

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
IOWA			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>24hr Hotline 1-800-770-1650 Textline text IOWAHELP to 20121 The Iowa Victim Service Call Center is a statewide domestic and sexual violence call center. The call center is a product of the Iowa Attorney General's Office and is staffed 24 hours a day, 7 days a week and 365 days a year. All services provided are completely FREE and confidential and is a great resource for victims and survivors. Our advocates are trained to help you whether you are calling as a victim of crime or a friend or family member concerned about a love one or anyone else. We are completely confidential and anonymous and our advocates are fully trained in issues related to domestic violence and sexual abuse. Reaching out for help is the first step towards improving your situation.</p>	<p>IOWA Victim Service Call Center IOWA 1-800-770-1650 Office / Hotline Textline, IOWAHELP to 20121</p>	<p>www.survivorshelpline.org/</p>
Statewide	<p>24hr Hotline 1-800-770-1650 TEXTLine IOWAHELP to 20121</p>	<p>Iowa Coalition Against Sexual Assault 515-244-7424 Office</p>	<p>www.iowacasa.org</p>
Statewide	<p>1-800-770-1650 Domestic violence TEXTLine IOWAHELP to 20121</p>	<p>Iowa Coalition Against Domestic Violence 515-244-8028 Office</p>	<p>www.icadv.org</p>

Adel	DV Crisis Hotline 800-400-4884 SA Crisis Hotline 800-550-0004 Crisis hotlines Emergency shelter for homeless Information and referrals.	Crisis Intervention & Advocacy Adel IA 50003 515-993-4095 Office	www.supportingsurvivors.org/
Algona	800-479-9071 Sexual Assault 855-424-9133 Domestic Abuse 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Algona 641-423-0490 Main Office	www.cishelps.org cis@CISHELPS.org
Algona	24h/7 Crisis Line 1-800-382-5603 Supportive hotline, information and referrals.	Family Crisis Center of North Iowa, Inc PO Box 642 Algona IA 50511 712-722-4404 Main Office	www.facebook.com/Family-Crisis-Center-240735002943890/
Ames	1-855-983-4641 Domestic Abuse Or 1-800-203-3488 Sexual Assault 1-855-696-2980 Shelter crisis Line Safe tempoary shelter for women and their children Crisis response services Short term counseling to adult survivors of child sexual abuse and domestic violence. Support groups for children who have witnessed family violence Serving Boone and Green Counties	Access PO Box 1429 Ames IA 50014 515-292-0500 Office	www.assaultcarecenter.org director@assaultcarecenter.org
Atlantic	24/7 Hotline 1-800-382-5603 Serving Adair, Audubon, Cass, Shelby, Fremont, Mills, Montgomery and Page.	Family Crisis Support Network PO Box 11 Atlantic IA 50022 712-722-4404 Main Office	www.facebook.com/Family-Crisis-Center-240735002943890/
Burlington	24hr Crisis Line 1-866-921-3354 Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge.	Family Resources 218 N 3rd Street Suite 515-16 Burlington IA 52601 563-326-6431 Main Office 563-445-0557 Counseling 563-322-1200 Survivors Resouces	www.famres.org
Burlington	Sheter Line 1-800-373-1043 Safe shelter for women and children Medical, legal and court advocacy Individual counseling Domestic violence support group Sexual assault support group	YWCA: Domestic Violence Shelter & Sexual Assault Center 616 North 8th Street Burlington IA 52501 1-800-373-1043 Shelter	www.burlingtony.org/womens-shelter
Carroll	24/7 Crisis Line 1-800-382-5603	Domestic and Sexual Assault	

Crisis hotline
Outreach Center
Carroll
IA 51401
712-722-4404 Main Office
www.facebook.com/Family-Crisis-Center-240735002943890/

