

National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
CALIFORNIA			
National Helpline	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	www.childhelp.org info@childhelp.org Email support form on the website
Statewide	DV Hotline 1-800-799-7233 Statewide Toll Free Hotline.	California Partnership to End Domestic Violence 916-444-7163 Office	www.cpedv.org info@cpedv.org
Statewide	Network of Care. The Network of Care is a website resource for individuals and agencies concerned with behavioral health. It provides information about behavioral health, services, laws and related news, as well as communication tools and other features.	Network of Care 1101 Fifth Avenue Suite 250 San Rafael CA 94901 415-458-5900 nocinformation@networkofcare.org	www.networkofcare.org
Statewide	Surviving and Thriving. Healing Sexual Trauma is an ongoing online therapy group for female identified survivors residing in CA. We meet online Tuesday evenings from 7pm until 8.45pm. The group draws on my book, the Healing Sexual Trauma Workbook: Somatic Skills to Help You Feel Safe in Your Body, Create Boundaries and Live With Resilience, my years of specializing in working with survivors, and lessons learned from my own struggles in healing from sexual trauma. The group is open to childhood survivors as well as adult survivors, unfortunately many survivors have experienced both. Weekly attendance is important, yet there is no commitment to how long you attend the group since there	Erika Shershun Therapy Author of the book: The Healing Sexual Trauma Workbook. 415-570-9409 www.ErikaShershunTherapy.com	Healing@SexualTrauma.com

are many variables contributing to my goal of supporting you in symptom reduction or elimination and the integration of trauma. I also offer individual therapy for male, female, nonbinary and trans survivors in CA, and individual coaching for those residing outside of California.

Agoura Hills

ASTA- Adult Survivors of Trauma Anonymous.
Meetings will be held on Tuesdays 5pm to 6pm.
This is a 12 Step based group for trauma survivors - Of all types of trauma.
We started this group after the Las Vegas Tragedy and wanted to do something for people suffering from trauma. We are fellow travelers that are working the Steps to help find a spiritual solution to our various traumas including: abuse, violence, sexual abuse, rape, emotional trauma and the group is open to all family members affected by a loved ones trauma's. For further details call Matt on 323-875-3592 cell.
Or email at address given.

ASTA- Adult Survivors of Trauma www.awakeningstreatment.com/
Anonymous.
28720 Roadside Drive
Suite 200
Agoura Hills CA91301
Matt@AwakeningsTreatment.com
855-717-3268 Office

Albany

Phase 1 - Thrivers Women's Support Group for Trauma.
We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings and somatic experiences. Sessions last 90 mins with an 8 week or 12 week commitment. For further details Call Laine Demtria 415-705-0776 or email lainedemtria@gmail.com

Laine Demetria
1398 Solano Ave
Albany
CA 94706
415-703-4766 Office

www.mindbodymend.net/
lainedemtria@gmail.com

Albany

Phase 2 - Thrivers Women's Support Group for Trauma.
We empower ourselves to address negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Sessions last 90 minutes with an 8 or 12 week commitment. For further details call Laine Demtria on 415-705-0776 or email Laine at lainedemtria@gmail.com

Laine Demetria
1398 Solano Ave
Albany
CA 94706
415-703-4766 Office

www.mindbodymend.net/
lainedemtria@gmail.com

Altadena

My Name is Azita Milanian. I am President and founder of Children of One Planet, a non profit

Children of One Planet
Altadena
CA 91001

www.childrenofoneplanet.org/
azita@childrenofoneplanet.org

organization that helps orphaned children around the world.
I also own an evening and dance wear company which I use as a tool to raise money for children via shows and benefits.
The proceeds are dedicated to helping children enabling them to live whole, healed and healthy lives.

626-712-3451
[Children of One Planet | Facebook](#)

Alturas	530-233-3311 Victim witness Our program services are provided FREE of charge and there is no legal citizenship requirement to receive assistance. We offer counseling referrals, court escort and court support.	Modoc County Distric Attorney Victim Services 204 S. Court Street Alturas CA 96101 www.co.modoc.ca.us/departments/victim_services.php	www.co.modoc.ca.us victimservices@co.modoc.ca.us
Alturas	Hotlines 885-855-6745 We were formed in 1979 and are the only broad-based, multi funded non-profit in Modoc County. We offer domestic violence shelter and sexual assault victim services.	T.E.A.C.H. Modoc County Crisis Center 112 East Second Street Alturas CA 96101 530-233-3111 Office www.facebook.com/ModocCrisisCenter	www.teachinc.org info@teachinc.org
Angels Camp	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling. The Resource Connection Child Care Resource & Referral Services Facebook	The Resource Connection Angels Camp CA 95222 209-736-2470 Office	
Antioch	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions Antioch CA 94509 925-706-4290 Office	www.cvsolutions.org admin@cvsolutions.org
Arcadia	SIA Saturday Morning Meeting Meets Saturdays 10.30am - Noon Contact person is Kit For further details click on the SIA website meetings directory.	Survivors of Incest Anonymous Arcadia CA	www.siawso.org/
Artesia	Hotline 562-402-4888 Our outreach center serves men, women, teens and children who are victims of domestic violence. We offer group and individual counseling, legal advocacy, court preparation and accompaniment.	Su Casa Family Crisis and Support Center PO Box 998 Artesia CA 90702 562-421-6537 Office	www.sucasadv.org/ info@sucasadv.org
Auburn	Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence	Stand Up Placer 11985 Heritage Oaks Suite 200 Auburn	www.standupplacer.org/

24 Hour emergency shelter CA 95603
24 Hour Crisis response 530-823-6224 Office
Peer and professional counseling
Domestic violence support groups.

Auburn Our program of services are provided FREE of charge and there is no legal citizenship requirement to receive our assistance. Counseling referrals Court escort, preparation and support.

Placer County District Attorney
Victim Services
11562 B Avenue
Auburn
CA 95603
916-543-8000 Office

www.placer.ca.gov
Click Departments then District Attorney

Bakersfield Hotline 661-372-1091 or 800-273-7713 toll free 24 hour crisis intervention Domestic abuse response team Sexual assault response team Domestic violence emergency shelter Individual counseling for adults and children Bilingual peer counseling groups

Alliance Against Family Violence and Sexual Assault
1921 19th Street
Bakersfield
CA 93301
661-322-0931 Office

www.kernalliance.org
info@kernalliance.org

Bakersfield 24 Hr Crisis Line 800-273-7713 Provides one on one assistance to unrepresented parties in child and spousal support cases.

Family Justice Center of Kern County
2101 Oak Street
Bakersfield
CA 93301
661-868-8410 Office

www.facebook.com/Kern-County-Family-Justice-Center-1392659894174810/

Barstow Our staff offer crime related court accompaniment, counseling referrals, We can also arrange temporary shelter and transportation to the shelter.

Victim / Witness Services.
235 East Mountain View
Barstow
CA 92311
760-265-4802 Office
909-382-3800 Office

www.sbcountyda.org

Berkeley Male Survivors Support Group This is a 12 week group with the option to continue longer term Contact Bill Burmester for details Meets Wednesdays 7 pm Cost \$ 40 per session

Bill Burmester
Berkeley
California
510-644-0419 Office
www.billburmester.com/Home.html

bburm6@gmail.com

Beverly Hills We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 3 - 4.30 pm Contact Michelle

Survivors of Incest Anonymous
Beverly Hills
California
310-281-9730

www.siawso.org
BevHillsSIA@gmail.com

Big Bear Lake Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.

DOVES of Big Bear Valley
41943 Big Bear Blvd
Big Bear Lake
CA 92315
909-866-1546 Office
www.facebook.com/DOVES4HELP/

info@doves4help.org

Emergency 17 bed shelter
Programs for male victims
Individual counseling
court accompaniment
Legal advocacy and support groups
Plus outreach services.

Bishop	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available	Wild Iris 386 W Line Street Bishop CA 93514 760-873-6601 office	www.wild-iris.org/ wildiris@wild-iris.org
Bridgeport	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available.	Wild Iris 1000 Twin lakes Road Bridgeport CA 93517 760-934-2491 office 760-873-6601 Bishop Office	www.wild-iris.org/ wildiris@wild-iris.org
Burbank	The Lamplighters Movement provide support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.	The Lamplighters Movement Burbank California margie@thelamplighters.org	www.thelamplighters.org
Burlingame	Hotline 1-800-300-1080 We are San Mateo County's only provider of comprehensive domestic violence services. To access our services please call our 24 hour hotline 1-800-300-1080.	Community Overcoming Relationship Abuse PO Box 4245 Burlingame CA 94011 650-652-0800 Office.	www.corasupport.org info@corasupport.org
Burlingame	Hotline 650-692-RAPE (7273) 24/7 free crisis hotline Crisis and long term counseling Adolescents group for those sexually abuse as children Women's groups for survivors of sexual abuse in childhood Mandarin and Spanish spoken	Rape Trauma Services 1860 El Camino Real Suit 406 Burlingame CA 94010 650-652-0598 Office	www.rapetraumaservices.org info@rapetraumaservices.org
Cabazon	The Lamplighters Movement provide support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.	The Lamplighters Movement Cabazon California margie@thelamplighters.org	www.thelamplighters.org
Camarillo	Adults Molested as Children a 12 week group that addresses the experience and resulting issues of childhood molestation and in a gentle and supportive way help facilitate closure and healing. Each 12 week group is closed but new ones are forming	Julie A Cast Camarillo CA 93010 805-368-2323 Office	www.juliecast.net/
Camarillo	Youth Crisis 805-469-5882 Or 1-800-636-6738 FV & HT Hotline	Interface Children and Family Services	www.icfs.org esternad@icfs.org

We provide a comprehensive family violence program that aims to prevent, interrupt and end the cycle of violence within the family.
Emergency shelter
Safe Journey transitional shelter
Weekly support groups for victims of domestic violence. For more details call 1-800-636-6738.

1305 Del Norte Road
Suite 130
Camarillo
CA 93010
805-485-6114 Office

Canoga Park

Hotline 818-877-6589
Providing safety and support to victims of domestic violence while working to break the cycle of abuse.
Counseling groups
Individual and group support
Drop in clinic Mon - Fri at 10 am
Our groups meet both day & night
Spanish and English groups
Special Survivors group is on going.

Haven Hills Inc
PO Box 260
Canoga Park
CA 91305
818-887-7481 Office
www.facebook.com/HavenHills/

safe@havenhills.org

Carlsbad

Trauma Support Group
Dr McAlister has created this group specifically for those afflicted with previous trauma experiences. Specifically focused on childhood sexual, emotional and physical abuse
Meets Forth Sat 11 - 12.30
\$20-\$40 some insurance accepted

Dr Robert W McAlister
Carlsbad
CA 92008
760-453-2197 Office

Chico

Hotline 1-800-895-8476
We are a non profit organization committed to serving the needs of all victims of domestic violence.
Emergency shelter
Domestic Violence Response Prog
Legal advocacy services
Drop-in service (1-800-895-8476)
Education and prevention program
Individual and group counseling available by appointment in Chico, Oroville and Paradise

Catalyst Domestic Violence Services
PO Box 4184
Chico
CA 95927
530-343-7711 Office

www.catalystdvservices.org
catalyst@catalystdvservices.org

Chico

Hotline 530-324-RAPE (7273)
Child assault prevention Program
Workshops surrounding sexual assault and incest
Child safety outreach program
Serving Butte, Glenn and Tehama Counties.

Rape Crisis Intervention and Prevention
PO Box 423
Chico
CA 95927
530-891-1331 Office

www.rapecrisis.org
info@rapecrisis.org

Chula Vista

Sexual Abuse Survivors Group for Teens
A brand new group for teenagers who have been sexually abused
Meet on Thursday
Cost \$30 - \$40

Lori Linn Pele
Chula Vista
CA 91914
619-379-8482 Office
Lori@eastlakefamilycounseling.com

Chula Vista

Healing from Within-Adult Survivor Group
For adults who were sexually

Lori Linn Pele
Chula Vista
CA 91914

abused as children. Group will run for 10 weeks
Cost \$30 - \$40

619-379-8482 Office
Lori@eastlakefamilycounseling.com

Chula Vista

Hotline 1-800-640-2933
We provide shelter, housing and support for victims of family violence
Domestic Violence Response Team
Counseling for victims and children exposed to violence.

South Bay Community Services
Chula Vista
CA 91911
619-420-3620 Office

ejohnson@csbcs.org

[South Bay Community Services | Compassion | Outreach | Wellness](#)

Claremont

Hotline 1-877-988-5559
We advocate for and assist women and children victimized by domestic violence in transforming their lives by providing culturally competent shelter, programs, education and opportunities. Community services include, legal advocacy and career counseling and individual and group counseling for victims of domestic violence.

