

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
MARYLAND			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse.</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Southern Maryland	<p>This Group is for adults 18 + who suffered from physical, sexual or emotional abuse as a child. The Group will meet once per week for 2 hours following the STEP program as outlined by ASCAsupport.org This is not a therapy group. Members will work through the Survivor to Thriver manual. To join this group please follow the information in the the web address section.</p>	<p>Southern Maryland Adult Survivors of Child Abuse Huntingtown Contact Lynn 301-233-6440</p>	<p>www.ASCAsupport.org</p>
Statewide	<p>301-328-7023 Sexaul Assault Statewide information and referral The Maryland Coalition Against Sexual Assault (MCASA) is the federally recognized state sexual assault coalition. It's core members are the state's 17 rape crisis and recovery centers, but it also represents the voices of many other professionals and service providers working with sexual assault survivors. Our mission is to help prevent sexual assault, advocate for accessible, compassionate care for survivors of sexual violence, and work to hold offenders accountable. MCASA provides policy advocacy, technical assistance training, outreach and prevention.</p>	<p>Maryland Coalition Against Sexual Assault 301-328-7023 Information</p>	<p>www.mcasa.org info@mcasa.org</p>
Statewide	<p>Toll Free 877-496-SALI (7254)</p>	<p>MCASA's Sexual Assault Legal</p>	<p>www.mcasa.org</p>

MCASA's Sexual Assault Legal Institute (SALI) provides direct legal services for victims and survivors of sexual Violence. SALI also provides technical assistance and training for attorneys, rape crisis and recovery center staff and volunteers, and other professionals working with Survivors.

Insitute (SALI) Maryland
301-565-2277 Information
877-496-SALI Toll Free.
www.mcasa.org/for-professionals/legal/
info@mcasa.org

Statewide 1-800-MD-HELPS (634-3577) DV Statewide Hotline and information.
Maryland Network Against Domestic Violence
301-429-3501 Office
www.mnadv.org
info@mnadv.org

Annapolis Domestic Violence Support Group
This group is for women who are or were in relationships in which they were subjected to domestic violence, either physical, emotional financial or sexually abused by their significant other.

Kendra Jackson
Serenity Counseling
Annapolis
MD 21401
443-333-9340 Office
serenity@serenitytherapeuticcounselingservices.com
www.serenitytherapeuticcounselingservices.com

Arnold 24 Hour hotline 410-222-6800
24 Hour hotlines
Safe shelter for victims of domestic violence and their children
Medical and legal advocacy
Individual and group counseling
Support groups domestic violence
Support groups sexual assault
For more information please see our website.

YWCA of Annapolis and Anne Arundel County
1517 Ritchie Highway
Suite 201
Arnold
MD 21012
410-626-7800 Office
www.annapolisywca.org

Baltimore ASCA Meeting Support Group
Adult Survivors of Child Abuse ASCA, support group will be held every Thursday from 6pm to 8pm unless otherwise announced. The group is Lesbian, gay, bi and trans gender friendly but open to all survivors. More details and information, including cancellation notices for weather or other reasons can be found on our blog as follows:
www.asca-baltimore.tumblr.com
The meetings will take place on the grounds of the Baltimore LGBT Community Centre,

ASCA Support Group Meeting
3rd Floor
The Waxer Center
Baltimore Community Center
1000 Cathedral Street
Baltimore
asca-baltimore@hotmail.com
www.asca-baltimore.tumblr.com

Baltimore Hotline 410-234-0023
Or 410-889-7884 (House of Ruth)
Community services 410-466-9200
Russian and Farsi translation
Individual counseling for women survivors of domestic abuse
Support groups.

Chana: Helpline and Network For abused Women
101 West Mount Royal Avenue
Baltimore
MD 21201
410-234-0030 Office
www.chanabaltimore.org
info@chanabaltimore.org

Baltimore Childrens Child Abuse Program
We were established in 1849 to improve the condition of the poor.

