### AREA COVERED | SERVICES INCLUDED | GROUP OR ORGANIZATION | WEB ADDRESS / EMAIL ADDRESS
--- | --- | --- | ---
**CALIFORNIA**

| **National Helpline** | | | |
--- | --- | --- | ---
Hotline 1-800-4-A-CHILD | Hotline 1-800-422-4453 | Childhelp | [www.childhelp.org](http://www.childhelp.org) |
Crisis counselors available 24/7 | | Prevention and Treatment of Child Abuse. | [info@childhelp.org](mailto:info@childhelp.org) |
Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, its Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details. | |

| **Statewide** | | | |
--- | --- | --- | ---
DV Hotline 1-800-799-7233 | Statewide Toll Free Hotline. | California Partnership to End Domestic Violence | [www.cpedv.org](http://www.cpedv.org) |
| | | info@cpedv.org | |

| **Statewide** | | | |
--- | --- | --- | ---
Network of Care. The Network of Care is a website resource for individuals and agencies concerned with behavioral health. It provides information about behavioral health, services, laws and related news, as well as communication tools and other features. | Network of Care | [www.networkofcare.org](http://www.networkofcare.org) | [

| **Agoura Hills** | | | |
--- | --- | --- | ---
ASTA- Adult Survivors of Trauma Anonymous. Meetings will be held on Tuesdays 5pm to 6pm. This is a 12 Step based group for trauma survivors - Of all types of trauma. We started this group after the Las Vegas Tragedy and wanted to do something for people suffering from trauma. We are fellow travelers that are working the Steps to help find a spiritual solution to our various traumas including: abuse, violence, sexual abuse, rape, emotional trauma and the group is open to all family members affected by a loved ones trauma’s. For further details call Matt on 323-875-3592 cell. | ASTA- Adult Survivors of Trauma Anonymous. | [www.awakeningstreatment.com](http://www.awakeningstreatment.com) |
28720 Roadside Drive Suite 200 Agoura Hills CA 91301 | Matt@AwakeningsTreatment.com | [www.awakeningstreatment.com](http://www.awakeningstreatment.com) | 855-717-3268 Office |
### Albany - Phase 1 - Thrivers Women's Support Group for Trauma

Or email at address given.

<table>
<thead>
<tr>
<th>Location</th>
<th>Group Name</th>
<th>Contact Person</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albany</td>
<td>Phase 1</td>
<td>Laine Demetria</td>
<td><a href="http://www.mindbodymend.net/">www.mindbodymend.net/</a> <a href="mailto:lainedemtria@gmail.com">lainedemtria@gmail.com</a></td>
</tr>
</tbody>
</table>

We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings and somatic experiences. Sessions last 90 mins with an 8 week or 12 week commitment. For further details Call Laine Demetria 415-705-0776 or email lainedemtria@gmail.com

### Albany - Phase 2 - Thrivers Women's Support Group for Trauma

<table>
<thead>
<tr>
<th>Location</th>
<th>Group Name</th>
<th>Contact Person</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albany</td>
<td>Phase 2</td>
<td>Laine Demetria</td>
<td><a href="http://www.mindbodymend.net/">www.mindbodymend.net/</a> <a href="mailto:lainedemtria@gmail.com">lainedemtria@gmail.com</a></td>
</tr>
</tbody>
</table>

We empower ourselves to address negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Sessions last 90 minutes with an 8 or 12 week commitment. For further details call Laine Demetria on 415-705-0776 or email Laine at lainedemtria@gmail.com

### Alturas - 530-233-3311 Victim witness Modoc County District Attorney

<table>
<thead>
<tr>
<th>Location</th>
<th>Program Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alturas</td>
<td>Victim Services</td>
<td><a href="http://www.co.modoc.ca.us">www.co.modoc.ca.us</a> <a href="mailto:victimservices@co.modoc.ca.us">victimservices@co.modoc.ca.us</a></td>
</tr>
</tbody>
</table>

Our program services are provided FREE of charge and there is no legal citizenship requirement to receive assistance. We offer counseling referrals, court escort and court support.

### Alturas - Hotlines 885-855-6745 T.E.A.C.H. Modoc County Crisis Center

<table>
<thead>
<tr>
<th>Location</th>
<th>Program Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alturas</td>
<td>Domestic violence shelter and sexual assault victim services</td>
<td><a href="http://www.teachinc.org">www.teachinc.org</a> <a href="mailto:info@teachinc.org">info@teachinc.org</a></td>
</tr>
</tbody>
</table>

We were formed in 1979 and are the only broad-based, multi funded non-profit in Modoc County. We offer domestic violence shelter and sexual assault victim services.

### Angels Camp - Hotline 209-736-4011 or 209-754-4011

<table>
<thead>
<tr>
<th>Location</th>
<th>Program Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Angels Camp</td>
<td>Domestic violence, sexual assault</td>
<td><a href="http://www.trcac.org">www.trcac.org</a></td>
</tr>
</tbody>
</table>

Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling.

### Antioch - Hotline 1-800-670-7273

<table>
<thead>
<tr>
<th>Location</th>
<th>Program Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Antioch</td>
<td>Community Violence Solutions</td>
<td><a href="http://www.cvsolutions.org">www.cvsolutions.org</a> <a href="mailto:admin@cvsolutions.org">admin@cvsolutions.org</a></td>
</tr>
</tbody>
</table>

Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center
<table>
<thead>
<tr>
<th>Location</th>
<th>Service Details</th>
</tr>
</thead>
</table>
| Arcadia | SIA Saturday Morning Meeting  
Meets Saturdays 10.30am - Noon  
Contact person is Kit  
For further details click on the SIA website meetings directory.  
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/ |
| Artesia | Hotline 562-402-4888  
Our outreach center serves men, women, teens and children who are victims of domestic violence.  
We offer group and individual counseling, legal advocacy, court preparation and accompaniment.  
www.sucasadv.org/  
info@sucasadv.org  
Su Casa Family Crisis and Support Center  
PO Box 998  
Artesia  
CA 90702  
562-421-6537 Office |
| Auburn | Hotline 800-575-5352  
24 Hour Crisis line  
Help for victims of domestic and sexual violence  
24 Hour emergency shelter  
24 Hour Crisis response  
Peer and professional counseling  
Domestic violence support groups.  
www.standupplacer.org/  
www.placer.ca.gov  
Click Departments then District Attorney  
Stand Up Placer  
11985 Heritage Oaks  
Auburn  
Suite 200  
CA 95603  
530-823-6224 Office |
| Auburn | Our program of services are provided FREE of charge and there is no legal citizenship requirement to receive our assistance.  
Counseling referrals  
Court escort, preparation and support.  
www.placer.ca.gov  
Placer County District Attorney  
Victim Services  
11562 B Avenue  
Auburn  
916-543-8000 Office |
| Bakersfield | Hotline 661-372-1091  
or 800-273-7713 toll free  
24 hour crisis intervention  
Domestic abuse response team  
Sexual assault response team  
Domestic violence emergency shelter  
Individual counseling for adults and children  
Bilingual peer counseling groups  
www.kernalliance.org/  
info@kernalliance.org  
Alliance Against Family Violence and Sexual Assault  
1921 19th Street  
Bakersfield  
CA 93301  
661-322-0931 Office |
| Bakersfield | 24 Hr Crisis Line 800-273-7713  
Provides one on one assistance to unrepresented parties in child and spousal support cases.  
www.facebook.com/Kern-County-Family-Justice-Center-1392659894174810/  
Family Justice Center of Kern County  
2101 Oak Street  
Bakersfield  
CA 93301  
661-868-8410 Office |
| Barstow | Our staff offer crime related court accompaniment, counseling referrals. We can also arrange temporary shelter and transportation to the shelter.  
760-265-4802 Office  
909-382-3800 Office  
www.sbcountyda.org/HelpingVictims/ServicesForVictimsAndWitnesses.aspx  
Victim / Witness Services.  
235 East Mountain View  
Barstow  
CA 92311  
661-382-3800 Office |
<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Berkeley</td>
<td>Male Survivors Support Group</td>
<td>This is a 12 week group with the option to continue longer term</td>
<td>Bill Burmester</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Contact Bill Burmester for details</td>
<td><a href="mailto:bburm6@gmail.com">bburm6@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Meets Wednesdays 7 pm</td>
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<tr>
<td></td>
<td></td>
<td>Cost $ 40 per session</td>
<td><a href="http://www.billburmester.com/Home.html">www.billburmester.com/Home.html</a></td>
</tr>
<tr>
<td>Beverly Hills</td>
<td>Survivors of Incest Anonymous</td>
<td>We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach</td>
<td>Survivors of Incest Anonymous</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Meets Saturday 3 - 4.30 pm</td>
<td><a href="http://www.siawso.org">www.siawso.org</a></td>
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<tr>
<td></td>
<td></td>
<td>Contact Michelle</td>
<td><a href="mailto:BevHillsSIA@gmail.com">BevHillsSIA@gmail.com</a></td>
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<td></td>
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<td>310-281-9730</td>
</tr>
<tr>
<td>Big Bear Lake</td>
<td>DOVES of Big Bear Valley</td>
<td>We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.</td>
<td>DOVES of Big Bear Valley</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:info@doves4help.org">info@doves4help.org</a></td>
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<td></td>
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<td></td>
<td><a href="http://www.facebook.com/DOVES4HELP/">www.facebook.com/DOVES4HELP/</a></td>
</tr>
<tr>
<td>Bishop</td>
<td>Hotline 1-877-873-7384</td>
<td>Wild Iris</td>
<td>Wild Iris</td>
</tr>
<tr>
<td></td>
<td>Emergency shelter</td>
<td>386 W Line Street</td>
<td><a href="http://www.wild-iris.org/">www.wild-iris.org/</a></td>
</tr>
<tr>
<td></td>
<td>Trained peer counselors</td>
<td>Bishop</td>
<td><a href="mailto:wildiris@wild-iris.org">wildiris@wild-iris.org</a></td>
</tr>
<tr>
<td></td>
<td>Crisis counseling support</td>
<td>CA 93514</td>
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<tr>
<td></td>
<td>One on one peer counseling</td>
<td>760-873-6601 office</td>
<td></td>
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<tr>
<td></td>
<td>support groups available</td>
<td></td>
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</tr>
<tr>
<td>Bridgeport</td>
<td>Hotline 1-877-873-7384</td>
<td>Wild Iris</td>
<td>Wild Iris</td>
</tr>
<tr>
<td></td>
<td>Emergency shelter</td>
<td>1000 Twin lakes Road</td>
<td><a href="http://www.wild-iris.org/">www.wild-iris.org/</a></td>
</tr>
<tr>
<td></td>
<td>Trained peer counselors</td>
<td>Bridgeport</td>
<td><a href="mailto:wildiris@wild-iris.org">wildiris@wild-iris.org</a></td>
</tr>
<tr>
<td></td>
<td>Crisis counseling support</td>
<td>CA 93517</td>
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<tr>
<td></td>
<td>One on one peer counseling</td>
<td>760-934-2491 office</td>
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<tr>
<td></td>
<td>support groups available</td>
<td></td>
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</tr>
<tr>
<td>Burbank</td>
<td>The Lamplighters Movement</td>
<td>The Lamplighters Movement provide support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.</td>
<td>The Lamplighters Movement</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Burbank</td>
<td><a href="http://www.thelamplighters.org">www.thelamplighters.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>California</td>
<td><a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a></td>
</tr>
<tr>
<td>Burlingame</td>
<td>Hotline 1-800-300-1080</td>
<td>We are San Mateo County's only provider of comprehensive domestic violence services. To access our services please call our 24 hour hotline 1-800-300-1080.</td>
<td>Community Overcoming</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:info@corasupport.org">info@corasupport.org</a></td>
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<td></td>
<td><a href="http://www.corasupport.org">www.corasupport.org</a></td>
</tr>
<tr>
<td>Burlingame</td>
<td>Hotline 650-692-RAPE (7273)</td>
<td>R ape Trauma Services</td>
<td>Rape Trauma Services</td>
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</tbody>
</table>
24/7 free crisis hotline
Crisis and long term counseling
Adolescents group for those
sexually abuse as children
Women's groups for survivors of
sexual abuse in childhood
Mandarin and Spanish spoken

1860 El Camino Real
Suit 406
Burlingame
CA 94010
650-652-0598 Office
info@rapetraumaservices.org

Cabazon
The Lamplighters Movement
provide support for adult survivors
of child sexual abuse, rape, incest,
sexual assault and domestic
violence. For further details please
see our website.

The Lamplighters Movement
Cabazon
California
www.thelamplighters.org
margie@thelamplighters.org

Camarillo
Adults Molested as Children
a 12 week group that addresses
the experience and resulting
issues of childhood molestation
and in a gentle and supportive
way help facilitate closure and
healing. Each 12 week group is
closed but new ones are forming

Julie A Cast
Camarillo
CA 93010
805-368-2323 Office
www.juliecast.net/

Camarillo
Youth Crisis 805-469-5882
Or 1-800-636-6738 FV & HT Hotline
We provide a comprehensive family
violence program that aims to
prevent, interrupt and end the cycle
of violence within the family.
Emergency shelter
Safe Journey transitional shelter
Weekly support groups for victims
of domestic violence. For more
details call 1-800-636-6738.

Interface Children and Family
Services
1305 Del Norte Road
Suite 130
Camarillo
CA 93010
805-485-6114 Office
www.icfs.org
esternad@icfs.org

Canoga Park
Hotline 818-877-6589
Providing safety and support to
victims of domestic violence while
working to break the cycle of abuse.
Counseling groups
Individual and group support
Drop in clinic Mon - Fri at 10 am
Our groups meet both day & night
Spanish and English groups
Special Survivors group is on going.

