

| AREA COVERED | SERVICES INCLUDED | GROUP OR ORGANIZATION | WEB ADDRESS / EMAIL ADDRESS |
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| IOWA | | | |
| National Helpline | <p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p> | <p>Childhelp Prevention and Treatment of Child Abuse</p> | <p>www.childhelp.org info@childhelp.org Email support form on the website</p> |
| Statewide | <p>24hr Hotline 1-800-770-1650 Textline text IOWAHELP to 20121 The Iowa Victim Service Call Center is a statewide domestic and sexual violence call center. The call center is a product of the Iowa Attorney General's Office and is staffed 24 hours a day, 7 days a week and 365 days a year. All services provided are completely FREE and confidential and is a great resource for victims and survivors. Our advocates are trained to help you whether you are calling as a victim of crime or a friend or family member concerned about a love one or anyone else. We are completely confidential and anonymous and our advocates are fully trained in issues related to domestic violence and sexual abuse. Reaching out for help is the first step towards improving your situation.</p> | <p>IOWA Victim Service Call Center IOWA 1-800-770-1650 Textline, IOWAHELP to 20121</p> | <p>www.survivorshelpline.org/</p> |
| Statewide | <p>1800-284-7821 Sexual assault Statewide Hotline and information.</p> | <p>Iowa Coalition Against Sexual Assault</p> | <p>www.iowacasa.org</p> |
| Statewide | <p>1-800-770-1650 Domestic violence Statewide hotline and information.</p> | <p>Iowa Coalition Against Domestic Violence</p> | <p>www.icadv.org</p> |
| Adel | <p>Hotline 800-400-4884 Crisis hotline</p> | <p>Crisis Intervention & Advocacy Adel</p> | <p>www.enlivenedwellness.com/ Megan@ciac91.org</p> |

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| | Emergency shelter for homeless Information and referrals. | IA 50003 515-993-4095 Office www.enlivenedwellness.com/crisis-intervention-advocacy-center/ | |
| Algona | 800-479-9071 Sexual Assault 855-424-9133 Domestic Abuse 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling | Crisis Intervention Service Algona 515-295-8646 Office | www.cishelps.org cis@CISHELPS.org |
| Algona | Hotline 877-295-6958 Supportive hotline, information and referrals. | Family Crisis Center of North Iowa, Inc PO Box 642 Algona IA 50511 877-295-6958 Office | www.familycrisiscenters.org/ |
| Ames | 1-855-983-4641 Domestic Abuse Or 1-800-203-3488 Sexual Assault 1-855-696-2980 Shelter crisis Line Safe temporary shelter for women and their children Crisis response services Short term counseling to adult survivors of child sexual abuse and domestic violence. Support groups for children who have witnessed family violence Serving Boone and Green Counties | Access PO Box 1429 Ames IA 50014 515-292-0500 Office | www.assaultcarecenter.org director@assaultcarecenter.org |
| Atlantic | Hotlines 712-243-6615 Or 1-800-696-5123 Serving Adair, Audubon, Cass, Shelby, Fremont, Mills, Montgomery and Page. | Family Crisis Support Network PO Box 11 Atlantic IA 50022 712-243-6615 Office | www.familycrisiscenters.org/ |
| Burlington | 1-800-228-1625 Sexual Assault 1-800--373-1043 Domestic Abuse 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge. | Family Resources 218 N 3rd Street Suite 515-16 Burlington IA 52601 886-921-3356 | www.famres.org |
| Burlington | Hotline 1-800-693-1399 Safe shelter for women and children Medical, legal and court advocacy Individual counseling Domestic violence support group Sexual assault support group | YWCA: domestic Violence Shelter & Sexual Assault Center 616 North 8th Street Burlington IA 52501 319-752-0606 Office www.burlingtony.org/womens-shelter | ywshelterruby@mchsi.com |
| Carroll | Hotline 800-382-9744 Crisis hotline | Domestic and Sexual Assault Outreach Center Carroll IA 51401 | www.familycrisiscenters.org/ |

