

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>MARYLAND</b>			
<b>National Helpline</b>	<p>Hotline 1-800-4-A-CHILD                      Hotline 1-800-422-4453                      Crisis counselors available 24/7                      Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp                      Prevention and Treatment of Child Abuse.</p>	<p><a href="http://www.childhelp.org">www.childhelp.org</a>  <a href="mailto:info@childhelp.org">info@childhelp.org</a>                      Email support form on the website</p>
<b>Southern Maryland</b>	<p>This Group is for adults 18 + who suffered from physical, sexual or emotional abuse as a child. The Group will meet once per week for 2 hours following the STEP program as outlined by ASCAsupport.org This is not a therapy group. Members will work through the Survivor to Thriver manual. To join this group please follow the information in the the web address section.</p>	<p>Southern Maryland Adult Survivors of Child Abuse                      Huntingtown                      Contact Lynn 301-233-6440</p>	<p><a href="http://www.ASCAsupport.org">www.ASCAsupport.org</a></p>
<b>Statewide</b>	<p>301-328-7023 Sexaul Assault                      Statewide information and referral                      The Maryland Coalition Against Sexual Assault (MCASA) is the federally recognized state sexual assault coalition. It's core members are the state's 17 rape crisis and recovery centers, but it also represents the voices of many other professionals and service providers working with sexual assault survivors. Our mission is to help prevent sexual assault, advocate for accessible, compassionate care for survivors of sexual violence, and work to hold offenders accountable. MCASA provides policy advocacy, technical assistance training, outreach and prevention.</p>	<p>Maryland Coalition Against Sexual Assault                      301-328-7023 Information</p>	<p><a href="http://www.mcasa.org">www.mcasa.org</a>  <a href="mailto:info@mcasa.org">info@mcasa.org</a></p>
<b>Statewide</b>	<p>Toll Free 877-496-SALI (7254)</p>	<p>MCASA's Sexual Assault Legal</p>	<p><a href="http://www.mcasa.org">www.mcasa.org</a></p>

MCASA's Sexual Assault Legal Institute (SALI) provides direct legal services for victims and survivors of sexual Violence. SALI also provides technical assistance and training for attorneys, rape crisis and recovery center staff and volunteers, and other professionals working with Survivors.

Insitute (SALI)  
Maryland  
301-565-2277 Information  
877-496-SALI Toll Free.  
[www.mcasa.org/for-professionals/legal/](http://www.mcasa.org/for-professionals/legal/)  
[info@mcasa.org](mailto:info@mcasa.org)

**Statewide** 1-800-MD-HELPS (634-3577) DV Statewide Hotline and information.  
Maryland Network Against Domestic Violence  
301-429-3501 Office  
[www.mnadv.org](http://www.mnadv.org)  
[info@mnadv.org](mailto:info@mnadv.org)

**Annapolis** Domestic Violence Support Group  
This group is for women who are or were in relationships in which they were subjected to domestic violence, either physical, emotional financial or sexually abused by their significant other.  
Kendra Jackson  
Serenity Counseling  
Annapolis  
MD 21401  
443-333-9340 Office  
[serenity@serenitytherapeuticounselingservices.com](mailto:serenity@serenitytherapeuticounselingservices.com)

**Arnold** 24 Hour hotline 410-222-6800  
24 Hour hotlines  
Safe shelter for victims of domestic violence and their children  
Medical and legal advocacy  
Individual and group counseling  
Support groups domestic violence  
Support groups sexual assault  
For more information please see our website.  
YWCA of Annapolis and Anne Arundel County  
1517 Ritchie Highway  
Suite 201  
Arnold  
MD 21012  
410-626-7800 Office  
[www.annapolisywca.org](http://www.annapolisywca.org)

**Baltimore** ASCA Meeting Support Group  
Adult Survivors of Child Abuse ASCA, support group will be held every Thursday from 6pm to 8pm unless otherwise announced. The group is Lesbian, gay, bi and trans gender friendly but open to all survivors. More details and information, including cancellation notices for weather or other reasons can be found on our blog as follows:  
[www.asca-baltimore.tumblr.com](http://www.asca-baltimore.tumblr.com)  
The meetings will take place on the grounds of the Baltimore LGBT Community Centre,  
ASCA Support Group Meeting  
3rd Floor  
The Waxer Center  
Baltimore Community Center  
1000 Cathedral Street  
Baltimore  
[asca-baltimore@hotmail.com](mailto:asca-baltimore@hotmail.com)  
[www.asca-baltimore.tumblr.com](http://www.asca-baltimore.tumblr.com)

**Baltimore** Hotline 410-234-0023  
Or 410-889-7884 (House of Ruth)  
Community services 410-466-9200  
Russian and Farsi translation  
Individual counseling for women survivors of domestic abuse  
Support groups.  
Chana: Helpline and Network For abused Women  
101 West Mount Royal Avenue  
Baltimore  
MD 21201  
410-234-0030 Office  
[www.chanabaltimore.org](http://www.chanabaltimore.org)  
[info@chanabaltimore.org](mailto:info@chanabaltimore.org)