Haven Hills Inc
PO Box 260
Canoga Park
CA 91305
818-887-7481 Office
www.havenhills.org/en/
safe@havenhills.org

www.facebook.com/HavenHills/

Carlsbad
Trauma Support Group
Dr McAlister has created this
group specifically for those
afflicted with previous trauma
experiences. Specifically focused
on childhood sexual, emotional
and physical abuse
Meets Forth Sat 11 - 12.30
$20-$40 some insurance accepted

Dr Robert W McAlister
Carlsbad
CA 92008
760-453-2197 Office
www.drbobmac.com

Chico
Hotline 1-800-895-8476
We are a non profit organization
committed to serving the needs of
Catalyst Domestic Violence
Services
PO Box 4184
www.catalystdvservices.org
catalyst@catalystdvservices.org
all victims of domestic violence.
Chico
Emergency shelter
Domestic Violence Response Prog
Legal advocacy services
Drop-in service (1-800-895-8476)
Education and prevention program
Individual and group counseling available by appointment in Chico, Oroville and Paradise

Chico
Hotline 530-324-RAPE (7273)
Child assault prevention Program
Workshops surrounding sexual assault and incest
Child safety outreach program
Serving Butte, Glenn and Tehama Counties.
Rape Crisis Intervention and Prevention
www.rapecrisis.org
info@rapecrisis.org

Chula Vista
Sexual Abuse Survivors Group for Teens
A brand new group for teenagers who have been sexually abused
Meet on Thursday
Cost $30 - $40
Lori Linn Pele
Chula Vista
619-379-8482 Office
Lori@eastlakefamilycounseling.com
www.eastlakefamilycounseling.com

Chula Vista
Healing from Within-Adult Survivor Group
For adults who were sexually abused as children. Group will run for 10 weeks
Cost $30 - $40
Lori Linn Pele
Chula Vista
619-379-8482 Office
Lori@eastlakefamilycounseling.com
www.eastlakefamilycounseling.com

Chula Vista
Hotline 1-800-640-2933
We provide shelter, housing and support for victims of family violence
Domestic Violence Response Team
Counseling for victims and children exposed to violence.
South Bay Community Services
ejohnson@csbcs.org

Claremont
Hotline 1-877-988-5559
We advocate for and assist women and children victimized by domestic violence in transforming their lives by providing culturally competent shelter, programs, education and opportunities. Community services include, legal advocacy and career counseling and individual and group counseling for victims of domestic violence.
House of Ruth
www.houseofruthinc.org

Coalinga
Hotline 559-222-7273
24 Hour crisis hotline
Crisis intervention
Counseling for survivors of sexual assault & family violence
Advocacy and legal help
All services are free and confidential. For more info call office 559-934-0915
Resource Center for Survivors of Sexual Assault
143 N 5th Street
Coalinga
CA 93210
559-934-0915 Office
<table>
<thead>
<tr>
<th>Location</th>
<th>Services Offered</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Compton</td>
<td>We honor survivors who have broken their silence and support victims who have yet to find their voice. Crisis intervention Accompaniment to hospital, law enforcement agencies and at court. Individual and group counseling Healing Art Services</td>
<td>YWCA of Greater LA Sexual Assault Crisis Program Compton CA 90221 213-365-2991 Office <a href="http://www.facebook.com/ywagla/">www.facebook.com/ywagla/</a></td>
</tr>
<tr>
<td>Concord</td>
<td>Hotline 1-888-215-5555 We provide 24 hour help and peer support by telephone seven days a week. County wide support groups visit our web site for more details</td>
<td>STAND! Against Violence 1410 Danzig Plaza Concord CA 94520 213-925-676-2845 Office <a href="http://www.standffov.org/">www.standffov.org/</a></td>
</tr>
<tr>
<td>Copperopolis</td>
<td>Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling</td>
<td>The Resource Connection Copperopolis CA 95228 209-754-2000 S. Andreas Office <a href="http://www.trcac.org">www.trcac.org</a> <a href="mailto:info@trcac.org">info@trcac.org</a></td>
</tr>
<tr>
<td>Corona</td>
<td>Male Survivors of Sexual Abuse Open group will offer support to men sexually abused as children Cost up to $40</td>
<td>Alan Wager LMFT Corona CA 92882 951-427-6001 Office <a href="http://www.alanwagertherapy.com/">www.alanwagertherapy.com/</a> <a href="mailto:lawagermft@gmail.com">lawagermft@gmail.com</a></td>
</tr>
<tr>
<td>Crescent City</td>
<td>Harrington House shelter Legal advocacy Advocacy through legal, medical and social service system Individual and group counseling Support groups through the week</td>
<td>Rural Human Services 286 M Street Crescent City CA 95531 707-464-7441 Office <a href="http://www.facebook.com/Rural-Human-Services-440113026103937/">www.facebook.com/Rural-Human-Services-440113026103937/</a></td>
</tr>
<tr>
<td>Crestline</td>
<td>Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.</td>
<td>DOVES of Big Bear Valley Crestline CA 02325 909-337-5300 Office <a href="http://www.doves4help.org/">www.doves4help.org/</a></td>
</tr>
</tbody>
</table>
Culver City  Adult Children of Alcoholics / Dysfunctional Families (ACA). Intergroup meets First Sunday of each month at 8pm. Please see website for further details.
SoCal ACA  www.SoCalACA.org
6666 Green Valley Circle  Contact form on website
Culver City  CA 90230
LosAngelesACAIntergroup@gmail.com

Culver City  SIA Writing Step Study Meeting Meets Thursdays 7.30pm - 9pm Contact person Sarah S. For further details please click on the SIA meetings directory.
Survivors of Incest Anonymous  www.siawso.org/
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Culver City  Male Survivor Support Group A peer to peer support group for men 18+ who have been sexually abused. The meeting follows a structured format, not a 12 step. Being part of a group of men who are in recovery reinforces that we are not alone. Meets 1st & 3rd Sundays 4-6pm Cost Optional donation.
www.malesurvivor.org/

Davis  SIA Group Meeting, Women Only (no scents or perfumes ect) Meets Sundays 3pm to 4.30pm Contact person is Andrea For further details please click on the SIA website meetings directory.
Survivors of Incest Anonymous  www.siawso.org/
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Davis  Childhood Sexual Abuse Psychotherapy Group This women's supportive group is also open to survivors with a diagnosis of Dissociative Identity Disorder. There is an 8 week commitment and size is limited to 6 women. Cost $40
Dr Jan Chess  www.janchessmft.com
janchess@janchessmft.com

Downey  Hotline 323-780-4357 Making the choice to enter a shelter is not easy. If you are unsure about your options, please contact the Individual and group counseling for residence of our shelter.
Angel Step Inn Domestic Violence Emergency Shelter  www.angelstepinn.org
11500 Paramount Blvd  Downey
CA 90241
323-780-4357 Office / Hotline

El Cajon  Hotline 1-888-385-4657 Crisis information and referrals Emergency shelter Legal help and advice Mobile medical unit visits Mondays from 9am - noon.
Crisis House Family Shelter  www.crisishouse.org
CA 92020
619-444-1194 Office

El Centro  Hotline 760-352-7873 crisis line or 760-352-7273 SA line 24 Hour advocate support
Sure Helpline Crisis Center  210 Wake Avenue
Suite B
<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>El Centro</td>
<td>Phone: 760-353-8530</td>
<td>Intervention and advocacy, Prevention &amp; education workshop, Hotline 760-353-8530</td>
</tr>
<tr>
<td>Woman Haven, Inc</td>
<td>Email: <a href="mailto:info@womanhaven.org">info@womanhaven.org</a></td>
<td>Emergency shelter for women and children, men have separate house, Legal services and assistance, Woman Haven, Inc, <a href="http://www.womanhaven.org">www.womanhaven.org</a></td>
</tr>
<tr>
<td>El Monte</td>
<td>Phone: 626-444-9000</td>
<td>Emergency and transition shelters, Serving those fleeing from family violence in the communities of El Monte, Baldwin Park and South El Monte, DV Prevention Services, <a href="http://www.surehelplinecrisiscenter.com/">www.surehelplinecrisiscenter.com/</a></td>
</tr>
<tr>
<td>Encinitas</td>
<td>Phone: 760-753-1156</td>
<td>Hotline 877-633-1112, &quot;Carol's House&quot; domestic violence emergency shelter for those fleeing any form of family violence, Individual and group counseling, FREE to residents of the shelter and open to the community on a sliding fee scale, <a href="http://www.crcncc.org/">www.crcncc.org/</a></td>
</tr>
<tr>
<td>Encinitas</td>
<td>Email: <a href="mailto:info@crcncc.org">info@crcncc.org</a></td>
<td>Community Resource Center, <a href="http://www.crcncc.org/">www.crcncc.org/</a></td>
</tr>
<tr>
<td>Survivors of Incest Anonymous</td>
<td>Email: <a href="mailto:info@siawso.org">info@siawso.org</a></td>
<td>Escondido, Encinitas, Meets Saturdays 1pm to 2.30pm, Contact person is Dulce, <a href="http://www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/">www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/</a></td>
</tr>
<tr>
<td>Escondido</td>
<td>Phone: 760-747-6282</td>
<td>Hotline 1-888-385-4657, Center for Community Solutions, <a href="http://www.ccssd.org">www.ccssd.org</a></td>
</tr>
<tr>
<td>Humboldt Family Violence Project</td>
<td>Email: <a href="mailto:info@surehelplinecrisiscenter.org">info@surehelplinecrisiscenter.org</a></td>
<td>Humboldt Family Violence Project, Humboldt Family Violence Project, <a href="http://www.facebook.com/SureHelplineCC/">www.facebook.com/SureHelplineCC/</a></td>
</tr>
<tr>
<td>Eureka</td>
<td>Email: <a href="mailto:info@surehelplinecrisiscenter.org">info@surehelplinecrisiscenter.org</a></td>
<td>Humboldt Family Violence Project, Humboldt Family Violence Project, <a href="http://www.facebook.com/SureHelplineCC/">www.facebook.com/SureHelplineCC/</a></td>
</tr>
</tbody>
</table>
Eureka
TollFree Crisis Line 866-668-6543
We have been serving the North coast for over 30 years. Our mission is to create an environment that supports individuals safety and breaks the cycle of violence.
We provide a crisis support line open 24 hours where you will be put in touch with a trained crisis worker.
We will listen, we will not judge, we will provide you with information and we can meet you at a doctor's office, a clinic or a hospital. We provide emergency shelter for clients and their children.

Eureka
Hotline 707-445-2881 Humboldt North Coast Rape Crisis Team
Hotline 707-465-2851 Del Norte
Immediate support services to child/adult survivors of all genders of sexual assault.
Individual counseling
Support groups for adult survivors of sexual assault.

Fairfield
Hotline 1-866-487-7233 Safequest Solano
Emergency shelter
Domestic violence programs
Sexual assault programs
Group counseling
Support groups

Fairfield-Suisun
Fairfield Support Group for Survivors of Sexual Assault
Walk-ins welcome
Not a 12 step
Meets every Tuesday 10 - 11.30 am
For more details contact Dolly on 707-422-7345

Firebaugn
Hotline 559-222-7273 Resource Center for Survivors of Sexual Assault
24 Hour crisis hotline
Crisis intervention
Counseling for survivors of sexual assault & family violence
Advocacy and legal help
All services are free and confidential. For more info call office 559-659-0232

Fort Bragg
Inland Line 707-463-4357 Project Sanctuary
Coastal Line 707-964-4357
Help and planning for leaving an abusive relationship.
<table>
<thead>
<tr>
<th>Location</th>
<th>Hotline/Website</th>
<th>Services and Support</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fremont</td>
<td>Hotline 510-794-6055</td>
<td>SAVE helps anyone who is, or has been in an abusive intimate partner relationship recently or in the past. Emergency and longer term shelter Court accompaniment Individual counseling Drop-in support groups, SAVE offer free and confidential groups Tuesdays &amp; Thursday 7 - 9 pm Fridays at 9.15 - 11 am. For more details call 510-574-2250.</td>
</tr>
<tr>
<td>French Camp</td>
<td>Hotline 1-800-355-8989</td>
<td>Our air is to show the women and children of our shelter that forgiveness and the love of Jesus Christ will foster good decision making and healthy living. Domestic and sexual abuse support referrals.</td>
</tr>
<tr>
<td>Fresno</td>
<td>Hotline 1-800-355-8989</td>
<td>Community Action Partnership of Madera County CAPMC Services for victims of sexual assault and domestic violence Shelter for battered women Advocacy and support Historic sexual assault services All services are free of charge</td>
</tr>
<tr>
<td>Fresno</td>
<td>Hotline 559-233-4357</td>
<td>Marjaree Mason Center, Inc Marjaree Mason has worked since 1979 to provide safe and supportive environments for individuals who are exposed to family violence. Emergency shelter Legal advice and assistance Court accompaniment &amp; advocacy 12 Week therapy groups Women's DV support groups: Wednesdays 10-11.30am Spanish Thursdays 6 - 7.30pm in English these support groups are open to the community. For more details call 559-237-4704.</td>
</tr>
<tr>
<td>Fresno</td>
<td>Hotline 559-222-7273</td>
<td>Resource Center for Survivors of Sexual Assault Counseling for survivors of sexual assault &amp; family violence Advocacy and legal help All services are free and confidential. For more info call office 559-497-2900.</td>
</tr>
<tr>
<td>Fresno</td>
<td>SIA Group Meeting</td>
<td>SIA Group Meeting Reawakening SIA Meeting Meets 1st and 3rd Wednesday Meeting time 7pm to 8.15pm</td>
</tr>
</tbody>
</table>
Contact person is Alicia
For further details please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Gardena
- Hotline 1-800-339-3940
- Center for the Pacific Asian Family
- www.nurturingchange.org
- 24 hour multi lingual hotline
- Gardena
- Childrens programs
- CA 90249
- Youth eduction & outreach
- 800-339-3940 Office / Hotline
- Domestic and sexual violence education programs
- All services are free of charge.