Family and Children's Services
4623 Falls Road
Baltimore
www.fcsmd.org

Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families. The listed address is our headquarters but we also have trauma treatment programs in **Baltimore City**, and the following central Maryland counties. **Hartford, Howard, West Baltimore County, Carroll and Anne Arundel.** In each of these offices we see children aged 3 to 18 years as well as adult survivors of sexual abuse, physical abuse and neglect. Two of our agency offices in Carroll and West Baltimore county offer a comprehensive domestic violence program. The information and addresses can be accessed through our website.

MD 21209
410-366-1980 Ext 249 Office
www.fcsmd.org/locations.html

Baltimore

Hotlines 410-828-6390
Or 410-285-7496 Shelter
We provide essential and life saving services to family members experiencing conflict and family violence.
Emergency safe shelter
Follow on transitional housing
Victim advocacy comprising of:
Safety planning, court escort, hospital accompaniment, legal advocacy and community support groups. Call 410-285-4357 for more information.

Family Crisis Center
PO Box 3903
Baltimore
MD 21222
410-285-4357 Office

www.familycrisiscenter.net

Baltimore

Hotline 410-889-RUTH (7884)
24 Hour hotline
Services in English and Spanish
Emergency shelter
Legal Clinic
Individual counseling and therapy for men and women who have been abused and are in crisis
Group counseling and therapy for battered women

House of Ruth - Maryland
Baltimore
MD 21218
410-889-0840 Office.

www.hruth.org
info@hruthmd.org

Baltimore

24 hour Hotline 443-279-0379
24 Hour crisis hotline
Emergency and transitional shelter
Victim advocacy
Community education
Anti-sex trafficking program
Individual and group trauma therapy for adult and teenage victims of

Turn Around
2300N Charles Street
2nd Floor
Baltimore
MD 21201
410-837-7000 Office

www.turnaroundinc.org
info@turnaroundinc.org

domestic violence / sexual assault
Adult survivors of childhood sexual
abuse / adult abuse support group
meets Mondays 6 - 7.30 PM
Female survivors of domestic
violence support group meets
Tuesday 6 - 7.30 PM at Rosedale
For group details tel 410-377-8111.

Bel Air	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.	Family and Children's Services 44 East Gordon Street Bel Air MD 21014 410-838-9000 Office www.fcsmd.org/locations.html	www.fcsmd.org
Bel Air	Hotline 410-836-8430 24 Hour hotline Safehouses for males and females Legal advocacy and safety planning Individual and group counseling Weekly support groups.	Safety Awareness Resources Change (SARC) PO Box 1207 Bel Air MD 21014 410-836-8430 Office / Helpline.	www.sarc-maryland.org info@sarc-maryland.org
Benson	Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program	Survivors of Incest Anonymous World Service Office PO Box 190 Benson MD 21018-9998	www.siawso.org
Bethesda	Women's Trauma Recovery Group For women ready to supplement individual therapy with group work. Based in part on (TRG) Trauma Recovery Group pioneered by Judith Herman This is a stage 2 trauma group, members should have achived some stability and control over trauma related symptoms. Every Tuesday 5.15 - 6.30 PM Cost \$100 - \$120 www.therapists.psychologytoday.com/rms/name/Jan_Freeman_MSW.LCSW-C_Bethesda_Maryland_42176	Jan Freeman Bethesda MD 20814 301-657-2292 Office	www.janfreeman-msw.com/
Beltsville	Hotline 410-889-RUTH (7884) 24 Hour hotline Services in English and Spanish Emergency shelter Legal Clinic Individual counseling and therapy for men and women who have been abused and are in crisis Group counseling and therapy for battered women	House of Ruth - Maryland Beltsville Maryland 410-889-0840 Office	www.hruth.org info@hruthmd.org

