

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
CALIFORNIA			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse.</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>1-800-524-4765 Domestic Violence Statewide Toll Free Hotline.</p>	<p>California Partnership to End Domestic Violence</p>	<p>www.cpedv.org info@cpedv.org</p>
Statewide	<p>Network of Care. The Network of Care is a website resource for individuals and agencies concerned with behavioral health. It provides information about behavioral health, services, laws and related news, as well as communication tools and other features.</p>	<p>Network of Care 1101 Fifth Avenue Suite 250 San Rafael CA 94901 415-458-5900 nocinformation@networkofcare.org</p>	<p>www.networkofcare.org</p>
Albany	<p>Phase 1 - Thrivers Women's Support Group for Trauma. We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings and somatic experiences. Sessions last 90 mins with an 8 week or 12 week commitment. For further details Call Laine Demtria 415-705-0776 or email lainedemtria@gmail.com</p>	<p>Laine Demetria 1398 Solano Ave Albany CA 94706 415-705-0776 Office</p>	<p>www.mindbodymend.net/lainedemtria@gmail.com</p>
Albany	<p>Phase 2 - Thrivers Women's Support Group for Trauma. We empower ourselves to address negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease.</p>	<p>Laine Demetria 1398 Solano Ave Albany CA 94706 415-705-0776 Office</p>	<p>www.mindbodymend.net/lainedemtria@gmail.com</p>

Sessions last 90 minutes with an 8 or 12 week commitment. For further details call Laine Demtria on 415-705-0776 or email Laine at lainedemtria@gmail.com

Alturas	530-233-3311 Victim witness 530-233-3357 Child Abuse Our program services are provided FREE of charge and there is no legal citizenship requirement to receive assistance. We offer counseling referrals, court escort and court support.	Modoc County District Attorney Victim Services 204 S. Court Street Alturas CA 96101	www.co.modoc.ca.us victimservices@co.modoc.ca.us
Alturas	Hotlines 530-291-2156 Or 1-800-291-2156 We were formed in 1979 and are the only broad-based, multi funded non-profit in Modoc County. We offer domestic violence shelter and sexual assault victim services.	T.E.A.C.H. Modoc County Crisis Center 112 East Second Street Alturas CA 96101 530-233-4575 Office www.facebook.com/ModocCrisisCenter	www.teachinc.org info@teachinc.org
Angels Camp	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling.	The Resource Connection Angels Camp CA 95222 209-736-2470 Office	www.trcac.org
Antioch	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions Antioch CA 94509 925-706-4290 Office	www.cvsolutions.org admin@cvsolutions.org
Artesia	Hotline 562-402-4888 Our outreach center serves men, women, teens and children who are victims of domestic violence. We offer group and individual counseling, legal advocacy, court preparation and accompaniment.	Su Casa Family Crisis and Support Center PO Box 998 Artesia CA 90702 562-402-7081 Office	www.sucasadv.org/ info@sucasadv.org
Auburn	Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence 24 Hour emergency shelter 24 Hour Crisis response Peer and professional counseling Domestic violence support groups.	Peace for Families 11985 Heritage Oaks Suite 200 Auburn CA 95603 530-885-0443 Office	www.standupplacer.org/
Auburn	Hotline 916-543-2505 Our program of services are provided FREE of charge and there	Placer County District Attorney Victim Services 11562 B Avenue	www.placer.ca.gov click on law and justice.

is no legal citizenship requirement to receive our assistance.
Counseling referrals
Court escort, preparation and support.

Auburn
CA 95603
530-998-7021 Office

Bakersfield

Hotline 661-372-1091
or 800-273-7713 toll free
24 hour crisis intervention
Domestic abuse response team
Sexual assault response team
Domestic violence emergency shelter
Individual counseling for adults and children
Bilingual peer counseling groups

Alliance Against Family Violence and Sexual Assault
1921 19th Street
Bakersfield
CA 93301
661-322-0931 Office

www.kernalliance.org/
info@kernalliance.org

Bakersfield

Provides one on one assistance to unrepresented parties in child and spousal support cases.

Family Law Facilitator for Kern County
1215 Truxton Avenue
1st Floor
Bakersfield
CA 93301
661-868-4815 Office

Barstow

Our staff offer crime related court accompaniment, counseling referrals, We can also arrange temporary shelter and transportation to the shelter.

Victim / Witness Services.
235 East Mountain View
Barstow
CA 92311
760-265-4802 Office

Berkeley

Male Survivors Support Group
This is a 12 week group with the option to continue longer term
Contact Bill Burmester for details
Meets Wednesdays 7 pm
Cost \$ 40 per session

Bill Burmester
Berkeley
California
510-644-0419 Office

bburm6@gmail.com

Beverly Hills

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meets Saturday 3 - 4.30 pm
Contact Michelle

Survivors of Incest Anonymous
Beverly Hills
California
310-281-9730

www.siaawso.org
BevHillsSIA@gmail.com

Big Bear Lake

Hotline 1-800-851-7601
We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.
Emergency 17 bed shelter
Programs for male victims
Individual counseling
court accompaniment
Legal advocacy and support groups
Plus outreach services.

DOVES of Big Bear Valley
41943 Big Bear Blvd
Big Bear Lake
CA 92315
909-866-1546 Office

info@doves4help.org

Bishop	<p>Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available</p>	<p>Wild Iris 386 W Line Street Bishop CA 93514 760-873-6601 office</p>	<p>www.wild-iris.org/ wildiris@wild-iris.org</p>
Bridgeport	<p>Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available.</p>	<p>Wild Iris 1000 Twin lakes Road Bridgeport CA 93517 760-934-2491 office</p>	<p>www.wild-iris.org/ wildiris@wild-iris.org</p>
Burlingame	<p>Hotline 1-800-300-1080 We are San Mateo County's only provider of comprehensive domestic violence services. To access our services please call our 24 hour hotline 1-800-300-1080</p>	<p>Community Overcoming Relationship Abuse PO Box 4245 Burlingame CA 94011 650-652-0800 Office.</p>	<p>www.corasupport.org info@corasupport.org</p>
Burlingame	<p>Hotline 650-692-RAPE (7273) 24/7 free crisis hotline Crisis and long term counseling Adolescents group for those sexually abuse as children Women's groups for survivors of sexual abuse in childhood Mandarin and Spanish spoken</p>	<p>Rape Trauma Services 1860 El Camino Real Suite 406 Burlingame CA 94010 650-652-0598 Office</p>	<p>www.rapetraumaservices.org info@rapetraumaservices.org</p>
Camarillo	<p>Adults Molested as Children a 12 week group that addresses the experience and resulting issues of childhood molestation and in a gentle and supportive way help facilitate closure and healing. Each 12 week group is closed but new ones are forming</p>	<p>Julie A Cast Camarillo CA 93010 805-214-8932 Office</p>	
Camarillo	<p>Hotlines 1-800-339-9597 Or 1-800-636-6738 We provide a comprehensive family violence program that aims to prevent, interrupt and end the cycle of violence within the family. Emergency shelter Safe Journey transitional shelter Weekly support groups for victims of domestic violence. For more details call 1-800-636-6738.</p>	<p>Interface Children and Family Services 1305 Del Norte Road Suite 130 Camarillo CA 93010 805-485-6114 Office</p>	<p>www.icfs.org esternad@icfs.org</p>
Campbell	<p>Women's Circle for Sexual Abuse Survivors Group. Join us for an evening of healing and therapeutic yoga. See website for current dates and times.</p>	<p>Yoga Healing Meetup Group Campbell California www.meetup.com/topics/abusesurvivors/all/</p>	
Canoga Park	<p>Hotline 818-877-6589 Providing safety and support to</p>	<p>Haven Hills Inc PO Box 260</p>	<p>www.havenhills.org safe@havenhills.org</p>

victims of domestic violence while working to break the cycle of abuse.
Counseling groups
Individual and group support
Drop in clinic Mon - Fri at 10 am
Our groups meet both day & night
Spanish and English groups
Special Survivors group is on going.

Canoga Park
CA 91305
818-887-7481 Office

Carlsbad

Trauma Support Group
Dr McAlister has created this group specifically for those afflicted with previous trauma experiences. Specifically focused on childhood sexual, emotional and physical abuse
Meets Forth Sat 11 - 12.30
\$20-\$40 some insurance accepted

Dr Robert W McAlister
Carlsbad
CA 92008
760-684-8836 Office

www.drbobmac.com

Carson

Hotline 310-898-3117
Our shelter for women and children was established in 1994 to assist those affected by domestic violence
We offer counseling and support groups.

Peace and Joy Care Center
Carson
CA 90746
310-763-7730 Office

Chico

Hotline 1-800-895-8476
We are a non profit organization committed to serving the needs of all victims of domestic violence.
Emergency shelter
Domestic Violence Response Prog
Legal advocacy services
Drop-in service (1-800-895-8476)
Education and prevention program
Individual and group counseling available by appointment in Chico, Oroville and Paradise

Catalyst Domestic Violence Services
PO Box 4184
Chico
CA 95927
530-343-7711 Office

www.catalystdvservices.org
catalyst@catalystdvservices.org

Chico

Hotline 530-324-RAPE (7273)
Child assault prevention Program
Workshops surrounding sexual assault and incest
Child safety outreach program
Serving Butte, Glenn and Tehama Counties.

Rape Crisis Intervention and Prevention
PO Box 423
Chico
CA 95927
530-891-1331 Office

www.rapecrisis.org
info@rapecrisis.org

Chula Vista

Sexual Abuse Survivors Group for Teens
A brand new group for teenagers who have been sexually abused
Meet on Thursday
Cost \$30 - \$40

Lori Linn Pele
Chula Vista
CA 91914
619-324-3659 Office
Lori@eastlakefamilycounseling.com
www.eastlakefamilycounseling.com

Chula Vista

Healing from Within-Adult Survivor Group
For adults who were sexually abused as children. Group will run for 10 weeks
Cost \$30 - \$40

Lori Linn Pele
Chula Vista
CA 91914
619-324-3659 Office
Lori@eastlakefamilycounseling.com
www.eastlakefamilycounseling.com

Chula Vista	<p>Hotline 1-800-640-2933</p> <p>We provide shelter, housing and support for victims of family violence</p> <p>Domestic Violence Response Team</p> <p>Counseling for victims and children exposed to violence.</p>	<p>South Bay Community Services</p> <p>Chula Vista</p> <p>CA 91911</p> <p>619-420-3620 Office</p>	<p>ejohnson@csbcs.org</p>
Claremont	<p>Hotline 909-988-5559</p> <p>We advocate for and assist women and children victimized by domestic violence in transforming their lives by providing culturally competent shelter, programs, education and opportunities. Community services include, legal advocacy and career counseling and individual and group counseling for victims of domestic violence.</p>	<p>House of Ruth</p> <p>PO Box 459</p> <p>Claremont</p> <p>CA 91711</p> <p>909-623-4364 Office</p>	<p>www.houseofruthinc.org</p>
Coalinga	<p>Hotline 559-222-7273</p> <p>24 Hour crisis hotline</p> <p>Crisis intervention</p> <p>Counseling for survivors of sexual assault & family violence</p> <p>Advocacy and legal help</p> <p>All services are free and confidential. For more info call office 559-934-0915</p>	<p>Resource Center for Survivors of Sexual Assault</p> <p>143 N 5th Street</p> <p>Coalinga</p> <p>CA 93210</p> <p>559-934-0915 Office</p>	
Compton	<p>Hotline 1-877-943-5778</p> <p>We honor survivors who have broken their silence and support victims who have yet to find their voice.</p> <p>Crisis intervention</p> <p>Accompaniment to hospital, law enforcement agencies and at court.</p> <p>Individual and group counseling</p> <p>Healing Art Services</p> <p>Services are offered FREE of charge</p>	<p>YWCA of Greater LA Sexual Assault Crisis Program</p> <p>Compton</p> <p>CA 90221</p> <p>877-943-5778 Office / Hotline</p> <p>www.ywcagla.org/sexual-assault/</p>	
Concord	<p>Hotline 1-888-215-5555</p> <p>We provide 24 hour help and peer support by telephone seven days a week.</p> <p>County wide support groups</p> <p>visit our web site for more details</p>	<p>STAND! Against Violence</p> <p>1410 Danzig Plaza</p> <p>Suite 100</p> <p>Concord</p> <p>CA 94520</p> <p>925-676-2845 Office</p>	<p>www.standagainstdv.org</p> <p>info@standffov.org</p>
Copperopolis	<p>Hotline 209-736-4011</p> <p>or 209-754-4011</p> <p>Services for survivors/victims of domestic violence, sexual assault</p> <p>Temporary emergency shelter</p> <p>Temp restraining order assistance</p> <p>Peer counseling</p> <p>Limited free counseling</p>	<p>The Resource Connection</p> <p>Copperopolis</p> <p>CA 95228</p> <p>209-785-3738 Office</p>	<p>www.trcac.org</p> <p>info@trcac.org</p>
Corona	<p>Male Survivors of Sexual Abuse</p> <p>Open group will offer support to</p>	<p>Alan Wager LMFT</p> <p>Corona</p>	<p>lawagermft@gmail.com</p>

men sexually abused as children CA 92882
Cost up to \$40 951-427-6001 Office
www.therapists.psychologytoday.com/rms/prof_results.php?sid=1493996018.5576_13915&city=Corona&state=CA