Cedar Rapids	Healing from Sexual Abuse and Trauma	Richelle Derfus Cedar Rapids IA 52404 319-936-7008 Office	www.richellederfus.com/
Cedar Rapids	Support for adult survivors of sexual abuse, incest, domestic violence, rape and sexual assault Contact Margie for group info margie@lamplighters.com	Lamplighters Movement Cedar Rapids Iowa	www.thelamplighters.com margie@lamplighters.org
Cedar Rapids	24/7 Hotline 319-363-2093 Or 800-208-0388 Toll Free We provide shelter and support to individuals who are in crisis due to homelessness, poverty, domestic violence or sexual assault. Emergency shelter Domestic violence victims services.	Waypoint 318 fifth Street SE Cedar Rapids IA 52401 319-365-1458 Office.	www.waypointservices.org
Charles City	SA 24hr Hotline 800-479-9071 DV 24hr Hotline 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Charles City 641-423-0490 Main Office	www.cishelps.org cis@CISHELPS.org
Cherokee	24hr Hotline 1-877-362-4612 Crisis & follow up counseling Group counseling Emergency safe shelter Legal and personal advocacy Services for survivors of domestic abuse, adult sexual abuse and survivors of incest in all 19 Counties of Region 1 - Buena Vista, Calhoun, Carroll, Cherokee, Clay, Crawford, Dickinson, Emmet, Ida, Lyon, Monona, O'Brien, Osceola, Palo Alto, Plymouth, Pocahontas, Sa, Sioux & Woodbury Counties.	Centers Against Domestic Abuse and Sexual Assault PO Box 963 Cherokee IA 51012 712-262-4612 Main Office	www.iowacasa.org/ www.caasaonline.org/
Clinton	24hr Crisis Line 1-866-921-3354 24 Hour crisis hotline Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resources - Domestic Violence and Sexual Assault Resource Center 511 South 3rd Street 1st Floor Clinton IA 52732 563-242-0887 Clinton Office 563-445-0557 Counseling 563-322-1200 Survivors Resources	www.famres.org info@famres.org

Council Bluffs	<p>24hr DV Hotline 712-328-0266 Toll Free Hotline 888-612-0266 Counseling for sexual abuse Emergency shelter Legal advocacy, hospital response Education and support groups</p>	<p>Phoenix House Catholic Charities DV/SA Program Council Bluffs IA 51503 712-256-2059 Office/ Shelter www.catholiccharitiesdm.org</p>	<p>communications@dmdiocese.org</p>
Creston	<p>24hr Hotline 1-888-782-6632 Referrals to emergency shelter Crisis intervention Medical and legal advocacy Counseling Support groups as available Serving Adams, Clarke, Decatur, Ringgold, Taylor & Union Counties Plus Corning-Adams Mt. Ayr-Ringgold Bedford-Taylor www.facebook.com/notes/slutwalk-des-moines/iowa-sexual-assault-and-domestic-abuse-programs/498855656819255/</p>	<p>Rural Iowa Crisis Center PO Box 384 Creston IA 50801 641-782-2706 Office</p>	
Davenport	<p>24hr Toll Free 866-921-3354 24 Hour crisis hotline Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge.</p>	<p>Family Resources 2800 Eastern Avenue Davenport IA 52803 563-326-6431 Office 563-445-0557 Counseling 563-322-1200 Survivor Resources</p>	<p>www.famres.org info@famres.org</p>
Decorah	<p>Hotline 800-383-2988 Local Hotline 563-382-2989 Medical and legal advocacy Individual counseling Support groups. www.helpingservices.org/services/domestic-advocacy-services/</p>	<p>Helping Services Decorah IA 52101 563-837-1720 Office.</p>	<p>www.helpingservices.org info@helpingservices.org</p>
Des Moines	<p>DV 24/7 Hotline 515-243-6147 We have been restoring hope, building futures and changing lives for Iowa's most vulnerable for 125 years. Our domestic violence services provide a unique approach to helping victims rebuild their lives. Emergency shelter Resources, referrals and assistance Medical and legal advocacy Individual and group counseling Community counseling and support groups in Polk and Warren Counties.</p>	<p>Children & Families of Iowa 1111 University Avenue Des Moines IA 50314 515-288-1981 Office www.cfiowa.org/programs/domestic-violence/</p>	<p>www.cfiowa.org contactus@cfiowa.org</p>
Des Moines	<p>The Lamplighters Movement. This Chapter provides support to adult MALE survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further information please see</p>	<p>The Lamplighters Movement Male Chapter Des Moines Iowa margie@thelamplighters.org</p>	<p>www.thelamplighters.org</p>

our website.

