### Michigan

<table>
<thead>
<tr>
<th>AREA COVERED</th>
<th>SERVICES INCLUDED</th>
<th>GROUP OR ORGANIZATION</th>
<th>WEB ADDRESS / EMAIL ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>National Helpline</strong></td>
<td>Hotline 1-800-4-A-CHILD&lt;br&gt;Hotline 1-800-422-4453&lt;br&gt;Crisis counselors available 24/7&lt;br&gt;Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect.&lt;br&gt;Serving the United States, its Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages.&lt;br&gt;We also offer a range of programs, please see our website for regional details.</td>
<td>Childhelp&lt;br&gt;Prevention and Treatment of Child Abuse.</td>
<td><a href="http://www.childhelp.org">www.childhelp.org</a>&lt;br&gt;<a href="mailto:info@childhelp.org">info@childhelp.org</a>&lt;br&gt;Email support form on the website</td>
</tr>
<tr>
<td><strong>Statewide</strong></td>
<td>517-347-7000 Statewide referrals for sexual and domestic violence.</td>
<td>Michigan Coalition to End Domestic and Sexual Violence</td>
<td><a href="http://www.mcedsv.org/">www.mcedsv.org/</a></td>
</tr>
<tr>
<td><strong>Adrian</strong></td>
<td>Hotline 517-265-6776&lt;br&gt;24 Hour crisis hotline&lt;br&gt;Emergency shelter&lt;br&gt;Weekly support groups for men and women.&lt;br&gt;Self esteem building support group.</td>
<td>Catherine Cobb Domestic Violence and Sexual Assault Program&lt;br&gt;225 North Main Street&lt;br&gt;Adrian&lt;br&gt;Mi 49221</td>
<td>517-265-6776 Office / Hotline&lt;br&gt;www.facebook.com/Catherine-Cobb-Domestic-Violence-Sexual-Assault-Program-146350028821235/timeline</td>
</tr>
<tr>
<td><strong>Allegan</strong></td>
<td>616-392-1970 In English&lt;br&gt;616-355-9755 En Espanol&lt;br&gt;800-848-5991 Toll Free&lt;br&gt;866-728-2131 Linea gratuita&lt;br&gt;24 Hour crisis hotlines&lt;br&gt;Emergency shelter&lt;br&gt;Legal advocacy&lt;br&gt;Sexual Assault Nurse Ermamiher&lt;br&gt;Sexual assault therapy&lt;br&gt;Domestic violence support group&lt;br&gt;Adult &amp; teen sexual assault support group&lt;br&gt;Self empowerment support group</td>
<td>Center for Women in Transition&lt;br&gt;151 Brady Street&lt;br&gt;Allegan&lt;br&gt;MI 49010&lt;br&gt;269-673-2299 Office.&lt;br&gt;www.facebook.com/CWIT.MI/?ref=page_internal</td>
<td><a href="mailto:mail@cwitmi.org">mail@cwitmi.org</a>&lt;br&gt;www.facebook.com/CWIT.MI/?ref=page_internal</td>
</tr>
<tr>
<td><strong>Alpena</strong></td>
<td>Hotline 1-800-396-9129&lt;br&gt;We have been illuminating pathways for survivors of domestic violence and sexual assault since 1978.&lt;br&gt;Emergency shelter&lt;br&gt;Long term housing assistance&lt;br&gt;Legal and personal advocacy</td>
<td>Hope Shores Alliance&lt;br&gt;PO Box 797&lt;br&gt;Alpena&lt;br&gt;Mi 49707&lt;br&gt;989-356-2560 Office</td>
<td><a href="http://www.hopeshores.org/">www.hopeshores.org/</a>&lt;br&gt;<a href="mailto:kconklin@hopeshores.org">kconklin@hopeshores.org</a></td>
</tr>
</tbody>
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Ann Arbor

Survivors of Childhood Sexual Abuse Group
This group is for survivors addressing the impact of childhood sexual abuse. 12 week group led by an experienced and knowledgeable professional with 26 years of trauma therapy experience.
Meets Mondays Cost $30 - $40

Ms Janet M Fry
Ann Arbor
MI 48104
734-273-9393 Office

www.therapists.psychologytoday.com/rms/name/Janet_M_Fry_LMSW_ACSW_Ann+Arbor_Michigan_76130

Ann Arbor

Addiction and Trauma Recovery Group
Groups are conducted by staff who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Heron Ridge Associates, PLC
1785 West Stadium Blvd,
Ann Arbor
MI 48103
734-913-1093 Office
appointments@heronridgeassocs.com

www.heronridgeassocs.com/

Ann Arbor

Hotline 734-936-3333
University of Michigan Sexual Assault Prevention Awareness
Ann Arbor
MI 48104
734-998-9368 Office

www.sapac.umich.edu/content/201
sapac@umich.edu

Ann Arbor

Hotline 734-995-5444
24 Hour 7 day helpline
Emergency shelter
Counseling for domestic violence
Counseling for sexual assault
Domestic violence support group meets Wednesday 6 - 7.30 PM
Un paso a la libertad support group meets Thursday 6 - 7.30 PM
Life after the relationship ends a 12 week support group meets on Wednesdays 6 - 7.30 PM
Sexual assault support group meets Monday 5.30 - 7 PM
734-995-5444 for all group details.