Crescent City	Hotline 707-465-2851	North Coast Rape Crisis Team Crescent City CA 95531 707-465-6961 Office	
Crescent City	Hotline 707-465-3013 Harrington House shelter Legal advocacy Advocacy through legal, medical and social service system Individual and group counseling Support groups through the week	Rural Human Services 286 M Street Crescent City CA 95531 707-464-7441 Office	www.ruralhumanservices.org rhwfc@gmail.com
Crestline	Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.	DOVES of Big Bear Valley Crestline CA 02325 909-337-5300 Office	www.doves4help.org/
Culver City	Adult Children of Alcoholics / Dysfunctional Families (ACA). Intergroup meets First Sunday of each month at 8pm. Please see website for further details.	SoCal ACA 6666 Green Valley Circle Culver City CA 90230 LosAngelesACAIntergroup@gmail.com	www.SoCalACA.org
Culver City	Male Survivor Support Group A peer to peer support group for men 18+ who have been sexually abused. The meeting follows a structured format, not a 12 step. Being part of a group of men who are in recovery reinforces that we are not alone. Meets 1st & 4rd Sundays 4-6pm Cost Optional donation.	Culver City California 323-250-6116 Office	www.lamalesurvivor.com
Culver City	Co-Dependents Anonymous Group We are a fellowship of men and women in search of learning how to develop healthy relationships	Meetup Support Group Culver City California www.meetup.com/topics/abusesurvivors/all/	www.meetup.com
Davis	Childhood Sexual Abuse Psychotherapy Group This women's supportive group is also open to survivors with a diagnosis of Dissociative Identity Disorder. There is an 8 week commitment and size is limited	Dr Jan Chess Davis CA 95616 530-645-3796 Office	www.janchessmft.com janchess@janchessmft.com

to 6 women.
Cost \$40

Davis	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets on Sunday	Survivors of Incest Anonymous Davis California 530-304-2576 Office www.siaawso.org	andrear500@gmail.com
Downey	Hotline 323-780-4357 Making the choice to enter a shelter is not easy. If you are unsure about your options, please contact the Hotline 323-780-4357 Individual and group counseling for residence of our shelter.	Angel Step Inn Domestic Violence Emergency Shelter 11500 Paramount Blvd Downey CA 90241 323-780-4357 Office / Hotline	www.angelstepinn.org
El Cajon	Hotline 619-444-1194 Crisis information and referrals Emergency shelter Legal help and advice Mobile medical unit visits Mondays from 9am - noon.	Crisis House Family Shelter El Cajon CA 92020 619-444-9926 Office	www.crisishouse.org
El Centro	Hotline 760-352-7873 crisis line or 760-352-7273 SA line 24 Hour advocate support Intervention and advocacy Prevention & education workshop	Sure Helpline Crisis Center 210 Wake Avenue Suite B El Centro CA 92243 760 352 7878 Office info@SureHelplineCrisisCenter.org	www.surehelplinecrisiscenter.org
El Centro	Hotline 760-353-8530 Our mission is to promote and provide a comprehensive response to domestic violence, stalking and human trafficking through outreach and education within the community Emergency shelter for women and children, men have separate house. Legal services and assistance.	Woman Haven, Inc El Centro CA 92243 760-353-6922 Office	www.womanhaven.org info@womanhaven.org
El Monte	626-455-0026 Office Hours Emergency and transition shelters Serving those fleeing from family violence in the communities of El Monte, Baldwin Park and South El Monte. www.homelessshelterdirectory.org/cgi-bin/id/city.cgi?city=El%20Monte&state=CA	Pathways Domestic Violence Shelter El Monte CA 91731 626-455-0026 Office / Hotline	
Encinitas	Hotline 877-633-1112 "Carol's House" domestic violence emergency shelter for those fleeing any form of family violence Individual and group counseling FREE to residents of the shelter and open to the community on a sliding fee scale.	Community Resource Center Encinitas CA 92024 760-753-1156 Office www.communityresourcecenter.org	info@crcncc.org

Escondido	<p>Hotline 1-888-385-4657 Emergency shelter available Domestic violence advocacy Sexual assault advocacy FREE legal services</p> <p>We specialize in psychotherapy to address sexual assault and sexual abuse issues, fees are on sliding scale. Day and evening sessions of group or individual therapy at Pacific Beach, Escondido and La Mesa. Call 1-888-385-4657 for more details or to make an appointment.</p>	<p>Center for Community Solutions www.ccssd.org 106 Grape Street Escondido CA 92025 760-747-6282 Office.</p>
Eureka	<p>We are a lead agency for the Family Violence Project which offers a comprehensive program serving families involved in domestic violence Weekly support and therapy groups Mens education groups There is a low cost for groups, along with a \$65 assesment fee.</p>	<p>Humboldt Family Violence Project 1802 California Street Eureka CA 95501 707-443-7358 Office www.humboldtfamilyservice.org/family-violence-project.html</p>
Eureka	<p>TollFree Crisis Line 866-668-6543 24 Hr Crisis Line 707-443-6042 We have been serving the North coast for over 30 years. Our mission is to create an environment that supports individuals safely and breaks the cycle of violence. We provide a crisis support line oepn 24 hours where you will be put in touch with a trained crisis worker. We will listen, we will not judge, we will provide you with information and we can meet you at a doctor's office, a clinic or a hospital. We provide emergency shelter for clients and their children. Please see our web site link.</p>	<p>Humboldt Domestic Violence Services dvservices@hdvs.org PO Box 969 Eureka CA TollFree 866-668-6543 24 Hr Line 707-443-6042</p>
Eureka	<p>Hotline 707-445-2881 Humboldt Hotline 707-465-2851 Del Norte Immediate support services to child/adult survivors of all genders of sexual assault. Individual counseling Support groups for adult survivors of sexual assault.</p>	<p>North Coast Rape Crisis Team www.ncrct.org/ Eureka CA 95502 707-443-2737 Office</p>
Fairfield	<p>Hotline 1-866-487-7233 Emergency shelter Domestic violence programs Sexual assault programs Group counseling Support groups</p>	<p>Safequest Solano www.safequest.org Fairfield 707-422-7345 Office</p>
Fairfield-Suisun	<p>Fairfield Support Group for Survivors</p>	<p>Sexual Assault Survivors</p>

of Sexual Assault
Walk-ins welcome
Not a 12 step
Meets every Tuesday 10 - 11.30 am
For more details contact Dolly on
422-7345

Support Group
Fairfield-Suisun
California
422-7345

Firebaugh

Hotline 559-222-7273
24 Hour crisis hotline
Crisis intervention
Counseling for survivors of sexual
assault & family violence
Advocacy and legal help
All services are free and
confidential. For more info call
office 559-659-0232

Resource Center for Survivors of
Sexual Assault
838 "O" Street
Firebaugh
CA 93622
559-659-0232 Office

Fort Bragg

Hotline 463-HELP (4357) Inland
or 964-HELP for coastal region
Help and planning for leaving an
abusive relationship.

Project Sanctuary
461 N Franklin
Fort Bragg
CA 95437
707-961-1507 Office

www.projectsanctuary.org
info@projectsanctuary.org

Fremont

Hotline 510-794-6055
SAVE helps anyone who is, or has
been in an abusive intimate partner
relationship recently or in the past.
Emergency and longer term shelter
Court accompaniment
Individual counseling
Drop-in support groups, SAVE offer
free and confidential groups
Tuesdays & Thursday 7 - 9 pm
Fridays at 9.15 - 11 am. For more
details call 510-574-2250.

Shelter Against Violent
Environments (S.A.V.E.)
1900 Mowry Avenue
Fremont
CA 94538
510-574-2250 Office

www.save-dv.org
info@save-dv.org

French Camp

Our air is to show the women and
children of our shelter that
forgiveness and the love of Jesus
Christ will foster good decision
making and healthy living.
Domestic and sexual abuse support
referrals.

Haven of Peace Shelter for
Women and Children
French Camp
CA 95231
209-982-0396 Office

www.havenofpeaceinc.org

Fresno

Hotline 1-800-355-8989
Services for victims of sexual
assault and domestic violence
Shelter for battered women
Advocacy and support
Historic sexual assault services
All services are free of charge

Community Action Partnership of
Madera County CAPMC
4610 W. Jacqueline Avenue
Suite 101
Fresno
CA 93722
559-276-5831 Office

www.maderacap.org

Fresno

Hotline 1-800-640-0333
Marjaree Mason has worked since
1979 to provide safe and supportive
environments for individuals who
are exposed to family violence.
Emergency shelter
Legal advice and assistance
Court accompaniment & advocacy

Marjaree Mason Center, Inc
1600 M Street
Fresno
CA 93721
559-237-4706 Office

www.mmcenter.org
mmc@mmcenter.org

12 Week therapy groups
Women's DV support groups:
Wednesdays 10-11.30am Spanish
Thursdays 6 - 7.30pm in English
these support groups are open to
the community. For more details
call 559-237-4704

Fresno	Hotline 559-222-7273 24 Hour crisis hotline Crisis intervention Counseling for survivors of sexual assault & family violence Advocacy and legal help All services are free and confidential. For more info call office 559-497-2900.	Resource Center for Survivors of Sexual Assault 259 N Blackstone Avenue Fresno CA 93701 559-497-2900 Office	www.rcsfresno.com mjewell@rcsfresno.org
Gardena	Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth educaion & outreach Domestic and sexual violence education programs All services are free of charge.	Center for the Pacific Asian Family Gardena CA 90249 323-653-4045 Office	www.nurturingchange.org
Garden Grove	This group is a safe place to talk confidentially about being abused	Orange County Male Survivors of Sexual Abuse Garden Grove CA www.meetup.com/topics/abusesurvivors/all/	www.meetup.com/OCMales/
Gilroy	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults.	Community Solutions 9015 Murray Avenue Gilroy CA 95020 408-842-7138 Office	www.communitysolutions.org cs@communitysolutions.org
Glendale	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken Meets Thursdays 7.30 - 9.30 Contact Rubi Zuniga 323-513-5060 Certified Grief Recovery Specialist	Grief Recovery Workshops Rubi Zuniga 300 Vallejo Drive Glendale CA 323-513-5060	www.freedomfromgrief.com rzunigahz@gmail.com

Glendale	Hotline 1-888-999-7511 We offer counseling, community referrals, support groups and an emergency shelter through our Domestic Violence Program.	YWCA - Domestic Violence Program 735 East Lexington Drive Glendale CA 91206 818-242-1106 Office	www.glendaleywca.org/programs/domestic-violence-program/
Grass Valley	Hotline 530-272-3467 24/7 365 Day crisis line Shelter and safe housing Sexual assault response team Legal and advocacy services Bilingual womans support group Women's domestic violence group wed 1-2pm Free adults molested as children group for men and women wed 6 - 7.30pm Walk in support group for women Tue 11-12.30, Thur 5.30- 7pm Contact office for more info	Domestic Violence & Sexual Assault Coalition DVSAAC PO Box 484 Grass Valley CA 95945 530-272-2046 Office	www.dvsac.org info@dvsac.org
Hanford	Hotline 1-877-727-3225 Trained peer counselors are available 24/7 to provide support and guidance for men, women, children and teenagers. Emergency shelter Court room accompaniment Legal advocacy program Rape / sexual assault counseling by a professional licensed therapist Sexual Assault Forecnic Examiners	Kings Community Action Org. 1130 N. 11th Avenue Hanford CA 93230 559-582-4386 Office	
Hemet	Hotline 866-373-8300 We are a non profit community based agency striving to provide intervention and counseling services for survivors of sexual assault Emergency shelter Individual counseling Support groups	Center Against Sexual Assault Hemet CA 92546 951-652-8300 Office	www.swcasa.org info@swcasa.org
Hermosa Beach	Psychotherapy provides you an opportunity to share your thoughts and feelings with someone you trust in order to make progress and find change in your life. A large part of psychotherapy is simply the relationship you build with your therapist and how safe you feel to truly discuss important aspects of your life. The relationship should be collaborative, supportive, yet also chanllenging and helpful for you in order to create change and move forward with goals you have set for yourself. Please take a moment to look around the website and read	Beach Cities Psychological Services 934 Hermosa Avenue Suite 11 Hermosa Beach CA 90254 310-957-2122 Office	www.beachcitiespsych.com info@beachcitiespsych.com

more about our professional back-grounds and the group practice so that you may see whether one of our therapists might be the right fit for you. Feel free to call or email with any questions you might have or to set up a consultation appointment by phone or in person.

Hollister	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults	Community Solutions 310 Fourth Street # 105 Hollister CA 95023 831-637-1094 Office	www.communitysolutions.org cs@communitysolutions.org
Huntington Beach	Men Molested as Children This therapy group is an adjunct to individual therapy for issues stemming from childhood sexual abuse. Members have not abused a child themselves. Both straight and gay men are welcome Every Tuesday 5.30 - 7 pm Cost \$50 - \$70	Dr Lee Blackwell Huntington Beach CA 92647 714-584-4901 Office	www.drblackwell.net lee@drblackwell.net
Huntington Beach	Women Victims of Abuse and Stalking support Group This is a support and recovery group for women who were abused or stalked after the break up of a relationship.	Meetup Abuse Support Group Huntington Beach California www.meetup.com/topics/abusesurvivors/all/	
Irvine	Hotline 1-877-854-3594 We listen to our clients and find out exactly what they need to become free from domestic violence. Emergency shelter, men have a separate shelter. Counseling and support groups for women after they have graduated from our emergency shelter. Walk-in service available but we recommend calling before attending counseling or the legal clinic.	Human Options Inc PO Box 53745 Irvine CA 92201 949-373-5242 Office	www.humanoptions.org info@humanoptions.org
Jackson	Hotline 209-223-2600 or 800-675-3392 Help finding emergency shelter Individual / group counseling for survivors of sexual assault or domestic violence	Operation Care 619 New York Ranch Road Jackson CA 95642 209-223-2897 Office	www.operationcare.org info@operationcare.org
Joshua Tree	Hotline 760-366-9663 Our mission is to provide a safe haven for victims of domestic violence, to educate and assist them through counseling, legal advocacy and building self-esteem.	Morongo Basin Unity Home Inc 61740 Palms Highway Joshua Tree CA 92252 760-366-9663 Office / Hotline	

Emergency shelter
Legal advocacy and court support
Our shelter runs 10 DV support
groups throughout the week.
Outreach support groups and
counseling in the community. See
our website for more details or
Call us on 760-366-9663.

www.joshuatreevillage.com/508/mbuh.htm

Kelseyville

Hotline 1-888-485-7733
24 Hour community crisis line
Domestic violence shelter house
Counseling and therapy
Services for sexual assault
survivors recent and past.
Workshops and support groups
tba call office for more info.

