### AREA COVERED | SERVICES INCLUDED | GROUP OR ORGANIZATION | WEB ADDRESS / EMAIL ADDRESS
--- | --- | --- | ---
**MICHIGAN** | | | |
**National Helpline** | Hotline 1-800-4-A-CHILD  
Hotline 1-800-422-4453  
Crisis counselors available 24/7  
Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, its Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details. | Childhelp  
Prevention and Treatment of Child Abuse. | www.childhelp.org  
info@childhelp.org  
Email support form on the website

| Statewide | 517-347-7000 Statewide referrals for sexual and domestic violence. | Michigan Coalition to End Domestic and Sexual Violence | www.mcedsv.org/

| Adrian | Hotline 517-265-6776  
24 Hour crisis hotline  
Emergency shelter  
Weekly support groups for men and women.  
Self esteem building support group. | Catherine Cobb Domestic Violence and Sexual Assault Program  
225 North Main Street  
Adrian  
MI 49221 | 517-265-6776 Office / Hotline  
www.facebook.com/catherinecobbprogram/

| Allegan | 800-848-5991 Toll Free Hotline  
866-728-2131 En Espanol  
24 Hour crisis hotlines  
Emergency shelter  
Legal advocacy  
Sexual Assault Nurse Examiner  
Sexual assault therapy  
Domestic violence support group  
Adult & teen sexual assault support group  
Self empowerment support group | RESILIENCY | www.resiliencemi.org/  
mail@cwitmi.org

| Alpena | 24/7 Hotline 1-800-396-9129  
We have been illuminating pathways for survivors of domestic violence and sexual assault since 1978. Emergency shelter  
Long term housing assistance  
Legal and personal advocacy  
Individual and group counseling | Hope Shores Alliance  
PO Box 797  
Alpena  
MI 49707  
989-356-2560 Office  
contactus@hopeshores.org | www.hopeshores.org/

| Ann Arbor | Seeking Safety Group  
Seeking Safety helps people attain | Seeking Safety Group  
Restorative Trauma Therapy | |
The group gently addresses both trauma and addiction without requiring clients to delve into their trauma story. Clients will learn a number of treatment topics, including how to reclaim your power, grounding techniques, self-nurturing, recovery thinking, setting boundaries in relationships, coping with triggers, healing from anger, integrating the split self, healthy relationships and compassion. The group consists of 6 - 8 individuals who commit to 8 consecutive weekly meetings for one and a half hours. Group meets Wednesdays 7 - 8:30 pm and the cost is $50 / Week.

| Ann Arbor | Survivors of Childhood Sexual Abuse Group | Ms Janet M Fry  
| Ann Arbor |  |  
|  | This group is for survivors addressing the impact of childhood sexual abuse. 12 week group led by an experienced and knowledgeable professional with 26 years of trauma therapy experience |  
|  | Meets Mondays | Cost $30 - $40  

| Ann Arbor | Addiction and Trauma Recovery Group | Heron Ridge Associates, PLC  
| Ann Arbor |  |  
|  | Groups are conducted by staff who specialize in the area of trauma and addiction. It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services. |  

| Ann Arbor | 24/7 Hotline 734-936-3333 | University of Michigan Sexual Assault Prevention Awareness  
| Ann Arbor |  |  
|  | sapac@umich.edu  
|  | Ann Arbor  
|  |  
|  | 734-764-7771 Office  

| Ann Arbor | Hotline 734-995-5444 Eng/Span  
| Ann Arbor | 24 Hour 7 day helpline | SafeHouse Center  
| Ann Arbor | Emergency shelter | www.safehousecenter.org  
| Ann Arbor | Counseling for domestic violence  
| Ann Arbor | Counseling for sexual assault | info@safehousecenter.org  
| Ann Arbor | Domestic violence support group meets Wednesday 6 - 7.30 PM |  
| Ann Arbor | Un paso a la libertad support group meets Thursday 6 - 7.30 PM |  

2890 Carpenter Road  
Suite 1500  
Ann Arbor  
MI 48108  
734-887-1473 Office
Life after the relationship ends a 12 week support group meets on Wednesdays 6 - 7.30 PM
Sexual assault support group meets Monday 5.30 - 7 PM
734-995-5444 for all group details.

