682371154479)

**Cheboygan**
- Hotline 231-347-0082
- Or 800-275-1995
- 24 Hour crisis hotline
- Safe home available
- Personal Protection Order advocacy
- Individual and group counseling for survivors of domestic and sexual violence and abuse.
- 4 Domestic violence support groups
  - Petoskey meets Monday 6 pm
  - Mancelona meets Wed 1 pm
  - Cheboygan meets Thurs 1 pm
  - Gaylord meets Wed 5 pm
- Support groups for women survivors of childhood and adult sexual abuse
- Support group for parents/ partners
- Mens voices, support group for men who have experienced sexual violence and abuse.

**Women's Resource Center of Northern Michigan**
- Cheboygan
- MI 49721
- 231-672-2380 Office

**Contact Information**
- [www.bkgshelterhome.org](http://www.bkgshelterhome.org)
- [bkghome@pasty.net](mailto:bkghome@pasty.net)
- [www.quietanxiety.com](http://www.quietanxiety.com)
- [sue@quietanxiety.com](mailto:sue@quietanxiety.com)
- [www.hdc-caro.org](http://www.hdc-caro.org)
- [www.wrcnm.org](http://www.wrcnm.org)
- [info@wrcnm.org](mailto:info@wrcnm.org)
Support group for teen girls  
231-347-0067 for group details

