

National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
CONNECTICUT			
National Helpline	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	www.childhelp.org info@childhelp.org Email support form on the website
Statewide	1-888-999-5545 Sexual Assault 1-888-568-8332 Spanish line Statewide Toll Free Hotlines.	Connecticut Sexual Assault Crisis Services 860-282-9881 Office info@endsexualviolencect.org	www.connsacs.org
Statewide	1-888-774-2900 Domestic violence Statewide Toll Free Hotline	Connecticut Coalition Against Domestic Violence 860-282-7899 Office	www.ctcadv.org
Ansonia	We offer a range of services for victims of domestic violence and their children. All services are FREE Emergency shelter Victim advocacy	BH Care PO Box 148 158 Main Street Ansonia CT 06401 203-736-2601 Office	www.bhcare.org/ info@bhcare.org
Ansonia	Hotlines 203-736-9944 Or 1-888-774-2900 Toll Free UCDVS provides services for victims and their children located at two sites in Ansonia and North Haven. All services are offered FREE of charge.	The Umbrella Center for Domestic Violence Services 435 East Main Street Ansonia CT 06401 230-735-2601 Office	www.bhcare.org info@bhcare.org

Walk-in crisis service
Emergency safe house
Transitional housing
Court based advocacy / legal help
DOVE 8 week educational classes
Weekly support groups
Workshops -Effects of domestic violence. Next one 30th September 2013 8am-2pm in Newhaven
Cost for workshop \$95 standard \$65 Studen (lunch included).

Branford

Hotlines 203-736-9944
Or 1-888-774-2900 Toll Free
UCDVS provides services for victims and their children located at two sites in Ansonia and North Haven. All services are offered FREE of charge.
Walk-in crisis service
Emergency safe house
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Cost for workshop \$95 standard \$65 Studen (lunch included).

The Umbrella Center for Domestic Violence Services
14 Sycamore Way
Branford
CT 06405
203-483-2630 Office

www.bhcare.org
info@bhcare.org

Bridgeport

203-384-9559 Domestic violence
203-333-2233 Sexual Assault
24 / 7 Crisis lines
Kathie's Place shelter
Advocacy program
Short term crisis counseling
Support groups.

The Center for Family Justice
753 Fairfield Avenue
CT 06604
203-334-6154 Office

www.centerforfamilyjustice.org/

Bristol

Hotline 1-888-774-2900 Toll Free
We are dedicated to helping individuals achieve lives free of domestic violence by providing care, advocacy, support and education.
Emergency shelter
Legal advocacy
Information and referrals
Community education

Prudence Crandall Center, Inc
Bristol
Connecticut
860-225-5187 Main Office

www.facebook.com/prudencecrandallcenter/

www.prudencecrandall.org

Individual counseling
Weekly battered women's support groups offered at our New Britain and Bristol offices, call for details. We serve Berlin, Bristol, Burlington, Kensington, Plainville, Plymouth, Southington and Terryville.

Cheshire Adult Survivors of Childhood Sexual Abuse Herbert Jay Rosenfield
Reforming! Ongoing small group therapy. Maximum size of 8 women share their history when ready. Cheshire
Every Thursday 7 - 8.30pm CT 06410
Cost \$30 - \$40 203-212-9073 Office
www.psychologytoday.com/us/therapists/a/adolescent-family-counseling-center-cheshire-ct/35913

Cheshire Adult Male Survivors of Childhood Sexual Abuse Herbert Jay Rosenfield
New forming, safe confidential small group therapy Cheshire
Cost \$30 - \$40 CT 06410
www.psychologytoday.com/us/therapists/a/adolescent-family-counseling-center-cheshire-ct/35913 203-212-9073 Office

Collinsville Pastoral counseling for adult women survivors of sexual abuse and incest Bethany Pastoral Counseling Service
55 River Road
Collinsville
CT 06022
860-424-2811 Office
www.trinitycollinsville.org/

Columbia Hotlines 860-456-9476 Domestic Violence Program
Or 860-774-8648 United Services Inc
Our domestic violence program provides support, advocacy, referrals and counseling for victims of domestic violence and their children. Columbia
Emergency shelter & court advocacy CT 06237
Support groups open to survivors in the community along with clients. www.unitedservicesct.org/services/domestic-violence/
Thursdays 10 - 11.30am in the Killingly area call 860-774-8648.
Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.