Ann Arbor
Support groups that help to empower those who have survivied childhood sexual abuse using the 12 step and 12 tradition program
Meets Thursday at 7.30pm
Contact Steve 734-276-3653 or stevemaccom@mac.com
Please call or email before attending the meeting.
For further details please click on the SIA website meetings directory
Survivors of Incest Anonymous
Ann Arbor
Michigan

Baraga
Sexual assault and domestic violence services. Serving the communities of Barage and Marquette.
Keweenaw Bay Indian Community VOCA
102- Superior Avenue
Baraga
MI 49908
906-353-6623 Office

Battle Creek
24hr Hotlines 269-965-7233
Or 1-888-664-9832
Emergency safe shelter
Childrens services
Supportive housing scheme
Family advocacy
Group counseling for safe shelter residents.
SAFE Place Shelter
PO Box 199
Battle Creek
MI 49016
269-965-6093 Office

Bay City
Hotline 800-834-2098 Toll free
24 Hour 7 day hotline
Sexual Assault Nurse Examiner
Medical and legal advocacy
Individual counseling for domestic violence
4 Support group per week for domestic violence & sexual assault
All services FREE of charge.
Bay Area Women's Center
PO Box 1458
3411 E. Midland Road
Bay City
MI 48706
989-686-4551 Office
www.facebook.com/BayAreaWomensCenter/

Big Rapids
Hotline 1-800-734-9473
24 Hour crisis hotline
24 Hour emergency shelter
Medical support / legal advocacy
Community awareness
Individual and group counseling
Weekly support groups
Serving Mecosta, Osceola and Newaygo Counties
Women's Information Services
PO Box 1249
Big Rapids
MI 49307
231-796-6600 Office
www.wiseagainstviolence.org

Bingham Farms
Addiction and Trauma Recovery Group
Groups are conducted by staff who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they
Heron Ridge Associates, PLC
31000 Telegraph Road
Bingham Farms
MI 48025
284-594-4991 Office
come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Bloomfield Hills  
Hotline 800-231-1127  
24 Hour 7 day crisis hotline  
Medical and legal advocacy  
Community awareness program  
Counseling program  
FREE 10 week empowerment group for 13-17 year olds who have experienced sexual assault, incest, childhood sexual abuse, date rape. Cathleen at 248-451-2621 for info

Common Ground  
Bloomfield Hills  
248-456-8150 Office

www.commongroundhelps.org/

Boyne City  
24hr Hotline 231-347-0082  
or Hotline 1- 800-275-1995  
24 Hour crisis hotlines  
Safe home available  
Personal Protection Order advocacy  
Indiviadual and group counseling for survivors of domestic and sexual violence and abuse.  
4 Domestic violence support groups  
Petoskey meets Monday 6 pm  
Mancelona meets Wed 1 pm  
Cheboygan meets Thurs 1 pm  
Gaylord meets Wed 5 pm  
Support groups for women survivors of childhood and adult sexual abuse  
Support group for parents/ partners  
Mens voices, support group for men who have experienced sexual violence and abuse.  
Support group for teen girls  
231-347-0067 for group details  
Or call the office.

Women's Resource Center of Northern Michigan  
Boye City  
231-347-0067 Office

www.wrcnm.org  
info@wrcnm.org

Brighton  
Support group for Adult Survivors of Child Abuse, following the Survivor to Thriver 21 step program by the ASCA organization.  
Meeting every Tues 6.30pm to 8pm  
Please visit our website for further information, and to register.

ASCA Outreach  
Brighton  
Michigan

heather@thephoenixgathering.com

Cadillac  
Your healing begins when you reach out of your comfort zone and tell your story to a trustworthy person. Our therapy groups are held three times a year in September January and April. The facilitators are survivors of sexual abuse and are trained to lead these healing recovery groups. Children's groups Parents who understand Pain support group. Counseling and workshops. For more details see our website.