<table>
<thead>
<tr>
<th>Location</th>
<th>Service Details</th>
</tr>
</thead>
</table>
| Clarkston | Addiction and Trauma Recovery Group  
Groups are conducted by staff who specialize in the area of trauma and addiction.  
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites.  
We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.  
Heron Ridge Associates, PLC  
www.heronridgeassocs.com/  
248-693-8880 Office  
appointments@heronridgeassocs.com  
MI 48348 |
| Coldwater | Hotline 517-278-7233  
24 hours  
Emergency shelter for those who have experienced domestic violence  
In house support  
Branch County Shelterhouse  
www.facebook.com/278safe/  
PO Box 72  
Coldwater  
MI 49036  
517-278-3356 Office |
| Dearborn | PTSD Support Group  
This group provides support for adults who have experienced abuse or trauma. This group is designed for individuals who are experiencing depression or anxiety due to recent or long term trauma  
Meets Tuesday cost $30.  
www.therapists.psychologytoday.com/rms/name/Erin_Martinez_LMSW_Dearborn_Michigan_115758  
MS Erin Martinez  
Dearborn  
MI 48120  
313-908-6917 Office |
| Detroit | Hotline 313-833-1660  
24 Hour 7 day a week hotline  
Individual and group counseling for domestic violence and sexual assault victims  
Detroit Police Victims Assistance Program  
www.detroitmi.gov/How-Do-I/Find-Community-Services/Victims-Assistance  
MI 48201  
313-833-1660 Office / Hotline |
| Detroit | 313-861-5300 Domestic violence  
24 Hour 7 day hotline  
Emergency shelter  
In shelter support groups  
Individual and group counseling for sexual assault survivors  
YWCA of Metropolitan Detroit  
www.ywcadetroit.org/  
985 E. Jefferson Avenue  
Suite 101  
313-259-9922 Office |
| East Jordan | Hotline 231-347-0082  
Or 800-275-1995  
24 Hour crisis hotline  
Safe home available  
Personal Protection Order advocacy  
Individual and group counseling for survivors of domestic and sexual violence and abuse.  
4 Domestic violence support groups  
Petoskey meets Monday 6 pm  
Mancelona meets Wed 1 pm  
Cheboygan meets Thurs 1 pm  
Gaylord meets Wed 5 pm  
Women's Resource Center of Northern Michigan  
www.wrcnm.org  
info@wrcnm.org  
MI 49727  
231-347-0082 Office / Hotline |
<table>
<thead>
<tr>
<th>Location</th>
<th>Hotline</th>
<th>Address</th>
<th>Website</th>
<th>Contact Info</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>East Lansing</strong></td>
<td>Hotline 517-882-7217</td>
<td>Gateway Community Services</td>
<td><a href="http://www.gatewayservices.org">www.gatewayservices.org</a></td>
<td>2875 Northwind Drive</td>
</tr>
<tr>
<td></td>
<td>Or 877-833-3689</td>
<td></td>
<td></td>
<td>Suite 105</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>East Lansing MI 48823</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>517-351-4000 Office</td>
</tr>
<tr>
<td></td>
<td></td>
<td>East Lansing</td>
<td>Gateway Community Services</td>
<td><a href="http://www.gatewayservices.org">www.gatewayservices.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>2875 Northwind Drive</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Suite 105</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>East Lansing MI 48823</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>517-351-4000 Office</td>
</tr>
<tr>
<td><strong>East Lansing</strong></td>
<td>Safe Place addresses relationship violence and stalking. We are located on campus of Michigan State University and serve students, faculty, staff and their partners. Emergency shelter, safety planning, information &amp; referrals, counseling and support groups. All services are FREE and confidential.</td>
<td>MSU Safe Place</td>
<td><a href="http://www.safeplace.msu.edu">www.safeplace.msu.edu</a></td>
<td>219 Wilson Road</td>
</tr>
<tr>
<td></td>
<td>Hotline 517-372-6666</td>
<td>Crisis intervention</td>
<td><a href="http://www.safeplace.msu.edu">www.safeplace.msu.edu</a></td>
<td>Room G60</td>
</tr>
<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>Advocacy services</td>
<td></td>
<td>East Lansing MI 48825</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Prevention education program</td>
<td></td>
<td>517-355-1000 Office</td>
</tr>
<tr>
<td></td>
<td></td>
<td>FREE therapy and support groups</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>to MSU students who are adult</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>survivors of sexual assault or</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>childhood sexual abuse</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Escanaba</strong></td>
<td>Hotline 1-800-682-1649</td>
<td>Sexual Assault Program -</td>
<td><a href="http://www.msu.edu/students/">www.msu.edu/students/</a></td>
<td>Michigan State University</td>
</tr>
<tr>
<td></td>
<td>Or 1-906-789-1166</td>
<td>Michigan State University</td>
<td></td>
<td>Student Services Building</td>
</tr>
<tr>
<td></td>
<td>24 Hour crisis hotlines</td>
<td>Crisis intervention</td>
<td><a href="http://www.endrape.msu.edu">www.endrape.msu.edu</a></td>
<td>556 East Circle Drive</td>
</tr>
<tr>
<td></td>
<td>Emergency shelter</td>
<td>Advocacy services</td>
<td></td>
<td>Room 14</td>
</tr>
<tr>
<td></td>
<td>Individual counseling and</td>
<td>Prevention education program</td>
<td></td>
<td>East Lansing MI 48824</td>
</tr>
<tr>
<td></td>
<td>therapy</td>
<td>FREE therapy and support groups</td>
<td></td>
<td>517-355-3551 Office</td>
</tr>
<tr>
<td></td>
<td>Support groups for both survivors of domestic violence and sexual assault.</td>
<td>to MSU students who are adult survivors of sexual assault or childhood sexual abuse</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Farmington</strong></td>
<td>Adult Women who have been sexually abused as children group</td>
<td>Alliance Against Violence and Abuse, Inc</td>
<td><a href="http://www.facebook.com/Tri-County-Safe-Harbor-Inc-270148229670603/">www.facebook.com/Tri-County-Safe-Harbor-Inc-270148229670603/</a></td>
<td>Ms Dorothy Zynda-Snyder Farmington MI 48335</td>
</tr>
<tr>
<td></td>
<td>Group is currently running and adding new members. For women who have experienced sexual abuse as a child and want to work through the feelings that the impact on their life today.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Meets Saturday 9.30 - 11.30 am</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Flint
Support groups for adult survivors of childhood sexual abuse, incest domestic violence, rape and sexual assault. To join this chapter email margie@thelamplighters.org
Lamplighters Movement
Flint
www.thelamplighters.org
Margie@thelamplighters.org

Flint
Hotline 810-238-7233
Domestic violence and sexual assault services.
24 Hour advocacy and support
Emergency response team
Individual and group counseling
YWCA - Greater Flint
310 East Third Street
Flint
MI 48502
810-238-7621 Office
www.ywcaflint.org
info@ywcaflint.org