Lake Family Resource Center
5350 Main Street
Kelseyville
CA 95451
707-279-0563 Office

www.lakefrc.org
ginap@lakefrc.org

Kings Beach

Hotline 1-800-736-1060
For survivors of sexual assault
or domestic violence
Trained advocates can help obtain
a temporary protective order
Women's bilingual support groups
on Mon, Tues, and Thurs. Please
contact office for more info
Chidrens program

Tahoe Safe Alliance
PO Box 1232
8321 Steelhead Avenue
Kings Beach
CA 96143
530-546-7804 Office.

www.tahoosafealliance.org

Ladera Ranch

Hotline 866-498-1511
Through the comprehensive
domestic violence programs and
sevices we offer, victims receive the
time and tools necessary to live
healthy, independent and violence
free lives.
Emergency shelter
Court accompaniment
Legal advocacy services
10 week personal empwerment
Individual and group therapy
Various groups now running please
see website for more details.

Laura's House
Ladera Ranch
CA 92694
946-361-3775 Office

www.laurashouse.org
info@laurashouse.org

Laguna Niguel

Adult Survivors of Abuse
Professional led and safe female
group. A six week consecutive
attendance is required
Meet every Wed 6 - 7.30 pm
Cost \$40 - \$80

Dr Sherry Marie King
Laguna Niguel
CA 92677
949-274-4108 Office

La Habra

Sexual Abuse Survivors Group
This is a group for women survivors
of sexual abuse meeting on Monday
nights from 6.30 - 7.30 in La Habra.
We use the curriculum : Healing The
Wounded Heart, by Dan Allender.
Please not - Curriculum is Christian
based. Cost \$100 per month.
I am also willing to start a group for
MEN that would meet on Thursdays

Sharie Stines PsyD, Catc-V LPCI
Lifeline Counseling and
Educational Services
1701 Lambert Road, Suite C
La Habra
CA 90531
562-706-4251

counselingfordays@gmail.com

6.30-7.30pm.

Lakeport	Hotline 1-888-485-7733 24 Hour community crisis line Domestic violence shelter house Counseling and therapy Services for sexual assault survivors recent and past. Workshops and support groups tba call office for more info.	Lake Family Resource Center 896 Lakeport Boulevard Lakeport CA 95453 707-262-1611 Office	www.lakefrc.org gjinap@lakefrc.org
Lancaster	Hotline 661-945-6736 We are a community based organization dedicated to ending domestic violence. We create and maintain a safe environment where all can re new their lives. 60 Day emergency shelter Sexual Assault Response Services Call 661-949-6143 for SARS support Adults molested as children therapy groups, call office for details	Antelope Valley Domestic Violence Council PO Box 2980 Lancaster CA 93539 661-949-1916 Office	www.valleyoasis.org info@avdvc.org
La Jolla	For adult survivors of child abuse PTSD support group trauma survivors	Survivors PTSD Group La Jolla CA www.meetup.com/topics/abusesurvivors/all/	
La Mesa	Counseling on an individual or group basis for men women and children. Spanish and English spoken Sexual assault including incest Sliding fee scale based on income.	Minto Counseling 7339 El Cajon Boulevard Stite J La Mesa CA 91941 619-697-7477 Office	www.ccssd.org info@ccssd.org
La Quinta	Partners supporting Molested Partners This group is designed for partners who are supporting partners who have experienced sexual molestation. The group is open to men and women Meets second Tues 7 - 8.30 pm Cost \$20 - \$70	Dr Sally Diane La Quinta CA 92253 760-621-3229 Office	www.drallydiane.com pointhappy245@gmail.com
Livermore	Hotline 925-449-5842 or 800-884-8119 24 / 7 Crisis line Legal restraining order service Individual counseling for sexual assault or domestic violence Domestic violence support groups Sexual assault support groups	Tri-Valley Haven 3663 Pacific Avenue Livermore CA 94550 925-449-5845 Office	www.trivalleyhaven.org
Lodi	209-465-4878 Domestic violence 209-465-4997 Sexual assault 800-769-4357 Youth line toll free 24 hour helplines Immediate safe haven Advocacy and referrals	Women's Center 29 S. Washington Street Lodi CA 95240 209-368-3406 Office.	www.womenscenteryfs.org

Teen survivors group
Domestic violence groups in
English and in Spanish
Adult survivors of sexual assault
group for women
Adults molested as children
support group meets once a week
for a 13 week contact Robin
Petersen on 209-941-2611

Lompoc	Hotline 805-736-0965 Domestic violence hotline and information	Lompoc Shelter Hotline PO Box 1366 Lompoc CA 93438 805-736-8535 Office www.facebook.com/DomesticViolenceSolutions/	
Lompoc	Hotline 805-736-7273 Services for adult and child survivors of sexual assault and child abuse. 24 Hour Crisis line Crisis intervention and advocacy counseling for victims of sexual assault or violence	North County Rape Crisis and Child Protection Center Lompoc Office CA 93438 805-736-8535 Office	www.sbcountyrapecrisis.org
Lone Pine	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available.	Wild Iris 120 S Main Street Unit 12 Lone Pine CA 93545 760-873-6601 Office	www.wild-iris.org wildiris@wild-iris.org
Long Beach	ASCA Meeting / Support Group Adult Survivors of Child Abuse Meetings on Saturdays From 9am until 10.30am Meeting is FREE but donations are welcome. The contact person is Matt Alquiza if texting please mention ASCA in the text. 562-225-5780 Or you may wish to email for more information. Secondary contact Person is V 714-330-6280 if texting please mention ASCA in text.	ASCA Meeting St Luke's Lutheran Church 5633 East Wardlow Road Long Beach CA 90808 Call or Text 562-225-5780 The meeting takes place in the Pre School Room www.ascasupport.org/ events/event1.php?eventID=125	ASCA4LB@gmail.com
Long Beach	Male Survivors of Sexual Assault Healing the hurt from sexual assault requires bravery and Strength. This group seeks to create that confidential, trusting safe place where men who have experienced sexual assault can find support. Meets on Sundays Cost \$20 - \$30	Dr Jonathan Brady Long Beach CA 90802 323-456-3010 Office	www.bradyesque.com drbrady@bradyesque.com
Long Beach	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say	Grief Recovery Workshops Sherri Lugo All Saints Episcopal Church	www.freedomfromgrief.com www.griefunchained.com

the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Thursdays 7.30 - 9.30 pm
Call Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

346 Termino Avenue
Long Beach
CA
562-400-2573

Long Beach

Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to individuals and families affected by domestic violence since 1979.
Emergency shelter
Legal assistance and advice
Human trafficking awareness
Individual or group counseling

Interval House
6615 East Pacific Coast Hwy
Long Beach
CA 90803
562-594-9492 Office

www.intervalhouse.org
admin@intervalhouse.org

Long Beach

Hotlines 562-597-2002
1-800-656-4673
Crisis support and advocacy

Sexual Assault Crisis Agency
Long Beach
CA 90807
562-989-0309 Office

Long Beach

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Women only please
meets on Saturday 9 - 10.30 am

Survivors of Incest Anonymous
Long Beach
California
562-596-7907 Office
www.siawso.org/Sys/PublicProfile/3515986/7166

www.siawso.org
amcmurri@yahoo.com

Long Beach

Hotline 562-437-4663
Since 1977 we have helped thousands of families overcome the trauma caused by domestic abuse. Emergency shelter where you will receive legal advocacy, individual and group support and all the tools necessary towards building a life free from violence.

Women Shelter of Long Beach
Long Beach
CA 90806
562 473-7233 office.

www.womenshelterlb.org
info@womenshelterlb.org

Los Angeles

Childhood Sexual Trauma Men's Support Group
This is a safe confidential group for men who are still suffering due childhood sexual trauma. You will be guided through experiential processes which are effective in relieving trauma.

Raphael Bonchek
Soul Development Center
3162 Los Feliz Blvd.
Los Angeles
CA 90027
Contact No. 323-457-1167

raphael@lctla.com

Group meets every other Tuesday
the session cost is \$50. Please call
Raphael for further details.

Los Angeles	Adult Children of Alcoholics / Dysfunctional Families. Group meetings throughout the week. Please see website	SoCal ACA Southern California LosAngelesACAIntergroup@gmail.com	www.SoCalACA.org
Los Angeles	Hotline 310-570-5902 Emergency room response Domestic violence shelter Individual and group counseling In-house legal service	1736 Family Crisis Center 2116 Arlington Avenue Suite 200 Los Angeles CA 90018 327-737-3900 Office	www.1736familycrisiscenter.org
Los Angeles	Adult Women Molested as Children Group therapy for sexual abuse survivors. Allowing the survivor to work on issues of trust, guilt, shame and isolation. Group of 5 women meeting on Wed evening for 16 weeks Cost \$100	Dr Veronica Abney Los Angeles CA 90048 424-625-2956 Office www.icpla.edu/member-search/veronica-abney-ph-d/	
Los Angeles	We provide FREE and confidential legal services to young people who have been abused. Se habla Espanol.	Break the Cycle 5777 West Century Blvd Suite 1150 Los Angeles CA 90045 310-286-3386 Office	www.breakthecycle.org legalservices@breakthecycle.org
Los Angeles	Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth educaion & outreach Domestic and sexual violence education programs All services are free of charge	Center for the Pacific Asian Family 543 N. Fairfax Avenue Room 108 Los Angeles CA 90036 323-653-4045 Office	www.nurturingchange.org
Los Angeles East	Rape & DV Hotline 800-585-6231 24 Hour 7 day Hotline Bilingual services for those affected by sexual or domestic violence Crisis intervention service Individual, family or group therapy Support services for friends/family	East Los Angeles Women's Ctn 1255 South Atlantic Boulevard Los Angeles CA 90022 323-526-5819 Office	www.elawc.org
Los Angeles	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including	Grief Recovery Workshops Rubi Zuniga Los Angeles CA 323-513-5060	www.freedomfromgrief.com rzunigahz@gmail.com

childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken For meeting details and times Contact Rubi Zuniga 323-513-5060 Certified Grief Recovery Specialist

Los Angeles

Several Trauma & Sexual Abuse Assault Groups
these groups are for women who have survived childhood abuse, adult abuse including physical abuse neglect and emotional abuse
Every Mon, Wed, Sat and Sun at 12-2 pm
Cost \$40 -\$50

Ms Cynthia Henrie
Los Angeles
CA 90042
323-739-4987 Office
323-829-3548
www.psychology.com/therapist/extended.php?aid=299

Los Angeles

Hotline 1-800-479-7328
Our overall goal is to change the pattern of abuse in the lives of women and children. Our programs and services include: Emergency shelter, counseling and help with the legal system.

Jenesse Center Inc
PO Box 8476
Los Angeles
CA 90008
323-299-9496 Office

www.jenesse.org
kearl@jenesse.org

Los Angeles

PTSD, Sexual Abuse Survivors Group
Ptsd, trauma, sexual abuse survivors long term process support group for women only
Every Wed & Fri 6 - 7.30 pm
Cost \$50

Mrs Judy Mclaughlin-Ryan
Los Angeles
CA 90024
310-692-9680 Office

www.asrtherapy.com
judy@asrtherapy.com

Los Angeles (West)

Domestic Violence Support Group
We are a support group for those affected by domestic abuse in the west Los Angeles district.

West Los Angeles
California
www.meetup.com/topics/abusesurvivors/all/

www.meetup.com/Los-Angeles-Support-for-Victims-of-Domestic-Violence-Meetup/

Los Angeles

310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual assault domestic violence and child abuse

Peace Over Violence
1015 Wilshire Boulevard
Suite 200
Los Angeles
CA 90017
213-955-9090 Office

www.peaceoverviolence.org
info@peaceoverviolence.org

Los Angeles

Trauma Group Psychotherapy
On going group for trauma survivors. Including domestic violence, sexual and physical abuse experienced as a child

William Randle
Los Angeles
CA 90028
323-243-8082 Office

www.willrandle.com
will@willrandle.com

ritual abuse and emotional and verbal abuse. An intake interview is required and an eight week commitment is requested
Meets every Wed/Fri 7 - 9 pm

Los Angeles

213-626-3393 for Central LA
310-392-8381 for South LA
626-793-3385 for W. San Gabriel
877-633-0044 for Stalking helpline
We are a rape crisis center in South Central Los Angeles with a special emphasis on sexual assault crisis counseling and domestic violence services for men and women.
On going crisis counseling
Accompaniment to hospital & court
Prevention and education program
Support groups available. Please see our website for further details.