Danbury	<p>Male Survivor Support Group A support group for men who have been sexually abused as adults, as children or both. A safe space is created to share and manage the effects of abuse. The group is run by certified sexual assault counselors, it is FREE and confidential, and accepts new members year round. A group screening is provided to answer questions and make sure the group can meet a members needs</p>	<p>Male Survivor Support Group Voices of Courage Danbury Connecticut 203-731-5200 Office www.wcoqd.org/index.php/services/support-groups</p>
Danbury	<p>203-731-5206 Domestic violence 203-731-5204 Sexual Assault 24 Hour hotlines Emergency shelter for women Men's shelter at separate location Crisis intervention Extensive community education Counseling and support Walk in services.</p>	<p>The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office womenscenter@wcoqd.org</p>
Danbury	<p>Breaking The Silence Group An ongoing weekly evening support group for female adult survivors of any form of sexual assault. All services and programs of the Women's Center are FREE and confidential.</p>	<p>The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office www.wcoqd.org/index.php/services/support-groups</p>
Danbury	<p>SOAR Survivors Overcoming Abusive Relationships Group An ongoing weekly evening support group for victims of domestic or intimate partner abuse, including emotional, verbal, economic and or physical abuse. All services and programs of the Women's Center are FREE and confidential.</p>	<p>The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office www.wcoqd.org/index.php/services/support-groups</p>
Danbury	<p>Thriving Women Support Group Ongoing weekly afternoon groups for women who would like support around relationship issues, including dealing with controlling behaviors, verbal or physical abuse,</p>	<p>The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office www.wcoqd.org/index.php/services/support-groups</p>

or use of substances to deal with trauma, sexual assault and transitioning out off or changing unhealthy relationships. Thriving Women is offered in Spanish and Portuguese on Thursday evenings. All services and programs of the Women's Center are Free and Confidential.

Danbury I Am Okay - Self Esteem Group The Women's Center womenscenter@wcogd.org
An eight week, day or evening support group that explores factors that negatively impact on self esteem and develops skills to counter those factors and feel better about ourselves. All services and programs of the Women's Center are FREE and confidential. 2 West Street
Danbury
CT 06810
203-731-5200 Office
www.wcogd.org/index.php/services/support-groups

Danbury Project Be - Be Strong, Be Amazing, Be You Support Group The Women's Center womenscenter@wcogd.org
An eight week evening support group series for middle and high school aged girls that focuses on empowerment, improving self image and healthy peer relationships - available also in Spanish. All services and programs of the Women's Center are FREE and confidential. 2 West Street
Danbury
CT 06810
203-731-5200 Office
www.wcogd.org/index.php/services/support-groups

Dayville Hotlines 860-456-9476 Domestic Violence Program
Or 860-774-8648 United Services Inc
Our domestic violence program Dayville
provides support, advocacy, referrals CT 06241
and counseling for victims of 860-774-2020 Office
domestic violence and their 860-779-5609 TTD
children. www.unitedservicesct.org/services/domestic-violence/
Emergency shelter & court advocacy
Support groups open to survivors
in the community along with clients.

Derby Contact No. 203-305-2137 Ilene Wolf M.S. www.emotionalheal.org
Founded in 2006 by survivor Ilene Wolf M.S. Healing Emotionally Abused Lives. i_wolf@emotionalheal.org
Abused Lives exists to support men and women who were and are being (primarily) emotionally abused. Derby
Connecticut
203-305-2137 Office / Contact

I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.