Gaylord
Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling
for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details
Women's Resource Center of Northern Michigan
Gaylord
MI 49735
989-731-0918 Office
www.wrcnm.org
info@wrcnm.org

Gladwin
Hotline 877-216-6383
24 House hotline
24 Hour safe shelter
Medical and legal advocacy
Sexual Assault Nurse Examiner
Counseling services
ShelterHouse
234 West Cedar Street
Gladwin
MI 48624
989-424-9413 Office
www.shelterhousemidland.org

Grand Haven
Center for Women in Transition
616-392-1970 In English
300 North Ferry Street
866-728-2131 Linea gratuita
MI 49417
616-392-2829 Office
www.facebook.com/CWIT.MI/?ref=page_internal

Grand Rapids
Counseling 616-456-1178
Men's Resource Center
www.menscenter.org
The Men's Resource Center offers a range of support groups and therapy for abuse, trauma and victimization, as well as other forms of counseling. Our services include individual counseling and telephone Counseling. We also have an office in Holland.

Grand Rapids
Hotline 616-452-6664
Motivated by God's love, our mission is to end domestic violence. Emergency shelter offering domestic violence support services. Non residential domestic abuse services include: legal advocacy, individual counseling and support groups.

Safe Haven Ministries
3501 Lake Eastbrook Blvd SE
Suite 335
Grand Rapids
MI 49546
616-452-6664 Office / Hotline

Grand Rapids
616-776-7273 Sexual assault
616-451-2744 Domestic violence
24 Hour crisis hotlines
FREE short term emergency shelter
Individual and group counseling
FREE support groups
616-459-4652 for group details

616-459-4681 Office
FREE support groups
616-459-4652 for group details

Grayling
1-888-554-3169 Toll free
24 Hour crisis hotline
Emergency shelter
Legal advocacy services
Individual and group counseling
Healthy relationships support group
schedule is as follows.
Ogemaw County (MI Works, West Branch): Monday 2:30 - 4:00
Roscommon County (Soul's Harbor, Roscommon): Tuesday 12:30 -2:00.
Rosmommon County ( MI Works, Prudenville): Tuesday 2:30 - 4:00
Oscoda County (Library, Mio) Wednesday 11: - 12:30.
Please see website for more details.

Hillsdale
Hotline 888-439-1454 Toll free
Support groups for victims of domestic violence and sexual assault including incest
Groups for children who witness violence of any kind
Domestic violence support group meets on Tues & Wed 7 - 8.30pm
Domestic violence for adults and children support group meets
Thursday 7 - 8.30 pm
517-439-1454 for group details

Hillsdale County Task Force on Family Violence
Hillsdale
MI 49242
517-439-1454 Office

Holland
Finding Peace After Trauma Group
This is a women's only group designed for survivors of traumatic
stress including: childhood emotional/physical and sexual abuse. Cost $30 - $50

**Holland**

<table>
<thead>
<tr>
<th>Contact</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>616-392-1970</td>
<td>Center for Women in Transition</td>
</tr>
<tr>
<td>616-355-9755</td>
<td>Sexual Assault Nurse Examiner</td>
</tr>
<tr>
<td>800-848-5991</td>
<td>Domestic violence support group</td>
</tr>
<tr>
<td>866-728-2131</td>
<td>Adult &amp; teen sexual assault support group</td>
</tr>
<tr>
<td>24 Hour crisis hotlines</td>
<td>Self empowerment support group</td>
</tr>
</tbody>
</table>

**Emergency shelter**

Center for Women in Transition
411 Butternut Drive
MI 49424

**24 Hour crisis hotlines**

616-392-2829

**Office**

616-617-1188

**Center for Women in Transition**

mail@cwitmi.org

www.facebook.com/pg/CWIT.MI/about/

**The Men’s Resource Center**

Counseling 616-355-3000

The Men’s Resource Center offers a range of support groups and therapy for abuse, trauma and victimization, as well as other forms of counseling. Our services include individual counseling and telephone counseling. We also have an office in Grand Rapids.

