

National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
DISTRICT OF COLUMBIA			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse.</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
District Wide	<p>1-202-671-7233 Report child abuse District wide hotline for reporting suspected child abuse.</p>	<p>Safe Shores - Child Advocacy Ctr</p>	<p>www.safeshores.org team@safeshores.org</p>
District Wide	<p>202-529-5991 Domestic violence 1-800-656-4673 Sexual assault 24 Hour District wide hotlines.</p>	<p>DCCADV</p>	<p>www.dccadv.org info@dccadv.org</p>
Washington	<p>Hotline 202-387-4848 We began providing domestic violence services in 1986, since that time we have become a national model serving both men and women from all over the world. Assistance to an emergency shelter Legal services Help with protection orders ect Anti Trafficking program Walki -in office Mon-Fri 9 -5 pm</p>	<p>Ayuda 6925 B Willow Street NW Washington DC 20012 202-387-4848 Office / Hotline</p>	<p>www.ayuda.com/</p>
Washington	<p>PTSD/Trauma Psychotherapy Group Five to six women with abuse histories, ages 30-50 work on their lives and relationships Every Thursday 12.15 - 1.30 pm www.therapists.psychologytoday.com/rms/prof_detail.php?profid=58142&p=1&zipcode=20036&rec_next=1</p>	<p>Sheila M Cahill Washington DC 20036 202-656-2415 Office</p>	<p>www.sheilacahill.com sheilacahill@mac.com</p>
Washington	<p>The Center Clinic is a community mental health center housed within the university professional psychology program. All the clinicians are graduate students</p>	<p>The Center Clinic - George Washington University 1922 F Street NW Washington University DC 20052</p>	<p>www.counselingcenter.gwu.edu/</p>

supervised by licensed professionals. 202-994-5300 Counseling

Washington Male Survivor Group
On going group for male survivors of child sexual abuse. Two female co therapists and up to 8 members. Potential members must be screened first
Every Tuesday 5pm - 6.30 pm
cost \$90 - \$100
Dr. Christine Ann Courtois
Washington
DC 20015
202-362-2776 Office
www.drchriscourtois.com
CACourtoisPhD@aol.com

Washington Women's Trauma Group
Open to a maximum of 10 women. Two co leaders and screening interview is required
Every Thursday 12.15pm - 1.45pm
Cost \$80 - \$100
Dr. Christine Ann Courtois
Washington
DC 20015
202-362-2776 Office
www.drchriscourtois.com
CACourtoisPhD@aol.com

Washington 202-529-5991 Domestic violence
1-800-656-4673 Sexual assault
24 Hour District wide hotlines
Our coalition provides resoures and information for thousands of women and children experiencing domestic violence in the District each year.
DCCADV
5 Thomas Circle NW
DC 20005
202-299-1181 Office
www.dccadv.org
info@dccadv.org

Washington Hotline 202-333-7273
24 Hour hotline
DCRCC offers FREE individual couple and family counseling. Also a variety of support groups classes and gatherings
DC Rape Crisis Center
PO Box 34125
Washington
DC 20043
202-470-1188 Office
www.drapecrisiscenter.org
dcrcc@dcrcc.org

Washington Emergency E-Mail hotline 9 - 5 pm
hotline@deafdawn.org
Dawn providescrisis intervention services for Deaf, Hard of Hearing and Deaf-Blind communities. Resource referrals (medical & legal) Case management Peer advocacy Counseling Support groups available
Deaf Abused Women's Network
5321 First Place NE
Washington
DC 20011
202-559-5366 Video phone
202-742-1730 FAX
www.deafdawn.org
info@deafdawn.org

Washington Hotline 202-833-2233
Hotline operates 10 am - 6 pm
Our mission is to prevent and end domestic violence and sexual assault in Asian Pacific Islander communities whilst empowering survivors to rebuild their lives after abuse. Case Management and help in Arabic, Bengali, Cambodian, Cantonese, Hindi, Japanese, Korean, Leo, Mandarin, Mongolian, Pampango, Punjabi, Shanghainese, Sinhala, Tagalog, Thai, Urdu and Vietnamese.
Workshops and support groups
DVRP for Asian Pacific Islanders
PO Box 14268
Washington
DC 20044
202-464-4477 Office / Hotline
www.dvrp.org
info@dvrp.org