House of Ruth
PO Box 459
Claremont
CA 91711
909-623-4364 Office

www.houseofruthinc.org

Coalinga

Hotline 559-222-7273
24 Hour crisis hotline
Crisis intervention
Counseling for survivors of sexual assault & family violence
Advocacy and legal help
All services are free and confidential. For more info call office 559-934-0915

Resource Center for Survivors of Sexual Assault
143 N 5th Street
Coalinga
CA 93210
559-934-0915 Office

Compton

We honor survivors who have broken their silence and support victims who have yet to find their voice.
Crisis intervention
Accompaniment to hospital, law enforcement agencies and at court.
Individual and group counseling
Healing Art Services
Services are offered FREE of charge

YWCA of Greater LA Sexual Assault Crisis Program
Compton
CA 90221
213-365-2991 Office

www.facebook.com/ywcagla/

Concord

Hotline 1-888-215-5555
We provide 24 hour help and peer support by telephone seven days a week.
County wide support groups
visit our web site for more details

STAND! Against Violence
1410 Danzig Plaza
Suite 100
Concord
CA 94520
925-676-2845 Office

www.standffov.org/
info@standffov.org

www.facebook.com/STANDFFOV

Copperopolis

Hotline 209-736-4011
or 209-754-4011
Services for survivors/victims of domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

The Resource Connection
Copperopolis
CA 95228
209-754-2000 S. Andreas Office

info@trcac.org

Corona	Male Survivors of Sexual Abuse Open group will offer support to men sexually abused as children Cost up to \$40	Alan Wager LMFT Corona CA 92882 951-427-6001 Office	info@alanwagertherapy.com
Crescent City	Del Norte Hotline 707-465-2851 Humboldt Hotline 707-445-2881	North Coast Rape Crisis Team Crescent City CA 95531 707-465-6961 Office	www.ncrct.org/
Crescent City	Harrington House shelter Legal advocacy Advocacy through legal, medical and social service system Individual and group counseling Support groups through the week	Rural Human Services 286 M Street Crescent City CA 95531 707-464-7441 Office	rhwfc@gmail.com www.facebook.com/Rural-Human-Services-440113026103937/
Crestline	Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.	DOVES of Big Bear Valley Crestline CA 02325 909-337-5300 Office	DOVES - Domestic Violence Education and Services Facebook
Culver City	Adult Children of Alcoholics / Dysfunctional Families (ACA). Intergroup meets First Sunday of each month at 8pm. Please see website for further details.	SoCal ACA 6666 Green Valley Circle Culver City CA 90230	www.SoCalACA.org Contact form on website LosAngelesACAIntergroup@gmail.com
Culver City	SIA Writing Step Study Meeting Meets Thursdays 7.30pm - 9pm Contact person Sarah S. For further details please click on the SIA meetings directory	Survivors of Incest Anonymous Culver City California	www.siaawso.org/ www.siasocal.org/meetings.html
Culver City	Male Survivor Support Group A peer to peer support group for men 18+ who have been sexually abused. The meeting follows a structured format, not a 12 step. Being part of a group of men who are in recovery reinforces that we are not alone. Meets 1st & 3rd Sundays 4-6pm Cost Optional donation.	Culver City California 323-250-6116 Office	www.malesurvivor.org/
Davis	SIA Group Meeting, Women Only (no scents or perfumes ect) Meets Sundays 3pm to 4.30pm Contact person is Andrea For further details please click on the SIA website meetings directory	Survivors of Incest Anonymous Davis California	www.siaawso.org/
Davis	Childhood Sexual Abuse	Dr Jan Chess	www.janchessmft.com

	<p>Psychotherapy Group This women's supportive group is also open to survivors with a diagnosis of Dissociative Identity Disorder. There is an 8 week commitment and size is limited to 6 women. Cost \$40</p>	<p>Davis CA 95616 530 758-1162 Office</p>	<p>janchess@janchessmft.com</p>
Downey	<p>Hotline 323-780-4357 Making the choice to enter a shelter is not easy. If you are unsure about your options, please contact the Hotline 323-780-4357 Individual and group counseling for residence of our shelter.</p>	<p>Angel Step Inn Domestic Violence Emergency Shelter 11500 Paramount Blvd Downey CA 90241 323-780-4357 Office / Hotline</p>	<p>www.angelstepinn.org</p>
El Cajon	<p>Hotline 1-888-385-4657 Crisis information and referrals Emergency shelter Legal help and advice Mobile medical unit visits Mondays from 9am - noon.</p>	<p>Crisis House Family Shelter El Cajon CA 92020 619-444-1194 Office</p>	<p>www.crisishouse.org</p>
El Centro	<p>Hotline 760-352-7873 crisis line or 760-352-7273 SA line 24 Hour advocate support Intervention and advocacy Prevention & education workshop</p>	<p>Sure Helpline Crisis Center 210 Wake Avenue Suite B El Centro CA 92243 760 352 7878 Office info@SureHelplineCrisisCenter.org</p>	
El Centro	<p>Hotline 760-353-8530 Our mission is to promote and provide a comprehensive response to domestic violence, stalking and human trafficking through outreach and education within the community Emergency shelter for women and children, men have separate house. Legal services and assistance.</p>	<p>Woman Haven, Inc El Centro CA 92243 760-353-6922 Office Or 760-353-8441 Office WomanHaven, A Center for Family Solutions Facebook</p>	<p>info@womanhaven.org</p>
El Monte	<p>Emergency and transition shelters Serving those fleeing from family violence in the communities of El Monte, Baldwin Park and South El Monte.</p>	<p>DV Prevention Services El Monte CA 91731 626-444-9000 Office</p>	
Encinitas	<p>Hotline 877-633-1112 "Carol's House" domestic violence emergency shelter for those fleeing any form of family violence Individual and group counseling FREE to residents of the shelter and open to the community on a sliding fee scale.</p>	<p>Community Resource Center Encinitas CA 92024 760-753-1156 Office www.facebook.com/SanDiegoCRC/</p>	<p>www.crcncc.org/ info@crcncc.org</p>
Encinitas	<p>SIA Group Meeting Thriving One Day At A Time Meets Saturdays 1pm to 2.30pm Contact person is Dulce For further details please click on</p>	<p>Survivors of Incest Anonymous Encinitas California</p>	<p>www.siawso.org/</p>

the SIA website meetings directory.

Escondido	Hotline 1-888-385-4657 Emergency shelter available Domestic violence advocacy Sexual assault advocacy FREE legal services We specialize in psychotherapy to address sexual assault and sexual abuse issues, fees are on sliding scale. Day and evening sessions of group or individual therapy at Pacific Beach, Escondido and La Mesa. Call 1-888-385-4657 for more details or to make an appointment.	Center for Community Solutions www.ccssd.org 106 Grape Street Escondido CA 92025 760-747-6282 Office. www.facebook.com/CenterForCommunitySolutions/
Eureka	We are a lead agency for the Family Violence Project which offers a comprehensive program serving families involved in domestic violence Weekly support and therapy groups Mens education groups There is a low cost for groups, along with a \$65 assesment fee.	Humboldt Family Violence Project 1802 California Street Eureka CA 95501 707-443-6042 Office www.facebook.com/HumboldtDVS/
Eureka	TollFree Crisis Line 866-668-6543 We have been serving the North coast for over 30 years. Our mission is to create an environment that supports individuals safely and breaks the cycle of violence. We provide a crisis support line open 24 hours where you will be put in touch with a trained crisis worker. We will listen, we will not judge, we will provide you with information and we can meet you at a doctor's office, a clinic or a hospital. We provide emergency shelter for clients and their children.	Humboldt Domestic Violence Services dvservices@hdvs.org PO Box 969 Eureka CA TollFree 866-668-6543 707-443-6042 Office www.facebook.com/HumboldtDVS/
Eureka	Hotline 707-445-2881 Humboldt Hotline 707-465-2851 Del Norte Immediate support services to child/adult survivors of all genders of sexual assault. Individual counseling Support groups for adult survivors of sexual assault.	North Coast Rape Crisis Team www.ncrct.org/ Eureka CA 95502 707-443-2737 Office
Fairfield	Hotline 1-866-487-7233 Emergency shelter Domestic violence programs Sexual assault programs Group counseling Support groups	Safequest Solano www.safequest.us/ Fairfield 707-422-7345 Office www.facebook.com/SafeQuestSolano/
Fairfield-Suisun	Fairfield Support Group for Survivors of Sexual Assault Walk-ins welcome Not a 12 step	Sexual Assault Survivors Support Group Fairfield-Suisun California

Meets every Tuesday 10 - 11.30 am
For more details contact Dolly on
707- 422-7345

Firebaugh

Hotline 559-222-7273
24 Hour crisis hotline
Crisis intervention
Counseling for survivors of sexual
assault & family violence
Advocacy and legal help
All services are free and
confidential. For more info call
office 559-659-0232

Resource Center for Survivors of www.rcsfresno.org/
Sexual Assault
838 "O" Street
Firebaugh
CA 93622
559-659-0232 Office

Fort Bragg

Inland Line 707-463-4357
Coastal Line 707-964-4357
Help and planning for leaving an
abusive relationship.

Project Sanctuary
461 N Franklin
Fort Bragg
CA 95437
707-961-1507 Office

www.projectsanctuary.org
info@projectsanctuary.org

Fremont

Hotline 510-794-6055
SAVE helps anyone who is, or has
been in an abusive intimate partner
relationship recently or in the past.
Emergency and longer term shelter
Court accompaniment
Individual counseling
Drop-in support groups, SAVE offer
free and confidential groups
Tuesdays & Thursday 7 - 9 pm
Fridays at 9.15 - 11 am. For more
details call 510-574-2250.

Shelter Against Violent
Environments (S.A.V.E.)
1900 Mowry Avenue
Fremont
CA 94538
510-574-2250 Office

www.save-dv.org
info@save-dv.org

French Camp

Our air is to show the women and
children of our shelter that
forgiveness and the love of Jesus
Christ will foster good decision
making and healthy living.
Domestic and sexual abuse support
referrals.

Haven of Peace Shelter for
Women and Children
French Camp
CA 95231
209-982-0396 Office
www.facebook.com/havenofpeace/

Fresno

Hotline 1-800-355-8989
Services for victims of sexual
assault and domestic violence
Shelter for battered women
Advocacy and support
Historic sexual assault services
All services are free of charge

Community Action Partnership of www.maderacap.org
Madera County CAPMC
4610 W. Jacqueline Avenue
Suite 101
Fresno
CA 93722
559-276-5831 Office
www.facebook.com/maderacap/

Fresno

Hotline 559-233-4357
Marjaree Mason has worked since
1979 to provide safe and supportive
environments for individuals who
are exposed to family violence.
Emergency shelter
Legal advice and assistance
Court accompaniment & advocacy
12 Week therapy groups
Women's DV support groups:
Wednesdays 10-11.30am Spanish
Thursdays 6 - 7.30pm in English

Marjaree Mason Center, Inc
1600 M Street
Fresno
CA 93721
559-233-4357 Office / Hotline

www.mmcenter.org
mmc@mmcenter.org

these support groups are open to the community. For more details call 559-237-4704.

Fresno	Hotline 559-222-7273 24 Hour crisis hotline Crisis intervention Counseling for survivors of sexual assault & family violence Advocacy and legal help All services are free and confidential. For more info call office 559-497-2900.	Resource Center for Survivors of Sexual Assault 259 N Blackstone Avenue Fresno CA 93701 559-497-2900 Office	www.rcsfresno.com mjewell@rcsfresno.org
Fresno	SIA Group Meeting Reawakening SIA Meeting Meets 1st and 3rd Wednesday Meeting time 7pm to 8.15pm Contact person is Alicia For further details please click on the SIA website meetings directory	survivors of Inces Anonymous Fresno California	www.siawso.org/
Gardena	Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth educaiton & outreach Domestic and sexual violence education programs All services are free of charge.	Center for the Pacific Asian Family Gardena CA 90249 800-339-3940 Office / Hotline	www.nurturingchange.org
Gilroy	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Youth & Family Line 408-683-4118 Programs for children & adults.	Community Solutions 9015 Murray Avenue Gilroy CA 95020 408-842-7138 Office	www.communitysolutions.org cs@communitysolutions.org
Glendale	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken Meets Thursdays 7.30 - 9.30 Contact Rubi Zuniga 323-513-5060 Certified Grief Recovery Specialist	Grief Recovery Workshops Rubi Zuniga 300 Vallejo Drive Glendale CA 323-513-5060 Rubi Zuniga	www.freedomfromgrief.com rzunigahz@gmail.com
Glendale	SIA Group Meeting Intimacy and Sexuality Recovery Meets Saturdays 10.30am to Noon Contact person is Colleen	Survivors of Inces Anonymous Glendale California	www.siawso.org/ colleen@siasocal.org

For further details please click on the SIA website meetings directory

Glendale	Hotline 1-888-999-7511 We offer counseling, community referrals, support groups and an emergency shelter through our Domestic Violence Program.	YWCA - Domestic Violence Program 735 East Lexington Drive Glendale CA 91206 818-242-4155 Office YWCA Glendale and Pasadena Facebook
Grass Valley	Hotline 530-272-3467 24/7 365 Day crisis line Shelter and safe housing Sexual assault response team Legal and advocacy services Bilingual womans support group Women's domestic violence group wed 1-2pm Free adults molested as children group for men and women wed 6 - 7.30pm Walk in support group for women Tue 11-12.30, Thur 5.30- 7pm Contact office for more info Home Community Beyond Violence Domestic Violence and Sexual Assault Services Grass Valley (cbv.org)	Community Beyond Violence Formerly - DVSAC info@dvsac.org PO Box 484 Grass Valley CA 95945 530-273-3780 Office Community Beyond Violence -formerly DVSAC Facebook
Hanford	Hotline 1-877-727-3225 Trained peer counselors are available 24/7 to provide support and guidance for men, women, children and teenagers. Emergency shelter Court room accompaniment Legal advocacy program Rape / sexual assault counseling by a professional licensed therapist Sexual Assault Forencic Examiners www.facebook.com/Kings-Community-Action-Organization-346984201996469/	Kings Community Action Org. www.kcao.org/ 1130 N. 11th Avenue Hanford CA 93230 559-582-4386 Office
Hemet	Hotline 866-373-8300 toll Free We are a non profit community based agency striving to provide intervention and counseling services for survivors of sexual assault Emergency shelter Individual counseling Support groups	Center Against Sexual Assault Hemet info@swcasa.org CA 92546 951-652-8300 Office California CASA Association Facebook
Hermosa Beach	Psychotherapy provides you an opportunity to share your thoughts and feelings with someone you trust in order to make progress and find change in your life. A large part of psychotherapy is simply the relationship you build with your therapist and how safe you feel to truly discuss important aspects of your life. The relationship should be collaborative, supportive, yet also	Beach Cities Psychological Services www.beachcitiespsych.com info@beachcitiespsych.com 934 Hermosa Avenue Suite 11 Hermosa Beach CA 90254 310-989-6465 Office

challenging and helpful for you in order to create change and move forward with goals you have set for yourself. Please take a moment to look around the website and read more about our professional backgrounds and the group practice so that you may see whether one of our therapists might be the right fit for you. Feel free to call or email with any questions you might have or to set up a consultation appointment by phone or in person.