Des Moines	Hotline 515-286-3600 We provide crisis intervention and on going supportive services regardless of law enforcement involvement or the length of time since the assault or abuse occurred . Law and judicaill advocacy Counseling sessions Support groups Art therapy for children traumatized by violent crime Referrals to appropriate services All services FREE of charge. www.facebook.com/PolkCountyCrisisandAdvocacyServices	Polk County Crisis & Advocacy Services 2309 Euclid Avenue Des Moines IA 50310 515-286-3600 Office / Hotline	
Dubuque	DV Crisis Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups	Helping Services Dubuque IA 52001 563-387-1720 Main Office www.helpingservices.org/services/	www.helpingservices.org info@helpingservices.org
Dubuque	Local Hotline 563-556-1100 We serve three Counties in North east Iowa: Dubuque, Delaware and Buchanan. Offering safe emergency shelter, supportive counseling. Medical and legal advocacy	Dubuque Community Domestic Violence Program PO Box 1301 Dubuque IA 52004 563-556-1100 Office / Hotline www.dubuquey.org/social-responsibility/victim-services-shelter/	
Dubuque	1-866-921-3354 Toll Free 24 Hour crisis hotline Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resources Nesler Building, 799 Main Suite 224, Dubuque IA 52001 563-326-6431 Main Office	www.famres.org info@famres.org
Dubuque	IOWA SA Hotline 888-557-0310 IOWA DV Hotline 800-770-1650 Emergency shelter Mediacal and legal advocacy Individual and group counseling Services FREE of charge Serving Buchanan, Delaware, Dubuque Counties	Riverview Center 2600 Dodge Street Dubuque IA 52003 563-557-0310 Office	www.riverviewcenter.org info@riverviewcenter.org
Forest City	SA Crisis Hotline 800-479-9071 DV Crisis Hotline 641-424-9133 Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Forest City 641-423-0490 Main Office	www.cishelps.org cis@CISHELPS.org
Fort Dodge	Safe shelter for victims of domestic violence and sexual assault Individual counseling Support groups in English/Spanish Public awareness education	YWCA of Fort Dodge 826 1st Avenue North Fort Dodge IA 50501 515-573-3931 Office	

