<table>
<thead>
<tr>
<th>AREA COVERED</th>
<th>SERVICES INCLUDED</th>
<th>GROUP OR ORGANIZATION</th>
<th>WEB ADDRESS / EMAIL ADDRESS</th>
</tr>
</thead>
</table>
| CALIFORNIA  | Hotline 1-800-4-A-CHILD  
Hotline 1-800-422-4453  
Crisis counselors available 24/7  
Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details. | Childhelp Prevention and Treatment of Child Abuse. | www.childhelp.org  
info@childhelp.org  
Email support form on the website |
|             | DV Hotline 1-800-799-7233  
Statewide Toll Free Hotline. | California Partnership to End Domestic Violence  
916-444-7163 Office | www.cpedv.org  
info@cpedv.org |
|             | Network of Care. The Network of Care is a website resource for individuals and agencies concerned with behavioral health. It provides information about behavioral health, services, laws and related news, as well as communication tools and other features. | Network of Care  
1101 Fifth Avenue  
Suite 250  
San Rafael CA 94901  
415-458-5900  
information@networkofcare.org | www.networkofcare.org |
| Agoura Hills | ASTA- Adult Survivors of Trauma Anonymous.  
Meetings will be held on Tuesdays 5pm to 6pm.  
This is a 12 Step based group for trauma survivors - Of all types of trauma. We started this group after the Las Vegas Tragedy and wanted to do something for people suffering from trauma. We are fellow travelers that are working the Steps to help find a spiritual solution to our various traumas including: abuse, violence, sexual abuse, rape, emotional trauma and the group is open to all family members affected by a loved ones trauma's. For further details call Matt on 323-875-3592 cell. | ASTA- Adult Survivors of Trauma Anonymous.  
28720 Roadside Drive  
Suite 200  
Agoura Hills CA 91301  
Matt@AwakeningsTreatment.com  
855-717-3268 Office | www.awakeningsTreatment.com/ |
Or email at address given.

**Albany**

**Phase 1 - Thrivers Women's Support Group for Trauma.**
We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings and somatic experiences. Sessions last 90 mins with an 8 week or 12 week commitment. For further details call Laine Demetria 415-705-0776 or email lainedemtria@gmail.com

<table>
<thead>
<tr>
<th>Laine Demetria</th>
<th><a href="http://www.mindbodymend.net/">www.mindbodymend.net/</a></th>
<th><a href="mailto:lainedemtria@gmail.com">lainedemtria@gmail.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>1398 Solano Ave</td>
<td>Albany</td>
<td>CA 94706</td>
</tr>
<tr>
<td>415-703-4766 Office</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Albany**

**Phase 2 - Thrivers Women's Support Group for Trauma.**
We empower ourselves to address negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Sessions last 90 minutes with an 8 or 12 week commitment. For further details call Laine Demetria on 415-705-0776 or email Laine at lainedemtria@gmail.com

**Altadena**

**My Name is Azita Milanian. I am President and founder of Children of One Planet, a non profit organization that helps orphaned children around the world.**
I also own an evening and dance wear company which I use as a tool to raise money for children via shows and benefits. The proceeds are dedicated to helping children enabling them to live whole, healed and healthy lives.

**Alturas**

530-233-3311 Victim witness

<table>
<thead>
<tr>
<th>Modoc County Distric Attorney</th>
<th><a href="http://www.co.modoc.ca.us">www.co.modoc.ca.us</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Victim Services</td>
<td><a href="mailto:victimservices@co.modoc.ca.us">victimservices@co.modoc.ca.us</a></td>
</tr>
<tr>
<td>204 S. Court Street</td>
<td>Alturas</td>
</tr>
<tr>
<td>CA 96101</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.co.modoc.ca.us/departments/victim_services.php">www.co.modoc.ca.us/departments/victim_services.php</a></td>
<td></td>
</tr>
</tbody>
</table>

**Alturas**

Hotlines 885-855-6745

<table>
<thead>
<tr>
<th>T.E.A.C.H. Modoc County Crisis Center</th>
<th><a href="http://www.teachinc.org">www.teachinc.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>112 East Second Street</td>
<td><a href="mailto:info@teachinc.org">info@teachinc.org</a></td>
</tr>
<tr>
<td>Alturas</td>
<td>CA 96101</td>
</tr>
<tr>
<td>530-233-3111 Office</td>
<td><a href="http://www.facebook.com/ModocCrisisCenter">www.facebook.com/ModocCrisisCenter</a></td>
</tr>
</tbody>
</table>

**Angels Camp**

Hotline 209-736-4011 or 209-754-4011

<table>
<thead>
<tr>
<th>The Resource Connection</th>
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<tbody>
<tr>
<td>Angels Camp</td>
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<tr>
<td>Location</td>
<td>Services</td>
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<tr>
<td>Antioch</td>
<td>Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project</td>
</tr>
<tr>
<td>Arcadia</td>
<td>SIA Saturday Morning Meeting Meets Saturdays 10.30am - Noon Contact person is Kit For further details click on the SIA website meetings directory.</td>
</tr>
<tr>
<td>Artesia</td>
<td>Hotline 562-402-4888 Our outreach center serves men, women, teens and children who are victims of domestic violence. We offer group and individual counseling, legal advocacy, court preparation and accompaniment.</td>
</tr>
<tr>
<td>Auburn</td>
<td>Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence 24 Hour emergency shelter 24 Hour Crisis response Peer and professional counseling Domestic violence support groups.</td>
</tr>
<tr>
<td>Auburn</td>
<td>Our program of services are provided FREE of charge and there is no legal citizenship requirement to receive our assistance. Counseling referrals Court escort, preparation and support.</td>
</tr>
<tr>
<td>Bakersfield</td>
<td>Hotline 661-372-1091 or 800-273-7713 toll free 24 hour crisis intervention Domestic abuse response team Sexual assault response team Domestic violence emergency shelter Individual counseling for adults and children Bilingual peer counseling groups</td>
</tr>
<tr>
<td>Bakersfield</td>
<td>24 Hr Crisis Line 800-273-7713</td>
</tr>
</tbody>
</table>

The Resource Connection Child Care Resource & Referral Services | Facebook
Provides one on one assistance to unrepresented parties in child and spousal support cases.  

County  
2101 Oak Street  
Bakersfield  
CA 93301  
661-868-8410 Office  
www.facebook.com/Kern-County-Family-Justice-Center-1392659894174810/

Barstow  
Our staff offer crime related court accompaniment, counseling referrals. We can also arrange temporary shelter and transportation to the shelter.  

Victim / Witness Services.  
235 East Mountain View  
Barstow  
CA 92311  
760-265-4802 Office  
909-382-3800 Office  
www.sbcountyda.org

Berkeley  
Male Survivors Support Group  
This is a 12 week group with the option to continue longer term  
Contact Bill Burmester for details  
Meetings Wednesdays 7 pm  
Cost $40 per session  

Bill Burmester  
bburm6@gmail.com  
www.billburmester.com/Home.html

Beverly Hills  
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach  
Meetings Saturday 3 - 4.30 pm  
Contact Michelle  

Survivors of Incest Anonymous  
BevHillsSIA@gmail.com  
310-281-9730

Big Bear Lake  
Hotline 1-800-851-7601  
We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.  
Emergency 17 bed shelter  
Programs for male victims  
Individual counseling  
court accompaniment  
Legal advocacy and support groups  
Plus outreach services.  

DOVES of Big Bear Valley  
info@doves4help.org  
www.facebook.com/DOVES4HELP/

Bishop  
Hotline 1-877-873-7384  
Emergency shelter  
Trained peer counselors  
Crisis counseling support  
One on one peer counseling support groups available  

Wild Iris  
www.wild-iris.org/  
wildiris@wild-iris.org

Bridgeport  
Hotline 1-877-873-7384  
Emergency shelter  
Trained peer counselors  
Crisis counseling support  
One on one peer counseling support groups available.  

Wild Iris  
www.wild-iris.org/  
wildiris@wild-iris.org

Burbank  
The Lamplighters Movement  
provide support for adult survivors  

The Lamplighters Movement  
www.thelamplighters.org
of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.

<table>
<thead>
<tr>
<th>Location</th>
<th>Organization</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Burlingame</td>
<td>Community Overcoming</td>
<td><a href="http://www.corasupport.org">www.corasupport.org</a></td>
</tr>
<tr>
<td></td>
<td>Relationship Abuse</td>
<td><a href="mailto:info@corasupport.org">info@corasupport.org</a></td>
</tr>
<tr>
<td></td>
<td>The Lamplighters Movement</td>
<td><a href="http://www.thelamplighters.org">www.thelamplighters.org</a></td>
</tr>
<tr>
<td></td>
<td>The Lamplighters Movement</td>
<td><a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></td>
</tr>
<tr>
<td>Burlingame</td>
<td>Rape Trauma Services</td>
<td><a href="http://www.rapetraumaservices.org">www.rapetraumaservices.org</a></td>
</tr>
<tr>
<td></td>
<td>24/7 free crisis hotline</td>
<td><a href="mailto:info@rapetraumaservices.org">info@rapetraumaservices.org</a></td>
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<td></td>
<td>Crisis and long term counseling</td>
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<td></td>
<td>Adolescents group for those sexually abuse as children</td>
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<td></td>
<td>Women's groups for survivors of sexual abuse in childhood</td>
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<tr>
<td></td>
<td>Mandarin and Spanish spoken</td>
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<tr>
<td>Cabazon</td>
<td>The Lamplighters Movement</td>
<td><a href="http://www.thelamplighters.org">www.thelamplighters.org</a></td>
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<td></td>
<td>Cabazon</td>
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<td></td>
<td>California</td>
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<td></td>
<td>Julie A Cast</td>
<td><a href="http://www.juliecast.net/">www.juliecast.net/</a></td>
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<tr>
<td>Camarillo</td>
<td>Adults Molested as Children</td>
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<tr>
<td></td>
<td>a 12 week group that addresses the experience and resulting issues of childhood molestation and in a gentle and supportive way help facilitate closure and healing. Each 12 week group is closed but new ones are forming</td>
<td></td>
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<tr>
<td>Camarillo</td>
<td>Interface Children and Family Services</td>
<td><a href="http://www.icfs.org">www.icfs.org</a></td>
</tr>
<tr>
<td></td>
<td>1305 Del Norte Road</td>
<td><a href="mailto:esternad@icfs.org">esternad@icfs.org</a></td>
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<tr>
<td></td>
<td>Safe Journey transitional shelter</td>
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<td></td>
<td>Weekly support groups for victims of domestic violence.</td>
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<tr>
<td></td>
<td>For more details call 1-800-636-6738.</td>
<td></td>
</tr>
<tr>
<td>Canoga Park</td>
<td>Haven Hills Inc</td>
<td><a href="http://www.havenhills.org">www.havenhills.org</a></td>
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<tr>
<td></td>
<td>Providing safety and support to victims of domestic violence while working to break the cycle of abuse. Counseling groups Individual and group support Drop in clinic Mon - Fri at 10 am Our groups meet both day &amp; night Spanish and English groups Special Survivors group is on going.</td>
<td><a href="mailto:safe@havenhills.org">safe@havenhills.org</a></td>
</tr>
<tr>
<td>Location</td>
<td>Service</td>
<td>Contact Person</td>
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<tr>
<td>Carlsbad</td>
<td>Trauma Support Group</td>
<td>Dr Robert W McAlister</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Carlsbad CA 92008</td>
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<tr>
<td>Chico</td>
<td>Hotline 1-800-895-8476</td>
<td>Catalyst Domestic Violence</td>
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<tr>
<td></td>
<td>We are a non profit organization committed to serving the needs of all victims of domestic violence.</td>
<td>PO Box 4184</td>
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<td>Chico CA 95927</td>
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<tr>
<td>Chico</td>
<td>Hotline 530-324-RAPE (7273)</td>
<td>Rape Crisis Intervention and Prevention</td>
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<tr>
<td></td>
<td>Child assault prevention Program</td>
<td>PO Box 423</td>
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<tr>
<td></td>
<td>Workshops surrounding sexual assault and incest</td>
<td>Chico CA 95927</td>
</tr>
<tr>
<td></td>
<td>Child safety outreach program</td>
<td>Serving Butte, Glenn and Tehama Counties.</td>
</tr>
<tr>
<td>Chula Vista</td>
<td>Sexual Abuse Survivors Group for Teens</td>
<td>Lori Linn Pele</td>
</tr>
<tr>
<td></td>
<td>A brand new group for teenagers who have been sexually abused</td>
<td>Chula Vista</td>
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<tr>
<td></td>
<td>Meet on Thursday</td>
<td>CA 91914</td>
</tr>
<tr>
<td></td>
<td>Cost $30 - $40</td>
<td>619-379-8482 Office</td>
</tr>
<tr>
<td>Chula Vista</td>
<td>Healing from Within-Adult Survivor Group</td>
<td>Lori Linn Pele</td>
</tr>
<tr>
<td></td>
<td>For adults who were sexually abused as children. Group will run for 10 weeks</td>
<td>Chula Vista</td>
</tr>
<tr>
<td></td>
<td>Cost $30 - $40</td>
<td>CA 91914</td>
</tr>
<tr>
<td>Chula Vista</td>
<td>Hotline 1-800-640-2933</td>
<td>South Bay Community Services</td>
</tr>
<tr>
<td></td>
<td>We provide shelter, housing and support for victims of family violence</td>
<td>Chula Vista</td>
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<tr>
<td></td>
<td>Domestic Violence Response Team Counseling for victims and children exposed to violence.</td>
<td>CA 91911</td>
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<tr>
<td></td>
<td></td>
<td>619-420-3620 Office</td>
</tr>
<tr>
<td>Claremont</td>
<td>Hotline 1-877-988-5559</td>
<td>House of Ruth</td>
</tr>
<tr>
<td></td>
<td>We advocate for and assist women and children victimized by domestic violence in transforming their lives by providing culturally competent shelter, programs, education and opportunities. Community services</td>
<td>PO Box 459</td>
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<td></td>
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<td>Claremont CA 91711</td>
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</tbody>
</table>
include, legal advocacy and career counseling and individual and group counseling for victims of domestic violence.

