

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>MAINE</b>			
<b>National Helpline</b>	<p>Hotline 1-800-4-A-CHILD                      Hotline 1-800-422-4453                      Crisis counselors available 24/7                      Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp                      Prevention and Treatment of Child Abuse.</p>	<p><a href="http://www.childhelp.org">www.childhelp.org</a>  <a href="mailto:info@childhelp.org">info@childhelp.org</a>                      Email support form on the website</p>
<b>Statewide</b>	<p>1800-871-7741 Sexual Assault                      Statewide hotline and information.</p>	<p>Maine Coalition Against Sexual Assault                      207-626-0034 Office</p>	<p><a href="http://www.mecasa.org">www.mecasa.org</a></p>
<b>Statewide</b>	<p>1-866-834-4357 Domestic Violence                      Statewide hotline and information.</p>	<p>Maine Coalition to End Domestic Violence                      207-430-8334 Office</p>	<p><a href="http://www.mcedv.org">www.mcedv.org</a>  <a href="mailto:info@MCEDV.org">info@MCEDV.org</a></p>
<b>Auburn</b>	<p>Hotline 1-800-599-2927                      24 Hour helpline                      Safe shelter services                      Baters intervention program                      Community education                      Peer support groups for victims of domestic violence call hotline for group details.</p>	<p>Safevoices                      PO Box 713                      Auburn                      ME 04212                      207-795-6744 Office</p>	<p><a href="http://www.safevoices.org">www.safevoices.org</a>  <a href="mailto:info@safevoices.org">info@safevoices.org</a></p>
<b>Auburn</b>	<p>Hotline 1-800-871-7741                      24 Hour helpline                      Sexual Assault Response Team                      Community education and outreach                      School based education programs                      Support group for adult survivors of child sexual abuse                      Support group for MALE survivors of child sexual abuse and rape                      Support group for female survivors of rape                      All services are FREE of charge</p>	<p>Sexual Assault Prevention and Response Services                      PO Box 6                      Auburn                      ME 04212                      207-784-5272 Office.</p>	<p><a href="http://www.sapars.org">www.sapars.org</a></p>
<b>Augusta</b>	<p>1-877-890-7788 Toll free                      24 / 7 Anonymous helpline                      Emergency shelter</p>	<p>Family Violence Project                      PO Box 304                      Augusta</p>	<p><a href="http://www.familyviolenceproject.org">www.familyviolenceproject.org</a>  <a href="mailto:fvp@familyviolenceproject.org">fvp@familyviolenceproject.org</a></p>

Advocacy and referrals  
Prevention and education  
FREE and confidential support  
groups throughout Kennebec and  
Somerset Counties  
Call hotline for group details

ME 04332-0304  
207-623-8637 Office

**Bangor**

1-800-310-0000 toll free  
1-800-871-7741 Statewide  
24 Hour crisis and support line  
Advocacy  
Sexual Assault Response Team  
Support groups 1-800-310-0000  
Serves Penobscot & Piscataquis

Rape Response Services  
PO Box 1162  
Bangor  
ME 04401  
207-973-3651 Office

[www.rrsonline.org](http://www.rrsonline.org)  
[rrsinfo@penquis.org](mailto:rrsinfo@penquis.org)

**Bangor**

Hotline 1-800-863-9909  
24 Hour hotline  
Advocacy and legal services  
Support groups for domestic  
violence are held once a week  
Call hotline for group details  
Groups are held in Bangor and as  
requested in Lincoln, Millinocket,  
Newport and on Indiana Island  
All groups are FREE of charge.

Spruce Run  
PO Box 653  
Bangor  
ME 04402-0653  
207-945-5102 Office  
Millinocket Office 207-723-4400  
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[www.sprucerun.net](http://www.sprucerun.net)  
[sprucerun@sprucerun.net](mailto:sprucerun@sprucerun.net)

**Bath**

Hotline 1-800-522-3304  
We offer support to people in  
Sagadahoc, Lincoln, Knox and  
Waldo Counties affected by family  
domestic violence.  
Emergency shelter  
Transitional housing  
Legal information, court advocacy  
Referrals and information  
Support groups.

