

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
ILLINOIS			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>217-753-4117 Sexual assault info and referrals helpline</p>	<p>Illinois Coalition Against Sexual Assault</p>	<p>www.icasa.org sblack@icasa.org</p>
Statewide	<p>1-877-863-6338 Domestic violence Information and referrals helpline</p>	<p>Illinois Coalition Against Domestic Violence 217-789-2830 Office</p>	<p>www.ilcadv.org/</p>
Aledo	<p>24hr Crisis Hotline 309-582-7233 Help for teens, sexual abuse survivors and domestic violence services. Information and referrals</p>	<p>Mercer County Family Crisis Ctr 110 NW 3rd Avenue Aledo IL 61231 309-582-7233 Office / Hotline</p>	<p>www.mcfcc.com/</p>
Alton	<p>Hotline 618-465-1978 We are an outpatients dept helping victims of violence and abuse. Sexual assault services Domestic Abuse services</p>	<p>Oasis Women's Center 111 Market Street Alton IL 62002 618-465-1978 Office / Hotline</p>	
Arlington Heights	<p>24hr Hotline 888-802-8890 24 Hour hotline Crisis intervention Medical and legal advocacy Counseling including art therapy Group & individual counseling Prevention & community education.</p>	<p>Northwest Center Against Sexual Abuse 415 West Golf Road Suite 47 Arlington Heights IL 60005 847-806-6526 Office</p>	<p>www.nwcasa.org</p>
Aurora	<p>630-897-0080 Domestic violence 630-897-8383 Sexual Assault 24 Hour crisis lines Emergency shelter 24 hour advocacy service Weekly support groups</p>	<p>Mutual Ground Inc Aurora IL 60506 630-897-0084 Office info@mutualground.org</p>	<p>www.mutualground.org</p>

Support groups for rape and incest.

Belleville	Hotlines 618-235-0892 For more than 33 years we have been dedicated to providing comprehensive services to victims of domestic violence and their children. Providing these services in St. Clair, Monroe, and Randolph. Emergency shelter Legal advocacy Counseling services.	Violence Prevention Center of Southwestern Illinois PO Box 831 Belleville IL 62222 618-236-2531 Office info@vpcswi.org	www.vpcswi.org
Belvidere	Hotline 815-636-9811 24 Hour crisis hotlines 24 Hour crisis intervention Medical and legal advocacy Short and long term therapy Individual and group therapy.	(Rockford) Sexual Assault Counseling, Inc 860 Biester Drive Suite 101 Belvidere IL 61008 815-636-9811 Office / Hotline www.rockfordsexualassaultcounseling.org/	
Bloomington	24hr Hotline 309-827-7070 Our program operating in McLean County is designed to create safe, nurturing families free from violence and control through FREE and confidential services. Emergency shelter Legal advocacy Outreach intervention services Childrens support groups Groups for domestic violence victims www.mccainc.org/what-we-do/healthy-relationships/neville-house	Neville House 1301 West Washington Street Bloomington IL 61701 309-829-0691 Main Office	www.mccainc.org mcca@mccainc.org
Cairo	Hotline 618-734-4357 emergency shelter for women and their children who are fleeing an abusive relationship or situation	Cario Women's Shelter Inc PO Box 907 Cario IL 62914 618-734-4357 Office / Hotline	cwsi@midwest.net
Canton	Hotline 309-647-8311 Please call our helpline if you need to leave an abusive relationship and we can refer you to the appropriate shelter and services.	Fulton/Mason Crisis Services 1330 E. Ash Street Canton IL 61520 309-647-8311 Office / Hotline www.facebook.com/Fulton-Mason-Crisis-Service-1386659381566608/	madedfmcs@yahoo.com
Carbondale	24 hr Hotline 1-800-334-2094 24 Hour hotline Our mission is to end domestic violence and sexual assault in Southern Illinois Legal advocacy In person and group counseling Art therapy available Education program All services FREE & confidential.	The Women's Center Inc 610 South Thompson Street Carbondale IL 62901 618-549-4807 Office www.thewomensctr.org/ wcea@thewomensctr.org	
Centralia	We are a social service organization	P.A.V.E.	www.shatteringthesilence.org/