**Baltimore** Childrens Child Abuse Program  
We were established in 1849 to improve the condition of the poor.  
Family and Children's Services  
4623 Falls Road  
Baltimore  
[www.fcsmd.org](http://www.fcsmd.org)

Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families. The listed address is our headquarters but we also have trauma treatment programs in **Baltimore City**, and the following central Maryland counties. **Hartford, Howard, West Baltimore County, Carroll and Anne Arundel.** In each of these offices we see children aged 3 to 18 years as well as adult survivors of sexual abuse, physical abuse and neglect. Two of our agency offices in Carroll and West Baltimore county offer a comprehensive domestic violence program. The information and addresses can be accessed through our website.

MD 21209  
410-366-1980 Ext 249 Office  
[www.fcsmd.org/locations.html](http://www.fcsmd.org/locations.html)

**Baltimore**

Hotlines 410-828-6390  
Or 410-285-7496 Shelter  
We provide essential and life saving services to family members experiencing conflict and family violence.  
Emergency safe shelter  
Follow on transitional housing  
Victim advocacy comprising of:  
Safety planning, court escort, hospital accompaniment, legal advocacy and community support groups. Call 410-285-4357 for more information.

Family Crisis Center  
PO Box 3903  
Baltimore  
MD 21222  
410-285-4357 Office

[www.familycrisiscenter.net](http://www.familycrisiscenter.net)

**Baltimore**

Hotline 410-889-RUTH (7884)  
24 Hour hotline  
Services in English and Spanish  
Emergency shelter  
Legal Clinic  
Individual counseling and therapy for men and women who have been abused and are in crisis  
Group counseling and therapy for battered women

House of Ruth - Maryland  
Baltimore  
MD 21218  
410-889-0840 Office.  
[www.facebook.com/HouseOfRuthMaryland/](http://www.facebook.com/HouseOfRuthMaryland/)

[www.hruth.org](http://www.hruth.org)  
[info@hruthmd.org](mailto:info@hruthmd.org)

**Baltimore**

24 hour Hotline 443-279-0379  
24 Hour crisis hotline  
Emergency and transitional shelter  
Victim advocacy  
Community education  
Anti-sex trafficking program  
Individual and group trauma therapy for adult and teenage victims of

Turn Around  
2300N Charles Street  
2nd Floor  
Baltimore  
MD 21201  
410-837-7000 Office

[www.turnaroundinc.org](http://www.turnaroundinc.org)  
[info@turnaroundinc.org](mailto:info@turnaroundinc.org)

domestic violence / sexual assault  
Adult survivors of childhood sexual  
abuse / adult abuse support group  
meets Mondays 6 - 7.30 PM  
Female survivors of domestic  
violence support group meets  
Tuesday 6 - 7.30 PM at Rosedale  
For group details tel 410-377-8111.

<b>Bel Air</b>	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.	Family and Children's Services 44 East Gordon Street Bel Air MD 21014 410-838-9000 Office <a href="http://www.fcsmd.org/locations.html">www.fcsmd.org/locations.html</a>	<a href="http://www.fcsmd.org">www.fcsmd.org</a>
<b>Bel Air</b>	Hotline 410-836-8430 24 Hour hotline Safehouses for males and females Legal advocacy and safety planning Individual and group counseling Weekly support groups.	Safety Awareness Resources Change (SARC) PO Box 1207 Bel Air MD 21014 410-836-8430 Office / Helpline.	<a href="http://www.sarc-maryland.org">www.sarc-maryland.org</a> <a href="mailto:info@sarc-maryland.org">info@sarc-maryland.org</a>
<b>Benson</b>	Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program	Survivors of Incest Anonymous World Service Office PO Box 190 Benson MD 21018-9998	<a href="http://www.siawso.org">www.siawso.org</a>
<b>Bethesda</b>	Women's Trauma Recovery Group For women ready to supplement individual therapy with group work. Based in part on (TRG) Trauma Recovery Group pioneered by Judith Herman This is a stage 2 trauma group, members should have achived some stability and control over trauma related symptoms. Every Tuesday 5.15 - 6.30 PM Cost \$100 - \$120 <a href="http://www.therapists.psychologytoday.com/rms/name/Jan_Freeman_MSWSW.LCSW-C_Bethesda_Maryland_42176">www.therapists.psychologytoday.com/rms/name/Jan_Freeman_MSWSW.LCSW-C_Bethesda_Maryland_42176</a>	Jan Freeman Bethesda MD 20814 301-657-2292 Office	
<b>Beltsville</b>	Hotline 410-889-RUTH (7884) 24 Hour hotline Services in English and Spanish Emergency shelter Legal Clinic Individual counseling and therapy for men and women who have been abused and are in crisis Group counseling and therapy for battered women	House of Ruth - Maryland Beltsville Maryland 410-889-0840 Office <a href="http://www.facebook.com/HouseOfRuthMaryland/">www.facebook.com/HouseOfRuthMaryland/</a>	<a href="http://www.hruth.org">www.hruth.org</a> <a href="mailto:info@hruthmd.org">info@hruthmd.org</a>