Healing Private Wounds  
PO Box 854  
Cadillac  
MI 49601

www.healingprivatewounds.org  
office@healingprivatewounds.org

231-846-4495 Office
<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
<th>Address/Contact Details</th>
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<tbody>
<tr>
<td>Cadillac</td>
<td>Legal advocacy, Transitional housing, Education and prevention, Individual and family counseling for survivors of domestic violence or sexual assault, Support group meets weekly for domestic violence and trauma</td>
<td>Oasis Family Resource Center, 118 S. Mitchell Street, Cadillac, MI 49601, 231-775-7299 Office, <a href="http://www.facebook.com/OASISFRC">www.facebook.com/OASISFRC</a></td>
</tr>
<tr>
<td>Calumet</td>
<td>Hotlines 906-337-5623 Shelter 906-884-4004 Outreach office 888-337-5623 Toll Free Temporary shelter Individual counseling and support groups for residents &amp; non residents Outreach advocates available to help with domestic violence issues.</td>
<td>Barbara Kettle Gundlach Shelter, PO Box 8, Calumet, MI 49913, 888-337-5623 Office / Hotline, <a href="http://www.bkgshelterhome.org">www.bkgshelterhome.org</a>, <a href="mailto:bkghome@pasty.net">bkghome@pasty.net</a></td>
</tr>
<tr>
<td>Canton</td>
<td>Individual and Group Therapy Specializing in the treatment of stress, anxiety, depression and psychological trauma Some insurances accepted</td>
<td>Susan L Parker, Suite 120-129, 409 Plymouth Road, Plymouth MI, 734-404-7002 Office, <a href="mailto:sue@quietanxiety.com">sue@quietanxiety.com</a></td>
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<tr>
<td>Caro</td>
<td>Hotline 800-292-3666 We provide a safe and supportive environment for survivors of domestic assault and their children. 24 Hour emergency shelter Crisis intervention Legal, medical &amp; personal advocacy Support groups for women and for children</td>
<td>Thumb Area Assault Crisis Ctr, 429 Montague Avenue, Caro, MI 48723, 989-673-4121 Office, <a href="http://www.hdc-caro.org">www.hdc-caro.org</a></td>
</tr>
<tr>
<td>Charlotte</td>
<td>24hr Hotline 800-899-9997 We promote the elimination of domestic violence and homelessness by providing temporary housing support, advocacy, education and information to the community. Emergency shelter Transitional housing Counseling open to non residents Weekly support group for adults and children exposed to violence open to residents and non residents.</td>
<td>SIREN/Eaton Shelter, PO Box 369, Charlotte, MI 48813, 517-543-0748 Office, <a href="http://www.facebook.com/sireneatonshelter/">www.facebook.com/sireneatonshelter/</a></td>
</tr>
<tr>
<td>Cheboygan</td>
<td>Hotline 231-347-0082 Or 800-275-1995 24 Hour crisis hotline Safe home available Personal Protection Order advocacy Individual and group counseling for survivors of domestic and sexual violence and abuse. 4 Domestic violence support groups Petoskey meets Monday 6 pm Mancelona meets Wed 1 pm Cheboygan meets Thurs 1 pm Gaylord meets Wed 5 pm</td>
<td>Women's Resource Center of Northern Michigan, Cheboygan, MI 49721, 231-672-2380 Office, <a href="http://www.wrcnm.org">www.wrcnm.org</a>, <a href="mailto:info@wrcnm.org">info@wrcnm.org</a></td>
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</tbody>
</table>
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Clarkston
Addiction and Trauma Recovery Group
Groups are conducted by staff who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Coldwater
Hotline 517-278-7233 24 hours
Emergency shelter for those who have experienced domestic violence
In house support

Dearborn
PTSD Support Group
This group provides support for adults who have experienced abuse or trauma. This group is designed for individuals who are experiencing depression or anxiety due to recent or long term trauma
Meets Tuesday cost $30.

Detroit
Hotline 313-833-1660
24 Hour 7 day a week hotline
Individual and group counseling for domestic violence and sexual assault victims
Meets Tuesday cost $30.

Detroit
313-861-5300 Domestic violence
24 Hour 7 day hotline
Emergency shelter
In shelter support groups
Individual and group counseling for sexual assault survivors

East Jordan
Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individial and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm  
Cheboygan meets Thurs 1 pm  
Gaylord meets Wed 5 pm  
Support groups for women survivors of childhood and adult sexual abuse  
Support group for parents/partners  
Mens voices, support group for men who have experienced sexual violence and abuse.  
Support group for teen girls  
Call office for group details.

East Lansing  
Runaway Hotline 877-833-3689  
We are a non profit organization that has been serving runaway, homeless and struggling youth and their families in Ingham, Eaton and Clinton Counties since 1970.  
Crossroads transition home  
Street outreach program.

East Lansing  
Safe Place addresses relationship violence and stalking. We are located on campus of Michigan State University and serve students, faculty, staff and their partners.  
Emergency shelter, safety planning, information & referrals, counseling and support groups. All services are FREE and confidential.

East Lansing  
Hotline 517-372-6666  
24 Hour crisis hotline  
Crisis intervention  
Advocacy services  
Prevention education program  
FREE therapy and support groups to MSU students who are adult survivors of sexual assault or childhood sexual abuse

Escanaba  
Crisis Line 1-906-789-1166  
24 Hour crisis hotlines  
Emergency shelter  
Individual counseling and therapy  
Support groups for both survivors of domestic violence and sexual assault  
Serving Delta, Menominee and Schoolcraft Counties.