SafeHouse Center
4100 Clark Road
Ann Arbor
MI 48105
734-973-0242 Office.

www.safehousecenter.org
info@safehousecenter.org

Ann Arbor

Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program
Meets Thursday 7 - 8.30
Contact Steve 734-276-3653 or stevemaccom@mac.com

Survivors of Incest Anonymous
Ann Arbor
Michigan
www.siawso.org/sys/PublicProfile/243488/7166

www.siawso.org
stevemaccom@mac.com

Ann Arbor

Baraga

Hotline 906-353-4533
Sexual assault and domestic abuse
Keweenaw Bay Indian Community VOCA

www.facebook.com/KBICTribe/
<table>
<thead>
<tr>
<th>Location</th>
<th>Hotline</th>
<th>Services</th>
<th>Website/Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Battle Creek</td>
<td>269-965-7233, 1-888-664-9832</td>
<td>Emergency safe shelter, Childrens services, Supportive housing scheme, Family advocacy, Group counseling for safe shelter residents.</td>
<td>Bay Area Women's Center, 24 Hour 7 day hotline, Medical and legal advocacy, Individual counseling for domestic violence, 4 Support group per week for domestic violence &amp; sexual assault, All services FREE of charge.</td>
</tr>
<tr>
<td>Bay City</td>
<td>800-834-2098, 24 Hour 7 day hotline, Sexual Assault Nurse Examiner, Medical and legal advocacy, Individual counseling for domestic violence, 4 Support group per week for domestic violence &amp; sexual assault, All services FREE of charge.</td>
<td>Bay Area Women's Center, 24 Hour 7 day hotline, Medical and legal advocacy, Individual counseling for domestic violence, 4 Support group per week for domestic violence &amp; sexual assault, All services FREE of charge.</td>
<td><a href="http://www.bawc-mi.org">www.bawc-mi.org</a></td>
</tr>
<tr>
<td>Big Rapids</td>
<td>1-800-734-9473, 24 Hour crisis hotline, 24 Hour emergency shelter, Medical support / legal advocacy, Community awareness, Individual and group counseling, Weekly support groups, Serving Mecosta, Osceola and Newaygo Counties</td>
<td>Women's Information Services, 24 Hour crisis hotline, 24 Hour emergency shelter, Medical support / legal advocacy, Community awareness, Individual and group counseling, Weekly support groups, Serving Mecosta, Osceola and Newaygo Counties</td>
<td><a href="http://www.wiseagainstviolence.org">www.wiseagainstviolence.org</a></td>
</tr>
<tr>
<td>Bingham Farms</td>
<td>800-231-1127, Addiction and Trauma Recovery Group, Groups are conducted by staff who specialize in the area of trauma and addiction, It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites, We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.</td>
<td>Heron Ridge Associates, PLC, 31000 Telegraph Road, Bingham Farms, MI 48025, 284-594-4991 Office, <a href="mailto:appointments@heronridgeassocs.com">appointments@heronridgeassocs.com</a></td>
<td><a href="http://www.heronridgeassocs.com/">www.heronridgeassocs.com/</a></td>
</tr>
<tr>
<td>Bloomfield Hills</td>
<td>800-231-1127, 24 Hour 7 day crisis hotline, Medical and legal advocacy, Community awareness program, Counseling program, FREE 10 week empowerment group for 13-17 year olds who have</td>
<td>Common Ground, 248-451-2620 Office</td>
<td><a href="http://www.commongroundhelps.org/">www.commongroundhelps.org/</a></td>
</tr>
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experienced sexual assault, incest. childhood sexual abuse, date rape.
Cathleen at 248-451-2621 for info

Boyne City

<table>
<thead>
<tr>
<th>Hotline</th>
<th>Women's Resource Center of Northern Michigan</th>
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</thead>
<tbody>
<tr>
<td>231-347-0082</td>
<td><a href="mailto:info@wrcnm.org">info@wrcnm.org</a></td>
</tr>
<tr>
<td>Or 800-275-1995</td>
<td>Boyne City MI 49712</td>
</tr>
<tr>
<td>24 Hour crisis hotline</td>
<td>231-347-0082 Office / Hotline</td>
</tr>
<tr>
<td>Safe home available</td>
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<tr>
<td>Personal Protection Order advocacy</td>
<td></td>
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<tr>
<td>Indiviadual and group counseling for survivors of domestic and sexual violence and abuse.</td>
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<tr>
<td>4 Domestic violence support groups</td>
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<tr>
<td>Petoskey meets Monday 6 pm</td>
<td></td>
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<tr>
<td>Mancelona meets Wed 1 pm</td>
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<tr>
<td>Cheboygan meets Thurs 1 pm</td>
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<tr>
<td>Gaylord meets Wed 5 pm</td>
<td></td>
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<tr>
<td>Support groups for women survivors of childhood and adult sexual abuse</td>
<td></td>
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<tr>
<td>Support group for parents/partners Mens voices, support group for men who have experienced sexual violence and abuse.  Support group for teen girls</td>
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<tr>
<td>231-347-0067 for group details</td>
<td></td>
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<tr>
<td>Or call the office.</td>
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</tbody>
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Brighton

| Support group for Adult Survivors of Child Abuse, following the Survivor to Thriver 21 step program by the ASCA organization. | ASCA Outreach Brighton Michigan |
| Meeting every Tues 6.30pm to 8pm | www.hadurling.wix.com/ascaoutreachbrighton heather@thephoenixgathering.com |
| Please visit our website for further information, and to register. | |

Cadillac

| Your healing begins when you reach out of your comfort zone and tell your story to a trustworthy person. Our therapy groups are held three times a year in September January and April. The facilitators are survivors of sexual abuse and are trained to lead these healing recovery groups. Children's groups Parents who understand Pain support group. Counseling and workshops. For more details see our website. | Healing Private Wounds Cadillac MI 49601 231-846-4495 Office |
| Hotline 231-775-SAFE | www.healingprivatewounds.org office@healingprivatewounds.org |
| Or 1-800-775-4646 |                                      |
| 24 Hour 7 day crisis hotline |                             |
| Legal advocacy |                                     |
| Transitional housing |                                   |
| Education and prevention |                               |
| Individual and family counseling for survivors of domestic violence or sexual assault. Support group meets weekly for domestic violence and trauma | |

Cadillac

| Oasis Family Resource Center 118 S. Mitchell Street Cadillac MI 49601 231-775-7299 Office | www.cadillaccoasis-frc.org |
| Hotline 231-775-SAFE |                                        |
| Or 1-800-775-4646 |                                              |
These services are FREE of charge.