	with over 32 years experience in the field. Intervention services Domestic Violence Services Serving Marion, Jefferson, Clinton, Washington and Fayette	PO Box 342 Centralia IL 62801 877-399-1346 Office www.facebook.com/PromotingAwarenessVictimEmpowerment/	info@ShatteringTheSilence.org
Centralia	24hr Hotline 800-625-1414 Medical and legal advocacy Prevention programs FREE counseling to incest survivors Support groups.	Sexual Assault & Family Emergencies (SAFE) 730 E 2nd Street Centralia IL62801 618-533-0475 Office.	www.safecrisiscenter.org safe@safecrisiscenter.org
Charleston	Hotline 1-888-345-3990 Our mission is to empower persons to live independent, non violent lives through the provisions of housing, outreach , prevention and education. Emergency shelter Transitional housing Advocacy in the community Individual and group counseling Community walk-in support groups.	HOPE of East Central Illinois 701 6th Street PO Box 732 Charleston IL 61920 217-348-5931 Office	www.hope-eci.org
Charleston	Crisis Hotline 1- 888-345-2846 Medical and legal advocacy FREE crisis counseling Long term counseling to anyone who has experienced sexual assault, abuse or harassment Community education School Programs Serving Coles and Cumberland Serving Coles and Cumberland	Sexual Assault Counseling and Information Service 2151 4th Street Charleston IL 61920 217-348-5033 Office sacis@sacis.org	www.sacis.org
Chicago	24 hr Hotline 800-717-0757 24hr Hotline 773-883-4663 Text Hotline 773-899-1041 help@apnaghar.org We provide holistic services to women and children across the immigrant communities of the Chicago area with a view to ending the cycle of domestic violence. Emergency shelter Legal advocacy Transitional living program Individual and group counseling open to non residents Art therapy.	Apna Ghar 4350 North Broadway 2nd Floor Chicago IL 60613 773-883-4663 Office	www.apnaghar.org info@apnaghar.org
Chicago	Meetings for adult survivors of childhood sexual abuse following the ASCA program, similar to the 12 step program. Meets Friday 7 - 8.30 PM Contact Stu ascahealing@gmail.com	ASCA Illinois www.sites.google.com/site/ascachicago/	www.ascasupport.org ascahealing@gmail.com
Chicago	24hr Crisis Hotline 800-603-4357	Between Friends	www.betweenfriendschicago.org

We are a non profit agency dedicated to breaking the cycle of domestic abuse and violence and building a community free of any form of abuse.
Individual counseling day/evening
English and Spanish services
Free legal clinic every month.

PO Box 608548
Chicago
IL 60660
773-274-5232 Office

Chicago

DV Hotline 773-278-4566
Emergency shelter "Greenhouse" for women and their children who are fleeing from domestic violence
Counseling and Advocacy.

Connections for Abused Women and their Children
www.cawc.org/
1116 N. Kedzie
5th Floor
Chicago
773-489-9081 Office

Chicago

DV Courthouse 312-325-9155
We are a civil legal service agency specializing in domestic violence.
Legal representation
Information and referrals.

Ascend Justice
555 West Harrison
Suite 1900
Chicago
IL 60607
312-971-5932 Office
www.ascendjustice.org/
Contact form on website
www.facebook.com/AscendJustice/

Chicago

Hotline 773-357-8400
Or 800-360-6619
TTY Hotline 773-375-8744
Emergency shelter for those fleeing domestic abuse.
Community outreach - Portable domestic violence services within the community
Court advocacy program.

Family Rescue
www.familyrescueinc.org
PO Box 17528
Chicago
IL 60617
773-375-1918 Office
Or 773-734-1245
administration@familyrescueinc.org

Chicago

24hr Hotline 773-583-0880
Client-centered counseling program provides confidential crisis intervention and case management to all women who call our hotline.
Emergency shelter
Legal advocacy translation available
Support groups.

Korean American Women in Need
www.kanwin.org/
PO Box 59133
Chicago
IL 60659
773-583-1392 Office
info@kanwin.org

Chicago

The Lamplighters Movement provides support to adult survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further details please see our website.

The Lamplighters Movement
www.thelamplighters.org
Chicago
Illinois
margie@thelamplighters.org

Chicago

Life Span is committed to the cessation of domestic and sexual violence and to the immediate relief of those who suffer from it's consequences.
Legal services in Spanish & English
Domestic violence legal services
Advocacy
Trauma counseling
All services are FREE of charge.

Life Span
www.life-span.org
life-span@life-span.org
70 E. Lake Street
Suite 700
Chicago
IL 60601
312-408-1210 legal Services
847-824-0382 Counseling