<b>Bowie</b>	<p>Healing Hope Recovery Group          Find confidential hope and healing from past or present emotional physical or sexual abuse.          Meets Mondays 7 pm Contact Laura Gore on 410-733-4109 for details          Or email address on the right of this page</p>	<p>Support Group          Bowie          Anne Arundel County          MD 20715          301-262-1767 Laura Gore</p>	<p><a href="mailto:lgore@acep.org">lgore@acep.org</a></p>
<b>Brentwood</b>	<p>Hotlines 301-731-1203          Or 1-866-382-7474          Family violence intervention clinic          Legal advocacy          Court companionship          Intensive therapy groups          Services also in Spanish</p>	<p>Family Crisis Center          3601 Taylor Street          Brentwood          MD 20722          301-779-2100 Office &amp; Info</p>	<p><a href="http://www.familycrisiscenter-pgco.org">www.familycrisiscenter-pgco.org</a>  <a href="mailto:info@familycrisiscenter-pgco.org">info@familycrisiscenter-pgco.org</a></p>
<b>Cambridge</b>	<p>Hotline 410-820-5600          Or 1-800-310-7273          Spanish Hotline 410-829-6143          Crisis intervention          Advocacy and education          Counseling and therapy          Fees on a sliding scale.</p>	<p>For All Seasons, Inc          208 Cedar Street          Cambridge          MD          410-822-1018 Office</p>	<p><a href="http://www.forallseasonsinc.org">www.forallseasonsinc.org</a></p>
<b>Charlotte Hall</b>	<p>Hotline 301-863-6661          24 Hour 7 Day hotline          Crisis intervention services          Trauma recovery counseling          Recovery support services  <a href="http://www.waldensierra.org/treatment-and-support/domestic-violence-and-sexual-assault-1/">www.waldensierra.org/treatment-and-support/domestic-violence-and-sexual-assault-1/</a></p>	<p>Walden          30007 Business Center Drive          Charlotte Hall          MD 20622-3101          310-863-6661 Office / Hotline</p>	<p><a href="http://www.waldensierra.org">www.waldensierra.org</a>  <a href="mailto:info@WaldenSierra.org">info@WaldenSierra.org</a></p>
<b>Chestertown</b>	<p>Mobile Crisis 888-407-8018          Or 1-800-310-7273          24 Hour hotlines          Crisis intervention          Advocacy and education          Counseling and therapy          Fees on a sliding scale</p>	<p>For All Seasons, Inc          516 Washington Street          Suite 4          Chestertown          MD          410-822-1018 Office</p>	<p><a href="http://www.forallseasonsinc.org">www.forallseasonsinc.org</a></p>
<b>Cheverly</b>	<p>Hotline 310-618-3154          Support group for survivors of rape and sexual abuse          Call 301-618-3154 for group details          Or click on the link and scrol down to the support groups at the bottom of the page.</p>	<p>Domestic Violence and Sexual Assault Center at Dimensions Health Care          Prince George Hospital Center          3001 Hospital Drive          Cheverly          MD 20785          301-618-3154 Office / Hotline  <a href="http://www.dimensionshealth.org/calendar-of-events/">www.dimensionshealth.org/calendar-of-events/</a></p>	
<b>Columbia</b>	<p>410-997-2272 Domestic Violence and Sexual Assault Hotline          HopeWorks of Howard County works to eliminate sexual, domestic, and dating violence in the county by providing shelter, legal services, counseling and advocacy, increasing community awareness and changing social attitudes.</p>	<p>HopeWorks of Howard County          5457 Twin Knolls Road          Suite 310          Columbia          MD 21045          410-997-0304 Office.</p>	<p><a href="http://www.wearehopeworks.org">www.wearehopeworks.org</a></p>