<table>
<thead>
<tr>
<th>City</th>
<th>Hotline</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Coalinga</strong></td>
<td>Hotline 559-222-7273</td>
<td>Resource Center for Survivors of Sexual Assault</td>
</tr>
<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>Coalinga</td>
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<tr>
<td></td>
<td>Crisis intervention</td>
<td>143 N 5th Street</td>
</tr>
<tr>
<td></td>
<td>Counseling for survivors of sexual assault &amp; family violence</td>
<td>CA 93210</td>
</tr>
<tr>
<td></td>
<td>Advocacy and legal help</td>
<td>559-934-0915 Office</td>
</tr>
<tr>
<td></td>
<td>All services are free and confidential. For more info call office 559-934-0915</td>
<td></td>
</tr>
<tr>
<td><strong>Compton</strong></td>
<td>We honor survivors who have broken their silence and support victims who have yet to find their voice.</td>
<td>YWCA of Greater LA Sexual Assault Crisis Program</td>
</tr>
<tr>
<td></td>
<td>Crisis intervention</td>
<td>Compton</td>
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<td></td>
<td>Accompaniment to hospital, law enforcement agencies and at court.</td>
<td>213-365-2991 Office</td>
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<td></td>
<td>Individual and group counseling</td>
<td><a href="http://www.facebook.com/ywcagla/">www.facebook.com/ywcagla/</a></td>
</tr>
<tr>
<td></td>
<td>Healing Art Services</td>
<td></td>
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<tr>
<td></td>
<td>Services are offered FREE of charge</td>
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<tr>
<td><strong>Concord</strong></td>
<td>Hotline 1-888-215-5555</td>
<td>STAND! Against Violence</td>
</tr>
<tr>
<td></td>
<td>We provide 24 hour help and peer support by telephone seven days a week.</td>
<td><a href="http://www.standffov.org/">www.standffov.org/</a></td>
</tr>
<tr>
<td></td>
<td>County wide support groups</td>
<td><a href="mailto:info@standffov.org">info@standffov.org</a></td>
</tr>
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<td></td>
<td>visit our web site for more details</td>
<td></td>
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<tr>
<td></td>
<td>Services are offered FREE of charge</td>
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<tr>
<td><strong>Copperopolis</strong></td>
<td>Hotline 209-736-4011</td>
<td>The Resource Connection</td>
</tr>
<tr>
<td></td>
<td>or 209-754-4011</td>
<td>Copperopolis</td>
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<tr>
<td></td>
<td>Services for survivors/victims of domestic violence, sexual assault</td>
<td>CA 95228</td>
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<tr>
<td></td>
<td>Temporary emergency shelter</td>
<td>209-754-2000 S. Andreas Office</td>
</tr>
<tr>
<td></td>
<td>Temp restraining order assistance</td>
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<td></td>
<td>Peer counseling</td>
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<td></td>
<td>Limited free counseling</td>
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<tr>
<td><strong>Corona</strong></td>
<td>Male Survivors of Sexual Abuse</td>
<td>Alan Wager LMFT</td>
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<tr>
<td></td>
<td>Open group will offer support to men sexually abused as children</td>
<td>Corona</td>
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<tr>
<td></td>
<td>Cost up to $40</td>
<td>CA 92882</td>
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<tr>
<td></td>
<td></td>
<td><a href="mailto:info@alanwagertherapy.com">info@alanwagertherapy.com</a></td>
</tr>
<tr>
<td><strong>Crescent City</strong></td>
<td>Del Norte Hotline 707-465-2851</td>
<td>North Coast Rape Crisis Team</td>
</tr>
<tr>
<td></td>
<td>Humboldt Hotline 707-445-2881</td>
<td><a href="http://www.ncrct.org/">www.ncrct.org/</a></td>
</tr>
<tr>
<td><strong>Crescent City</strong></td>
<td>Harrington House shelter</td>
<td>Rural Human Services</td>
</tr>
<tr>
<td></td>
<td>Legal advocacy</td>
<td>286 M Street</td>
</tr>
<tr>
<td></td>
<td>Advocacy through legal, medical and social service system</td>
<td>Crescent City</td>
</tr>
<tr>
<td></td>
<td>Individual and group counseling</td>
<td>CA 95531</td>
</tr>
<tr>
<td></td>
<td>Support groups through the week</td>
<td>707-464-7441 Office</td>
</tr>
</tbody>
</table>
Crestline  Hotline 1-800-851-7601
DOVES of Big Bear Valley
Crestline
CA 02325
909-337-5300 Office
DOVES - Domestic Violence Education and Services | Facebook

We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.

Emergency 17 bed shelter
Programs for male victims
Individual counseling
court accompaniment
Legal advocacy and support groups
Plus outreach services.

Culver City  Adult Children of Alcoholics / SoCal ACA
Dysfunctional Families (ACA).
Intergroup meets First Sunday of each month at 8pm. Please see website for further details.
6666 Green Valley Circle
Culver City
CA 90230
LosAngelesACAIntergroup@gmail.com
www.SoCalACA.org

Culver City  SIA Writing Step Study Meeting
Meets Thursdays 7.30pm - 9pm
Contact person Sarah S.
For further details please click on the SIA meetings directory
www.siasocal.org/meetings.html
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Culver City  Male Survivor Support Group
A peer to peer support group for men 18+ who have been sexually abused. The meeting follows a structured format, not a 12 step. Being part of a group of men who are in recovery reinforces that we are not alone.
Meets 1st & 3rd Sundays 4-6pm
Cost Optional donation.

Davis  SIA Group Meeting, Women Only
(no scents or perfumes ect)
Meets Sundays 3pm to 4.30pm
Contact person is Andrea
For further details please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Davis  Childhood Sexual Abuse Psychotherapy Group
This women's supportive group is also open to survivors with a diagnosis of Dissociative Identity Disorder. There is an 8 week commitment and size is limited to 6 women.
Cost $40

Downey  Hotline 323-780-4357
Angel Step Inn Domestic Violence Emergency Shelter
11500 Paramount Blvd
Downey
El Cajon
Hotline 1-888-385-4657
Crisis information and referrals
Emergency shelter
Legal help and advice
Mobile medical unit visits Mondays from 9am - noon.

El Centro
Hotline 760-352-7777 crisis line or 760-352-7273 SA line
24 Hour advocate support
Intervention and advocacy
Prevention & education workshop

El Centro
Hotline 760-353-8530
Our mission is to promote and provide a comprehensive response to domestic violence, stalking and human trafficking through outreach and education within the community. Emergency shelter for women and children, men have separate house. Legal services and assistance.

El Monte
Emergency and transition shelters serving those fleeing from family violence in the communities of El Monte, Baldwin Park and South El Monte.

Encinitas
Hotline 877-633-1112
"Carol's House" domestic violence emergency shelter for those fleeing any form of family violence.
Individual and group counseling FREE to residents of the shelter and open to the community on a sliding fee scale.

Encinitas
SIA Group Meeting
Thriving One Day At A Time
Meets Saturdays 1pm to 2.30pm
Contact person is Dulce
For further details please click on the SIA website meetings directory.

Escondido
Hotline 1-888-385-4657
Emergency shelter available
Domestic violence advocacy
Sexual assault advocacy
FREE legal services
We specialize in psychotherapy to
address sexual assault and sexual abuse issues, fees are on sliding scale. Day and evening sessions of group or individual therapy at Pacific Beach, Escondido and La Mesa. Call 1-888-385-4657 for more details or to make an appointment.

Eureka

We are a lead agency for the Family Violence Project which offers a comprehensive program serving families involved in domestic violence.
Weekly support and therapy groups
Mens education groups
There is a low cost for groups, along with a $65 assessment fee.

Humboldt Family Violence Project
1802 California Street
Eureka
CA 95501
707-443-6042 Office

www.facebook.com/HumboldtDVS/

Eureka

TollFree Crisis Line 866-668-6543
We have been serving the North coast for over 30 years. Our mission is to create an environment that supports individuals safety and breaks the cycle of violence.
We provide a crisis support line open 24 hours where you will be put in touch with a trained crisis worker. We will listen, we will not judge, we will provide you with information and we can meet you at a doctor’s office, a clinic or a hospital. We provide emergency shelter for clients and their children.

Humboldt Domestic Violence Services
dvservices@hdvs.org
PO Box 969
Eureka
CA
TollFree  866-668-6543
707-443-6042 Office

www.facebook.com/HumboldtDVS/

Eureka

Hotline 707-445-2881 Humboldt Hotline 707-465-2851 Del Norte Immediate support services to child/adult survivors of all genders of sexual assault.
Individual counseling Support groups for adult survivors of sexual assault.

North Coast Rape Crisis Team
www.norct.org/
Eureka
CA 95502
707-443-2737 Office

Fairfield

Hotline 1-866-487-7233
Emergency shelter
Domestic violence programs
Sexual assault programs
Group counseling
Support groups

Safquest Solano
www.safquest.us/
Fairfield
707-422-7345 Office

www.facebook.com/SafeQuestSolano/

Fairfield-Suisun

Fairfield Support Group for Survivors of Sexual Assault
Walk-ins welcome
Not a 12 step
Meets every Tuesday 10 - 11.30 am
For more details contact Dolly on 707- 422-7345

Sexual Assault Survivors Support Group
Fairfield-Suisun
California
707-422-7345

Firebaugh

Hotline 559-222-7273
24 Hour crisis hotline

Resource Center for Survivors of Sexual Assault
www.rcsfresno.org/
Crisis intervention
Counseling for survivors of sexual assault & family violence
Advocacy and legal help
All services are free and confidential. For more info call office 559-659-0232

Crisis intervention
838 "O" Street
Firebaugh
CA 93622

Fort Bragg
Inland Line 707-463-4357
Coastal Line 707-964-4357
Help and planning for leaving an abusive relationship.

Project Sanctuary
461 N Franklin
Fort Bragg
CA 95437
707-961-1507 Office

www.projectsanctuary.org
info@projectsanctuary.org

Fremont
Hotline 510-794-6055
SAVE helps anyone who is, or has been in an abusive intimate partner relationship recently or in the past.
Emergency and longer term shelter
Court accompaniment
Individual counseling
Drop-in support groups, SAVE offer free and confidential groups
Tuesdays & Thursday 7 - 9 pm
Fridays at 9.15 - 11 am. For more details call 510-574-2250.

Shelter Against Violent Environments (S.A.V.E.)
1900 Mowry Avenue
Fremont
CA 94538
510-574-2250 Office

www.save-dv.org
info@save-dv.org

French Camp
Our air is to show the women and children of our shelter that forgiveness and the love of Jesus Christ will foster good decision making and healthy living.
Domestic and sexual abuse support referrals.

Haven of Peace Shelter for Women and Children
French Camp
CA 95231
209-982-0396 Office
www.facebook.com/havenofpeace/

Fresno
Hotline 1-800-355-8989
Services for victims of sexual assault and domestic violence
Shelter for battered women
Advocacy and support
Historic sexual assault services
All services are free of charge
Community Action Partnership of Madera County  CAPMC
4610 W. Jacqueline Avenue
Suite 101
Fresno
CA 93722
559-276-5831 Office
www.maderacap.org

www.facebook.com/maderacap/

Fresno
Hotline 559-233-4357
Marjaree Mason Center, Inc
1600 M Street
Fresno
CA  93721
559-233-4357 Office / Hotline

www.mmcenter.org
mmc@mmcenter.org

Marjaree Mason has worked since 1979 to provide safe and supportive environments for individuals who are exposed to family violence.
Emergency shelter
Legal advice and assistance
Court accompaniment & advocacy
12 Week therapy groups
Women's DV support groups:
Wednesdays 10-11.30am Spanish
Thursdays 6 - 7.30pm in English these support groups are open to the community. For more details call 559-237-4704.
**Fresno**
- Hotline 559-222-7273
- 24 Hour crisis hotline
- Resource Center for Survivors of Sexual Assault
- 259 N Blackstone Avenue
- Fresno
- MJewell@rcsfresno.org
- 559-497-2900 Office
- Advocacy and legal help
- All services are free and confidential. For more info call office 559-497-2900.

**Fresno**
- SIA Group Meeting
- Reawakening SIA Meeting
- Meets 1st and 3rd Wednesday
- Meeting time 7pm to 8.15pm
- Contact person is Alicia
- For further details please click on the SIA website meetings directory
  - www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

**Gardena**
- Hotline 1-800-339-3940
- 24 hour multi lingual hotline
- Center for the Pacific Asian Family
- Emergency shelter
- Gardena
- Childrens programs
- CA 90249
- Youth education & outreach
- Domestic and sexual violence education programs
- All services are free of charge.

**Gilroy**
- Hotline 1-877-363-7238
- Community Solutions
- For sexual assault and domestic violence victims
- 9015 Murray Avenue
- Gilroy
- CA 95020
- Youth & Family Line 408-683-4118
- Programs for children & adults.
- 408-842-7138 Office

**Glendale**
- Grief Recovery Workshops
  - “There are 3 needs of the griever:
    - To find the words for the loss, to say the words aloud and to know that their words have been heard.”
  - Victoria Alexander
- There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken
- Meets Thursdays 7.30 - 9.30
- Contact Rubi Zuniga 323-513-5060
- Certified Grief Recovery Specialist
- www.freedomfromgrief.com
- rzunigahz@gmail.com

**Glendale**
- SIA Group Meeting
- SIA Group Meeting
- Intimacy and Sexuality Recovery
- Meets Saturdays 10.30am to Noon
- Contact person is Colleen
- For further details please click on
  - www.siawso.org/
  - colleen@siasocal.org

**Glendale**
- SIA Group Meeting
- Survivors of Inces Anonymous
- www.siawso.org/
Glendale

Hotline 1-888-999-7511
We offer counseling, community referrals, support groups and an emergency shelter through our Domestic Violence Program.