Chicago	<p>Women Survivors of Childhood Abuse</p> <p>An ongoing 10 week therapy group that invites participants to notice the impact of their abuse as well as gain a sense of community with other survivors in a safe place.</p> <p>Meets every Saturday 10 AM</p> <p>Cost \$40 - \$50</p> <p>www.therapists.psychologytoday.com/rms/name/Suzanne_McClure_LCSW_Chicago_Illinois_88166</p>	<p>Suzanne McClure</p> <p>Chicago</p> <p>IL 60602</p> <p>773-672-3728 Office</p>	
Chicago	<p>We Empower people to learn, to earn, to heal and to thrive</p> <p>Family violence intervention program</p> <p>Outreach counseling</p> <p>Outreach safety planning, legal services plus referrals and info.</p>	<p>Metropolitan Family Services</p> <p>One North Dearborn</p> <p>Suite 1000</p> <p>Chicago</p> <p>IL 60602</p> <p>312-986-4000 Office</p>	<p>www.metrofamily.org</p> <p>contactus@metrofamily.org</p>
Chicago	<p>DV Hotline 312-738-5358</p> <p>Rape Hotline 888-293-2080</p> <p>Mujeres Latinas en Accion empowers latinas through providing services which reflects their values and culture.</p> <p>Domestic violence counseling</p> <p>Sexual assault counseling.</p>	<p>Mujeres Latinas en Accion</p> <p>2124 West 21st Place</p> <p>Chicago</p> <p>IL 60608</p> <p>773-890-7676 Office</p> <p>www.mujereslatinasenaccion.org</p> <p>mail@mujereslat.org</p>	
Chicago	<p>24hr Hotline 1-800-786-2929</p> <p>TEXT Hotline 66008</p> <p>Helping to keep America's runaway, homeless and at risk youth off the streets.</p>	<p>National Runaway Safeline</p> <p>3080 N. Lincoln Ave</p> <p>Chicago</p> <p>IL 60657</p> <p>773-880-9860 Office</p>	<p>www.1800runaway.org</p>
Chicago	<p>24hr Crisis Hotline 773-722-0005</p> <p>Emergency shelter for women and children fleeing an abusive relationship.</p> <p>Out reach programs include:</p> <p>Walk-in counseling program</p> <p>Individual and group counseling</p> <p>Services are FREE to survivors of domestic abuse. Call 773-638-0228 for details of outreach program</p>	<p>Neopolitan Lighthouse</p> <p>PO Box 24709</p> <p>Chicago</p> <p>IL 60624</p> <p>773-638-0228 Office</p> <p>pcneopolitan@gmail.com</p>	<p>www.neopolitanlighthouse.org/</p>
Chicago	<p>PCA Hotline 800-244-5373</p> <p>We believe that all children deserve great childhoods because children are our future. We are committed to promoting legislation, policies and programs to help prevent child abuse and neglect.</p>	<p>Prevent Child Abuse America</p> <p>228 South Wabash Avenue</p> <p>10th Floor</p> <p>Chicago</p> <p>IL 60604</p> <p>312-663-3520 Office</p>	<p>www.preventchildabuse.org</p> <p>info@preventchildabuse.org</p>
Chicago	<p>Medical and legal advocacy</p> <p>Education and training</p> <p>FREE and confidential individual and group counseling</p> <p>Counseling for childhood sexual</p>	<p>Resilience</p> <p>180 North Michigan Avenue</p> <p>Suite 600</p> <p>Chicago</p> <p>IL 60601</p>	<p>www.ourresilience.org/</p> <p>info@ourresilience.org</p>

abuse and incest. 312-443-9603 Office

Chicago Women's Trauma Survivor Group www.kellierice.com
This is a women's only group that
addresses the impact of inter -
personal trauma. Chicago
IL 60602
312-279-9981 Office
Meets Monday 5.15 - 6.45 PM
Cost \$60

Chicago We empower those who have Survivors of Incest Anonymous www.siawso.org
survived childhood sexual abuse
and who want to become survivors Chicago
and thrivers using the 12 steps and Illinois
12 traditions program.
Meets Wednesday 7pm to 8.15pm
MEN ONLY PLEASE
Contact person is Nick
For further details please click on
the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Chicago A self help organization of men and Survivors Network of those www.snapnetwork.org
women who were sexually abused Abused by Priests (SNAP)
by spiritual elders. PO Box 6416 www.snapnetwork.org/illinois
On line support groups Chicago
Chicago meeting every 2nd Tues IL 60680
Meets from 7pm to 9pm 312-409-2720 Office
See SNAP Support page on website

Chicago We empower those who have Survivors of Incest Anonymous www.siawso.org
survived childhood sexual abuse
and who want to become survivors Chicago
and thrivers using the 12 steps and Illinois
12 traditions program.
Meets Saturday 4pm to 5.30pm
Contact person is Mary
For Further details please click on
the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Chicago We empower those who have Survivors of Incest Anonymous www.siawso.org
survived childhood sexual abuse
and who want to become survivors Chicago
and thrivers using the 12 steps and Illinois
12 traditions program.
Meets Mondays 7pm to 9.30pm
For further details please click on
the SIA website meeting directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Chicago Women Only SIA Support Meeting Survivors of Incest Anonymous www.siawso.org
We empower those who have Chicago
survived childhood sexual abuse Illinois
and who want to become survivors www.siachicago.org
and thrivers using the 12 steps and
12 traditions program.
Meeting Fridays 7pm to 8.30pm
Contact person is Ellen
For further details please click on
the SIA website meetings directory