Hollister	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults	Community Solutions 310 Fourth Street # 105 Hollister CA 95023 831-637-1094 Office	www.communitysolutions.org cs@communitysolutions.org
Huntington Beach	Men Molested as Children This therapy group is an adjunct to individual therapy for issues stemming from childhood sexual abuse. Members have not abused a child themselves. Both straight and gay men are welcome Every Tuesday 5.30 - 7 pm Cost \$50 - \$70	Dr Lee Blackwell Huntington Beach CA 92647 714-848-7280 Office	www.drblackwell.net lee@drblackwell.net
Irvine	Hotline 1-877-854-3594 We listen to our clients and find out exactly what they need to become free from domestic violence. Emergency shelter, men have a separate shelter. Counseling and support groups for women after they have graduated from our emergency shelter. Walk-in service available but we recommend calling before attending counseling or the legal clinic.	Human Options Inc PO Box 53745 Irvine CA 92201 949-737-5242 Office	www.humanoptions.org info@humanoptions.org
Jackson	Hotline 209-223-2600 or 800-675-3392 Help finding emergency shelter Individual / group counseling for survivors of sexual assault or domestic violence	Operation Care 619 New York Ranch Road Jackson CA 95642 209-223-2897 Office	www.operationcare.org info@operationcare.org
Joshua Tree	Hotline 760-366-9663 Our mission is to provide a safe haven for victims of domestic violence, to educate and assist them through counseling, legal advocacy and building self-esteem. Emergency shelter Legal advocacy and court support Our shelter runs 10 DV support groups throughout the week. Outreach support groups and	Morongo Basin Unity Home Inc 61740 Palms Highway Joshua Tree CA 92252 760-366-9663 Office / Hotline www.facebook.com/1662MBUH/	

counseling in the community. See our website for more details or Call us on 760-366-9663.

Kelseyville	Hotline 1-888-485-7733 24 Hour community crisis line Domestic violence shelter house Counseling and therapy Services for sexual assault survivors recent and past. Workshops and support groups tba call office for more info.	Lake Family Resource Center 5350 Main Street Kelseyville CA 95451 707-279-0563 Office	www.lakefrfc.org ginap@lakefrfc.org
Kings Beach	Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence Trained advocates can help obtain a temporary protective order Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Chidrens program	Sierra Community House PO Box 1232 8321 Steelhead Avenue Kings Beach CA 96143 530-546-0952 Office.	www.sierracommunityhouse.org/
La Crescenta	SIA Group Meeting Emotions (Anger) Release Meets First Sunday of Month Only Meeting time 3pm to 4.30pm Contact person is Mona For further details please click on the SIA website meetings directory	Survivors of Incest Anonymous La Crescenta, near LA California	www.siaawso.org/
Ladera Ranch	Hotline 866-498-1511 Through the comprehensive domestic violence programs and sevicees we offer, victims receive the time and tools necessary to live healthy, independent and violence free lives. Emergency shelter Court accompaniment Legal advocacy services 10 week personal empwermment Individual and group therapy Various groups now running please .Please see website for details.	Laura's House Ladera Ranch CA 92694 949-361-3775 Office	www.laurashouse.org info@laurashouse.org
La Habra	Sexual Abuse Survivors Group This is a group for women survivors of sexual abuse meeting on Monday nights from 6.30 - 7.30 in La Habra. We use the curriculum : Healing The Wounded Heart, by Dan Allender. Please not - Curriculum is Christian based. Cost \$100 per month. I am also willing to start a group for MEN that would meet on Thursdays 6.30-7.30pm.	Sharie Stines PsyD, Catc-V LPCI Lifeline Counseling and Educational Services 1701 Lambert Road, Suite C La Habra CA 90531 562-706-4251 www.facebook.com/LifelineCounselingServices/	counselingfordays@gmail.com
Lakeport	Hotline 1-888-485-7733 24 Hour community crisis line Domestic violence shelter house Counseling and therapy	Lake Family Resource Center 896 Lakeport Boulevard Lakeport CA 95453	www.lakefrfc.org ginap@lakefrfc.org

Services for sexual assault survivors recent and past.
Workshops and support groups
tba call office for more info.

707-279-0563 Main Office

La Mesa

Counseling on an individual or group basis for men women and children.
Spanish and English spoken
Sexual assault including incest
Sliding fee scale based on income.

Center for Community Solutions
7339 El Cajon Boulevard
Suite J
La Mesa
CA 91941
619-697-7477 Office

www.ccssd.org
info@ccssd.org

Lancaster

Hotline 661-945-6736
We are a community based organization dedicated to ending domestic violence. We create and maintain a safe environment where all can re new their lives.
60 Day emergency shelter
Sexual Assault Response Services
Call 661-949-6143 for SARS support
Adults molested as children therapy groups, call office for details

Antelope Valley Domestic Violence Council
PO Box 2980
Lancaster
CA 93539
661-945-5509 Office

www.valleyoasis.org
info@avdvc.org

La Quinta

Partners supporting Molested Partners
This group is designed for partners who are supporting partners who have experienced sexual molestation. The group is open to men and women
Meets second Tues 7 - 8.30 pm
Cost \$20 - \$70

Dr Sally Diane
La Quinta
CA 92253
760-777-1577 Office

www.drallydiane.com
pointhappy245@gmail.com

Livermore

Hotline 925-449-5842
or 800-884-8119
24 / 7 Crisis line
Legal restraining order service
Individual counseling for sexual assault or domestic violence
Domestic violence support groups
Sexual assault support groups

Tri-Valley Haven
3663 Pacific Avenue
Livermore
CA 94550
925-449-5845 Office

[Tri-Valley Haven | Facebook](#)

Lodi

209-465-4878 Domestic violence
209-465-4997 Sexual assault
209-948-1911 youth and HT
24 hour helplines
Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in English and in Spanish
Adult survivors of sexual assault group for women
Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611.
[PREVAIL | Pioneering Restoration and Elevating Voices of Advocacy, Idealism and Leadership \(weshallprevail.org\)](#)

Prevail
29 S. Washington Street
Lodi
CA 95240
209-368-3406 Office.

www.womenscenteryfs.org

Lompoc	Hotline 805-736-0965 Domestic violence hotline and information	Lompoc Shelter Hotline PO Box 1366 Lompoc CA 93438 805-963-4458 Office www.facebook.com/DomesticViolenceSolutions/	
Lompoc	Hotline 805-736-7273 Services for adult and child survivors of sexual assault and child abuse. 24 Hour Crisis line Crisis intervention and advocacy counseling for victims of sexual assault or violence.	North County Rape Crisis and Child Protection Center Lompoc Office CA 93438 805-736-8535 Office	
Lone Pine	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available.	Wild Iris 120 S Main Street Unit 12 Lone Pine CA 93545 760-873-6601 Office	www.wild-iris.org wildiris@wild-iris.org
Long Beach	ASCA Meeting / Support Group Adult Survivors of Child Abuse Meetings on Saturdays From 9am until 10.30am Meeting is FREE but donations are welcome. The contact person is Matt Alquiza if texting please mention ASCA in the text. 562-225-5780 Or you may wish to email for more information. Secondary contact Person is V 714-330-6280 if texting please mention ASCA in text.	ASCA Meeting St Luke's Lutheran Church 5633 East Wardlow Road Long Beach CA 90808 Call or Text 562-225-5780 The meeting takes place in the Pre School Room	ASCA4LB@gmail.com
Long Beach	Male Survivors of Sexual Assault Healing the hurt from sexual assault requires bravery and Strength. This group seeks to create that confidential, trusting safe place where men who have experienced sexual assault can find support. Meets on Sundays Cost \$20 - \$30	Dr Jonathan Brady Long Beach CA 90802 323-456-3010 Office	www.bradyesque.com drbrady@bradyesque.com
Long Beach	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of	Grief Recovery Workshops Sherri Lugo All Saints Episcopal Church 346 Termino Avenue Long Beach CA 562-400-2573	www.freedomfromgrief.com www.griefunchained.com

your life. This is a 10 week program
Participant must join by the third
class.
Meets Thursdays 7.30 - 9.30 pm
Call Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

Long Beach

SIA Group 12 Step Meeting
Meets Saturdays 9am to 10.30am
Contact person is Althea
For further detail please click on
the SIA website meetings directory

Survivors of Incest Anonymous
Long Beach
California

www.siawso.org

Long Beach

Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to
individuals and families affected by
domestic violence since 1979.
Emergency shelter
Legal assistance and advice
Human trafficking awareness
Individual or group counseling

Interval House
6615 East Pacific Coast Hwy
Long Beach
CA 90803
562-594-9492 Office

www.intervalhouse.org
admin@intervalhouse.org

Long Beach

Hotlines 562-597-2002
1-800-656-4673
Crisis support and advocacy

Sexual Assault Crisis Agency
Long Beach
CA 90807
562-989-0309 Office

Long Beach

Survivors of Incest Anonymous
12 Step Support Group.
We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Formerly Orange Co SIA Meeting
Meets Mondays 7pm - 8.30pm
Contact person is Maryjean
For further details please click on
the SIA website meetings directory

Survivors of Incest Anonymous
Long Beach
California

www.siawso.org

Long Beach

Hotline 562-437-4663
Since 1977 we have helped
thousands of families overcome
the trauma caused by domestic
abuse. Emergency shelter where
you will receive legal advocacy,
individual and group support and
all the tools necessary towards
building a life free from violence.

Women Shelter of Long Beach
Long Beach
CA 90806
562 473-7233 office.

info@womenshelterlb.org

[WomenShelter of Long Beach | Long Beach CA | Facebook](#)

[WomenShelter of Long Beach – Serving the Community Since 1977 \(womenshelterlb.org\)](http://www.womenshelterlb.org)

Los Angeles

Childhood Sexual Trauma Men's
Support Group
This is a safe confidential group
for men who are still suffering due
childhood sexual trauma. You will
be guided through experiential
processes which are effective in
relieving trauma.
Group meets every other Tuesday

Raphael Bonchek
Soul Development Center
3162 Los Feliz Blvd.
Los Angeles
CA 90027
Contact No. 323 825-1606

raphael@lctla.com

the session cost is \$50. Please call Raphael for further details.

Los Angeles	Adult Children of Alcoholics / Dysfunctional Families. Group meetings throughout the week. Please see website	SoCal ACA Southern California LosAngelesACAIntergroup@gmail.com	www.SoCalACA.org
Los Angeles	Hotline 310-570-5902 Emergency room response Domestic violence shelter Individual and group counseling In-house legal service	1736 Family Crisis Center 2116 Arlington Avenue Suite 200 Los Angeles CA 90018 327-737-3900 Office	www.1736familycrisiscenter.org
Los Angeles	Adult Women Molested as Children Group therapy for sexual abuse survivors. Allowing the survivor to work on issues of trust, guilt, shame and isolation. Group of 5 women meeting on Wed evening for 16 weeks Cost \$100 www.psychologytoday.com/us/therapists/veronica-abney-los-angeles-ca/73577	Dr Veronica Abney Los Angeles CA 90048 424-625-2956 Office	
Los Angeles	Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth education & outreach Domestic and sexual violence education programs All services are free of charge	Center for the Pacific Asian Family 543 N. Fairfax Avenue Room 108 Los Angeles CA 90036 1-800-339-3940 Office / Hotline	www.nurturingchange.org
Los Angeles East	Rape & DV Hotline 800-585-6231 24 Hour 7 day Hotline Bilingual services for those affected by sexual or domestic violence Crisis intervention service Individual, family or group therapy Support services for friends/family	East Los Angeles Women's Ctn 1255 South Atlantic Boulevard Los Angeles CA 90022 323-526-5819 Office	
Los Angeles	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken For meeting details and times	Grief Recovery Workshops Rubi Zuniga Los Angeles CA 323-513-5060	www.freedomfromgrief.com rzunigahz@gmail.com

Contact Rubi Zuniga 323-513-5060
Certified Grief Recovery Specialist

Los Angeles

Several Trauma & Sexual Abuse Assault Groups
these groups are for women who have survived childhood abuse, adult abuse including physical abuse neglect and emotional abuse
Every Mon, Wed, Sat and Sun at 12-2 pm
Cost \$40 -\$50

Ms Cynthia Henrie
Los Angeles
CA 90042
323-739-4987 Office
323-829-3548
www.psychology.com/therapist/extended.php?aid=299

Los Angeles

Hotline 1-800-479-7328
Our overall goal is to change the pattern of abuse in the lives of women and children. Our programs and services include: Emergency shelter, counseling and help with the legal system.