YWCA - Domestic Violence
735 East Lexington Drive
Glendale
CA 91206
818-242-4155 Office
www.glendaleywca.org/programs/domestic-violence-program/

Grass Valley

Hotline 530-272-3467
24/7 365 Day crisis line
Shelter and safe housing
Sexual assault response team
Legal and advocacy services
Bilingual womans support group
Women's domestic violence group wed 1-2pm
Free adults molested as children group for men and women wed 6 - 7.30pm
Walk in support group for women Tue 11-12.30, Thur 5.30- 7pm
Contact office for more info

Domestic Violence & Sexual Assault Coalition DVSAC
PO Box 484
Grass Valley
CA 95945
530-273-3780 Office

Hanford

Hotline 1-877-727-3225
Trained peer counselors are available 24/7 to provide support and guidance for men, women, children and teenagers.
Emergency shelter
Court room accompaniment
Legal advocacy program
Rape / sexual assault counseling by a professional licensed therapist
Sexual Assault Forensic Examiners

Kings Community Action Org.
1130 N. 11th Avenue
Hanford
CA 93230
559-582-4386 Office

www.facebook.com/Kings-Community-Action-Organization-346984201996469/

Hemet

Hotline 866-373-8300 toll Free
We are a non profit community based agency striving to provide intervention and counseling services for survivors of sexual assault
Emergency shelter
Individual counseling
Support groups

Center Against Sexual Assault
Hemet
CA 92546
951-652-8300 Office
California CASA Association | Facebook

Hermosa Beach

Psychotherapy provides you an opportunity to share your thoughts and feelings with someone you trust in order to make progress and find change in your life. A large part of psychotherapy is simply the relationship you build with your therapist and how safe you feel to truly discuss important aspects of your life. The relationship should be collaborative, supportive, yet also challenging and helpful for you in

Beach Cities Psychological Services
934 Hermosa Avenue
Suite 11
Hermosa Beach
CA 90254
310-989-6465 Office

www.beachcitiespsych.com
info@beachcitiespsych.com
order to create change and move forward with goals you have set for yourself. Please take a moment to look around the website and read more about our professional backgrounds and the group practice so that you may see whether one of our therapists might be the right fit for you. Feel free to call or email with any questions you might have or to set up a consultation appointment by phone or in person.

Hollister
Hotline 1-877-363-7238
For sexual assault and domestic violence victims
Programs for children & adults
Community Solutions
310 Fourth Street
# 105
Hollister
CA 95023
831-637-1094 Office
www.communitysolutions.org
cs@communitysolutions.org

Huntington Beach
Men Molested as Children
This therapy group is an adjunct to individual therapy for issues stemming from childhood sexual abuse. Members have not abused a child themselves. Both straight and gay men are welcome
Every Tuesday 5.30 - 7 pm
Cost $50 - $70
Dr Lee Blackwell
Huntington Beach
CA 92647
714-848-7280 Office
www.drblackwell.net
lee@drblackwell.net

Irvine
Hotline 1-877-854-3594
We listen to our clients and find out exactly what they need to become free from domestic violence.
Emergency shelter, men have a separate shelter. Counseling and support groups for women after they have graduated from our emergency shelter. Walk-in service available but we recommend calling before attending counseling or the legal clinic.
Human Options Inc
PO Box 53745
Irvine
CA 92201
949-737-5242 Office
www.humanoptions.org
info@humanoptions.org

Jackson
Hotline 209-223-2600
or 800-675-3392
Help finding emergency shelter
Individual / group counseling for survivors of sexual assault or domestic violence
Operation Care
619 New York Ranch Road
Jackson
CA 95642
209-223-2897 Office
www.operationcare.org
info@operationcare.org

Joshua Tree
Hotline 760-366-9663
Our mission is to provide a safe haven for victims of domestic violence, to educate and assist them through counseling, legal advocacy and building self-esteem. Emergency shelter
Legal advocacy and court support
Our shelter runs 10 DV support groups throughout the week.
Morongo Basin Unity Home Inc
61740 Palms Highway
Joshua Tree
CA 92252
760-366-9663 Office / Hotline
www.facebook.com/1662MBUH/
Outreach support groups and counseling in the community. See our website for more details or Call us on 760-366-9663.

**Kelseyville**
- Hotline 1-888-485-7733
- 24 Hour community crisis line
- Domestic violence shelter house
- Counseling and therapy
- Services for sexual assault survivors recent and past.
- Workshops and support groups
- tba call office for more info.

**Lake Family Resource Center**
- 5350 Main Street
- Kelseyville
- CA 95451
- 707-279-0563 Office

**Kings Beach**
- Hotline 1-800-736-1060
- For survivors of sexual assault or domestic violence
- Trained advocates can help obtain a temporary protective order
- Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info
- Childrens program

**Sierra Community House**
- PO Box 1232
- 8321 Steelhead Avenue
- Kings Beach
- CA 96143
- 530-546-0952 Office.

**La Crescenta**
- SIA Group Meeting
  - Emotions (Anger) Release
  - Meets First Sunday of Month Only
  - Meeting time 3pm to 4.30pm
  - Contact person is Mona
  - For further details please click on the SIA website meetings directory
  - [www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/](http://www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/)

**Ladera Ranch**
- Hotline 866-498-1511
- Through the comprehensive domestic violence programs and services we offer, victims receive the time and tools necessary to live healthy, independent and violence free lives.
- Emergency shelter
- Court accompaniment
- Legal advocacy services
- 10 week personal empwerment
- Individual and group therapy
- Various groups now running please .Please see website for details.

**Laura’s House**
- Ladera Ranch
- CA 92694
- 949-361-3775 Office

**La Habra**
- Sexual Abuse Survivors Group
  - This is a group for women survivors of sexual abuse meeting on Monday nights from 6.30 - 7.30 in La Habra.
  - We use the curriculum : Healing The Wounded Heart, by Dan Allender.
  - Please not - Curriculum is Christian based. Cost $100 per month.
  - I am also willing to start a group for MEN that would meet on Thursdays 6.30-7.30pm.

**Sharie Stines PsyD, Catc-V LPCI**
- Counselingfordays@gmail.com

**Laura’s House**
- info@laurashouse.org
Lakeport
Hotline 1-888-485-7733
24 Hour community crisis line
Domestic violence shelter house
Counseling and therapy
Services for sexual assault survivors recent and past.
Workshops and support groups
Lake Family Resource Center
896 Lakeport Boulevard
Lakeport
CA 95453
707-279-0563 Main Office
tba call office for more info.

La Mesa
Counseling on an individual or group basis for men women and children.
Center for Community Solutions
7339 El Cajon Boulevard
Stite J
La Mesa
CA 91941
619-697-7477 Office

Lancaster
Hotline 661-945-6736
We are a community based organization dedicated to ending domestic violence. We create and maintain a safe environment where all can renew their lives.
Antelope Valley Domestic Violence Council
PO Box 2980
Lancaster
CA 93539
661-945-5509 Office

La Quinta
Partners supporting Molested Partners
This group is designed for partners who are supporting partners who have experienced sexual molestation. The group is open to men and women.
Dr Sally Diane
La Quinta
CA 92253
760-777-1577 Office

Livermore
Hotline 925-449-5842 or 800-884-8119
24 / 7 Crisis line
Legal restraining order service
Individual counseling for sexual assault or domestic violence
Domestic violence support groups
Sexual assault support groups
Tri-Valley Haven
3663 Pacific Avenue
Livermore
CA 94550
925-449-5845 Office

Lodi
209-465-4878 Domestic violence
209-465-4997 Sexual assault
209-948-1911 youth and HT
24 hour helplines
Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in English and in Spanish
Adult survivors of sexual assault group for women
Adults molested as children support group meets once a week
Women’s Center
29 S. Washington Street
Lodi
CA 95240
209-368-3406 Office.
for a 13 week contact Robin Petersen on 209-941-2611.

**Lompoc**

**Hotline 805-736-0965**
Domestic violence hotline and information

**Lompoc Shelter Hotline**
PO Box 1366
Lompoc
CA 93438
805-963-4458 Office
www.facebook.com/DomesticViolenceSolutions/

**Lompoc**

**Hotline 805-736-7273**
Services for adult and child survivors of sexual assault and child abuse.
24 Hour Crisis line
Crisis intervention and advocacy counseling for victims of sexual assault or violence.

**North County Rape Crisis and Child Protection Center**
Lompoc Office
CA 93438
805-736-8535 Office
www.sbcountyrapecrisis.org

**Lompoc**

**Hotline 805-736-0965**
Domestic violence hotline and information

**Lompoc Shelter Hotline**
PO Box 1366
Lompoc
CA 93438
805-963-4458 Office
www.facebook.com/DomesticViolenceSolutions/

**Lompoc**

**Hotline 805-736-7273**
Services for adult and child survivors of sexual assault and child abuse.
24 Hour Crisis line
Crisis intervention and advocacy counseling for victims of sexual assault or violence.

**North County Rape Crisis and Child Protection Center**
Lompoc Office
CA 93438
805-736-8535 Office
www.sbcountyrapecrisis.org

**Lone Pine**

**Hotline 1-877-873-7384**
Emergency shelter
Trained peer counselors
Crisis counseling support
One on one peer counseling support groups available.

**Wild Iris**
120 S Main Street
Unit 12
Lone Pine
CA 93545
760-873-6601 Office
www.wild-iris.org
wildiris@wild-iris.org

**Long Beach**

**ASCA Meeting / Support Group**
Adult Survivors of Child Abuse
Meetings on Saturdays From 9am until 10.30am
Meeting is FREE but donations are welcome. The contact person is Matt Alquiza if texting please mention ASCA in the text. 562-225-5780
Or you may wish to email for more information. Secondary contact Person is V 714-330-6280 if texting please mention ASCA in text.

**ASCA Meeting**
St Luke's Lutheran Church
5633 East Wardlow Road
Long Beach
CA 90808
Call or Text 562-225-5780
The meeting takes place in the Pre School Room
ASCA4LB@gmail.com

**Long Beach**

**Male Survivors of Sexual Assault**
Healing the hurt from sexual assault requires bravery and Strength. This group seeks to create that confidential, trusting safe place where men who have experienced sexual assault can find support.
Meets on Sundays
Cost $20 - $30

**Dr Jonathan Brady**
Long Beach
CA 90802
323-456-3010 Office
www.bradyesque.com
drbrady@bradyesque.com

**Long Beach**

**Grief Recovery Workshops**
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of

**Grief Recovery Workshops**
Sherri Lugo
All Saints Episcopal Church
346 Termino Avenue
Long Beach
CA
562-400-2573
www.freedomfromgrief.com
www.griefunchained.com
trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program. Participant must join by the third class. Meets Thursdays 7.30 - 9.30 pm Call Sherri Lugo 562-400-2573 Certified Grief Recovery Specialist

Long Beach
SIA Group 12 Step Meeting
Meets Saturdays 9am to 10.30am
Contact person is Althea
For further detail please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Long Beach
Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to individuals and families affected by domestic violence since 1979. Emergency shelter Legal assistance and advice Human trafficking awareness Individual or group counseling
www.intervalhouse.org admin@intervalhouse.org

Long Beach
Hotlines 562-597-2002
1-800-656-4673
Crisis support and advocacy
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Long Beach
Survivors of Incest Anonymous 12 Step Support Group.
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Formerly Orange Co SIA Meeting
Meets Mondays 7pm - 8.30pm
Contact person is Maryjean
For further details please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Long Beach
Hotline 562-437-4663
Since 1977 we have helped thousands of families overcome the trauma caused by domestic abuse. Emergency shelter where you will receive legal advocacy, individual and group support and all the tools necessary towards building a life free from violence.

Los Angeles
Childhood Sexual Trauma Men's Support Group
Raphael Bonchek
Soul Development Center
www.womensshelterlb.org info@womensshelterlb.org

Survivors of Incest Anonymous
www.siawso.org
This is a safe confidential group for men who are still suffering due childhood sexual trauma. You will be guided through experiential processes which are effective in relieving trauma. Group meets every other Tuesday the session cost is $50. Please call Raphael for further details.