www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Chicago	888-293-2080 Metropolitan 630-971-3927 DuPage County 708-748-5672 South Suburbs 24/7 Hour crisis hotlines For all child and adult survivors of sexual assault and sexual abuse Professional counseling Education services to schools Support groups 773-862-3100 Services FREE of charge. www.ywcachicago.org/our-work/sexual-violence-support-services/sexual-violence-counseling/	YWCA Metropolitan Chicago 1 North LaSalle Street Suite 1150 Chicago IL 60602 312-372-6600 Office	www.ywcachicago.org/
Clinton	24hr Hotline 217-935-6072 We are a coalition of religious organizations, volunteers and advocates that seek to coordinate efforts to address the unmet human needs and social injustices. Residential shelter for women and children experiencing domestic violence, Legal advocacy, referrals and information Counseling individual or groups open to no residents.	DOVE Inc 803 W. Leander Clinton IL 61727 217-935-6616 Office www.facebook.com/doveincdecatur/	www.doveinc.org dove@doveinc.org
Danville	SASS Hotline 1-800-345-9049 Crisis Line 217-442-3200 DV Hotline 888-549-1800.	Crosspoint Human Services Domestic Violence Program Danville IL 61832 217-442-3200 Office / Hotline www.crosspointhumanservices.org	
Danville	24hr Hotline 815-756-5228 24 Hour crisis hotline Domestic violence and sexual assault agency serving Dekalb Co Temporary shelter to victims of domestic abuse and violence Child and teen counseling Group and individual counseling. Group and individual counseling.	Safe Passage Domestic Violence and Sexual Assault Agency PO Box 621 Danville IL 60115 815-756-7930 Office	www.safepassagedv.org
Decatur	24hr Crisis Hotline 217-423-2238 We are a coalition of religious organizations, volunteers and advocates that seek to coordinate efforts to address the unmet human needs and social injustices. Residential shelter for women and children experiencing domestic violence, Legal advocacy, referrals and information Counseling individual or groups open to no residents	DOVE Inc 788 E Clay Street Decatur IL 62521 217-428-6616 Office www.facebook.com/doveincdecatur/	www.doveinc.org dove@doveinc.org
Decatur	Hotline 217-428-0770 24 Hour crisis hotline Crisis intervention	Growing Strong Sexual Assault Center 270 West Prairie Avenue	www.growingstrongcenter.org

FREE confidential counseling
Support groups
Prevention education

IL 62523
217-428-0770 Office / Hotline

Des Plaines

Life Span is committed to the cessation of domestic and sexual violence and to the immediate relief of those who suffer from it's consequences.
Legal services in Spanish & English
Domestic violence legal services
Advocacy
Trauma counseling
All services are FREE of charge.

Life Span
PO Box 1515
Des Plaines
IL 60017
847-824-0382 Counseling
312-408-1210 Legal Services

www.life-span.org
life-span@life-span.org

Dixon

Sex Assault Hotline 815-288-1011
DV Hotline 815-626-7277
24 Hour Crisis Lines

YWCA of the Sauk Valley
Dixon
IL 61021
815-288-1232 Office

www.ywsauk.org/

DeKalb

Hotline 815-756-5228
24 Hour crisis hotline
Domestic violence and sexual assault agency serving DeKalb Co
Temporary shelter to victims of domestic abuse and violence
Child and teen counseling
Group and individual counseling.

Safe Passage Domestic Violence and Sexual Assault Agency
PO Box 621
DeKalb
IL 60115
815-756-7930 Office

www.safepassagedv.org

DeKalb

SA Helpline 217-384-4444
DV Helpline 877-384-4390
Sexual assault and incest services.
List's of counselors, therapist and groups in Illinois.

Women's Resource Center
105 Normal Road
DeKalb
IL 60115
217-333-3137 Appointments

www.facebook.com/IllinoisWRC/
www.oir.illinois.edu/womens-center

East St. Louis

24/7 SA Hotline 618-397-0975
24 Hour sexual abuse hotline
Transitional housing available.