New Hope For Women  
12 Court Street  
Bath  
ME 04530  
207-443-8898 Office

[www.newhopeforwomen.org](http://www.newhopeforwomen.org)

**Belfast**

Hotline 1-800-522-3304  
We offer support to people in  
Sagadahoc, Lincoln, Knox and  
Waldo Counties affected by family  
domestic violence.  
Emergency shelter  
Transitional housing  
Legal information, court advocacy  
Referrals and information  
Support groups

New Hope For Women  
111 Church Street  
Belfast  
ME 04915  
207-338-6569 Office

[www.newhopeforwomen.org](http://www.newhopeforwomen.org)

**Brunswick**

1-800-822-5999 toll free  
1-800-871-7741 Statewide  
24 Hour support hotline  
Medical and legal advocacy  
FREE support groups 8 - 12 weeks  
Adult survivors of childhood sexual  
abuse, MALE survivors of sexual  
violence, Lesbian survivors of  
sexual violence, Groups for women  
with disabilities. Call for more info  
Serving Cumberland, Lincoln, Knox  
and Waldo Counties.

Sexual Assault Support Service  
of Midcoast Maine  
PO Box 990  
Brunswick  
ME 04011  
207-725-2181 Office

[www.sassmm.org](http://www.sassmm.org)  
[administration@sassmm.org](mailto:administration@sassmm.org)

<b>Calais</b>	Hotline 800-550-3304 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Calais Maine 207-728 6341 Main Admin	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Calais</b>	Hotline 1-800-315-5579 FREE confidential hotline Emergency shelter FREE weekly support groups for group info call 1-800-315-5579 Serving Washington and Hancock	Next Step Domestic Violence Project Calais ME 04619 207-454-8088 Office	<a href="http://www.nextstepdvproject.org">www.nextstepdvproject.org</a> <a href="mailto:info@nextstepdvproject.org">info@nextstepdvproject.org</a>
<b>Caribou</b>	Hotline 800-550-3304 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Caribou Maine 207-728 6341 Main Admin	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Damariscotta</b>	Hotline 1-800-522-3304 We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence. Emergency shelter Transitional housing Legal information, court advocacy Referrals and information Support groups	New Hope For Women 17 Water Street Damariscotta ME 04543 207-563-2404 Office	<a href="http://www.newhopeforwomen.org">www.newhopeforwomen.org</a>
<b>Dover-Foxcroft</b>	Hotline 1-800-863-9909 Or 1-800-437-1220 (TTY) 24 Hour crisis hotlines Emergency shelter Legal advocacy School and community program Support group for domestic violence victims and survivors Tues 1 - 2.30	Womencare Dover-Foxcroft ME 04426 207-564-8166 Office / Hotline	<a href="http://www.sprucerun.net/">www.sprucerun.net/</a>
<b>Ellsworth</b>	Hotline 800-871-7741 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Ellsworth Maine 207-728 6341 Main Admin	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Ellsworth</b>	1-800-228-2470 Sexual assault 1-800-315-5579 Domestic violence 24 Hour hotlines FREE 9 week support group for women 18+ who have been exposed to sexual violence	Downeast Health Services Ellsworth ME 04605 207-667-5304 Office	<a href="http://www.dehi.org/">www.dehi.org/</a>
<b>Ellsworth</b>	Hotline 1-800-315-5579	Next Step Domestic Violence	<a href="http://www.nextstepdvproject.org">www.nextstepdvproject.org</a>