Farmington  
Adult Women who have been Sexually Abused as Children Group  
Group is currently running and adding new members. For women who have experienced sexual abuse as a child and want to work through the feelings that the impact on their life today.  
Meets Saturday 9.30 - 11.30 am  
Cost $30 - $40
<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
<th>Contact Person</th>
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<tbody>
<tr>
<td><strong>Flint</strong></td>
<td>Support groups for adult survivors of childhood sexual abuse, incest</td>
<td>Lamplighters Movement</td>
<td><a href="http://www.thelamplighters.org">www.thelamplighters.org</a></td>
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<td></td>
<td>domestic violence, rape and sexual assault. To join this chapter email</td>
<td></td>
<td><a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></td>
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<td>support groups</td>
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<td>支持者团体为成人幸存者提供服务</td>
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<td>童年性侵犯，性侵犯，家暴和性侵犯。要加入该chapter请发送电子邮件到<a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></td>
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<td>YWCA - Greater Flint</td>
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<td><a href="http://www.ywcaflint.org">www.ywcaflint.org</a></td>
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<td>Domestic violence and sexual assault services.</td>
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<td>24 Hour advocacy and support</td>
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<td>Emergency response team</td>
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<td>Individual and group counseling</td>
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<td><strong>Gaylord</strong></td>
<td>Hotline 231-347-0082</td>
<td>Women's Resource Center</td>
<td><a href="http://www.wrcnm.org">www.wrcnm.org</a></td>
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<td>Or 800-275-1995</td>
<td>Northern Michigan</td>
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<td>24 Hour crisis hotlines</td>
<td>Gaylord</td>
<td><a href="mailto:info@wrcnm.org">info@wrcnm.org</a></td>
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<td>Mens voices, support group for men who have experienced sexual</td>
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<td>violence and abuse</td>
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<td>Support group for teen girls</td>
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<td>231-347-0067 for group details</td>
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<tr>
<td><strong>Gladwin</strong></td>
<td>Hotline 877-216-6383</td>
<td>ShelterHouse</td>
<td><a href="http://www.sherthousemedland.org">www.sherthousemedland.org</a></td>
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<td>24 House hotline</td>
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<td>24 Hour safe shelter</td>
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<td>Medical and legal advocacy</td>
<td>MI 48624</td>
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<td>Sexual Assault Nurse Examiner</td>
<td>989-424-9413 Office</td>
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<td></td>
<td>Counseling services</td>
<td><a href="mailto:info@sherthousemedland.org">info@sherthousemedland.org</a></td>
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<td><strong>Grand Haven</strong></td>
<td>800-848-5991 Toll Free</td>
<td>Center for Women in Transition</td>
<td><a href="http://www.resiliencemi.org/">www.resiliencemi.org/</a></td>
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<td>866-728-2131 Linea gratuita</td>
<td>300 North Ferry Street</td>
<td><a href="mailto:mail@cwitmi.org">mail@cwitmi.org</a></td>
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<td>24 Hour crisis hotlines</td>
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<td>Emergency shelter</td>
<td>MI 49417</td>
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<td>Legal advocacy</td>
<td>616-392-2829 Office</td>
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<td>Sexual Assault Nurse Examiner</td>
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<td>Adult &amp; teen sexual assault support group</td>
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<td><strong>Grand Rapids</strong></td>
<td>Counseling 616-456-1178</td>
<td>Men's Resource Center</td>
<td><a href="http://www.mencenter.org">www.mencenter.org</a></td>
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<td>The Men's Resource Center offers a range of support groups and drug</td>
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<td>therapy for abuse, trauma and victimization, as well as other forms of</td>
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<td>counseling. Our services include individual counseling and telephone</td>
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<td>Counseling. We also have an office</td>
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</table>
in Holland.

**Grand Rapids**

**Hotline** 616-452-6664  
Motivated by God's love, our mission is to end domestic violence.  
Emergency shelter offering domestic violence support services.  
Non residential domestic abuse services include: legal advocacy, individual counseling and support groups.

**Safe Haven Ministries**  
3501 Lake Eastbrook Blvd SE  
Suite 335  
Grand Rapids  
MI 49546  
616-452-6664 Office / Hotline  
www.safehavenministries.org  
info@safehavenministries.org

**Grand Rapids**

**DV / SA Hotline** 616-544-9922  
24 Hour crisis hotline  
FREE short term emergency shelter  
Individual and group counseling  
FREE support groups  

**YWCA - West Central Michigan**  
25 Sheldon Boulevard SE  
Grand Rapids  
MI 49503  
616-459-4681 Office  
www.facebook.com/ywcawcmi/

**Grayling**

**1-888-554-3169 Toll free**  
TEXT Hotline 989-889-0545  
24 Hour crisis hotlines  
Emergency shelter  
Legal advocacy services  
Individual and group counseling  
Healthy relationships support group  

Schedule is as follows.  
Ogemaw County (MI Works, West Branch): Monday 2:30 - 4:00  
Roscommon County (Soul's Harbor, Roscommon): Tuesday 12:30 - 2:00.  
Roscommon County (MI Works, Prudenville): Tuesday 2:30 - 4:00  
Oscoda County (Library, Mio) Wednesday 11: - 12:30.  

Please see website for more details.

**Hillsdale**

**Hotline** 888-439-1454 Toll free  
Support groups for victims of domestic violence and sexual assault including incest  
Groups for children who witness violence of any kind  
Domestic violence support group meets on Tues & Wed 7 - 8.30pm  
Domestic violence for adults and children support group meets Thursday 7 - 8.30 pm  
517-439-1454 for group details  

**Hillsdale County Task Force on Family Violence**  
Hillsdale  
MI 49242  
517-439-1454 Office  
www.counselinginholland.com/

**Holland**

**Finding Peace After Trauma Group**  
Ms Remi Spicer Rakipi  
Holland  
MI  
contact via email form on website.

**Center for Women in Transition**  
411 Butternut Drive  
Holland  
MI 49424  
616-392-2829 Office  
mail@cwitmi.org  
www.counselinginholland.com/
Sexual Assault Nurse Examiner
Sexual assault therapy
Domestic violence support group
Adult & teen sexual assault support group
Self empowerment support group

Holland
The Men's Resource Center offers a range of support groups and therapy for abuse, trauma and victimization, as well as other forms of counseling. Our services include individual counseling and telephone Counseling. We also have an office in Grand Rapids.