S.A.F.E.
Los Angeles

www.safela.org/

Los Angeles

Adult Survivors of Childhood Sexual Abuse
An empowering womens group for adult survivors of sexual abuse
Speaking about the abuse is an opportunity to step out of the shame and guilt and take back your power.
cost \$50

Dr Anna Scully
Los Angeles
CA 90025
310-359-9414 Office

Los Angeles

Hotline 323-860-5806
Our services are provided by LGBT domestic violence specialists, including certified domestic violence counselors and mental health professionals who are trained in LGBT-domestic violence issues.
Referrals to LGBT sensitive shelters
Advocacy with law enforcement and criminal justice systems
Survivors support groups

STOP Domestic Violence - Gay and Lesbian Center
1625 N. Schrader Boulevard
Los Angeles
CA 90028
323-993-7400 Office

domesticviolence@lalgbtcenter.org

Los Angeles

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Women only please
Meets Saturday 2 - 3.30 pm
Contact Diane

Survivors of Incest Anonymous
Los Angeles
CA
213-213-0100 Office

www.siawso.org

Los Angeles

Hotline 323-226-3961
the VIP Sexual Assault Center is internationally recognized as the standard of care for victims of sexual assault.
Groups therapy covers topics such as: Child sexual abuse recovery

Violence Intervention Program
1721 Griffin Avenue
Los Angeles
CA 90031
323-221-4134 Office

www.violenceinterventionprogram.org

Child physical abuse recovery
and child emotional abuse recovery.
Please call for more details

Los Angeles	Adults Abused as Children Minimize shame, guilt and self blame. Address psychological systems Meets every Saturday 11 - 12.30 2nd Group Saturday 1 - 2.30 pm Cost \$20 - \$40	Roni Weisberg-Ross Los Angeles CA 90064 310-479-9798 Office	www.roniweisbergross.com roni@roniweisbergross.com
Los Angeles	Men Molested as Children The aim of this group is to be supportive Group meets for 10 week increments Wed 7 -8.30 pm One free screening evaluation Cost \$50 - \$70 www.therapistspsychologytoday.com/rms/name/Lisa_Victoria_Youngman_Los+Angeles_California_54194	Dr Lisa Victoria Youngman Los Angeles CA 90025 424-570-1173 Office	
Los Angeles	Free after school programs Youth club violence prevention Techgyrls program Individual / group counseling Clothesline project	YWCA Greater Los Angeles 1020 S Olive Street 7th Floor Los Angeles CA 90015 213-365-2991 Office www.ywcaqla.org/what-we-do/programs/sexual-assault/	
Lucerne Valley	Hotline 760-248-2064 We provide an emergency shelter, counseling, assistance with legal paperwork, support in the court and a community outreach program.	Lucerne Valley Domestic Violence Outreach, Inc PO Box 2003 Lucerne Valley CA 92356 760-248-2377 Office. www.lucernevalley.net/orgs/domestic/info.htm	
Madera	Hotline 1-800-355-8989 Services for victims of sexual assault and domestic violence Shelter for battered women Advocacy and support Historic sexual assault services All services are free of charge	Community Action Partnership of Madera County CAPMC 1225 Gill Avenue Madera County CAPMC CA 93637 559-661-1000 Office.	www.maderacap.org
Mammoth Lakes	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling Support groups available.	Wild Iris 635 Mammoth Road Suite 201 Mammoth Lakes CA 93546 760-934-2491 Office	www.wild-iris.org wildiris@wild-iris.org
Marina	Our mission is to lead in ending the cycle of homelessness or violence by providing safe housing and compassionate support and opportunities for self sufficiency through outreach, emergency shelter, transitional housing and supportiveservices throughout	Shelter Outreach Plus PO Box 1340 Marina CA 93933 831-384-3388 Office.	info@shelteroutreachplus.org

Monterey County.

Mariposa	Hotline 1-888-966-2350 We offer hope, support and recovery for those who are or have been victims of domestic violence. Providing emergency shelter Assistance with legal matters Accompaniment to the courts Counseling and support groups	Mountain Crisis Services PO Box 2075 5079 Highway 140 Mariposa CA 95338 209-742-5865 Office	www.mountaincrisiservices.org
Martinez	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions Martinez CA 94553 925-646-2305 Childrens Center	www.cvsolutions.org admin@cvsolutions.org
McKinleyville	Hotline 1-800-341-9454 Our mission is to promote the stability and security of families and to protect the best interests of indian children. Please visit our website for more details on family and individual counseling.	Two Feathers Native American Family Services 2355 Central Avenue Suite C McKinleyville CA 95519 707-839-1933 Office	www.twofeathers-nafs.org frontdesk@twofeathers-nafs.org
Merced	Hotline 209-722-4357 We provide service to victims of domestic violence and sexual assault, including: Emergency shelter Individual and group counseling Advocacy services Assistance with legal matters and court appearances.	A Woman's Place of Merced PO Box 822 Merced CA 95341 209-725-7900 Office	dhaines@mcoe.org
Merced	Hotline 209-722-4357 We can help you and your kids get safe today. We can provide a safe, confidential shelter, help you to develop a safety plan, help you with all the legal paperwork and help you to access local counseling and support groups.	Valley Crisis Center 1960 P Street Merced CA 95340 209-725-7099 Office	www.valleycrisiscenter.org
Mission Viejo	Adults Sexually Abused As Children Groups to address issues resulting from childhood sexual abuse, this may or may not included incest. The group is safe and I interview every member to ensure group safely. Men and women welcome Meets Every thurs 10.30 - 12.30 Cost \$60 - \$70	Dr Evan Fewsmith Mission Viejo CA 92691 949-249-9040 Office	www.orangecountytherapy.com info@orangecountytherapy.com
Modesto	Hotline 209-577-5980 or 1-888-45HAVEN (42836)	Haven Women's Center 618 13th Street	www.havenwcs.org/ info@havenwcs.org

24 Hour Crisis line
Support groups for domestic violence and sexual assault
Legal advocacy, help with restraining orders
Peer counseling
Individual therapy
Referrals to trusted professionals
Serving Ceres, Turlock & Patterson.

Modesto
CA 95354
209-524-4331 Office.

Monterey

Male Survivor Support Group
In this group men will find a safe nurturing place to move beyond the pain related to sexual abuse. Participants will find help working through isolation, fear, low self esteem with other men with the same experiences.
This is a 10 week long committed group. Meets Monday 6 - 8 pm
Low fee sliding scale

Stephen L Braveman
Monterey
California
831-375-7553 Office

stephen@bravemantherapy.com

Monterey

Hotline 831-375-4357
24 Hour hotline
Rape prevention education for 7th grade, 8th grade & high sch
Safety awareness 1st grade 3rd grade and 6th grade
Also drug and alcohol education

Monterey Rape Crisis Center
PO Box 2630
Monterey
CA 93942
831-373-3955 Office

www.mtryrapecrisis.org
info@mtryrapecrisis.org

Monterey

Hotlines 831-372-6300
Or 831-757-1001
Since 1971 we have worked to empower women, families and individuals by providing a domestic violence program including:
Emergency shelter and legal and court advocacy.

YWCA - Monterey
457 Webster Street
Monterey
CA 93940
831-655-9222 Office

mail@ywcamc.org
www.ywca.org/site/pp.asp?c=anJHKMNRfG&b=483519

Morgan Hill

Hotline 1-877-363-7238
For sexual assault and domestic violence victims
Programs for children & adults

Community Solutions
16264 Church Street
103
Morgan Hill
CA 95037
408-779-2113 Office

www.communitysolutions.org
cs@communitysolutions.org

Murphys

Hotline 209-736-4011
or 209-754-4011
Services for survivors/victims of domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

The Resource Connection
Murphys
CA 95247
209-728-9946 Office

www.trcac.org
info@trcac.org

Napa

Hotline 707-225-6397
or 1-800-799-7233
24 Hour Crisis line
Se habla Espanol
Safe house for those fleeing

Napa Emergency Women's Services
1141 Pear Tree Lane
Suite 220
Napa

www.napanews.org
info@napanews.org

domestic or sexual violence CA 94558
Advocates and shelter for children 707-252-3687 Office
survivors of violence
Counseling services
Group counseling free of charge

Newhall Hotline 661-259-4357 DVC of Santa Clarita Valley www.dvc-scv.com/
Safe shelter referrals PO Box 220037
Help with safety planning Newhall
Accompaniment to the court CA 91322
Counseling and support groups. 661-259-8175 Office

Newhall Adult Survivors of Child Abuse Group Santa Clarita ASCA
We are a community based support Newhall
group for adult survivors of child California
abuse. This is a peer led group www.meetup.com/Santa-Clarita-ASCA/
and not a therapy or counseling group.

Newport Beach Hotline 877-854-3594 Human Options www.humanoptions.org/
Our mission is to provide a safe PO Box 9376
haven and life changing programs Newport Beach
to help abused women and their CA 92658
children and families. We work with
the community to break the cycle of
domestic violence.
Emergency women's shelter
24 Hour crisis and support line
Community education program
Counseling and support groups

North Hollywood Grief Recovery Workshops www.freedomfromgrief.com
"There are 3 needs of the griever: Sandi Atmore
To find the words for the loss, to say Summers Chiropractic
the words aloud and to know that 4418 Vineland Ave
their words have been heard." www.griefunchained.com
Suite 208
Victoria Alexander North Hollywood
There are more than 40 events that CA
can cause the range of human 323-698-5570
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Thursdays 7 - 9 pm
Call Sandi Atmore 323-698-5570
Certified Grief Recovery Specialist

North Hollywood We empower those who have Survivors of Incest Anonymous bluedolphin96@gmail.com
survived childhood sexual abuse North Hollywood
and who want to become survivors CA
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Meets Wednesday 7.30 - 9 pm
Contact Denise

Northridge	<p>Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Meets Mondays 7 - 9 pm Natasha Jackson 213-880-9917 Certified Grief Recovery Specialist</p>	<p>Grief Recovery Workshops Natasha Jackson 18341 Sherman Way Suite 204 Northridge CA 213-880-9917</p>	<p>www.freedomfromgrief.com nmjackson24@gmail.com</p>
Northridge	<p>818-886-0453 San Fernando Vly 661-253-0258 San Clarita Valley 24 hour Crisis team Services for adults abused as children Child maltreatment treatment Community counseling Family support services Male survivors welcome</p>	<p>Strength United California State University Northridge 818-787-9700 www.csun.edu/eisner-education/strength-united www.facebook.com/StrengthUnited/?fref=ts</p>	
Oakland	<p>Hotline 510-536-7233 A Safe Place exists to break the cycle of domestic violence. We offer programs for women, men and teens. Advocacy at court & social services Help with legal documents Individual or group counseling with a licensed professional.</p>	<p>A Safe Place PO Box 23006 Oakland CA 94623 510-986-8600 Office</p>	<p>www.asafeplacedvs.org</p>
Oakland	<p>Hotline 510-845-7273 24 Hour Crisis hotline Se habla Espanol Advocacy & legal services Community education Individual counseling for survivors Services are free & confidential</p>	<p>Bay Area Women Against Rape Oakland CA 94612 510-430-1298 Office</p>	<p>www.bawar.org vicki@bawar.org</p>
Oakland	<p>Survivors of Childhood Sexual Abuse A therapy group for survivors of childhood sexual abuse. The group work deeply with each other to gently work through the trauma of childhood sexual abuse including incest. Three month commitment Meets every Wed 6.30 - 8 pm</p>	<p>Rose Phelps Oakland CA 94610 510-658-4344 Office www.rosephelpsmarriagefamilytherapist.com</p>	

cost \$50 +

Oakland	Adult Incest Survivors this adult incest survivors therapy support group treats self blame, anger, addiction, relationship issues, sexual issues and other symptoms of PTSD Meets every Wed 7.30 - 9 pm Cost \$50	Ms Karen E Spinkel Oakland CA 94610 510-878-4177 Office	
Oakland	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Wednesdays 6.15 - 7.30pm See website for further Details	Survivors of Incest Anonymous Oakland CA www.siawso.org/Sys/PublicProfile/1255534/7166	www.siawso.org
Oceanside	760-754-5500 Information hotline Providing a residential shelter for abused, neglected or abandoned children. Therapy for children Counseling and daily discussion On site schooling for pre school to 12th grade	Casa de Amparo Shelter for Children 4070 Mission Avenue Oceanside CA 92057 760-754-5500 Office / intake	www.casadeamparo.org/
Oceanside	Survivors of Domestic Abuse Support Group. For abuse survivors, survivors of domestic violence and trauma survivors	Oceanside Survivors - Domestic Violence Support Group Oceanside. CA www.meetup.com/topics/abusesurvivors/all	
Oceanside	The Brother Bennos Foundation provides a transitional living house for women with children who are in need of shelter.	The House of Martha, Ann, Mary and Ida. (MAMI) Oceanside CA 92054 760-439-1244 ext 109	www.brotherbenno.org
Oceanside	Hotline 760-757-3500 24 Hour hotline Se habla Espanol Temporary emergency shelter for battered women and children Crisis intervention Group and peer counseling	Women's Resource Center 1963 Apple Street Oceanside CA 92054 760-757-3500	www.wrcsd.org
Orange	Hotline 877-577-7267 Toll Free We offer child / youth services, child abuse counseling, emergency shelters, and transitional housing in multiple communities throughout Southern California. Serving Camaillo, Crestline, Garden Grove, Hueneme, Long Beach, Pasedna, Riverside, Santa Clarita, San Diego, Santee, South Bay, Thousand Oaks, Van Nuysm	Lutheran Social Services of Southern California 2560 North Santiago Blvd Orange CA 92867 714-685-1800 Office .	info@lsssc.org

Ventura. Also Apple Valley and Big Bear.