Bowie	<p>Healing Hope Recovery Group Find confidential hope and healing from past or present emotional physical or sexual abuse. Meets Mondays 7 pm Contact Laura Gore on 410-733-4109 for details Or email address on the right of this page</p>	<p>Support Group Bowie Anne Arundel County MD 20715 301-262-1767 Laura Gore</p>	<p>lgore@acep.org</p>
Brentwood	<p>Hotlines 301-731-1203 Or 1-866-382-7474 Family violence intervention clinic Legal advocacy Court companionship Intensive therapy groups Services also in Spanish</p>	<p>Family Crisis Center 3601 Taylor Street Brentwood MD 20722 301-779-2100 Office & Info</p>	<p>www.familycrisiscenter-pgco.org info@familycrisiscenter-pgco.org</p>
Cambridge	<p>Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale.</p>	<p>For All Seasons, Inc 208 Cedar Street Cambridge MD 410-822-1018 Office</p>	<p>www.forallseasonsinc.org</p>
Charlotte Hall	<p>Hotline 301-863-6661 24 Hour 7 Day hotline Crisis intervention services Trauma recovery counseling Recovery support services www.waldensierra.org/treatment-and-support/domestic-violence-and-sexual-assault-1/</p>	<p>Walden 30007 Business Center Drive Charlotte Hall MD 20622-3101 310-863-6661 Office / Hotline</p>	<p>www.waldensierra.org info@WaldenSierra.org</p>
Chestertown	<p>Mobile Crisis 888-407-8018 Or 1-800-310-7273 24 Hour hotlines Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale</p>	<p>For All Seasons, Inc 516 Washington Street Suite 4 Chestertown MD 410-822-1018 Office</p>	<p>www.forallseasonsinc.org</p>
Cheverly	<p>Hotline 310-618-3154 Support group for survivors of rape and sexual abuse Call 301-618-3154 for group details Or click on the link and scrol down to the support groups at the bottom of the page.</p>	<p>Domestic Violence and Sexual Assault Center at Dimensions Health Care Prince George Hospital Center 3001 Hospital Drive Cheverly MD 20785 301-618-3154 Office / Hotline www.dimensionshealth.org/calendar-of-events/</p>	<p>www.dimensionshealth.org/calendar-of-events/</p>
Columbia	<p>410-997-2272 Domestic Violence and Sexual Assault Hotline HopeWorks of Howard County works to eliminate sexual, domestic, and dating violence in the county by providing shelter, legal services, counseling and advocacy, increasing community awareness and changing social attitudes.</p>	<p>HopeWorks of Howard County 5457 Twin Knolls Road Suite 310 Columbia MD 21045 410-997-0304 Office.</p>	<p>www.wearehopeworks.org</p>

Columbia	<p>Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.</p>	<p>Family and Children's Services Wild Lake Village Center Suite 100 10451 Twinn Rivers Road Columbia MD 21044 410-997-3557 Office www.fcsmd.org/locations.html</p>	www.fcsmd.org
Columbia	<p>Hotline 410-531-6677 24 Hour crisis hotline Family shelter program Walk in counseling for anyone in need of immediate assistance.</p>	<p>Grassroots Crisis Intervention Center, Inc 6700 Freetown Road Columbia MD 21044 410-531-6006 Office</p>	<p>www.grassrootscrisis.org info@grassrootscrisis.org</p>
Columbia	<p>HopeWorks of Howard County At HopeWorks we aim to be the catalyst in the community to change the cultural norms that allow sexual, dating and domestic violence to happen. Our mission is to reduce the harm and effects of sexual and domestic violence in Howard County while working towards their elimination. We host a variety of exciting wellness and awareness programs throughout Howard County.</p>	<p>HopeWorks of Howard County Columbia MD Contact Dominic Goodall</p>	www.wearehopeworks.org/
Crofton	<p>Crofton PTSD Meetup Group This group is for all of us living with PTSD. It doesn't matter how you got it, (combat, domestic violence, trauma) at the end of the day PTSD is PTSD. Focus of the group is just to get together with people who understand, make a few friends and just have fun. Group Organizer is Melanie.</p>	<p>PTSD Meetup Group Crofton Maryland www.meetup.com/Crofton-PTSD-Meetup/</p>	
Cumberland	<p>Hotline 301-759-9244 24 Hour helpline Safe accommodation Sexual Assault Response Team Individual and group counseling Support groups for women victims of domestic violence /sexual abuse Call 301-759-9244 for group info</p>	<p>Family Crisis Resource Center 146 Beford Street Cumberland MD 21502 310-759-9246 Office www.familycrisisresourcecenter.org/</p>	
Denton	<p>1-800-927-4673 Family violence 1-800-310-7273 Rape center We provide an emergency shelter 24 Hour hotlines Crisis counseling Accompaniment to court Legal representation</p>	<p>Mid Shore Council on Family Violence PO Box 5 Denton MD 21629 410-690-3222 Office</p>	www.msfcv.org