<b>Columbia</b>	<p>Childrens Child Abuse Program          We were established in 1849 to improve the condition of the poor.          Today we focus on the prevention and treatment of child abuse.          We offer TF and CBT therapy for 3 to 18 years olds and their families.          Parent Child interaction therapy          We also seek to help victims remove themselves from domestic violence.          Sexual assault services for children and their families.</p>	<p>Family and Children's Services          Wild Lake Village Center          Suite 100          10451 Twinn Rivers Road          Columbia          MD 21044          410-997-3557 Office  <a href="http://www.fcsmd.org/locations.html">www.fcsmd.org/locations.html</a></p>	<a href="http://www.fcsmd.org">www.fcsmd.org</a>
<b>Columbia</b>	<p>Hotline 410-531-6677          24 Hour crisis hotline          Family shelter program          Walk in counseling for anyone in need of immediate assistance.</p>	<p>Grassroots Crisis Intervention Center, Inc          6700 Freetown Road          Columbia          MD 21044          410-531-6006 Office</p>	<p><a href="http://www.grassrootscrisis.org">www.grassrootscrisis.org</a>  <a href="mailto:info@grassrootscrisis.org">info@grassrootscrisis.org</a></p>
<b>Columbia</b>	<p>HopeWorks of Howard County          At HopeWorks we aim to be the catalyst in the community to change the cultural norms that allow sexual, dating and domestic violence to happen. Our mission is to reduce the harm and effects of sexual and domestic violence in Howard County while working towards their elimination. We host a variety of exciting wellness and awareness programs throughout Howard County.</p>	<p>HopeWorks of Howard County          Columbia MD          Contact Dominic Goodall</p>	<a href="http://www.wearehopeworks.org/">www.wearehopeworks.org/</a>
<b>Cumberland</b>	<p>Hotline 301-759-9244          24 Hour helpline          Safe accommodation          Sexual Assault Response Team          Individual and group counseling          Support groups for women victims of domestic violence /sexual abuse          Call 301-759-9244 for group info</p>	<p>Family Crisis Resource Center          146 Beford Street          Cumberland          MD 21502          310-759-9246 Office  <a href="http://www.familycrisisresourcecenter.org/">www.familycrisisresourcecenter.org/</a></p>	
<b>Denton</b>	<p>1-800-927-4673 Family violence          1-800-310-7273 Rape center          We provide an emergency shelter          24 Hour hotlines          Crisis counseling          Accompaniment to court          Legal representation          Support groups          Programs for children expose to family violence</p>	<p>Mid Shore Council on Family Violence          PO Box 5          Denton          MD 21629          410-690-3222 Office</p>	<a href="http://www.msfcv.org">www.msfcv.org</a>
<b>District Heights</b>	<p>Thrive Domestic Abuse Meetup          This group teaches practical techniques needed to create "A Life Worth Loving", after experiencing the trauma of Domestic Abuse.          So that you will be able to financially support yourself and your children</p>	<p>Meetup Domestic Abuse Group          District Heights          MD  <a href="http://www.meetup.com/topics/abusesurvivors/all/">www.meetup.com/topics/abusesurvivors/all/</a></p>	

through my personal development courses, career strategy and business coaching programs. Contact for this group is Nikki Guy-Dixon.

<b>Easton</b>	Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale	For All Seasons, Inc 300 Talbot Street Easton MD 21601 410822-1018 Office	<a href="http://www.forallseasonsinc.org">www.forallseasonsinc.org</a>
<b>Easton</b>	Hotline 1-800-927-4673 24 hour 7 days hotline Crisis intervention Secure shelter Information and referrals Legal program Support groups Serving Caroline, Dorchester, Kent Queen Anne's and Talbot Counties	Mid-Shore Council on Family Violence Easton MD 21601 410-690-3222 Office	<a href="http://www.msfcv.org">www.msfcv.org</a>
<b>Elkton</b>	Hotline 410-996-0333 24 Hrs Shelter for domestic violence FREE individual/group counseling	Cecil County DV Rape Crisis Program PO Box 2137 Elkton MD 21922 410-996-0333 Office / Hotline	<a href="https://www.facebook.com/Cecil-County-Domestic-ViolenceRape-Crisis-Center-512474108781649/timeline">www.facebook.com/Cecil-County-Domestic-ViolenceRape-Crisis-Center-512474108781649/timeline</a>
<b>Frederick</b>	Hotline 301-662-8800 24 Hour hotline Emergency shelter Legal services available Ongoing counseling Support groups domestic violence Support groups sexual assault Support groups for adults molested as children Call 301-662-8800 for group info.	Heartly House Inc PO Box 857 Frederick MD 21705 310-662-8800 Office / Hotline	<a href="http://www.heartlyhouse.org">www.heartlyhouse.org</a> <a href="mailto:ijames@heartlyhouse.org">ijames@heartlyhouse.org</a>
<b>Frederick</b>	Recovery from Within Therapy Group This is a therapy group for women survivors of trauma. The group meets in 16 week cycles. Cost \$60-\$70 per session Call for more details	Alicia Barmon Frederick MD 21701	<a href="mailto:alicia.barmon@gmail.com">alicia.barmon@gmail.com</a>
<b>Frederick</b>	Sensitive Yoga for Healing Trauma is designed to befriend, reconnect with and feel empowered in your body. In a safe and predictable environment, you are invited to notice sensations, experiment with movement and breathing and practice making choices that may be right for you. The organizer of this	Yoga for Healing Trauma Meetup Group Frederick Maryland	<a href="http://www.yogamour.org/trauma-sensitive-yoga/">www.yogamour.org/trauma-sensitive-yoga/</a>

meetup group is Geni Donnelly.