Enfield	Hotline 860-763-4542 The Network operates a 24 hour confidential crisis hotline. We also maintain a 15 bed shelter for women and children involved in a domestic violence crisis. Counseling and support groups Call the office for details.	Network Against Domestic Violence 139 Hazard Avenue Building #3 Enfield CT 06082 860-763-7430 Office.	www.thenetworkct.org/ kbarron@nadact.org
Fairfield	Women's Trauma Group This group is for women who are survivors of childhood sexual abuse. We follow the Courage to Heal by Bass and Davis Meets every Thursday 10am Cost from \$70	Ms Nadine Padowicz Fairfield CT 06825 203-980-5460 Office www.nadinepadowicz.com/index.html	
Greenwich	Hotline 203-622-0003 Offering FREE bilingual, confidential services for victims of domestic violence. Emergency shelter Individual and group counseling Support groups Call 203-622-0003 for details.	YWCA Greenwich - Domestic Violence Services Greenwich CT 06830 203-489-3731 Main Office www.ywcagreenwich.org/get-help-now	info@ywcagreenwich.org
Groton	The Lamplighters Movement provides support for adult survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further details please see our website.	The Lamplighters Movement Groton connecticut margie@thelamplighters.org	www.thelamplighters.org
Hartford	Parental Alienation Support Parental alienation support and intervention provides support and help for the prevention, intervention and stopping of parental alienation. A severe form of psychological abuse that usually occurs during high conflict divorce, but can happen in intact families and by third parties.	Connecticut Chapter of PASI Leon Alvarez Hartford CT	info@pas-intervention.com

Involving the deliberate undermining of the relationship between the children and the parent.

Hartford 860-527-0550 Interval House Interval House www.intervalhousect.org
860-645-4033 IH Manchester PO Box 340207
860-658-7227 IH Simsbury Hartford
24 Hour crisis hotlines CT 06134
Since 1977 we have made a 860-246-9149 Office
positive difference in the lives of
nearly 150,000 women and children
who experience psychological and
physical abuse at the hand of a
domestic or intimate partner.
Emergency shelter
Domestic violence counseling
Help in the courts
Domestic violence outreach
Support groups available
All services are FREE of charge.

Hartford Hotline 860-547-1022 YWCA
Legal advocacy Hartford
Individual counseling CT 06051
Group counseling 860-225-4681 Office
Support groups www.ywcanb.org/sexual-assault-crisis-services/
Community education.

Litchfield Contact No. 203-305-2137 Ilene Wolf M.S. www.emotionalheal.org
Founded in 2006 by survivor Ilene Healing Emotionally Abused i_wolf@emotionalheal.org
Wolf M.S. Healing Emotionally
Abused Lives exists to support men Lives.
and women who were and are being Litchfield
(primarily) emotionally abused. Connecticut
203-305-2137 Office / Contact
I facilitate monthly support circles and
talk to people one to one by phone.
I offer short term counseling FREE
of charge. We currently have three
operating circles in Derby, Litchfield
and in Southington.

Manchester 860-527-0550 Interval House Interval House www.intervalhousect.org
860-645-4033 IH Manchester Manchester
860-658-7227 IH Simsbury Connecticut
24 Hour crisis hotlines 806-246-9149 Main Office
Since 1977 we have made a
positive difference in the lives of
nearly 150,000 women and children
who experience psychological and

physical abuse at the hand of a domestic or intimate partner.
Emergency shelter
Domestic violence counseling
Help in the courts
Domestic violence outreach
Support groups available
All services are FREE of charge