Los Angeles | Adult Children of Alchoholics / Dysfuntional Families. Group meetings throughout the week. Please see website  
SoCal ACA Southern California  
www.SoCalACA.org

Los Angeles | Hotline 310-570-5902 Emergency room response Domestic violence shelter Individual and group counseling In-house legal service  
1736 Family Crisis Center  
2116 Arlington Avenue Suite 200 Los Angeles CA 90018  
327-737-3900 Office  
www.1736familycrisiscenter.org

Los Angeles | Adult Women Molested as Children Group therapy for sexual abuse survivors. Allowing the survivor to work on issues of trust, guilt, shame and isolation. Group of 5 women meeting on Wed evening for 16 weeks Cost $100  
Dr Veronica Abney Los Angeles CA 90048  
424-625-2956 Office  
www.psychologytoday.com/us/therapists/veronica-abney-los-angeles-ca/73577

Los Angeles | Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth education & outreach Domestic and sexual violence education programs  
Center for the Pacific Asian Family  
543 N. Fairfax Avenue Room 108 Los Angeles  
1-800-339-3940 Office / Hotline  
www.nurturingchange.org

Los Angeles East | Rape & DV Hotline 800-585-6231 24 Hour 7 day Hotline Bilingual services for those affected by sexual or domestic violence Crisis intervention service Individual, family or group therapy Support services for friends/family  
East Los Angeles Women’s Ctn  
1255 South Atlantic Boulevard Los Angeles CA 90022  
323-526-5819 Office  
www.freedomfromgrief.com

Los Angeles | Grief Recovery Workshops  
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."  
Victoria Alexander  
There are more than 40 events that can cause the range of human emotions called grief, including  
Grief Recovery Workshops  
Rubi Zuniga Los Angeles CA  
323-513-5060  
rzunigahz@gmail.com
childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken For meeting details and times Contact Rubi Zuniga 323-513-5060 Certified Grief Recovery Specialist

Los Angeles
Several Trauma & Sexual Abuse Assault Groups
these groups are for women who have survived childhood abuse, adult abuse including physical abuse neglect and emotional abuse
Every Mon, Wed, Sat and Sun at 12-2 pm
Cost $40 - $50

Los Angeles
Hotline 1-800-479-7328
Our overall goal is to change the pattern of abuse in the lives of women and children. Our programs and services include: Emergency shelter, counseling and help with the legal system.

Los Angeles
PTSD, Sexual Abuse Survivors Group
Ptd, trauma, sexual abuse survivors long term process support group for women only
Every Wed & Fri 6 - 7.30 pm
Cost $50

Los Angeles
310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual assault domestic violence and child abuse.

Los Angeles
213-626-3393 for Central LA
310-392-8381 for South LA
626-793-3385 for W. San Gabriel
877-633-0044 for Stalking helpline
We are a rape crisis center in South Central Los Angeles with a special emphasis on sexual assault crisis counseling and domestic violence services for men and women.
On going crisis counseling
Accompaniment to hospital & court
### Prevention and education program

Support groups available. Please see our website for further details.

### Los Angeles

<table>
<thead>
<tr>
<th>Prevention and education program</th>
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<tbody>
<tr>
<td><strong>Hotline 323-860-5806</strong></td>
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<tr>
<td>Our services are provided by LGBT</td>
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<tr>
<td>domestic violence specialists,</td>
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<td>including certified domestic</td>
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<td>violence counselors and mental</td>
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<tr>
<td>health professionals who are</td>
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<tr>
<td>trained in LGBT-domestic violence issues.</td>
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<tr>
<td><strong>Referrals to LGBT sensitive shelters</strong></td>
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<tr>
<td><strong>Advocacy with law enforcement and criminal justice systems</strong></td>
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<tr>
<td>Survivors support groups</td>
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</tbody>
</table>

**STOP Domestic Violence - Gay and Lesbian Center**

1625 N. Schrader Boulevard

Los Angeles

CA 90028

323-993-7400 Office

[domesticviolence@lalgbtcenter.org](mailto:domesticviolence@lalgbtcenter.org)

### Los Angeles

<table>
<thead>
<tr>
<th>SIA Group Meeting</th>
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<tbody>
<tr>
<td><strong>Meeting Details</strong></td>
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<tr>
<td><strong>12 Step Writing Study</strong></td>
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<tr>
<td><strong>Meets Tuesdays 7pm to 8.30pm</strong></td>
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<td><strong>Contact person is Mark</strong></td>
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<tr>
<td><strong>For further details please click on the SIA website meetings directory</strong></td>
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<td><a href="http://www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/">www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/</a></td>
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### Los Angeles

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<tr>
<th>SA Center Hotline 323-409-3800</th>
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<tr>
<td>the VIP Sexual Assault Center is</td>
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<td>internationally recognized as the</td>
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<td>standard of care for victims of</td>
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<td>sexual assault.</td>
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<td><strong>Groups therapy covers topics such as:</strong></td>
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<td>Child sexual abuse recovery</td>
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<td>Child physical abuse recovery</td>
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<td>and child emotional abuse recovery.</td>
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<td><strong>Please call for more details</strong></td>
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### Los Angeles

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<th>Men Molested as Children</th>
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<tbody>
<tr>
<td><strong>The aim of this group is to be supportive</strong></td>
</tr>
<tr>
<td><strong>Group meets for 10 week increments Wed 7 -8.30 pm</strong></td>
</tr>
<tr>
<td><strong>One free screening evaluation</strong></td>
</tr>
<tr>
<td><strong>Cost $50 - $70</strong></td>
</tr>
</tbody>
</table>

**Dr Lisa Victoria Youngman**

Los Angeles

CA 90025

310-393-3350 Office

[www.lisayoungman.com/](http://www.lisayoungman.com/)

### Los Angeles

<table>
<thead>
<tr>
<th>Free after school programs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Youth club violence prevention</strong></td>
</tr>
<tr>
<td><strong>Techgyls program</strong></td>
</tr>
<tr>
<td><strong>Individual / group counseling</strong></td>
</tr>
<tr>
<td><strong>Clothesline project</strong></td>
</tr>
</tbody>
</table>

**YWCA Greater Los Angeles**

1020 S Olive Street

7th Floor

Los Angeles

CA 90015

213-365-2991 Office

[www.facebook.com/ywcaagla/](http://www.facebook.com/ywcaagla/)

### Los Angeles

<table>
<thead>
<tr>
<th>Mens Interpersonal Process Group</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Meets Wednesdays 7pm to 8.30pm</strong></td>
</tr>
<tr>
<td><strong>Mixed interpersonal process group meets Mondays 6pm to 7:30pm</strong></td>
</tr>
<tr>
<td><strong>please see Andrew's website for further details.</strong></td>
</tr>
</tbody>
</table>

**Andrew Susskind LCSW, CGP**

Los Angeles

California

Tel. 310-281-8681 Office

[www.westsidetherapist.com/index.html](http://www.westsidetherapist.com/index.html)

### Lucerne Valley

<table>
<thead>
<tr>
<th>Lucerne Valley Domestic</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hotline 760-248-2064</strong></td>
</tr>
<tr>
<td><strong>We provide an emergency shelter, counseling, assistance with legal</strong></td>
</tr>
</tbody>
</table>

**Lucerne Valley Domestic Violence Outreach, Inc**

PO Box 2003
<table>
<thead>
<tr>
<th>Location</th>
<th>Hotline</th>
<th>Services Provided</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lucerne Valley</td>
<td>1-800-355-8989</td>
<td>Support in the court and a community outreach program.</td>
<td><a href="http://www.lucernevalley.net/orgs/domestic/info.htm">www.lucernevalley.net/orgs/domestic/info.htm</a></td>
</tr>
<tr>
<td>Madera</td>
<td>Hotline 1-800-355-8989</td>
<td>Community Action Partnership of Madera County CAPMC</td>
<td><a href="http://www.maderacap.org">www.maderacap.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Services for victims of sexual assault and domestic violence</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Shelter for battered women</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Advocacy and support</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Historic sexual assault services</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>All services are free of charge</td>
<td></td>
</tr>
<tr>
<td>Mammoth Lakes</td>
<td>Hotline 1-877-873-7384</td>
<td>Wild Iris</td>
<td><a href="http://www.wild-iris.org">www.wild-iris.org</a></td>
</tr>
<tr>
<td></td>
<td>Emergency shelter</td>
<td>635 Mammoth Road</td>
<td><a href="mailto:wildiris@wild-iris.org">wildiris@wild-iris.org</a></td>
</tr>
<tr>
<td></td>
<td>Trained peer counselors</td>
<td>Suite 201</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Crisis counseling</td>
<td>Mammoth Lakes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>support</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>One on one peer</td>
<td>CA 93546</td>
<td></td>
</tr>
<tr>
<td></td>
<td>counseling</td>
<td>760-934-2491 Office</td>
<td></td>
</tr>
<tr>
<td>Marina</td>
<td>Our mission is to lead ending the cycle of homelessness or violence by providing safe housing and compassionate support and opportunities for self sufficiency through outreach, emergency shelter, transitional housing and supportive services throughout Monterey County.</td>
<td><a href="http://www.communityhomelesssolutions.org/dv">www.communityhomelesssolutions.org/dv</a></td>
<td></td>
</tr>
<tr>
<td>Mariposa</td>
<td>Hotline 1-888-966-2350</td>
<td>Mountain Crisis Services</td>
<td><a href="http://www.mountaincrisisservices.org">www.mountaincrisisservices.org</a></td>
</tr>
<tr>
<td></td>
<td>We offer hope, support and recovery for those who are or have been victims of domestic violence. Providing emergency shelter Assistance with legal matters Accompaniment to the courts Counseling and support groups</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Martinez</td>
<td>Hotline 1-800-670-7273</td>
<td>Community Violence Solutions</td>
<td><a href="http://www.cvsolutions.org">www.cvsolutions.org</a></td>
</tr>
<tr>
<td></td>
<td>24 Hour crisis hotline</td>
<td>Martinez</td>
<td><a href="mailto:admin@cvsolutions.org">admin@cvsolutions.org</a></td>
</tr>
<tr>
<td></td>
<td>Support services to children and adult victims of sexual assault</td>
<td>CA 94553</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sexual assault response team</td>
<td>925-608-5650 Children's Center</td>
<td></td>
</tr>
<tr>
<td>McKinleyville</td>
<td>Our mission is to promote the stability and security of families and to protect the best interests of Indian children. Please visit our website for more details on family and individual counseling.</td>
<td><a href="http://www.twofeathers-nafs.org">www.twofeathers-nafs.org</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>We provide service to victims of domestic violence and sexual assault, including:</td>
<td>Merced</td>
<td><a href="mailto:dhaines@mcoe.org">dhaines@mcoe.org</a></td>
</tr>
<tr>
<td></td>
<td>Emergency shelter</td>
<td>Merced</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>209-725-7900 Office</td>
<td></td>
</tr>
</tbody>
</table>
Individual and group counseling 
Advocacy services 
Assistance with legal matters and court appearances.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Merced</td>
<td>Hotline 209-722-4357</td>
<td>Valley Crisis Center</td>
</tr>
<tr>
<td></td>
<td>We can help you and your kids get safe today. We can provide a safe, confidential shelter, help you to develop a safety plan, help you with all the legal paperwork and help you to access local counseling and support groups.</td>
<td>Merced</td>
</tr>
<tr>
<td></td>
<td>CA 95340</td>
<td>209-725-7900 Office</td>
</tr>
<tr>
<td>Mission Viejo</td>
<td>Adults Sexually Abused As Children</td>
<td>Dr Evan Fewsmit</td>
</tr>
<tr>
<td></td>
<td>Groups to address issues resulting from childhood sexual abuse, this may or may not inclued incest. The group is safe and I interview every member to ensure group safety. Men and women welcome</td>
<td>Mission Viejo</td>
</tr>
<tr>
<td></td>
<td>Meets Every thurs 10.30 - 12.30</td>
<td>949-249-9040 Office</td>
</tr>
<tr>
<td>Modesto</td>
<td>Hotline 209-577-5980</td>
<td>Haven Women's Center</td>
</tr>
<tr>
<td></td>
<td>24 Hour Crisis line</td>
<td>Modesto</td>
</tr>
<tr>
<td></td>
<td>Support groups for domestic violence and sexual assault</td>
<td>CA 95354</td>
</tr>
<tr>
<td></td>
<td>Legal advocacy, help with restraining orders</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Peer counseling</td>
<td>Individual therapy</td>
</tr>
<tr>
<td></td>
<td>Referrals to trusted professionals</td>
<td>Serving Ceres, Turlock &amp; Patterson.</td>
</tr>
<tr>
<td>Monterey</td>
<td>Especially For Men Group Male Survivors of Childhood Sexual Abuse. On-going since 1992</td>
<td>Stephen L Braveman</td>
</tr>
<tr>
<td></td>
<td>Stephen Braveman facilitates this healing group and provides men a safe, private and nurturing environment to move beyond the pain related to childhood sexual abuse. Participants work through isolation, fear, confusion, anger, depression and low self-esteem with other men who have had similar experiences. Join the hundreds of men who have worked through our program and have become empowered to take their lives back. Group meets every Monday night from 6pm to 8pm. $30.00 each group. Call Wanda Braveman on 831-375-7553 for qualifying intake</td>
<td>The Intimacy, Sexual &amp; Gender Center of Monterey</td>
</tr>
<tr>
<td></td>
<td>Appointments 831-375-7553</td>
<td><a href="http://www.isgmonterey.net/">www.isgmonterey.net/</a></td>
</tr>
<tr>
<td>Monterey</td>
<td>Hotline 831-375-4357</td>
<td>Monterey Rape Crisis Center</td>
</tr>
<tr>
<td>----------</td>
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<td>-----------------------------</td>
</tr>
<tr>
<td>24 Hour hotline</td>
<td>PO Box 2630</td>
<td></td>
</tr>
<tr>
<td>Rape prevention education for 7th grade, 8th grade &amp; high school</td>
<td>Monterey</td>
<td></td>
</tr>
<tr>
<td>Safety awareness 1st grade 3rd grade and 6th grade</td>
<td>831-373-3955 Office</td>
<td></td>
</tr>
<tr>
<td>Also drug and alcohol education</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Monterey</th>
<th>Hotlines 831-372-6300</th>
<th>YWCA - Monterey</th>
<th><a href="http://www.ywcamc.org/">www.ywcamc.org/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Or 831-757-1001</td>
<td>457 Webster Street</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Since 1971 we have worked to empower women, families and individuals by providing a domestic violence program including:</td>
<td>Monterey</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency shelter and legal and court advocacy.</td>
<td>831-422-8602 Office</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Morgan Hill</th>
<th>Hotline 1-877-363-7238</th>
<th>Community Solutions</th>
<th><a href="http://www.communitysolutions.org">www.communitysolutions.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>For sexual assault and domestic violence victims</td>
<td>16264 Church Street # 103</td>
<td></td>
<td><a href="mailto:cs@communitysolutions.org">cs@communitysolutions.org</a></td>
</tr>
<tr>
<td>Programs for children &amp; adults</td>
<td>Morgan Hill</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>CA 95037</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>408-779-2113 Office</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Murphys</th>
<th>Hotline 209-736-4011</th>
<th>The Resource Connection</th>
<th><a href="mailto:info@trcac.org">info@trcac.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>or 209-754-4011</td>
<td>Murphys</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Services for survivors/victims of domestic violence, sexual assault</td>
<td>CA 95247</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Temporary emergency shelter</td>
<td>209-754-2000 Main Office</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peer counseling</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Limited free counseling</td>
<td></td>
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<table>
<thead>
<tr>
<th>Napa</th>
<th>Hotline 707-225-6397</th>
<th>Napa Emergency Women's Services</th>
<th><a href="http://www.napanews.org">www.napanews.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>or 1-800-799-7233</td>
<td>1141 Pear Tree Lane Suite 220</td>
<td></td>
<td><a href="mailto:info@napanews.org">info@napanews.org</a></td>
</tr>
<tr>
<td>24 Hour Crisis line</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Se habla Espanol</td>
<td>Napa</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Safe house for those fleeing domestic or sexual violence</td>
<td>CA 94558</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Advocates and shelter for children survivors of violence</td>
<td>707-255-3697 Office</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Counseling services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group counseling free of charge</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Newhall</th>
<th>Hotline 661-259-4357</th>
<th>DVC of Santa Clarita Valley</th>
<th><a href="http://www.dvc-scv.com/">www.dvc-scv.com/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Safe shelter referrals</td>
<td>PO Box 220037</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Help with safety planning</td>
<td>Newhall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accompaniment to the court</td>
<td>CA 91322</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Counseling and support groups.</td>
<td>661-259-9439 Office</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Newport Beach</th>
<th>Hotline 877-854-3594</th>
<th>Human Options</th>
<th><a href="http://www.humanoptions.org/">www.humanoptions.org/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Our mission is to provide a safe haven and life changing programs to help abused women and their children and families. We work with the community to break the cycle of</td>
<td>PO Box 9376</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Newport Beach</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>CA 92658</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>949-764-8100 Office</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
domestic violence.
Emergency women's shelter
24 Hour crisis and support line
Community education program
Counseling and support groups