Gilroy
- Hotline 1-877-363-7238
- Community Solutions
- 9015 Murray Avenue
- Gilroy
- For sexual assault and domestic violence victims
- www.communitysolutions.org
- Youth & Family Line 408-683-4118
- cs@communitysolutions.org
- Programs for children & adults.
- CA 95020
- 408-842-7138 Office

Glendale
- Grief Recovery Workshops
- "There are 3 needs of the griever:
- To find the words for the loss, to say the words aloud and to know that their words have been heard."
- Victoria Alexander
- There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program
- Participant must join by the third class. Spanish and English spoken
- Meets Thursdays 7.30 - 9.30
- Contact Rubi Zuniga 323-513-5060
- Certified Grief Recovery Specialist

Glendale
- SIA Group Meeting
- Intimacy and Sexuality Recovery
- Meets Saturdays 10.30am to Noon
- Contact person is Colleen
- For further details please click on the SIA website meetings directory
- www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Glendale
- Hotline 1-888-999-7511
- YWCA - Domestic Violence Program
- 735 East Lexington Drive
- Glendale
- 91206
- 818-242-4155 Office
- www.glendaleywca.org/programs/domestic-violence-program/

Grass Valley
- Hotline 530-272-3467
- Domestic Violence & Sexual Assault Coalition DVSAC
- info@dvsac.org
- 24/7 365 Day crisis line
- PO Box 484
<table>
<thead>
<tr>
<th>Location</th>
<th>Hotline/Toll Free</th>
<th>Organization</th>
<th>Website</th>
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<tbody>
<tr>
<td>Grass Valley</td>
<td></td>
<td>Sexual assault response team</td>
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<td>Legal and advocacy services</td>
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<td>Bilingual womans support group</td>
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<td>Women's domestic violence group</td>
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<td>Free adults molested as children</td>
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<td>group for men and women</td>
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<td>6 - 7.30pm</td>
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<td>Walk in support group</td>
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<td>Tue 11-12.30, Thur 5.30- 7pm</td>
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<td>Contact office for more info</td>
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<td>Trained peer counselors are</td>
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<td>available 24/7 to provide support</td>
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<td>and guidance for men, women,</td>
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<td>children and teenagers.</td>
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<td>Emergency shelter</td>
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<td>Court room accompaniment</td>
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<td>Legal advocacy program</td>
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<td>Rape / sexual assault counseling</td>
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<td>by a professional licensed therapist</td>
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<td>Sexual Assault Forensic Examiners</td>
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<td>Hemet</td>
<td>Hotline 866-373-8300 toll</td>
<td>Center Against Sexual Assault</td>
<td><a href="mailto:info@swcasa.org">info@swcasa.org</a></td>
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<td>Free</td>
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<td>based agency striving to provide</td>
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<td>intervention and counseling services</td>
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<td>for survivors of sexual assault</td>
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<td>Emergency shelter</td>
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<td>Individual counseling</td>
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<td>Support groups</td>
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<tr>
<td>Hermosa Beach</td>
<td>Psycotherapy provides you</td>
<td>Beach Cities Psychological Services</td>
<td><a href="http://www.beachcitiespsych.com">www.beachcitiespsych.com</a></td>
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<tr>
<td></td>
<td>an opportunity to share</td>
<td>934 Hermosa Avenue</td>
<td><a href="mailto:info@beachcitiespsych.com">info@beachcitiespsych.com</a></td>
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<tr>
<td></td>
<td>your thoughts and feelings</td>
<td>Suite 11</td>
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<td>with someone you trust</td>
<td>Hermosa Beach</td>
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<td>to make progress and</td>
<td>CA 90254</td>
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<td>find change in your life.</td>
<td>310-989-6465 Office</td>
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<td>A large part of</td>
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<td>build with your therapist</td>
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<td>The relationship should</td>
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<td>for you in order to create</td>
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<td>change and move forward</td>
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<td>with goals you have set</td>
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<td>for yourself. Please take</td>
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<td>a moment to look around</td>
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<td>the website and read</td>
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<td>more about our professional</td>
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<td>backgrounds and the group</td>
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<td>practice so that you may</td>
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<td>see whether one of our</td>
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<td>therapists might be the</td>
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<td>right fit for you. Fell</td>
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<td>free to call or email</td>
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<td>might have or to set up</td>
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<td>a consultation appointment</td>
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<td>by phone or in person.</td>
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<tr>
<td>Hollister</td>
<td>Hotline 1-877-363-7238</td>
<td>Community Solutions</td>
<td><a href="http://www.communitysolutions.org">www.communitysolutions.org</a></td>
</tr>
</tbody>
</table>
For sexual assault and domestic violence victims
Programs for children & adults
310 Fourth Street # 105
Hollister CA 95023
831-637-1094 Office
cs@communitysolutions.org

Huntington Beach
Men Molested as Children
This therapy group is an adjunct to individual therapy for issues stemming from childhood sexual abuse. Members have not abused a child themselves. Both straight and gay men are welcome
Every Tuesday 5.30 - 7 pm
Cost $50 - $70
Men Molested as Children
Dr Lee Blackwell
Huntington Beach CA 92647
714-848-7280 Office
www.drblackwell.net
lee@drblackwell.net

Irvine
Hotline 1-877-854-3594
We listen to our clients and find out exactly what they need to become free from domestic violence.
Emergency shelter, men have a separate shelter. Counseling and support groups for women after they have graduated from our emergency shelter. Walk-in service available but we recommend calling before attending counseling or the legal clinic.
Hotline 1-877-854-3594
Human Options Inc
PO Box 53745
Irvine CA 92201
949-737-5242 Office
www.humanoptions.org
info@humanoptions.org

Jackson
Hotline 209-223-2600 or 800-675-3392
Help finding emergency shelter
Individual / group counseling for survivors of sexual assault or domestic violence
Operation Care
619 New York Ranch Road
Jackson CA 95642
209-223-2897 Office
www.operationcare.org
info@operationcare.org

Joshua Tree
Hotline 760-366-9663
Our mission is to provide a safe haven for victims of domestic violence, to educate and assist them through counseling, legal advocacy and building self-esteem.
Emergency shelter
Legal advocacy and court support
Our shelter runs 10 DV support groups throughout the week. Outreach support groups and counseling in the community. See our website for more details or Call us on 760-366-9663.
Morongo Basin Unity Home Inc
61740 Palms Highway
Joshua Tree CA 92252
760-366-9663 Office / Hotline
www.facebook.com/1662MBUH/

Kelseyville
Hotline 1-888-485-7733
24 Hour community crisis line
Domestic violence shelter house
counseling and therapy
Services for sexual assault survivors recent and past.
Workshops and support groups tba call office for more info.
Lake Family Resource Center
5350 Main Street
Kelseyville CA 95451
707-279-0563 Office
www.lakefrc.org
ginap@lakefrc.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Service Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kings Beach</td>
<td>Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence</td>
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<tr>
<td></td>
<td>Trained advocates can help obtain a temporary protective order</td>
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<td></td>
<td>Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info</td>
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<tr>
<td></td>
<td>Childrens program</td>
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<tr>
<td></td>
<td>Sierra Community House PO Box 1232 8321 Steelhead Avenue Kings Beach CA 96143</td>
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<td></td>
<td><a href="http://www.sierracomunityhouse.org/">www.sierracomunityhouse.org/</a></td>
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<tr>
<td>La Crescenta</td>
<td>SIA Group Meeting Emotions (Anger) Release</td>
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<td>Meets First Sunday of Month Only</td>
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<td></td>
<td>Meeting time 3pm to 4.30pm</td>
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<td></td>
<td>Contact person is Mona</td>
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<td>For further details please click on the SIA website meetings directory</td>
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<tr>
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<td><a href="http://www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/">www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/</a></td>
</tr>
<tr>
<td>Ladera Ranch</td>
<td>Hotline 866-498-1511 Through the comprehensive domestic violence programs and services we offer, victims receive the time and tools necessary to live healthy, independent and violence free lives.</td>
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<td>Emergency shelter</td>
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<td>Court accompaniment</td>
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<td>Legal advocacy services</td>
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<td>10 week personal empowerment</td>
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<td>Individual and group therapy</td>
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<td></td>
<td>Various groups now running please .Please see website for details.</td>
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<tr>
<td></td>
<td>Laura’s House Ladera Ranch CA 92694 949-361-3775 Office</td>
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<td><a href="http://www.laurashouse.org">www.laurashouse.org</a></td>
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<td><a href="mailto:info@laurashouse.org">info@laurashouse.org</a></td>
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<tr>
<td>La Habra</td>
<td>Sexual Abuse Survivors Group</td>
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<td></td>
<td>This is a group for women survivors of sexual abuse meeting on Monday nights from 6.30 - 7.30 in La Habra.</td>
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<tr>
<td></td>
<td>We use the curriculum : Healing The Wounded Heart, by Dan Allender.</td>
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<td></td>
<td>Please not - Curriculum is Christian based. Cost $100 per month.</td>
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<td></td>
<td>I am also willing to start a group for MEN that would meet on Thursdays 6.30-7.30pm</td>
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<tr>
<td></td>
<td>Sharie Stines PsyD, Catc-V LPCI <a href="mailto:counselingfordays@gmail.com">counselingfordays@gmail.com</a></td>
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<tr>
<td></td>
<td>Lifeline Counseling and Educational Services 1701 Lambert Road, Suite C LA Habra CA 90531 562-706-4251 <a href="http://www.facebook.com/LifelineCounselingServices/">www.facebook.com/LifelineCounselingServices/</a></td>
</tr>
<tr>
<td>Lakeport</td>
<td>Hotline 1-888-485-7733 24 Hour community crisis line</td>
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<tr>
<td></td>
<td>Domestic violence shelter house Counseling and therapy</td>
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<td>Services for sexual assault survivors recent and past. Workshops and support groups tba call office for more info.</td>
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<tr>
<td></td>
<td>Lake Family Resource Center 896 Lakeport Boulevard Lakeport CA 95453 707-279-0563 Main Office</td>
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<td><a href="http://www.lakefc.org">www.lakefc.org</a></td>
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<td><a href="mailto:ginap@lakefc.org">ginap@lakefc.org</a></td>
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<tr>
<td>La Mesa</td>
<td>Counseling on an individual or group basis for men women and children.</td>
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<td>Spanish and English spoken</td>
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<td>Sexual assault including incest</td>
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<td>Center for Communty Solutions 7339 El Cajon Boulevard Stite J La Mesa CA 91941</td>
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<td><a href="http://www.ccssd.org">www.ccssd.org</a></td>
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<td><a href="mailto:info@ccssd.org">info@ccssd.org</a></td>
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Sliding fee scale based on income.  

**Lancaster**  
Hotline 661-945-6736  
We are a community based organization dedicated to ending domestic violence. We create and maintain a safe environment where all can renew their lives.  
60 Day emergency shelter  
Sexual Assault Response Services  
Call 661-949-6143 for SARS support
Adults molested as children therapy groups, call office for details

**La Quinta**  
Partners supporting Molested Partners  
This group is designed for partners who have experienced sexual molestation. The group is open to men and women  
Meets second Tues 7 - 8:30 pm  
Cost $20 - $70

**Livermore**  
Hotline 925-449-5842 or 800-884-8119  
24 / 7 Crisis line  
Legal restraining order service  
Individual counseling for sexual assault or domestic violence  
Domestic violence support groups  
Sexual assault support groups

**Lodi**  
209-465-4878 Domestic violence  
209-465-4997 Sexual assault  
209-948-1911 youth and HT  
24 hour helplines  
Immediate safe haven  
Advocacy and referrals  
Teen survivors group  
Domestic violence groups in English and in Spanish  
Adult survivors of sexual assault group for women  
Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611.

**Lompoc**  
Hotline 805-736-0965  
Domestic violence hotline and information

**Lompoc**  
Hotline 805-736-7273  
Services for adult and child survivors of sexual assault and child abuse.

Antelope Valley Domestic Violence Council  
PO Box 2980  
Lancaster  
CA 93539  
661-945-5509 Office

**Lancaster**  
info@avdyc.org

**La Quinta**  
Dr Sally Diane  
La Quinta  
CA 92253  
760-777-1577 Office

**Lompoc**  
www.drsallydiane.com

**La Quinta**  
pointhappy245@gmail.com

**Livermore**  
www.trivalleyhaven.org

**Lodi**  
www.womenscenteryfs.org

**Lompoc**  
www.facebook.com/DomesticViolenceSolutions/

**Lompoc**  
www.sbcountyrapecrisis.org
24 Hour Crisis line 805-736-8535 Office
Crisis intervention and advocacy counseling for victims of sexual assault or violence.

Lone Pine
Hotline 1-877-873-7384
Emergency shelter
Trained peer counselors
Crisis counseling support
One on one peer counseling support groups available.

Wild Iris
120 S Main Street
Unit 12
Lone Pine
CA 93545
760-873-6601 Office

Long Beach
ASCA Meeting / Support Group
Adult Survivors of Child Abuse
Meetings on Saturdays From 9am until 10.30am
Meeting is FREE but donations are welcome. The contact person is Matt Alquiza if texting please mention ASCA in the text. 562-225-5780
Or you may wish to email for more information. Secondary contact Person is V 714-330-6280 if texting please mention ASCA in text.

ASCA Meeting
St Luke's Lutheran Church
5633 East Wardlow Road
Long Beach
CA 90808
Call or Text 562-225-5780
The meeting takes place in the Pre School Room

Long Beach
Male Survivors of Sexual Assault
Healing the hurt from sexual assault requires bravery and Strength. This group seeks to create that confidential, trusting safe place where men who have experienced sexual assault can find support.
Meets on Sundays
Cost $20 - $30

Dr Jonathan Brady
Long Beach
CA 90802
323-456-3010 Office

Long Beach
Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Thursdays 7.30 - 9.30 pm
Call Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

Grief Recovery Workshops
Sherri Lugo
All Saints Episcopal Church
346 Termino Avenue
Long Beach
CA
562-400-2573

Long Beach
SIA Group 12 Step Meeting
Meets Saturdays 9am to 10.30am
Contact person is Althea
Survivors of Incest Anonymous
Long Beach
California

www.wild-iris.org
wildiris@wild-iris.org

Long Beach
ASCA4LB@gmail.com

Long Beach
www.bradyesque.com
drbrady@bradyesque.com

Long Beach
www.freedomfromgrief.com
www.griefunchained.com

Long Beach
www.siawso.org
For further detail please click on the SIA website meetings directory:
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Long Beach
Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to individuals and families affected by domestic violence since 1979.
Emergency shelter
Legal assistance and advice
Human trafficking awareness
Individual or group counseling
Interval House
6615 East Pacific Coast Hwy
Long Beach
CA 90803
562-594-9492 Office
www.intervalhouse.org
admin@intervalhouse.org

Long Beach
Hotlines 562-597-2002
1-800-656-4673
Crisis support and advocacy
Sexual Assault Crisis Agency
Long Beach
CA 90807
562-989-0309 Office

Long Beach
Survivors of Incest Anonymous 12 Step Support Group.
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Formerly Orange Co SIA Meeting
Meets Mondays 7pm - 8.30pm
Contact person is Maryjean
For further details please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Long Beach
Hotline 562-437-4663
Since 1977 we have helped thousands of families overcome the trauma caused by domestic abuse. Emergency shelter where you will receive legal advocacy, individual and group support and all the tools necessary towards building a life free from violence.
Women Shelter of Long Beach
Long Beach
CA 90806
562 473-7233 office.
www.womenshelterlb.org
info@womenshelterlb.org

Los Angeles
Childhood Sexual Trauma Men's Support Group
This is a safe confidential group for men who are still suffering due childhood sexual trauma. You will be guided through experiential processes which are effective in relieving trauma.
Group meets every other Tuesday the session cost is $50. Please call Raphael for further details.
Raphael Bonchek
Soul Development Center
3162 Los Feliz Blvd.
Los Angeles
CA 90027
Contact No. 323 825-1606
raphael@lctla.com

Los Angeles
Adult Children of Alcoholics / Dysfuntional Families.
Group meetings throughout the week. Please see website
SoCal ACA
Southern California
LosAngelesACAIntergroup@gmail.com
www.SoCalACA.org
Los Angeles
Hotline 310-570-5902
Emergency room response
Domestic violence shelter
Individual and group counseling
In-house legal service
1736 Family Crisis Center
2116 Arlington Avenue
Suite 200
Los Angeles
CA 90018
327-737-3900 Office
www.1736familycrisiscenter.org