Meriden	Hotlines 1-888-999-5545 English Hotlines 1-888-568-8332 Espanol Sexual Assault Crissis Center Spanish speaking and male counselors available, sign language available Support group: Domestic violence meets Mondays 10.30 am Call Marcy 203-235-9297 ext 114 for more group details	Women and Family Center 169 Colony Street Meriden CT 06451 203-235-9297 Office www.womenfamilies.org/Content/Sexual_Assault_Crisis_Services.asp
Middletown	Hotline 1-888-774-2900 We can offer shelter for women and their children fleeing from domestic violence.	New Horizons Domestic Violence Services 575 Main Street Middletown CT 06457 860-344-9599 Office www.newhorizonsdv.com/
Middletown	Hotlines 1-888-999-5545 English Hotlines 1-888-568-8332 Espanol Sexual Assault Crissis Center Spanish speaking and male counselors available, sign language available Support group: Domestic violence meets Mondays 10.30 am Call Marcy 203-235-9297 ext 114 for more group details	Women and Family Center 100 Riverview Center Suite 274 Middletown CT 06457 860-344-1474 Office www.womenfamilies.org/Content/Sexual_Assault_Crisis_Services.asp info@womenandfmailies.org
Milford	Hotline 203-878-1212 1-888-999-5545 toll free 1-888-568-8332 Espanol Crisis intervention Assistance with legal system Short term counseling.	Rape Crisis Center of Milford 70 West River Street Milford CT 06460 203-874-8712 Office www.rapecrisiscenterofmilford.org
New Britain	Hotline 1-888-774-2900 Toll Free We are dedicated to helping individuals achieve lives free of domestic violence by providing	Prudence Crandall Center, Inc PO Box 895 New Britain CT 06050 www.prudencecrandall.org

care, advocacy, support and education.
Emergency shelter
Legal advocacy
Information and referrals
Community education
Individual counseling
Weekly battered women's support groups offered at our New Britain and Bristol offices, call for details.
We serve Berlin, Bristol, Burlington, Kensington, Plainville, Plymouth, Southington and Terryville.

860-225-5187 Office

New Haven

The Lamplighters Movement provides support for adult survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further details please see our website.

The Lamplighters Movement www.thelamplighters.org
New Haven
Connecticut
margie@thelamplighters.org

New Haven

Women Healing Women Trauma Group. This group helps women survivors of physical, emotional, sexual abuse and abandonment and neglect
Every Sunday 10am - 12 am
Cost \$20
www.therapists.psychologytoday.com/rms/name/Barbara+Greten+Psychotherapy++Pastoral+Counseling_Meriden_Connecticut_97315

Barbara J Greten
New Haven
CT 06511
203-433-0538 Office

New Haven

We provide youth, adults and families with effective and comprehensive christian faith-based solutions to drug, alcohol and other life controlling problems.
Call 203-789-6172 for more details

Teen Challenge www.tcnewengland.org
PO Box 9492 director@tcnewhaven.org
New Haven
CT 06534
203-789-6172 Office

New Haven

Hotlines 1-888-999-5545 English
Hotlines 1-888-568-8332 Espanol
Sexual Assault Crisis Center
Spanish speaking and male counselors available, sign language available
Support group: Domestic violence meets Mondays 10.30 am
Call Marcy 203-235-9297 ext 114 for more group details

Women and Family Center
1440 Whalley Avenue info@womenandfamilies.org
New Haven
CT 06511
203-389-5010 Office
www.womenfamilies.org/Content/Sexual_Assault_Crisis_Services.asp