**Michigan**

<table>
<thead>
<tr>
<th>Contact</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotline 906-482-4357</td>
<td>Dial Help Inc</td>
</tr>
<tr>
<td>Or 800-562-7622</td>
<td>Text or instant messaging also</td>
</tr>
<tr>
<td>Toll free</td>
<td>Walk-in crisis intervention services</td>
</tr>
<tr>
<td></td>
<td>Medical and legal advocacy</td>
</tr>
<tr>
<td></td>
<td>Short term crisis counseling</td>
</tr>
<tr>
<td></td>
<td>Group support</td>
</tr>
<tr>
<td></td>
<td>All services FREE of charge</td>
</tr>
<tr>
<td></td>
<td>Serving Houghton, Barage, Keweenaw and Ontonagon.</td>
</tr>
</tbody>
</table>

**Houghton**

Hotline 866-522-2725 Toll free

24 Hour 7 day crisis hotline
FREE legal clinic
Individual and group counseling
Domestic violence support group meets Mon 6 - 7pm & Wed 10 - 11
Weekly sexual assault group
Call 866-522-2725 for group details.

**Howell**

Hotline 866-522-2725 Toll free

24 Hour 7 day crisis hotline
FREE legal clinic
Individual and group counseling
Domestic violence support group meets Mon 6 - 7pm & Wed 10 - 11
Weekly sexual assault group
Call 866-522-2725 for group details.

**Ionia**

Hotline 1-800-720-7233

24 Hour 7 day crisis hotline
Emergency shelter
Advocacy services
Community education
FREE counseling for domestic violence and sexual assault victims
Heal out loud support group for domestic and sexual violence survivors
Serving Ionia and Montcalm

**Relief After Violent Encounter**

Infomation about domestic violence and sexual assault support groups, self empowerment support groups, legal advocacy, counseling, and resources for survivors.

www.facebook.com/RAVE.IM/

administration@raveim.org

**Men’s Resource Center**

Hotline 906-482-4357 Toll free

609 Shelden Avenue
MI 49931

**Dial Help Inc**

Hotline 906-482-4357 Toll free

609 Shelden Avenue
MI 49931

**Contact form on website**

info@lacasacenter.org

www.lacasacenter.org

www.menscenter.org

Michigan
<table>
<thead>
<tr>
<th>Location</th>
<th>Phone Numbers</th>
<th>Services Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iron Mountain</td>
<td>Crisis Phone 906-774-1112</td>
<td>Medical and legal referrals, Advocacy referrals, Community education, Individual short term counseling, Support groups are available to formerly abused women, rape victims and adult survivors of sexual assault/abuse</td>
<td>Caring House - Domestic Violence and Sexual Assault Services</td>
</tr>
<tr>
<td>Ironwood</td>
<td>Hotline 906-932-0310</td>
<td>Domestic Violence Escape (DOVE)</td>
<td><a href="http://www.dove-inc.net">www.dove-inc.net</a></td>
</tr>
<tr>
<td>Jackson</td>
<td>Hotline 517-783-2861</td>
<td>Emergency and transitional shelter Sexual Assault Nurse Examiner Personal Protection Order advocacy Individual and group counseling</td>
<td>Aware</td>
</tr>
<tr>
<td>Kalamazoo</td>
<td>Hotline 269-385-3587</td>
<td>Emergency and transitional shelter Personal Protection Order advocacy FREE counseling to sexual and domestic violence survivors FREE support groups</td>
<td>YWCA - Kalamazoo 353 E Michigan Avenue</td>
</tr>
<tr>
<td>L'Anse</td>
<td>Hotline 906-524-7078</td>
<td>Emergency shelter Referrals for male victims Medical, legal and social advocacy Support groups for residents and non residents alike. Support group Mondays 6 - 8 pm</td>
<td>Baraga County Shelter Home PO Box 10</td>
</tr>
<tr>
<td>Lansing</td>
<td>Hotline 517-372-5572</td>
<td>Emergency shelter residents and non residents receive safety planning, court support, individual and family counseling. Women's support group Thursdays 7 - 9 pm. An information group for mother's on Tuesdays 7 - 9 pm Plus support groups for children.</td>
<td>End Violent Encounters</td>
</tr>
</tbody>
</table>
Lansing
Hotline 517-337-1717
24 Hour crisis hotline
Advocacy and support for sexual assault survivors
Community education
Short term counseling for survivors of sexual assault
The Listening Ear
2504 E Michigan Avenue
Lansing
MI 48912
www.theear.org
theear@msu.edu
Lansing
FREE domestic violence support group
Meets Saturday 12 - 1.30 pm
Women's Center of Greater Lansing, Inc
1710-1712 E. Michigan Avenue
Lansing
MI 48912
517-372-9163 Office
womenscenterofgreaterlansing.org
Lapeer
Hotline 810-667-4175
LACADA
www.lacada.org
Serving all residents of Lapeer Co, who are victims of domestic violence sexual assault and or stalking.
Since 1991 we have been providing FREE and confidential support services that include: Emergency shelter, crisis intervention, court accompaniment, personal advocacy and support groups.
Domestic violence support group on Wednesdays 6 - 7.30 pm
Sexual assault support group on Tuesdays 6 - 7.30 pm
Youth exposed to violence support group on Wednesdays 6 - 7.30 pm
Ludington
Hotline 1-800-950-5808
Communities Overcoming Violent Encounters (COVE)
www.callcove.com
Ludington
906 E Ludington Avenue
MI 49431
231-843-2541 Office
Mancelona
Hotline 231-347-0082
Women's Resource Center of Northern Michigan
www.wrcnm.org
Or 800-275-1995
Mancelona
MI 49649
231-587-8891 Office
Support group for teen girls
231-347-0067 for group details