Support groups
Programs for children expose to
family violence

District Heights	Thrive Domestic Abuse Meetup This group teaches practical techniques needed to create "A Life Worth Loving", after experiencing the trauma of Domestic Abuse. So that you will be able to financially support yourself and your children through my personal development courses, career strategy and business coaching programs. Contact for this group is Nikki Guy-Dixon.	Meetup Domestic Abuse Group District Heights MD www.meetup.com/topics/abusesurvivors/all/	
Easton	Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale	For All Seasons, Inc 300 Talbot Street Easton MD 21601 410822-1018 Office	www.forallseasonsinc.org
Easton	Hotline 1-800-927-4673 24 hour 7 days hotline Crisis intervention Secure shelter Information and referrals Legal program Support groups Serving Caroline, Dorchester, Kent Queen Anne's and Talbot Counties	Mid-Shore Council on Family Violence Easton MD 21601 410-690-3222 Office	www.msfcv.org
Elkton	Hotline 410-996-0333 24 Hrs Shelter for domestic violence FREE individual/group counseling	Cecil County DV Rape Crisis Program PO Box 2137 Elkton MD 21922 410-996-0333 Office / Hotline www.facebook.com/Cecil-County-Domestic-ViolenceRape-Crisis-Center-512474108781649/timeline	
Frederick	Hotline 301-662-8800 24 Hour hotline Emergency shelter Legal services available Ongoing counseling Support groups domestic violence Support groups sexual assault Support groups for adults molested as children Call 301-662-8800 for group info.	Heartly House Inc PO Box 857 Frederick MD 21705 310-662-8800 Office / Hotline	www.heartlyhouse.org ijames@heartlyhouse.org
Frederick	Recovery from Within Therapy Group This is a therapy group for women survivors of trauma. The group meets in 16 week cycles. Cost \$60-\$70 per session Call for more details	Alicia Barmon Frederick MD 21701	alicia.barmon@gmail.com

Frederick	<p>Sensitive Yoga for Healing Trauma is designed to befriend, reconnect with and feel empowered in your body. In a safe and predictable environment, you are invited to notice sensations, experiment with movement and breathing and practice making choices that may be right for you. The organizer of this meetup group is Geni Donnelly.</p>	<p>Yoga for Healing Trauma Meetup Group Frederick Maryland www.yogamour.org/trauma-sensitive-yoga/</p>
Fallston	<p>Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program Meets every Monday 7 PM Contact 410-893-3322</p>	<p>Survivors of Incest Anonymous Fallston Maryland www.siawso.org/Sys/PublicProfile/39285/7166</p>
Gaithersburg	<p>Domestic Abuse Support Group This is a group for and MALE who has experienced or is experiencing domestic abuse as an abuser or as a victim. Meetings to be held every two weeks on a Wednesday night. For more information or to join this group please click on the link.</p>	<p>Male Domestic Violence Group Gaithersburg Maryland. www.meetup.com/topics/abusesurvivors/all/</p>
Hagerstown	<p>Hotline 301-739-8975 24 Hour hotline Domestic violence program Rape crisis program Legal services available Support group domestic violence Support group for incest survivors.</p>	<p>CASA, Inc 116 West Baltimore Street Hagerstown MD 21740 301-739-4990 Office www.facebook.com/casawashco/?ref=page_internal casa4@myactv.net</p>
Havre de Grace	<p>Advice Line 443-528-8698 Shattered Canvas is a non profit organization that provides education, support, awareness for survivors families and their friends and educational formats for businesses, organizations and the community at large. Classes are FREE some are one time classes and some are in a series. For more details and information about what we do call Joann Kerschner on 443-528-8698 or email at the addresses given.</p>	<p>Shattered Canvas PO Box 1152 Havre de Grace Harford County MD 21178 Advice Line 443-528-8698. info@shatteredcanvas.org jkerschner@shatteredcanvas.org</p>
Hollywood	<p>Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services Moderate income program Pro Bono legal program Please call for more details. We</p>	<p>The Southern Maryland Center for Family Advocacy 23918 Mervell Dean Road Hollywood MD 20636 301-373-4141 Main office www.smcfanet.net questions@smcfanet.net</p>