Jenesse Center Inc
PO Box 8476
Los Angeles
CA 90008
323-299-9496 Office

www.jenesse.org
kearl@jenesse.org

Los Angeles

PTSD, Sexual Abuse Survivors Group
Ptds, trauma, sexual abuse survivors long term process support group for women only
Every Wed & Fri 6 - 7.30 pm
Cost \$50

Mrs Judy Mclaughlin-Ryan
Los Angeles
CA 90024
310-209-0740 Office

www.asrtherapy.com
judy@asrtherapy.com

Los Angeles

310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual assault domestic violence and child abuse.

Peace Over Violence
1015 Wilshire Boulevard
Suite 200
Los Angeles
CA 90017
213-955-9090 Office

www.peaceoverviolence.org
info@peaceoverviolence.org

Los Angeles

213-626-3393 for Central LA
310-392-8381 for South LA
626-793-3385 for W. San Gabriel
877-633-0044 for Stalking helpline
We are a rape crisis center in South Central Los Angeles with a special emphasis on sexual assault crisis counseling and domestic violence services for men and women.
On going crisis counseling
Accompaniment to hospital & court
Prevention and education program
Support groups available. Please see our website for further details.

S.A.F.E./Peace Over Violence
Los Angeles
213-955-9090 Office

www.peaceoverviolence.org/

Los Angeles

Hotline 323-860-5806
Our services are provided by LGBT domestic violence specialists, including certified domestic violence counselors and mental health professionals who are trained in LGBT-domestic violence issues.

STOP Domestic Violence - Gay and Lesbian Center
1625 N. Schrader Boulevard
Los Angeles
CA 90028
323-993-7400 Office

Referrals to LGBT sensitive shelters
Advocacy with law enforcement and
criminal justice systems
Survivors support groups domesticviolence@lgbtcenter.org

Los Angeles SIA Group Meeting www.siawso.org
12 Step Writing Study
Meets Tuesdays 7pm to 8.30pm
Contact person is Mark
For further details please click on
the SIA website meetings directory
Survivors of Incest Anonymous
Los Angeles
CA

Los Angeles SA Center Hotline 323-409-3800
the VIP Sexual Assault Center is
internationally recognized as the
standard of care for victims of
sexual assault.
Groups therapy covers topics such
as: Child sexual abuse recovery
Child physical abuse recovery
and child emotional abuse recovery.
Please call for more details
Violence Intervention Program
1721 Griffin Avenue
Los Angeles
CA 90031
323-221-4134 Office
[Violence Intervention Program | Facebook](#)

Los Angeles Men Molested as Children
The aim of this group is to be
supportive
Group meets for 10 week
increments Wed 7 -8.30 pm
One free screening evaluation
Cost \$50 - \$70
Dr Lisa Victoria Youngman
Los Angeles
CA 90025
310-393-3350 Office

Los Angeles Free after school programs
Youth club violence prevention
Techgyrls program
Individual / group counseling
Clothesline project
YWCA Greater Los Angeles
1020 S Olive Street
7th Floor
Los Angeles
CA 90015
213-365-2991 Office
www.facebook.com/ywcagla/

Los Angeles Mens Interpersonal Process Group
Meets Wednesdays 7pm to 8.30pm
Mixed interpersonal process group
meets Mondays 6pm to 7.30pm
please see Andrew's website for
further details.
Andrew Susskind LCSW, CGP
Los Angeles
California
Tel. 310-281-8681 Office
www.westsidetherapist.com/index.html

Lucerne Valley Hotline 760-248-2064
We provide an emergency shelter,
counseling, assistance with legal
paperwork, support in the court and
a community outreach program.
Lucerne Valley Domestic
Violence Outreach, Inc
PO Box 2003
Lucerne Valley
CA 92356
760-248-2064 Office / Hotline
www.lucernevalley.net/orgs/domestic/info.htm

Madera Hotline 1-800-355-8989
Services for victims of sexual
assault and domestic violence
Shelter for battered women
Advocacy and support
Historic sexual assault services
All services are free of charge
Community Action Partnership of www.maderacap.org
Madera County CAPMC
1225 Gill Avenue
Madera County CAPMC
CA 93637
559-673-9173 Office

Mammoth Lakes Hotline 1-877-873-7384
Wild Iris www.wild-iris.org

	Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling Support groups available.	635 Mammoth Road Suite 201 Mammoth Lakes CA 93546 760-934-2491 Office	wildiris@wild-iris.org
Marina	Our mission is to lead in ending the cycle of homelessness or violence by providing safe housing and compassionate support and opportunities for self sufficiency through outreach, emergency shelter, transitional housing and supportiveservices throughout Monterey County.	Shelter Outreach Plus PO Box 1340 Marina CA 93933 831-384-3388 Office. www.communityhomelesssolutions.org/dv	info@shelteroutreachplus.org
Mariposa	Hotline 1-888-966-2350 We offer hope, support and recovery for those who are or have been victims of domestic violence. Providing emergency shelter Assistance with legal matters Accompaniment to the courts Counseling and support groups	Mountain Crisis Services PO Box 2075 5079 Highway 140 Mariposa CA 95338 209-742-5865 Office	www.mountaincrisisservices.org
Martinez	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions Martinez CA 94553 925-608-5650 Childrens Center	www.cvsolutions.org admin@cvsolutions.org
McKinleyville	Our mission is to promote the stability and security of families and to protect the best interests of indian children. Please visit our website for more details on family and individual counseling.	Two Feathers Native American Family Services 2355 Central Avenue Suite C McKinleyville CA 95519 707-839-1933 Office	www.twofeathers-nafs.org frontdesk@twofeathers-nafs.org
Merced	Hotline 209-722-4357 We provide service to victims of domestic violence and sexual assault, including: Emergency shelter Individual and group counseling Advocacy services Assistance with legal matters and court appearances.	A Woman's Place of Merced PO Box 822 Merced CA 95341 209-725-7900 Office www.facebook.com/ValleyCrisisCenterMerced/	www.valleycrisiscenter.org/ dhaines@mcoe.org
Merced	Hotline 209-722-4357 We can help you and your kids get safe today. We can provide a safe, confidential shelter, help you to develop a safety plan, help you with all the legal paperwork and help you to access local counseling and support groups.	Valley Crisis Center 1960 P Street Merced CA 95340 209-725-7900 Office	www.valleycrisiscenter.org
Mission Viejo	Adults Sexually Abused As Children	Dr Evan Fewsmith Mission Viejo	info@orangecountytherapy.com

Groups to address issues resulting from childhood sexual abuse, this may or may not include incest. The group is safe and I interview every member to ensure group safety. Men and women welcome

Meets Every thurs 10.30 - 12.30
Cost \$60 - \$70

www.psychologytoday.com/us/therapists/evan-fewsmith-mission-viejo-ca/34064

CA 92691
949-249-9040 Office
www.orangecountytherapy.com/

Modesto

Hotline 209-577-5980
24 Hour Crisis line
Support groups for domestic violence and sexual assault
Legal advocacy, help with restraining orders
Peer counseling
Individual therapy
Referrals to trusted professionals
Serving Ceres, Turlock & Patterson.

Haven Women's Center
618 13th Street
Modesto
CA 95354
209-524-4331 Office

www.havenwcs.org/
info@havenwcs.org

Monterey

Especially For Men Group
Male Survivors of Childhood Sexual Abuse. On-going since 1992
Stephen Braveman facilitates this healing group and provides men a safe, private and nurturing environment to move beyond the pain related to childhood sexual abuse. Participants work through isolation, fear, confusion, anger, depression and low self-esteem with other men who have had similar experiences.

Join the hundreds of men who have worked through our program and have become empowered to take their lives back.

Group meets every Monday night from 6pm to 8pm. \$30.00 each group.

Call Wanda Braveman on 831-375-7553 for qualifying intake appointment.

www.psychologytoday.com/us/therapists/stephen-l-braveman-monterey-ca/70921

Stephen L Braveman
The Intimacy, Sexual & Gender Center of Monterey
Monterey
CA 93940
Appointments 831-375-7553
www.isgcmonterey.net/

info@isgcmonterey.com

Monterey

Hotline 831-375-4357
24 Hour hotline
Rape prevention education for 7th grade, 8th grade & high school
Safety awareness 1st grade 3rd grade and 6th grade
Also drug and alcohol education

Monterey Rape Crisis Center
PO Box 2630
Monterey
CA 93942
831-373-3955 Office

www.mtryrapecrisis.org
info@mtryrapecrisis.org

Monterey

Hotlines 831-372-6300
Or 831-757-1001
Since 1971 we have worked to empower women, families and individuals by providing a domestic violence program including:
Emergency shelter and legal and

YWCA - Monterey
457 Webster Street
Monterey
CA 93940
831-422-8602 Office
www.ywcamc.org/

court advocacy.

Morgan Hill	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults	Community Solutions 16264 Church Street # 103 Morgan Hill CA 95037 408-779-2113 Office	www.communitysolutions.org cs@communitysolutions.org
Murphys	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling The Resource Connection Child Care Resource & Referral Services Facebook	The Resource Connection Murphys CA 95247 209-754-2000 Main Office	info@trcac.org
Napa	Hotline 707-225-6397 or 1-800-799-7233 24 Hour Crisis line Se habla Espanol Safe house for those fleeing domestic or sexual violence Advocates and shelter for children survivors of violence Counseling services Group counseling free of charge	Napa Emergency Women's Services 1141 Pear Tree Lane Suite 220 Napa CA 94558 707-255-3697 Office	www.napanews.org info@napanews.org
Newhall	Hotline 661-259-4357 Safe shelter referrals Help with safety planning Accompaniment to the court Counseling and support groups.	DVC of Santa Clarita Valley PO Box 220037 Newhall CA 91322 661-259-9439 Office	
Newport Beach	Hotline 877-854-3594 Our mission is to provide a safe haven and life changing programs to help abused women and their children and families. We work with the community to break the cycle of domestic violence. Emergency women's shelter 24 Hour crisis and support line Community education program Counseling and support groups	Human Options PO Box 9376 Newport Beach CA 92658 949-764-8100 Office	www.humanoptions.org/
North Hollywood	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of	Grief Recovery Workshops Sandi Atmore Summers Chiropractic 4418 Vineland Ave Suite 208 North Hollywood CA 323-698-5570	www.freedomfromgrief.com www.griefunchained.com

your life. This is a 10 week program
Participant must join by the third
class.
Meets Thursdays 7 - 9 pm
Call Sandi Atmore 323-698-5570
Certified Grief Recovery Specialist

North Hollywood We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meets Wednesday 7.30 - 9 pm
Contact Denise
For further details please click on the SIA website meetings directory

Survivors of Incest Anonymous
North Hollywood
CA

bluedolphin96@gmail.com
www.sawso.org

Northridge Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program
Participant must join by the third class.
Meets Mondays 7 - 9 pm
Natasha Jackson 213-880-9917
Certified Grief Recovery Specialist

Grief Recovery Workshops
Natasha Jackson
18341 Sherman Way
Suite 204
Northridge
CA
213-880-9917

www.freedomfromgrief.com
nmjackson24@gmail.com

Northridge 818-886-0453 San Fernando Vly
661-253-0258 San Clarita Valley
24 hour Crisis team
Services for adults abused as children
Child maltreatment treatment
Community counseling
Family support services
Male survivors welcome

Strength United
California State University
Northridge
818-677-1200 office
www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/

Oakland Hotline 510-536-7233
A Safe Place exists to break the cycle of domestic violence.
We offer programs for women, men and teens.
Advocacy at court & social services
Help with legal documents
Individual or group counseling with a licensed professional.

A Safe Place
PO Box 23006
Oakland
CA 94623
510-986-8600 Office

www.asafeplace.org/

Oakland Hotline 510-845-7273
24 Hour Crisis hotline
Se habla Espanol

Bay Area Women Against Rape
Oakland
CA 94612

vicki@bawar.org

Advocacy & legal services
Community education
Individual counseling for survivors
Services are free & confidential

510-430-1298 Office
[BAWAR | Facebook](#)

Oakland

Survivors of Childhood Sexual Abuse
A therapy group for survivors of childhood sexual abuse. The group work deeply with each other to gently work through the trauma of childhood sexual abuse including incest. Three month commitment
Meets every Wed 6.30 - 8 pm
cost \$50 +

Rose Phelps
Oakland
CA 94610
510-658-4344 Office
www.rosehelpsmarriagefamilytherapist.com

Oakland

Adult Incest Survivors
this adult incest survivors therapy support group treats self blame, anger, addiction, relationship issues, sexual issues and other symptoms of PTSD
Meets every Wed 7.30 - 9 pm
Cost \$50
www.psychologytoday.com/us/therapists/karen-sprinkel-individual-family-trauma-therapy-oakland-ca/66695

Ms Karen E Spinkel
Oakland
CA 94610
510-878-4177 Office
Or 510-918-8424

Oceanside

760-754-5500 Information hotline
Providing a residential shelter for abused, neglected or abandoned children.
Therapy for children
Counseling and daily discussion
On site schooling for pre school to 12th grade.