Los Angeles
Adult Women Molested as Children
Group therapy for sexual abuse survivors. Allowing the survivor to work on issues of trust, guilt, shame and isolation.
Group of 5 women meeting on Wed evening for 16 weeks
Cost $100
Dr Veronica Abney
Los Angeles
CA 90048
424-625-2956 Office
www.psychologytoday.com/us/therapists/veronica-abney-los-angeles-ca/73577

Los Angeles
We provide FREE and confidential legal services to young people who have been abused.  Se habla Espanol.
Break the Cycle
5777 West Century Blvd
Suite 1150
Los Angeles
CA 90045
424-265-7346 Office
www.breakthecycle.org
legalservices@breakthecycle.org

Los Angeles
Hotline 1-800-339-3940
24 hour multi lingual hotline
Emergency shelter
Childrens programs
Youth education & outreach
Domestic and sexual violence education programs
All services are free of charge
Center for the Pacific Asian Family
543 N. Fairfax Avenue
Room 108
Los Angeles
CA 90036
1-800-339-3940 Office / Hotline
www.nurturingchange.org

Los Angeles
Rape & DV Hotline 800-585-6231
24 Hour 7 day Hotline
Bilingual services for those affected by sexual or domestic violence
Crisis intervention service
Individual, family or group therapy
Support services for friends/family
East Los Angeles Women's Ctn
1255 South Atlantic Boulevard
Los Angeles
CA 90022
323-526-5819 Office
www.elawc.org

Los Angeles
Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third
Grief Recovery Workshops
Rubi Zuniga
Los Angles
CA
323-513-5060
www.freedomfromgrief.com
rzunigahz@gmail.com
### Los Angeles

**Several Trauma & Sexual Abuse Assault Groups**

These groups are for women who have survived childhood abuse, adult abuse including physical abuse, neglect, and emotional abuse. Every Mon, Wed, Sat, and Sun at 12-2 pm. Cost $40 - $50

- **Contact:** Rubi Zuniga, 323-513-5060
- **Certified Grief Recovery Specialist:** Ms Cynthia Henrie
- **Office:** 323-739-4987
- **Location:** Los Angeles, CA 90042

### Los Angeles

**Hotline 1-800-479-7328**

Our overall goal is to change the pattern of abuse in the lives of women and children. Our programs and services include: Emergency shelter, counseling, and help with the legal system.

- **Jenesse Center Inc:** PO Box 8476, Los Angeles, CA 90008
- **Contact:** 323-299-9496
- **Website:** [www.jenesse.org](http://www.jenesse.org)
- **Email:** kearl@jenesse.org

### Los Angeles

**PTSD, Sexual Abuse Survivors Group**

Ptsd, trauma, sexual abuse survivors long term process support group for women only. Every Wed & Fri 6 - 7.30 pm. Cost $50

- **Contact:** Mrs Judy Mclaughlin-Ryan, 310-209-0740
- **Website:** [www.asrtherapy.com](http://www.asrtherapy.com)
- **Email:** judy@asrtherapy.com

### Los Angeles

**310-392-8381 South LA**

- **Peace Over Violence:** 1015 Wilshire Boulevard, Suite 200, Los Angeles, CA 90017
- **Contact:** 213-955-9090
- **Website:** [www.peaceoverviolence.org](http://www.peaceoverviolence.org)
- **Email:** info@peaceoverviolence.org

### Los Angeles

**213-626-3393 Central LA**

- **24 Hour Crisis lines**
- **Latina services**
- **Intervention services**
- **Counseling for survivors of sexual assault domestic violence and child abuse.**
- **For Central LA:** 213-626-3393
- **For South LA:** 310-392-8381
- **For W. San Gabriel:** 626-793-3385
- **For Stalking helpline:** 877-633-0044

We are a rape crisis center in South Central Los Angeles with a special emphasis on sexual assault crisis counseling and domestic violence services for men and women. On going crisis counseling Accompaniment to hospital & court Prevention and education program Support groups available. Please see our website for further details.

### Los Angeles

**Hotline 323-860-5806**

Our services are provided by LGBT domestic violence specialists,

- **STOP Domestic Violence:** Gay and Lesbian Center
- **Contact:** 1625 N. Schrader Boulevard

- **For more information:** [www.peaceoverviolence.org/](http://www.peaceoverviolence.org/)
including certified domestic violence counselors and mental health professionals who are trained in LGBT-domestic violence issues. Referrals to LGBT sensitive shelters Advocacy with law enforcement and criminal justice systems Survivors support groups

www.lalgbtcenter.org/health-services/mental-health/intimate-partner-domestic-violence

Los Angeles
SIA Group Meeting
12 Step Writing Study
Meets Tuesdays 7pm to 8.30pm
Contact person is Mark
For further details please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Los Angeles
SA Center Hotline 323-409-3800
the VIP Sexual Assault Center is internationally recognized as the standard of care for victims of sexual assault.
Groups therapy covers topics such as: Child sexual abuse recovery
Child physical abuse recovery
and child emotional abuse recovery.
Please call for more details

Los Angeles
Violence Intervention Program
1721 Griffin Avenue
Los Angeles
CA 90031
323-221-4134 Office
www.violenceinterventionprogram.org

Los Angeles
Dr Lisa Victoria Youngman
The aim of this group is to be supportive
Group meets for 10 week increments Wed 7 -8.30 pm
One free screening evaluation
Cost $50 - $70

Los Angeles
YWCA Greater Los Angeles
1020 S Olive Street
Los Angeles
CA 90015
213-365-2991 Office
www.facebook.com/ywcagla/

Los Angeles
Mens Interpersonal Process Group
Meet Wednesdays 7pm to 8.30pm
Mixed interpersonal process group meets Mondays 6pm to 7.30pm
please see Andrew's website for further details.

Lucerne Valley
Hotline 760-248-2064
We provide an emergency shelter, counseling, assistance with legal paperwork, support in the court and a community outreach program.

Madera
Hotline 1-800-355-8989
Community Action Partnership of
Services for victims of sexual assault and domestic violence  
Shelter for battered women  
Advocacy and support  
Historic sexual assault services  
All services are free of charge

Madera County CAPMC
1225 Gill Avenue  
CA 93637

Mammoth Lakes Hotline 1-877-873-7384  
Emergency shelter  
Trained peer counselors  
Crisis counseling support  
One on one peer counseling  
Support groups available.

Wild Iris  
635 Mammoth Road  
Suite 201  
Mammoth Lakes  
CA 93546  
760-934-2491 Office

Marina
Our mission is to lead in ending the cycle of homelessness or violence by providing safe housing and compassionate support and opportunities for self sufficiency through outreach, emergency shelter, transitional housing and supportiveservices throughout Monterey County.

Shelter Outreach Plus  
PO Box 1340  
Marina  
CA 93933  
831-384-3388 Office.

Mariposa Hotline 1-888-966-2350  
We offer hope, support and recovery for those who are or have been victims of domestic violence.

Mountain Crisis Services  
PO Box 2075  
5079 Highway 140  
Mariposa  
CA 95338  
209-742-5865 Office

Martinez Hotline 1-800-670-7273  
24 Hour crisis hotline  
Support services to children and adult victims of sexual assault  
Sexual assault response team  
Children's interview center  
Anti trafficking project

Community Violence Solutions  
Martinez  
CA 94553  
925-608-5650 Childrens Center

McKinleyville Our mission is to promote the stability and security of families and to protect the best interests of Indian children. Please visit our website for more details on family and individual counseling.

Two Feathers Native American Family Services  
2355 Central Avenue  
Suite C  
McKinleyville  
CA 95519  
707-839-1933 Office

Merced Hotline 209-722-4357  
We provide service to victims of domestic violence and sexual assault, including:  
Emergency shelter  
Individual and group counseling  
Advocacy services  
Assistance with legal matters and court appearances.

A Woman's Place of Merced  
PO Box 822  
209-725-7900 Office

Merced
Hotline 209-722-4357  
Valley Crisis Center  
www.valleycrisiscenter.org
We can help you and your kids get safe today. We can provide a safe, confidential shelter, help you to develop a safety plan, help you with all the legal paperwork and help you to access local counseling and support groups.

**Mission Viejo**

**Adults Sexually Abused As Children Groups to address issues resulting from childhood sexual abuse, this may or may not included incest. The group is safe and I interview every member to ensure group safety. Men and women welcome.**

Meets Every thurs 10.30 - 12.30
Cost $60 - $70


**Modesto**

**Haven Women's Center Support groups for domestic violence and sexual assault Legal advocacy, help with restraining orders Peer counseling Individual therapy Referrals to trusted professionals Serving Ceres, Turlock & Patterson.**

**Monterey**

**Especially For Men Group Male Survivors of Childhood Sexual Abuse. On-going since 1992 Stephen Braveman facilitates this healing group and provides men a safe, private and nurturing environment to move beyond the pain related to childhood sexual abuse. Participants work through isolation, fear, confusion, anger, depression and low self-esteem with other men who have had similar experiences. Join the hundreds of men who have worked through our program and have become empowered to take their lives back. Group meets every Monday night from 6pm to 8pm. $30.00 each group. Call Wanda Braveman on 831-375-7553 for qualifying intake appointment.**


**Monterey**

**Monterey Rape Crisis Center Rape prevention education for Monterey**

[www.mtryrapecrisis.org](http://www.mtryrapecrisis.org)

[info@mtryrapecrisis.org](mailto:info@mtryrapecrisis.org)
<table>
<thead>
<tr>
<th>Location</th>
<th>Hotline/Email/Website</th>
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<tbody>
<tr>
<td>Morgan Hill</td>
<td>Hotline 1-877-363-7238 Community Solutions 16264 Church Street # 103 Morgan Hill CA 95037 408-779-2113 Office <a href="http://www.communitysolutions.org">www.communitysolutions.org</a></td>
</tr>
<tr>
<td>Murphys</td>
<td>Hotline 209-736-4011 or 209-754-4011 The Resource Connection Murphys CA 95247 209-754-2000 Main Office <a href="http://www.trcac.org">www.trcac.org</a></td>
</tr>
<tr>
<td>Napa</td>
<td>Hotline 707-225-6397 or 1-800-799-7233 Napa Emergency Women's Services 1141 Pear Tree Lane Suite 220 Napa CA 94558 707-255-3697 Office <a href="http://www.napanews.org">www.napanews.org</a></td>
</tr>
<tr>
<td>Newhall</td>
<td>Hotline 661-259-4357 Safe shelter referrals Help with safety planning Newhall Accompaniment to the court Counseling and support groups. CA 91322 661-259-9439 Office <a href="http://www.dvc-scv.com/">www.dvc-scv.com/</a></td>
</tr>
<tr>
<td>Newport Beach</td>
<td>Hotline 877-854-3594 Our mission is to provide a safe haven and life changing programs to help abused women and their children and families. We work with the community to break the cycle of domestic violence. Emergency women's shelter 24 Hour crisis and support line Community education program Counseling and support groups Human Options CA 92658 949-764-8100 Office <a href="http://www.humanoptions.org/">www.humanoptions.org/</a></td>
</tr>
<tr>
<td>North Hollywood</td>
<td>Grief Recovery Workshops Grief Recovery Workshops</td>
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</table>
"There are 3 needs of the griever:
To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Thursdays 7 - 9 pm
Call Sandi Atmore 323-698-5570
Certified Grief Recovery Specialist

North Hollywood
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach.
Meets Wednesday 7:30 - 9 pm
Contact Denise
For further details please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Northridge
Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Mondays 7 - 9 pm
Natasha Jackson 213-880-9917
Certified Grief Recovery Specialist

Northridge
818-886-0453 San Fernando Vly
661-253-0258 San Clarita Valley
24 hour Crisis team
Services for adults abused as children
Child maltreatment treatment
Community counseling
Strength United
California State University
Northridge
818-677-1200 office
www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/
Family support services
Male survivors welcome

Oakland
Hotline 510-536-7233
A Safe Place
PO Box 23006
Oakland CA 94623
510-986-8600 Office
A Safe Place exists to break the cycle of domestic violence. We offer programs for women, men and teens. Advocacy at court & social services Help with legal documents Individual or group counseling with a licensed professional.

Oakland
Hotline 510-845-7273
Bay Area Women Against Rape
24 Hour Crisis hotline
Oakland CA 94612
510-430-1298 Office
Se habla Espanol
Advocacy & legal services
Community education
Individual counseling for survivors
Services are free & confidential

Oakland
Survivors of Childhood Sexual Abuse
A therapy group for survivors of childhood sexual abuse. The group work deeply with each other to gently work through the trauma of childhood sexual abuse including incest. Three month commitment
Meets every Wed 6.30 - 8 pm
Cost $50 +
Rose Phelps
Oakland CA 94610
510-658-4344 Office
www.rosehelpsmarriagefamilytherapist.com

Oakland
Adult Incest Survivors
this adult incest survivors therapy support group treats self blame, anger, addiction, relationship issues, sexual issues and other symtoms of PTSD
Meets every Wed 7.30 - 9 pm
Cost $50
Ms Karen E Spinkel
Oakland CA 94610
510-878-4177 Office
Or 510-918-8424
www.psychologytoday.com/us/therapists/karen-sprinkel-individual-family-trauma-therapy-oakland-ca/66695

Oceanside
760-754-5500 Information hotline
Casa de Amparo Shelter for Children
Providing a residential shelter for abused, neglected or abandoned children.
Therapy for children
Counseling and daily discussion
On site schooling for pre school to 12th grade.
4070 Mission Avenue
Oceanside CA 92057
760-754-5500 Office / intake
www.casadeamparo.org/