Orange	Hotline 714-237-1444 Or 877-743-3736 Toll Free We first opened our doors in 1979, since that time thousands of women and their children have found shelter, safe refuge and a new beginning as a result of The Sheepfold Ministry.	The Sheepfold PO Box 4487 Orange CA 92863 714-237-1444 Office / Hotline	www.thesheepfold.org mail@thesheepfold.org
Orange	Hotline 714-992-1931 Emergency shelter Transitional housing program Immigration clinic and services Court advocacy Legal assesments and referrals Outreach services to all survivors of domestic violence and human trafficking. A legal clinic is held every 1st Wednesday.	Women's Transitional Living Center Inc PO Box 6103 Orange CA 92863 714-992-1939 Ext 101 Office	www.wtlc.org info@wtlc.org
Orinda	SNAP Support Meeting Meets Sundays 3pm to 5pm First meeting Sunday February 5th. Contact Melanie on 925-708-6175	SNAP Support Meeting Orinda Library, Room A 26 Orinda Way Orinda Melanie Sakoda 925-708-6175	www.snapnetwork.org/ melanie.sakoda@gmail.com
Oxnard	Hotline 800-300-2181 or 805-656-1111 805-656-4439 Hearing impaired Hotlines available 24/7 Crisis intervention program Emergency shelter Support groups for victims of domestic violence,sexual assault and incest call office for info.	Coalition for Family Harmony 1030 North Ventura Road Oxnard CA 93030 805-983-6014 Office	www.thecoalition.org j.campbell@thecoalition.org
Palm Desert	Hotline 1-800-656-4673 We provide a 24 Hour hotline for victims of sexual assault. Outreach counselors are able to go with the victim to the hospital or the police station. Individual and group counseling Accompaniment - legal process Bilingual counselors on call Serves Coachella Valley and the Morongo Basin www.facebook.com/Coachella-Valley-Sexual-Assault-Services-128535360625188/timeline?ref=page_internal	Coachella Valley Sexual Assault Services 24 - 333 Highway 111 Suite 103 Palm Desert CA 92260 760-568-9071 Office	
Palm Desert	Adults Molested as Children this group is for those who have been sexually abused as children Meets on Tuesdays Cost \$20 - \$30	Dr Jamie D Kirkpatrick Palm Desert CA 92260 760-933-9841 Office	www.drjamiekirkpatrick.com drjamie4u@yahoo.com
Palm Desert	Hotlines 760-328-7233 Or 1-800-775-6055	Shelter from the Storm 73555 Alessandro Drive	www.shelterfromthestorm.com

We provide comprehensive services to victims of domestic violence - Professionally, ethically and compassionately.
Emergency shelter
Transitional housing
Individual and group counseling at the Edra Blixseth community center
Outreach centers in Hot Springs, Palm Desert and Palm Springs
Se habla Espanol

Suite D
Palm Desert
CA 92260
760-674-0400 Office

Pasadena

We were established in 1995 as an independent non profit organization with a mission to stop family or domestic violence. We help men women and children through legal advocacy, accompaniments to court proceedings. We offer empowerment groups and outreach and education
for details of our empowerment group please call 626-355-4545

Grace Center
PO Box 40250
Pasadena
CA 91114
626-355-4545 Office

www.grace-inc.org/

Pasadena

Hotline 323-681-2626
We are the first domestic violence shelter of it's kind in the country. We are dedicated to helping abused women and their children on their way towards a violence free life. We are proud to be a program of the Jewish Family Services of LA.
Emergency shelter
Prevention and education program
Individual and group counseling within the local community.

Haven House
PO Box 50007
Pasadena
CA 91115
626-564-8880 Office

www.jfsla.org/havenhousecommunications@jfsla.org

Pasadena

Survivor: A Mens Psychtherapy Group
Are you a man who was sexually abused as a child? Do you struggle to overcome the scars from this abuse? This is a 20 week group where these issues can be discussed in a safe and confidential environment
Meets on Mondays
Cost \$50

Dr Ellen Miller Kwon
Pasadena
CA 91101
626-807-5451 Office

www.drmlerkwon.com/home

Pasadena

Sexual Abuse Survivors Group for Women
This group is targeted to sexual abuse, incest, assault and rape issues
Meets every other Mon 7 - 8.30
2 Sexual abuse survivors groups Mondays and Thursdays 7 - 8.30pm
Also a Co-Ed Sexual Abuse Survivors group that meets Wednesdays.
Male Sexual Abuse Survivors group

Ms Cristina Noelle Mardirossian
Pasadena
CA 91106
818434-6051 Therapy Info
www.pasadenatraumatherapy.com

cnm.therapy@gmail.com

Please call 818-434-6051 for more details.

Pasadena	310-392-8381 South LA 213-626-3393 Central LA 626-793-3385 West San Gabriel 24 Hour Crisis lines Latina services Intervention services Counseling for survivors of sexual assault domestic violence and child abuse	Peace Over Violence 892 N Fair Oak Avenue Suite D Pasadena CA 91103-3046 626-584--6191 Office	www.peaceoverviolence.org info@peaceoverviolence.org
Pasadena	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meet Monday 7.30 - 9 pm Contact John	Survivors of Incest Anonymous Pasadena CA 626-305-9113 Office www.siaawso.org/Sys/PublicProfile/3515978/7166	www.siaawso.org
Pasadena	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 10.30 - 12 noon Contact Tina	Survivors of Incest Anonymous Pasadena CA 626-768-0825 Office	www.siaawso.org pasadenasia@yahoo.com
Paso Robles	24/7 Crisis Line 855-866-7473 Counseling (Individual or Group) Crisis Services (available in Spanish and English) Emergency Safe Houses Advocacy / Accompaniment Temporary Restraining Orders Weekly Support Groups Services for Survivors, and family / friends / loved ones.	RISE 1030 Vine Street Paso Robles CA 93446 805-226-5400 Office	www.riseslo.org contact@RISEslo.org
Placerville	Hotline 530-626-1131 or 916-939-6616 24 Hour Crisis hotline for survivors of sexual assault and domestic violence Support groups for adults molested as children for 14 weeks 2 hour sessions. There is a charge but something can be worked out	The Center for Violence Free Relationships 344 Placerville Drive Suite 11 Placerville CA 95667 530-626-1450 Office	www.thecenternow.org info@thecenternow.org
Pomona	Hotline 909-626-4357 or 626-966-4155 Professional counseling to survivors of sexual assault or child abuse The first ten sessions are free with proof of income. Support groups of peers for adults	Project Sister Family Services PO Box 1369 Pomona CA 91769-1369 909-623-1619 Office	www.projectsister.org info@projectsister.org

& adolescent survivors of sexual assault and abuse.

Porterville	Hotline 559-784-0192 The central California Family Crisis center is a multi cultural organization which exists to protect individuals and families from domestic violence Emergency shelter 559-781-7468 Tranistional housing Legal advocacy Accompaniment to the courts Domestic violence counseling Community outreach & education.	Family Crisis Center 770 North Main Street Porterville CA 93258 559-784-0192 Office / Hotline	www.ccfamilycrisis.org
Quincy	877-215-7273 Rape Crisis Line or 1-877-332-2754 toll free 24 Hour crisis help line Crisis intervention and prevention Serving Portola and Greenville.	Plumas Crisis Intervention and Resource Center 591 West Main Street Quincy CA 95971 530-283-5515 Office	www.facebook.com/PlumasCrisisInterventionandResourceCenter/timeline?ref=page_internal
Rancho Mirage	It Happens To Boys Free group for men who were abused as children. There is no cost other than a willingness to work on the healing process Meets second Tues 7 - 9 pm Free of charge	Carol Teitelbaum Rancho Mirage CA 92270 760-332-8987 Office	www.therapists.psychologytoday.com/rms/name/Carol_Teitelbaum_MFT_Rancho+Mirage_California_35853
Red Bluff	Hotline 530-528-0226 Or 1-800-324-6473 Toll Free Wheter you are currently in an abusive relationship or recovering from domestic violence we have trained staff available to help you. Emergency shelter Crisis counseling Prevention and intervention Power to Chose support group Untangling Relationships 12 week group to cope with problem areas Counseling services	Alternatives to Violence 717 Pine Street Red Bluff CA 96080 530-528-0300 Office	www.atvrb.org info@atvrb.org
Redding	Hotline 530-244-0117 toll free 24 Hour Crisis hotline Free services for victims of domestic violence & sexual assault. Assistance to men and women regardless of age, race or sexual preference. Individual / group counseling Programs for children in shelter Emergency transportation Legal assistance and advocacy	Shasta women's Refuge 2280 Benton Drive Building A Redding CA 96003 530-244-0118 Office	crisisline@scwr.org
Redwood City	Adults Abused as Children This group explores the long term	Ms Pat A Grabianowski Redwood City	www.sequoiacounseling.com info@sequoiacounseling.com

effects of sexual, physical and emotional abuse
Meets every Tues 6 - 7.30 pm
Cost \$40

CA 94062
650-204-3563 ext 114 Office

Reseda

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Saturdays 10am - noon
Call Vicki Hagadorn 818-415-4568
Certified Grief Recovery Specialist

Grief Recovery Workshops
Vicki Hagadorn
Kirk O'The Valley Church
19620 Vanowen Street
Reseda
CA
818-415-4568

www.freedomfromgrief.com
vanhagadorn@gmail.com

www.griefunchained.com

Ridgecrest

760-375-7525 domestic violence
760-375-0745 sexual violence
760-375-7100 Report child abuse
24 Hour hotline numbers
All services open to men, women
and children
Emergency room support
Advocacy and legal help
Group counseling re drugs and
alcohol in a violent home
One to one peer counseling

Women's Center - High Desert
134 South China Lake Blvd
Ridgecrest
CA 93555
760-371-1969 Office
www.womenscenterhighdesert.org/

Riverside

951-683-0829 Riverside City
800-339-7233 Riverside County
Our mission is to improve the
quality of life and create hope by
ending the cycle of domestic abuse
through services and education.
Emergency shelter
Court advocacy
Community education
Educational support groups
Outreach offices in Riverside,
Corona and Hemet providing
support, counseling and advocacy.

Alternatives to Domestic
Violence
PO Box 910
Riverside
CA 92502
951-320-1370 Office

www.domesticshelters.org/riverside-ca-domestic-violence-help?page=1

Riverside

Hotline 951-686-7273
for men, women and teenage
survivors
Individual and group counseling
Support groups
Community education
Services for adults molested as

Riverside Area Rape Crisis Ctn
1845 Chicago Avenue
Suite A
Riverside
CA 92507
951-686-7273 .

www.rarcc.org
info@rarcc.org

Children

Roseville	Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence 24 Hour emergency shelter 24 Hour Crisis response Peer and professional counseling Domestic violence support groups	Peace for Families 700 Sunrise Avenue Suite N Roseville CA 95661 916-773-7273 Office	www.standupplacer.org/
Sacramento	CASH provides services to victims of sexual exploitation, sex trafficking and prostitution. Outreach and education Peer counseling Health information Assistance with housing/healthcare Support groups	Communités Against Sexual Harm (CASH) PO Box 160022 Sacramento CA 95816 916-856-2900 Office	www.cashsac.org info@cashsac.org
Sacramento	Our shelter program for women and children assists families in transition from crisis to self sustainability. Emergency shelter.	St. John's Shelter Program Sacramento CA 95814 916-453-1482	www.stjohnsshelter.org
Sacramento	Hotlines 916-920-2952 Or 866-920-2952 Toll Free 24 Hour support & information Se habla Espanol Services for teens, men & women Crisis intervention counseling Temporary safe house Evening support groups.	WEAVE Inc 1900 K Street Sacramento CA 95811 916-448-2321 Office	www.weaveinc.org info@weaveinc.org
Saint Helena	Men: Adult Survivors of Childhood Sexual Abuse Group. Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is \$240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details \$50 - \$60 per session.	Patricia Gray psyD. JD St Helena CA 94574 707-889-4066 Cell 707-539-2825 Main Number 707-539-5612 FAX	drpatriciagray@vom.com
Saint Helena	Women: Adult Survivor of Childhood Sexual Abuse. Adult survivors of childhood sexual abuse meet to discuss common	Patricia Gray psyD. JD St Helena CA 94574 707-889-4066 Cell	drpatriciagray@vom.com

issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.
Issues: Sexual abuse, neglect Adults only. Session cost \$50 -\$60 per session.

707-539-2825 Main Number
707-539-5612 FAX

Salinas Hotline 831-424-4357
24 Hour hotline
Rape prevention education for 7th grade, 8th grade & high sch
Safety awareness 1st grade 3rd grade and 6th grade
Also drug and alcohol education

Monterey Rape Crisis Center
PO Box 2401
Salinas
CA 93902
831-771-0411

www.mtryrapecrisis.org
info@mtryrapecrisis.org

San Andreas Hotline 209-736-4011
or 209-754-4011
Services for survivors/victims of domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling.

The Resource Connection
San Andreas
CA 95249
209-772-3980 Office

www.trcac.org
info@trcac.org

San Bernardino Counseling programs for victims of family violence. Serving Riverside and San Bernardino Counties

Family Service Agency of San Bernardino
1669 North East Street
San Bernardino
CA 92405
909-886-6737 Office

www.facebook.com/FSASB

San Bernardino Hotline 909-381-3471
We provide shelter, transitional housing, outreach services, legal services, information and education to victims of family violence.