Casa de Amparo Shelter for Children
4070 Mission Avenue
Oceanside
CA 92057
760-754-5500 Office / intake
www.casadeamparo.org/

Oceanside

The Brother Bennos Foundation provides a transitional living house for women with children who are in need of shelter.

The House of Martha, Ann, Mary and Ida. (MAMI)
Oceanside
CA 92054
760-439-1244 Office
www.brotherbenno.org

Oceanside

Hotline 760-757-3500
24 Hour hotline
Se habla Espanol
Temporary emergency shelter for battered women and children
Crisis intervention
Group and peer counseling.

Women's Resource Center
1963 Apple Street
Oceanside
CA 92054
760-547-8800 Office
www.wrcsd.org

Orange

Hotline 877-577-7267 Toll Free
We offer child / youth services, child abuse counseling, emergency shelters, and transitional housing in multiple communities throughout Southern California.
Serving Camaillo, Crestline, Garden Grove, Hueneme, Long Beach, Pasedna, Riverside, Santa Clarita, San Diego, Santee, South Bay,

Lutheran Social Services of Southern California
2560 North Santiago Blvd
Orange
CA 92867
714-534-6450 Orange Office
www.lsssc.org/
info@lsssc.org

Thousand Oaks, Van Nuysm
Ventura. Also Apple Valley and
Big Bear.

Orange	DV Hotline 1-800-799-7233 We first opened our doors in 1979, since that time thousands of women and their children have found shelter, safe refuge and a new beginning as a result of The Sheepfold Ministry.	The Sheepfold PO Box 4487 Orange CA 92863 714-237-1444 Office / Hotline	www.thesheepfold.org mail@thesheepfold.org
Orange	Hotline 1-877-531-5522 Emergency shelter Transitional housing program Immigration clinic and services Court advocacy Legal assesments and referrals Outreach services to all survivors of domestic violence and human trafficking. A legal clinic is held every 1st Wednesday.	Women's Transitional Living Center Inc PO Box 6103 Orange CA 92863 714-992-1939 Ext 100 Office	www.wtlc.org info@wtlc.org
Orinda	SNAP Support Meeting Meets Sundays 3pm to 5pm First meeting Sunday February 5th. Contact Melanie on 925-708-6175	SNAP Support Meeting Orinda Library, Room A 26 Orinda Way Orinda Melanie Sakoda 925-708-6175	SNAP Facebook melanie.sakoda@gmail.com
Oxnard	Hotline 800-300-2181 805-656-4439 Hearing impaired Hotlines available 24/7 Crisis intervention program Emergency shelter Support groups for victims of domestic violence,sexual assault and incest call office for info.	Coalition for Family Harmony 1030 North Ventura Road Oxnard CA 93030 805-983-6014 Office	www.thecoalition.org j.campbell@thecoalition.org
Palm Desert	Hotline 909-885-8884 We provide a 24 Hour hotline for victims of sexual assault. Outreach counselors are able to go with the victim to the hospital or the police station. Individual and group counseling Accompaniment - legal process Bilingual counselors on call Serves Coachella Valley and the Morongo Basin	Coachella Valley Sexual Assault Services 24 - 333 Highway 111 Suite 103 Palm Desert CA 92260 760-568-9071 Office	
Palm Desert	Adults Molested as Children this group is for those who have been sexually abused as children Meets on Tuesdays Cost \$20 - \$30	Dr Jamie D Kirkpatrick Palm Desert CA 92260 760-285-6909 Office	www.drjamiekirkpatrick.com drjamie4u@yahoo.com
Palm Desert	Hotlines 760-328-7233 Or 1-800-775-6055 We provide comprehensive services to victims of domestic violence - Professionally, ethically and compassionately.	Shelter from the Storm 73555 Alessandro Drive Suite D Palm Desert CA 92260 760-674-0400 Office	www.shelterfromthestorm.com

Emergency shelter
Transitional housing
Individual and group counseling at
the Edra Blixseth community center
Outreach centers in Hot Springs,
Palm Desert and Palm Springs
Se habla Espanol

Pasadena

We were established in 1995 as an independent non profit organization with a mission to stop family or domestic violence. We help men women and children through legal advocacy, accompaniments to court proceedings. We offer empowerment groups and outreach and education.

Grace Center
PO Box 40250
Pasadena
CA 91114
626-356-4200 Office

Pasadena

Hotline 323-681-2626
We are the first domestic violence shelter of it's kind in the country. We are dedicated to helping abused women and their children on their way towards a violence free life. We are proud to be a program of the Jewish Family Services of LA.
Emergency shelter
Prevention and education program
Individual and group counseling within the local community.

Haven House
PO Box 50007
Pasadena
CA 91115
877-275-4537 Central Office

[www.jfsla.org/
communications@jfsla.org](http://www.jfsla.org/communications@jfsla.org)

www.jfsla.org/our-services/domestic-violence/

Pasadena

Survivor: A Mens Psychtherapy Group
Are you a man who was sexually abused as a child? Do you struggle to overcome the scars from this abuse? This is a 20 week group where these issues can be discussed in a safe and confidential environment
Meets on Mondays
Cost \$50

Dr Ellen Miller Kwon
Pasadena
CA 91101
626-807-5451 Office

Pasadena

Sexual Abuse Survivors Group for Women
This group is targeted to sexual abuse, incest, assault and rape issues
Meets every other Mon 7 - 8.30
2 Sexual abuse survivors groups Mondays and Thursdays 7 - 8.30pm
Also a Co-Ed Sexual Abuse Survivors group that meets Wednesdays.
Male Sexual Abuse Survivors group
Please call 818-434-6051 for more details.

Ms Cristina Noelle Mardirossian
Pasadena
CA 91106
818434-6051 Therapy Info
www.pasadenatraumatherapy.com

cnm.therapy@gmail.com

Pasadena

310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services

Peace Over Violence
892 N Fair Oak Avenue
Suite D
Pasadena
CA 91103-3046

www.peaceoverviolence.org
info@peaceoverviolence.org

Intervention services
Counseling for survivors of sexual
assault domestic violence and
child abuse

626-584--6191 Office

Pasadena

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Meet Monday 7.30 - 9 pm
Contact John
For further details please click on
the SIA website meetings directory.

Survivors of Incest Anonymous
Pasadena
CA
626-305-9113 Office

www.siawso.org

Paso Robles

24/7 Crisis Line 855-866-7473
Counseling (Individual or Group)
Crisis Services (available in Spanish
and English)
Emergency Safe Houses
Advocacy / Accompaniment
Temporary Restraining Orders
Weekly Support Groups
Services for Survivors, and family /
friends / loved ones.

RISE
1030 Vine Street
Paso Robles
CA 93446
805-226-5400 Office

contact@RISEslo.org

Placerville

Hotline 530-626-1131
or 916-939-6616
24 Hour Crisis hotline
for survivors of sexual assault and
domestic violence
Support groups for adults
molested as children for 14 weeks
2 hour sessions. There is a
charge but something can be
worked out.

The Center for Violence Free
Relationships
344 Placerville Drive
Suite 11
Placerville
CA 95667
530-626-1450 Office
Or 916-939-4464

www.thecenternow.org
info@thecenternow.org

Pomona

Rape Hotline 909-626-4357
C abuse Hotline 626-966-4155
Professional counseling to
survivors of sexual assault or
child abuse The first ten sessions
are free with proof of income.
Support groups of peers for adults
& adolescent survivors of sexual
assault and abuse.

Project Sister Family Services
PO Box 1369
Pomona
CA 91769-1369
909-623-1619 Office
Or 626-915-2535

www.projectsister.org
info@projectsister.org

Porterville

Hotline 559-784-0192
The central California Family Crisis
center is a multi cultural organization
which exists to protect individuals
and families from domestic violence
Emergency shelter 559-781-7628
Transitional housing
Legal advocacy
Accompaniment to the courts
Domestic violence counseling
Community outreach & education.

Family Crisis Center
770 North Main Street
Porterville
CA 93258
559-781-7462 option 0 Office
559-781-7628 option 1 Shelter

www.ccfamilycrisis.org

Quincy

877-215-7273 Rape Crisis Line
or 1-877-332-2754 Crisis Line

Plumas Crisis Intervention and
Resource Center

24 Hour crisis help line
Crisis intervention and prevention
Serving Portola and Greenville.
591 West Main Street
Quincy
CA 95971
530-283-5515 Office
www.facebook.com/PlumasCrisisInterventionandResourceCenter/

Rancho Mirage It Happens To Boys
Free group for men who were
abused as children. There is no
cost other than a willingness to
work on the healing process
Meets second Tues 7 - 9 pm
Free of charge
Carol Teitelbaum
Rancho Mirage
CA 92270
760-332-8987 Office

Red Bluff Hotline 530-528-0226
Or 1-800-324-6473 Toll Free
Whether you are currently in an
abusive relationship or recovering
from domestic violence we have
trained staff available to help you.
Emergency shelter
Crisis counseling
Prevention and intervention
Power to Choose support group
Untangling Relationships 12 week
group to cope with problem areas
Counseling services
Empower Tehama
717 Pine Street
Red Bluff
CA 96080
530-727-9423 Counseling
www.empower-tehama.squarespace.com/

Redding Hotline 530-244-0117 toll free
24 Hour Crisis hotline
Free services for victims of
domestic violence & sexual
assault. Assistance to men and
women regardless of age, race or
sexual preference.
Individual / group counseling
Programs for children in shelter
Emergency transportation
Legal assistance and advocacy
Shasta Women's Refuge
2280 Benton Drive
Building A
Redding
CA 96003
530-244-1117 Office / Hotline
[www.ospshasta.org/
crisisline@scwr.org](http://www.ospshasta.org/crisisline@scwr.org)
www.facebook.com/OneSafePlaceShasta/

Redondo Beach The Lamplighters Movement
provides support for adult survivors
of child sexual abuse, rape, incest,
sexual assault and domestic
violence. For further details please
see our website.
The Lamplighters Movement
Redondo Beach
California
www.thelamplighters.org
margie@thelamplighters.org

Redwood City Adults Abused as Children
This group explores the long term
effects of sexual, physical and
emotional abuse
Meets every Tues 6 - 7.30 pm
Cost \$40
Ms Pat A Grabianowski
Redwood City
CA 94062
650-503-4357 Office
www.sequoiacounseling.com
info@sequoiacounseling.com

Reseda Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
Grief Recovery Workshops
Vicki Hagadorn
Kirk O'The Valley Church
19620 Vanowen Street
Reseda
CA
818-415-4568
www.freedomfromgrief.com
vanhagadorn@gmail.com

emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.

Meets Saturdays 10am - noon
Call Vicki Hagadorn 818-415-4568
Certified Grief Recovery Specialist

Ridgecrest

760-375-7525 domestic violence
760-375-0745 sexual violence
760-375-7100 Report child abuse
24 Hour hotline numbers
All services open to men, women and children
Emergency room support
Advocacy and legal help
Group counseling re drugs and alcohol in a violent home
One to one peer counseling

Women's Center - High Desert
134 South China Lake Blvd
Ridgecrest
CA 93555
760-371-1969 Office

Riverside

951-683-0829 Riverside City
800-339-7233 Riverside County
Our mission is to improve the quality of life and create hope by ending the cycle of domestic abuse through services and education.
Emergency shelter
Court advocacy
Community education
Educational support groups
Outreach offices in Riverside, Corona and Hemet providing support, counseling and advocacy.

Alternatives to Domestic Violence
PO Box 910
Riverside
CA 92502
951-320-1370 Office

www.alternativestodv.org/

Riverside

Hotline 951-686-7273
for men, women and teenage survivors
Individual and group counseling
Support groups
Community education
Services for adults molested as children.