Oceanside
The Brother Benno's Foundation
provides a transitional living house for women with children who are in need of shelter.
The House of Martha, Ann, Mary and Ida. (MAMI)
Oceanside CA 92054
760-439-1244 Office
www.brotherbenno.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
<th>Description</th>
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<tbody>
<tr>
<td>Oceanside</td>
<td>Hotline 760-757-3500 24 Hour hotline Se habla Espanol Temporary emergency shelter for battered women and children Crisis intervention Group and peer counseling.</td>
<td>Women's Resource Center 1963 Apple Street Oceanside 760-547-8800 Office</td>
</tr>
<tr>
<td>Orange</td>
<td>Hotline 877-577-7267 Toll Free We offer child / youth services, child abuse counseling, emergency shelters, and transitional housing in multiple communities throughout Southern California. Serving Camarillo, Crestline, Garden Grove, Hueneme, Long Beach, Pasedna, Riverside, Santa Clarita, San Diego, Santee, South Bay, Thousand Oaks, Van Nuysm Ventura. Also Apple Valley and Big Bear.</td>
<td>Lutheran Social Services of Southern California 2560 North Santiago Blvd Orange CA 92867 714-534-6450 Orange Office</td>
</tr>
<tr>
<td>Orange</td>
<td>DV Hotline 1-800-799-7233 The Sheepfold PO Box 4487 Orange CA 92863 714-237-1444 Office / Hotline</td>
<td>We first opened our doors in 1979, since that time thousands of women and their children have found shelter, safe refuge and a new beginning as a result of The Sheepfold Ministry.</td>
</tr>
<tr>
<td>Orange</td>
<td>Hotline 1-877-531-5522 Emergency shelter Transitional housing program Immigration clinic and services Court advocacy Legal assessments and referrals Outreach services to all survivors of domestic violence and human trafficking. A legal clinic is held every 1st Wednesday.</td>
<td>Women's Transitional Living Center Inc PO Box 6103 Orange CA 92863 714-992-1939 Ext 100 Office</td>
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<td>Orinda</td>
<td>SNAP Support Meeting Meets Sundays 3pm to 5pm First meeting Sunday February 5th. Contact Melanie on 925-708-6175</td>
<td>SNAP Support Meeting Orinda Library, Room A 26 Orinda Way Orinda Melanie Sakoda 925-708-6175</td>
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<td>Oxnard</td>
<td>Hotline 800-300-2181 805-666-4439 Hearing impaired Hotlines available 24/7 Crisis intervention program Emergency shelter Support groups for victims of domestic violence, sexual assault and incest call office for info.</td>
<td>Coalition for Family Harmony 1030 North Ventura Road Oxnard CA 93030 805-983-6014 Office</td>
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<td>Palm Desert</td>
<td>Hotline 909-885-8884 We provide a 24 Hour hotline for victims of sexual assault. Outreach counselors are able to</td>
<td>Coachella Valley Sexual Assault Services 24 - 333 Highway 111 Suite 103</td>
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<td>Location</td>
<td>Organization</td>
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<td>Palm Desert</td>
<td>Adults Molested as Children</td>
<td>Dr Jamie D Kirkpatrick&lt;br&gt;Palm Desert&lt;br&gt;CA 92260&lt;br&gt;760-285-6909 Office</td>
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<td><a href="http://www.drjamiekirkpatrick.com">www.drjamiekirkpatrick.com</a>&lt;br&gt;<a href="mailto:drjamie4u@yahoo.com">drjamie4u@yahoo.com</a></td>
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<tr>
<td>Palm Desert</td>
<td>Hotlines 760-328-7233</td>
<td>Shelter from the Storm&lt;br&gt;73555 Alessandro Drive&lt;br&gt;Palm Desert&lt;br&gt;CA 92260&lt;br&gt;760-674-0400 Office</td>
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<td>Or 1-800-775-6055</td>
<td><a href="http://www.shelterfromthestorm.com">www.shelterfromthestorm.com</a></td>
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<td>We provide comprehensive services</td>
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<td>to victims of domestic violence</td>
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<td>Professionally, ethically and compassionately.</td>
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<td>Emergency shelter</td>
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<td>Transitonal housing</td>
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<td>Individual and group counseling at</td>
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<td>the Edra Blixseth community center</td>
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<td>Outreach centers in Hot Springs, Palm Desert and Palm Springs Se habla Espanol</td>
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<tr>
<td>Pasadena</td>
<td>We were established in 1995 as an independent non profit organization with a mission to stop family or domestic violence. We help men women and children through legal advocacy, accompaniments to court proceedings. We offer empowerment groups and outreach and education.</td>
<td>Grace Center&lt;br&gt;PO Box 40250&lt;br&gt;Pasadena&lt;br&gt;CA 91114&lt;br&gt;626-356-4200 Office</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.grace-inc.org/">www.grace-inc.org/</a></td>
</tr>
<tr>
<td>Pasadena</td>
<td>Hotline 323-681-2626</td>
<td>Haven House&lt;br&gt;PO Box 50007&lt;br&gt;Pasadena&lt;br&gt;CA 91115&lt;br&gt;877-275-4537 Central Office</td>
</tr>
<tr>
<td></td>
<td>We are the first domestic violence shelter of it's kind in the country. We are dedicated to helping abused women and their children on their way towards a violence free life. We are proud to be a program of the Jewish Family Services of LA. Emergency shelter Prevention and education program Individual and group counseling within the local community.</td>
<td><a href="http://www.jfsla.org/havenhouse">www.jfsla.org/havenhouse</a>&lt;br&gt;<a href="mailto:communications@jfsla.org">communications@jfsla.org</a></td>
</tr>
<tr>
<td>Pasadena</td>
<td>Survivor: A Mens Psychtherapy Group</td>
<td>Dr Ellen Miller Kwon&lt;br&gt;Pasadena&lt;br&gt;CA 91101&lt;br&gt;626-807-5451 Office</td>
</tr>
<tr>
<td></td>
<td>Are you a man who was sexually abused as a child? Do you struggle to overcome the scars from this abuse? This is a 20 week group where these issues can be discussed in a safe and</td>
<td><a href="http://www.drmillerkwon.com/home">www.drmillerkwon.com/home</a></td>
</tr>
<tr>
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</tr>
</tbody>
</table>
Pasadena

Sexual Abuse Survivors Group for Women
This group is targeted to sexual abuse, incest, assault and rape issues
Meets every other Mon 7-8.30
2 Sexual abuse survivors groups
Mondays and Thursdays 7-8.30pm
Also a Co-Ed Sexual Abuse Survivors group that meets Wednesdays.
Male Sexual Abuse Survivors group
Please call 818-434-6051 for more details.

Pasadena
310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual assault domestic violence and child abuse

Pasadena
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meet Monday 7.30-9 pm
Contact John
For further details please click on the SIA website meetings directory.
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Paso Robles
24/7 Crisis Line 855-866-7473
Counseling (Individual or Group)
Crisis Services (available in Spanish and English)
Emergency Safe Houses
Advocacy / Accompaniment
Temporary Restraining Orders
Weekly Support Groups
Services for Survivors, and family / friends / loved ones.

Placerville
Hotline 530-626-1131
or 916-939-6616
24 Hour Crisis hotline
for survivors of sexual assault and domestic violence
Support groups for adults molested as children for 14 weeks
2 hour sessions. There is a charge but something can be
worked out.

Pomona
Rape Hotline 909-626-4357
Child abuse Hotline 626-966-4155
Professional counseling to
survivors of sexual assault or
child abuse. The first ten sessions
are free with proof of income.
Support groups of peers for adults
& adolescent survivors of sexual
assault and abuse.

Porterville
Hotline 559-784-0192
The central California Family Crisis
center is a multi cultural organization
which exists to protect individuals
and families from domestic violence.
Emergency shelter 559-781-7628
Transitional housing
Legal advocacy
Accompaniment to the courts
Domestic violence counseling
Community outreach & education.

Quincy
877-215-7273 Rape Crisis Line
or 1-877-332-2754 Crisis Line
24 Hour crisis help line
Crisis intervention and prevention
Serving Portola and Greenville.

Red Bluff
Hotline 530-528-0226
Or 1-800-324-6473 Toll Free
Whether you are currently in an
abusive relationship or recovering
from domestic violence we have
trained staff available to help you.
Emergency shelter
Crisis counseling
Prevention and intervention
Power to Chose support group
Untangling Relationships 12 week
group to cope with problem areas
Counseling services

Redding
Hotline 530-244-0117 toll free
24 Hour Crisis hotline
Free services for victims of
domestic violence & sexual
assault. Assistance to men and
women regardless of age, race or sexual preference.
Individual / group counseling
Programs for children in shelter
Emergency transportation
Legal assistance and advocacy

Redondo Beach
The Lamplighters Movement provides support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.
Redondo Beach
California
margie@thelamplighters.org

Redwood City
Adults Abused as Children
This group explores the long term effects of sexual, physical and emotional abuse.
Meet every Tues 6 - 7.30 pm
Cost $40

Reseda
Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meet Saturdays 10am - noon
Call Vicki Hagadorn 818-415-4568
Certified Grief Recovery Specialist

Ridgcrest
760-375-7525 domestic violence
760-375-0745 sexual violence
760-375-7100 Report child abuse
24 Hour hotline numbers
All services open to men, women and children
Emergency room support
Advocacy and legal help
Group counseling re drugs and alcohol in a violent home
One to one peer counseling

Riverside
951-683-0829 Riverside City
800-339-7233 Riverside County
Our mission is to improve the quality of life and create hope by ending the cycle of domestic abuse through services and education.
### Riverside

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotline</td>
<td>Hotline 951-686-7273</td>
<td><a href="http://www.domesticshelters.org/help/ca/riverside">www.domesticshelters.org/help/ca/riverside</a></td>
</tr>
<tr>
<td>Riverside Area Rape Crisis Ctr</td>
<td>1845 Chicago Avenue Suite A</td>
<td><a href="http://www.rarcc.org">www.rarcc.org</a></td>
</tr>
<tr>
<td>Individual and group counseling</td>
<td>Riverside CA 92507</td>
<td><a href="mailto:info@rarcc.org">info@rarcc.org</a></td>
</tr>
<tr>
<td>Support groups</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community education</td>
<td>951-686-7273 Office / Hotline</td>
<td></td>
</tr>
<tr>
<td>Services for adults molested as children.</td>
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</tbody>
</table>

### Roseville

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotline</td>
<td>Hotline 800-575-5352</td>
<td><a href="http://www.standupplacer.org/">www.standupplacer.org/</a></td>
</tr>
<tr>
<td>24 Hour Crisis line</td>
<td>Peace for Families 700 Sunrise Avenue</td>
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</tr>
<tr>
<td>Help for victims of domestic and sexual violence</td>
<td>Roseville CA 95661</td>
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<tr>
<td>24 Hour emergency shelter</td>
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<tr>
<td>24 Hour Crisis response</td>
<td>916-773-7273 Office</td>
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<tr>
<td>Peer and professional counseling</td>
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<tr>
<td>Domestic violence support groups</td>
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</tbody>
</table>

### Sacramento

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
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<tbody>
<tr>
<td>CASH provides services to victims of sexual exploitation, sex trafficking and prostitution.</td>
<td>Communites Against Sexual Harm (CASH) PO Box 160022 Sacramento CA 95816 916-856-2900 Office</td>
<td><a href="http://www.cashsac.org">www.cashsac.org</a> <a href="mailto:info@cashsac.org">info@cashsac.org</a></td>
</tr>
<tr>
<td>Outreach and education</td>
<td></td>
<td></td>
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<tr>
<td>Peer counseling</td>
<td></td>
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<tr>
<td>Health information</td>
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<tr>
<td>Assistance with housing/healthcare Support groups.</td>
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</tbody>
</table>

### Sacramento

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>Our shelter program for women and children assists families in transition from crisis to self sustainability.</td>
<td>St. John's Shelter Program Sacramento CA 95814 916-453-1482</td>
<td><a href="http://www.stjohnsshelter.org">www.stjohnsshelter.org</a></td>
</tr>
<tr>
<td>Emergency shelter.</td>
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### Sacramento

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<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
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<tbody>
<tr>
<td>Hotlines 916-920-2952</td>
<td>WEAVE Inc 1900 K Street</td>
<td><a href="http://www.weaveinc.org">www.weaveinc.org</a> <a href="mailto:info@weaveinc.org">info@weaveinc.org</a></td>
</tr>
<tr>
<td>24 Hour support &amp; information Se habla Espanol</td>
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<tr>
<td>Services for teens, men &amp; women</td>
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<tr>
<td>Crisis intervention counseling</td>
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<tr>
<td>Temporary safe house</td>
<td>916-448-2321 Office</td>
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<tr>
<td>Evening support groups.</td>
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</tbody>
</table>

### Sacramento

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>SIA Group Meeting</td>
<td>Survivors of Incest Anonymous Sacramento California</td>
<td><a href="http://www.siawso.org/">www.siawso.org/</a></td>
</tr>
<tr>
<td>Hurting 2 Healing 2 Helping</td>
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<tr>
<td>Meets 1st and 3rd Friday of Month</td>
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<tr>
<td>Meeting time is 6.30pm</td>
<td>916-448-2321 Office</td>
<td></td>
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<tr>
<td>Contact person is Treva</td>
<td></td>
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<tr>
<td>For further details please click on the SIA website meetings directory</td>
<td></td>
<td><a href="http://www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/">www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/</a></td>
</tr>
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</table>

### Sacramento

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</thead>
<tbody>
<tr>
<td>SIA Group Meeting</td>
<td>Survivors of Incest Anonymous</td>
<td><a href="http://www.siawso.org/">www.siawso.org/</a></td>
</tr>
</tbody>
</table>
Saint Helena
Men: Adult Survivors of Childhood Sexual Abuse Group. Healing from Childhood Sexual Abuse. This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is $240 per month, paid in advance. Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only. Session costs $50 - $60 per session.

Saint Helena
Women: Adult Survivor of Childhood Sexual Abuse. Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance. Issues: Sexual abuse, neglect. Adults only. Session costs $50 - $60 per session.

Salinas
Hotline 831-424-4357
24 Hour hotline
Rape prevention education for 7th grade, 8th grade & high school
Safety awareness 1st grade 3rd grade and 6th grade
Also drug and alcohol education.

San Andreas
Hotline 209-736-4011
or 209-754-4011

Sacramento
Contact person is Julie
For further details please click on the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Patricia Gray psyD. JD
St Helena
CA 94574
707-739-4798 Office

drpatriciagray@vom.com

www.therapists.psychologytoday.com/rms/name/Patricia_Gray_PsyD,JD_Saint+Helena_California_119752

Patricia Gray psyD. JD
St Helena
CA 94574
707-739-4798 Office

drpatriciagray@vom.com

www.therapists.psychologytoday.com/rms/name/Patricia_Gray_PsyD,JD_Saint+Helena_California_119752

Monterey Rape Crisis Center
www.mtryrapecrisis.org
info@mtryrapecrisis.org

Salinas
24 Hour hotline
Rape prevention education for 7th grade, 8th grade & high school
Safety awareness 1st grade 3rd grade and 6th grade
Also drug and alcohol education.