Calumet
Hotlines 906-337-5623 Shelter
906-884-4004 Outreach office
888-337-5623 Toll Free
Temporary shelter
Individual counseling and support
groups for residents & non residents
Outreach advocates available to help
with domestic violence issues.
Barbara Kettle Gundlach Shelter
PO Box 8
Calumet
MI 49913
888-337-5623 Office / Hotline
www.bkgshelterhome.org
bkghome@pasty.net

Canton
Individual and Group Therapy
Specializing in the treatment of
stress, anxiety, depression and
psychological trauma
Some insurances accepted
Susan L Parker
Suite 120-129
409 Plymouth Road
Plymouth MI
734-404-7002 Office
www.quietanxiety.com
sue@quietanxiety.com

Caro
Hotline 800-292-3666
We provide a safe and supportive
environment for survivors of
domestic assault and their children.
24 Hour emergency shelter
Crisis intervention
Legal, medical & personal advocacy
Support groups for women and for
children
Thumb Area Assault Crisis Ctr
429 Montague Avenue
Caro
MI 48723
989-673-4121 Office
www.hdc-caro.org

Charlotte
Hotlines 517-543-4915
Or 800-899-9997
We promote the elimination of
domestic violence and homelessness by providing temporary housing support, advocacy, education and information to the community.
Emergency shelter
Transitional housing
Counseling open to non residents
Weekly support group for adults and children exposed to violence open to residents and non residents.
SIREN/Eaton Shelter
PO Box 369
Charlotte
MI 48813
517-543-0748 Office
www.facebook.com/pages/SIRENEaton-Shelter/322682371154479

Cheboygan
Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling
for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Women's Resource Center of Northern Michigan
Cheboygan
MI 49721
231-672-2380 Office
www.wrcnm.org
info@wrcnm.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Service</th>
<th>Contact Information</th>
<th>Website/Links</th>
</tr>
</thead>
</table>
| **Clarkston** | Addiction and Trauma Recovery Group | Heron Ridge Associates, PLC  
MI 48348  
248-693-8880 Office  
appointments@heronridgeassocs.com | www.heronridgeassocs.com/ |
|              |                                | It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services. |                                                                              |
| **Coldwater**| Hotline 517-278-7233, 24 hours  | Branch County Shelterhouse  
PO Box 72  
Coldwater  
MI 49036  
517-278-3356 Office | www.facebook.com/278safe/ |
|              | Emergency shelter for those who have experienced domestic violence | In house support |                                                                              |
|              | Dearborn PTSD Support Group | Ms Erin Martinez  
Dearborn  
MI 48120  
|              | This group provides support for adults who have experienced abuse or trauma. This group is designed for individuals who are experiencing depression or anxiety due to recent or long term trauma. | Meets Tuesday, cost $30. |                                                                              |
| **Detroit**  | Hotline 313-833-1660, 24 Hour 7 day a week hotline | Detroit Police Victims  
Assistance Program | [www.detroitmi.gov/How-Do-I/Find-Community-Services/Victims-Assistance](http://www.detroitmi.gov/How-Do-I/Find-Community-Services/Victims-Assistance) |
|              | Individual and group counseling for domestic violence and sexual assault victims | 313-833-1660 Office / Hotline |                                                                              |
|              | Detroit  
MI 48201 | |                                                                              |
|              | www.detroitmi.gov/How-Do-I/Find-Community-Services/Victims-Assistance | |                                                                              |
| **Detroit**  | 313-861-5300 Domestic violence  
24 Hour 7 day hotline | YWCA of Metropolitan Detroit  
985 E. Jefferson Avenue  
Suite 101  
Detroit  
MI 48207  
313-259-9922 Office | [www.ywcadetroit.org/](http://www.ywcadetroit.org/) |
|              | Emergency shelter  
In shelter support groups  
Individual and group counseling for sexual assault survivors | |                                                                              |
| **East Jordan** | Hotline 231-347-0082, Or 800-275-1995  
24 Hour crisis hotline  
Safe home available  
Personal Protection Order advocacy  
Individual and group counseling for survivors of domestic and sexual violence and abuse.  
4 Domestic violence support groups Petoskey meets Monday 6 pm  
Mancelona meets Wed 1 pm  
Cheboygan meets Thurs 1 pm  
Gaylord meets Wed 5 pm | Women's Resource Center of Northern Michigan  
East Jordan  
MI 49727  
231-347-0082 Office / Hotline | [www.wrcnm.org](http://www.wrcnm.org)  
[info@wrcnm.org](mailto:info@wrcnm.org) |
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
Call office for group details.