Riverside Area Rape Crisis Ctr
1845 Chicago Avenue
Suite A
Riverside
CA 92507
951-686-7273 Office / Hotline

www.rarcc.org
info@rarcc.org

Roseville

Hotline 800-575-5352
24 Hour Crisis line
Help for victims of domestic and sexual violence
24 Hour emergency shelter
24 Hour Crisis response
Peer and professional counseling
Domestic violence support groups

Peace for Families
700 Sunrise Avenue
Suite N
Roseville
CA 95661
916-773-7273 Office

www.standupplacer.org/

Sacramento

CASH provides services to victims of sexual exploitation, sex trafficking and prostitution.
Outreach and education
Peer counseling

Communités Against Sexual Harm (CASH)
PO Box 160022
Sacramento
CA 95816

www.cashsac.org
info@cashsac.org

	Health information Assistance with housing/healthcare Support groups.	916-856-2900 Office	
Sacramento	Our shelter program for women and children assists families in transition from crisis to self sustainability. Emergency shelter.	St. John's Shelter Program Sacramento CA 95814 916-453-1482	www.stjohnsshelter.org
Sacramento	Hotlines 916-920-2952 24 Hour support & information Se habla Espanol Services for teens, men & women Crisis intervention counseling Temporary safe house Evening support groups.	WEAVE Inc 1900 K Street Sacramento CA 95811 916-448-2321 Office	www.weaveinc.org info@weaveinc.org
Sacramento	SIA Group Meeting Hurting 2 Healing 2 Helping Meets 1st and 3rd Friday of Month Meeting time is 6.30pm Contact person is Treva For further details please click on the SIA website meetings directory	Survivors of Incest Anonymous Sacramento California	www.siawso.org/
Sacramento	SIA Group Meeting Saturdays 10am to 11.30am Contact person is Julie For further details please click on the SIA website meetings directory	Survivors of Incest Anonymous Sacramento California	www.siawso.org/
Saint Helena	Men: Adult Survivors of Childhood Sexual Abuse Group. Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is \$240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details \$50 - \$60 per session.	Patricia Gray psyD. JD St Helena CA 94574 707-739-4798 Office	drpatriciagray@vom.com
Saint Helena	Women: Adult Survivor of Childhood Sexual Abuse. Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email	Patricia Gray psyD. JD St Helena CA 94574 707-739-4798 Office	drpatriciagray@vom.com

Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.
Issues: Sexual abuse, neglect
Adults only. Session cost \$50 -\$60 per session.

Salinas	Hotline 831-424-4357 24 Hour hotline Rape prevention education for 7th grade, 8th grade & high sch Safety awareness 1st grade 3rd grade and 6th grade Also drug and alcohol education.	Monterey Rape Crisis Center PO Box 2401 Salinas CA 93902 831-771-0411	www.mtryrapecrisis.org info@mtryrapecrisis.org
San Andreas	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling. The Resource Connection Child Care Resource & Referral Services Facebook	The Resource Connection San Andreas CA 95249 209-754-2000 Office 209-754-4014 Office	info@trcac.org
San Bernardino	Counseling programs for victims of family violence. Serving Riverside and San Bernardino Counties	Family Service Agency of San Bernardino 1669 North East Street San Bernardino CA 92405 909-886-6737 Office	
San Bernardino	Hotline 909-381-3471 We provide shelter, transitional housing, outreach services, legal services, information and education to victims of family violence.	Option House PO Box 970 San Bernardino CA 92402 909-383-1602 Office	www.optionhouseinc.com/
San Bernardino	Hotline 909-885-8884 24 hour crisis intervention hotline Bilingual services Hospital / court advocacy Community education Individual & group counseling All services free of charge Serving Redlands, Yucaipa, Coachella Valley & Morongo Basin.	Partners Against Violence Services 444 North Arrowhead Avenue Suite 101 San Bernardino CA 92401-1221 909-885-8884 Office/Hotline Nonprofit Partners Against Violence	
San Diego	Female Survivors Group Peer group for adult women sexually abused as children Male groups are forming Screening interview is required Please call for more information Meets every Saturday Cost \$25	Svava Brooks Peer group facilitator San Diego CA 92117 619-889-6366 Office	svava@educate4change.com www.svavabrooks.com/ Contact form on website
San Diego	Hotline 1-888-385-4657 toll free 24 Hour hotline Specialist in psychotherapy addressing the emotional aspects	Center for Community Solutions 4508 Mission Bay Drive San Diego CA 92109	www.ccssd.org info@ccssd.org

of sexual assault, sexual abuse and domestic violence.
Group and individual sessions.
Day and evening appointments, most services available in English or Spanish
Fees based on income, FREE 30 day safe shelter.

San Diego

Healing from Childhood Sexual Abuse
A group that will combine personal sharing and support with education and information. Topics covered included understanding feelings of guilt, shame, anger and grief. Understanding the dysfunctional coping strategies such as denial and addiction. Meets every Monday at Noon
Cost \$40 - \$60

858-272-5777 Office
Dr Aimee Cornelius Pearson
San Diego
CA 92110
619-647-5592 Office

www.aimeepearson.com
draimeepearson@yahoo.com

San Diego

Counseling on an individual or group basis. Services for sexual assault including incest. Men women and children welcome
Spanish and English spoken
Fee based on income

Counseling Mission Bay
4508 Mission Bay Drive
San Diego
CA 92109
858-272-5777 Office

www.ccssd.org
info@ccssd.org

San Diego

ECSP provides comprehensive social services to low income families and individuals. We have a program for those who find themselves dealing with domestic violence.

Episcopal Community Services of San Diego
4305 University Avenue
Suite 400
San Diego
CA 92105
619-228-2800 Office.

www.ecscalifornia.org
info@ecscalifornia.org

San Diego

Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program
Participant must join by the third class.
Meets Saturdays 9am - 11am
Pamela Blomdal 858-213-3997
Certified Grief Recovery Specialist

Grief Recovery Workshops
Pamela Blomdal
Hillside Club House
12979 Community Road
Poway
CA
858-213-3997

www.freedomfromgrief.com
pamelablomdal@yahoo.com

San Diego

Sexual Abuse/Assault and Adolescent Girls
Therapy for girls 13-18 year.
Group addresses self esteem

Dr Azmaira Maker
San Diego
CA 92130
858-531-1122 Office

www.aspiringfamilies.com/

body issues, depression, anxiety
and ptsd
cost \$40-\$50

San Diego

This emergency shelter for women and children under 16 provides a secure place to sleep when fleeing domestic violence.

San Diego Rescue Mission
PO Box 80427
San Diego
CA 92138
619-687-3720 Office

www.sdrescue.org
sdrinfo@sdrescue.org

San Diego

SNAP Self Support Group Meetings
First Saturday of each month
starting on January 5th 2019.
10.00am to 12.00 noon.
For further details contact Nancy
Lonnecker the volunteer leader on
949-374-2341 or by email at
njholling@gmail.com

SNAP Self Support Group
The Rancho Bernardo Library
17110 Bernardo Center Drive
San Diego
CA 92128
Contact Nancy 949-374-2341
www.facebook.com/SNAPNetwork/

njholling@gmail.com

San Diego

Male Survivors Group
This is a group for high functioning
adult males who have had a
history of childhood abuse.
Screening interview required
Meets every other Monday
Cost \$60

Dr Paul R Sussman
San Diego
CA 92103
619-339-8228 Office

www.paulsussmanphd.com
paulsussmanphd@gmail.com

San Diego

DV Hotline 619-234-3164
Becky's House domestic violence
program supports the individual
from victim to survivor to thriver.
30 Day emergency shelter
Group therapy
Legal assistance

YWCA of San Diego County
1012 C Street
San Diego
CA 92101
619-239-0355 Office

www.ywcasandiego.org

San Francisco

Women' Group for Survivors of
Sexual Trauma
this group provides a safe space
for female survivors to heal
12 week initial commitment
Space is limited
Every Wednesday 6 - 8 pm
Cost \$30 - \$60

Christina Arguello
San Francisco
CA 94118
650-303-8334 Office
Christina_arguello@hotmail.com

www.mindfultherapysf.com

San Francisco

Hotline 1-877-751-0880
A resident of AWS is provided with
safe housing, multi lingual support
legal advocacy plus individual and
group support. We also have a
Queer Asian Womens and Trans
gender support program QAWTS.
For those in need in the community
we offer direct intervention, public
awareness and Chit Chat support
groups. Call 415-751-7110 for
more details.

Asian Women's Shelter
San Francisco
CA 94110
415-751-7110 Office

www.sfaws.org
info@sfaws.org

San Francisco

Hotline 415-441-KIDS (5437)
The only way to reach us with an
urgent concern is through our 24
Hour hotline.
Our center offers FREE ongoing

Safe And Sound
711 Van Ness Avenue
Suite 305
San Francisco
CA 94109

www.safeandsound.org/
info@safeandsound.org

support groups and workshops for children and parents.
Low cost counseling individually or as a family. 415-668-0494 Office.

San Francisco

Hotline 415-333-4357
Founded in 1979 CUAV works to build the power of LGBTQ communities to transform violence and oppression.
Short term advocacy-based peer counseling for LGBTQ's dealing with abuse and violence.
Healing trauma support groups.

Community United Against Violence
427 South Van Ness Avenue
San Francisco
CA 94103
415-777-5500 Office

www.cuav.org
info@cuav.org

San Francisco

Thrivers - Phase 1 - Women's Support Group for Trauma.
Tuesdays 5 - 6.30pm
We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings, beliefs and somatic experiences. Cost is \$65 per session with an 8 week or 12 week commitment. For further details call Laine - 415-705-0776
Or email lainedemtria@gmail.com

Laine Demtria LMFT
2120 Market Street
Suite 209
San Francisco
Contact No. 510-703-4766

www.mindbodymend.net
lainedemtria@gmail.com

San Francisco

Thrivers - Phase 2 - Women's Support Group for Trauma
Tuesdays 7 - 8.30pm
We empower ourselves to address Negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Cost is \$65 per session with an 8 week or 12 week commitment. For further details call Laine on 415-705-0776 or email lainedemtria@gmail.com

Laine Demtria LMFT
2120 Market Street
Suite 209
San Francisco
Contact No. 510-703-4766

www.mindbodymend.net
lainedemtria@gmail.com

San Francisco

Sexual Abuse Recovery Program
Rachel Grant is the owner and founder of Rachel Grant Coaching and is a sexual abuse recovery coach. Also the author of "Beyond Surviving" dealing with the final stage of recovery from sexual abuse.
Rachel works with survivors of childhood sexual abuse who are beyond sick and tired of feeling broken, unfixable and burdened by the past. Email sessions are available. Month to month program. 8 month program offering maximum support. Please see the website for further details or call 415-513-0700

Rachel Grant Recovery
San Francisco
415-484-5682 Office
coach@rachelgrantcoaching.com

www.rachelgrantcoaching.com

San Francisco

1-877-503-1850 Hotline - Adults
1-877-923-0700 Hotline - Teens

La Casa de Las Madres
1663 Mission Street

www.lacasa.org
info@lacasa.org

Our mission is to respond to calls for help from domestic violence victims.
Emergency shelter
Advocacy and legal assistance counseling and support groups

Suite 225
San Francisco
CA 94103
415-503-0500 Office

San Francisco

Hotline 415-255-0165
We offer a safe and confidential range of services for survivors of domestic violence along with their children. Emergency shelter, drop-in service, community outreach and support groups.
Drop-in hours: Monday - Thursday
9am - noon and 1.30 - 4 pm

The Riley Center
1237 Van Ness Avenue
Suite 200
San Francisco
CA 94109
415-552-2943 Office

info@svdp-sf.org

**San Francisco
Bay Area**

SNAP Meeting
Meets 4th Wednesday each month
Call Melanie Sakoda for details

SNAP Meeting
Bay Area
San Francisco
925-708-6175

msakoda@snapnetwork.org

San Francisco

Hotline 415-647-RAPE (7273)
We provide resource, support, advocacy and education to those healing from or struggling to end sexual violence. We offer:
Legal advocacy
Medical accompaniment
Individual peer counseling
SFWAR counselors offer an 8 week support group several times a year.
Peer to Peer outreach program.

San Francisco Women Against Rape
3548 18th Street
Suite 7
San Francisco
CA 94110
415-861-2024 Office

info@sffwar.org

San Francisco

Hotlines 415-864-4722
or 1-877-384-3578
Women Organized to Make Abuse Nonexistent is a community based multi service agency.
support groups for survivors of domestic violence
On going therapy in Spanish/English
Weekly sessions based on a sliding fee scale schedule
Programa Latina
Community education/presentations

W.O.M.A.N. Inc
333 Valencia Street
Suite 450
San Francisco
CA 94103
415-864-4777 Office

www.womaninc.org

San Jose

We offer vital life saving services to individuals and families affected by domestic violence.
24 Hour emergency shelter
Individual or group peer counseling
Help with restraining orders, court accompaniment and immigration issues. Employment, housing, medical and social services advocacy
Support groups in the community

Asian Americans for Community Involvement
2400 Moorpark Avenue
Suite 300
San Jose
CA 95128
408-975-2730 Office

www.aaci.org
info@aaci.org

San Jose

SA/DV Hotline 1-877-363-7238
For sexual assault and domestic violence victims

Community Solutions
5671 Santa Teresa Blvd
Suite 104

www.communitysolutions.org
cs@communitysolutions.org

	Programs for children & adults	San Jose CA 95123 408-225-9163 Office	
San Jose	Hotline 408-279-2962 We seek to end domestic violence in the moment and for all time. Emergency 24 Hour shelter Victim advocacy Individual counseling Youth and childrens services 2 English support groups at office Mondays & Tuesdays 6.30 - 8.30pm 2 Spanish groups at the office Mondays & Tuesdays 6.30 - 8.30pm For further details on our 12 support groups please see our website or call our office.	Next Door Solutions to Domestic Violence 234 East Gish Road Suite 200 San Jose CA 95112 408-501-7550 Office	www.nextdoor.org info@nextdoor.org
San Jose	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meet Thursday at 7 pm Women only please Contact Liz For further details please click on the SIA website meetings directory	Survivors of Incest Anonymous San Jose CA	www.siawso.org
San Jose	1-800-572-2782 Crisis Support 24 Hour hotline Services for adults and children exposed to violence or sexual assault Emergency shelter Legal and advocacy programs Peer support groups for domestic violence, rape and childhood sexual abuse survivors, for more info call 408-295-4011 ext 259.	YWCA Silicon Valley 375 S. Third Street San Jose CA 95112 408-295 4011 Office	www.ywca-sv.org tcrosby@ywca-sv.org
San Leandro	Hotline 1-866-292-9688 Toll Free Our mission is to build communities with underserved women and children where they are safely and supportivly house free from domestic violence. 20 Bed emergency shelter Community support groups	Building Futures 1395 Bancroft Avenue San Leandro CA 94577 510-357-0205 Office	www.bfwc.org lvarela@bfwc.org
San Luis Obispo	24/7 Crisis Line 855-866-7473 Counseling (Individual or Group) Crisis Services (available in Spanish and English) Emergency Safe Houses Advocacy / Accompaniment Temporary Restraining Orders Weekly Support Groups Services for Survivors, and family / friends / loved ones.	RISE 51 Zaca Lane Suite 100 San Luis Obispo CA 93401 805-226-5400 Office	Home - Lumina Alliance contact@RISEslo.org