Call for Help Inc
9400 Lebanon Road
East St. Louis
IL 62203
618-271-8990 Office

www.callforhelpinc.org
info@callforhelpinc.org

Effingham

24hr Hotline 800-625-1414
Medical and legal advocacy
Prevention programs
FREE counseling to incest survivors
Support groups

Sexual Assault & Family Emergencies
1108 S. Willow
Suite 12
Effingham
IL 62401
217-342-6623 Office

www.safecrisiscenter.org
safe@safecrisiscenter.org

Elgin

Crisis Hotline 847-697-2380
Espanol Hotline 847-697-9740
TTY Hotline 847-742-4057
Emergency shelter for domestic violence victims
Individual and group counseling for victims of domestic violence and sexual abuse
Support groups for teenagers

Community Crisis Center
PO Box 1390
Elgin
IL 60121
847-697-2380 Office / Crisis

www.crisiscenter.org

Support groups for adult survivors
of incest
Community education program

Evanston	We provide the only comprehensive residential domestic violence program in Northeastern Chicago Metropolitan area. Emergency shelter Offering group and individual services for non residents. Legal advocacy Programs in Spanish and English.	YWCA of North Shore 1215 Church Street Evanston IL 60201 847-864-8445 Direct Line www.facebook.com/YWCAEvanstonNorthShore	www.ywca-ens.org/ info@ywca-ens.org
Freeport	24/7 DV Hotline 815-235-1641 24/7 SA Hotline 815-232-7200 Voices DV's community resource specialist assist survivors with resources available to empower them to live an independent and violence free life. Transitional housing program Legal advocacy Domestic violence counseling.	Voices Domestic Violence Program 1401 Crestwood Drive Freeport IL 61032 815-235-9421 Office	www.voicesofsc.org/
Galena	888-707-8155 Sexual assault 815-777-3680 Domestic violence 24 Hour hotlines Emergency shelter Medical and legal advocacy Short & long term counseling Individual and group counseling Violence prevention education Serving Jo Daviess, Carroll County	Riverview Center 705 S. Dodge Street Galena IL 61036 815-777-8167 Office	www.riverviewcenter.org info@riverviewcenter.org
Galesburg	24hr Local Hotline 309-343-7233 We are a non profit agency that provides confidential help to individuals who are experiencing violence in their relationships.	Safe Harbor Family Crisis Ctr 1188 West Main Street Galesburg IL 61401 309-343-7233 Office / Hotline	www.safeharbordv.org info@safeharbordv.org
Glen Ellyn	Hotline 630-971-3927 24 Hour crisis hotline.	DuPage Women Against Rape Glen Ellyn IL 60137 630-971-3927 Office /Hotline www.dhs.state.il.us/page.aspx?item=31985	
Gurnee	Hotline 847-872-7799 Individual and family counseling Advocacy Support group for sexual assault Support group for incest Community education	Zacharias Sexual Abuse Center 4275 Old Grand Avenue Gurnee IL 60031 847-972-1790 Office	www.zcenter.org info@ZCenter.org
Homewood	24hr Hotlines 708-335-3028 Our mission is to provide FREE and comprehensive services to families in which domestic violence exists without imposing any one solution. All service available in	South Suburban Family Shelter PO Box 937 Homewood IL 60430 708-794-2140 Office	www.ssfs1.org info@ssfs1.org

English and Spanish.
Emergency shelter
Medical and court advocacy
Community outreach program
Individual and group counseling
Child victim / witness counseling.

Jacksonville	24/7 Hotlines 217-243-4357 1-800-799-7233 En Espanol Providing services for deaf survivors and their children, such as advocacy groups and youth programs.	Crisis Center Foundation 325 County Highway 9 Jacksonville IL 62650 217-243-4357 Office / Hotline www.facebook.com/crisiscenterfoundation/
Jacksonville	24hr Crisis Hotline 217-753-8081 24 Hour hotline Medical and legal advocacy Prevention and education Adult, adolescent & child counseling Group counseling Serving Cass, Greene, Macoupin Mason, Morgan and Scott Counties. www.facebook.com/Prairie-Center-Against-Sexual-Assault-154431171261819/	Prairie Center Against Sexual Assault Jacksonville IL 62650 217-243-7330 Office www.prairiecasa.org/
Joliet	815-730-8984 Sexual Assault 815-729-1228 Domestic Violence Medical and legal advocacy Individual & group counseling Support groups Prevention and education.	Guardian Angel Community Services 1530 Plainfield Road Joliet IL 60435 815-729-0930 Office www.facebook.com/GACSPROGRAMS/ www.guardianangelhome.org info@gacsprograms.org
Kankakee	24hr Hotline 815-932-5800 We are a not for profit organization that have been providing comprehensive services to victims of domestic violence for more than 25 years. Emergency shelter Court and systems advocacy Individual and group counseling Support groups.	Harbor House PO Box 1824 Kankakee IL 60901 815-932-5814 Office www.harborhousedv.org/index.html
Kankakee	815-932-3322 Kankakee County 815-432-0420 Iroquois County 24 Hour crisis lines Medical and court advocacy Community outreach education Counseling and support for PTSD, RTS, depression, anxiety, eating disorders, nightmares, self injury Support group for adult survivors of childhood abuse 815-932-7273.	KC - CASA 1440 West Court Street Kankakee IL 60901 815-932-7273 Office www.kc-casa.org info@kc-casa.org
La Grange Park	708-485-5254 Domestic Violence 708-482-9600 Sexual assault 24 Hour crisis intervention.	Pillars La Grange Park Illinois www.pillarscommunity.org info@pillarscommunity.org
Macomb	24hr Crisis Hotline 309-837-5555 DV Hotline 309-837-6622	Western Illinois Regional Council Sexual Assault Program www.wirpc.org

SA Hotline 309-836-2148
Domestic abuse program
Sexual abuse program
FREE counseling to survivors
Community action program.