Manistee
Since 1985 we have been the County's primary service agency for victims of domestic violence.
Emergency shelter
Transportation to shelter etc
Support programs for non residents
Mondays - Fridays 8.30 - 5.30
Legal and medical advocacy
Support groups meet weekly for residents and non residents.

Manistee
Choices of Manistee County
Manistee
MI 49660
231-723-7269 Office

Marquette
Hotline 906-226-6611
Marquette Women's Center
Marquette
MI 49855
906-225-1346 ext 113 Office

Marquette
24 Hour crisis hotlines
Harbor House Shelter
Personal Protection Order advocacy
Sexual Assault Response program
Group counseling for survivors of sexual assault including rape, childhood sexual abuse & incest

Menominee
Hotline 1-800-682-1649
Allinance Against Violence and Abuse, Inc
Or 1-906-789-1166
Menominee
MI 49858
906-863-1116 Office / Hotline

Menominee
24 Hour crisis hotlines
Individual counseling and therapy
Support groups for both survivors of domestic violence and sexual assault.
Seving Delta, Menominess and Schoolcraft Counties.

Midland
ASCA Support Group
ASCA is an innovative and effective support group for adult survivors of Child Sexual Abuse or Neglect.
Meets 1st and 3rd Monday of each Month. Please send inquirires to stages.n.steps@gmail.com

Midland
ASCA Support Group
Midland
Michigan
stages-n-steps@gmail.com

Midland
Hotline 877-216-6383
ShelterHouse
PO Box 2660
24 House hotline
Midland

Midland
24 Hour safe shelter
Medical and legal advocacy
Sexual Assault Nurse Examiner
Counseling services

Monroe
Hotlines 734-241-0180
Family Counseling Shelter Services
Or 734-242-7233 Shelter
We have been providing a range of confidential and compassionate services to adults and children for over 45 years.