Option House
PO Box 970
San Bernardino
CA 92402
909-383-1602 Office

San Bernardino Hotline 1-800-656-4673 toll free
24 hour crisis intervention hotline
Bilingual services
Hospital / court advocacy
Community education
Individual & group counseling
All services free of charge
Serving Redlands, Yucaipa, Coachella Valley & Morongo Basin

San Bernardino Sexual Assault Services
444 North Arrowhead Avenue
Suite 101
San Bernardino
CA 92401-1221
909-885-8884 Office

www.sbsas.org

San Diego Female Survivors Group
Peer group for adult women sexually abused as children
Male groups are forming
Screening interview is required
Please call for more information
Meets every Saturday

Svava Brooks
Peer group facilitator
San Diego
CA 92117
619-889-6366 Office

svava@educate4change.com

Cost \$25

San Diego	Hotline 1-888-385-4657 toll free 858-272-5777 Coastal location 619-697-7477 East County 760-747-6282 North County 619-378-5115 Mountain Empire Region 24 Hour hotline Specialist in psychotherapy addressing the emotional aspects of sexual assault, sexual abuse and domestic violence. Group and individual sessions. Day and evening appointments, most services available in English or Spanish Fees based on income, FREE 30 day safe shelter.	Center for Community Solutions 4508 Mission Bay Drive San Diego CA 92109	www.ccssd.org info@ccssd.org
San Diego	Healing from Childhood Sexual Abuse A group that will combine personal sharing and support with education and information. Topics covered included understanding feelings of guilt, shame, anger and grief. Understanding the dysfunctional coping strategies such as denial and addiction. Meets every Monday at Noon Cost \$40 - \$60	Dr Aimee Cornelius Pearson San Diego CA 92110 619-456-0259 Office	www.aimeepearson.com draimeepearson@yahoo.com
San Diego	Counseling on an individual or group basis. Services for sexual assault including incest. Men women and children welcome Spanish and English spoken Fee based on income	Counseling Mission Bay 4508 Mission Bay Drive San Diego CA 92109 858-272-5777 Office	www.ccssd.org info@ccssd.org
San Diego	ECSP provides comprehensive social services to low income families and individuals. We have a program for those who find them selves dealing with domestic violence.	Episcopal Community Services of San Diego 4305 University Avenue Suite 400 San Diego CA 92105 619-228-2800 Office.	www.ecscalifornia.org info@ecscalifornia.org
San Diego	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back	Grief Recovery Workshops Pamela Blomdal Hillside Club House 12979 Community Road Poway CA 858-213-3997	www.freedomfromgrief.com pamelablomdal@yahoo.com www.griefunchained.com

to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.

Meets Saturdays 9am - 11am
Pamela Blomdal 858-213-3997
Certified Grief Recovery Specialist

San Diego	Sexual Abuse/Assault and Adolescent Girls Therapy for girls 13-18 year. Group addresses self esteem body issues, depression, anxiety and ptsd cost \$40-\$50	Dr Azmaira Maker San Diego CA 92130 858-531-1122 Office	www.drmaker.net azmairamaker@gmail.com
San Diego	This emergency shelter for women and children under 16 provides a secure place to sleep when fleeing domestic violence.	San Diego Rescue Mission PO Box 80427 San Diego CA 92138 619-687-3720 Office	www.sdrescue.org sdrminfo@sdrescue.org
San Diego	Support Group for Adults Molested as Children. My Group is an AMAC (Adults Molested as Children) Group and is currently being held on Tuesdays at 5.30 pm to 7 pm. Cost is \$30, but we work with those who don't have means of payment. This current group is women only. Other groups will be offered as the demand necessitates.	Dr Sandra G Smith San Diego CA 92108 619-537-8965 Office www.northcountypsychotherapy.com	drsmithcounseling@gmail.com
San Diego	Male Survivors Group This is a group for high functioning adult males who have had a history of childhood abuse. Screening interview required Meets every other Monday Cost \$60	Dr Paul R Sussman San Diego CA 92103 619-663-5916 Office	www.paulsussmanphd.com paulsussmanphd@gmail.com
San Diego	Hotline 619-234-3164 Becky's House domestic violence program supports the individual from victim to survivor to thriver. 30 Day emergency shelter Group therapy Legal assistance	YWCA of San Diego County 1012 C Street San Diego CA 92101 619-239-0355 Office	www.ywcсандiego.org
San Francisco	Women' Group for Survivors of Sexual Trauma this group provides a safe space for female survivors to heal 12 week initial commitment Space is limited Every Wednesday 6 - 8 pm Cost \$30 - \$60	Christina Arguello San Francisco CA 94118 650-282-3418 Office Christina_arguello@hotmail.com	www.mindfultherapysf.com

San Francisco	<p>Hotline 1-877-751-0880</p> <p>A resident of AWS is provided with safe housing, multi lingual support legal advocacy plus individual and group support. We also have a Queer Asian Womens and Trans gender support program QAWTS. For those in need in the community we offer direct intervention, public awareness and Chit Chat support groups. Call 415-751-7110 for more details.</p>	<p>Asian Women's Shelter San Francisco CA 94110 415-751-7110 Office</p>	<p>www.sfaws.org info@sfaws.org</p>
San Francisco	<p>Hotline 415-441-KIDS (5437)</p> <p>The only way to reach us with an urgent concern is through our 24 Hour hotline.</p> <p>Our center offers FREE ongoing support groups and workshops for children and parents.</p> <p>Low cost counseling individually or as a family.</p>	<p>Child Abuse Prevention Center 711 Van Ness Avenue Suite 305 San Francisco CA 94109 415-668-0494 Office.</p>	<p>www.sfcapc.org info@sfcapc.org</p>
San Francisco	<p>Hotline 415-333-4357</p> <p>Founded in 1979 CUAV works to build the power of LGBTQ communities to transform violence and oppression.</p> <p>Short term advocacy-based peer counseling for LGBTQ's dealing with abuse and violence.</p> <p>Healing trauma support groups.</p>	<p>Community United Against Violence 427 South Van Ness Avenue San Francisco CA 94103 415-777-5500 Office</p>	<p>www.cuav.org info@cuav.org</p>
San Francisco	<p>Thrivers - Phase 1 - Women's Support Group for Trauma.</p> <p>Tuesdays 5 - 6.30pm</p> <p>We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings, beliefs and somatic experiences. Cost is \$65 per session with an 8 week or 12 week commitment. For further details call Laine - 415-705-0776 Or email lainedemtria@gmail.com</p>	<p>Laine Demtria LMFT 2120 Market Street Suite 209 San Francisco Contact No. 415-705-0776</p>	<p>www.mindbodymend.net/lainedemtria@gmail.com</p>
San Francisco	<p>Thrivers - Phase 2 - Women's Support Group for Trauma</p> <p>Tuesdays 7 - 8.30pm</p> <p>We empower ourselves to address Negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Cost is \$65 per session with an 8 week or 12 week commitment. For further details call Laine on 415-705-0776 or email lainedemtria@gmail.com</p>	<p>Laine Demtria LMFT 2120 Market Street Suite 209 San Francisco Contact No 415-705-0776</p>	<p>www.mindbodymend.net/lainedemtria@gmail.com</p>

San Francisco	<p>Sexual Abuse Recovery Program Rachel Grant is the owner and founder of Rachel Grant Coaching and is a sexual abuse recovery coach. Also the author of "Beyond Surviving" dealing with the final stage of recovery from sexual abuse. Rachel works with survivors of childhood sexual abuse who are beyond sick and tired of feeling broken, unfixable and burdened by the past. Email sessions are available. Month to month program. 8 month program offering maximum support. Please see the website for further details or call 415-513-0700</p>	<p>Rachel Grant Recovery San Francisco 415-513-0700 Office/ Advice coach@rachelgrantcoaching.com</p>	<p>www.rachelgrantcoaching.com</p>
San Francisco	<p>Art Therapy for Adult Survivors of Sexual Abuse Art therapy is amazing for working through healing and transforming the trauma of Sex abuse. If you are not an artist don't worry! Meets on Thursday Cost \$40 - \$50</p>	<p>Dr Lissa Friedman San Francisco CA 94102 352-478-3092 Office</p>	<p>www.lissafriedman.com lissafriedman@gmail.com</p>
San Francisco	<p>1-877-503-1850 Hotline - Adults 1-877-923-0700 Hotline - Teens Our mission is to respond to calls for help from domestic violence victims. Emergency shelter Advocacy and legal assistance counseling and support groups</p>	<p>La Casa de Las Madres 1663 Mission Street Suite 225 San Francisco CA 94103</p>	<p>www.lacasa.org info@lacasa.org</p>
San Francisco	<p>Art Therapy for Women who were Sexually Abused Group. Art therapy is an amazing modality for working through healing. Through the use of color and form we can communicate in ways that words can never touch.</p>	<p>Meetup Art Therapy Group San Francisco California www.meetup.com/topics/abusesurvivors/all</p>	
San Francisco	<p>Hotline 415-255-0165 We offer a safe and confidential range of services for survivors of domestic violence along with their children. Emergency shelter, drop-in service, community outreach and support groups. Drop-in hours: Monday - Thursday 9am - noon and 1.30 - 4 pm</p>	<p>The Riley Center 1237 Van Ness Avenue Suite 200 San Francisco CA 94109 415-977-1270 Office</p>	<p>info@svdp-sf.org</p>
San Francisco	<p>Hotline 415-647-RAPE (7273) We provide resource, support, advocacy and education to those healing from or struggling to end sexual violence. We offer: Legal advocacy</p>	<p>San Francisco Women Against Rape 3548 18th Street Suite 7 San Francisco CA 94110</p>	<p>www.sfwar.org info@sfwar.org</p>

Medical accompaniment
Individual peer counseling
SFWAR counselors offer an 8 week
support group several times a year.
Peer to Peer outreach program.

415-861-2024 Office

San Francisco

SNAP support meeting for survivors
abused by priests.
City College of San Francisco
Mission Campus on Valencia
Third Tuesday of Month 7 - 9 pm
For more details and directions call
Tim Lennon on 415-312-5820 or
survivorsnetworksf@gmail.com

SNAP Survivors Network of
those Abused by Priests.
San Francisco
CA
415-312-5820 Contact no.

survivorsnetworksf@gmail.com

San Francisco

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Contact Kelly

Survivors of Incest Anonymous
San Francisco
CA
713-857-0834 Office

www.slawso.org
bryankd2020@gmail.com

San Francisco

Gay Mens Survivor Support Group
Therapy group for men molested
as children or adolescents
Meets Wednesdays 7.30 - 9.30 pm
Cost \$200 per month
some sliding scale available

Susan Wachob
San Francisco
California
415-626-5415 Office

San Francisco

Hotlines 415-864-4722
or 1-877-384-3578
Women Organized to Make Abuse
Nonexistent is a community based
multi service agency.
support groups for survivors of
domestic violence
On going therapy in Spanish/English
Weekly sessions based on a sliding
fee scale schedule
Programa Latina
Community education/presentations

W.O.M.A.N. Inc
333 Valencia Street
Suite 450
San Francisco
CA 94103
415-864-4777 Office

www.womaninc.org

San Jose

Hotline 408-975-2739
We offer vital life saving services to
individuals and families affected by
domestic violence.
24 Hour emergency shelter
Individual or group peer counseling
Help with restraining orders, court
accompaniment and immigration
issues. Employment, housing,
medical and social services
advocacy
Support groups in the community

Asian Americans for Community
Involment
2400 Moorpark Avenue
Suite 300
San Jose
CA 95128
408-975-2730 Office

www.aaci.org
info@aaci.org

San Jose

Hotline 1-877-363-7238
For sexual assault and domestic
violence victims
Programs for children & adults

Community Solutions
5671 Santa Teresa Blvd
Suite 104
San Jose

www.communitysolutions.org
cs@communitysolutions.org

CA 95123
408-225-9163 Office

San Jose	Hotline 408-279-2962 We seek to end domestic violence in the moment and for all time. Emergency 24 Hour shelter Victim advocacy Individual counseling Youth and childrens services 2 English support groups at office Mondays & Tuesdays 6.30 - 8.30pm 2 Spanish groups at the office Mondays & Tuesdays 6.30 - 8.30pm For further datails on our 12 support groups please see our website or call our office.	Next Door Solutions to Domestic Violence 234 East Gish Road Suite 200 San Jose CA 95112 408-501-7550 Office	www.nextdoor.org info@nextdoor.org
San Jose	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups uning the 12 steps and 12 traditions approach Meet Thursday at 7 pm Women only please Contact Liz	Survivors of Incest Anonymous San Jose CA 408-472-9051 www.siawso.org/Sys/PublicProfile/39275/7166	www.siawso.org
San Jose	408-287-3000 for Sexual assault 1-800-572-2782 Domestic violence 24 Hour hotlines Services for adults and children exposed to violence or sexual assault Emergency shelter Legal and advocacy programs Peer support groups for domestic violence, rape and childhood sexual abuse survivors, for more info call 408-295-4011 ext 259.	YWCA silicon Valley 375 S. Third Street San Jose CA 95112 408-295 4011 Office	www.ywca-sv.org tcrosby@ywca-sv.org
San Leandro	Hotline 1-866-292-9688 Toll Free Our mission is to build communities with underserved women and children where they are safely and supportivly house free from domestic violence. 20 Bed emergency shelter Community support groups	Building Futures 1395 Bancroft Avenue San Leandro CA 94577 510-357-0205 Office	www.bfwc.org lvarela@bfwc.org
San Luis Obispo	24/7 Crisis Line 855-866-7473 Counseling (Individual or Group) Crisis Services (available in Spanish and English) Emergency Safe Houses Advocacy / Accompaniment Temporary Restraining Orders Weekly Support Groups Services for Survivors, and family / friends / loved ones.	RISE 51 Zaca Lane Suite 100 San Luis Obispo CA 93401 805-226-5400 Office	www.riseslo.org contact@RISEslo.org