223 South Randolph
Macomb
IL 61455
309-837-3941 Office
victimservices@wirpc.org

McHenry Pursuing Wellness: Life After Abuse
In this group you can begin to heal the emotional scars of childhood sexual abuse, surrounded by other women who have had similar experiences. You will be able to take the first steps towards healing

Samaritan Counseling Centre of the Northwest Suburb
McHenry
Illinois 60050
847-382-4673 Ext 310 Info
Ext 322 for counseling
Ext 330 for medications

www.sccnw.org/
admin@sccnw.org

Mt. Carroll 815-244-7772 Sexual assault
815-244-1320 Domestic violence
24 Hour hotlines
Emergency shelter
Medical and legal advocacy
Short & long term counseling
Individual and group counseling
Violence prevention education
Serving Jo Daviess, Carroll County

Riverview Center
106 E. Market Street
Mt Carroll
IL 61053
815-244-7704 Office

www.riverviewcenter.org
info@riverviewcenter.org

Normal Sexual Abuse Survivors Group
Groups for men and groups for women sexual abuse survivors
Cost \$20 - \$40

Ms Kimberley Higgins
Normal
IL 61761
309-212-1939 Office
www.facebook.com/kimhigginslcsw/
khigginslcsw@gmail.com

Oak Park Survivor Group
The goal of this group is to help adults overcome the residual impact of childhood sexual abuse
Meets Thursday 7 - 8 PM
Cost \$20 - \$30

Ms Sharon Black
Oak Park
IL 60301
708-209-8987 Office
sharon@oakparkpsychotherapy.com
www.blackbirdbehavioralhealth.com/
www.psychologytoday.com/us/therapists/sharon-black-oak-park-il/70573

Oak Park 24hr Crisis Hotline 708-386-4225
24hr Crisis TEXT 708-792-3120
Our mission is to improve the lives of those affected by domestic violence and to break the cycle of violence for future generations. Our services are individual advocacy and counseling as well as support and education groups for victims and their children. These services are offered in English and Spanish

Sarah's Inn
Oak Park
IL 60304
708-386-3305 Office

www.sarahsinn.org
info@sarahsinn.org

Olney Hotline 1-800-474-6031
Providing transitional housing services for domestic violence and elder abuse victims
Emergency shelter
Medical assistance
Individual and group counseling.

Freedom House - Stopping Women Abuse Now Inc
PO Box 176
Olney
309-852-5008 Main Office
www.freedomhouseillinois.org/
info@freedomhouseillinois.com

Palatine 24hr Hotline 847-221-5680
the mission of WINGS is to provide

WINGS
PO Box 95615

www.wingsprogram.com

a continuum of intergrated services
in an effort to end domestic violence.
Emergency shelters
Transitional houses
Outreach counseling.

Palatine
IL 60095
847-519-7820 Office
wings@wingsprogram.com

Park Ridge

Dealing with Bullies
A group for adolescents (9-12) who
have been bullied and who want to
gain a sense of empowerment by
learning how to be assertive and
reacting in a positive way.

Mrs Kelly Laporte
Park Ridge
IL 60068
630-590 9522 Extention 1
www.napervillecounseling.com/about-us/our-clinicians/

Pekin

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers using the 12 steps and
12 traditions program.
Meets Thursdays 6pm to 7.15pm
Contact person is Shelley
For further details please click on
the SIA website meetings directory
www.siaawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Survivors of Incest Anonymous www.siaawso.org
Pekin
Illinois

Peoria

Hotline 1-800-559-7233
24 Hour crisis hotline
Safe temporary shelter
Court and medical advocacy
Individual and group counseling
Support groups for both domestic
violence and sexual assault
Support group for incest survivors

Center for Prevention of Abuse
PO Box 3855
Peoria
IL 61612
301-691-0551 Office
www.centerforpreventionofabuse.org

Princeton

Hotline 800-474-6031
Providing FREE services to victims
of domestic violence and sexual
assault
Emergency safe shelter
Serving Bureau, Henry, Marshall
Putnam and Stark Counties.