San Luis Obispo	<p>Incest Survivors Group Cloesed group call office for details Meets every other Sat 12 - 1 pm Cost \$20 - \$30 www.facebook.com/Marian-Andrea-Willingham-LMFT-537093286315326/</p>	<p>Ms Marian A Willingham San Luis Obispo CA 93401 805-317-4310 Office 805-909-2057 Office</p>	
San Luis Obispo	<p>Hotline 805-781-6400 Emergency shelter Information and referrals Advocacy services counseling and support groups</p>	<p>Stand Strong PO Box 125 San Luis Obispo CA 93406 805-781-6401 Office</p>	<p>wsp@callamerica.net www.standstrongnow.org/ Home - Lumina Alliance</p>
San Marcos	<p>Court room accompaniment Help with restraining orders Shelter referrals Counseling referrals.</p>	<p>North County Family Violence Prevention Center 330 Rancheros Drive Suite 116 San Marcos CA 92069 760-208-7023 Office</p>	
	Southern California Abuse Prevention Services Facebook		
San Pablo	<p>Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project.</p>	<p>Community Violence Solutions San Pablo CA 94806 510-237-0113 Office</p>	<p>www.cvsolutions.org admin@cvsolutions.org</p>
San Pedro	<p>310-547-9343 English & Spanish We have 2 shelters, a thirty day shelter called Rainbow House and a transition shelter where you and your children can stay for up to one year. Our community outreach program provides individual and group counseling, legal advocacy and childrens enrichment programs.</p>	<p>Rainbow Services 453 West 7th Street San Pedro CA 90731 310-547-9343 Office /Hotline</p>	<p>www.rainbowservicesdv.org</p>
San Rafael	<p>415-924-6616 Bilingual Hotline Emergency shelter Second Step transition house Accompaniment to court Legal services assistance Peer led support groups: Providing domestic violence, education and emotional support on a drop-in basis. Several groups meet each week, led by a trained facilitator and are open to women at any stage of an abusive relationship. Call our hotline for more details. hotline for more details.</p>	<p>Center for Domestic Peace 734 A Street San Rafael CA 94901 415-457-2464 Office For appointments use hotline www.centerfordomesticpeace.org</p>	<p>administrator@c4dp.org</p>
San Rafael	<p>Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center</p>	<p>Community Violence Solutions San Rafael CA 94903 415-259-2850 Office</p>	<p>www.cvsolutions.org admin@cvsolutions.org</p>

Anti trafficking project

San Rafael	Trauma Group for Women in Recovery A 20 week closed group teaching skills to help women in recovery who are struggling with traumatic activation. This group is especially appropriate for women with PTSD and sexual abuse histories. Meet Tuesday & Wednesday Cost \$30 - \$40.	Ms Daphne Lowe San Rafael CA 94901 415-505-5451 Office	www.daphnelowe.com daphnelowmft@gmail.com
San Ysidro	Family and group counseling along with individual counseling to those who have been physically sexually or emotionally abused Some insurance accepted Fees \$0 - \$10.	Trauma Counseling Program 7277 Howard Avenue San Ysidro San Diego CA 92173 858-966-5803 Office 760-967-7082 Opt 3 North Co 619-420-5611 South County	www.rchsd.org refsvc@rchsd.org
Santa Ana	Sexual Abuse Survivors Group this is an on going 14 week psychoeducational group. Great care is taken to maintain the groups warm, safe and open environment. Women only	Susan Choe Santa Ana CA 92705 714-640-7001 Office	
Santa Ana	Rape Hotline 714-957-2737 HT Hotline 1-888-373-7888 24 Hour emergency hotline Shelter for abused children in their teens Juvenile services Individual & family counseling Truancy reduction program	Waymakers 1821 East Dyer Road Suit 200 Santa Ana CA 92705 949-250-0488 Office Home – Waymakers (waymakersoc.org)	
Santa Ana	Say No To Abuse Group facilitated by an MFT and discusses specifically domestic violence and sexual assault Group is held in Spanish and is for women only Every Friday 10 - noon Cost \$20 +	Dr Ana L Nogales Santa Ana CA 92701 213-384-7660 Office Or 714-525-8509	www.nogalespsychological.com
Santa Barbara	24 Hour Crisis Line 805-964-5245 Emergency shelter Transitional housing DVERT emergency response FREE support groups for victims and survivors of domestic violence. For group details 805-964-5245	Domestic Violence Solutions for Santa Barbara County PO Box 1536 Santa Barbara CA 93102 805-963-4458 Office 805-965-6214 FAX	www.dvsolutions.org
Santa Barbara	Hotline 805-564-3696 24 Hour crisis hotline Sexual assault response team Medical advocacy Legal advocacy Community education Counseling groups	Standing Together To End SA 433 E. Canon Peridido Street Santa Barbara CA 93101 805-963-6832 Office	sbrcc@sbrcc.net

Support Groups
English and Spanish spoken.

Santa Barbara	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 12 - 1.15 pm Contact Robert on 805-962-4003 Or Mike on 805-680-0496	Survivors of Incest Anonymous Santa Barbara CA 805-962-4003 Office	www.slawso.org buddyloyd2011@gmail.com
Santa Clara	Recovery from Spiritual Group Abuse Drop in group for those who were born or raised in an abusive spiritual group This is not a therapy group third Saturday 10am Free of charge	Wendy J Taylor Santa Clara CA 95050 530-242-1176 Office www.thecrossroadsofchange.com/	wendy@wendyjtaylormft.com
Santa Clarita	This is a peer group and not a therapy group. Topic include Trauma Survivors, surviving sexual abuse and healing using the ASCA format	Santa Clara ASCA (Adult Survivors of Child Abuse) Santa Clara CA 661-450-8842 Office	www.ascasupport.org www.ascasantaclarita.org/ ascasantaclarita@yahoo.com
Santa Clarita	Hotline 661-253-0258 Hotline 818-886-0453 We are a non profit multi cultural organization dedicated to the elimination of sexual and inter - personal violence through healing. 24 Hour crisis team Systems accompaniments We counsel male survivors and adult survivors of child abuse	Strength United Santa Clairta CA 91355 818-787-9700 Main Office www.csun.edu/eisner-education/strength-united www.facebook.com/StrengthUnited/	
Santa Cruz	Male Survivor Support Group This is a 12 week group with the option to continue longer term. Contact Survivors Healing Center for start dates and times see web address on right of page Meets Tuesdays 5 pm costs \$ 45 per session.	Michael Leimbach Santa Cruz California 831-423-7601 Office	www.survivorshalingcenter.org programsfsa@gmail.com www.malesurvivor.org
Santa Cruz	Survivors Support Groups Our center offers six women's groups for female survivors of child sexual abuse. In Santa Cruz we offer: Male Survivor Support Group Marlon Guarino Meets Tuesdays 7 pm Cost sliding scale \$25 - \$100 per session. We also bill Medical (Central Coast Alliance for Health). Women's groups Mens groups Teen's group	Survivors Healing Center 104 Walnut Avenue Suite 201 Santa Cruz CA 95060 831-423-7601 Office	www.survivorshalingcenter.org programsfsa@gmail.com

A group for mothers of survivors
A group for partners of survivors
A group for service providers who are survivors.
A Spanish speaking group - women
A Spanish speaking mother's group
A Spanish speaking group for men
For more information about any of the groups listed above please call 831-423-7601

Santa Cruz	Crisis Hotline 1-866-269-2559 English and Spanish services Emergency shelter Peer support drop in groups for domestic violence or sexual assault survivors Wed 6 - 7.30pm	The Women's Center Santa Cruz CA 95065 831-426-3062 Office www.facebook.com/WalnutAvenueWomensCenter/	care@ucsc.edu
Santa Maria	Hotline 805-736-7273 Services for adult and child survivors of sexual assault and child abuse. 24 Hour Crisis line Crisis intervention and advocacy counseling for victims of sexual assault or violence.	North County Rape Crisis and Child Protection Center Santa Maria 805-736-8535 Main Office North County Rape Crisis & Child Protection Center Facebook	
Santa Monica	Sojourn Hotline 310-264-6644 Emergency shelter No services for child abuse survivors.	Sojourn DV Services Santa Monica CA 90404 323-334-9000 Main Office www.thepeopleconcern.org/sojourn/	www.thepeopleconcern.org/customer-service@opcc.net
Santa Monica	Hotline 310-319-4000 Support for sexual assault victims A safe way to learn how to get help using resources Sections for college students and how to help a friend No Services for survivors of childhood abuse.	Rape Treatment Center Santa Monica UCLA Medical Center Santa Monica CA 90001 310-451-0042 Office www.therapefoundation.org/	
Santa Monica	Healing From Sexual Trauma Group for female survivors of childhood abuse Cost \$50 +	Saturday Center of Psychotherapy Santa Monica CA 90403 310-829-7997	www.saturdaycenter.org
Santa Monica	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturdays 11- 12.00 noon. Contact Sarah For further details please click on the SIA website meetings directory	Survivors of Incest Anonymous Santa Monica CA Sarah 818-804-6948 via text	www.siaawso.org santa_monica_sia@yahoo.com www.siasocal.org/meetings.html
Santa Rosa	Adults Abused As Children Anonymous, a 12 step program Our mission is to empower Adults Abused As Children to create inner	Adults Abused As Children Anonymous, a 12 step program First United Methodist Church 1551 Montgomery Drive	

peace and lasting change in their lives through using the 12 steps of Adults abused As Children Anonymous. To inspire people to share their journey of healing from victim to wholeness.
Meetings: Thursday Nights
Time: 6.15 - 7.15pm
First Untited Methodist Church
Santa Rosa
For further details please email us at the admin address on the right.

Santa Rosa
CA 95405
www.adultsabusedaschildren.com
admin@adultsabusedaschildren.com

Santa Rosa

Men Survivors/victims of Sexual Abuse
An indepth group for adult male survivors/victims of sexual abuse
Group is a small ongoing closed group
meets every Wed 12 noon
Cost \$40

Bob Greenberg
Santa Rosa
CA 95404
707-579-5928 Office

www.bgreenbergmft.com/

Santa Rosa

Women Survivors of Childhood Trauma
Group members receive a free pre group interview before joining a 16 week group. The group focuses on the impact your early trauma has on your life now.
Meets Every Wed 3 - 4.30 pm
Cost \$20 - \$50

L Reyna Seminara
Santa Rosa
CA 95404
707-385-1968 Office

Santa Rosa

Hotline 707-545-7273
24 Hour crisis line
Support groups for survivors of Sexual assault
For women & teen girls mon 6-7
For Spanish speaking adults & teens wed 7 - 8 pm
Girls support group age 14-18
Male support groups
LGBTQ individual therapy
Fees from \$25.

Verity
835 Piner Road
Santa Rosa
CA 95403
707-545-7270

www.ourverity.org
info@ourverity.org

Santa Rosa

We provide advocacy FREE of charge for victims of rape, domestic violence and child abuse in the Latina and under served communities of Sonoma County.

Women's Justice Center
PO Box 7510
Santa Rosa
CA 95407
707-575-3150 Office

www.justicewomen.com
rdjustice@monitor.net

Santa Rosa

Hotline 707-546-1234
24 Hour crisis hotline
Call now for advice on what you can do to prepare to leave an abusive relationship. We offer emergency shelter and support groups.

YWCA - Sonoma County
PO Box 3506
Santa Rosa
CA 95402
707-546-9922 Office.

www.facebook.com/YWCASC/

Seal Beach

Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to individuals and families affected by domestic violence since 1979.

Interval House
PO Box 3356
Seal Beach
CA 90740
562-594-9492 Office

www.intervalhouse.org
admin@intervalhouse.org

Emergency shelter
Legal assistance and advice
Human trafficking awareness
Individual or group counseling.