<b>Fallston</b>	Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program Meets every Monday 7 PM Contact 410-893-3322	Survivors of Incest Anonymous Fallston Maryland <a href="http://www.siawso.org/Sys/PublicProfile/39285/7166">www.siawso.org/Sys/PublicProfile/39285/7166</a>
<b>Gaithersburg</b>	Domestic Abuse Support Group This is a group for and MALE who has experienced or is experiencing domestic abuse as an abuser or as a victim. Meetings to be held every two weeks on a Wednesday night. For more information or to join this group please click on the link.	Male Domestic Violence Group Gaithersburg Maryland. <a href="http://www.meetup.com/topics/abusesurvivors/all/">www.meetup.com/topics/abusesurvivors/all/</a>
<b>Hagerstown</b>	Hotline 301-739-8975 24 Hour hotline Domestic violence program Rape crisis program Legal services available Support group domestic violence Support group for incest survivors.	CASA, Inc 116 West Baltimore Street Hagerstown MD 21740 301-739-4990 Office <a href="http://www.facebook.com/casawashco/?ref=page_internal">www.facebook.com/casawashco/?ref=page_internal</a> <a href="mailto:casa4@myactv.net">casa4@myactv.net</a>
<b>Havre de Grace</b>	<b>Advice Line 443-528-8698</b> Shattered Canvas is a non profit organization that provides education, support, awareness for survivors families and their friends and educational formats for businesses, organizations and the community at large. Classes are FREE some are one time classes and some are in a series. For more details and information about what we do call Joann Kerschner on 443-528-8698 or email at the addresses given.	Shattered Canvas PO Box 1152 Havre de Grace Harford County MD 21178 Advice Line 443-528-8698. <a href="mailto:info@shatteredcanvas.org">info@shatteredcanvas.org</a> <a href="mailto:jkerschner@shatteredcanvas.org">jkerschner@shatteredcanvas.org</a>
<b>Hollywood</b>	Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services Moderate income program Pro Bono legal program Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.	The Southern Maryland Center for Family Advocacy 23918 Mervell Dean Road Hollywood MD 20636 301-373-4141 Main office <a href="http://www.smcfanet.net">www.smcfanet.net</a> <a href="mailto:questions@smcfanet.net">questions@smcfanet.net</a>
<b>Huntingtown</b>	Southern Maryland Adult Survivors of Child Abuse Meetup Group Adult (18+) survivors of childhood emotional, physical and or sexual abuse who are seeking to meet others with a similar background and to work on healing in a supportive environment. Meetings	Meetup Survivors Group Huntingtown MD 20639 <a href="http://www.ascasupport.org/index.php">www.ascasupport.org/index.php</a> <a href="mailto:nochaineddogs@comcast.net">nochaineddogs@comcast.net</a>



will follow the ASCA (Adult Survivors of Child Abuse) format. Meetings will be held once a month on the 3rd Thursday of each month. The organizer for this group is Lynne, you may contact Lynne via email or via the website listed.

**Hyattsville**

Releasing The Hurt To Heal Group Domestic Violence Awareness Month is in October, we are here to spread the awareness everyday. Stand Up! Speak Up!  
This group is for young ladies and women to share their stories of domestic violence, rape and any other form of abuse and start the healing process.

Releasing The Hurt To Heal Meetup Support Group  
Hyattsville  
Maryland  
[www.meetup.com/Releasing-The-Hurt-To-Heal-Meetup](http://www.meetup.com/Releasing-The-Hurt-To-Heal-Meetup)

**Hyattsville**

Empowered Survivor of Verbal Abuse and Bullying Group.  
This group is for people seeking spiritual growth, support, and learning new skills to heal from verbal abuse and bullying. We have guest speakers, learn about what verbal abuse looks like, learn new skills and practice techniques to empower us. We also do healing techniques including Energetic Healing, Art Therapy and healing exercises.  
[www.meetup.com/Empowered-Survivors-of-Verbal-Abuse-and-Bullying/](http://www.meetup.com/Empowered-Survivors-of-Verbal-Abuse-and-Bullying/)

Group for Survivors of Verbal Abuse and Bullying  
Hyattsville  
Maryland

**Kensington**

Women's Trauma Psychology Group  
In a safe, confidential and comfortable setting, learn to identify and manage triggers and the effects of trauma while learning healthy coping skills. 3-5 women members run by two trained facilitators.  
Meets every Monday 6.30 - 8.15PM  
Cost \$70 - \$80  
[www.therapists.psychologytoday.com/rms/prof\\_detail.php?profid=51212&gid=13972](http://www.therapists.psychologytoday.com/rms/prof_detail.php?profid=51212&gid=13972)

Ms Debra Kay Matos  
Kensington  
MD 20895  
240-813-9663 Office

**Laurel**

Childrens Child Abuse Program  
We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy  
We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.