Freedom House www.freedomhouseillinois.com
Princeton
IL 61356
815-872-0087 Shelter Office
info@freedomhouseillinois.com

Quincy

Hotline 1-800-369-2287
24 Hour crisis hotline
Medical and legal advocacy
Domestic violence counseling
Domestic violence support groups
Individual and group counseling for
victims of sexual assault
Serving Adams, Brown, Hancock
Schuyler and Pike Counties
All services FREE of charge

Quanada www.quanada.org
Quincy
IL 62301
217-223-2030 SA Program
sa@quanada.org
217-222-0069 DV Program
info@quanada.org

Robinson

24hr Crisis Hotline 888-345-2846
Or 866-288-4888 Toll Free
Medical and legal advocacy
FREE crisis counseling
Long term counseling to anyone
who has experienced sexual
assault, abuse or harassment
Community education

Sexual Assault Counseling and
Information Service
10499 North State Highway
Robinson
IL 62454
618-544-9379 Office
www.sacis.org
caisa@joink.com

School Programs
Serving Crawford, Jasper, Lawrence
and Richland Counties.

Rochelle	24 h Crisis 815-562-8890 Illinois DV Line 877-863-6338 Provides social services to domestic violence. Emergency shelter	HOPE of Rochelle Rochelle IL 61068 815-562-8890 Office / Hotline	www.hopedv.org/
Rochelle	Hotline 815-636-9811 24 Hour crisis hotline 24 Hour crisis intervention Medical and legal advocacy Short and long term therapy Individual and group therapy	(Rockford) Sexual Assault Counseling Inc 1201 S. Seventh Street Suite 109 Rochelle IL 61068 815-636-9811 Office /Hotline www.facebook.com/RSACendrape/ www.rockfordsexualassaultcounseling.org/	
Rockford	Hotline 815-636-9811 24 Hour crisis hotline 24 Hour crisis intervention Medical and legal advocacy Short and long term therapy Individual and group therapy	Rockford Sexual Assault Counseling, Inc 4990 E. State Street Rockford IL 61108 815-636-9811 Office / Hotline www.facebook.com/RSACendrape/ www.rockfordsexualassaultcounseling.org/	
Schaumburg	Women Survivors of Childhood Sexual Abuse This group is a safe place where women can feel heard, supported and empowered in their journey towards healing Meets Thursday 3.30 - 4.45 PM Cost \$40 +	Ms Grace Tomas- Tolentino Schaumburg IL 60173 847-240-5080 Office www.corepsychcenter.com/grace-tomas-tolentino/	info@corepsychcenter.com
Shelbyville	Hotline 217-423-2238 Shelby County 217-774-4888 TTY Hotline 217-428-6559 We are a coalition of religious organizations, volunteers and advocates that seek to coordinate efforts to address the unmet human needs and social injustices. Residential shelter for women and children experiencing domestic violence, Legal advocacy, referrals and information Counseling individual or groups open to no residents	DOVE Inc 1200 S. Hickory Shelbyville IL 62565 217-428-6616 Office	www.doveinc.org dove@doveinc.org
Skokie	Trauma Sensitive Yoga Therapy Research has shown that when traditional yoga techniques are mindfully practiced the results can bring special healing to trauma survivors	Dee Crowley Skokie IL 60076 847-595-0822 Office	www.deecrowley.com/ deecrowleylcsw@gmail.com
Springfield	ICASA works to end sexual assault.	Illinois Coalition Against Sexual	www.icasa.org

	Information and referrals to community based crisis centers in Illinois where education and counseling plus support groups are available.	Assault 100 North 16th Street Springfield IL 62703 217-753-4117 Office	sblack@icasa.org
Springfield	24hr CrisisHotline 217-753-8081 24 Hour hotline Medical and legal advocacy Prevention and education Adult, adolescent & child counseling Group counseling Serving Christian, Logan, Menard Montgomery and Sangamon.	Prairie Center Against Sexual Assault Springfield IL 62701 217-744-2560 Office	www.prairiecasa.org/
Springfield	24hr Hotlines 217-726-5200 Or 1-866-435-7438 Toll Free Our mission is to build a community free from violence through service, leadership and education. Emergency shelter for victims of domestic violence. Court advocacy. Non residential counseling both individual and group available in Sanagamon, Logan, Menard, Christian and Montgomery Counties All services are FREE of charge.	Sojourn Shelter and Services Inc 1800 Westchester Blvd Springfield IL 62704 217-726-5100 Office	www.sojournshelter.org
Streator	Crisis Hotline 1-800-892-3375 24 Hour crisis hotline Emergency shelter 24 Hour hospiatal response Court advocacy Prevention and education Individual counseling Support groups for survivors of domestic violence and sexual assault Serving Pontiac, Streator, ottawa LaSalle-Peru, Oglesby Counties	ADV & SAS PO Box 593 Streator IL 61364 815-672-2353 Office	www.advsas.org mmorrison@advsas.org
Sullivan	217-423-2238 DOVE Hotline 217-728-9334 Moultrie County We are a coalition of religious organizations, volunteers and advocates that seek to coordinate efforts to address the unmet human needs and social injustices. Residential shelter for women and children experiencing domestic violence, Legal adavocacy, referrals and information Counseling individual or groups open to no residents	DOVE Inc 1102 W. Jackson Suite 4 Sullivan IL 61951 217-428-6616 Main Office	www.doveinc.org dove@doveinc.org
Summit	708-485-5254 Domestic violence 708-482-9600 Sexual assault 708-482-5277 Pillars Hotline Support for those victimized by rape,	Pillars - Domestic and Sexual Violence Services. 7420 Archer Avenue Summit	www.pillarscommunity.org info@pillarscommunity.org