	FREE confidential hotline Emergency shelter FREE weekly support groups for group info call 1-800-315-5579 Serving Washington and Hancock	Project PO Box 1466 Ellsworth ME 04605 207-667-0176 Office	<a href="mailto:info@nextstepdvproject.org">info@nextstepdvproject.org</a>
<b>Farmington</b>	Trauma Recovery & Empowerment A group for women who have experienced emotional, physical mental or sexual abuse. Cost \$20 - \$30 <a href="http://www.therapist.healthcare/directory/listing/2472-mary-batt">www.therapist.healthcare/directory/listing/2472-mary-batt</a>	Ms Mary Batt Farmington ME 04938 207-358-3429 Office	
<b>Farmington</b>	Hotline 1-800-871-7741 24 Hour helpline Sexual Assault Response Team Community education and outreach School based education programs Support group for adult survivors of child sexual abuse Support group for MALE survivors of child sexual abuse and rape Support group for female survivors of rape All services are FREE of charge	S.A.V.E.S PO Box 349 Farmington ME 04938 207-778-9522 Office	<a href="http://www.sapars.org">www.sapars.org</a>
<b>Fort Fairfield</b>	Children's Crisis Unit We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups Childrens Crisis services Please see website for full details	AMHC Fort Fairfield Maine 207 473-9285 Crisis Unit	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Fort Kent</b>	Hotline 800-871-7741 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Fort Kent Maine 207-728 6341 Main Admin	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Franklin</b>	Hotline 1-800-599-2927 24 Hour helpline Safe shelter services Baterers intervention program Community education Peer support groups for victims of domestic violence call hotline for group details	Safevoices Franklin Maine 207-778-6107 Office	<a href="http://www.safevoices.org">www.safevoices.org</a> <a href="mailto:info@safevoices.org">info@safevoices.org</a>
<b>Houlton</b>	Hotline 800-8717741 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Houlton Maine 207-728 6341 Main Admin	<a href="http://www.amhc.org">www.amhc.org</a>

<b>Houlton</b>	<p>Hotline 207-532-6401</p> <p>Our mission is to effect change within our Tribal community where equality, respect and non violence become the cornerstone of all relationships.</p> <p>Crisis intervention &amp; safety planning</p> <p>Emergency shelter</p> <p>Hospital accompaniment</p> <p>Legal assistance &amp; court advocacy</p> <p>Support groups available</p>	<p>Maliseet Domestic Violence &amp; Sexual Assault Program</p> <p>690 Foxcroft Road</p> <p>Houlton</p> <p>ME 04730</p> <p>270-532-3000 Office</p> <p><a href="http://www.maliseets.com/domestic_violence.htm">www.maliseets.com/domestic_violence.htm</a></p>	<p><a href="mailto:jhuff@maliseets.com">jhuff@maliseets.com</a></p>
<b>Lewiston</b>	<p>Hotline 888-871-7741</p> <p>24 Hour crisis hotline</p> <p>FREE support group for victims of sexual assault and sexual abuse</p>	<p>Sexual Assault Crisis Center</p> <p>Lewiston</p> <p>ME 04240</p> <p>207-784-5272 Office</p>	<p><a href="http://www.sapars.org">www.sapars.org</a></p> <p><a href="mailto:sacccs@sapars.org">sacccs@sapars.org</a></p>
<b>Limestone</b>	<p>Residential Services Limestone</p> <p>We provide intergrated healthcare services that maximize an individuals potential to recover.</p> <p>For further details please visit our website</p>	<p>AMHC</p> <p>Limestone</p> <p>Maine</p> <p>207-728 6341 Main Admin</p>	<p><a href="http://www.amhc.org">www.amhc.org</a></p>
<b>Machias</b>	<p>Hotline 800-8717741</p> <p>We provide intergrated healthcare services that maximize an individuals potential to recover.</p> <p>Sexual Assault Response services</p> <p>SART program</p> <p>Confidential support groups</p>	<p>AMHC</p> <p>Machias</p> <p>Maine</p> <p>207-728 6341 Main Admin</p>	<p><a href="http://www.amhc.org">www.amhc.org</a></p>
<b>Machias</b>	<p>Hotline 1-800-315-5579</p> <p>FREE confidential hotline</p> <p>Emergency shelter</p> <p>FREE weekly support groups for group info call 1-800-315-5579</p> <p>Serving Washington and Hancock</p>	<p>Next Step Domestic Violence Project</p> <p>PO Box 303</p> <p>Machias</p> <p>ME 04654</p> <p>207-255-4934 Office</p>	<p><a href="http://www.nextstepdvproject.org">www.nextstepdvproject.org</a></p> <p><a href="mailto:info@nextstepdvproject.org">info@nextstepdvproject.org</a></p>
<b>Madawaska</b>	<p>Hotline 800-8717741</p> <p>We provide intergrated healthcare services that maximize an individuals potential to recover.</p> <p>Sexual Assault Response services</p> <p>SART program</p> <p>Confidential support groups</p>	<p>AMHC</p> <p>Madawaska</p> <p>Maine</p> <p>207-728 6341 Main Admin</p>	<p><a href="http://www.amhc.org">www.amhc.org</a></p>
<b>Oxford-Norway</b>	<p>Hotline 1-800-599-2927</p> <p>24 Hour helpline</p> <p>Safe shelter services</p> <p>Baterers intervention program</p> <p>Community education</p> <p>Peer support groups for victims of domestic violence call hotline for group details</p>	<p>Safevoices</p> <p>Oxford-Norway</p> <p>Maine</p> <p>207-743-5806 Office</p>	<p><a href="http://www.safevoices.org">www.safevoices.org</a></p> <p><a href="mailto:info@safevoices.org">info@safevoices.org</a></p>
<b>Perry</b>	<p>Hotline 1-877-853-2613</p> <p>Our mission is to effect change within our Tribal community where</p>	<p>Passamaquoddy Peaceful Relations</p> <p>PO Box 343</p>	