712-792-6722 Office

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| Cedar Rapids | Healing from Sexual Abuse and Trauma | Richelle Derfus Cedar Rapids IA 52404 319-936-7008 Office | www.richellederfus.com/ rderfus@gmail.com |
| Cedar Rapids | Support for adult survivors of sexual abuse, incest, domestic violence, rape and sexual assault Contact Margie for group info margie@lamplighters.com | Lamplighters Movement Cedar Rapids Iowa | www.thelamplighters.com margie@lamplighters.org |
| Cedar Rapids | Hotlines 319-363-2093 Or 800-208-0388 We provide shelter and support to individuals who are in crisis due to homelessness, poverty, domestic violence or sexual assault. Emergency shelter Domestic violence victims services. | Waypoint 318 fifth Street SE Cedar Rapids IA 52401 319-365-1458 Office. | www.waypointservices.org |
| Charles City | Hotline 800-479-9071 Or 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling | Crisis Intervention Service Charles City 641-228-0015 Office | www.cishelps.org cis@CISHELPS.org |
| Cherokee | Hotline 1-800-225-7233 Crisis & follow up counseling Group counseling Emergency safe shelter Legal and personal advocacy Services for survivors of domestic abuse, adult sexual abuse and survivors of incest in Cherokee, Ida and Sac. | Council Against Domestic Abuse and Sexual Assault PO Box 963 Cherokee IA 51012 712-225-5003 Office | www.iowacasa.org/get-help |
| Clinton | 1-800-228-1625 Sexual Assault 1-800-373-1043 Domestic Abuse 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge | Family Resources - Domestic Violence and Sexual Assault Resource Center 511 South 3rd Street 1st Floor Clinton IA 52732 866-921-3356 Office | www.famres.org |
| Council Bluffs | Hotline 712-328-0266 Crisis hotline Counseling for sexual abuse Emergency shelter Legal advocacy, hospital response Education and support groups | Phoenix House Catholic Charities DV/SA Program Council Bluffs IA 51503 712-328-3086 Office 712-256-2059 sheter office www.dmdiocese.org/domestic-violence.cfm | communications@dmdiocese.org |
| Creston | 641-782-6632 Local hotline Or 1-888-782-6632 | Rural Iowa Crisis Center PO Box 384 | |

24 Hour crisis hotlines
Referrals to emergency shelter
Crisis intervention
Medical and legal advocacy
Counseling
Support groups as available
Serving Adams, Clarke, Decatur,
Ringgold, Taylor & Union Counties
Plus Corning-Adams
Mt. Ayr-Ringgold
Bedford-Taylor
www.facebook.com/notes/slutwalk-des-moines/iowa-sexual-assault-and-domestic-abuse-programs/498855656819255/

Creston
IA 50801
888-782-6632 Office

Davenport

1-800-228-1625 Sexual Assault
1-800-373-1043 Domestic Violence
24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Counseling groups
Support groups
All services FREE of charge.

Family Resources
2800 Eastern Avenue
Davenport
IA 52803
563-326-6431 Office

www.famres.org

Decorah

Hotline 800-383-2988
24 Hour crisis hotline
Medical and legal advocacy
Individual counseling
Support groups.
www.helpingservices.org/services/domestic-advocacy-services/

Domestic & Sexual Abuse
Resource Center Services
Decorah
IA 52101
563-837-1720 Office.

info@helpingservices.org

Des Moines

Hotline 1-800-942-0333
We have been restoring hope,
building futures and changing lives
for Iowa's most vulnerable for 125
years. Our domestic violence
services provide a unique approach
to helping victims rebuild their lives.
Emergency shelter
Resources, referrals and assistance
Medical and legal advocacy
Individual and group counseling
Community counseling and support
groups in Polk and Warren Counties.

Children & Families of Iowa
1111 University Avenue
Des Moines
IA 50314
515-288-1981 Office
www.cfiowa.org/programs/domestic-violence/

www.cfiowa.org
contactus@cfiowa.org

Des Moines

The Lamplighters Movement. This
Chapter provides support to adult
MALE survivors of childhood
sexual abuse, incest, rape, sexual
assault and domestic violence.
For further information please see
our website.

The Lamplighters Movement
Male Chapter
Des Moines
Iowa
margie@thelamplighters.org

www.thelamplighters.org

Des Moines

Hotline 515-286-3600
We provide crisis intervention and
on going supportive services
regardless of law enforcement
involvement or the length of time
since the assault or abuse occurred .