	child sexual abuse, incest, human trafficking and domestic violence. Crisis intervention Emergency shelter Counseling and legal advocacy Medical advocacy.	IL 60501 708-745-5277 Office / Hotline	
Tilton	Hotline 1-866-617-3224 Toll Free 24hr Hotline 217-446-1337 Medical and legal advocacy Community prevention & education School-based education program FREE counseling to all victims of sexual violence Group therapy for incest survivors.	Vermilion County Rape Crisis Center 1630 Georgetown Road Suite 1 Tilton IL 61833 217-446-1337 Office / Hotline	www.vcrapecrisis.org/index.html
Tinley Park	24/7 Hotline 708-429-7233 We are a non profit organization that provides emergency shelter and other essential services for persons victimized by domestic violence. emergency shelter / transitional Court and hospital advocacy FREE group or individual counseling for residents and non residents. Call hotline for counseling details.	Crisis Center for South Suburbia PO Box 39 Tinley Park IL 60477 708-429-7255 Office www.facebook.com/CrisisCenterforSouthSuburbia/	www.crisisctr.org/
Urbana	Hotline 217-384-4444 24 Hour 7 day hotline Medical and legal advocacy FREE group & individual counseling	Rape Advocacy Counseling and Education Service (RACES) 300 S. Broadway Urbana IL 61801 217-344-6298 Office	www.cu-races.org info@cu-races.org
Vandalia	Hotline 618-699-4031 Medical and legal advocacy Prevention programs FREE counseling to incest survivors Support groups	Sexual Assault & Family Emergencies (SAFE) 1410 Sunset Suite G Vandalia IL 62471 618-699-4031 Office / Hotline	www.safecrisiscenter.org
Watseka	24hr Hotline 815-932-5800 We are a not for profit organization that have been providing comprehensive services to victims of domestic violence for more than 25 years. Emergency shelter Court and systems advocacy Individual and group counseling Support groups	Harbor House 100 E. Walnut Street Watseka IL 60970 815-432-3523 Office www.harborhousedv.org/index.html	harbor@harborhousedv.org
Watseka	All I Want is Someone to Listen Childhood sexual abuse counseling Some insurances accepted or sliding fee scale.	Michael Hoag Watseka IL 60970 815-212-6320 Office michael@michaelhoaglcsw.com	www.michaelhoaglcsw.com/
Wheaton	Hotline 630-469-5650	Family Shelter Service	www.familyshelterservice.org

Our vision is to create a community that is free of domestic violence and safe for all.

Emergency shelter

Court services

Latino services

Individual counseling also Spanish

Womens support groups

Latina support groups

All counseling FREE of charge.

605 E. Roosevelt Road

Wheaton

IL 60187

630-784-4800 Office

www.metrofamily.org/fssofmfsd/

contactus@metrofamily.org

Woodstock

Crisis Hotline 815-338-8081

Emergency shelter

Individual and group counseling

Support groups for victims of domestic violence

Call 815-338-8081 for details.

Turning Point Inc

PO Box 723

Woodstock

IL 60098

815-338-8081 Office / Hotline

www.turnpt.org/

Woodstock

24hr SA Crisis 815-323-7200

24hr DV Crisis 815-235-1641

We provide individual and group

counseling / therapy. We also provide medical and legal advocacy

Community education program.

Voice Sexual Assault Services

Woodstock

IL 60098

815-235-9421 Main Office

Zion

Hotline 847-249-4450

24hr Toll Free 1-800-600-7233

A safe Place provides safe housing and supportive counseling at NO

CHARGE to survivors of domestic violence. See website for details.

A Safe Place

2710 17th Street

Zion

IL 60099

847-731-7165 Office

info@asafeplaceforhelp.org

www.asafeplaceforhelp.org