	<p>equality, respect and non violence become the cornerstone of all relationships.  Crisis intervention &amp; safety planning  Emergency shelter  Hospital accompaniment  Legal assistance &amp; court advocacy  Support groups available.</p>	<p>Perry  ME 04667  207-853-2600 Ext 266 Office  <a href="http://www.wabanaki.com/wabanaki_new/Peaceful_Relations.html">www.wabanaki.com/wabanaki_new/Peaceful_Relations.html</a></p>	
<b>Pittsfield</b>	<p>Support group for adult survivors of child sexual abuse, incest, domestic violence, rape and sexual assault. To join this group email <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></p>	<p>Lamplighter Movement  Pittsfield  Maine</p>	<p><a href="http://www.thelamplighters.org">www.thelamplighters.org</a>  <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></p>
<b>Portland</b>	<p>24 Hr Hotline 1-800-537-6066  Or 207-874-1973 for local users  Emergency shelter  Education and training  Ongoing support groups for victims and survivors of domestic violence  Call the hotline for group details</p>	<p>Family Crisis Services  Portland  207-650-4806 Support Groups  <a href="http://www.familycrisis.org/support-groups/">www.familycrisis.org/support-groups/</a>  <a href="mailto:fcssupportgroups@familycrisis.org">fcssupportgroups@familycrisis.org</a></p>	
<b>Portland</b>	<p>Hotline 1-800-313-9900  24 Hour crisis and support line  Sexual Assault Response Team  Services to the homeless  Four FREE support groups per year, two for women and two for men. Each group is 12 weeks long for 1.5 hours in the greater Portland area.</p>	<p>Sexual Assault Response  Services of Southern Maine  PO Box 1371  Portland  ME 04104  270-828-1035 Office</p>	<p><a href="http://www.sarsonline.org">www.sarsonline.org</a>  <a href="mailto:infosars@sarsonline.org">infosars@sarsonline.org</a></p>
<b>Presque Isle</b>	<p>Hotline 1-800-439-2323  24 Hour safe hotline  Emergency shelter  Legal advocacy  Support groups for victims of domestic violence</p>	<p>Hope and Justice Project  Presque Isle  ME 04769  207-764-2977 Office</p>	<p><a href="http://www.hopeandjusticeproject.org">www.hopeandjusticeproject.org</a>  <a href="mailto:info@hopeandjusticeproject.org">info@hopeandjusticeproject.org</a></p>
<b>Presque Isle</b>	<p>Hotline 800-871-7741  We provide intergrated healthcare services that maximize an individuals potential to recover.  Sexual Assault Response services  SART program  Confidential support groups</p>	<p>AMHC  Presque Isle  ME 04769  207-728 6341 Office</p>	<p><a href="http://www.amhc.org">www.amhc.org</a></p>
<b>Rockland</b>	<p>Hotline 1-800-522-3304  We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence.  Emergency shelter  Transitional housing  Legal information, court advocacy  Referrals and information  Support groups</p>	<p>New Hope For Women  5 Beech Street  PO Box A  Rockland  ME 04841  207-594-2128 Office</p>	<p><a href="http://www.newhopeforwomen.org">www.newhopeforwomen.org</a></p>
<b>Rumford</b>	<p>Hotline 1-800-599-2927</p>	<p>Safevoices</p>	<p><a href="http://www.safevoices.org">www.safevoices.org</a></p>