Polk County Crisis & Advocacy
Services
2309 Euclid Avenue
Des Moines
IA 50310
515-286-3600 Office / Hotline

Law and judicial advocacy www.polkcountyjowa.gov/cfys/services/crisis-advocacy-services/
Counseling sessions
Support groups
Art therapy for children traumatized
by violent crime
Referrals to appropriate services
All services FREE of charge.

Dubuque Hotline 800-383-2988 Domestic & Sexual Abuse www.helpingservices.org
24 Hour crisis hotline Resource Center Services info@helpingservices.org
Medical and legal advocacy Dubuque
Individual counseling IA 52001
Support groups 563-582-5317 Office
www.helpingservices.org/services/

Dubuque Hotline 800-332-5899 Dubuque Community Domestic
We serve three Counties in North Violence Program
east Iowa: Dubuque, Delaware and PO Box 1301
Buchanan. Offering safe emergency Dubuque
shelter, supportive counseling. IA 52004
Medical and legal advocacy 563-588-0048 Office
www.dubuquey.org/social-responsibility/victim-services-shelter/

Dubuque 1-800-228-1625 Sexual Assault Family Resources www.famres.org
1-800-373-1043 Domestic Abuse Nesler Building,
24 Hour crisis hotlines 799 Main
Emergency shelter Suite 224,
Medical and legal advocacy Dubuque
Counseling groups IA 52001
Support groups 866-921-3356 Office
All services FREE of charge

Dubuque 888-707-8155 Sexual assault Riverview Center www.riverviewcenter.org
815-777-3680 Domestic violence 2600 Dodge Street
24 Hour hotline Dubuque
Emergency shelter IA 52003
Medical and legal advocacy 563-557-0310 Office
Individual and group counseling
Services FREE of charge
Serving Buchanan, Delaware,
Dubuque Counties

Eldora Hotline 1-888-746-4673 Seeds of Hope www.seedsofhope.org/
Information for victims of domestic Eldora
violence IA 50627
641-939-8186 Office

Forest City Hotline 800-479-9071 Crisis Intervention Service www.cishelps.org
Or 641-424-9133 Forest City cis@CISHELPS.org
24 Hour crisis hotlines 641-585-1050 Office
Support and advocacys for victims
of domestic and sexual violence
Emergency shelter
Crisis counseling

Fort Dodge Hotline 515-955-2273 YWCA of Fort Dodge
Or 1-888-356-2006 Toll free 826 1st Avenue North
24 Hour crisis lines Fort Dodge
Safe shelter for victims of domestic IA 50501
violence and sexual assault 515-573-3931 Office

Individual counseling www.ywca.org/site/pp.asp?c=ljZJ6MLluE&b=2619087
Support groups in English/Spanish
Public awareness education

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| Grinnell | Grinnell College Advocates is a staff supervised, student organization that aims to create greater awareness about issues surrounding sexual assault and dating violence on and around campus. On Call peer advocates can be reached on 641-260-1615 | Grinnell Advocates Grinnell College PO Box 805 Grinnell IA 50112 Advocate 641-260-1615 Crisis Services 800-270-1620 www.grinnell.edu/about/offices-services/crssj/support | |
| Grundy Center | Hotline 1-888-746-4673 Information for victims of domestic violence | Seeds of Hope Grundy Center IA 50638 319-824-5522 Office www.angelfire.com/ia2/seedssofhope/home.html | seedsofhope@hotmail.com |
| Hampton | Sexual Assault 800-479-9071 Domestic Abuse 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling | Crisis Intervention Service Hampton 641-456-8949 Office | www.cishelps.org cis@CISHELPS.org |
| Iowa City | Hotline 1-800-373-1043 Our mission is to provide the most comprehensive support and advocacy services to victims and survivors, focusing on immediate and long term safety, empowerment dignity and hope. Information and resources for those needing to flee an abusive situation Serving Iowa to Cedar, Johnson, and Washington Counties. | Domestic Violence Intervention Program PO Box 3170 Iowa City IA 52244 319-351-1043 Office | www.dvipiowa.org/ dvip@dvipiowa.org |
| Keokuk | Hotline 800-498-5095 Serving Lee and Van Buren, Clarke (Missouri) Hancock (Illinois) | Tri-State Coalition Against Domestic & Sexual Violence PO Box 494 Keokuk IA 52632 319-524-8520 Office | |
| Marshalltown | Sexual Assault 1-800-203--3488 Domestic Abuse 855-983-4641 We are a dual agency working with victims /survivors of sexual assault and domestic violence in Marshall, Jasper, Poweshiek, and Tama We offer support groups | Domestic Violence / Sexual Assault Center PO Box 1507 Marshalltown IA 50158 | dvassc@marshallnet.com www.assaultcarecenter.org/ |
| Mason City | Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence | Crisis Intervention Service Mason City 641-424-9071 Office | www.cishelps.org cis@CISHELPS.org |