San Luis Obispo	Incest Survivors Group Closed group call office for details Meets every other Sat 12 - 1 pm Cost \$20 - \$30 www.therapists.psychologytoday.com/rms/name/Marian_A_Willingham_MA.LMFT_San+Luis+Obispo_California_37920	Ms Marian A Willingham San Luis Obispo CA 93401 805-317-4310 Office	
San Luis Obispo	Hotline 805-781-6400 Emergency shelter Information and referrals Advocacy services counseling and support groups	Women's Shelter Program PO Box 125 San Luis Obispo CA 93406 805-781-6401 Office	wsp@callamerica.net
San Marcos	Court room accompaniment Help with restraining orders Shelter referrals Counseling referrals.	North County Family Violence Prevention Center 330 Rancheros Drive Suite 116 San Marcos CA 92069 760-798-2835 Office	www.ncapssd.org/
San Pablo	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions San Pablo CA 94806 510-237-0113 Office	www.cvsolutions.org admin@cvsolutions.org
San Pedro	ASCA Meeting / Support Group Meets Sundays 5pm - 6.30pm Meetings are FREE but donations are welcome. The contact person is Tom 424-224-8222.	ASCA Meeting 1386 "A" West 7th Street San Pedro 424-224-8222.	
San Pedro	Victims of Violence Support Group For adult female survivors of sexual abuse and assault Every other Thurs 7 - 8 pm Cost \$20	Ms Christine Enerio San Pedro CA 90732 424-570-1173 Office	christine.enerio@gmail.com
San Pedro	310-547-9343 English & Spanish We have 2 shelters, a thirty day shelter called Rainbow House and a transition shelter where you and your children can stay for up to one year. Our community outreach program provides individual and group counseling, legal advocacy and childrens enrichment programs.	Rainbow Services 453 West 7th Street San Pedro CA 90731 310-548-5450 Office	www.rainbowservicesdv.org
San Rafael	415-924-6616 English hotline 415-924-3456 Spanish hotline Emergency shelter Second Step transition house Accompaniment to court Legal services assistance Peer led support groups: Providing domestic violence, education and	Center for Domestic Peace 734 A Street San Rafael CA 94901 415-457-2464 Office 415-457-6457 FAX www.centerfordomesticpeace.org	administrator@c4dp.org

emotional support on a drop-in basis. Several groups meet each week, led by a trained facilitator and are open to women at any stage of an abusive relationship. Call our hotline for more details.

San Rafael	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions San Rafael CA 94903 415-259-2850 Office	www.cvsolutions.org admin@cvsolutions.org
San Rafael	Healing from Sexual Abuse Middle School Girls Support group for middle school girls who have been sexually abused in the past and could benefit from a safe place to talk with other's of their own age Cost \$40 - \$50	Liz Kughn San Rafael CA 94901 415-800-2596 Office	lizkughn@att.net
San Rafael	Women Healing from Trauma and Abuse Group for women who have experienced sexual abuse/assault or other trauma. Each woman will be interviewed prior to the start of each group Meets on Fridays Cost \$40 - \$50	Liz Kughn San Rafael CA 94901 415-800-2596 Office	lizkughn@att.net
San Rafael	Trauma Group for Women in Recovery A 20 week closed group teaching skills to help women in recovery who are struggling with traumatic activation. This group is especially appropriate for women with PTSD and sexual abuse histories. Meet Tuesday & Wednesday Cost \$30 - \$40.	Ms Daphne Lowe San Rafael CA 94901 415-799-4218 Office	www.daphnelowe.com daphnelowmft@gmail.com
San Ysidro	Family and group counseling along with individual counseling to those who have been physically sexually or emotionally abused Some insurance accepted Fees \$0 - \$10.	Trauma Counseling Program 7277 Howard Avenue San Ysidro San Diego CA 92173 619-428-7186 Office	www.rchsd.org refsvc@rchsd.org
Santa Ana	Sexual Abuse Survivors Group this is an on going 14 week psychoeducational group. Great care is taken to maintain the groups warm, safe and open environment. Women only	Susan Choe Santa Ana CA 92705 949-613-5774 Office	
Santa Ana	Hotline 714-842-6600	Community Service Programs	www.cspinc.org

	24 Hour emergency hotline Shelter for abused children in their teens Juvenile services Individual & family counseling Truancy reduction program	1821 East Dyer Road Suit 200 Santa Ana CA 92705 949-250-0488 Office	generalinfo@CSPinc.org
Santa Ana	Say No To Abuse Group facilitated by an MFT and discusses specifically domestic violence and sexual assault Group is held in Spanish and is for women only Every Friday 10 - noon Cost \$20 +	Dr Ana L Nogales Santa Ana CA 92701 213-384-7660 Office	www.nogalespsychological.com
Santa Barbara	24 Hour Crisis Line 805-964-5245 Emergency shelter Transitional housing DVERT emergency response FREE support groups for victims and survivors of domestic violence. For group details 805-964-5245	Domestic Violence Solutions for Santa Barbara County PO Box 1536 Santa Barbara CA 93102 805-962-3778 Office 805-965-6214 FAX	www.dvsolutions.org
Santa Barbara	Hotline 805-564-3696 24 Hour crisis hotline Sexual assault response team Medical advocacy Legal advocacy Community education Counseling groups Support Groups English and Spanish spoken	Santa Barbara Rape Crisis Ctr 433 E. Canon Peridido Street Santa Barbara CA 93101 805-963-6832 Office	www.sbrapecrisiscenter.org sbrcc@sbrcc.net
Santa Barbara	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 12 - 1.15 pm Contact Robert on 805-962-4003 Or Mike on 805-680-0496	Survivors of Incest Anonymous Santa Barbara CA 805-962-4003 Office	www.siawso.org buddylloyd2011@gmail.com
Santa Clara	Male Survivor Support Group Meets on a week night every two weeks call Tom for more details support group FREE of charge	Tom Burns Santa Clara California 408-230-6567 Office	www.malesurvivor.org
Santa Clara	Recovery from Spiritual Group Abuse Drop in group for those who were born or raised in an abusive spiritual group This is not a therapy group third Saturday 10am Free of charge	Wendy J Taylor Santa Clara CA 95050 408-659-6581 Office	www.wendytaylormft.com wendy@wendytaylormft.com
Santa Clarita	This is a peer group and not a therapy group. Topic include	Santa Clara ASCA (Adult Survivors of Child Abuse)	www.ascasupport.org www.ascasantaclarita.org/

Trauma Survivors, surviving sexual abuse and healing using the ASCA format

Santa Clara
CA

ascasantaclarita@yahoo.com

www.meetup.com/Santa-Clarita-ASCA/

Santa Clarita

Hotline 661-253-0258
Hotline 818-886-0453
We are a non profit multi cultural organization dedicated to the elimination of sexual and inter - personal violence through healing.
24 Hour crisis team
Systems accompaniments
We counsel male survivors and adult survivors of child abuse

Strength United
Santa Clairta
CA 91355
818-787-9700 Office.

www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/?fref=ts

Santa Cruz

Male Survivor Support Group
This is a 12 week group with the option to continue longer term.
Contact Survivors Healing Center for start dates and times see web address on right of page
Meets Tuesdays 5 pm
costs \$ 45 per session.

Michael Leimbach
Santa Cruz
California
831-423-7601 Office

www.survivorshalingcenter.org
programsfsa@gmail.com
www.malesurvivor.org

Santa Cruz

Survivors Support Groups
Our center offers six women's groups for female survivors of child sexual abuse.
In Santa Cruz we offer:
Male Survivor Support Group
Marlon Guarino
Meets Tuesdays 7 pm
Cost sliding scale \$25 - \$100 per session. We also bill Medical (Central Coast Alliance for Health).
Women's groups
Mens groups
Teen's group
A group for mothers of survivors
A group for partners of survivors
A group for service providers who are survivors.
A Spanish speaking group - women
A Spanish speaking mother's group
A Spanish speaking group for men
For more information about any of the groups listed above please call 831-423-7601

Survivors Healing Center
104 Walnut Avenue
Suite 201
Santa Cruz
CA 95060
831-423-7601 Office

www.survivorshalingcenter.org
programsfsa@gmail.com

Santa Cruz

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meet Sunday 7.30 - 9 pm
Contact David

Survivors of Incest Anonymous
Santa Cruz
CA
831-425-4501 Office

www.siawso.org
buddha@baymoon.com

Santa Cruz

See website for crisis phone numbers and hotlines

The Women's Center
Santa Cruz

care@ucsc.edu

	English and Spanish services Emergency shelter Peer support drop in groups for domestic violence or sexual assault survivors Wed 6 - 7.30pm	CA 95065 831-425-4030 Office	
Santa Maria	Hotline 805-928-3554 Services for adult and child survivors of sexual assault and child abuse. 24 Hour Crisis line Crisis intervention and advocacy counseling for victims of sexual assault or violence.	North County Rape Crisis and Child Protection Center Santa Maria Office 805-922-2994	www.sbcountyrapecrisis.org
Santa Monica	Hotline 310-883-1222 Emergency shelter No services for child abuse survivors.	Ocean Park Community Center SAFE HAVEN Santa Monica CA 90404 310-883-1222 Office / Hotline	www.opcc.net customerservice@opcc.net
Santa Monica	Hotline 310-319-4000 911 is an information services Support for sexual assault victims A safe way to learn how to get help using resources Sections for college students and how to help a friend No Services for survivors of childhood abuse.	Rape Treatment Center Santa Monica UCLA Medical Center Santa Monica CA 90001 310-319-4503 Office	www.therapefoundation.org/programs/rape-treatment-center/
Santa Monica	Trauma survivors, surviving sexual abuse and healing using the ASCA format	Santa Monica ASCA (Adult Survivors of Child Abuse) Santa Monica	www.ascasupport.org www.meetup.com/Santa-Monica-ASCA/
Santa Monica	Healing From Sexual Trauma Group for female survivors of childhood abuse Cost \$50 +	Saturday Center of Psychotherapy Santa Monica CA 90403 310-829-7997	www.saturdaycenter.org
Santa Monica	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Tuesday 7 - 8.30 pm Contact Sarah	Survivors of Incest Anonymous Santa Monica CA	www.siawso.org santa_monica_sia@yahoo.com
Santa Rosa	Men Survivors/victims of Sexual Abuse An indepth group for adult male survivors/victims of sexual abuse Group is a small ongoing closed group meets every Wed 12 noon Cost \$40	Bob Greenberg Santa Rosa CA 95404 707-579-5928 Office	www.therapists.psychologytoday.com/rms/name/Bob_Greenberg_MA,MFT_Santa+Rosa_California_39657

Santa Rosa	<p>Women Survivors of Childhood Trauma</p> <p>Group members receive a free pre group interview before joining a 16 week group. The group focuses on the impact your early trauma has on your life now.</p> <p>Meets Every Wed 3 - 4.30 pm</p> <p>Cost \$20 - \$50</p>	<p>L Reyna Seminara</p> <p>Santa Rosa</p> <p>CA 95404</p> <p>707-385-1968 Office</p>	
Santa Rosa	<p>Hotline 707-545-7273</p> <p>24 Hour crisis line</p> <p>Support groups for survivors of Sexual assault</p> <p>For women & teen girls mon 6-7</p> <p>For Spanish speaking adults & teens wed 7 - 8 pm</p> <p>Girls support group age 14-18</p> <p>Male support groups</p> <p>LGBTQ individual therapy</p> <p>Fees from \$25.</p>	<p>Verity</p> <p>835 Piner Road</p> <p>Santa Rosa</p> <p>CA 95403</p> <p>707-545-7270 ext 14</p>	<p>www.ourverity.org</p> <p>info@ourverity.org</p>
Santa Rosa	<p>We provide advocacy FREE of charge for victims of rape, domestic violence and child abuse in the Latina and under served communities of Sonoma County.</p>	<p>Women's Justice Center</p> <p>PO Box 7510</p> <p>Santa Rosa</p> <p>CA 95407</p> <p>707-575-3150 Office</p>	<p>www.justicewomen.com</p> <p>rdjustice@monitor.net</p>
Santa Rosa	<p>Hotline 707-546-1234</p> <p>24 Hour crisis hotline</p> <p>Call now for advice on what you can do to prepare to leave an abusive relationship. We offer emergency shelter and support groups.</p>	<p>YWCA - Sonoma County</p> <p>PO Box 3506</p> <p>Santa Rosa</p> <p>CA 95402</p> <p>707-546-9922 Office.</p>	
Seal Beach	<p>Hotlines 562-594-4555</p> <p>Or 714-891-8121</p> <p>We have been providing services to individuals and families affected by domestic violence since 1979.</p> <p>Emergency shelter</p> <p>Legal assistance and advice</p> <p>Human trafficking awareness</p> <p>Individual or group counseling</p>	<p>Interval House</p> <p>PO Box 3356</p> <p>Seal Beach</p> <p>CA 90740</p> <p>562-594-9492 Office</p>	<p>www.intervalhouse.org</p> <p>admin@intervalhouse.org</p>
Seaside	<p>Hotline 831-372-6300</p> <p>24 Hour supportive domestic violence crisis hotline</p> <p>Legal advocacy</p>	<p>YWCA of Monterey County</p> <p>915 Hilby Avenue</p> <p>Suite 26</p> <p>Seaside</p> <p>CA 93955</p> <p>831-655-9222 Office</p> <p>www.ywca.org/site/pp.asp?c=anJHKMNRfG&b=483519</p>	
Simi Valley	<p>Grief Recovery Workshops</p> <p>"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."</p> <p>Victoria Alexander</p> <p>There are more than 40 events that</p>	<p>Grief Recovery Workshops</p> <p>Seventh-Day Adventist Church</p> <p>1636 Sinaloa Road</p> <p>Simi Valley</p> <p>CA</p> <p>Sandi Atmore 323-698-5570</p> <p>Kathy Malhotra 805-813-5285</p>	<p>www.freedomfromgrief.com</p> <p>www.griefunbound.com/</p>

can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.