Men's Resource Center
426 Century Lane
Suite 100
Holland
MI 49423
616-456-1178 GR Main Office

Houghton
Local Hotline 906-482-4357
Or 800-562-7622 Toll free
TEXT Crisis Line 906-356-3337
Text or instant messaging also
Walk-in crisis intervention services
Medical and legal advocacy
Short term crisis counseling
Group support
All services FREE of charge
Serving Houghton, Barage, Keweenaw and Ontonagon.

Dial Help Inc
609 Shelden Avenue
Houghton
MI 49931
906-482-9077 Office

Howell
Hotline 866-522-2725 Toll free
24 Hour 7 day crisis hotline
FREE legal clinic
Individual and group counseling
Our domestic violence group meets Mondays from 6-7:30pm and on Wednesdays from 10-11:30am.
We are not offering a sexual assault group at this time, but we do offer a sexual assault workshop every third Wednesday of the month from 5:30 - 7pm.

LACASA
2895 W. Grand River Avenue
Howell
MI 48843
517-548-1350 Office

Ionia
Hotline 1-800-720-7233
24 Hour 7 day crisis hotline
Emergency shelter
Advocacy services
Community education
FREE counseling for domestic violence and sexual assault victims
Heal out loud support group for domestic and sexual violence survivors
Serving Ionia and Montcalm

Relief After Violent Encounter
Ionia
616-527-3351 Office
www.raveim.org/

Iron Mountain
Crisis Phone 906-774-1112
Medical and legal referrals
Advocacy referrals
Community education
Individual short term counseling
Support groups are available to formerly abused women, rape victims and adult survivors of sexual assault / abuse

Caring House - Domestic Violence and Sexual Assault Services
Iron Mountain
MI 49801
906-774-1112 Office / Crisis
www.facebook.com/Caring-House-Inc-86230393303/
<table>
<thead>
<tr>
<th>Location</th>
<th>Local Hotline</th>
<th>Domestic Violence Escape (DOVE)</th>
<th>Information and referrals</th>
<th>Temporary Emergency shelter</th>
<th>Legal advocacy</th>
<th>Weekly empowerment group led by a trained professional.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ironwood</td>
<td>906-932-0310</td>
<td><a href="mailto:director@dove-inc.net">director@dove-inc.net</a></td>
<td>Ironwood</td>
<td>906-932-4990 Office</td>
<td><a href="http://www.facebook.com/doveironwood">www.facebook.com/doveironwood</a></td>
<td></td>
</tr>
<tr>
<td>Jackson</td>
<td>517-783-2861</td>
<td>Aware</td>
<td>Jackson</td>
<td>517-783-1638 Office</td>
<td><a href="mailto:info@awareshelter.org">info@awareshelter.org</a></td>
<td></td>
</tr>
<tr>
<td>Kalamazoo</td>
<td>269-385-3587</td>
<td>YWCA - Kalamazoo</td>
<td>Kalamazoo</td>
<td>269-345-5595 Office</td>
<td>Support groups 269-385-3587</td>
<td></td>
</tr>
<tr>
<td>L'Anse</td>
<td>906-524-7078</td>
<td>Baraga County Shelter Home</td>
<td>L'Anse</td>
<td>906-524-7079 Office</td>
<td><a href="http://www.facebook.com/bcshelter/">www.facebook.com/bcshelter/</a></td>
<td></td>
</tr>
<tr>
<td>Lansing</td>
<td>517-372-5572</td>
<td>End Violent Encounters</td>
<td>Lansing</td>
<td>517-372-5976 Office</td>
<td>EVE (End Violent Encounters)</td>
<td>Facebook</td>
</tr>
<tr>
<td>Lansing</td>
<td>517-337-1717</td>
<td>The Listening Ear</td>
<td>Lansing</td>
<td>517-337-1728 Office</td>
<td><a href="mailto:contactus@TheEar.org">contactus@TheEar.org</a></td>
<td></td>
</tr>
<tr>
<td>Lansing</td>
<td>24/7 517-337-1717</td>
<td></td>
<td></td>
<td>517-337-1728 Office</td>
<td><a href="mailto:contactus@TheEar.org">contactus@TheEar.org</a></td>
<td></td>
</tr>
<tr>
<td>Lansing</td>
<td>FREE domestic violence support</td>
<td></td>
<td></td>
<td></td>
<td><a href="http://www.facebook.com/TCG">www.facebook.com/TCG</a></td>
<td></td>
</tr>
</tbody>
</table>
Lansing, Inc
1710-1712 E. Michigan Avenue
Lansing
MI 48912
517-372-9163 Office
www.womenscenterofgreaterlansing.org/