Washington	The treatment programs are a community of mental health professionals committed to providing the highest quality of services at affordable fees	Eugene Mayer 3rd Treatment Center 5028 Wisconsin Avenue Suite 400 DC 20016 202-537-6050 Office www.wspdc.org/0101treatment.html	washschool@wspdc.org
Washington	Hotline 202-667-7001 The domestic violence support center offers FREE counseling to people experiencing domestic violence. Emergency shelter Transitional housing program	House of Ruth 5 Thomas Circle NW Washington DC 20005 202-667-7001 Office / Hotline	www.houseofruth.org intake@houseofruth.org
Washington	1-800-656-HOPE (4673) 24 Hour hotline Online and telephone services Professional education Casework/practical assistance Individual counseling Group counseling Advocacy, support groups	National Sexual Assault Hotline Operated by RAINN 2000 L Street NW Suite 406 Washington DC 20036 202-544-3064 Office	www.rainn.org
Washington	Meetup group for Survivors of Sexual Assault. For more details contact Amber the group organizer and the website listed.	DC- Sexual-Assault-Survivors Washington www.meetup.com/DC-Sexual-Assault-Survivors/	
Washington	Information line 202-742-1727 We offer Safety planning Crisis intervention SANE exam advocacy at the hospital Court accompaniment Civil legal services Individual trauma counseling Group therapy Peer support.	NVRDC Washington DC 20011 202-742-1727 Office	www.nvrdc.org info@nvrdc.org
Washington	Hotline 202-257-6790 (24 hours) For more than a decade we have seen women transform themselves from domestic violence victims to thriving survivors. Domestic violence counseling Monthly support groups	Ramona's Way United Medical Center 1328 Southern Avenue SE Suite 311 Washington DC 20032 202-257-6790 Office / Hotline	ramonasway@aol.com
Washington	Hotlines 202-261-3000 Or 202-879-7851 On call 24 hour advocacy Safety planning Immediate help to secure shelter Help with Protection orders Court advocacy program Court accompaniment 911 Emergency cell phones Help with legal matters.	Safe, Inc PO Box 7412 Washington DC 20044 202-879-8740 Office	www.dcsafe.org info@dcsafe.org

Washington	<p>1-202-671-7233 Report child abuse District wide hotline for reporting suspected child abuse We are a direct service non profit organization dedicated to supporting and working with child victims of sexual and physical abuse. Forensic services program Victim services program Therapy for children 4 - 17 years old</p>	<p>Safe Shores - Child Advocacy Ctr 429 O Street NW Washington DC 20001 202-645-3200 Office</p>	<p>www.safeshores.org team@safeshores.org</p>
Washington	<p>We empower those who have survived childhood sexual abuse and want to become survivors and thrivers. We work the 12 steps and 12 traditions program Every Wednesday 7.15 - 8.15pm Contact Christopher 202-276-3460</p>	<p>Survivors of Incest Anonymous Washington DC 202-276-3460 Christopher www.siawso.org/Sys/PublicProfile/5295660/7166</p>	<p>www.siawso.org somanypens@gmail.com</p>
Washington	<p>Male survivors of Childhood Sexual Abuse Group This group focuses on understanding the effects of childhood sexual abuse on men. How each man has learned to survive and how past strategies may not be working like they once did. Every Thursday 7.30 - 8.45pm.</p>	<p>Mr Rob Williams Washington DC 20009 202-455-5546 Office</p>	<p>www.aida-therapy.com rob@aida-therapy.com</p>
Washington	<p>Men accepted for counseling too We accept most major insurance plans and offer reduced fees for clients in financial need.</p>	<p>The Women's Center 1025 Vermont Avenue NW Suite 310 Washington DC 20005 703 281-2657 Lauren / Office 202-455-5546 Appointments</p>	<p>www.thewomenscenter.org lspengler@thewomenscenter.org</p>
Washington	<p>Retaliation Support Group This is a support group for professionals who have or are dealing with retaliation due to filing sexual harassment, being a whistleblower ect. In a professional setting.</p>	<p>Meetup Support Group Washington District of Columbia</p>	
Washington	<p>Sistahs In Survival Meetup Group Have you found yourself in an abusive relationship at the hands of a narcissist? Have you felt lost, confused, angry, hurt or even ashamed of the situation? Are you still in the situation? Did you escape the situation? This is the group for you. Join strong Sistahs who've been there, who've survived and who are rebuilding their lives after surviving narcissistic abuse. The organizer is Sonjiah Davis.</p>	<p>Sistahs in Survival Meetup Washington DC www.meetup.com/Sistahs-in-Survival/?qj=ej1b</p>	