East Lansing
Hotline 517-882-7217
Or 877-833-3689
We are a non profit organization that has been serving runaway, homeless and struggling youth and their families in Ingham, Eaton and Clinton Counties since 1970. Crossroads transition home.
Street outreach program.
Gateway Community Services
2875 Northwind Drive
Suite 105
East Lansing
MI 48823
517-351-4000 Office
www.gatewayservices.org

East Lansing
Safe Place addresses relationship violence and stalking. We are located on campus of Michigan State University and serve students, faculty, staff and their partners.
Emergency shelter, safety planning, information & referrals, counseling and support groups. All services are FREE and confidential.
MSU Safe Place
219 Wilson Road
Room G60
East Lansing
MI 48825
517-355-1000 Office.
www.safeplace.msu.edu
noabuse@msu.edu

East Lansing
Hotline 517-372-6666
24 Hour crisis hotline
Crisis intervention
Advocacy services
Prevention education program
FREE therapy and support groups to MSU students who are adult survivors of sexual assault or childhood sexual abuse
Sexual Assault Program - Michigan State University
Student Services Building
556 East Circle Drive
Room 14
East Lansing
MI 48824
517-355-3551 Office
www.msu.edu/students/
www.endrape.msu.edu

Escanaba
Hotline 1-800-682-1649
Or 1-906-789-1166
24 Hour crisis hotlines
Emergency shelter
Individual counseling and therapy
Support groups for both survivors of domestic violence and sexual assault.
Seving Delta, Menominess and Schoolcraft Counties.
Alliance Against Violence and Abuse, Inc
24 Hour crisis hotlines
Escanaba
MI 49829
www.facebook.com/Tri-County-Safe-Harbor-Inc-270148229670603/

Farmington
Adult Women who have been Sexually Abused as Children Group
Group is currently running and adding new members. For women who have experienced sexual abuse as a child and want to work through the feelings that the impact on their life today.
Meets Saturday 9.30 - 11.30 am
Ms Dorothy Zynda-Snyder
Farmington
MI 48335
248-487-9777 Office
Flint
Support groups for adult survivors of childhood sexual abuse, incest domestic violence, rape and sexual assault. To join this chapter email margie@thelamplighters.org

Flint
Hotline 810-238-7233
Domestic violence and sexual assault services.
24 Hour advocacy and support
Emergency response team
Individual and group counseling

Gaylord
Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling
for survivors of domestic and sexual violence and abuse.

4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/ partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Gladwin
Hotline 877-216-6383
24 House hotline
24 Hour safe shelter
Medical and legal advocacy
Sexual Assault Nurse Examiner
Counseling services

Grand Haven
616-392-1970 In English
616-355-9755 En Espanol
800-848-5991 Toll Free
866-728-2131 Linea gratuita
24 Hour crisis hotlines
Emergency shelter
Legal advocacy
Sexual Assault Nurse Examiner
Sexual assault therapy
Domestic violence support group
Adult & teen sexual assault support group
Self empowerment support group

Grand Rapids
Counseling 616-456-1178

Cost $30 - $40
www.therapists.psychologytoday.com/rms/name/Dorothy_Zynda-Snyder_LMSW_Farmington_Michigan_44873

Flint
Lamplighters Movement www.thelamplighters.org
Flint Michigan

Flint
Hotline 810-238-7233
YWCA - Greater Flint www.ywcaflint.org
Flint
310 East Third Street info@ywcaflint.org
MI 48502

Gaylord
Hotline 231-347-0082
Women's Resource Center of Northern Michigan www.wrcnm.org
Gaylord info@wrcnm.org
MI 49735

Gladwin
Hotline 877-216-6383
ShelterHouse www.shelterhousemidland.org
234 West Cedar Street Gladwin
MI 48624

Grand Haven
616-392-1970 In English
616-355-9755 En Espanol
800-848-5991 Toll Free
866-728-2131 Linea gratuita
24 Hour crisis hotlines
Emergency shelter 616-392-2829 Office
Legal advocacy
Sexual Assault Nurse Examiner
Sexual assault therapy
Domestic violence support group
Adult & teen sexual assault support group
Self empowerment support group

Grand Rapids
Counseling 616-456-1178

Men's Resource Center www.menscenter.org
The Men's Resource Center offers a range of support groups and therapy for abuse, trauma and victimization, as well as other forms of counseling. Our services include individual counseling and telephone Counseling. We also have an office in Holland.

Grand Rapids
Hotline 616-452-6664
Motivated by God's love, our mission is to end domestic violence.
Emergency shelter offering domestic violence support services.
Non residential domestic abuse services include: legal advocacy, individual counseling and support groups.

Safe Haven Ministries
3501 Lake Eastbrook Blvd SE
Suite 335
Grand Rapids
MI 49546
616-452-6664 Office / Hotline

Grand Rapids
616-776-7273 Sexual assault
616-451-2744 Domestic violence
24 Hour crisis hotlines
FREE short term emergency shelter
Individual and group counseling
FREE support groups
616-459-4652 for group details

Grayling
1-888-554-3169 Toll free
24 Hour crisis hotline
Emergency shelter
Legal advocacy services
Individual and group counseling
Healthy relationships support group
schedule is as follows.
Ogemaw County (MI Works, West Branch): Monday 2:30 - 4:00
Roscommon County (Soul's Harbor, Roscommon): Tuesday 12:30 -2:00.
Rosmommon County ( MI Works, Prudenville): Tuesday 2:30 - 4:00
Oscoda County (Library, Mio) Wednesday 11: - 12:30.
Please see website for more details.