Lapeer
Hotline 810-667-4175
Serving all residents of Lapeer Co, who are victims of domestic violence, sexual assault and or stalking.
Since 1991 we have been providing FREE and confidential support services that include: Emergency shelter, crisis intervention, court accompaniment, personal advocacy and support groups.
Domestic violence support group on Wednesdays 6 - 7.30 pm
Sexual assault support group on Tuesdays 6 - 7.30 pm
Youth exposed to violence support group on Wednesdays 6 - 7.30 pm

Lacada
PO Box 356
Lapeer
MI 48446
810-667-4193 Office
www.lacada.org
contact@lacada.org

Ludington
Hotline 1-800-950-5808
24 Hour crisis hotline
Emergency shelter
Crisis center
Community education
Support groups
Communities Overcoming
Violent Encounters (COVE)
906 E Ludington Avenue
Ludington
MI 49431
231-843-2541 Office
www.callcove.com

Mancelona
Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls
231-347-0067 for group details

Manistee
Since 1985 we have been the County's primary service agency for victims of domestic violence.
Emergency shelter
Transportation to shelter ect
Support programs for non residents
Mondays - Fridays 8.30 - 5.30
Legal and medical advocacy
Support groups meet weekly for

Choices of Manistee County
Manistee
MI 49660
231-723-7269 Office
residents and non residents.

**Marquette**
- Hotline 906-226-6611
- Or 1-800-455-6611
- 24 Hour crisis hotlines
- Harbor House Shelter
- Personal Protection Order advocacy
- Sexual Assault Response program
- Group counseling for survivors of sexual assault including rape, childhood sexual abuse & incest

Marquette Women's Center
- Marquette MI 49855
- 906-225-1346 Office
- www.wcmqt.weebly.com/

**Menominee**
- Crisis Hotline 906-789-1166
- 24 Hour crisis hotline
- Emergency shelter
- Individual counseling and therapy
- Support groups for both survivors of domestic violence and sexual assault.
- Seving Delta, Menominess and Schoolcraft Counties.

Allinance Against Violence and Abuse, Inc
- Menominee MI 49858
- 906-863-1116 Office

**Midland**
- ASCA Support Group
- ASCA is an innovative and effective support group for adult survivors of Child Sexual Abuse or Neglect.

ASCA Support Group
- Midland Michigan
- MovingOnWithASCA@gmail.com
- www.ascasupport.org

**Midland**
- Hotline 877-216-6383
- 24 House hotline
- 24 Hour safe shelter
- Medical and legal advocacy
- Sexual Assault Nurse Examiner Counseling services

ShelterHouse
- PO Box 2660
- Midland MI 48641
- 989-835-6771 Office
- www.shelterhousemidland.org

**Monroe**
- Or 734-242-7233 Shelter
- We have been providing a range of confidential and compassionate services to adults and children for over 45 years.
- Emergency shelter
- Adult and family counseling
- Domestic violence counseling
- Support groups 734-241-0180

Family Counseling Shelter
- 14930 LaPlaisance Road
- Suite 106
- Monroe MI 48161
- 734-241-0180 Office
- 734-241-0180 Counseling
- www.fcssmc.org

**Mount Clemens**
- Hotline 586-463-6990
- 24 Hour crisis hotline
- Emergency shelter for survivors of domestic and sexual violence
- Legal and PPO advocacy
- Individual counseling
- Turning point offers a variety of support groups for adults, teens and children

Turning Point Inc
- PO Box 1123
- Mount Clemens MI 48046
- 586-463-4430 Office.
- Turning Point, Inc. | Facebook

**Mount Pleasant**
- 24hr Crisis Hotline 844-349-6177
- Emergency shelter services
- 24 Hour crisis intervention
- Sexual assault and domestic violence support groups
- Serving Clare, Gratiot and Isabella

R.I.S.E
- Mount Pleasant MI 48804
- 989-773-0078 Office
- www.riseadvocacy.org/
**Muskegon**

Hotline 231-722-3333

24 Hour crisis hotline
Emergency shelter
Hospital response / legal advocacy
Individual counseling
Support groups
All services FREE of charge.

Every Woman's Place

Muskegon

MI 49441

231-759-7909 Office

**Owosso**

Hotline 877-952-7283

24 Hour crisis hotline
Emergency shelter
Information and referrals for domestic violence & sexual assault
Group and individual counseling
Domestic violence support group
Sexual assault support group 989-273-9716 for group details
All services FREE of charge

SafeCenter

1300 N Hicory Street

Owosso

MI 48867

989-723-9716

www.facebook.com/thesafecenter.org/

**Paw Paw**

Hotline 269-655-9008

En Espanol 866-416-8556
Personal Protection Order Help
Court room accompaniment
Various support groups held in Dacatur, Bangor, South Haven and Paw Paw. Please call the hotline or office for more details or visit our website.