Family and Children's Services [www.fcsmd.org](http://www.fcsmd.org)  
Patuxent Square  
9900 Washington Blvd  
Laurel  
MD 20723  
410-313-0220 Office  
[www.fcsmd.org/locations.html](http://www.fcsmd.org/locations.html)

<b>Leonardtwn</b>	<p>Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services Moderate income program Pro Bono legal program Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.</p>	<p>The Southern Maryland Center for Family Advocacy 41605 Courthouse Drive Leonaardtwn MD 20650 301-373-4141 Main office</p>	<p><a href="http://www.smcfanet">www.smcfanet</a> <a href="mailto:questions@smcfanet">questions@smcfanet</a></p>
<b>Montgomery Village</b>	<p>Women's Red String Sexual Harassment Support Meetup. This is a group for anyone who has or is currently dealing with sexual harassment in the workplace. While it is all over the news recently, it remains a cultural and political problem many are facing. This is a place to discuss and come up with real, authentic strategies to deal with this issue. The Red String is a metaphor for each persons safe space. <a href="http://www.meetup.com/Womens-Red-String-Sexual-Harassment-Support-Meetup">www.meetup.com/Womens-Red-String-Sexual-Harassment-Support-Meetup</a></p>	<p>Women's Red String Sexual Harassment Support Meetup. Montgomery Village Marryland</p>	
<b>Oakland</b>	<p>Hotline 301-334-9000 Or 1-800-656-4673 Toll free Services for victims of domestic violence, sexual abuse and adults molested as children. 24 / 7 Emergency shelter Medical and legal advocacy Individual and group counseling Also serving Kitzmiller and Hoyes with an outreach office in Grantsville.</p>	<p>Dove Center Oakland MD 21550 301-334-6255 Office</p>	<p><a href="http://www.gcdovecenter.org">www.gcdovecenter.org</a> <a href="mailto:dovecenter@verizon.net">dovecenter@verizon.net</a></p>
<b>Parkville</b>	<p>Taking Back My Life Group This 12 week group shares a focus on past trauma, specifically sexual assault / abuse. Previous therapy to treat sexual abuse / assault is required. Small group limited to 4 Meets every Wednesday 6 - 7.15PM Cost \$60 <a href="http://www.therapists.psychologytoday.com/rms/name/Cynthia_Fenson_Taylor_MSW_LCSW-C_Parkville_Maryland_44364">www.therapists.psychologytoday.com/rms/name/Cynthia_Fenson_Taylor_MSW_LCSW-C_Parkville_Maryland_44364</a></p>	<p>Ms Cynthia Fenson Taylor Parkville MD 21234 410-449-4616 Office</p>	
<b>Park Heights</b>	<p>Hotline 410-234-0023 Or 410-889-7884 (House of Ruth) Community services 410-466-9200 Russian and Farsi translation Individual counseling for women survivors of domestic abuse Support groups in the Pikeville area Professionally led 16 week groups Firstly for women only Mind body &amp; spirit Mon 7 - 8.30PM Recovery through art Tues 7 - 8.30 Healing through expressive art meets Wedensday 7 - 8.30PM</p>	<p>Chana: Helpline and Network For abused Women Park Heights 410-234-0030 Office</p>	<p><a href="http://www.chanabaltimore.org">www.chanabaltimore.org</a> <a href="mailto:info@chanabaltimore.org">info@chanabaltimore.org</a></p>

Building coping strategies meets  
Thursday 3 - 4.30 PM  
Redirecting your life MEN ONLY  
meets Monday 7 - 8.30PM  
For men and women Survivors in  
recovery first Sunday of month  
Healing through peer support  
meets Bi Weekly

**Prince Frederick** Hotline 410-535-1121  
Or 301-855-1075  
Safe shelter  
Advocacy and accompaniment  
FREE counseling for Incest, sexual  
abuse and domestic violence  
Support group domestic violence  
Call hotline for group details

Calvert County Health Dept  
Crisis Intervention Center  
PO Box 980  
Prince Frederick  
MD 20678  
410-535-5400 Office  
[www.calverthealth.org/personalhealth/crisisintervention/index.htm](http://www.calverthealth.org/personalhealth/crisisintervention/index.htm)

**Prince Frederick** Pathwork & Self Exploration Group  
This group is for anyone looking for  
a spiritual connection, improved  
personal relationships and a  
community of like minded people.  
Pathwork ([www.pathwork.org](http://www.pathwork.org)) deals  
with among other topics the  
healing of childhood trauma.  
To join this group contact the  
organizer Janeil Stewart via the web  
site address on the right of our page

Calvert Co Pathwork and Self  
Exploration Meetup Group  
Prince Frederick  
Maryland  
[www.pathwork.org/about/the-pathwork-foundation/](http://www.pathwork.org/about/the-pathwork-foundation/)

**Prince Frederick** Advocates are available at 3 local  
court houses to assist with filing  
for protection from abuse.  
We offer information and referrals  
to appropriate agencies and services  
Moderate income program  
Pro Bono legal program  
Please call for more details. We  
serve Hollywood, Leonardtown and  
Prince Frederick.