Hillsdale
Hotline 888-439-1454 Toll free
Support groups for victims of domestic violence and sexual assault including incest
Groups for children who witness violence of any kind
Domestic violence support group meets on Tues & Wed 7 - 8.30pm
Domestic violence for adults and children support group meets Thursday 7 - 8.30 pm
517-439-1454 for group details

Holland
Finding Peace After Trauma Group
This is a women's only group designed for survivors of traumatic
stress including: childhood emotional/physical and sexual abuse. Cost $30 - $50

**Holland**

616-392-1970 In English
616-355-9755 En Español
800-848-5991 Toll Free
866-728-2131 Linea gratuita
24 Hour crisis hotlines
Emergency shelter
Legal advocacy
Sexual Assault Nurse Examiner
Sexual assault therapy
Domestic violence support group
Adult & teen sexual assault support group
Self empowerment support group

**Center for Women in Transition**

411 Butternut Drive
Holland
MI 49424
616-392-2829 Office
www.facebook.com/pg/CWIT.MI/about/

**Holland**

Counseling 616-355-3000
The Men's Resource Center offers a range of support groups and therapy for abuse, trauma and victimization, as well as other forms of counseling. Our services include individual counseling and telephone Counseling. We also have an office in Grand Rapids.

**Men's Resource Center**

426 Century Lane
Suite 100
Holland
MI 49423
Counseling 616-355-3000

**Houghton**

Hotline 906-482-4357
Or 800-562-7622 Toll free
Text or instant messaging also
Walk-in crisis intervention services
Medical and legal advocacy
Short term crisis counseling
Group support
All services FREE of charge
Serving Houghton, Barage, Keweenaw and Ontonagon.

**Dial Help Inc**

609 Shelden Avenue
Houghton
MI 49931
906-482-9077 Office

**Howell**

Hotline 866-522-2725 Toll free
24 Hour 7 day crisis hotline
FREE legal clinic
Individual and group counseling
Domestic violence support group meets Mon 6 - 7pm & Wed 10 - 11 Weekly sexual assault group
Call 866-522-2725 for group details.

**LACASA**

2895 W. Grand River Avenue
Howell
MI 48843
517-548-1350 Office
www.lacasacenter.org
info@lacasacenter.org

**Ionia**

Hotline 1-800-720-7233
24 Hour 7 day crisis hotline
Emergency shelter
Advocacy services
Community education
FREE counseling for domestic violence and sexual assault victims
Heal out loud support group for domestic and sexual violence survivors
Serving Ionia and Montcalm

**Relief After Violent Encounter**

Ionia
MI 48846
616-527-3351 Office
www.facebook.com/RAVE.IM/
administration@raveim.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Hotline</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iron Mountain</td>
<td>906-774-1112</td>
<td>Caring House - Domestic Violence and Sexual Assault Medical and legal referrals Advocacy referrals Community education Individual short term counseling Support groups are available to formerly abused women, rape victims and adult survivors of sexual assault/abuse</td>
</tr>
<tr>
<td>Ironwood</td>
<td>906-932-0310</td>
<td>Domestic Violence Escape (DOVE) 24 Hour crisis hotlines Information and referrals Temporary Emergency shelter Legal advocacy Peer counseling for domestic violence and sexual assault Weekly empowerment group led by a trained professional</td>
</tr>
<tr>
<td>Jackson</td>
<td>517-783-2861</td>
<td>Aware 24 Hour crisis hotline Emergency and transitional shelter Sexual Assault Nurse Examiner Personal Protection Order advocacy Individuals and group counseling Domestic violence counseling group meets Monday 7 - 8.30 pm or Wednesday 1 - 2.30 pm Sexual assault group counseling available upon request 517-783-1638 ext 133 group details</td>
</tr>
<tr>
<td>Kalamazoo</td>
<td>269-385-3587</td>
<td>YWCA - Kalamazoo 24 Hour crisis hotline Emergency and transitional shelter Personal Protection Order advocacy FREE counseling to sexual and domestic violence survivors FREE support groups 269-385-3587 for group details</td>
</tr>
<tr>
<td>L'Anse</td>
<td>906-524-7078</td>
<td>Baraga County Shelter Home Emergency shelter Referrals for male victims Medical, legal and social advocacy Support groups for residents and non residents alike Support group Mondays 6 - 8 pm</td>
</tr>
<tr>
<td>Lansing</td>
<td>517-372-5572</td>
<td>End Violent Encounters Emergency shelter residents and non residents receive safety planning, court support, individual and family counseling Women's support group Thursdays 7 - 9 pm. An information group for mother's on Tuesdays 7 - 9 pm Plus support groups for children</td>
</tr>
<tr>
<td>Location</td>
<td>Hotline</td>
<td>Website</td>
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<tr>
<td>Lansing</td>
<td>517-337-1717</td>
<td><a href="http://www.theear.org">www.theear.org</a></td>
</tr>
</tbody>
</table>

Lansing  
FREE domestic violence support group  
Meets Saturday 12 - 1.30 pm  
Women's Center of Greater Lansing, Inc  
1710-1712 E. Michigan Avenue  
Lansing MI 48912  
517-372-9163 Office  
womenscenterofgreaterlansing.org

Lapeer  
Hotline 810-667-4175  
www.lacada.org  
LACADA  
PO Box 356  
Lapeer MI 48446  
810-667-4193 Office  
Since 1991 we have been providing FREE and confidential support services that include: Emergency shelter, crisis intervention, court accompaniment, personal advocacy and support groups.  
Domestic violence support group on Wednesdays 6 - 7.30 pm  
Sexual assault support group on Tuesdays 6 - 7.30 pm  
Youth exposed to violence support group on Wednesdays 6 - 7.30 pm