New London	<p>DV Hotline 860-701-6000 SA Hotline 860-701-6001 Formally - Womens Center of SE Connecticut. We save lives, restore hope and change futures for those impacted by domestic violence and sexual assault. emergency shelter and housing Planning for safety Walk-in counseling at New London Open Monday - Friday 9 -5 Walk-in counseling at Norwich Tuesdays & Fridays 9-5 only Self esteem support groups New London Tuesdays 6.30 - 8 pm Norwich Thursdays 5.30 - 7 pm for details of counseling & support groups call 860-447-0366 ext 200.</p>	<p>Safe Futures 16 Jay Street New London CT 06320 860-447-0366 Office</p>	<p>www.safefuturesct.org info@SafeFuturesCT.org</p>
New London	<p>Hotline 860-456-2789 24 Hour helpline SACC offers services to victims of sexual assault, sexual abuse and incest Counseling is available All services are FREE of charge</p>	<p>Sexual Assault Crisis Center of Eastern Connecticut Inc 78 Howard Street Suite C1 New London CT 06320 860-442-0604 Office</p>	<p>www.saccec.org</p>
Norwalk	<p>Hotline 1-888-774-2900 Emergency safe houses Se habla Espanol Safety planning for clients Self esteem workshops Court and legal advocates Individual counseling and support groups in English and Spanish.</p>	<p>Domestic Violence Crisis Ctr Norwalk CT 06851 203-853-0418 Office</p>	<p>www.dvccct.org</p>
Norwich	<p>DV Hotline 860-701-6000 SA Hotline 860-701-6001 Formally - Womens Center of SE Connecticut. We save lives, restore hope and change futures for those impacted by domestic violence and sexual assault. emergency shelter and housing Planning for safety Walk-in counseling at New London</p>	<p>Safe Futures 326 Washington Street Norwich CT 06360 860-447-0366 Main Office</p>	<p>www.safefuturesct.org info@SafeFuturesCT.org</p>

Open Monday - Friday 9 -5
Walk-in counseling at Norwich
Tuesdays & Fridays 9-5 only
Self esteem support groups
New London Tuesdays 6.30 - 8 pm
Norwich Thursdays 5.30 - 7 pm
for details of counseling & support
groups call 860-447-0366 ext 200

Sharon	<p>Hotline 860-364-1900 We offer FREE, confidential, client-centered services focused on safety support advocacy and community outreach. Emergency short term shelter Individual short term counseling Transportation to needed locations Family violence victim advocates Community education Support groups for those who are currently with or have left an abusive relationship. Call 860-364-1080 for details about our groups Serving Canaan, Cornwall, Kent, North Canaan, Salisbury.</p>	<p>Women's Support Services 158 Gay Street (RT41) Sharon CT 06069 860-364-1080 Office</p>	<p>www.wssdv.org</p>
Simsbury	<p>860-527-0550 Interval House Hotline 1-888-831-9200 Espanol 24 Hour crisis hotlines Since 1977 we have made a possitive difference in the lives of nearly 150,000 women and children who experience psychological and physical abuse at the hand of a domestic or intimate partner. Emergency shelter Domestic violence counseling Help in the courts Domestic violence outreach Support groups available All services are FREE of charge</p>	<p>Interval House Simsbury Connecticut 806-246-9149 Main Office</p>	<p>www.intervalhousect.org</p>
Southbury	<p>Parental Alienation Support Parental alienation support and intervention provides support and help for the prevention, intervention and stopping of parental alienation. A servre form of psychological abuse that usually occurs during</p>	<p>Connecticut Chapter of PASI Southbury CT 06488</p>	<p>CTPASI@pas-intervention.com</p>

high conflict divorce, but can happen in intact families and by third parties. Involving the deliberate undermining of the relationship between the children and the parent.

PSA support groups provide help and support to victims of Parental Alienation.

Meets 3rd Thursday 6 - 9 pm

Southbury

1-888-774-2900 domestic violence
203-753-3613 Sexual assault
Safe Haven provides crisis intervention to any victim of domestic violence or sexual assault.
Emergency shelter
Legal advocacy
Information and referrals
Community education
Individual or group counseling
All services are FREE.

Safe Haven
88 Main Street South
Suite 203 B
Southbury
CT 06488
203-262-8700 Office
info@safehavenofgw.org

www.safehavenofgw.org

Southington

Contact No. 203-305-2137
Founded in 2006 by survivor Ilene Wolf M.S. Healing Emotionally Abused Lives exists to support men and women who were and are being (primarily) emotionally abused. I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.