The Southern Maryland Center  
for Family Advocacy  
175 Main Street  
Prince Frederick  
MD 20678  
301-373-4141 Main office  
[www.smcfanet.net](http://www.smcfanet.net)  
[questions@smcfanet.net](mailto:questions@smcfanet.net)

**Rockville** Information 240-777-4195  
this program is a comprehensive  
human services program to address  
domestic violence within our County.  
Crisis services are FREE and fees  
for on going services are based on  
ability to pay.  
Emergency shelter  
Assistance through legal systems  
Individual and group counseling  
[www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSAbusedPerson-p207.html](http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSAbusedPerson-p207.html)

Abused Persons Program  
1301 Piccard Drive  
Rockville  
MD 20850  
240-777-4195 Information

**Rockville** Hotlines 240-777-4000  
Or 240 777-4195  
Our program offers crisis and on  
going counseling plus a crisis  
shelter for those fleeing domestic  
violence.

Family Justice Center  
600 Jefferson Plaza  
Suite 500  
Rockville  
MD 20852  
240-773-0444 Office  
[www.montgomerycountymd.gov/fjc/](http://www.montgomerycountymd.gov/fjc/)

<b>Rockville</b>	<p>Group Psychotherapy for Trauma Disorders This group is for individuals who have been diagnosed with trauma or dissociative disorders and are looking for a process group to supplement individual treatment</p>	<p>Dr Stefanie Consolla Rockville MD 20852 301-525-5141 Office</p>	<p><a href="http://www.drconsolla.com">www.drconsolla.com</a> <a href="mailto:drconsolla@gmail.com">drconsolla@gmail.com</a></p>	
<b>Rockville</b>	<p>Advice 240-777-1355 Serving Montgomery County we offer information and support to victims of violence. Please visit our website for further details of our services or contact us by phone for local information.</p>	<p>Victim Assistance and Sexual Assault Program (VASAP) 1301 Piccard Drive Suite 4100 Rockville MD 20850 240-777-1355 Office</p>	<p><a href="mailto:vasap@montgomerycountymd.gov">vasap@montgomerycountymd.gov</a></p>	
<p><a href="http://www.montgomerycountymd.gov/hhs-program/BHCS/VASAP/VASAPPubs.html">www.montgomerycountymd.gov/hhs-program/BHCS/VASAP/VASAPPubs.html</a></p>	<b>Rosedale</b>	<p>Women Survivor's of Trauma Group In the survivor's of trauma group participants learn about healing, recovery and growth. Participants learn to manage symptoms effectively, express anger in a healthy way and resolve guilt, grieve loss and prevent relapse Meets Wednesday 9.30 - 10.30PM Cost \$20 - \$40.</p>	<p>Jennifer Walker Gerhart Rosedale MD 21237 443-442-1568 Office</p>	<p><a href="mailto:aspirewellness@yahoo.com">aspirewellness@yahoo.com</a></p>
<p><a href="http://www.aspire-wellness.com/index.html">www.aspire-wellness.com/index.html</a></p>	<b>Salisbury</b>	<p>Hotline 410-749-4357 24 Hour hotline Safe accomodation Medical and legal advocacy Individual and group counseling Support groups serving those affected by domestic violence, rape sexual assault and for adults who were molested as children.</p>	<p>Life Crisis Center PO Box 387 Salisbury MD 21803 410-749-4357 Office / Hotline</p>	<p><a href="http://www.lifecrisiscenter.org">www.lifecrisiscenter.org</a> <a href="mailto:info@lifecrisiscenter.org">info@lifecrisiscenter.org</a></p>
<b>Severna Park</b>	<p>Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.</p>	<p>Family and Children's Services 815 Ritchie Highway Suite 126 Severna Park MD 21146 410-571-8341 Office</p>	<p><a href="http://www.fcsmd.org">www.fcsmd.org</a></p>	
<p><a href="http://www.fcsmd.org/locations.html">www.fcsmd.org/locations.html</a></p>	<b>Silver Spring</b>	<p>Contact No. 888-907-0899 The From Darkness to Light survivors Meetup group is continuing our women's 18-65 survivors only group. This interactive experience is led by 2 licenced therapists who are certified clinical trauma professionals. Our tweleve week</p>	<p>From Darkness to Light Meetup Silver Spring Maryland 888-907-0899 contact No.</p>	<p><a href="http://www.rexcellencellc.com">www.rexcellencellc.com</a> <a href="mailto:FDTL@rexcellencellc.com">FDTL@rexcellencellc.com</a></p>
<p><a href="http://www.rexcellencellc.com/from-darkness-to-light.html">www.rexcellencellc.com/from-darkness-to-light.html</a></p>				

structured skills based group is tailored towards women who have experienced varying levels of trauma.