Domestic Violence Coalition Inc

303 Paw Paw Street

Suite 7

Paw Paw

MI 49079

269-655-9008 Office / Hotline

www.domesticviolencecoalition.org

**Petoskey**

Hotline 231-347-0082
Or 800-275-1995
24 Hour crisis hotline
Safe home available
Personal Protection Order advocacy
Individual and group counseling for survivors of domestic and sexual violence and abuse.
4 Domestic violence support groups
Petoskey meets Monday 6 pm
Mancelona meets Wed 1 pm
Cheboygan meets Thurs 1 pm
Gaylord meets Wed 5 pm
Support groups for women survivors of childhood and adult sexual abuse
Support group for parents/ partners
Mens voices, support group for men who have experienced sexual violence and abuse.
Support group for teen girls 231-347-0067 for group details

Women’s Resource Center of Northern Michigan

423 Porter Street

Petoskey

MI 49770

231-347-0067 Office

www.wrcnm.org

info@wrcnm.org

**Plymouth**

Hotline 734-722-6800

24 Hour crisis hotline
24 Hour emergency shelter
Legal advocacy
Counseling and support groups for domestic violence and sexual assault survivors.

First Step Inc

44567 Pinetree Drive

Plymouth

MI 48170

734-416-1111 Office

www.firststep-mi.org

info@firststep-mi.org

**Plymouth**

Addiction and Trauma Recovery Group
Groups are conducted by staff

Heron Ridge Associates, PLC

705Main Street

Plymouth
who specialize in the area of trauma and addiction.
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites.
We also offer (IOP) an intensive out-patients program for substance abusers.
We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

**Pontiac**

Our mission is to be a leading resource in the prevention of child abuse and neglect. We protect and advocate for children whilst providing individual therapy and support groups.
We also run a CASA program.

CARE House of Oakland County

www.carehouse.org

Pontiac

MI 48341

248-334-1274 Office

**Pontiac**

Hotline 248-334-1274
Or 877-992-1274 Toll free
TTY Hotline 248-972-2540
24 Hour crisis hotlines
Personal Protection Order program
Individual and group counseling for survivors of domestic violence and sexual assault
Group counseling for children who witness family violence.

Haven

www.haven-oakland.org

PO Box 431045

Pontiac

MI 48343

248-334-1284 Office

**Port Huron**

TEXT Crisis Line 1-810-824-7948
Hotline 888-985-5538 Shelter
Carolyn's Place safe shelter for women survivors of domestic violence and sexual assault
Pathways shelter for men who are homeless or survivors of domestic or sexual assault
Counseling groups available

Blue Water Safe Horizons

www.bwsh.org

PO Box 610247

Port Huron

MI 48061

810-989-5246 Office

Blue Water Safe Horizons | Facebook

**Pullman**

Healing Wings of SIA
Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program
Meets Tuesdays 7pm to 8p
Contact person is George
georgehuffmanjr@yahoo.com
For further details please click on the SIA website meetings directory

Survivors of Incest Anonymous

www.siawso.org

Pullman

Michigan

**Redford**

Hotline 734-722-6800
24 Hour crisis hotline
24 Hour emergency shelter
Legal advocacy
Counseling and support groups for domestic violence and sexual assault survivors