Monroe
Emergency shelter
Adult and family counseling
Domestic violence counseling
Support groups 734-241-0180
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mount Clemens</td>
<td>Hotline 586-463-6990</td>
<td>Turning Point Inc</td>
<td><a href="http://www.turningpointmacomb.org">www.turningpointmacomb.org</a></td>
<td>Mount Clemens</td>
<td>MI 48046</td>
<td>586-463-4430 Office.</td>
<td></td>
</tr>
<tr>
<td>Mount Pleasant</td>
<td>Clare County 989-539-1046</td>
<td>Women's Aid Services Inc</td>
<td><a href="http://www.womensaidservice.org">www.womensaidservice.org</a></td>
<td>Mount Pleasant</td>
<td>MI 48804</td>
<td>989-773-0078 Office</td>
<td></td>
</tr>
<tr>
<td>Muskegon</td>
<td>Hotline 231-722-3333</td>
<td>Every Woman's Place</td>
<td><a href="http://www.everywomansplace.org">www.everywomansplace.org</a></td>
<td>Muskegon</td>
<td>MI 49441</td>
<td>231-759-7909 Office</td>
<td></td>
</tr>
<tr>
<td>Oak Park</td>
<td>Looking for My Sister</td>
<td>PO Box 37129</td>
<td>Oak Park</td>
<td>MI 48237</td>
<td>248-224-8457 Office</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Owosso</td>
<td>Hotline 877-952-7283</td>
<td>SafeCenter</td>
<td><a href="http://www.thesafecenter.org">www.thesafecenter.org</a></td>
<td>Owosso</td>
<td>MI 48867</td>
<td>989-723-9716</td>
<td></td>
</tr>
<tr>
<td>Paw Paw</td>
<td>Hotline 1-888-655-9008</td>
<td>Domestic Violence Coalition Inc</td>
<td><a href="http://www.domesticviolencecoalition.org">www.domesticviolencecoalition.org</a></td>
<td>Paw Paw</td>
<td>MI 49079</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Paw Paw. Please call the hotline or office for more details or visit our website.

Petoskey

- **Hotline**: 231-347-0082
- **Women's Resource Center of Northern Michigan**: 423 Porter Street Petoskey
- **Office**: 231-347-0067
- **Website**: [www.wrcnm.org](http://www.wrcnm.org)
- **Email**: info@wrcnm.org

- 4 Domestic violence support groups
- Personal Protection Order advocacy
- Individual and group counseling for survivors of domestic and sexual violence and abuse.
- Support groups for women survivors of childhood and adult sexual abuse
- Support group for parents/partners
- Mens voices, support group for men who have experienced sexual violence and abuse.
- Support group for teen girls
- **231-347-0067 for group details**

Plymouth

- **Hotline**: 734-722-6800
- **First Step Inc**: 44567 Pinetree Drive Plymouth
- **Website**: [www.firststep-mi.org](http://www.firststep-mi.org)
- **Email**: info@firststep-mi.org

- 24 Hour crisis hotline
- 24 Hour emergency shelter
- Legal advocacy
- Counseling and support groups for domestic violence and sexual assault survivors.

Plymouth

- **Addiction and Trauma Recovery Group**: 705 Main Street Plymouth
- **Heron Ridge Associates, PLC**: 734-454-3560
- **Website**: [www.heronridgeassocs.com](http://www.heronridgeassocs.com)
- **Email**: appointments@heronridgeassocs.com

- Groups are conducted by staff who specialize in the area of trauma and addiction.
- It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites.
- We also offer (IOP) an intensive outpatient program for substance abusers.
- We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Pontiac

- **Our mission is to be a leading resource in the prevention of child abuse and neglect. We protect and advocate for children whilst providing individual therapy and support groups. We also run a CASA program.**
- **CARE House of Oakland County**: 248-332-7173
- **Website**: [www.carehouse.org](http://www.carehouse.org)
- **Email**: information@carehouse.org
Pontiac
Hotline 248-334-1274
Or 877-992-1274 Toll free
24 Hour crisis hotline
Personal Protection Order program
Individual and group counseling
for survivors of domestic violence and sexual assault
Group counseling for children who witness family violence.

Port Huron
Hotline 888-985-5538
Carolyn's Place safe shelter for women survivors of domestic violence and sexual assault
Pathways shelter for men who are homeless or survivors of domestic or sexual assault
Counseling groups available

Pullman
Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program
Meets Thursday 7 - 8.30
Contact George 269-236-0939

Redford
Hotline 734-722-6800
Or 888-458-5900
24 Hour crisis hotline
24 Hour emergency shelter
Legal advocacy
Counseling and support groups for domestic violence and sexual assault survivors

Saginaw
Hotline 989-790-9118
24 Hour crisis hotline
Sexual Assault Response Team
Victim and legal advocacy
Prevention and community program
Individual and group counseling
Trauma resolution counseling.