<b>Silver Spring</b>	Sexual Abuse Treatment Group Overcome the trauma of sexual abuse or sexual assault in a group format. This group utilizes a very effective holistic approach to healing. Call for times and dates. Cost \$70 <a href="http://www.therapists.psychologytoday.com/rms/name/Positive+Energy+Transformations+Silver+Spring+Maryland+86900">www.therapists.psychologytoday.com/rms/name/Positive+Energy+Transformations+Silver+Spring+Maryland+86900</a>	Vicki Allen Silver Spring MD 20904 301-979-7311 Office
<b>Silver Spring</b>	Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program Meets Saturdays 11am Contact Susan by email at <a href="mailto:Saturday_meeting@hotmail.com">Saturday_meeting@hotmail.com</a>	Survivors of Incest Anonymous Silver Spring Maryland <a href="http://www.siawso.org/Sys/PublicProfile/39289/7166">www.siawso.org/Sys/PublicProfile/39289/7166</a> <a href="http://www.siawso.org">www.siawso.org</a> <a href="mailto:saturday_meeting@hotmail.com">saturday_meeting@hotmail.com</a>
<b>Towson</b>	Empowering Women in Abusive Situations This group empowers women to find the courage and determination to leave abusive relationships. Group runs twice a year Spring and in the Fall Cost \$30	Mrs Bernadette D Lavin Towson MD 21204 410-375-8985 Office <a href="http://www.bernadettelavinlpc.com">www.bernadettelavinlpc.com</a> <a href="mailto:detty_lavin@yahoo.com">detty_lavin@yahoo.com</a>
<b>Towson</b>	24 Hour Hotline 443-279-0379 Emergency Shelter and Transitional Housing. Community Education Anti Sex Trafficking Program Individual trauma therapy for adults and children Domestic Violence and Sexual Assault group such as Adult Survivors / Domestic Violence Teen Dating Violence / Parents of Child Survivors Call main office on 410-377-8111 for more information about groups.	TurnAround, Inc (Main Office) 401 Washington Avenue Suite 300 Towson MD 21204 410-377-8111 Office Offices also in Baltimore and Rosedale <a href="http://www.turnaroundinc.org">www.turnaroundinc.org</a> <a href="mailto:info@turnaroundinc.org">info@turnaroundinc.org</a>
<b>Waldorf</b>	Hotline 301-645-3336 Emergency shelter Support for victims of domestic violence, sexual assault and adults molested as children.	Center for Abused Persons 2670 Crain Highway Suite 303 Waldorf MD 20601 301-645-8994 Office <a href="https://www.facebook.com/Center-for-Abused-Persons-128718787181693/">www.facebook.com/Center-for-Abused-Persons-128718787181693/</a>
<b>Waldorf</b>	Women Survivors of Childhood Sexual Abuse If you are an adult woman who has been sexually abused as a child you may benefit from a group experience	Ms Debra C Foster Waldorf MD 20601 301-337-8767 Office

[www.therapists.psychologytoday.com/rms/prof\\_detail.php?profid=84048&ref=1&sid=1510681227.7149\\_22085&city=Waldorf&county=Charles+County&state=MD&spec=8&tr=ResultsName](http://www.therapists.psychologytoday.com/rms/prof_detail.php?profid=84048&ref=1&sid=1510681227.7149_22085&city=Waldorf&county=Charles+County&state=MD&spec=8&tr=ResultsName)

**Westminster**

Childrens Child Abuse Program  
We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.

Family and Children's Services  
22 North Court Street  
Westminster  
MD 21157  
410-876-1233 Office  
[www.fcsmd.org/locations.html](http://www.fcsmd.org/locations.html)

[www.fcsmd.org](http://www.fcsmd.org)

**Westminster**

Hotline 410-857-7322  
24 Hour hotline  
Walk-in crisis intervention  
Information and referrals  
Individual and group counseling  
Serving people aged 12 and above regardless of length of time since the assault happened.  
Cost is a suggested donation is \$7 per group therapy and \$15 per individual sessions.

Rape Crisis Intervention  
Services of Carroll County  
224 North Center Street  
Room #102  
Westminster  
MD 21157  
410-857-0900 Office

[www.rapecrisiscc.org](http://www.rapecrisiscc.org)  
[info@rapecrisiscc.org](mailto:info@rapecrisiscc.org)