24 Hour helpline  
Safe shelter services  
Baterers intervention program  
Community education  
Peer support groups for victims of domestic violence call hotline for group details

Rumford  
Maine  
207-369-0750 Office

[info@safevoices.org](mailto:info@safevoices.org)

**Sanford**

Hotline 1-800-239-7298  
Each Year we respond to thousands of requests from individuals who are seeking assistance with issues related to domestic violence.  
Emergency shelter  
Transitional housing  
Legal assistance program  
Support groups: A variety of day and evening support groups offering information, encouragement, hope and strength are held in Sanford, Biddeford, Limerick and Kittery. FREE quality childcare available  
All groups are FREE of charge  
See website for times, days and the location or ring our hotline.

Caring Unlimited  
PO Box 590  
Sanford  
ME 04073  
207-490-3227 Office

[www.caring-unlimited.org](http://www.caring-unlimited.org)  
[admin@caring-unlimited.org](mailto:admin@caring-unlimited.org)

**Skowhegan**

1-877-890-7788 Toll free  
24 / 7 Anonymous helpline  
Emergency shelter  
Advocacy and referrals  
Prevention and education  
FREE and confidential support groups throughout Kennebec and Sommerset Counties  
Call hotline for group details

Family Violence Project  
PO Box 3104  
Skowhegan  
ME 04976-3104  
207-474-8860 Office

[www.familyviolenceproject.org](http://www.familyviolenceproject.org)  
[fvp@familyviolenceproject.org](mailto:fvp@familyviolenceproject.org)

**Waterville**

1-877-890-7788 Toll free  
24 / 7 Anonymous helpline  
Emergency shelter  
Advocacy and referrals  
Prevention and education  
FREE and confidential support groups throughout Kennebec and Sommerset Counties  
Call hotline for group details

Family Violence Project  
PO Box 51  
Waterville  
ME 04903-0051  
207-877-0835 Office

[www.familyviolenceproject.org](http://www.familyviolenceproject.org)  
[fvp@familyviolenceproject.org](mailto:fvp@familyviolenceproject.org)

**Westbrook**

8 Week Trauma Sensitive Yoga Workshops  
These classes are specifically designed to be of benefit to survivors of trauma. This may include abuse, neglect, sexual assault, PTSD or domestic violence. The goal is for women to feel they are in control of their bodies. 2 Trained yoga expert professionals create a safe and supportive environment.  
See website for next workshop or call 207-518-7553 for details

Ms Randi Sheehan  
Westbrook  
ME 04092  
207-518-7553 Office

[sbs@livingwellcenter.info](mailto:sbs@livingwellcenter.info)

**Winthrop**

Hotline 1-800-871-7741  
24 Hour crisis & support line  
FREE support groups  
Male survivors group  
Incest survivors group  
Teen and adolescent group  
Courage to Heal workgroup  
Serving Kennebec & somerset Co.

Sexual Assault Crisis and  
Support Center  
PO Box 417  
Winthrop  
ME 04364  
207-377-1010 Office

[www.silentnomore.org](http://www.silentnomore.org)  
[director@silentnomore.org](mailto:director@silentnomore.org)

**Winthrop**

We provide youth, adults and  
families with effective and  
comprehensive christian faith-based  
solutions to drug, alcohol and  
other life controlling problems.  
Call 207-377-2801 for more details

Teen Challenge  
11 Hudson Lane  
Winthrop  
ME 04364  
207-377-2801 Office

[www.tcnewengland.org](http://www.tcnewengland.org)