North Hollywood
Grief Recovery Workshops
“There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard.”
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Thursdays 7 - 9 pm
Call Sandi Atmore 323-698-5570
Certified Grief Recovery Specialist

North Hollywood
We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups uning the 12 steps
and 12 traditions approach
Meets Wednesday 7.30 - 9 pm
Contact Denise
For further details please click on
the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Northridge
Grief Recovery Workshops
“There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard.”
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Mondays 7 - 9 pm
Natasha Jackson 213-880-9917
Certified Grief Recovery Specialist

Survivors of Incest Anonymous
bluedolphin96@gmail.com
North Hollywood
www.siawso.org
CA

Grief Recovery Workshops
Natasha Jackson
18341 Sherman Way
Suite 204
Northridge
CA
213-880-9917

Grief Recovery Workshops
Natasha Jackson
18341 Sherman Way
Suite 204
Northridge
CA
213-880-9917

www.freedomfromgrief.com
www.griefunchained.com

Sandi Atmore
Summers Chiropractic
4418 Vineland Ave
Suite 208
North Hollywood
CA
323-698-5570

www.freedomfromgrief.com
www.griefunchained.com
Northridge 818-886-0453 San Fernando Vly 661-253-0258 San Clarita Valley 24 hour Crisis team Services for adults abused as children Child maltreatment treatment Community counseling Family support services Male survivors welcome

California State University Northridge 818-677-1200 office www.csun.edu/eisner-education/strength-united www.facebook.com/StrengthUnited/

Oakland Hotline 510-536-7233 A Safe Place www.asafeplace.org/ PO Box 23006 Oakland CA 94623 510-986-8600 Office

A Safe Place exists to break the cycle of domestic violence. We offer programs for women, men and teens. Advocacy at court & social services Help with legal documents Individual or group counseling with a licensed professional.

Oakland Hotline 510-845-7273 Bay Area Women Against Rape vicki@bawar.org 24 Hour Crisis hotline Oakland CA 94612 510-430-1298 Office

Bay Area Women Against Rape Advocacy & legal services Community education Individual counseling for survivors Services are free & confidential

Oakland Survivors of Childhood Sexual Abuse Rose Phelps www.rosehelpsmarriagefamilytherapist.com

A therapy group for survivors of childhood sexual abuse. The group work deeply with each other to gently work through the trauma of childhood sexual abuse including incest. Three month commitment Meets every Wed 6.30 - 8 pm cost $50 +

Oakland Adult Incest Survivors Ms Karen E Spinkel www.psychologytoday.com/us/therapists/karen-spinkel-individual-family-trauma-therapy-oakland-ca/66695

this adult incest survivors therapy support group treats self blame, anger, addiction, relationship issues, sexual issues and other symptoms of PTSD Meets every Wed 7.30 - 9 pm Cost $50

Oceanside 760-754-5500 Information hotline Casa de Amparo Shelter for Children 4070 Mission Avenue Oceanside CA 92057 760-754-5500 Office / intake

Providing a residential shelter for abused, neglected or abandoned children. Therapy for children Counseling and daily discussion On site schooling for pre school to 12th grade.
<table>
<thead>
<tr>
<th>Location</th>
<th>Services Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oceanside</td>
<td>The Brother Bennos Foundation provides a transitional living house for women with children who are in need of shelter.</td>
<td>The House of Martha, Ann, Mary and Ida. (MAMI) Oceanside CA 92054 760-439-1244 Office <a href="http://www.brotherbenno.org">www.brotherbenno.org</a></td>
</tr>
<tr>
<td>Oceanside</td>
<td>Women's Resource Center</td>
<td>Women's Resource Center 1963 Apple Street Oceanside CA 92054 760-547-8800 Office <a href="http://www.wrcsd.org">www.wrcsd.org</a></td>
</tr>
<tr>
<td>Orange</td>
<td>We offer child / youth services, child abuse counseling, emergency shelters, and transitional housing in multiple communities throughout Southern California. Serving Camarillo, Crestline, Garden Grove, Hueneme, Long Beach, Pasedna, Riverside, Santa Clarita, San Diego, Santee, South Bay, Thousand Oaks, Van Nuys, Ventura. Also Apple Valley and Big Bear.</td>
<td>Lutheran Social Services of Southern California 2560 North Santiago Blvd Orange CA 92867 714-534-6450 Orange Office <a href="http://www.lsssc.org/info@lsssc.org">www.lsssc.org/info@lsssc.org</a></td>
</tr>
<tr>
<td>Orange</td>
<td>We first opened our doors in 1979, since that time thousands of women and their children have found shelter, safe refuge and a new beginning as a result of The Sheepfold Ministry.</td>
<td>The Sheepfold PO Box 4487 Orange CA 92863 714-237-1444 Office / Hotline <a href="http://www.thesheepfold.org">www.thesheepfold.org</a> <a href="mailto:mail@thesheepfold.org">mail@thesheepfold.org</a></td>
</tr>
<tr>
<td>Orange</td>
<td>Emergency shelter Transitional housing program Immigration clinic and services Court advocacy Legal assessments and referrals Outreach services to all survivors of domestic violence and human trafficking. A legal clinic is held every 1st Wednesday.</td>
<td>Women's Transitional Living Center Inc PO Box 6103 Orange CA 92863 714-992-1939 Ext 100 Office <a href="http://www.wtlc.org">www.wtlc.org</a> <a href="mailto:info@wtlc.org">info@wtlc.org</a></td>
</tr>
<tr>
<td>Orinda</td>
<td>SNAP Support Meeting Meets Sundays 3pm to 5pm First meeting Sunday February 5th. Contact Melanie on 925-708-6175</td>
<td>SNAP Support Meeting Orinda Library, Room A 26 Orinda Way Orinda Melanie Sakoda 925-708-6175 <a href="http://www.thecoalition.org">www.thecoalition.org</a> SNAP</td>
</tr>
<tr>
<td>Oxnard</td>
<td>Hotline 800-300-2181 805-656-4439 Hearing impaired Hotlines available 24/7 Crisis intervention program Emergency shelter Support groups for victims of domestic violence.</td>
<td>Coalition for Family Harmony 1030 North Ventura Road Oxnard CA 93030 805-983-6014 Office <a href="http://www.thecoalition.org">www.thecoalition.org</a> <a href="mailto:j.campbell@thecoalition.org">j.campbell@thecoalition.org</a></td>
</tr>
<tr>
<td>Location</td>
<td>Service Description</td>
<td>Contact Information</td>
</tr>
<tr>
<td>---------------</td>
<td>--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Palm Desert</td>
<td>Hotline 909-885-8884 We provide a 24 Hour hotline for victims of sexual assault. Outreach counselors are able to go with the victim to the hospital or the police station. Individual and group counseling Accompaniment - legal process Bilingual counselors on call Serves Coachella Valley and the Morongo Basin.</td>
<td>Coachella Valley Sexual Assault Services Palm Desert CA 92260 760-568-9071 Office</td>
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<td>San Bernardino County Sexual Assault Services Inc.</td>
<td>Facebook</td>
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<tr>
<td>Palm Desert</td>
<td>Adults Molested as Children this group is for those who have been sexually abused as children Meets on Tuesdays Cost $20 - $30</td>
<td>Dr Jamie D Kirkpatrick Palm Desert CA 92260 760-285-6909 Office</td>
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<tr>
<td>Palm Desert</td>
<td>Hotlines 760-328-7233 Or 1-800-775-6055 We provide comprehensive services to victims of domestic violence - Professionally, ethically and compassionately. Emergency shelter Transititional housing Individual and group counseling at the Edra Blixseth community center Outreach centers in Hot Springs, Palm Desert and Palm Springs Se habla Espanol.</td>
<td>Shelter from the Storm 73555 Alessandro Drive Suite D Palm Desert CA 92260 760-674-0400 Office</td>
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<tr>
<td>Pasadena</td>
<td>We were established in 1995 as an independent non profit organization with a mission to stop family or domestic violence. We help men women and children through legal advocacy, accompaniments to court proceedings. We offer empowerment groups and outreach and education.</td>
<td>Grace Center PO Box 40250 Pasadena CA 91114 626-356-4200 Office</td>
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<tr>
<td>Pasadena</td>
<td>Hotline 323-681-2626 We are the first domestic violence shelter of it's kind in the country. We are dedicated to helping abused women and their children on their way towards a violence free life. We are proud to be a program of the Jewish Family Services of LA. Emergency shelter Prevention and education program Individual and group counseling within the local community.</td>
<td>Haven House PO Box 50007 Pasadena CA 91115 877-275-4537 Central Office</td>
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<tr>
<td>Pasadena</td>
<td>Survivor: A Mens Psychotherapy</td>
<td>Dr Ellen Miller Kwon</td>
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</table>
Group
Are you a man who was sexually abused as a child? Do you struggle to overcome the scars from this abuse? This is a 20 week group where these issues can be discussed in a safe and confidential environment
Meets on Mondays
Cost $50

Pasadena
Sexual Abuse Survivors Group for Women
This group is targeted to sexual abuse, incest, assault and rape issues
Meets every other Mon 7 - 8.30
2 Sexual abuse survivors groups
Mondays and Thursdays 7 - 8.30pm
Also a Co-Ed Sexual Abuse Survivors group that meets Wednesdays.
Male Sexual Abuse Survivors group
Please call 818-434-6051 for more details.

Pasadena
310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual assault domestic violence and child abuse

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meet Monday 7:30 - 9 pm
Contact John
For further details please click on the SIA website meetings directory.

Pasadena
Survivors of Incest Anonymous
www.siawso.org

Paso Robles
24/7 Crisis Line 855-866-7473
Counseling (Individual or Group)
Crisis Services (available in Spanish and English)
Emergency Safe Houses
Advocacy / Accompaniment
Temporary Restraining Orders
Weekly Support Groups
Services for Survivors, and family / friends / loved ones.

Placerville
Hotline 530-626-1131
or 916-939-6616
The Center for Violence Free Relationships
www.thecenternow.org
www.riseslo.org
24 Hour Crisis hotline for survivors of sexual assault and domestic violence
Support groups for adults molested as children for 14 weeks
2 hour sessions. There is a charge but something can be worked out.

Pomona
Rape Hotline 909-626-4357
C Sahas妹 Hotline 626-966-4155
Professional counseling to survivors of sexual assault or child abuse The first ten sessions are free with proof of income.
Support groups of peers for adults & adolescent survivors of sexual assault and abuse.

Porterville
Hotline 559-784-0192
The central California Family Crisis center is a multi cultural organization which exists to protect individuals and families from domestic violence
Emergency shelter 559-781-7628
Transitional housing
Legal advocacy
Accompaniment to the courts
Domestic violence counseling
Community outreach & education.

Quincy
877-215-7273 Rape Crisis Line
or 1-877-332-2754 Crisis Line
24 Hour crisis help line
Crisis intervention and prevention Serving Portola and Greenville.