Ilene Wolf M.S.
Healing Emotionally Abused Lives.
Southington
Connecticut
203-305-2137 Office

www.emotionalheal.org
i_wolf@emotionalheal.org

Stamford

Domestic Abuse Group for Women
for female victims of emotional verbal, psychological and physical abuse
Every Mon, Tue, Thurs 1- 2.30pm

Ms Margaret Canada
Stamford
CT 06905
860-412-6963 Office
www.linkedin.com/in/margaret-canada-96175819

Stamford

203-329-2929 Local hotline
888-568-8332 Spanish
24 Hour help lines
FREE bilingual services for all victims of sexual abuse in Lower Fairfield County.

The Rowan Center
700 canal Street
Suite 22B
Stamford
CT 06902
203-348-9346 Office

www.therowancenter.org
info@therowancenter.org

Up to 12 sessions of one to one
crisis counseling
Support groups
Community education.

Stamford Hotline 1-888-774-2900 Domestic Violence Crisis Ctr www.dvccct.org
Emergency safe houses Stamford
Se habla Espanol Connecticut
Safety planning for clients 203-588-9100 Office
Self esteem workshops
Court and legal advocates
Individual counseling and support
groups in English and Spanish

Torrington FREE support groups for non Charlotte Hungerford Hospital
offending parents and care givers 1061 East Main Street
who's children have been sexually Torrington
abused CT 06790
Sexual assault/incest support 860-489-3391 Office
groups 860-496-6350
Every other Tuesday 6.30pm
www.charlottehungerford.org/services/behavioral-health-services

Torrington 24 Hour Crisis Line 860-482-7133 Susan B Antony Project www.sbaproject.org
1-888-774-2900 Domestic violence 179 Water Street info@sbaproject.org
1-888-999-5545 Sexual assault Torrington
Emergency shelter CT 06790
Advocacy and support 860-489-3798 Office
One on one support counseling
Support groups for incest
community education & outreach.

Waterbury 888-774-2900 Domestic violence Safe Haven of Greater www.safehavenqw.org
203-753-3613 Sexual assault Waterbury
Safe Haven provides crisis 29 Central Avenue
intervention to any victim of Waterbury
domestic violence or sexual CT 06702
assault. 203-575-0388 Office
Emergency shelter info@safehavenofqw.org
Legal advocacy
Information and referrals
Community education
Individual or group counseling
All services are FREE

Wauregan Hotlines 860-456-9476 Domestic Violence Program
Or 860-774-8648 United Services Inc
Our domestic violence program Wauregan
provides support, advocacy, referrals CT 06387

and counseling for victims of domestic violence and their children.

Emergency shelter & court advocacy
Support groups open to survivors in the community along with clients.
Thursdays 10 - 11.30am in the Killingly area call 860-774-8648.
Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.

860-564-6100 Office

860-779-5609 TDD

www.unitedservicesct.org/services/domestic-violence/

West Hartford

Adult incest survivors counseling

Center for Serenity
90 North Main Street
West Hartford
CT 06107
860-561 2343 Office

centerforserenity@juno.com

Willimantic

Hotlines 860-456-9476
Or 860-774-8648
Our domestic violence program provides support, advocacy, referrals and counseling for victims of domestic violence and their children.
Emergency shelter & court advocacy
Support groups open to survivors in the community along with clients.
Thursdays 10 - 11.30am in the Killingly area call 860-774-8648.
Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.

Domestic Violence Program
United Services Inc
Willimantic
CT 06226
860-774-2020 Main Office

www.unitedservicesct.org/services/domestic-violence/

Willimantic

Crisis Hotline 860-456-2789
24 Hour helpline
SACC offers services to victims of sexual assault, sexual abuse and incest
Counseling is available
All services are FREE of charge.

Sexual Assault Crisis Center
of Eastern Connecticut Inc
90 South Park Street
Willimantic
CT 06226
860-456-3595 Office

www.saccec.org