serve Hollywood, Leonardtown and Prince Frederick.

Huntingtown

Southern Maryland Adult Survivors of Child Abuse Meetup Group
Adult (18+) survivors of childhood emotional, physical and or sexual abuse who are seeking to meet others with a similar background and to work on healing in a supportive environment. Meetings will follow the ASCA (Adult Survivors of Child Abuse) format. Meetings will be held once a month on the 3rd Thursday of each month. The organizer for this group is Lynne, you may contact Lynne via email or via the website listed.

Meetup Survivors Group
Huntingtown
MD 20639

www.ascasupport.org/index.php

nochaineddogs@comcast.net

Hyattsville

Empowered Survivor of Verbal Abuse and Bullying Group.
This group is for people seeking spiritual growth, support, and learning new skills to heal from verbal abuse and bullying. We have guest speakers, learn about what verbal abuse looks like, learn new skills and practice techniques to empower us. We also do healing techniques including Energetic Healing, Art Therapy and healing exercises.

Group for Survivors of Verbal Abuse and Bullying
Hyattsville
Maryland

www.meetup.com/Empowered-Survivors-of-Verbal-Abuse-and-Bullying/

Kensington

Women's Trauma Psychology Group
In a safe, confidential and comfortable setting, learn to identify and manage triggers and the effects of trauma while learning healthy coping skills. 3-5 women members run by two trained facilitators.
Meets every Monday 6.30 - 8.15PM
Cost \$70 - \$80

Ms Debra Kay Matos
Kensington
MD 20895
240-813-9663 Office

www.therapists.psychologytoday.com/rms/prof_detail.php?profid=51212&gid=13972

Laurel

Childrens Child Abuse Program
We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy
We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.

Family and Children's Services
Patuxent Square
9900 Washington Blvd
Laurel
MD 20723
410-313-0220 Office

www.fcsmd.org/locations.html

www.fcsmd.org

Leonardtwn	<p>Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services Moderate income program Pro Bono legal program Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.</p>	<p>The Southern Maryland Center for Family Advocacy 41605 Courthouse Drive Leonaardtwn MD 20650 301-373-4141 Main office</p>	<p>www.smcfanet.com questions@smcfanet.com</p>
Oakland	<p>Hotline 301-334-9000 Or 1-800-656-4673 Toll free Services for victims of domestic violence, sexual abuse and adults molested as children. 24 / 7 Emergency shelter Medical and legal advocacy Individual and group counseling Also serving Kitzmiller and Hoyes with an outreach office in Grantsville.</p>	<p>Dove Center Oakland MD 21550 301-334-6255 Office</p>	<p>www.gcdovecenter.org dovecenter@verizon.net</p>
Parkville	<p>Taking Back My Life Group This 12 week group shares a focus on past trauma, specifically sexual assault / abuse. Previous therapy to treat sexual abuse / assault is required. Small group limited to 4 Meets every Wednesday 6 - 7.15PM Cost \$60</p>	<p>Ms Cynthia Fenson Taylor Parkville MD 21234 410-449-4616 Office</p>	<p>www.therapistspsychologytoday.com/rms/name/Cynthia_Fenson_Taylor_MSW,LCSW-C_Parkville_Maryland_44364</p>
Park Heights	<p>Hotline 410-234-0023 Or 410-889-7884 (House of Ruth) Community services 410-466-9200 Russian and Farsi translation Individual counseling for women survivors of domestic abuse Support groups in the Pikeville area Professionally led 16 week groups Firstly for women only Mind body & spirit Mon 7 - 8.30PM Recovery through art Tues 7 - 8.30 Healing through expressive art meets Wednesday 7 - 8.30PM Building coping strategies meets Thursday 3 - 4.30 PM Redirecting your life MEN ONLY meets Monday 7 - 8.30PM For men and women Survivors in recovery first Sunday of month Healing through peer support meets Bi Weekly</p>	<p>Chana: Helpline and Network For abused Women Park Heights 410-234-0030 Office</p>	<p>www.chanabaltimore.org info@chanabaltimore.org</p>
Prince Frederick	<p>Hotline 410-535-1121 Or 301-855-1075 Safe shelter Advocacy and accompaiment FREE counseling for Incest, sexual abuse and domestic violence</p>	<p>Calvert County Health Dept Crisis Intervention Center PO Box 980 Prince Frederick MD 20678 410-535-5400 Office</p>	