First Step Inc

www.firststep-mi.org

27150 Westfield

Redford

MI 48239

info@firststep-mi.org

734-416-1111 Main Office
<table>
<thead>
<tr>
<th>Location</th>
<th>Support Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Royal Oak</td>
<td>Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program. Women only. Meets Sundays 1pm to 2.30pm. Contact Person is Cheryl. <a href="mailto:shilohsia2013@gmail.com">shilohsia2013@gmail.com</a>. For further details please click on the SIA website meetings directory.</td>
</tr>
<tr>
<td>Saint Clair Shore</td>
<td>Male Survivors of Sexual Assault Group. This is a safe and confidential place to talk for men who have survived sexual assault in any form - either as children or as adults. Cost $30 - $40.</td>
</tr>
<tr>
<td>Sandusky</td>
<td>Hotline 866-336-7283. TEXT Hotline 810-404-7761. We are a group of citizens that focus on addressing the issues of violence and homelessness in Sanilac Co. Eva's Place is the only Emergency shelter in the county.</td>
</tr>
<tr>
<td>Sault St. Marie</td>
<td>1-800-882-1515 Toll free. 24 Hour Hotline. FREE sexual assault support group meets Wednesdays 6 - 8 pm. FREE domestic violence support group meets Thursday 6 - 8 pm. Serving Chippewa, Mackinac and Luce Counties.</td>
</tr>
<tr>
<td>St. Johns</td>
<td>Hotline 877-952-7283. 24 Hour crisis hotline.</td>
</tr>
<tr>
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</tr>
<tr>
<td>Information and referrals for domestic violence &amp; sexual assault</td>
<td></td>
</tr>
<tr>
<td>Group and individual counseling</td>
<td></td>
</tr>
<tr>
<td>Domestic violence support group</td>
<td></td>
</tr>
<tr>
<td>Sexual assault support group</td>
<td></td>
</tr>
<tr>
<td>989-273-9716 for group details</td>
<td></td>
</tr>
<tr>
<td>All services FREE of charge</td>
<td></td>
</tr>
<tr>
<td>Three Rivers</td>
<td>Hotline 800-828-2023</td>
</tr>
<tr>
<td>We lead efforts to end domestic violence and sexual assault in southwest Michigan by providing</td>
<td></td>
</tr>
<tr>
<td>Outreach to survivors of domestic violence in their own community.</td>
<td></td>
</tr>
<tr>
<td>Domestic violence group every</td>
<td></td>
</tr>
<tr>
<td>Wednesday at 6pm in Three Rivers</td>
<td></td>
</tr>
<tr>
<td>Domestic violence group every Thursday at 6 pm in Dowagiac</td>
<td></td>
</tr>
<tr>
<td>Domestic violence group every Thursday at 6 pm in Sturgis</td>
<td></td>
</tr>
<tr>
<td>Sexual assault groups are available please call 269-273-6154 for info about any of the above groups.</td>
<td></td>
</tr>
<tr>
<td>Three Rivers Hillman House emergency shelter</td>
<td></td>
</tr>
<tr>
<td>PO Box 402</td>
<td>Three Rivers MI 49093</td>
</tr>
<tr>
<td>Three Rivers Hotline 800-828-2023</td>
<td>Domestic and Sexual Abuse Services</td>
</tr>
<tr>
<td>Three Rivers Hillman House emergency shelter</td>
<td>Outreach to survivors of domestic violence</td>
</tr>
<tr>
<td>Support for children who have witnessed domestic violence</td>
<td>Supportive counseling</td>
</tr>
<tr>
<td>Weekly support groups in various local communities.</td>
<td>Domestic violence group every Wednesday at 6pm in Three Rivers</td>
</tr>
<tr>
<td>Domestic violence group every Thursday at 6 pm in Dowagiac</td>
<td>Domestic violence group every Thursday at 6 pm in Sturgis</td>
</tr>
<tr>
<td>Sexual assault groups are available please call 269-273-6154 for info about any of the above groups.</td>
<td></td>
</tr>
<tr>
<td>Traverse City Hotline 800-554-4972 Toll free</td>
<td>Women’s Resource Center</td>
</tr>
<tr>
<td>24 Hour crisis hotline</td>
<td>720 S. Elmwood Traverse City MI 49684</td>
</tr>
<tr>
<td>Crisis intervention</td>
<td>Suite 2</td>
</tr>
<tr>
<td>Emergency shelter</td>
<td>Traverse City</td>
</tr>
<tr>
<td>Legal advocacy</td>
<td>231-941-1210 Office</td>
</tr>
<tr>
<td>Support groups for victims of domestic violence &amp; sexual assault</td>
<td>Serving Benzie, Grand Traverse, Kalkaska and Leelanau Counties</td>
</tr>
<tr>
<td>Troy Adult Survivors of Sexual Abuse Therapy Group</td>
<td>Ms Lori Edelson Troy MI 48084</td>
</tr>
<tr>
<td>Resolve past and current impact of sexual abuse on self and others.</td>
<td>248-646-6659 Office</td>
</tr>
<tr>
<td>Learn to manage confusion, fear, anger, guilt, shame, triggers, dissociation and flashbacks</td>
<td></td>
</tr>
<tr>
<td>Cost $40 - $50</td>
<td></td>
</tr>
<tr>
<td>Warren Sexual Abuse Therapy Group</td>
<td>Mr Matthew Rosenberg Warren MI 48093</td>
</tr>
<tr>
<td>Working with men, women and children in group therapy to overcome sexual abuse and sexual abuse related issues. Please call 586-275-0657 for more details</td>
<td>586-275-0657 Office</td>
</tr>
<tr>
<td>Cost $20 - $40.</td>
<td></td>
</tr>
<tr>
<td>Warren Support groups that help to empower those who have survived childhood sexual abuse using the</td>
<td>Survivors of Incest Anonymous Warren Michigan</td>
</tr>
</tbody>
</table>
12 step and 12 tradition program.

Mixed Group
Meets Wednesdays at 7.30pm
Contact person is Donna
For further details please click on the SIA website meetings directory

<table>
<thead>
<tr>
<th>Wayne</th>
<th>Hotline 734-722-6800</th>
<th>First Step</th>
<th><a href="http://www.firststep-mi.org">www.firststep-mi.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>Karen Wilson Smithbauer Ctr</td>
<td><a href="mailto:info@firststep-mi.org">info@firststep-mi.org</a></td>
</tr>
<tr>
<td></td>
<td>24 Hour emergency shelter</td>
<td>4400 S. Venoy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Legal advocacy</td>
<td>Wayne</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Counseling and support groups</td>
<td>MI 48184</td>
<td></td>
</tr>
<tr>
<td></td>
<td>for domestic violence and sexual assault survivors.</td>
<td>734-722-1772 Office</td>
<td></td>
</tr>
</tbody>
</table>