San Andreas
The Resource Connection
www.trcac.org
info@trcac.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
<th>Contact Information</th>
</tr>
</thead>
</table>
| San Bernardino | Counseling programs for victims of family violence. Serving Riverside and San Bernardino Counties | Family Service Agency of San Bernardino  
1669 North East Street  
San Bernardino  
CA 92405  
909-886-6737 Office |
| San Bernardino | Hotline 909-381-3471  
We provide shelter, transitional housing, outreach services, legal services, information and education to victims of family violence. | Option House  
PO Box 970  
San Bernardino  
CA 92402  
909-383-1602 Office |
| San Bernardino | Hotline 909-885-8884  
24 hour crisis intervention hotline  
Bilingual services  
Hospital / court advocacy  
Community education  
Individual & group counseling  
All services free of charge  
Serving Redlands, Yucaipa, Coachella Valley & Morongo Basin. | San Bernardino Sexual Assault Services  
444 North Arrowhead Avenue  
Suite 101  
San Bernardino  
CA 92401-1221  
909-885-8884 Office/Hotline |
| San Diego    | Female Survivors Group  
Peer group for adult women sexually abused as children  
Male groups are forming  
Screening interview is required  
Please call for more information  
Meets every Saturday  
Cost $25 | Svava Brooks  
Peer group facilitator  
San Diego  
CA 92117  
619-889-6366 Office |
| San Diego    | Hotline 1-888-385-4657 toll free  
24 Hour hotline  
Specialist in psychotherapy addressing the emotional aspects of sexual assault, sexual abuse and domestic violence.  
Group and individual sessions. Day and evening appointments, most services available in English or Spanish  
Fees based on income, FREE 30 day safe shelter. | Center for Community Solutions  
4508 Mission Bay Drive  
San Diego  
CA 92109  
858-272-5777 Office |
| San Diego    | Healing from Childhood Sexual Abuse  
A group that will combine personal sharing and support with education and information. Topics covered include understanding feelings of guilt, shame, anger and grief. Understanding the | Dr Aimee Cornelius Pearson  
San Diego  
CA 92110  
619-647-5592 Office |
dysfunctional coping strategies such as denial and addiction.
Meets every Monday at Noon
Cost $40 - $60

San Diego Counseling on an individual or group basis. Services for sexual assault including incest. Men, women and children welcome
Spanish and English spoken
Fee based on income
Counseling Mission Bay
4508 Mission Bay Drive
San Diego
CA 92109
858-272-5777 Office
www.ccssd.org info@ccssd.org

San Diego ECSP provides comprehensive social services to low income families and individuals. We have a program for those who find themselves dealing with domestic violence.
Episcopal Community Services of San Diego
4305 University Avenue
Suite 400
San Diego
CA 92105
619-228-2800 Office
www.ecscalifornia.org info@ecscalifornia.org

San Diego Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Saturdays 9am - 11am
Pamela Blomdal 858-213-3997
Certified Grief Recovery Specialist
Grief Recovery Workshops
Pamela Blomdal
Hillside Club House
12979 Community Road
Poway
CA
858-213-3997
www.freedomfromgrief.com pamelablomdal@yahoo.com
www.griefunchained.com

San Diego Sexual Abuse/Assault and Adolescent Girls Therapy for girls 13-18 year.
Group addresses self esteem body issues, depression, anxiety and ptsd
cost $40-$50
Dr Azmaira Maker
San Diego
CA 92130
858-531-1122 Office
www.aspiringfamilies.com/

San Diego This emergency shelter for women and children under 16 provides a secure place to sleep when fleeing domestic violence.
San Diego Rescue Mission
PO Box 80427
San Diego
CA 92138
619-687-3720 Office
www.sdrescue.org sdrminfo@sdrescue.org

San Diego Support Group for Adults Molested as Children.
My Group is an AMAC (Adults Molested as Children) Group and is currently being held on Tuesdays
Dr Sandra G Smith
San Diego
CA 92108
No Phone number available
www.linkedin.com/in/drsandragsmith
www.aspiringfamilies.com/
at 5.30 pm to 7 pm. Cost is $30, but we work with those who don't have means of payment. This current group is women only. Other groups will be offered as the demand necessitates.

---

**San Diego**

**SNAP Self Support Group Meetings**
First Saturday of each month
starting on January 5th 2019.
10.00am to 12.00 noon.
For further details contact Nancy Lonnecker the volunteer leader on 949-374-2341 or by email at njholling@gmail.com

**SNAP Self Support Group**
The Rancho Bernardo Library
17110 Bernardo Center Drive
San Diego CA 92128
Contact Nancy 949-374-2341

**San Diego**
**Male Survivors Group**
This is a group for high functioning adult males who have had a history of childhood abuse.
Screening interview required
Meets every other Monday
Cost $60

**San Diego**
**DV Hotline 619-234-3164**
This program supports the individual from victim to survivor to thriver.
Group therapy
Legal assistance

**San Diego**
**ywca of San Diego County**
30 Day emergency shelter
619-239-0355 Office

**San Francisco**
**Women' Group for Survivors of Sexual Trauma**
This group provides a safe space for female survivors to heal
12 week initial commitment
Space is limited
Every Wednesday 6 - 8 pm
Cost $30 - $60

**San Francisco**
**Hotline 1-877-751-0880**
A resident of AWS is provided with safe housing, multi lingual support legal advocacy plus individual and group support. We also have a Queer Asian Womens and Trans gender support program QAWTS. For those in need in the community we offer direct intervention, public awareness and Chit Chat support groups. Call 415-751-7110 for more details.

**San Francisco**
**Hotline 415-441-KIDS (5437)**
The only way to reach us with an urgent concern is through our 24 Hour hotline.
Our center offers FREE ongoing support groups and workshops for
children and parents.
Low cost counseling individually or as a family.

San Francisco
Hotline 415-333-4357
Founded in 1979 CUAV works to build the power of LGBTQ communities to transform violence and oppression.
Short term advocacy-based peer counseling for LGBTQ's dealing with abuse and violence.
Healing trauma support groups.
Community United Against Violence
427 South Van Ness Avenue
San Francisco
CA 94103
415-777-5500 Office
www.cuav.org
info@cuav.org

San Francisco
Thrivers - Phase 1 - Women's Support Group for Trauma.
Tuesdays 5 - 6.30pm
We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings, beliefs and somatic experiences. Cost is $65 per session with an 8 week or 12 week commitment. For further details call Laine - 415-705-0776 Or email lainedemtria@gmail.com
Laine Demtria LMFT
2120 Market Street
Suite 209
San Francisco
Contact No. 510-703-4766
www.mindbodymend.net/
lainedemtria@gmail.com

San Francisco
Thrivers - Phase 2 - Women's Support Group for Trauma
Tuesdays 7 - 8.30pm
We empower ourselves to address Negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Cost is $65 per session with an 8 week or 12 week commitment. For further details call Laine on 415-705-0776 or email lainedemtria@gmail.com
Laine Demtria LMFT
2120 Market Street
Suite 209
San Francisco
Contact No. 510-703-4766
www.mindbodymend.net/
lainedemtria@gmail.com

San Francisco
Sexual Abuse Recovery Program
Rachel Grant is the owner and founder of Rachel Grant Coaching and is a sexual abuse recovery coach. Also the author of "Beyond Surviving" dealing with the final stage of recovery from sexual abuse. Rachel works with survivors of childhood sexual abuse who are beyond sick and tired of feeling broken, unfixable and burdened by the past. Email sessions are available. Month to month program. 8 month program offering maximum support. Please see the website for further details or call 415-513-0700
Rachel Grant Recovery
San Francisco
415-484-5682 Office
couch@rachelgrantcoaching.com
www.rachelgrantcoaching.com

San Francisco
1-877-503-1850 Hotline - Adults
La Casa de Las Madres
www.lacasa.org
<table>
<thead>
<tr>
<th>City</th>
<th>Hotline</th>
<th>Address</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>San Francisco</td>
<td>415-255-0165</td>
<td>1237 Van Ness Avenue, Suite 200, San Francisco, CA 94109</td>
<td><a href="mailto:info@svdp-sf.org">info@svdp-sf.org</a></td>
</tr>
<tr>
<td></td>
<td>We offer a safe and confidential range of services for survivors of domestic violence along with their children. Emergency shelter, drop-in service, community outreach and support groups. Drop-in hours: Monday - Thursday 9am - noon and 1.30 - 4 pm</td>
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<tr>
<td>San Francisco</td>
<td>415-647-RAPE (7273)</td>
<td>3548 18th Street, Suite 7, San Francisco, CA 94110</td>
<td><a href="mailto:info@sfwar.org">info@sfwar.org</a></td>
</tr>
<tr>
<td></td>
<td>We provide resource, support, advocacy and education to those healing from or struggling to end sexual violence. We offer: Legal advocacy Medical accompaniment Individual peer counseling SFWAR counselors offer an 8 week support group several times a year. Peer to Peer outreach program.</td>
<td></td>
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<tr>
<td>San Francisco</td>
<td>415-864-4722 or 1-877-384-3578</td>
<td>333 Valencia Street, Suite 450, San Francisco, CA 94103</td>
<td><a href="http://www.womaninc.org">www.womaninc.org</a></td>
</tr>
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<td></td>
<td>Women Organized to Make Abuse Nonexistent is a community based multi service agency. support groups for survivors of domestic violence On going therapy in Spanish/English Weekly sessions based on a sliding fee scale schedule Programa Latina Community education/presentations</td>
<td></td>
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</tr>
<tr>
<td>San Jose</td>
<td>We offer vital life saving services to individuals and families affected by domestic violence. 24 Hour emergency shelter Individual or group peer counseling Help with restraining orders, court accompaniment and immigration issues. Employment, housing, medical and social services advocacy Support groups in the community</td>
<td>Asian Americans for Community Involvement 2400 Moorpark Avenue Suite 300, San Jose, CA 95128 408-975-2730 Office</td>
<td><a href="mailto:info@aaci.org">info@aaci.org</a></td>
</tr>
<tr>
<td>San Jose</td>
<td>SA/DV Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children &amp; adults</td>
<td>Community Solutions 5671 Santa Teresa Blvd Suite 104, San Jose, CA 95123</td>
<td><a href="http://www.communitysolutions.org">www.communitysolutions.org</a> <a href="mailto:cs@communitysolutions.org">cs@communitysolutions.org</a></td>
</tr>
<tr>
<td>Location</td>
<td>Services Offered</td>
<td>Contact Information</td>
<td>Website</td>
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</tr>
<tr>
<td>San Jose</td>
<td>Hotline 408-279-2962</td>
<td>Next Door Solutions to Domestic Violence</td>
<td><a href="http://www.nextdoor.org">www.nextdoor.org</a> <a href="mailto:info@nextdoor.org">info@nextdoor.org</a></td>
</tr>
<tr>
<td></td>
<td>We seek to end domestic violence in the moment and for all time.</td>
<td>234 East Gish Road Suite 200 San Jose CA 95112</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Emergency 24 Hour shelter Victim advocacy Individual counseling Youth and children services</td>
<td></td>
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<tr>
<td></td>
<td>2 English support groups at office Mondays &amp; Tuesdays 6.30 - 8.30pm 2 Spanish groups at the office Mondays &amp; Tuesdays 6.30 - 8.30pm</td>
<td>For further details on our 12 support groups please see our website or call our office.</td>
<td></td>
</tr>
<tr>
<td>San Jose</td>
<td>We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meet Thursday at 7 pm Women only please Contact Liz</td>
<td>Survivors of Incest Anonymous</td>
<td><a href="http://www.siawso.org">www.siawso.org</a></td>
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<tr>
<td></td>
<td></td>
<td>San Jose CA</td>
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<tr>
<td>San Jose</td>
<td>1-800-572-2782 Crisis Support 24 Hour hotline Services for adults and children exposed to violence or sexual assault Emergency shelter Legal and advocacy programs Peer support groups for domestic violence, rape and childhood sexual abuse survivors, for more info call 408-295-4011 ext 259.</td>
<td>YWCA Silicon Valley</td>
<td><a href="http://www.ywca-sv.org">www.ywca-sv.org</a> <a href="mailto:tcrosby@ywca-sv.org">tcrosby@ywca-sv.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>375 S. Third Street San Jose CA 95112</td>
<td></td>
</tr>
<tr>
<td>San Leandro</td>
<td>Hotline 1-866-292-9688 Toll Free Our mission is to build communities with underserved women and children where they are safely and supportively house free from domestic violence. 20 Bed emergency shelter Community support groups</td>
<td>Building Futures</td>
<td><a href="http://www.bfwc.org">www.bfwc.org</a> <a href="mailto:lvarela@bfwc.org">lvarela@bfwc.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1395 Bancroft Avenue San Leandro CA 94577</td>
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<td></td>
<td></td>
<td>510-357-0205 Office</td>
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<tr>
<td>San Luis Obispo</td>
<td>24/7 Crisis Line 855-866-7473 Counseling (Individual or Group) Crisis Services (available in Spanish and English) Emergency Safe Houses Advocacy / Accompaniment Temporary Restraining Orders Weekly Support Groups Services for Survivors, and family /</td>
<td>RISE</td>
<td><a href="http://www.riseslo.org">www.riseslo.org</a> <a href="mailto:contact@RISEslo.org">contact@RISEslo.org</a></td>
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<tr>
<td></td>
<td></td>
<td>51 Zaca Lane Suite 100 San Luis Obispo CA 93401</td>
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</tbody>
</table>
friends / loved ones.

San Luis Obispo  Incest Survivors Group  Ms Marian A Willingham
Closed group call office for San Luis Obispo
details CA 93401
Meets every other Sat 12 - 1 pm 805-317-4310 Office
Cost $20 - $30 805-909-2057 Office
www.facebook.com/Marian-Andrea-Willingham-LMFT-537093286315326/

San Luis Obispo  Hotline 805-781-6400  Stand Strong  wsp@callamerica.net
Emergency shelter  PO Box 125  www.standstrongnow.org/
Information and referrals  San Luis Obispo
Advocacy services  CA 93406
Counseling and support groups  805-781-6401 Office

San Marcos  Court room accompaniment  North County Family Violence Prevention Center
Help with restraining orders  CA 92069
Shelter referrals  805-781-6401 Office
Counseling referrals  805-781-6401 Office

San Pablo  Hotline 1-800-670-7273  Community Violence Solutions  www.cvsolutions.org
24 Hour crisis hotline  San Pablo  admin@cvsolutions.org
Support services to children and adult victims of sexual assault  CA 94806
Sexual assault response team  510-237-0113 Office
Children's interview center
Anti trafficking project.

San Pedro  310-547-9343 English & Spanish  Rainbow Services  www.rainbowservicesdv.org
We have 2 shelters, a thirty day shelter called Rainbow House and a transition shelter where you and your children can stay for up to one year. Our community outreach program provides individual and group counseling, legal advocacy and childrens enrichment programs.