Emergency shelter
Crisis counseling

Manchester

888-707-8155 Sexual assault
815-777-3680 Domestic violence
24 Hour hotline
Emergency shelter
Medical and legal advocacy
Individual and group counseling
Services FREE of charge
Serving Buchanan, Delaware,
Dubuque Counties

Riverview Center
118 West Main Street
Manchester
IA 52057
563-927-1524 Office

www.riverviewcenter.org
info@riverviewcenter.org

Muscatine

Hotline 563-326-9191
866-921-3354 Toll free
24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Counseling groups
Support groups
All services FREE of charge

Family Resource
119 Sycamore Street
Suite 200
Muscatine
IA 52761
563-263-0067 Office

www.famres.org

Osage

Sexual Assault 800-479-9071
Domestic Violence 641-424-9133
24 Hour crisis hotlines
Support and advocacys for victims
of domestic and sexual violence
Emergency shelter
Crisis counseling

Crisis Intervention Service
Osage
641-832-8456 Office

www.cishelps.org
cis@CISHELPS.org

Ottumwa

Hotline 641-683-3122
Or 1-800-464-8340 Toll free
An emergency shelter for women
survivors of domestic violence and
sexual assault.
Support groups
Service area: Appanoose, Davis,
Jefferson, Monroe, Wapello and
Wayne.

Crisis Center and Women's
Shelter
Ottumwa
IA 52501
641-683-3122 Office
641-683-1750 Office

www.facebook.com/Crisis-Center-Womens-Shelter-240735002943890/

Postville

Hotline 800-383-2988
24 Hour crisis hotline
Medical and legal advocacy
Individual counseling
Support groups

Domestic & Sexual Abuse
Resource Center Services
Postville
IA 52162
563-864-7163 Office

www.helpingservices.org
info@helpingservices.org

www.helpingservices.org/services/

Sioux Center

Hotline 1-800-382-5603
722-4404 Sioux County
472-9626 Lyon County
754-4547 Osceola County
324-9744 O'Brien County
Safe shelter housing
Medical and legal advocacy
Community outreach program
Counseling available
Peer Support groups
All services FREE of charge.

Family Crisis Center
PO Box 295
Sioux Center
IA 51250
712-722-4404 Office

www.familycrisiscenters.org

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| Sioux City | <p>1-800-982-7233 Toll free 712-258-7233 Sioux City 712-546-6764 LeMars 24 Hour crisis hotlines Safe emergency shelter Medical and legal advocacy FREE short term counseling Support groups for domestic violence victims Multicultural outreach program</p> | <p>Council on Sexual Assault and Domestic Violence Sioux City IA 51102 712-277-0131 Office</p> | <p>www.csadvsioxland.org/</p> |
| Waterloo | <p>Local hotline 319-352-0037 Toll Free 1-800-410-7233 Information for victims of domestic violence.</p> | <p>Friends of Families Inc Waterloo IA 50702 319-234-0232 Office</p> | |
| Waverly | <p>Hotline 319-352-0037 Or 1-800-410-7233 24 Hour crisis hotlines Safe shelter for victims of domestic violence or sexual assault Counseling for survivors Support groups for domestic violence and sexual assault.</p> | <p>Cedar Valley Friends of the Family Waverly IA 50677 319-352-1108 Office www.shelterlistings.org/details/31400/</p> | <p>admin@cvfriendsofthefamily.org</p> |