Support group domestic violence
Call hotline for group details

www.calverthealth.org/personalhealth/crisisintervention/index.htm

Prince Frederick

Pathwork & Self Exploration Group
This group is for anyone looking for a spiritual connection, improved personal relationships and a community of like minded people. Pathwork (www.pathwork.org) deals with among other topics the healing of childhood trauma. To join this group contact the organizer Janeil Stewart via the web site address on the right of our page

Calvert Co Pathwork and Self Exploration Meetup Group
Prince Frederick
Maryland

www.pathwork.org/about/the-pathwork-foundation/

Prince Frederick

Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services Moderate income program Pro Bono legal program Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.

The Southern Maryland Center for Family Advocacy
175 Main Street
Prince Frederick
MD 20678
301-373-4141 Main office

www.smcfanet.com
questions@smcfanet.com

Rockville

Information 240-777-4195
this program is a comprehensive human services program to address domestic violence within our County. Crisis services are FREE and fees for on going services are based on ability to pay.
Emergency shelter
Assistance through legal systems
Individual and group counseling
www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSAbusedPerson-p207.html

Abused Persons Program
1301 Piccard Drive
Rockville
MD 20850
240-777-4195 Information

Rockville

Hotlines 240-777-4000
Or 240 777-4195
Our program offers crisis and on going counseling plus a crisis shelter for those fleeing domestic violence.

Family Justice Center
600 Jefferson Plaza
Suite 500
Rockville
MD 20852
240-773-0444 Office
www.montgomerycountymd.gov/fjc/

Rockville

Group Psychotherapy for Trauma Disorders
This group is for individuals who have been diagnosed with trauma or dissociative disorders and are looking for a process group to supplement individual treatment

Dr Stefanie Consolla
Rockville
MD 20852
301-525-5141 Office

www.drconsolla.com
drconsolla@gmail.com

Rockville

Advice 240-777-1355
Serving Montgomery County we offer information and support to victims of violence. Please visit our website for further details of our services or contact us by phone

Victim Assistance and Sexual Assault Program (VASAP)
1301 Piccard Drive
Suite 4100
Rockville
MD 20850

vasap@montgomerycountymd.gov

for local information. 240-777-1355 Office
www.montgomerycountymd.gov/hhs-program/BHCS/VASAP/VASAPPubs.html