Ludington  
Hotline 1-800-950-5808  
www.callcove.com  
Communities Overcoming Violent Encounters (COVE)  
906 E Ludington Avenue  
Ludington MI 49431  
231-843-2541 Office

Mancelona  
Hotline 231-347-0082  
Or 800-275-1995  
info@wrcnm.org  
Women's Resource Center of Northern Michigan  
231-587-8891 Office  
24 Hour crisis hotline  
Safe home available  
Personal Protection Order advocacy  
Individual and group counseling for survivors of domestic and sexual violence and abuse.  
4 Domestic violence support groups  
Petoskey meets Monday 6 pm  
Mancelona meets Wed 1 pm  
Cheboygan meets Thurs 1 pm  
Gaylord meets Wed 5 pm  
Support groups for women survivors of childhood and adult sexual abuse  
Support group for parents/partners  
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Manistee
Since 1985 we have been the County's primary service agency for victims of domestic violence.
Emergency shelter
Transportation to shelter etc
Support programs for non residents
Mondays - Fridays 8.30 - 5.30
Legal and medical advocacy
Support groups meet weekly for residents and non residents.

Choices of Manistee County
Manistee
MI 49660
231-723-7269 Office

Marquette
Hotline 906-226-6611
Or 1-800-455-6611
24 Hour crisis hotlines
Harbor House Shelter
Personal Protection Order advocacy
Sexual Assault Response program
Group counseling for survivors of sexual assault including rape,
childhood sexual abuse & incest

Marquette Women's Center
Marquette
MI 49855
906-225-1346 ext 113 Office

Menominee
Hotline 1-800-682-1649
Or 1-906-789-1166
24 Hour crisis hotlines
Emergency shelter
Individual counseling and therapy
Support groups for both survivors of domestic violence and sexual assault.
Seving Delta, Menominess and Schoolcraft Counties.

Allinance Against Violence and Abuse, Inc
Menominee
MI 49858
906-863-1116 Office / Hotline
www.safe3c.com/home.html

Midland
ASCA Support Group
ASCA ia an innovative and effective support group for adult survivors of Child Sexual Abuse or Neglect.
Meets 1st and 3rd Monday of each Month. Please send inquiries to stages.n.steps@gmail.com

ASCA Support Group
Midland
Michigan
stages-n-steps@gmail.com

Midland
Hotline 877-216-6383
24 House hotline
24 Hour safe shelter
Medical and legal advocacy
Sexual Assault Nurse Examiner
Counseling services

ShelterHouse
PO Box 2660
Midland
MI 48641
989-835-6771 Office
www.facebook.com/SheltHouse/

Monroe
Hotlines 734-241-0180
Or 734-242-7233 Shelter
We have been providing a range of confidential and compassionate services to adults and children for over 45 years.
Emergency shelter
Adult and family counseling
Domestic violence counseling
Support groups 734-241-0180

Family Counseling Shelter Services
14930 LaPlaisance Road
Suite 106
Monroe
734-241-0180 Office
www.fcssmc.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
<th>Services</th>
<th>Website</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>718 North Macomb Street</td>
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<td></td>
<td>Monroe</td>
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<td></td>
<td></td>
<td>MI 48162</td>
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<tr>
<td></td>
<td></td>
<td>734-240-4508 Office / Hotline</td>
<td></td>
</tr>
<tr>
<td>Mount Clemens</td>
<td>Hotline 586-463-6990</td>
<td>Turning Point Inc</td>
<td><a href="http://www.turningpointmacomb.org">www.turningpointmacomb.org</a></td>
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<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>PO Box 1123</td>
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<tr>
<td></td>
<td>Emergency shelter for survivors of domestic and sexual</td>
<td>Mount Clemens</td>
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<tr>
<td></td>
<td>violence</td>
<td>MI 48046</td>
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<tr>
<td></td>
<td>Legal and PPO advocacy</td>
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<td></td>
<td>Individual counseling</td>
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<td></td>
<td>Turning point offers a variety of support groups for</td>
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<tr>
<td></td>
<td>adults, teens and children</td>
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<td></td>
<td>586-463-4430 for group details.</td>
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<tr>
<td>Mount Clemens</td>
<td>Women Overcoming Childhood Trauma Meetup Support Group.</td>
<td>Women Overcoming Childhood Trauma Meetup Support Group.</td>
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<tr>
<td></td>
<td>This group is a support system for women who experienced</td>
<td>Mount Clemens</td>
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<td></td>
<td>any form of childhood abuse, and want to work on moving</td>
<td>MI</td>
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<td></td>
<td>past the issues it caused.</td>
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<tr>
<td></td>
<td>This group isn't to dwell on the past.</td>
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<td></td>
<td>It is to work on improving ourselves to be the best</td>
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<td></td>
<td>version of ourselves we can be.</td>
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<td></td>
<td>With the encouragement and support of others you are</td>
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<td></td>
<td>more likely to succeed.</td>
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<tr>
<td>Mount Pleasant</td>
<td>Clare County 989-539-1046</td>
<td>Women’s Aid Services Inc</td>
<td><a href="http://www.womensaidservice.org">www.womensaidservice.org</a></td>
</tr>
<tr>
<td></td>
<td>Gratiot County 989-463-6014</td>
<td>Mount Pleasant</td>
<td></td>
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<td></td>
<td>Isabella County 989-772-9168</td>
<td>MI 48804</td>
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<td></td>
<td>Emergency shelter services</td>
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<tr>
<td></td>
<td>24 Hour crisis intervention</td>
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<td></td>
<td>Sexual assault and domestic violence support groups</td>
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<td></td>
<td>Serving Clare, Gratiot and Isabella</td>
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<tr>
<td>Muskegon</td>
<td>Hotline 231-722-3333</td>
<td>Every Woman's Place</td>
<td><a href="http://www.everywomansplace.org">www.everywomansplace.org</a></td>
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<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>Muskegon</td>
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<td></td>
<td>Emergency shelter</td>
<td>MI 49441</td>
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<td></td>
<td>Hospital response / legal advocacy</td>
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<td></td>
<td>Individual counseling</td>
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<td></td>
<td>Support groups</td>
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<td></td>
<td>All services FREE of charge</td>
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<tr>
<td>Oak Park</td>
<td>We are committed to developing and promoting efforts</td>
<td>Looking for My Sister</td>
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<tr>
<td></td>
<td>aimed at the elimination of domestic violence through</td>
<td>PO Box 37129</td>
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<tr>
<td></td>
<td>faith and by taking action.</td>
<td>Oak Park</td>
<td></td>
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<tr>
<td></td>
<td>Emergency shelter for women and children fleeing from</td>
<td>MI 48237</td>
<td></td>
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<tr>
<td></td>
<td>an abusive relationship.</td>
<td>248-224-8457 Office</td>
<td></td>
</tr>
<tr>
<td>Owosso</td>
<td>Hotline 877-952-7283</td>
<td>SafeCenter</td>
<td><a href="http://www.thesafecenter.org">www.thesafecenter.org</a></td>
</tr>
</tbody>
</table>
24 Hour crisis hotline
Emergency shelter
Information and referrals for domestic violence & sexual assault
Group and individual counseling
Domestic violence support group
Sexual assault support group
989-273-9716 for group details
All services FREE of charge