Rancho Mirage
It Happens To Boys Free group for men who were abused as children. There is no cost other than a willingness to work on the healing process
Meets second Tues 7 - 9 pm
Free of charge

Red Bluff
Hotline 530-528-0226
Or 1-800-324-6473 Toll Free
Whether you are currently in an abusive relationship or recovering from domestic violence we have trained staff available to help you.
Emergency shelter
Crisis counseling
Prevention and intervention
Power to Chose support group

Project Sister Family Services
PO Box 1369
Pomona
CA 91769-1369
909-623-1619 Office
Or 626-915-2535

Family Crisis Center
770 North Main Street
Porterville
CA 93258
559-781-7462 option 0 Office
559-781-7628 option 1 Shelter

Plumas Crisis Intervention and Resource Center
530-283-5515 Office
www.facebook.com/PlumasCrisisInterventionandResourceCenter/

Carol Teitelbaum
Rancho Mirage
CA 92270
760-332-8987 Office

Empower Tehama
717 Pine Street
Red Bluff
CA 96080
530-727-9423 Counseling
www.empower-tehama.squarespace.com/
Untangling Relationships 12 week group to cope with problem areas
Counseling services

Redding
Hotline 530-244-0117 toll free
24 Hour Crisis hotline
Free services for victims of domestic violence & sexual assault. Assistance to men and women regardless of age, race or sexual preference.
Individual / group counseling
Programs for children in shelter
Emergency transportation
Legal assistance and advocacy
Shasta Women’s Refuge
www.ospshasta.org/
2280 Benton Drive
Building A
Redding
CA 96003
530-244-1117 Office / Hotline
www.facebook.com/OneSafePlaceShasta/

Redondo Beach
The Lamplighters Movement
provides support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.
The Lamplighters Movement
Redondo Beach
California
www.thelamplighters.org

Redwood City
Adults Abused as Children
This group explores the long term effects of sexual, physical and emotional abuse
Meets every Tues 6 - 7.30 pm
Cost $40
Ms Pat A Grabianowski
www.sequoiacounseling.com
info@sequoiacounseling.com

Reseda
Grief Recovery Workshops
“There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard.”
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Saturdays 10am - noon
Call Vicki Hagadorn 818-415-4568
Certified Grief Recovery Specialist
Grief Recovery Workshops
Vicki Hagadorn
Kirk O’The Valley Church
19620 Vanowen Street
Reseda
CA
818-415-4568

Ridgecrest
760-375-7525 domestic violence
760-375-0745 sexual violence
760-375-7100 Report child abuse
24 Hour hotline numbers
All services open to men, women and children
Emergency room support
Advocacy and legal help
Group counseling re drugs and
Women’s Center - High Desert
134 South China Lake Blvd
Ridgecrest
CA 93555
760-371-1969 Office
<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
<th>Services</th>
</tr>
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<tbody>
<tr>
<td>Riverside</td>
<td>951-683-0829 Riverside City 800-339-7233 Riverside County</td>
<td>Alternatives to Domestic Violence 951-320-1370 Office</td>
</tr>
<tr>
<td>Riverside</td>
<td>Hotline 951-686-7273</td>
<td>Riverside Area Rape Crisis Ctr 1845 Chicago Avenue Suite A Riverside CA 92507</td>
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<tr>
<td>Roseville</td>
<td>Hotline 800-575-5352 24 Hour Crisis line</td>
<td>Peace for Families 700 Sunrise Avenue Suite N Roseville CA 95661</td>
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<tr>
<td>Sacramento</td>
<td>CASH provides services to victims of sexual exploitation, sex trafficking and prostitution. Outreach and eduction Peers counseling Health information Assistance with housing/healthcare Support groups.</td>
<td>Communitites Against Sexual Harm (CASH) 160022 PO Box 1 Sacramento CA 95816</td>
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<tr>
<td>Sacramento</td>
<td>Our shelter program for women and children assists families in transition from crisis to self sustainability. Emergency shelter.</td>
<td>St. John's Shelter Program Sacramento CA 95814 916-453-1482</td>
</tr>
<tr>
<td>Sacramento</td>
<td>Hotlines 916-920-2952 24 Hour support &amp; information Se habla Espanol Services for teens, men &amp; women Crisis intervention counseling Temporary safe house Evening support groups.</td>
<td>WEAVE Inc 1900 K Street Sacramento CA 95811 916-448-2321 Office</td>
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<tr>
<td>Sacramento</td>
<td>SIA Group Meeting Hurting 2 Healing 2 Helping</td>
<td>Survivors of Incest Anonymous Sacramento</td>
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</tbody>
</table>
Meets 1st and 3rd Friday of Month  
Meeting time is 6.30pm  
Contact person is Treva  
For further details please click on  
the SIA website meetings directory  
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Sacramento  
SIA Group Meeting  
Survivors of Incest Anonymous  
www.siawso.org/  
Sacramento  
Contact person is Julie  
For further details please click on  
the SIA website meetings directory  
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Saint Helena  
Men: Adult Survivors of Childhood Sexual Abuse Group.  
Healing from Childhood Sexual Abuse.  
This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is $240 per month, paid in advance. Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details $50 - $60 per session.

Saint Helena  
Women: Adult Survivor of Childhood Sexual Abuse.  
Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance. Issues: Sexual abuse, neglect. Adults only. Session cost $50 - $60 per session.

Salinas  
Hotline 831-424-4357  
24 Hour hotline  
Rape prevention education for 7th grade, 8th grade & high school  
Safety awareness 1st grade 3rd grade and 6th grade  
Also drug and alcohol education.

Monterey Rape Crisis Center  
www.mtryrapecrisis.org  
info@mtryrapecrisis.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>San Andreas</td>
<td>Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of</td>
<td>The Resource Connection San Andreas <a href="mailto:info@trcac.org">info@trcac.org</a></td>
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<td>domestic violence, sexual assault Temp restraining order assistance</td>
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<td>Peer counseling Limited free counseling.</td>
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<td>San Bernardino</td>
<td>Counseling programs for victims of family violence. Serving Riverside</td>
<td>Family Service Agency of San Bernardino</td>
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<td>and San Bernardino Counties</td>
<td><a href="http://www.facebook.com/FSASB">www.facebook.com/FSASB</a></td>
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<tr>
<td>San Bernardino</td>
<td>Hotline 909-381-3471 We provide shelter, transitional housing,</td>
<td>Option House <a href="http://www.optionhouseinc.com/">www.optionhouseinc.com/</a></td>
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<td>outreach services, legal services, information and education to victims</td>
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<td>of family violence</td>
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<tr>
<td>San Bernardino</td>
<td>Hotline 909-885-8884 24 hour crisis intervention hotline Bilingual</td>
<td>San Bernardino Sexual Assault Services <a href="http://www.sbsas.org">www.sbsas.org</a></td>
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<td>services Hospital / court advocacy Community education Individual &amp;</td>
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<td>group counseling All services free of charge Serving Redlands,</td>
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<td>YCuaipa, Coachella Valley &amp; Morongo Basin.</td>
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<tr>
<td>San Diego</td>
<td>Female Survivors Group Peer group for adult women sexually abused as</td>
<td>Svava Brooks <a href="mailto:svava@educate4change.com">svava@educate4change.com</a></td>
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<td>children Male groups are forming Screening interview is required Please</td>
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<td>call for more information Meets every Saturday Cost $25</td>
<td>Contact form on website</td>
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<tr>
<td>San Diego</td>
<td>Hotline 1-888-385-4657 toll free 24 Hour hotline Specialist in</td>
<td>Center for Community Solutions <a href="http://www.ccssd.org">www.ccssd.org</a> <a href="mailto:info@ccssd.org">info@ccssd.org</a></td>
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<td>psychotherapy addressing the emotional aspects of sexual assault,</td>
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<td>sexual abuse and domestic violence. Group and individual sessions,</td>
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<td></td>
<td>Day and evening appointments, most services available in English or</td>
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<td>Spanish Fees based on income, FREE 30 day safe shelter.</td>
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<tr>
<td>San Diego</td>
<td>Healing from Childhood Sexual Abuse A group that will combine</td>
<td>Dr Aimee Cornelius Pearson <a href="http://www.aimeepearson.com">www.aimeepearson.com</a> <a href="mailto:draimeepearson@yahoo.com">draimeepearson@yahoo.com</a></td>
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<td>personal sharing and support with education and information. Topics</td>
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**The Resource Connection Child Care Resource & Referral Services | Facebook**
covered included understanding feelings of guilt, shame, anger and grief. Understanding the dysfunctional coping strategies such as denial and addiction.

Meets every Monday at Noon  
Cost $40 - $60

### San Diego

- **Counseling on an individual or group basis.** Services for sexual assault including incest. Men, women and children welcome.  
  - Spanish and English spoken  
  - Fee based on income  
  - San Diego  
  - 4508 Mission Bay Drive  
  - San Diego  
  - CA 92109  
  - Cost $40 - $60  
  - www.ccssd.org
  - info@ccssd.org

### San Diego

- **ECSP**rovides comprehensive social services to low income families and individuals. We have a program for those who find themselves dealing with domestic violence.  
  - San Diego  
  - 4305 University Avenue  
  - Suite 400  
  - San Diego  
  - CA 92105  
  - 619-228-2800 Office  
  - www.ecscalifornia.org
  - info@ecscalifornia.org

### San Diego

- **Grief Recovery Workshops**  
  - San Diego  
  - 12979 Community Road  
  - Poway  
  - CA 92130  
  - 858-213-3997  
  - www.freedomfromgrief.com
  - pamelablomdal@yahoo.com
  - www.griefunchained.com

### San Diego

- **Sexual Abuse/Assault and Adolescent Girls Therapy** for girls 13-18 year.  
  - Group addresses self esteem body issues, depression, anxiety and ptsd  
  - Cost $40-$50  
  - San Diego  
  - CA 92130  
  - 858-531-1122 Office
  - www.aspiringfamilies.com/

### San Diego

- This emergency shelter for women and children under 16 provides a secure place to sleep when fleeing domestic violence.  
  - San Diego  
  - PO Box 80427  
  - San Diego  
  - CA 92138  
  - 619-687-3720 Office  
  - www.sdrescue.org
  - sdrminfo@sdrescue.org

### San Diego

- **SNAP Self Support Group Meetings**  
  - First Saturday of each month  
  - The Rancho Bernardo Library  
  - njholling@gmail.com
San Diego Male Survivors Group
This is a group for high functioning adult males who have had a history of childhood abuse.
Screening interview required
Meets every other Monday
Cost $60

San Diego DV Hotline 619-234-3164
Becky's House domestic violence program supports the individual from victim to survivor to thriver.
30 Day emergency shelter
Group therapy
Legal assistance

San Francisco Women' Group for Survivors of Sexual Trauma
this group provides a safe space for female survivors to heal
12 week initial commitment
Space is limited
Every Wednesday 6 - 8 pm
Cost $30 - $60

San Francisco Hotline 1-877-751-0880
A resident of AWS is provided with safe housing, multi lingual support legal advocacy plus individual and group support. We also have a Queer Asian Womens and Trans gender support program QAWTS. For those in need in the community we offer direct intervention, public awareness and Chit Chat support groups. Call 415-751-7110 for more details.

San Francisco Hotline 415-441-KIDS (5437)
The only way to reach us with an urgent concern is through our 24 Hour hotline.
Our center offers FREE ongoing support groups and workshops for children and parents.
Low cost counseling individually or as a family.

San Francisco Hotline 415-333-4357
Founded in 1979 CUAV works to build the power of LGBTQ communities to transform violence and oppression.
Short term advocacy-based peer counseling for LGBTQ's dealing with abuse and violence.
Healing trauma support groups.

**San Francisco**

**Thivers - Phase 1 - Women's Support Group for Trauma.**
Tuesdays 5 - 6.30pm
We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings, beliefs and somatic experiences. Cost is $65 per session with an 8 week or 12 week commitment. For further details call Laine - 415-705-0776 or email lainedemtria@gmail.com

**San Francisco**

**Thivers - Phase 2 - Women's Support Group for Trauma.**
Tuesdays 7 - 8.30pm
We empower ourselves to address Negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Cost is $65 per session with an 8 week or 12 week commitment. For further details call Laine on 415-705-0776 or email lainedemtria@gmail.com

**San Francisco**

**Sexual Abuse Recovery Program**
Rachel Grant is the owner and founder of Rachel Grant Coaching and is a sexual abuse recovery coach. Also the author of "Beyond Surviving" dealing with the final stage of recovery from sexual abuse. Rachel works with survivors of childhood sexual abuse who are beyond sick and tired of feeling broken, unfixable and burdened by the past. Email sessions are available. Month to month program. 8 month program offering maximum support. Please see the website for further details or call 415-513-0700

**San Francisco**

**1-877-503-1850 Hotline - Adults**
**1-877-923-0700 Hotline - Teens**
Our mission is to respond to calls for help from domestic violence victims.
Emergency shelter
Advocacy and legal assistance counseling and support groups

**San Francisco**

**Hotline 415-255-0165**
The Riley Center
We offer a safe and confidential range of services for survivors of domestic violence along with their children. Emergency shelter, drop-in service, community outreach and support groups. Drop-in hours: Monday - Thursday 9am - noon and 1.30 - 4 pm

San Francisco
SNAP Meeting
Meets 4th Wednesday each month
Call Melanie Sakoda for details
SNAP Meeting
Bay Area
San Francisco
925-708-6175

San Francisco
Hotline 415-647-RAPE (7273)
We provide resource, support, advocacy and education to those healing from or struggling to end sexual violence. We offer:
Legal advocacy
Medical accompaniment
Individual peer counseling
SFWAR counselors offer an 8 week support group several times a year. Peer to Peer outreach program.
San Francisco Women Against Rape
3548 18th Street
Suite 7
San Francisco
CA 94110
415-861-2024 Office

San Francisco
Hotlines 415-864-4722
or 1-877-384-3578
Women Organized to Make Abuse Nonexistent is a community based multi service agency.
support groups for survivors of domestic violence
On going therapy in Spanish/English Weekly sessions based on a sliding fee scale schedule
Programa Latina
Community education/presentations
W.O.M.A.N. Inc
333 Valencia Street
Suite 450
San Francisco
CA 94103
415-864-4777 Office

San Jose
We offer vital life saving services to individuals and families affected by domestic violence.
24 Hour emergency shelter
Individual or group peer counseling
Help with restraining orders, court accompaniment and immigration issues. Employment, housing, medical and social services advocacy
Support groups in the community
Asian Americans for Community Involvement
2400 Moorpark Avenue
Suite 300
San Jose
CA 95128
408-975-2730 Office

San Jose
SA/DV Hotline 1-877-363-7238
For sexual assault and domestic violence victims
Programs for children & adults
Community Solutions
5671 Santa Teresa Blvd
Suite 104
San Jose
CA 95123
408-225-9163 Office

San Jose
Hotline 408-279-2962
We seek to end domestic violence
Next Door Solutions to Domestic Violence
info@nextdoor.org
in the moment and for all time. 