Meets Wednesdays 7 - 9 pm
Call Kathy Malhorta 805-813-5285
Or Sandi Atmore 323-698-5570
Certified Grief Recovery Specialists

Sherman Oaks

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Wednesdays 7pm - 9pm

Grief Recovery Workshops
Jocelyn Jackson
4622 Van Nuys Blvd
Upstairs Suite B
Sherman Oaks
323-304-8709 Office

www.freedomfromgrief.com
jocjack@yahoo.com
www.griefunchained.com

Sherman Oaks

Teen Sexual Abuse Survivors
Helping girls feel they are not
alone. Very supportive group
Meets every Wed 7 - 8pm
Cost \$30 +

Rachel Thomasian
Sherman Oaks
CA 91403
818-396-8465 Office

Rachelthomasian@gmail.com

Sonora

Hotline 209-533-3401
We support the right of all people
to live their lives free from inter -
personal violence.
Resources and information for
those affected by sexual violence or
domestic violence. We have an
emergency shelter and can offer
you peer counseling.

Center for a Non violent
Community
19043 - B Standard Road
Sonora
CA 95370
209-588-9305 Office

www.mountainwomen.org
info@nonviolentcommunity.org

South Lake Tahoe

Hotline 530-544-4444
24 Hour Crisis line
Peer support and advocacy for
victims & survivors of sexual
assault or domestic violence
Emergency shelter
Weekly drop in support group for
women who have experienced
domestic violence
Individual counseling for survivors

Live Violence Free
2941 Lake Tahoe Boulevard
South Lake Tahoe
CA 96150
530-544-2118 Office

www.liveviolencefree.org
info@liveviolencefree.org

of sexual assault
all services in English & Spanish.

Saint Helena

Men: Adult Survivors of Childhood Sexual Abuse Group. Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is \$240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details \$50 - \$60 per session.

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-539-2825 Main Number
707-539-5612 FAX

drpatriciagray@vom.com

Saint Helena

Women: Adult Survivor of Childhood Sexual Abuse. Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance. Issues: Sexual abuse, neglect Adults only. Session cost \$50 -\$60 per session.

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-539-2825 Main Number
707-539-5612 FAX

drpatriciagray@vom.com

Stockton

209-465-4878 Domestic violence
209-465-4997 Sexual assault
800-769-4357 Youth line toll free
24 hour helplines
Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in English and in Spanish
Adult survivors of sexual assault group for women
Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611

Women's Center
Stockton
CA 95202
209-941-2611 Office

www.womenscenteryfs.org

Sunnyvale

Hotline 1-800-572-2782
We are the only domestic violence agency in North Santa Clara County.

Support Network for Battered Women
1257 Tasman Drive

www.ywca-sv.org/programs/SN/

	Emergency shelter, Information and referrals, safety planning, legal services, community education. Counseling and support groups.	Suite C Sunnyvale CA 94089 408-541-6100 Office	
Susanville	Hotline 530-257-5004 or 1-888-289-5004 toll free 24/7 Services at no cost Domestic violence & sexual aslt Emergency shelter Legal aid court advocacy Child abuse treatment program	Lassen Family Services 1306 Riverside Drive Susanville CA 96130 530-257-4599 Office	www.lassenfamilyservices.org
Taft	Hotline 661-736-4357 Offering Emergency shelter Community education	Alpha House PO Box 712 Taft CA 93268 661-763-4357 Office / Hotline	www.alphahouse.us aalphahouse@bak.rr.com
Tahoe City	Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence Trained advocates can help obtain a temporary protective order Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Chidrens program.	Tahoe Safe Alliance Ride Out Community Center 740 Timberland Lane Tahoe City CA 96145 530-583-3440 ext 15 Office	www.tahoosafealliance.org
Temecula	Survivors of Sexual Abuse A group for women who are survivors of sexual abuse or incest Meets every Tues 7 -8.30 pm Cost \$40	Dr Linda Comin Temecula CA 92592 951-290-0559 Office.	www.drcomin.com linda@drcomin.com
Temecula	S.A.F.E is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence. We can provide: Basic needs assistance Case management Domestic violence serices Emergency assistance (shelter) In home visitations Pal Equestrian program.	SAFE Alternatives for Everyone (Domestic Violence) 28910 Pujol Street Temecula CA 92590 951-587-3900 Office	www.safefamiliesca.org june@safefamiliesca.org
Torrance	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back	Grief Recovery Workshops Sherri Lugo First Christian Church 2930 El Dorado Street Torrance CA 562-400-2573	www.freedomfromgrief.com www.griefunchained.com

to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.

Meets Saturdays 10.30 - 12.30 pm
Contact Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

Tracy	209-465-4878 Domestic violence 209-465-4997 Sexual assault 800-769-4357 Youth line toll free 24 hour helplines Immediate safe haven Advocacy and referrals Teen survivors group Domestic violence groups in English and in Spanish Adult survivors of sexual assault group for women Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611	Women's Center - San Joaquin County 35 East 10th Street Tracy CA 95376 209-833-0300 Office	www.womenscenteryfs.org
Truckee	Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence Trained advocates can help obtain a temporary protective order Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Chidrens program	Tahoe Safe Alliance PO Box 1105 12257 Business Park Drive Unit 6 Truckee CA 96161 530-582-9117 Office	www.tahoosafealliance.org
Twin Peaks	Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.	DOVES of Big Bear Valley 26696 Highway 189 Twin Peaks California 909-337-1900 Office	www.doves4help.org/
Ukiah	Hotline 463-HELP (4357) Inland or 964-HELP for coastal region Help and planning for leaving an abusive relationship	Project Sanctuary 564 S Dora Street Ukiah CA 95482 707-462-9196	www.projectsanctuary.org info@projectsanctuary.org
Valley Springs	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance	The Resource Connection Valley Springs CA 95252 209-772-9319 Office	www.trcac.org info@trcac.org

Peer counseling
Limited free counseling

Van Nuys

818-886-0453 and 661-253-0258
24Hour support and referral lines.
the Family Justice Center is a
unique, public-private owned
partnership that links the various
agencies responsible for
responding to child abuse and
domestic and sexual violence.
Services include: 24 Hour response,
Family support and empowerment
Domestic violence advocacy and
counseling.
Sexual assault advocacy and
counseling.
Child maltreatment advocacy and
counseling.
Education & prevention programs.
Group programs and classes.

Strength United
14651 Oxnard Street
Van Nuys
CA 91405
818-787-9700 office
www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/?fref=ts

Van Nuys

Domestic Violence Support
Group
Group provides education and
support to those who have in the
past or are experiencing any form
of abuse or trauma. Groups are
in english and spanish and is
free to those who qualify through
VOC and \$15 to those who don't
Every Tues & Sat 2.30 - 3.30 pm

Ms Laleh Rokni
Van Nuys
CA 91401
818-581-4169 Office

Ventura

A New ASCA meeting has been
started in Ventura. The meetings
will be weekly on Fridays from 10am
to 11am. The first meeting will be
held on Friday 1st of July 2016.
The Asca meetings will be held in
a private room in the Coffee Bean
and Tea Leaf, 4360 E. Main Street.
Lola Redpath is the facilitator and
you may reach her via the Meetup
Link.

ASCA Support Group
Coffee Bean and Tea Tea
4360 E. Main Street
Ventura
CA 93003
www.meetup.com/topics/abusesurvivors/all/

Ventura

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Meet Wednesdays 5.30 - 6.30 pm
& Saturdays 11.00 to 12.30pm
Contact Kelsey

Survivors of Incest Anonymous www.siaawso.org
Ventura kelseybarkan@gmail.com
CA
805-815-6484 Office
www.siaawso.org/Sys/PublicProfile/7096366/7166

Victorville

Hotline 866-228-2059
Support groups available for victims
of domestic violence.

A Better Way
PO Box 2825
Victorville
CA 92393
760-955-8723 Office / Hotline

www.abetterwaydomesticviolence.org

Victorville

Hotlines 760-949-4357
Or 1-866-770-7867 Toll Free
Help with safety planning
Emergency shelter
We provide domestic violence support groups. Some groups are peer led and others are with a therapist.
We also have an Art Healing group.

High Desert Domestic Violence Program
15075 7th Street
Victorville
CA 92395
760-843-0701 Office

www.hddvp.org
darryl@familyassist.org

Visalia

559-732-5941 domestic violence
599-732-7371 sexual assault
24 Hour 7 day hotlines
Domestic violence services and support groups
Sexual assault services and support groups
Supportive housing
Community education

Family Services - Tulare County
815 W. Oak
Visalia
CA 93291
559-741-7310 Office

info@fstc.net

Walnut Creek

Trauma Survivors Support Group
Traumatic life experiences often have long term emotional and physical consequences. There is a way out of depression & anxiety created by these events.
Meets every Tues 7 - 9 pm
Cost \$40

Joseph Charles Bentz
Walnut Creek
CA 94596
925-301-8748 Office

www.vitalcounseling.com
joebentzmfti@gmail.com

Walnut Creek

SNAP meeting for those abused by priests.
Contact Melanie Sakoda by mail on melanie.sakoda@gmail.com or telephone 925-708-6175 (c)
Directions and parking details:
John Muir Hospital Walnut Creek
601 Ygnacio Valley Road
Sterns Room Wednesdays 7-9pm
There is parking at 133 La Casa Via
Or you may use the main hospital garage. At the main hospital entrance tell the desk attendant that you are for the SNAP meeting in Sterns. They will give you a visitors badge and directions. If you can't find us call give Melanie a call on 925-708-6175.

SNAP Survivors Network OF Those Abused BY Priests.
Walnut Creek
California
925-708-6175 Contact no

www.snapnetwork.org/
melanie.sakoda@gmail.com

Watsonville

Male Survivor Support Group
Marlon Guarino
Meets Tuesdays 7pm
Cost Sliding scale \$25-\$100 per session. We also bill Medical (Central Coast Alliance for Health).
Womens groups
Mens groups
Teen's group
A group for mothers of survivors

Survivors Healing Center
11 Alexander Street
Watsonville
CA 95076
831-423-7601 Office

www.survivorsh healingcenter.org
programsfsa@gmail.com

A group for partners of survivors
A group for service providers who are survivors
A Spanish speaking group -Women
A Spanish speaking mother's group
A Spanish speaking group - men
For more information about any of the groups listed above please call 831-423-7601

Watsonville

Hotline 1-888-900-4232
24 Hour crisis hotline
English and Spanish services
Emergency shelter
Peer support drop in groups for domestic violence or sexual assault survivors Tue 6 - 7.30pm.

Monarch Support Services
Watsonville
CA 95076
831-722-4532 Office

www.monarchsc.org/

Weaverville

Hotline 1-800-623-HELP
24 Hour crisis line
Services for domestic and sexual abuse victims
Domestic violence women's group meets weekly
Peer counseling for victims of sexual assault
Services for child victims
All services are free of charge

Human Response Network
Po Box 2370
111 Mountain View Street
Weaverville
CA 96093
530-623-2024 Office

www.humanresponsenetwork.org

West Covina

Hotline 262-967-0658
Our WINGS domestic violence services provide safe emergency and transitional shelter. Support groups are also available.

YWCA - San Gabriel Valley
943-N. Grand Avenue
West Covina
CA 91724
926-960-2995 Office

www.ywcasgv.org
info@ywcasgv.org

West Point

Hotline 209-736-4011
or 209-754-4011
Services for survivors/victims of domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

The Resource Connection
West Point
CA 95255
209-754-2255 ext 3617 Office

www.trcac.org
info@trcac.org

Woodland

Hotline 530-662-1133
or 916-371-1907
24 Hour 7 days a week
Se habla Espanol
Alternative to violence program
Domestic violence response team
Women's domestic violence support group Monday 9am
Monday 2pm, Tuesday noon
Thursday 9am Thursday 3pm
some groups in English some in Spanish call office for details.

Sexual Assault and Domestic Violence Center
175 Walnut Street
Woodland
CA 95695
530-661-6336 Office
www.facebook.com/EmpowerYolo

info@sadv.org

Yreka

Hotline 1-877-842-4068
24 Hour crisis hotline
All services are free of charge

Siskiyou Domestic Violence and Crisis Center
118 Ranch Lane

sdvcc@snowcrest.net

Emergency shelter
24 Hour crisis response
Legal advocacy
Individual / group counseling.

Yreka
CA 96097
530-842-6629 Office.
www.facebook.com/SiskiyouDomesticViolenceCrisisCenter

Yuba City

Hotline 530-674-5400
We are a refuge providing protection
to those caught in the cycles of
domestic violence, sexual assault
and child abuse.
We offer a 24 hour hotline
Safe emergency shelter
Serving the Counties of Sutter,
Colusa and Beale Air Force base.

Casa de Esperanza
PO Box 56
Yuba City
CA 95991
530-674-5400 Office / Hotline

www.facebook.com/pages/Casa-de-Esperanza-Yuba-City/126397237518177