Saginaw
Sexual Assault Survivors Group
One intake session for $50 will be scheduled before attending the group to ensure that you are getting the help that suits you. The complete course lasts 12 weeks and meets once a week.
Every Thursday 6 - 7.30
Cost $30

Saginaw
Domestic Violence Survivors Group
One intake session for $50 will be scheduled before attending the group to ensure that you are getting the help that suits you. This is a support group to help men and women who have been affected by domestic violence.

Haven
PO Box 431045
Pontiac
MI 48343
248-334-1284 Office

Blue Water Safe Horizons
PO Box 610247
Port Huron
MI 48061
810-989-5246 Office

Survivors of Incest Anonymous
Pullman
Michigan
Contact George 269-236-0939

First Step Inc
27150 Westfield
info@firststep-mi.org
Redford
MI 48239
313-937-9791 Office

Child and Family Services
2806 Davenport
989-790-7500 Office

Dr Heather Meisel
989-280-3685 Office
heather@foundationaltruth.net

Dr Heather Meisel
989-280-3685 Office
heather@foundationaltruth.net
women who have been the victims of domestic violence. The group will focus on ways to help victims begin to heal and move forwards with their lives.
Every Tuesday 4 - 5.30 pm
Cost $30

Saginaw
Hotline 989-755-0411
Or 888-399-8385
24 Hour crisis hotline
Translation services available
Emergency shelter for survivors of domestic and sexual violence
Personal Protection Order advocacy
Legal advocacy
Counseling for survivors
Domestic violence support group
Sexual assault support group
Childrens support group for those who have witnessed family violence
989-755-0411 for group details

Saginaw Hotline 989-755-0411
Or 888-399-8385
24 Hour crisis hotline
Translation services available
Emergency shelter for survivors of domestic and sexual violence
Personal Protection Order advocacy
Legal advocacy
Counseling for survivors
Domestic violence support group
Sexual assault support group
Childrens support group for those who have witnessed family violence
989-755-0411 for group details

Underground Railroad Inc
5647 State Street
Suite A
Saginaw
MI 48603
989-339-0007 Office
undergroundrr@undergroundrailroadinc.org

Saint Clair Shore
Male Survivors of Sexual Assault Group
This is a safe and confidential place to talk for men who have survived sexual assault in any form - either as children or as adults.
Cost $30 - $40

Saint Clair Shore
Male Survivors of Sexual Assault Group
This is a safe and confidential place to talk for men who have survived sexual assault in any form - either as children or as adults.
Cost $30 - $40

Ms Mary Petersen
Saint Clair shores
MI 48081
586-648-0654 Office
Or 586-552-8090

SAVE/Eva's Plave
PO Box 29
Sandusky
MI 48471
866-336-7283 Office / Hotline
www.sanilaccounty.net/PublicPages/Entity.aspx?ID=248

Sandusky
Hotline 866-336-7283
We are a group of citizens that focus on addressing the issues of violence and homelessness in Sanilac Co.
Eva's Place is the only Emergency shelter in the county.

Sault St. Marie
Hotline 1-906-635-0566
Or 1-800-882-1515 Toll free
24 Hour Hotlines
FREE sexual assault support group meets Wednesdays 6 - 8 pm
FREE domestic violence support group Meets Thursday 6 - 8 pm
Serving Chippewa, Mackinac and Luce Counties

Sault St. Marie
Hotline 1-906-635-0566
Or 1-800-882-1515 Toll free
24 Hour Hotlines
FREE sexual assault support group meets Wednesdays 6 - 8 pm
FREE domestic violence support group Meets Thursday 6 - 8 pm
Serving Chippewa, Mackinac and Luce Counties

Dianne Peppler Resource Ctn
PO Box 698
Sault St. Marie
MI 49783
1-906-635-0566 Office / Hotline

Southfield
The Southfield Domestic Violence Meetup Group
Meet with local domestic violence victims and survivors who have experienced verbal, emotional, sexual, financial, psychological and or physical abuse. Meet for support with those who understand.
To join this group email Margaret by clicking the web address on the right.