Emergency 24 Hour shelter 
Victim advocacy 
Individual counseling 
Youth and childrens services 
2 English support groups at office Mondays & Tuesdays 6.30 - 8.30pm 
2 Spanish groups at the office Mondays & Tuesdays 6.30 - 8.30pm 
For further details on our 12 support groups please see our website or call our office.

San Jose
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach 
Meet Thursday at 7 pm 
Women only please 
Contact Liz 
For further details please click on the SIA website meetings directory 
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

San Jose
1-800-572-2782 Crisis Support 
24 Hour hotline 
Services for adults and children exposed to violence or sexual assault 
Emergency shelter 
Legal and advocacy programs 
Peer support groups for domestic violence, rape and childhood sexual abuse survivors, for more info call 408-295-4011 ext 259.

San Leandro
Hotline 1-866-292-9688 Toll Free 
Our mission is to build communities with underserved women and children where they are safely and supportively house free from domestic violence. 
20 Bed emergency shelter 
Community support groups

San Luis Obispo
24/7 Crisis Line 855-866-7473 
Counseling (Individual or Group) 
Crisis Services (available in Spanish and English) 
Emergency Safe Houses 
Advocacy / Accompaniment 
Temporary Restraining Orders 
Weekly Support Groups 
Services for Survivors, and family / friends / loved ones.

San Luis Obispo
Incest Survivors Group 
Closed group call office for
San Luis Obispo
- Hotline 805-781-6400
- Information and referrals to San Luis Obispo
- Advocacy services at CA 93406
- Counseling and support groups at 805-781-6401 Office

San Marcos
- Court room accompaniment
- Help with restraining orders
- Shelter referrals
- Counseling referrals

San Pablo
- Hotline 1-800-670-7273
- Support services to children and adult victims of sexual assault
- Sexual assault response team
- Children's interview center
- Anti trafficking project

San Pedro
- 310-547-9343 English & Spanish
- We have 2 shelters, a thirty day shelter called Rainbow House and a transition shelter where you and your children can stay for up to one year. Our community outreach program provides individual and group counseling, legal advocacy and children enrichment programs.

San Rafael
- 415-924-6616 Bilingual Hotline
- Emergency shelter
- Second Step transition house
- Accompaniment to court
- Legal services assistance
- Peer led support groups: Providing domestic violence, education and emotional support on a drop-in basis. Several groups meet each week, led by a trained facilitator and are open to women at any stage of an abusive relationship. Call our hotline for more details.

San Rafael
- Hotline 1-800-670-7273
- Support services to children and adult victims of sexual assault
- Sexual assault response team
- Children's interview center
- Anti trafficking project
San Rafael  
| Trauma Group for Women in Recovery | Ms Daphne Lowe | www.daphnelowe.com  
| A 20 week closed group teaching skills to help women in recovery who are struggling with traumatic activation. This group is especially appropriate for women with PTSD and sexual abuse histories. Meet Tuesday & Wednesday | San Rafael | daphnelowmft@gmail.com  
| Cost $30 - $40. | CA 94901 | 415-505-5451 Office |

San Ysidro  
| Family and group counseling along with individual counseling to those who have been physically sexually or emotionally abused Some insurance accepted Fees $0 - $10. | Trauma Counseling Program | www.rchsd.org  
| 7277 Howard Avenue | San Ysidro | refsvc@rchsd.org  
| San Diego | CA 92173 | 858-966-5803 Office  
| 760-967-7082 Opt 3 North Co | 619-420-5611 South County |

Santa Ana  
| Sexual Abuse Survivors Group this is an ongoing 14 week psychoeducational group. Great care is taken to maintain the groups warm, safe and open environment. Women only | Susan Choe | www.nogalespsychological.com  
| | Santa Ana |  
| CA 92705 | 714-640-7001 Office |

Santa Ana  
| Rape Hotline 714-957-2737 HT Hotline 1-888-373-7888 24 Hour emergency hotline Shelter for abused children in their teens Juvenile services Individual & family counseling Truancy reduction program | Wayfinders | www.wearewayfinders.org/  
| | 1821 East Dyer Road | generalinfo@CSPinc.org  
| Suit 200 | Santa Ana | CA 92705  
| 949-250-0488 Office |

Santa Ana  
| Say No To Abuse Group facilitated by an MFT and discusses specifically domestic violence and sexual assault Group is held in Spanish and is for women only Every Friday 10 - noon Cost $20 + | Dr Ana L Nogales | www.nogalespsychological.com  
| | Santa Ana |  
| CA 92701 | 213-384-7660 Office  
| Or 714-525-8509 |

Santa Barbara  
| 24 Hour Crisis Line 805-964-5245 Emergency shelter Transitional housing DVERT emergency response FREE support groups for victims and survivors of domestic violence. For group details 805-964-5245 | Domestic Violence Solutions for Santa Barbara County | www.dvsolutions.org  
| PO Box 1536 | Santa Barbara | CA 93102  
| 805-963-4458 Office | 805-965-6214 FAX |

Santa Barbara  
| Hotline 805-564-3696 24 Hour crisis hotline Sexual assault response team Medical advocacy Legal advocacy Community education Counseling groups | Standing Together To End SA | www.sbstesa.org/  
| | 433 E. Canon Peridido Street Santa Barbara | sbrcc@sbrcc.net  
| CA 93101 | 805-963-6832 Office |
Support Groups
English and Spanish spoken.

**Santa Barbara**
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach.
Meets Saturday 12 - 1.15 pm
Contact Robert on 805-962-4003
Or Mike on 805-680-0496

Survivors of Incest Anonymous
Santa Barbara
buddylloyd2011@gmail.com
www.siawso.org
CA
805-962-4003 Office

**Santa Clara**
Recovery from Spiritual Group Abuse
Drop in group for those who were born or raised in an abusive spiritual group
This is not a therapy group
third Saturday 10am
Free of charge

Wendy J Taylor
Santa Clara
wendy@wendyjtaylormft.com
www.thecrossroadsofchange.com/
CA 95050
530-242-1176 Office

**Santa Clarita**
This is a peer group and not a therapy group. Topic include Trauma Survivors, surviving sexual abuse and healing using the ASCA format
We counsel male survivors and adult survivors of child abuse

Santa Clara ASCA
(Agent Adult Survivors of Child Abuse)
Santa Clara
www.ascasantaclarita.org/
ascasantaclarita@yahoo.com
CA
661-450-8842 Office

**Santa Clarita**
Hotline 661-253-0258
Hotline 818-886-0453
We are a non profit multi cultural organization dedicated to the elimination of sexual and inter - personal violence through healing.
24 Hour crisis team
Systems accompaniments
Strength United
Santa Clarita
818-787-9700 Main Office
www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/
CA 91355
818-787-9700 Main Office

**Santa Cruz**
Male Survivor Support Group
This is a 12 week group with the option to continue longer term.
Contact Survivors Healing Center for start dates and times see web address on right of page
Meets Tuesdays 5 pm
costs $ 45 per session.

Michael Leimbach
Santa Cruz
831-423-7601 Office
www.malesurvivor.org
programsfsa@gmail.com

**Santa Cruz**
Survivors Support Groups
Our center offers six women's groups for female survivors of child sexual abuse.
In Santa Cruz we offer:
Male Survivor Support Group
Marlon Guarino
Meets Tuesdays 7 pm
Cost sliding scale $25 - $100 per session. We also bill Medical (Central Coast Alliance for Health).
Women's groups
Survivors Healing Center
104 Walnut Avenue
Suite 201
Santa Cruz
CA 95060
831-423-7601 Office
www.malesurvivor.org
programsfsa@gmail.com
www.survivorshealingcenter.org
www.ascasantaclarita.org/
www.malesurvivor.org
Mens groups  
Teen's group  
A group for mothers of survivors  
A group for partners of survivors  
A group for service providers who are survivors.  
A Spanish speaking group - women  
A Spanish speaking mother's group  
A Spanish speaking group for men  
For more information about any of the groups listed above please call 831-423-7601

Santa Cruz  
Crisis Hotline 1-866-269-2559  
English and Spanish services  
Emergency shelter  
Peer support drop in groups for domestic violence or sexual assault survivors Wed 6 - 7.30pm  
The Women's Center  
care@ucsc.edu  
Santa Cruz  
CA 95065  
831-426-3062 Office  
www.facebook.com/WalnutAvenueWomensCenter/

Santa Maria  
Hotline 805-736-7273  
Services for adult and child survivors of sexual assault and child abuse.  
24 Hour Crisis line  
Crisis intervention and advocacy counseling for victims of sexual assault or violence.  
North County Rape Crisis and Child Protection Center  
www.sbcountyrapecrisis.org  
Santa Maria  
805-736-8535 Main Office

Santa Monica  
Sojourn Hotline 310-264-6644  
Emergency shelter  
No services for child abuse survivors.  
Sojourn DV Services  
www.thepeopleconcern.org/  
Santa Monica  
customerservice@opcc.net  
CA 90404  
323-334-9000 Main Office  
www.thepeopleconcern.org/sojourn/

Santa Monica  
Hotline 310-319-4000  
Support for sexual assault victims  
A safe way to learn how to get help using resources  
Sections for college students and how to help a friend  
No Services for survivors of child abuse.  
Rape Treatment Center Santa Monica UCLA Medical Center  
www.therapefoundation.org/

Santa Monica  
Healing From Sexual Trauma  
Group for female survivors of childhood abuse  
Cost $50 +  
Saturday Center of Psychotherapy  
www.saturdaycenter.org  
Santa Monica  
CA 90403  
310-829-7997

Santa Monica  
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach.  
Meets Saturdays 11- 12.00 noon.  
Contact Sarah  
For further details please click on the SIA website meetings directory  
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/  
Survivors of Incest Anonymous  
www.siawso.org  
santa_monica_sia@yahoo.com  
CA  
Sarah 818-804-6948 via text  
www.siasocal.org/meetings.html
### Adults Abused As Children

**An anonymous, 12 step program**

Our mission is to empower Adults Abused As Children to create inner peace and lasting change in their lives through using the 12 steps of Anonymous. To inspire people to share their journey of healing from victim to wholeness.

**Meetings:**
- **Time:** 6:15 - 7:15pm
- **Location:** First United Methodist Church, Santa Rosa

For further details please email us at the admin address on the right.

**Admin Contact**
- Email: admin@adultsabusedaschildren.com
- Website: www.adultsabusedaschildren.com

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### Men Survivors/victims of Sexual Abuse

**An indepth group for adult male survivors/victims of sexual abuse**

Group is a small ongoing closed group meets every Wed 12 noon

**Cost:** $40

**Contact**
- **Bob Greenberg**
  - Email: bgreenbergmft.com/
  - Website: www.bgreenbergmft.com/
  - Phone: 707-579-5928 Office

---

### Women Survivors of Childhood Trauma

**Group members receive a free pre group interview before joining a 16 week group. The group focuses on the impact your early trauma has on your life now.**

**Meets Every Wed 3 - 4.30 pm**

**Cost:** $20 - $50

**Contact**
- **L Reyna Seminara**
  - Email: therapists.psychologytoday.com/rms/name/L-Reyna_Seminara_LMFT_Santa-Rosa_California_81274

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### Hotline 707-545-7273

**Support groups for survivors of Sexual assault**

**For women & teen girls mon 6-7**

**For Spanish speaking adults & teens wed 7 - 8 pm**

**Girls support group age 14-18**

**Male support groups**

**LGBTQ individual therapy**

**Fees from $25.**

**Contact**
- **Verity**
  - Email: info@ourverity.org
  - Website: www.ourverity.org
  - Phone: 707-545-7270

---

### We provide advocacy FREE of charge for victims of rape, domestic violence and child abuse in the Latina and under served communities of Sonoma County.

**Contact**
- **Women’s Justice Center**
  - Email: rdjustice@monitor.net
  - Website: www.justicewomen.com
  - Phone: 707-575-3150 Office

---

### Hotline 707-546-1234

**24 Hour crisis hotline**

**Contact**
- **YWCA - Sonoma County**
  - Email: info@ourverity.org
  - Website: www.facebook.com/YWCASC/
Call now for advice on what you can do to prepare to leave an abusive relationship. We offer emergency shelter and support groups.

**Seal Beach**
Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to individuals and families affected by domestic violence since 1979.
Emergency shelter
Legal assistance and advice
Human trafficking awareness
Individual or group counseling.