**Paw Paw**
Hotline 1-888-655-9008
Personal Protection Order Help
Court room accompaniment
Various support groups held in Dacatur, Bangor, South Haven and Paw Paw. Please call the hotline or office for more details or visit our website.

**Petoskey**
Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups Petoskey meets Monday 6 pm Mancelona meets Wed 1 pm Cheboygan meets Thurs 1 pm Gaylord meets Wed 5 pm Support groups for women survivors of childhood and adult sexual abuse Support group for parents/ partners Mens voices, support group for men who have experienced sexual violence and abuse. Support group for teen girls 231-347-0067 for group details

**Plymouth**
Hotline 734-722-6800
Or 888-453-5900
24 Hour crisis hotline
24 Hour emergency shelter
Legal advocacy
Counseling and support groups for domestic violence and sexual assault survivors.

**Plymouth**
Addiction and Trauma Recovery Group
Groups are conducted by staff who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We also offer (IOP) an intensive out-
patients program for substance abusers. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

**Pontiac**

Our mission is to be a leading resource in the prevention of child abuse and neglect. We protect and advocate for children whilst providing individual therapy and support groups. We also run a CASA program.

<table>
<thead>
<tr>
<th>CARE House of Oakland County</th>
<th><a href="http://www.carehouse.org">www.carehouse.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pontiac MI 48341 Office</td>
<td><a href="mailto:information@carehouse.org">information@carehouse.org</a></td>
</tr>
</tbody>
</table>

**Pontiac**

Hotline 248-334-1274  Or 877-992-1274 Toll free
24 Hour crisis hotline
Personal Protection Order program
Individual and group counseling for survivors of domestic violence and sexual assault
Group counseling for children who witness family violence.

<table>
<thead>
<tr>
<th>Haven</th>
<th><a href="http://www.haven-oakland.org">www.haven-oakland.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pontiac MI 48343 Office</td>
<td></td>
</tr>
</tbody>
</table>

**Port Huron**

Hotline 888-985-5538 Shelter
Carolyn's Place safe shelter for women survivors of domestic violence and sexual assault
Pathways shelter for men who are homeless or survivors of domestic or sexual assault
Counseling groups available

<table>
<thead>
<tr>
<th>Blue Water Safe Horizons</th>
<th><a href="http://www.bwsh.org">www.bwsh.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Port Huron MI 48061 Office</td>
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</table>

**Pullman**

Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and tradition program.
Meets Thursday 7 - 8.30
Contact George 269-236-0939

<table>
<thead>
<tr>
<th>Survivors of Incest Anonymous</th>
<th><a href="http://www.siawso.org">www.siawso.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pullman Michigan</td>
<td><a href="mailto:georgehuffmanjr@yahoo.com">georgehuffmanjr@yahoo.com</a></td>
</tr>
</tbody>
</table>

**Redford**

Hotline 734-722-6800  Or 888-458-5900
24 Hour crisis hotline
24 Hour emergency shelter
Legal advocacy
Counseling and support groups for domestic violence and sexual assault survivors

<table>
<thead>
<tr>
<th>First Step Inc</th>
<th><a href="http://www.firststep-mi.org">www.firststep-mi.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Redford MI 48239 Office</td>
<td><a href="mailto:info@firststep-mi.org">info@firststep-mi.org</a></td>
</tr>
</tbody>
</table>

**Saginaw**

Hotline 989-790-9118
24 Hour crisis hotline
Sexual Assault Response Team
Victim and legal advocacy
Prevention and community program
Individual and group counseling
Trauma resolution counseling.