San Rafael  415-924-6616 Bilingual Hotline  Center for Domestic Peace  administrator@c4dp.org
Emergency shelter  734 A Street
Second Step transition house  San Rafael
Accompaniment to court  CA 94901
Legal services assistance  415-457-2464 Office
Peer led support groups: Providing domestic violence, education and emotional support on a drop-in basis. Several groups meet each week, led by a trained facilitator and are open to women at any stage of an abusive relationship. Call our hotline for more details.
hotline for more details.
www.centerfordomesticpeace.org

San Rafael  Hotline 1-800-670-7273  Community Violence Solutions  www.cvsolutions.org
24 Hour crisis hotline  San Rafael  admin@cvsolutions.org
Support services to children and adult victims of sexual assault  CA 94903
415-259-2850 Office
<table>
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<tr>
<th>Location</th>
<th>Service Description</th>
<th>Contact Information</th>
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</table>
| San Rafael | Trauma Group for Women in Recovery  
A 20 week closed group teaching skills to help women in recovery who are struggling with traumatic activation. This group is especially appropriate for women with PTSD and sexual abuse histories. Meet Tuesday & Wednesday  
Cost $30 - $40.                                                                                                                                  | Ms Daphne Lowe  
San Rafael  
CA 94901  
415-505-5451 Office                                                                                                                                     | [www.daphnelowe.com](http://www.daphnelowe.com)  
daphnelowmft@gmail.com |
| San Ysidro | Family and group counseling along with individual counseling to those who have been physically sexually or emotionally abused  
Some insurance accepted  
Fees $0 - $10.                                                                                                                                                                                                                       | Trauma Counseling Program  
7277 Howard Avenue  
San Ysidro  
San Diego  
CA 92173  
858-966-5803 Office  
760-967-7082 Opt 3 North Co  
619-420-5611 South County                                                                                                                                      | [www.rchsd.org](http://www.rchsd.org)  
refsvc@rchsd.org |
| Santa Ana  | Sexual Abuse Survivors Group  
this is an on going 14 week psychoeducational group. Great care is taken to maintain the groups warm, safe and open environment.  
Women only                                                                                                                                             | Susan Choe  
Santa Ana  
CA 92705  
714-640-7001 Office                                                                                                                                         | [www.nogalespsychological.com](http://www.nogalespsychological.com)  
saynotoabuse@santaana.com  
213-384-7660 Office  
Or 714-525-8509 |
| Santa Ana  | Rape Hotline 714-957-2737  
HT Hotline 1-888-373-7888  
24 Hour emergency hotline  
Shelter for abused children in their teens  
Juvenile services  
Individual & family counseling  
Truancy reduction program                                                                                                                                  | Wayfinders  
1821 East Dyer Road  
Suit 200  
Santa Ana  
CA 92705  
generalinfo@CSPinc.org |
| Santa Ana  | Say No To Abuse  
Group facilitated by an MFT and discusses specifically domestic violence and sexual assault  
Group is held in Spanish and is for women only  
Every Friday 10 - noon  
Cost $20 +  
Group is held in Spanish and is for women only  
Every Friday 10 - noon  
Cost $20 +                                                                                                                               | Dr Ana L Nogales  
Santa Ana  
CA 92701  
213-384-7660 Office  
Or 714-525-8509                                                                                                                                       | [www.nogalespsychological.com](http://www.nogalespsychological.com)  
saynotoabuse@santaana.com  
213-384-7660 Office  
Or 714-525-8509 |
| Santa Barbara | 24 Hour Crisis Line 805-964-5245  
Emergency shelter  
Transitional housing  
DVERT emergency response  
FREE support groups for victims and survivors of domestic violence.  
For group details 805-964-5245                                                                 | Domestic Violence Solutions  
for Santa Barbara County  
PO Box 1536  
Santa Barbara  
CA 93102  
805-963-4458 Office  
805-965-6214 FAX                                                                                                                             | [www.dvsolutions.org](http://www.dvsolutions.org) |
| Santa Barbara | Hotline 805-564-3696  
24 Hour crisis hotline  
Sexual assault response team  
Standing Together To End SA  
433 E. Canon  
Peridido Street                                                                 | Standing Together To End SA  
433 E. Canon  
Peridido Street                                                                                                                                  | [www.sbstesa.org/](http://www.sbstesa.org/)  
sbrcc@sbrcc.net |
Medical advocacy Santa Barbara Legal advocacy CA 93101 Community education 805-963-6832 Office Counseling groups Support Groups English and Spanish spoken.

**Santa Barbara**
We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach. Meets Saturday 12 - 1.15 pm Contact Robert on 805-962-4003 Or Mike on 805-680-0496

**Survivors of Incest Anonymous** Santa Barbara CA 805-962-4003 Office

**Santa Clara**
Recovery from Spiritual Group Abuse Santa Clara CA 95050 530-242-1176 Office

**Wendy J Taylor**
wendy@wendyjtmft.com

Drop in group for those who were born or raised in an abusive spiritual group. This is not a therapy group third Saturday 10am Free of charge

**Santa Clarita**
This is a peer group and not a therapy group. Topic include Trauma Survivors, surviving sexual abuse and healing using the ASCA format. Santa Clarita CA 661-450-8842 Office

**Santa Clara ASCA**
www.ascasupport.org

**www.ascasantaclarita.org**

**ascasantaclarita@yahoo.com**

Contact Survivors Healing Center 831-423-7601 Office for start dates and times see web address on right of page. Meets Tuesdays 5 pm costs $ 45 per session.

**Male Survivor Support Group**
Michael Leimbach Santa Cruz California

831-423-7601 Office

**www.malesurvivor.org**

**Santa Cruz**
Our center offers six women's groups for female survivors of child sexual abuse. In Santa Cruz we offer:
- Male Survivor Support Group
- Survivors Support Groups

**Survivors Healing Center**
www.survivorshealingcenter.org

831-423-7601 Office

104 Walnut Avenue Suite 201
Santa Cruz CA 95060

**programsfsa@gmail.com**
Cost sliding scale $25 - $100 per session. We also bill Medical (Central Coast Alliance for Health).

Women's groups
Mens groups
Teen's group
A group for mothers of survivors
A group for partners of survivors
A group for service providers who are survivors.
A Spanish speaking group - women
A Spanish speaking mother's group
A Spanish speaking group for men
For more information about any of the groups listed above please call 831-423-7601

Santa Cruz
Crisis Hotline 1-866-269-2559
The Women's Center care@ucsc.edu
English and Spanish services Santa Cruz CA 95065
Emergency shelter 831-423-7601 Office
Peer support drop in groups for domestic violence or sexual assault survivors Wed 6 - 7.30pm
www.facebook.com/WalnutAvenueWomensCenter/

Santa Maria
Hotline 805-736-7273
North County Rape Crisis and Child Protection Center www.sbcountyrapecrisis.org
Services for adult and child survivors of sexual assault and child abuse.
24 Hour Crisis line
Crisis intervention and advocacy counseling for victims of sexual assault or violence.
805-736-8535 Main Office

Santa Monica
Sojourn Hotline 310-264-6644
Sojourn DV Services www.thepeopleconcern.org/
Emergency shelter Santa Monica CA 90404
No services for child abuse survivors.
323-334-9000 Main Office
customerservice@opcc.net
www.thepeopleconcern.org/sojourn/

Santa Monica
Hotline 310-319-4000
Rape Treatment Center Santa Monica UCLA Medical Center www.therapefoundation.org/
Support for sexual assault victims Santa Monica CA 90001
A safe way to learn how to get help using resources 310-451-0042 Office
Sections for college students and how to help a friend
www.therapefoundation.org/
No Services for survivors of child abuse.

Santa Monica
Healing From Sexual Trauma www.saturdaycenter.org
Group for female survivors of childhood abuse Saturday Center of Psychotherapy Santa Monica CA 90403
Cost $50 + 310-829-7997

Santa Monica
We empower those who have www.siawso.org
Survivors of Incest Anonymous Santa Monica CA
survived childhood sexual abuse www.siasocal.org/meetings.html
and who want to become survivors sarita_monica_sia@yahoo.com
and thrivers. We offer self help Sarah 818-804-6948 via text
support groups using the 12 steps www.siasocal.org/meetings.html
and 12 traditions approach
Meets Saturdays 11- 12.00 noon.
Contact Sarah
For further details please click on
the SIA website meetings directory
www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

Santa Rosa
Adults Abused As Children
Anonymous, a 12 step program
Our mission is to empower Adults Abused As Children to create inner peace and lasting change in their lives through using the 12 steps of Adults abused As Children Anonymous. To inspire people to share their journey of healing from victim to wholeness.
Meetings: Thursday Nights
Time: 6.15 - 7.15pm
First Untited Methodist Church
Santa Rosa
For further details please email us at the admin address on the right.

Santa Rosa
Men Survivors/victims of Sexual Abuse
An indepth group for adult male survivors/victims of sexual abuse Group is a small ongoing closed group meets every Wed 12 noon
Cost $40

Santa Rosa
Women Survivors of Childhood Trauma
Group members receive a free pre group interview before joining a 16 week group. The group focuses on the impact your early trauma has on your life now.
Meets Every Wed 3 - 4.30 pm
Cost $20 - $50

Santa Rosa
Hotline 707-545-7273
24 Hour crisis line
Support groups for survivors of Sexual assault
For women & teen girls mon 6-7 For Spanish speaking adults & teens wed 7 - 8 pm
Girls support group age 14-18 Male support groups LGBTQ individual therapy Fees from $25.

Santa Rosa
We provide advocacy FREE of charge for victims of rape, domestic violence and child abuse in the Latina and under served communities of Sonoma County.

Bob Greenberg
www.bggreenbergmft.com/
Santa Rosa
CA 95404
707-579-5928 Office

L Reyna Seminara
www.therapists.psychologytoday.com/rms/name/L-Reyna_Seminara_LMFT_Santa+Rosa_California_81274
Santa Rosa
CA 95404
707-385-1968 Office

Verity
www.ourverity.org
835 Piner Road
Santa Rosa
CA 95403
707-545-7270

Women’s Justice Center
www.justicewomen.com
PO Box 7510
Santa Rosa
CA 95407
707-575-3150 Office

admin@adultsabusedaschildren.com
www.adultsabusedaschildren.com
Santa Rosa
Hotline 707-546-1234
24 Hour crisis hotline
Call now for advice on what you can do to prepare to leave an abusive relationship. We offer emergency shelter and support groups.

YWCA - Sonoma County PO Box 3506
Santa Rosa CA 95402
707-546-9922 Office.

www.facebook.com/YWCASC/

Seal Beach
Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to individuals and families affected by domestic violence since 1979. Emergency shelter
Legal assistance and advice
Human trafficking awareness
Individual or group counseling.

Interval House PO Box 3356
Seal Beach CA 90740
562-594-9492 Office

www.intervalhouse.org
admin@intervalhouse.org

Seaside
Hotline 831-372-6300
24 Hour supportive domestic violence crisis hotline
Legal advocacy

YWCA of Monterey County 915 Hilby Avenue
Suite 26
Seaside CA 93955
831-422-8602 Office

www.ywcamc.org/

Simi Valley
Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Wednesdays 7 - 9 pm
Call Kathy Malhorta 805-813-5285
Or Sandi Atmore 323-698-5570
Certified Grief Recovery Specialists

Grief Recovery Workshops Seventh-Day Adventist Church 1636 Sinaloa Road
Simi Valley CA
Sandi Atmore 323-698-5570
Kathy Malhota 805-813-5285

www.freedomfromgrief.com
www.griefunchained.com/

Sherman Oaks
Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back

Grief Recovery Workshops Jocelyn Jackson 4622 Van Nuys Blvd
Upstairs Suite B
Sherman Oaks 323-304-8709 Office

www.freedomfromgrief.com
jocjack@yahoo.com
www.griefunchained.com
to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Meets Wednesdays 7pm - 9pm

<table>
<thead>
<tr>
<th>Sherman Oaks</th>
<th>Teen Sexual Abuse Survivors</th>
<th>Rachel Thomasion</th>
<th><a href="http://www.glendaletherapy.org/Rachelthomasian@gmail.com">www.glendaletherapy.org/Rachelthomasian@gmail.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Helping girls feel they are not alone. Very supportive group</td>
<td>Sherman Oaks</td>
<td>CA 91403</td>
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<td></td>
<td>Meets every Wed 7 - 8pm</td>
<td>323-682-8617 Office</td>
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<td></td>
<td>Cost $30 +</td>
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<tr>
<th>Sonora</th>
<th>Hotline 209-533-3401</th>
<th>Center for a Non violent Community</th>
<th><a href="http://www.nonviolentcommunity.org/info@nonviolentcommunity.org">www.nonviolentcommunity.org/info@nonviolentcommunity.org</a></th>
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<tr>
<td></td>
<td>We support the right of all people to live their lives free from inter - personal violence. Resources and information for those affected by sexual violence or domestic violence. We have an emergency shelter and can offer you peer counseling.</td>
<td>19043 - B Standard Road Sonora</td>
<td>CA 95370</td>
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<tr>
<td></td>
<td>209-588-9305 Office</td>
<td>209-533-3401 Hotline</td>
<td>Sonora</td>
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<td></td>
<td>209-588-9305 Office</td>
<td><a href="http://www.facebook.com/CNVCSonora/">www.facebook.com/CNVCSonora/</a></td>
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<tr>
<th>South Lake Tahoe</th>
<th>Hotline 530-544-4444</th>
<th>Live Violence Free</th>
<th><a href="http://www.liveviolencefree.org">www.liveviolencefree.org</a></th>
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<tr>
<td></td>
<td>24 Hour Crisis line</td>
<td>2941 Lake Tahoe Boulevard South Lake Tahoe</td>
<td><a href="mailto:info@liveviolencefree.org">info@liveviolencefree.org</a></td>
</tr>
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<td></td>
<td>Peer support and advocacy for victims &amp; survivors of sexual assault or domestic violence</td>
<td>CA 96150</td>
<td></td>
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<tr>
<td></td>
<td>Emergency shelter</td>
<td>530-544-2118 Office</td>
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<td></td>
<td>Weekly drop in support group for women who have experienced domestic violence</td>
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<td></td>
<td>Individual counseling for survivors of sexual assault all services in English &amp; Spanish.</td>
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<tr>
<th>Saint Helena</th>
<th>Men: Adult Survivors of Childhood Sexual Abuse Group. Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is $240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details</th>
<th>Patricia Gray psyD. JD</th>
<th><a href="mailto:drpatriciagray@vom.com">drpatriciagray@vom.com</a></th>
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<td>std Helena</td>
<td>CA 94574</td>
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<tr>
<td></td>
<td>707-889-4066 Cell</td>
<td>707-739-4798 Office</td>
<td></td>
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<tr>
<td></td>
<td>707-739-4798 Office</td>
<td>707-889-4066 Cell</td>
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<thead>
<tr>
<th>Saint Helena</th>
<th>Women: Adult Survivor of Childhood Sexual Abuse. Adult survivors of childhood sexual</th>
<th>Patricia Gray psyD. JD</th>
<th><a href="mailto:drpatriciagray@vom.com">drpatriciagray@vom.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><a href="mailto:info@liveviolencefree.org">info@liveviolencefree.org</a></td>
<td>2941 Lake Tahoe Boulevard South Lake Tahoe</td>
<td><a href="mailto:info@liveviolencefree.org">info@liveviolencefree.org</a></td>
</tr>
<tr>
<td></td>
<td>707-889-4066 Cell</td>
<td>707-739-4798 Office</td>
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</table>
abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.