Seaside

Hotline 831-372-6300
24 Hour supportive domestic
violence crisis hotline
Legal advocacy

YWCA of Monterey County
915 Hilby Avenue
Suite 26
Seaside
CA 93955
831-422-8602 Office
www.facebook.com/ywcamc/

www.ywcamc.org/

Simi Valley

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Wednesdays 7 - 9 pm
Call Kathy Malhorta 805-813-5285
Or Sandi Atmore 323-698-5570
Certified Grief Recovery Specialists

Grief Recovery Workshops
Seventh-Day Adventist Church
1636 Sinaloa Road
Simi Valley
CA
Sandi Atmore 323-698-5570
Kathy Malhorta 805-813-5285

www.freedomfromgrief.com

Sherman Oaks

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Wednesdays 7pm - 9pm

Grief Recovery Workshops
Jocelyn Jackson
4622 Van Nuys Blvd
Upstairs Suite B
Sherman Oaks
323-304-8709 Office

www.freedomfromgrief.com
jocjack@yahoo.com

Sherman Oaks

Teen Sexual Abuse Survivors
Helping girls feel they are not
alone. Very supportive group
Meets every Wed 7 - 8pm
Cost \$30 +

Rachel Thomasian
Sherman Oaks
CA 91403
323-682-8617 Office

www.glendaletherapy.org/
Rachelthomasian@gmail.com

Signal Hill

Individual and Group Counseling
for Adult Survivors of Sexual Abuse.

Carol L Gonzales, J.D.
2696 Dawson Avenue

gcarol99@yahoo.com

I currently offer individual or group counseling - focused on a multi-pronged approach: resolving the past, compromising and setting values, practicing coping skills and consistently and achieving an optimal life plan.

I believe recovery is optimized by level of commitment, effort and sincerity invested into counseling.

Signal Hill
CA 90755
562-513-3255 Office

Sonora

Hotline 209-533-3401
We support the right of all people to live their lives free from interpersonal violence.
Resources and information for those affected by sexual violence or domestic violence. We have an emergency shelter and can offer you peer counseling.

Center for a Non violent Community
19043 - B Standard Road
Sonora
CA 95370
209-588-9305 Office
www.facebook.com/CNVCSonora/

www.nonviolentcommunity.org/info@nonviolentcommunity.org

South Lake Tahoe

Hotline 530-544-4444
24 Hour Crisis line
Peer support and advocacy for victims & survivors of sexual assault or domestic violence
Emergency shelter
Weekly drop in support group for women who have experienced domestic violence
Individual counseling for survivors of sexual assault
all services in English & Spanish.

Live Violence Free
2941 Lake Tahoe Boulevard
South Lake Tahoe
CA 96150
530-544-2118 Office

www.liveviolencefree.org
info@liveviolencefree.org

Saint Helena

Men: Adult Survivors of Childhood Sexual Abuse Group.
Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is \$240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details \$50 - \$60 per session.

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-739-4798 Office

drpatriciagray@vom.com

Saint Helena

Women: Adult Survivor of Childhood Sexual Abuse.
Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-739-4798 Office

drpatriciagray@vom.com

psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.
Issues: Sexual abuse, neglect
Adults only. Session cost \$50 -\$60 per session.

Stockton	209-465-4878 Domestic violence 209-465-4997 Sexual assault 209-948-1911 Youth & Family 24 hour helplines Immediate safe haven Advocacy and referrals Teen survivors group Domestic violence groups in English and in Spanish Adult survivors of sexual assault group for women Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611	Women's Center Stockton CA 95202 209-941-2611 Office	www.womenscenteryfs.org
Sunnyvale	Hotline 1-800-572-2782 We are the only domestic violence agency in North Santa Clara County. Emergency shelter, information and referrals, safety planning, legal services, community education. Counseling and support groups.	Support Network for Battered Women 1257 Tasman Drive Suite C Sunnyvale CA 94089 1-800-572-2782 Office / Hotline	www.ywca-sv.org/our-services/support-services/domestic-violence-services/
Susanville	Hotline 530-257-5004 or 1-888-289-5004 toll free 24/7 Services at no cost Domestic violence & sexual aslt Emergency shelter Legal aid court advocacy Child abuse treatment program	Lassen Family Services 1306 Riverside Drive Susanville CA 96130 530-257-4599 Office	www.lassenfamilyservices.org
Taft	Hotline 661-736-4357 Offering Emergency shelter Community education	Alpha House PO Box 712 Taft CA 93268 661-763-4357 Office / Hotline	www.alphahouse.us alphahouse@bak.rr.com
Tahoe City	Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence Trained advocates can help obtain a temporary protective order Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Chidrens program.	Sierra Community House Ride Out Community Center 740 Timberland Lane Tahoe City CA 96145 info@sierracommunityhouse.org	www.sierracommunityhouse.org/
Temecula	Survivors of Sexual Abuse A group for women who are survivors of sexual abuse or incest	Dr Linda Comin Temecula CA 92592	www.drcomin.com linda@drcomin.com

Meets every Tues 7 -8.30 pm
Cost \$40

951-972-7221 Office

Temecula

S.A.F.E is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence. We can provide:
Basic needs assistance
Case management
Domestic violence serices
Emergency assistance (shelter)
In home visitations
Pal Equstrian program.

SAFE Alternatives for Everyone (Domestic Violence)
28910 Pujol Street
Temecula
CA 92590
951-587-3900 Office
www.safefamiliesca.org/june@safefamiliesca.org
www.facebook.com/safealternativesforeveryone/

Torrance

Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program
Participant must join by the third class.
Meets Saturdays 10.30 - 12.30 pm
Contact Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

Grief Recovery Workshops
Sherri Lugo
First Christian Church
2930 El Dorado Street
Torrance
CA
562-400-2573
www.freedomfromgrief.com

Tracy

209-465-4878 Domestic violence
209-465-4997 Sexual assault
209-948-1911 Youth and HT
24 hour helplines
Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in English and in Spanish
Adult survivors of sexual assault group for women
Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611

Women's Center - San Joaquin County
35 East 10th Street
Tracy
CA 95376
209-941-2611 Office
www.womenscenteryfs.org

Truckee

Hotline 1-800-736-1060
For survivors of sexual assault or domestic violence
Trained advocates can help obtain a temporary protective order
Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info
Chidrens program

Tahoe Safe Alliance
PO Box 1105
12257 Business Park Drive
Unit 6
Truckee
CA 96161
www.sierracommunityhouse.org/info@sierracommunityhouse.org

Twin Peaks	<p>We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.</p> <p>Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.</p> <p>www.facebook.com/DOVES-of-Big-Bear-Valley-149909125151217/</p>	<p>DOVES of Big Bear Valley 26696 Highway 189 Twin Peaks California 909-866-1546 Office</p>	
Ukiah	<p>707-463-4357 Hotline Inland 707-964-4357 Hotline Coastal Help and planning for leaving an abusive relationship</p>	<p>Project Sanctuary 564 S Dora Street Ukiah CA 95482 707-462-9196</p>	<p>www.projectsanctuary.org info@projectsanctuary.org</p>
Valley Springs	<p>Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling</p> <p>The Resource Connection Child Care Resource & Referral Services Facebook</p>	<p>The Resource Connection Valley Springs CA 95252 209--754-2000 Main Office</p>	<p>info@trcac.org</p>
Van Nuys	<p>818-886-0453 and 661-253-0258 24Hour support and referral lines. the Family Justice Center is a unique, public-private owned partnership that links the various agencies responsible for responding to child abuse and domestic and sexual violence. Services include: 24 Hour response, Family support and empowerment Domestic violence advocacy and counseling. Sexual assault advocacy and counseling. Child maltreatment advocacy and counseling. Education & prevention programs. Group programs and classes.</p>	<p>Strength United 14651 Oxnard Street Van Nuys CA 91405 818-787-9700 office www.csun.edu/eisner-education/strength-united www.facebook.com/StrengthUnited/</p>	
Van Nuys	<p>Domestic Violence Support Group Group provides education and support to those who have in the past or are experiencing any form of abuse or trauma. Groups are in english and spanish and is free to those who qualify through VOC and \$15 to those who don't Every Tues & Sat 2.30 - 3.30 pm www.psychologytoday.com/us/therapists/laleh-rokni-encino-ca/105143</p>	<p>Ms Laleh Rokni Van Nuys CA 91401 747-225-8286 Office</p>	
Ventura	<p>ASCA Group Meeting</p>	<p>ASCA Support Group</p>	<p>www.ascasupport.org</p>

	Meets Saturdays 10am to 12 noon Contact peron is Bridgette	Ventura California brauvel1@gmail.com	
Ventura	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach. Meet Wednesdays 5.30 - 6.30 pm Contact person is Kelsey For further details please click on the SIA wbsite meetings directory	Survivors of Incest Anonymous Ventura CA	www.slawso.org kelseybarkan@gmail.com
Victorville	Hotline 760-955-8723 Support groups available for victims of domestic violence.	A Better Way PO Box 2825 Victorville CA 92393 760-955-8010 Office	
Victorville	Hotlines 760-949-4357 Or 1-866-770-7867 Toll Free Help with safety planning Emergency shelter We provide domestic violence support groups. Some groups are peer led and others are with a therapist. We also have an Art Healing group.	High Desert Domestic Violence Program 15075 7th Street Victorville CA 92395 760-843-0701 Office www.facebook.com/FamilyAssistanceProgram/	www.familyassist.org/ darryl@familyassist.org
Visalia	559-732-5941 domestic violence 599-732-7371 sexual assault 24 Hour 7 day hotlines Domestic violence services and support groups Sexual assault services and support groups Supportive housing Community education	Family Services - Tulare County 815 W. Oak Visalia CA 93291 559-741-7310 Office	www.fstc.net/ info@fstc.net
Walnut Creek	Trauma Survivors Support Group Traumatic life experiences often have long term emotional and physical consequences. There is a way out of depression & anxiety created by these events. Meets every Tues 7 - 9 pm Cost \$40	Joseph Charles Bentz Walnut Creek CA 94596 925-586-4832 Office	www.vitalcounseling.com joebentzmfti@gmail.com
Walnut Creek	SNAP meeting for those abused by priests. Contact Melanie Sakoda by mail on melanie.sakoda@gmail.com or telephone 925-708-6175 (c) Directions and parking details: John Muir Hospital Walnut Creek 601 Ygnacio Valley Road Sterns Room Wednesdays 7-9pm There is parking at 133 La Casa Via Or you may use the main hospital garage. At the main hospital	SNAP Survivors Network OF Those Abused BY Priests. Walnut Creek California 925-708-6175 Contact no	SNAP Facebook melanie.sakoda@gmail.com

entrance tell the desk attendant that you are for the SNAP meeting in Sterns. They will give you a visitors badge and directions. If you can't find us call give Melanie a call on 925-708-6175.

Watsonville	Male Survivor Support Group Marlon Guarino Meets Tuesdays 7pm Cost Sliding scale \$25-\$100 per session. We also bill Medical (Central Coast Alliance for Health). Womens groups Mens groups Teen's group A group for mothers of survivors A group for partners of survivors A group for service providers who are survivors A Spanish speaking group -Women A Spanish speaking mother's group A Spanish speaking group - men For more information about any of the groups listed above please call 831-423-7601	Survivors Healing Center 11 Alexander Street Watsonville CA 95076 831-423-7601 Office	www.survivorshalingcenter.org programsfsa@gmail.com
Watsonville	Hotline 1-888-900-4232 24 Hour crisis hotline English and Spanish services Emergency shelter Peer support drop in groups for domestic violence or sexual assault survivors Tue 6 - 7.30pm.	Monarch Support Services Watsonville CA 95076 831-722-4532 Office	www.monarchsc.org/
Weaverville	Hotline 1-800-358-5251 24 Hour crisis line Services for domestic and sexual abuse victims Domestic violence women's group meets weekly Peer counseling for victims of sexual assault Services for child victims All services are free of charge	Human Response Network Po Box 2370 111 Mountain View Street Weaverville CA 96093 530-623-2024 Office	www.humanresponsenetwork.org
West Covina	Hotline 626-967-0658 Our WINGS domestic violence services provide safe emergency and transitional shelter. Support groups are also available.	YWCA - San Gabriel Valley 943-N. Grand Avenue West Covina CA 91724 926-960-2995 Office	www.ywcasgv.org info@ywcasgv.org
West Point	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling	The Resource Connection West Point CA 95255 209-754-2000 Main Office	info@trcac.org

[The Resource Connection Child Care Resource & Referral Services | Facebook](#)

Woodland

Hotline 530-662-1133
or 916-371-1907
24 Hour 7 days a week
Se habla Espanol
Alternative to violence program
Domestic violence response team
Women's domestic violence
support group Monday 9am
Monday 2pm, Tuesday noon
Thursday 9am Thursday 3pm
some groups in English some in
Spanish call office for details.

Sexual Assault and Domestic
Violence Center
175 Walnut Street
Woodland
CA 95695
530-661-6336 Office
www.facebook.com/EmpowerYolo

info@sadvc.org

Yreka

Hotline 1-877-842-2040
24 Hour crisis hotline
All services are free of charge
Emergency shelter
24 Hour crisis response
Legal advocacy
Individual / group counseling.

Siskiyou Domestic Violence and
Crisis Center
118 Ranch Lane
Yreka
CA 96097
530-842-6629 Office.
www.facebook.com/SiskiyouDomesticViolenceCrisisCenter

www.sdvcc.org/
sdvcc@snowcrest.net

Yuba City

Hotline 530-674-5400
We are a refuge providing protection
to those caught in the cycles of
domestic violence, sexual assault
and child abuse.
We offer a 24 hour hotline
Safe emergency shelter
Serving the Counties of Sutter,
Colusa and Beale Air Force base.

Casa de Esperanza
PO Box 56
Yuba City
CA 95991
530-674-5400 Office

www.facebook.com/Casa-de-Esperanza-Yuba-City-126397237518177/