Rosedale	Women Survivor's of Trauma Group In the survivor's of trauma group participants learn about healing, recovery and growth. Participants learn to manage symptoms effectively, express anger in a healthy way and resolve guilt, grieve loss and prevent relapse Meets Wednesday 9.30 - 10.30PM Cost \$20 - \$40.	Jennifer Walker Gerhart Rosedale MD 21237 443-442-1568 Office www.aspire-wellness.com/index.html	aspirewellness@yahoo.com
Salisbury	Hotline 410-749-4357 24 Hour hotline Safe accomodation Medical and legal advocacy Individual and group counseling Support groups serving those affected by domestic violence, rape sexual assault and for adults who were molested as children.	Life Crisis Center PO Box 387 Salisbury MD 21803 410-749-4357 Office / Hotline	www.lifecrisiscenter.org info@lifecrisiscenter.org
Severna Park	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.	Family and Children's Services 815 Ritchie Highway Suite 126 Severna Park MD 21146 410-571-8341 Office www.fcsmd.org/locations.html	www.fcsmd.org
Silver Spring	Contact No. 888-907-0899 The From Darkness to Light survivors Meetup group is continuing our women's 18-65 survivors only group. This interactive experience is led by 2 licenced therapists who are certified clinical trauma professionals. Our twelve week structured skills based group is tailored towards women who have experienced varying levels of trauma.	From Darkness to Light Meetup Silver Spring Maryland 888-907-0899 contact No. www.rexcellencellc.com/from-darkness-to-light.html	www.rexcellencellc.com FDTL@rexcellencellc.com
Silver Spring	Sexual Abuse Treatment Group Overcome the trauma of sexual abuse or sexual assault in a group format. This group utilizes a very effective holistic approach to healing. Call for times and dates. Cost \$70 www.therapists.psychologytoday.com/rms/name/Positive+Energy+Transformations_Silver+Spring_Maryland_86900	Vicki Allen Silver Spring MD 20904 301-979-7311 Office	
Silver Spring	Our groups empower those who have survived childhood sexual abuse and who want to become	Survivors of Incest Anonymous Silver Spring Maryland	www.siawso.org saturday_meeting@hotmail.com

Survivors and thrivers using the 12 step and 12 traditions program
Meets Saturdays 11am
Contact Susan by email at
Saturday_meeting@hotmail.com

www.siawso.org/Sys/PublicProfile/39289/7166

Towson	Empowering Women in Abusive Situations This group empowers women to find the courage and determination to leave abusive relationships. Group runs twice a year Spring and in the Fall Cost \$30	Mrs Bernadette D Lavin Towson MD 21204 410-375-8985 Office	www.bernadettelavinlpc.com detty_lavin@yahoo.com
Towson	24 Hour Hotline 443-279-0379 Emergency Shelter and Transitional Housing. Community Education Anti Sex Trafficking Program Individual trauma therapy for adults and children Domestic Violence and Sexual Assault group such as Adult Survivors / Domestic Violence Teen Dating Violence / Parents of Child Survivors Call main office on 410-377-8111 for more information about groups.	TurnAround, Inc (Main Office) 401 Washington Avenue Suite 300 Towson MD 21204 410-377-8111 Office Offices also in Baltimore and Rosedale	www.turnaroundinc.org info@turnaroundinc.org
Waldorf	Hotline 301-645-3336 Emergency shelter Support for victims of domestic violence, sexual assault and adults molested as children	Center for Abused Persons 2670 Crain Highway Suite 303 Waldorf MD 20601 301-645-8994 Office	www.centerforabusedpersonscharlescounty.org/wordpress/
Waldorf	Women Survivors of Childhood Sexual Abuse If you are an adult woman who has been sexually abused as a child you may benefit from a group experience	Ms Debra C Foster Waldorf MD 20601 301-337-8767 Office	
	www.therapists.psychologytoday.com/rms/prof_detail.php?profid=84048&ref=1&sid=1510681227.7149_22085&city=Waldorf&county=Charles+County&state=MD&spec=8&tr=ResultsName		
Westminster	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence.	Family and Children's Services 22 North Court Street Westminster MD 21157 410-876-1233 Office	www.fcsmd.org www.fcsmd.org/locations.html

Sexual assault services for children
and their families.

Westminster

Hotline 410-857-7322
24 Hour hotline
Walk-in crisis intervention
Information and referrals
Individual and group counseling
Serving people aged 12 and above
regardless of length of time since
the assault happened.
Cost is a suggested donation is
\$7 per group therapy and \$15 per
individual sessions.

Rape Crisis Intervention
Services of Carroll County
224 North Center Street
Room #102
Westminster
MD 21157
410-857-0900 Office

www.rapecrisiscc.org
info@rapecrisiscc.org