Issues: Sexual abuse, neglect
Adults only. Session cost $50 - $60 per session.

www.therapists.psychologytoday.com/rms/name/Patricia_Gray_PsyD_JD_Saint-Helena_California_119752

**Stockton**

- 209-465-4878 Domestic violence
- 209-465-4997 Sexual assault
- 209-948-1911 Youth & Family
- 24 hour helplines

Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in English and in Spanish
Adult survivors of sexual assault group for women
Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611

**Sunnyvale**

- Hotline 1-800-572-2782
- Support Network for Battered Women's Center

We are the only domestic violence agency in North Santa Clara County.
Emergency shelter, Information and referrals, safety planning, legal services, community education.
Counseling and support groups.

24 hour helplines

www.ywca-sv.org/our-services/support-services/domestic-violence-services/

**Susanville**

- Hotline 530-257-5004
- or 1-888-289-5004 toll free
- 24/7 Services at no cost

Domestic violence & sexual aslt Emergency shelter
Legal aid court advocacy
Child abuse treatment program

1306 Riverside Drive
Susanville
CA 96130

530-257-4599 Office

**Taft**

- Hotline 661-736-4357
- Offering Emergency shelter
- Community education

Alpha House

PO Box 712
Taft
CA 93268

661-763-4357 Office / Hotline

**Tahoe City**

- Hotline 1-800-736-1060
- For survivors of sexual assault or domestic violence
- Trained advocates can help obtain a temporary protective order
- Women's bilingual support groups

Sierra Community House

Ride Out Community Center
740 Timberland Lane
Tahoe City
CA 96145

info@sierracommunityhouse.org
on Mon, Tues, and Thurs. Please contact office for more info Childrens program.

**Temecula**

Survivors of Sexual Abuse  
A group for women who are survivors of sexual abuse or incest  
Meets every Tues 7 -8.30 pm  
Cost $40  
Dr Linda Comin  
Temecula  
951-972-7221 Office  
www.drcomin.com  
linda@drcomin.com

**Temecula**

S.A.F.E is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence.  
We can provide:  
Basic needs assistance  
Case management  
Domestic violence services  
Emergency assistance (shelter)  
In home visitations  
Pal Equestrian program.  
SAFE Alternatives for Everyone  
28910 Pujol Street  
Temecula  
CA 92590  
951-587-3900 Office  
www.facebook.com/safealternativesforeveryone/

**Torrance**

Grief Recovery Workshops  
"There are 3 needs of the griever:  
To find the words for the loss, to say the words aloud and to know that their words have been heard.”  
Victoria Alexander  
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program  
Participant must join by the third class.  
Meets Saturdays 10.30 - 12.30 pm  
Contact Sherri Lugo 562-400-2573  
Certified Grief Recovery Specialist  
Grief Recovery Workshops  
Sherri Lugo  
First Christian Church  
2930 El Dorado Street  
Torrance  
CA  
562-400-2573  
www.freedomfromgrief.com  
www.griefunchained.com

**Tracy**

209-465-4878 Domestic violence  
209-465-4997 Sexual assault  
209-948-1911 Youth and HT  
24 hour helplines  
Immediate safe haven  
Advocacy and referrals  
Teen survivors group  
Domestic violence groups in English and in Spanish  
Adult survivors of sexual assault group for women  
Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611  
Women’s Center - San Joaquin County  
35 East 10th Street  
Tracy  
CA 95376  
209-941-2611 Office  
www.womenscemeteryfs.org

**Truckee**

Hotline 1-800-736-1060  
Tahoe Safe Alliance  
www.sierracommunityhouse.org/
For survivors of sexual assault or domestic violence, trained advocates can help obtain a temporary protective order. Women’s bilingual support groups are available on Mon, Tues, and Thurs. Please contact office for more information.

Chidrens program

info@sierracommunityhouse.org

**Twin Peaks**

We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.

Emergency 17 bed shelter
Programs for male victims
Individual counseling
court accompaniment
Legal advocacy and support groups

**DOVES of Big Bear Valley**

26696 Highway 189 Twin Peaks California
909-866-1546 Office


**Ukiah**

707-463-4357 Hotline Inland Project Sanctuary www.projectsanctuary.org
707-964-4357 Hotline Coastal 564 S Dora Street info@projectsanctuary.org
Help and planning for leaving an abusive relationship Ukiah CA 95482 707-462-9196

**Valley Springs**

Hotline 209-736-4011 The Resource Connection www.trcac.org
or 209-754-4011 info@trcac.org
Services for survivors/victims of domestic violence, sexual assault Valley Springs CA 95252
Temporary emergency shelter 209-754-2000 Main Office
Temp restraining order assistance
Peer counseling
Limited free counseling

**Van Nuys**

818-886-0453 and 661-253-0258 Strength United www.csun.edu/eisner-education/strength-united
24Hour support and referral lines. Van Nuys CA 91405 818-787-9700 office
the Family Justice Center is a unique, public-private owned www.facebook.com/StrengthUnited/
partnership that links the various agencies responsible for responding to child abuse and domestic and sexual violence.
Services include: 24 Hour response, Family support and empowerment
Domestic violence advocacy and counseling.
Sexual assault advocacy and counseling.
Child maltreatment advocacy and counseling.
Education & prevention programs.
Group programs and classes.

**Van Nuys**

Domestic Violence Support Group Ms Laleh Rokni Van Nuys CA 91401
Group provides education and
support to those who have in the past or are experiencing any form of abuse or trauma. Groups are in english and spanish and is free to those who qualify through VOC and $15 to those who don't Every Tues & Sat 2.30 - 3.30 pm

VOC and $15 to those who don't

Every Tues & Sat 2.30 - 3.30 pm

www.psychologytoday.com/us/therapists/laleh-rokni-encino-ca/105143

<table>
<thead>
<tr>
<th>Ventura</th>
<th>ASCA Group Meeting</th>
<th>ASCA Support Group</th>
<th>Ventura</th>
<th><a href="http://www.ascasupport.org">www.ascasupport.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Meets Saturdays 10am to 12 noon</td>
<td>Ventura California</td>
<td><a href="mailto:brauvel1@gmail.com">brauvel1@gmail.com</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Contact person is Bridgette</td>
<td>Ventura California</td>
<td><a href="mailto:brauvel1@gmail.com">brauvel1@gmail.com</a></td>
<td></td>
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<tr>
<td>Ventura</td>
<td>We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach. Meet Wednesdays 5.30 - 6.30 pm</td>
<td>Survivors of Incest Anonymous</td>
<td><a href="mailto:kelseybarkan@gmail.com">kelseybarkan@gmail.com</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Contact person is Kelsey</td>
<td>Ventura California</td>
<td><a href="mailto:kelseybarkan@gmail.com">kelseybarkan@gmail.com</a></td>
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<tr>
<td></td>
<td>For further details please click on the SIA website meetings directory</td>
<td>Ventura California</td>
<td><a href="mailto:kelseybarkan@gmail.com">kelseybarkan@gmail.com</a></td>
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</table>

www.siawso.org/fellowship/groups-meetings/meeting-and-group-directory/

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<thead>
<tr>
<th>Ventura</th>
<th>Hotline 760-955-8723</th>
<th>A Better Way</th>
<th>Ventura California</th>
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<tbody>
<tr>
<td></td>
<td>Support groups available for victims of domestic violence</td>
<td></td>
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<tr>
<th>Ventura</th>
<th>Hotlines 760-949-4357</th>
<th>High Desert Domestic Violence Program</th>
<th>Ventura California</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Or 1-866-770-7867 Toll Free</td>
<td>15075 7th Street</td>
<td><a href="mailto:darryl@familyassist.org">darryl@familyassist.org</a></td>
</tr>
<tr>
<td></td>
<td>Help with safety planning</td>
<td>Victorville CA 92395</td>
<td><a href="mailto:darryl@familyassist.org">darryl@familyassist.org</a></td>
</tr>
<tr>
<td></td>
<td>Emergency shelter</td>
<td>760-843-0701 Office</td>
<td><a href="mailto:darryl@familyassist.org">darryl@familyassist.org</a></td>
</tr>
<tr>
<td></td>
<td>We provide domestic violence support groups. Some groups are peer led and others are with a therapist.</td>
<td><a href="http://www.facebook.com/FamilyAssistanceProgram/">www.facebook.com/FamilyAssistanceProgram/</a></td>
<td><a href="mailto:darryl@familyassist.org">darryl@familyassist.org</a></td>
</tr>
<tr>
<td></td>
<td>We also have an Art Healing group.</td>
<td></td>
<td><a href="mailto:darryl@familyassist.org">darryl@familyassist.org</a></td>
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</tbody>
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<tr>
<th>Visalia</th>
<th>559-732-5941 domestic violence</th>
<th>Family Services - Tulare County</th>
<th><a href="http://www.fstc.net/">www.fstc.net/</a></th>
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</thead>
<tbody>
<tr>
<td></td>
<td>599-732-7371 sexual assault</td>
<td>815 W. Oak</td>
<td><a href="mailto:info@fstc.net">info@fstc.net</a></td>
</tr>
<tr>
<td></td>
<td>24 Hour 7 day hotlines</td>
<td>Visalia</td>
<td><a href="mailto:info@fstc.net">info@fstc.net</a></td>
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<tr>
<td></td>
<td>Domestic violence services and support groups</td>
<td>CA 93291</td>
<td><a href="mailto:info@fstc.net">info@fstc.net</a></td>
</tr>
<tr>
<td></td>
<td>Sexual assault services and support groups</td>
<td>559-741-7310 Office</td>
<td><a href="mailto:info@fstc.net">info@fstc.net</a></td>
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<td></td>
<td>Supportive housing</td>
<td></td>
<td><a href="mailto:info@fstc.net">info@fstc.net</a></td>
</tr>
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<td></td>
<td>Community education</td>
<td></td>
<td><a href="mailto:info@fstc.net">info@fstc.net</a></td>
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<tr>
<th>Walnut Creek</th>
<th>Trauma Survivors Support Group</th>
<th>Joseph Charles Bentz</th>
<th><a href="http://www.vitalcounseling.com">www.vitalcounseling.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Traumatic life experiences often have long term emotional and physical consequences. There is a way out of depression &amp; anxiety created by these events. Meet every Tues 7 - 9 pm</td>
<td>Walnut Creek</td>
<td><a href="mailto:joebentzmfti@gmail.com">joebentzmfti@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Meets every Tues 7 - 9 pm</td>
<td>CA 94596</td>
<td><a href="mailto:joebentzmfti@gmail.com">joebentzmfti@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>925-586-4832 Office</td>
<td></td>
<td><a href="mailto:joebentzmfti@gmail.com">joebentzmfti@gmail.com</a></td>
</tr>
</tbody>
</table>
Snap Survivors Network of those abused by priests.

Walnut Creek

Cost $40

SNAP meeting for those abused by priests.
Contact Melanie Sakoda by mail on melanie.sakoda@gmail.com or telephone 925-708-6175 (c)
Directions and parking details:
John Muir Hospital Walnut Creek 601 Ygnacio Valley Road Sterns Room Wednesdays 7-9pm There is parking at 133 La Casa Via Or you may use the main hospital garage. At the main hospital entrance tell the desk attendant that you are for the SNAP meeting in Sterns. They will give you a visitors badge and directions. If you can't find us call give Melanie a call on 925-708-6175.

Watsonville

Male Survivor Support Group
Marlon Guarino
Meets Tuesdays 7pm
Cost Sliding scale $25-$100 per session. We also bill Medical (Central Coast Alliance for Health).
Womens groups
Mens groups
Teen's group
A group for mothers of survivors
A group for partners of survivors
A group for service providers who are survivors
A Spanish speaking group -Women
A Spanish speaking mother's group
A Spanish speaking group - men
For more information about any of the groups listed above please call 831-423-7601

Watsonville

Hotline 1-888-900-4232
24 Hour crisis hotline
English and Spanish services
Emergency shelter
Peer support drop in groups for domestic violence or sexual assault survivors Tue 6 - 7.30pm.

Weaverville

Hotline 1-800-358-5251
24 Hour crisis line
Services for domestic and sexual abuse victims
Domestic violence women's group meets weekly
Peer counseling for victims of sexual assault
Services for child victims
All services are free of charge
**West Covina**
- Hotline: 626-967-0658
- YWCA - San Gabriel Valley
  - 943-N. Grand Avenue, West Covina, CA 91724
  - 926-960-2995 Office
- Our WINGS domestic violence services provide safe emergency and transitional shelter. Support groups are also available.

**West Point**
- Hotline: 209-736-4011 or 209-754-4011
- The Resource Connection
  - West Point, CA 95255
  - 209-754-2000 Main Office
- Services for survivors/victims of domestic violence, sexual assault
- Temporary emergency shelter
- Temporary restraining order assistance
- Peer counseling
- Limited free counseling

**Woodland**
- Hotline: 530-662-1133 or 916-371-1907
- Sexual Assault and Domestic Violence Center
  - 175 Walnut Street, Woodland, CA 95695
  - 530-661-6336 Office
- Alternative to violence program
- Domestic violence response team
- Women's domestic violence support group Monday 9am, Monday 2pm, Tuesday noon, Thursday 9am Thursday 3pm
- some groups in English some in Spanish call office for details.

**Yreka**
- Hotline: 1-877-842-2040
- Siskiyou Domestic Violence and Crisis Center
  - 118 Ranch Lane, Yreka, CA 96097
  - 530-842-6629 Office.
- All services are free of charge
- Emergency shelter
- 24 Hour crisis response
- Legal advocacy
- Individual / group counseling.

**Yuba City**
- Hotline: 530-674-5400
- Casa de Esperanza
  - PO Box 56, Yuba City, CA 95991
  - 530-674-5400 Office
- We are a refuge providing protection to those caught in the cycles of domestic violence, sexual assault and child abuse.
- We offer a 24 hour hotline
- Safe emergency shelter
- Serving the Counties of Sutter, Colusa and Beale Air Force base.

**Links**
- YWCA - San Gabriel Valley: www.ywcasgv.org
- The Resource Connection: www.trcac.org
- Sexual Assault and Domestic Violence Center: www.empoweryolo.org/
- Siskiyou Domestic Violence Crisis Center: www.sdvcc.org/
- Casa de Esperanza: www.facebook.com/Casa-de-Esperanza-Yuba-City-126397237518177/