Southfield
The Southfield Meetup Group for Domestic Violence
www.meetup.com/Domestic-Violence-Survivors/
St. Johns

Hotline 877-952-7283
24 Hour crisis hotline
Emergency shelter
Information and referrals for
domestic violence & sexual assault
Group and individual counseling
Domestic violence support group
Sexual assault support group
989-273-9716 for group details
All services FREE of charge

SafeCenter
323 N. Clinton Avenue
St. Johns
MI 48879
989-723-9716 Office

www.thesafecenter.org
safecenter@thesafecenter.org

Three Rivers

Hotline 800-828-2023
We lead efforts to end domestic violence and sexual assault in southwest Michigan by providing
Hillman House emergency shelter
Outreach to survivors of domestic violence in their own community.
Legal advocacy, company at court
Support for children who have witnessed domestic violence
Supportive counseling
Weekly support groups in various local communities.
Domestic violence group every Wednesday at 6pm in Three Rivers
Domestic violence group every Thursday at 6 pm in Dowagiac
Domestic violence group every Thursday at 6 pm in Sturgis
Sexual assault groups are available please call 269-273-6154 for info about any of the above groups.

Domestic and Sexual Abuse Services
PO Box 402
Three Rivers
MI 49093
269-273-6154 Office

www.dasasmi.org
dasasinfo@dasasmi.org

Traverse City

Creative Tools for Children/Trauma and Loss Group
An eight week support group for youth who have experienced family trauma that utilizes the creative arts to build coping skills

Dr Barbara McIntyre
Traverse City
MI 49684
231-929-9427 Office
www.northernmichiganarttherapy.com/Home.html
artstx@freeway.net

Traverse City

Hotline 800-554-4972 Toll free
24 Hour crisis hotline
Crisis intervention
Emergency shelter
Legal advocacy
Support groups for victims of domestic violence & sexual assault
Serving Benzie, Grand Traverse, Kalkaska and Leelanau Counties

Women’s Resource Center
720 S. Elmwood
Suite 2
Traverse City
MI 49684
231-941-1210 Office

www.womensresourcecenter.org
wrc@wrcgt.com

Troy

Adult Survivors of Sexual Abuse Therapy Group
Resolve past and current impact of sexual abuse on self and others.
Learn to manage confusion, fear anger, guilt, shame, triggers, dissociation and flashbacks
Cost $40 - $50

Ms Lori Edelson
Troy
MI 48084
248-646-6659 Office

www.birminghammaple.com
<table>
<thead>
<tr>
<th>Warren</th>
<th>How to Overcome Bullying Group</th>
<th>Mrs Debra Loving</th>
<th>Warren</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This group offers three separate age groups, 10-12, 13-15 &amp; 16-18</td>
<td></td>
<td>MI 48093</td>
</tr>
<tr>
<td></td>
<td>This is a group that gives young people the ability to stop the cycle of bullying.</td>
<td></td>
<td>586-558-6868 Office</td>
</tr>
<tr>
<td></td>
<td>Meets Tuesdays 7 - 8.30 pm</td>
<td></td>
<td><a href="http://www.pathwaystwo.net/">www.pathwaystwo.net/</a></td>
</tr>
<tr>
<td></td>
<td>Cost $20</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Warren</th>
<th>Sexual Abuse Therapy Group</th>
<th>Mr Matthew Rosenberg</th>
<th>Warren</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Working with men, women and children in group therapy to overcome sexual abuse and sexual abuse related issues. Please call 586-275-0657 for more details</td>
<td></td>
<td>MI 48093</td>
</tr>
<tr>
<td></td>
<td>Cost $20 - $40.</td>
<td></td>
<td>586-275-0657 Office</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Warren</th>
<th>Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program.</th>
<th>Survivors of Incest Anonymous</th>
<th>Warren</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Michigan</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="http://www.siawso.org/Sys/PublicProfile/3682668/7166">www.siawso.org/Sys/PublicProfile/3682668/7166</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wayne</th>
<th>Hotline 734-722-6800</th>
<th>First Step</th>
<th><a href="http://www.firststep-mi.org">www.firststep-mi.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Or 888-458-5900</td>
<td>Karen Wilson Smithbauer Ctr</td>
<td><a href="mailto:info@firststep-mi.org">info@firststep-mi.org</a></td>
</tr>
<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>24 Hour emergency shelter</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Legal advocacy</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Counseling and support groups for domestic violence and sexual assault survivors.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>