<table>
<thead>
<tr>
<th>Child and Family Services</th>
<th><a href="http://www.childandfamilysaginaw.org">www.childandfamilysaginaw.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Saginaw MI 48602 Office</td>
<td></td>
</tr>
</tbody>
</table>

**Saginaw**

Sexual Assault Survivors Group

| Dr Heather Meisel | |
|-------------------| |
One intake session for $50 will be scheduled before attending the group to ensure that you are getting the help that suits you. The complete course lasts 12 weeks and meets once a week. 
Every Thursday 6 - 7.30 
Cost $30

**Saginaw**

Domestic Violence Survivors Group 
One intake session for $50 will be scheduled before attending the group to ensure that you are getting the help that suits you. This is a support group to help men and women who have been the victims of domestic violence. The group will focus on ways to help victims begin to heal and move forwards with their lives. 
Every Tuesday 4 - 5.30 pm 
Cost $30

**Saginaw**

Hotline 989-755-0411 
Or 888-399-8385 
24 Hour crisis hotline 
Translation services available 
Emergency shelter for survivors of domestic and sexual violence 
Personal Protection Order advocacy 
Legal advocacy 
Counseling for survivors 
Domestic violence support group 
Sexual assault support group 
Childrens support group for those who have witnessed family violence 
989-755-0411 for group details

**Saint Clair Shore**

Male Survivors of Sexual Assault Group 
This is a safe and confidential place to talk for men who have survived sexual assault in any form - either as children or as adults. 
Cost $30 - $40

**Sandusky**

Hotline 866-336-7283 
We are a group of citizens that focus on addressing the issues of violence and homelessness in Sanilac Co. 
Eva's Place is the only Emergency shelter in the county.

**Sault St. Marie**

Hotline 1-906-635-0566 
Or 1-800-882-1515 Toll free 
24 Hour Hotlines 
FREE sexual assault support group meets Wednesdays 6 - 8 pm 
FREE domestic violence support group Meets Thursday 6 - 8 pm
Serving Chippewa, Mackinac and Luce Counties

SOUTHFIELD

The Southfield Domestic Violence Meetup Group
Meet with local domestic violence victims and survivors who have experienced verbal, emotional, sexual, financial, psychological and or physical abuse. Meet for support with those who understand. To join this group email Margaret by clicking the web address on the right.

www.meetup.com/Domestic-Violence-Survivors/

ST. JOHNS

Hotline 877-952-7283
24 Hour crisis hotline
Emergency shelter
Information and referrals for domestic violence & sexual assault
Group and individual counseling
Domestic violence support group
Sexual assault support group
989-273-9716 for group details
All services FREE of charge

SafeCenter
323 N. Clinton Avenue
St. Johns
MI 48879
989-723-9716 Office

www.thesafecenter.org
safecenter@thesafecenter.org

THREE RIVERS

Hotline 800-828-2023
We lead efforts to end domestic violence and sexual assault in southwest Michigan by providing Hillman House emergency shelter Outreach to survivors of domestic violence in their own community. Legal advocacy, company at court Support for children who have witnessed domestic violence Supportive counseling Weekly support groups in various local communities. Domestic violence group every Wednesday at 6pm in Three Rivers Domestic violence group every Thursday at 6 pm in Dowagiac Domestic violence group every Thursday at 6 pm in Sturgis Sexual assault groups are available please call 269-273-6154 for info about any of the above groups.

Domestic and Sexual Abuse Services
www.dasasmi.org
dasasinfo@dasasmi.org

TRaverse CITY

Creative Tools for Children/Trauma and Loss Group
An eight week support group for youth who have experienced family trauma that utilizes the creative arts to build coping skills

Dr Barbara McIntyre
Traverse City
MI 49684
231-929-9427 Office
www.northernmichiganarttherapy.com/Home.html
artstx@freeway.net

TRaverse CITY

Hotline 800-554-4972 Toll free
24 Hour crisis hotline
Crisis intervention

Women’s Resource Center
720 S. Elmwood
Suite 2

www.womensresourcecenter.org
wrc@wrcgt.com
Emergency shelter
Traverse City
Legal advocacy
231-941-1210 Office
Support groups for victims of domestic violence & sexual assault
Serving Benzie, Grand Traverse, Kalkaska and Leelanau Counties

Troy
Adult Survivors of Sexual Abuse Therapy Group
Resolve past and current impact of sexual abuse on self and others. Learn to manage confusion, fear, anger, guilt, shame, triggers, dissociation and flashbacks
Cost $40 - $50
Ms Lori Edelson
www.birminghammaple.com

Troy
Support groups for victims of domestic violence & sexual assault
Serving Benzie, Grand Traverse, Kalkaska and Leelanau Counties

Warren
How to Overcome Bullying Group
This group offers three separate age groups, 10-12, 13-15 & 16-18
This is a group that gives young people the ability to stop the cycle of bullying.
Meets Tuesdays 7 - 8:30 pm
Cost $20
Mrs Debra Loving
586-558-6868 Office
www.pathwaystwo.net/

Warren
Sexual Abuse Therapy Group
Working with men, women and children in group therapy to overcome sexual abuse and sexual abuse related issues. Please call 586-275-0657 for more details
Cost $20 - $40.
Mr Matthew Rosenberg
586-275-0657 Office
www.stopoffending.com/

Warren
Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program.
Surivors of Incest Anonymous
Michigan
www.siawsp.org/Sys/PublicProfile/3682668/7166

Wayne
Hotline 734-722-6800
Or 888-458-5900
24 Hour crisis hotline
24 Hour emergency shelter
Legal advocacy
Counseling and support groups for domestic violence and sexual assault survivors.
First Step
Karen Wilson Smithbauer Ctr
4400 S. Venoy
Wayne
734-722-1772 Office
734-722-6800 Office
www.firststep-mi.org
info@firststep-mi.org