Grinnell	<p>Crisis Helpline 1-800-270-1620 Grinnell College Advocates is a staff supervised, student organization that aims to create greater awareness about issues surrounding sexual assault and dating violence on and around campus. On Call peer advocates can be reached on 641-260-1615</p>	<p>Grinnell Advocates Grinnell College PO Box 805 Grinnell IA 50112 Advocate 641-260-1615 Crisis Services 800-270-1620 www.grinnell.edu/about/offices-services/crssi/support</p>	
Grundy Center	<p>Hotline 1-888-746-4673 Information for victims of domestic violence</p>	<p>Seeds of Hope Grundy Center IA 50638 1-888-746-4673 Office / Hotline www.angelfire.com/ia2/seedssofhope/home.html</p>	<p>seedsofhope@hotmail.com</p>
Hampton	<p>Sexual Assault 800-479-9071 Domestic Abuse 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling</p>	<p>Crisis Intervention Service Hampton 641-423-0490 Main Office</p>	<p>www.cishelps.org cis@CISHELPS.org</p>
Iowa City	<p>Hotline 1-800-373-1043 Our mission is to provide the most comprehensive support and advocacy services to victims and survivors, focusing on immediate and long term safety, empowerment dignity and hope. Information and resources for those needing to flee an abusive situation Serving Iowa to Cedar, Johnson, and Washington Counties.</p>	<p>Domestic Violence Intervention Program PO Box 3170 Iowa City IA 52244 1-800-373-1043 Office/Hotline</p>	<p>www.dvipiowa.org/ dvip@dvipiowa.org</p>
Marshalltown	<p>Sexual Assault 1-800-203--3488 Domestic Abuse 855-983-4641 We are a dual agency working with victims /survivors of sexual assault and domestic violence in Marshall, Jasper, Poweshiek, and Tama We offer support groups</p>	<p>Domestic Violence / Sexual Assault Center PO Box 1507 Marshalltown IA 50158 515-292-0500 Main Office 1-855-696-2980 Shelter Office</p>	<p>dvassc@marshallnet.com www.assaultcarecenter.org/</p>
Mason City	<p>Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling</p>	<p>Crisis Intervention Service Mason City 641-423-0490 Main Office</p>	<p>www.cishelps.org cis@CISHELPS.org</p>
Manchester	<p>IOWA SA Hotline 888-557-0310 IOWA DV Hotline 800-770-1650 24 Hour hotlines Emergency shelter Mediacal and legal advocacy Individual and group counseling</p>	<p>Riverview Center 118 West Main Street Manchester IA 52057 563-927-1524 Office</p>	<p>www.riverviewcenter.org info@riverviewcenter.org</p>

Services FREE of charge
Serving Buchanan, Delaware,
Dubuque Counties

Muscatine	Toll Free Hotline 1-866-921-3354 24 Hour crisis hotline Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resource 119 Sycamore Street Suite 200 Muscatine IA 52761 563-263-0067 Office	www.famres.org info@famres.org
Osage	Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Osage 641-423-0490 Main Office	www.cishelps.org cis@CISHELPS.org
Ottumwa	SA Crisis Hotline 1-800-270-1620 Or 1-800-464-8340 Toll free An emergency shelter for women survivors of domestic violence and sexual assault. Support groups Service area: Appanoose, Davis, Jefferson, Monroe, Wapello and Wayne. www.facebook.com/Crisis-Center-Womens-Shelter-240735002943890/	Crisis Center and Women's Shelter Ottumwa IA 52501 800-464-8340 Office / Hotline help@ottumwacrisiscenter.org	
Postville	Resource Line 800-383-2988 Or Local Line 563-382-2987 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups	Domestic & Sexual Abuse Resource Center Services Postville IA 52162 563-387-1720 Main Office www.helpingservices.org/services/	www.helpingservices.org info@helpingservices.org
Sioux Center	24hr Hotline 1-800-382-5603 Safe shelter housing Medical and legal advocacy Community outreach program Counseling available Peer Support groups All services FREE of charge. www.facebook.com/Family-Crisis-Center-240735002943890/	Family Crisis Center PO Box 295 Sioux Center IA 51250 712-722-4404 Office	
Sioux City	1-800-982-7233 Toll free 712-258-7233 Sioux City 712-546-6764 LeMars 24 Hour crisis hotlines Safe emergency shelter Medical and legal advocacy FREE short term counseling Support groups for domestic violence victims Multicultural outreach program	Council on Sexual Assault and Domestic Violence Sioux City IA 51102 1-800-982-7233 Office / Hotline	www.csadvsiouxland.org/
Waterloo	Local hotline 319-352-0037 Toll Free 1-800-410-7233	Friends of Families Inc Waterloo	www.fofia.org/

Information for victims of domestic violence.

IA 50702
319-234-0232 Office

Waverly

Local Hotline 319-352-0037
Or Toll Free 1-800-410-7233
24 Hour crisis hotlines
Safe shelter for victims of domestic violence or sexual assault
Counseling for survivors
Support groups for domestic violence and sexual assault.

Cedar Valley Friends of the Family
Waverly
IA 50677
319-352-1108 Office

admin@cvfriendsofthefamily.org

www.shelterlistings.org/details/31400/