**Seaside**
Hotline 831-372-6300
24 Hour supportive domestic violence crisis hotline
Legal advocacy

**Simi Valley**
Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Wednesdays 7 - 9 pm
Call Kathy Malhorta 805-813-5285
Or Sandi Atmore 323-698-5570
Certified Grief Recovery Specialists

**Sherman Oaks**
Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program
Participant must join by the third class.
Meets Wednesdays 7pm - 9pm

**Sherman Oaks**
Teen Sexual Abuse Survivors
Helping girls feel they are not alone. Very supportive group
Meets every Wed 7 - 8pm
Cost $30 +

Rachel Thomasian
Sherman Oaks
www.glendaletherapy.org/
Rachelthomasian@gmail.com

**Signal Hill**
Individual and Group Counseling for Adult Survivors of Sexual Abuse.
I currently offer individual or group counseling - focused on a multi-pronged approach: resolving the past, compromising and setting values, practicing coping skills and consistently and achieving an optimal life plan.
I believe recovery is optimized by level of commitment, effort and sincerity invested into counseling.

Carol L Gonzales, J.D.
Signal Hill
CA 90755
562-513-3255 Office
gcarol99@yahoo.com

**Sonora**
Hotline 209-533-3401
We support the right of all people to live their lives free from inter-personal violence.
Resources and information for those affected by sexual violence or domestic violence. We have an emergency shelter and can offer you peer counseling.

Center for a Non violent Community
19043 - B Standard Road
Sonora
CA 95370
209-588-9305 Office
www.nonviolentcommunity.org/
info@nonviolentcommunity.org

**South Lake Tahoe**
Hotline 530-544-4444
24 Hour Crisis line
Peer support and advocacy for victims & survivors of sexual assault or domestic violence
Emergency shelter
Weekly drop in support group for women who have experienced domestic violence
Individual counseling for survivors of sexual assault
all services in English & Spanish.

Live Violence Free
2941 Lake Tahoe Boulevard
South Lake Tahoe
CA 96150
530-544-2118 Office
www.liveviolencefree.org
info@liveviolencefree.org

**Saint Helena**
Men: Adult Survivors of Childhood Sexual Abuse Group.
Healing from Childhood Sexual Abuse. This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-739-4798 Office
drpatriciagray@vom.com
Saint Helena

Women: Adult Survivor of Childhood Sexual Abuse.

Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.

Issues: Sexual abuse, neglect

Adults only. Session cost $50 - $60 per session.

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-739-4798 Office
drpatriciagray@vom.com

Stockton

209-465-4878 Domestic violence
209-465-4997 Sexual assault
209-948-1911 Youth & Family
24 hour helplines

Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in English and in Spanish
Adult survivors of sexual assault group for women
Adults molested as children
Support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-739-4798 Office
drpatriciagray@vom.com

Sunnyvale

Hotline 1-800-572-2782
We are the only domestic violence agency in North Santa Clara County.
Emergency shelter, information and referrals, safety planning, legal services, community education.
Counseling and support groups.

Support Network for Battered Women
1257 Tasman Drive
Suite C
Sunnyvale
CA 94089
1-800-572-2782 Office / Hotline
www.ywca-sv.org/our-services/support-services/domestic-violence-services/

Susanville

Hotline 530-257-5004 or 1-888-289-5004 toll free
24/7 Services at no cost
Domestic violence & sexual assault emergency shelter
Legal aid court advocacy
Child abuse treatment program

Lassen Family Services
1306 Riverside Drive
Susanville
CA 96130
530-257-4599 Office
www.lassenfamilyservices.org

Taft

Hotline 661-736-4357
Offering Emergency shelter
Community education

Alpha House
PO Box 712
Taft
www.alphahouse.us
aalphahouse@bak.rr.com
**Tahoe City**

Hotline 1-800-736-1060
For survivors of sexual assault or domestic violence
Trained advocates can help obtain a temporary protective order
Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Childens program.

Sierra Community House
Ride Out Community Center
740 Timberland Lane
Tahoe City
CA 96145
info@sierracommunityhouse.org

**Temecula**

Survivors of Sexual Abuse
A group for women who are survivors of sexual abuse or incest
Meets every Tues 7 -8.30 pm
Cost $40

Dr Linda Comin
Temecula
CA 92592
951-972-7221 Office

www.drcomin.com
linda@drcomin.com

**Temecula**

S.A.F.E is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence.
We can provide:
Basic needs assistance
Case management
Domestic violence services
Emergency assistance (shelter)
In home visitations
Pal Equestrian program.

SAFE Alternatives for Everyone
(Domestic Violence)
28910 Pujol Street
Temecula
CA 92590
951-587-3900 Office
www.safefamiliesca.org/
www.facebook.com/safealternativesforeveryone/

**Torrance**

Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Sherri Lugo
First Christian Church
2930 El Dorado Street
Torrance
CA
562-400-2573

Grief Recovery Workshops
www.freedomfromgrief.com
www.griefunchained.com

**Tracy**

209-465-4878 Domestic violence
209-465-4997 Sexual assault
209-948-1911 Youth and HT
24 hour helplines
Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in

Women's Center - San Joaquin County
35 East 10th Street
Tracy
CA 95376
209-941-2611 Office

www.womenscenteryfs.org
English and in Spanish
Adult survivors of sexual assault
group for women
Adults molested as children
support group meets once a week
for a 13 week contact Robin
Petersen on 209-941-2611

Truckee
Hotline 1-800-736-1060
For survivors of sexual assault
or domestic violence
Trained advocates can help obtain
a temporary protective order
Women's bilingual support groups
on Mon, Tues, and Thurs. Please
contact office for more info
Chidrens program

Tahoe Safe Alliance
PO Box 1105
12257 Business Park Drive
Unit 6
Truckee
CA 96161
info@sierracommunityhouse.org

Truckee Hotline 1-800-736-1060
For survivors of sexual assault
or domestic violence
Trained advocates can help obtain
a temporary protective order
Women's bilingual support groups
on Mon, Tues, and Thurs. Please
contact office for more info
Chidrens program

Tahoe Safe Alliance
PO Box 1105
12257 Business Park Drive
Unit 6
Truckee
CA 96161
info@sierracommunityhouse.org

Twin Peaks
We strive to provide a safe haven
for those living in dangerous
situations and to provide support
to those who have been abused
verbally, psychologically, financially,
sexually and physically.
Emergency 17 bed shelter
Programs for male victims
Individual counseling
court accompaniment
Legal advocacy and support groups
Plus outreach services.
www.facebook.com/DOVES-of-Big-Bear-Valley-149909125151217/

VOICES of Big Bear Valley
26696 Highway 189
Twin Peaks
California
909-866-1546 Office

Ukiah
707-463-4357 Hotline Inland
707-964-4357 Hotline Coastal
Help and planning for leaving an
abusive relationship

Project Sanctuary
564 S Dora Street
Ukiah
CA 95482
707-462-9196

Project Sanctuary
564 S Dora Street
Ukiah
CA 95482
707-462-9196

info@projectsanctuary.org

Valley Springs
Hotline 209-736-4011
or 209-754-4011
Services for survivors/victims of
domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

The Resource Connection
Valley Springs
CA 95252
209-754-2000 Main Office

info@trcac.org

The Resource Connection Child Care Resource & Referral Services | Facebook

Van Nuys
818-886-0453 and 661-253-0258
24 Hour support and referral lines.
the Family Justice Center is a
unique, public-private owned
partnership that links the various
agencies responsible for
responding to child abuse and
domestic and sexual violence.
Services include: 24 Hour response,
Family support and empowerment
Domestic violence advocacy and
counseling.
<table>
<thead>
<tr>
<th>Location</th>
<th>Service Provided</th>
<th>Contact Person/Information</th>
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</thead>
<tbody>
<tr>
<td>Van Nuys</td>
<td>Domestic Violence Support Group provides education and support to those who have in the past or are experiencing any form of abuse or trauma. Groups are in English and Spanish and is free to those who qualify through VOC and $15 to those who don’t. Every Tues &amp; Sat 2.30 - 3.30 pm.</td>
<td>Ms Laleh Rokni, Van Nuys, CA 91401, 747-225-8286 Office.</td>
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<tr>
<td>Ventura</td>
<td>ASCA Support Group. We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach. Meet Wednesdays 5.30 - 6.30 pm. Contact person is Kelsey. For further details please click on the SIA website meetings directory.</td>
<td>ASCA Support Group, Ventura, California, <a href="mailto:brauvel1@gmail.com">brauvel1@gmail.com</a>.</td>
</tr>
<tr>
<td>Ventura</td>
<td>Survivors of Incest Anonymous. We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach. Meet Wednesdays 5.30 - 6.30 pm. Contact person is Kelsey. For further details please click on the SIA website meetings directory.</td>
<td>Survivors of Incest Anonymous, Ventura, CA, <a href="mailto:kelseybarkan@gmail.com">kelseybarkan@gmail.com</a>.</td>
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<tr>
<td>Victorville</td>
<td>Hotlines 760-949-4357. Help with safety planning. Emergency shelter. We provide domestic violence support groups. Some groups are peer led and others are with a therapist. We also have an Art Healing group.</td>
<td>High Desert Domestic Violence Program, 15075 7th Street, Victorville, CA 92395, 760-843-0701 Office.</td>
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<tr>
<td>Visalia</td>
<td>559-732-5941 domestic violence services and support groups. 599-732-7371 sexual assault services and support groups. Supportive housing.</td>
<td>Family Services - Tulare County, 815 W. Oak, Visalia, CA 93291, 559-741-7310 Office.</td>
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<tr>
<td>Location</td>
<td>Group Name</td>
<td>Contact Person</td>
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<td>Walnut Creek</td>
<td>Trauma Survivors Support Group</td>
<td>Joseph Charles Bentz</td>
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<td>Traumatic life experiences often have long term emotional and physical consequences. There is a way out of depression &amp; anxiety created by these events.</td>
<td>Walnut Creek, CA 94596</td>
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<td>Meets every Tues 7 - 9 pm</td>
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<td>Walnut Creek</td>
<td>SNAP meeting for those abused by priests.</td>
<td>Melanie Sakoda</td>
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<td>Contact: Melanie Sakoda by mail on <a href="mailto:melanie.sakoda@gmail.com">melanie.sakoda@gmail.com</a> or telephone 925-708-6175 (c)</td>
<td>Walnut Creek, CA</td>
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<td>Directions and parking details: John Muir Hospital Walnut Creek 601 Ygnacio Valley Road Sterns Room Wednesdays 7-9pm There is parking at 133 La Casa Via Or you may use the main hospital garage. At the main hospital entrance tell the desk attendant that you are for the SNAP meeting in Sterns. They will give you a visitors badge and directions. If you can't find us call give Melanie a call on 925-708-6175.</td>
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<tr>
<td>Watsonville</td>
<td>Male Survivor Support Group</td>
<td>Survivors Healing Center</td>
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<td>Marlon Guarino</td>
<td>11 Alexander Street</td>
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<td>Meets Tuesdays 7pm</td>
<td>Watsonville, CA 95076</td>
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<td>Cost Sliding scale $25-$100 per session. We also bill Medical (Central Coast Alliance for Health).</td>
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<td>Womens groups</td>
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<td>Teen's group</td>
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<td>A group for mothers of survivors</td>
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<td>A group for partners of survivors</td>
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<td>A group for service providers who are survivors</td>
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<td>A Spanish speaking group -Women</td>
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<td>A Spanish speaking mother's group</td>
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<td>A Spanish speaking group - men</td>
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<td>For more information about any of the groups listed above please call 831-423-7601</td>
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<td>Watsonville</td>
<td>Hotline 1-888-900-4232</td>
<td>Monarch Support Services</td>
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<td>24 Hour crisis hotline</td>
<td>Watsonville, CA 95076</td>
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<td>English and Spanish services</td>
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<td>Emergency shelter</td>
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<td>Peer support drop in groups for domestic violence or sexual assault survivors Tue 6 - 7.30pm.</td>
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<td>Weaverville</td>
<td>Hotline 1-800-358-5251</td>
<td>Human Response Network</td>
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<td>24 Hour crisis line</td>
<td>Po Box 2370</td>
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Services for domestic and sexual abuse victims
Domestic violence women's group meets weekly
Peer counseling for victims of sexual assault
Services for child victims
All services are free of charge

West Covina
Hotline 626-967-0658
Our WINGS domestic violence services provide safe emergency and transitional shelter. Support groups are also available.

West Point
Hotline 209-736-4011 or 209-754-4011
Services for survivors/victims of domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

Woodland
Hotline 530-662-1133 or 916-371-1907
24 Hour 7 days a week
Se habla Espanol
Alternative to violence program
Domestic violence response team
Women's domestic violence support group Monday 9am Monday 2pm, Tuesday noon Thursday 9am Thursday 3pm some groups in English some in Spanish call office for details.

Yreka
Hotline 1-877-842-2040
24 Hour crisis hotline
All services are free of charge
Emergency shelter
24 Hour crisis response
Legal advocacy
Individual / group counseling.

Yuba City
Hotline 530-674-5400
We are a refuge providing protection to those caught in the cycles of domestic violence, sexual assault and child abuse.
We offer a 24 hour hotline
Safe emergency shelter
Serving the Counties of Sutter, Colusa and Beale Air Force base.

YWCA - San Gabriel Valley
943-N. Grand Avenue
CA 91724
Hotline 626-967-0658

The Resource Connection
209-754-0658 Main Office

Sexual Assault and Domestic Violence Center
Woodland
175 Walnut Street
CA 95695
Hotline 530-661-6336 Office.

Siskiyou Domestic Violence and Crisis Center
Yreka
118 Ranch Lane
CA 96097
Hotline 530-842-6629 Office.

Casa de Esperanza
Yuba City
PO Box 56
CA 95991
Hotline 530-674-5400 Office

www.empoweryolo.org/
info@sadvc.org

www.sdvcc.org/
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www.facebook.com/SiskiyouDomesticViolenceCrisisCenter

www.facebook.com/EmpowerYolo

www.facebook.com/Casa-de-Esperanza-Yuba-City-126397237518177/