<table>
<thead>
<tr>
<th>AREA COVERED</th>
<th>SERVICES INCLUDED</th>
<th>GROUP OR ORGANIZATION</th>
<th>WEB ADDRESS / EMAIL ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nationwide</td>
<td>Phone Counselling 1800-737-732 Online Counselling via website 24 Hour counselling service National sexual assault, domestic and family violence counselling service 24 hours a day 7 days a week</td>
<td>1800Respect Nationwide</td>
<td><a href="http://www.1800respect.org.au">www.1800respect.org.au</a> Contact form on website.</td>
</tr>
<tr>
<td>Nationwide</td>
<td>Helpline 1300-657-380 <a href="mailto:helpline@asca.org.au">helpline@asca.org.au</a></td>
<td>Adults Surviving Child Abuse (ASCA) Nationwide</td>
<td><a href="http://www.blueknot.org.au/">www.blueknot.org.au/</a> <a href="mailto:admin@asca.org.au">admin@asca.org.au</a></td>
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<td>We are an alliance of existing groups and individuals supporting people raised in institutional / out-of-home care in Australia in the 20th Century. Join us and find support.</td>
<td>Alliance for Forgotten Australians Nationwide</td>
<td><a href="http://www.forgottenaustralians.org.au">www.forgottenaustralians.org.au</a></td>
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<tr>
<td>Nationwide</td>
<td>Helpline 1800-272-831 <a href="mailto:rc@bravehearts.org.au">rc@bravehearts.org.au</a></td>
<td>Bravehearts Nationwide</td>
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<td>Helpline 1800-008-774 <a href="mailto:support@clan.org.au">support@clan.org.au</a></td>
<td>CLAN Care Leavers Australian Network 263 Chapel Road Banstown NSW 2200</td>
<td><a href="http://www.clan.org.au">www.clan.org.au</a> <a href="mailto:support@clan.org.au">support@clan.org.au</a></td>
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We were established in 1987 to address the issues surrounding the deportation of children from Britain. In the post war period children as young as three years old were shipped to Canada, New Zealand, the former Rhodesia and Australia, in a practice that continued as late as 1970. Today we can help with Family Restoration Funds, retrieving files from governments, obtaining birth certificates, family research world-wide, and professional counselling.

24 Hour helpline 7 days a week. FREE 24 hour counselling service for young people aged 5 to 25 years. Counselling is offered by phone, email or over the web. Web counselling times for A.C.T. are Mon to Fri 1pm - 11pm, Sat & Sun 11am to 11pm. Children and teens have separate email sections on the website.

Living Well is an Australian resource which offers a range of services specifically designed to assist MEN who have experienced sexual abuse or sexual assault. Telephone counselling, FREE online counselling, email & text counselling. Online groups soon to be available. Please see website for more details.

We are a non-profit community organisation assisting Australians to build strong and positive relationships. FREE and comprehensive support for survivors of child sexual abuse who take part in or are affected by the Royal Commission into Institutional Responses to Child Sexual Abuse, see website for more details on this. Find and Connect service - will help Australians and Former Child Migrants to trace their history and understand the reasons why they were placed into care. For more details call 1800-161-109. Counselling family & individual, family dispute resolution service.

Nearby, nearby
Royal Commission Counselling
Australia is a national telephone counselling, information and referral service for anyone who is considering, or making a statement to the Royal Commission into Institutionalised Responses to Child Sexual Abuse. Those who are impacted by the work of the Royal Commission or who have family or friends participating in the Royal Commission are also welcome to ring.

Child Abuse
GPO Box 5283
Sydney
NSW 2001
1800-211-028 Office / Helpline
61-2-8815-2319 for Overseas
www.childabuseroyalcommission.gov.au
registerinterest@childabuseroyalcommission.gov.au

Nationwide Helpline 1800-472-676
Survivors and Mates Support Network
www.samsn.com.au
support@samsn.com.au

Nationwide Helpline 1800-695-463 24 Hours
The Line
www.ontheline.org.au/

Territory Wide Helpline 1800-647-831 Freecall
info@thegateway.org.au
We are a service for Children, young people and families who are looking for help with the tough stuff, but not sure where to go. We have links to all kinds of programs and services.

Territory Wide Helpline 1300-654-314
Legal Aid - ACT
www.legalaidact.org.au
legalaid@legalaidact.org.au

Barton Helpline 02-6273-4885
Alliance for Forgotten Australians www.forgottenaustralians.org.au
We are an alliance of existing groups and individuals supporting people raised in institutional / out-of-home care in Australia in the 20th Century. Join us and find support.

Belconnen

**Helpline (02) 6278-9999**

We provide support and safe housing to women and children who are escaping domestic / family violence. Safe emergency accommodation

**Doris Refuge**

Belconnen

ACT

6278-9999 Office / refuge

Canberra

**Helpline 02-6256-7777**

Please call the helpline if you have a concern about a child you suspect is being abused.

**Australian Federal Police - Sexual Assault Team**

PO Box 401

Canberra City

ACT

(02) 6256-7777 Helpline / Office

Canberra Weston Creek

**DV Crisis Hotline 6280-0900**

We provide support and safe housing to women and children escaping domestic / family violence. We were the first refuge in ACT established in 1975. We employ a skilled team of women including child support staff and Aboriginal and Torres Strait Islander staff. Emergency safe accommodation

**Beryl Women Inc**

Weston Creek

ACT

02-6230-6900 Office / Refuge

Canberra Weston Creek

**Helpline 02-6247-2525**

TEXT Helpline 0488-586-518

Helpline 7am - 11pm 7days a week

We are a non government, feminist organisation working to eliminate sexual violence against women, young people, children and men. Confidential counselling & support for women and children who have experienced any form of sexual assault recently or in the past. This may included childhood sexual abuse, ritual abuse, rape & sexual assault. Counselling & support for children 24 Hour crisis call out service available through the Forensic and Medical Sexual Assault Care. (FAMSAC) or Sexual Assault and Child Abuse Team (SACAT). Advocacy and information Support through all legal & medical processes including court prep. Info on medical & legal processes Referrals to relevant agencies Support for family and friends Art therapy support group for clients who have survived child sexual abuse & sexual assault in the past. Discoveries support group for

**Canberra Rape Crisis Centre**

PO Box 3805

Weston Creek

ACT

(02)-6287-3618 Office.
women who have been sexually abused in childhood. Call helpline for further details

Canberra
**Helpline 1300-654-314**
Helpline  Mon - Fri, 8.30am - 5pm
We help people with their legal problems especially people who are socially or economically disadvantaged. We run a Family Dispute Resolution Program and a duty lawyer will be available to help you FREE of charge with NO means testing required. We can also offer legal advice over the phone or face to face.

Canberra
**24 Hour Crisis Support 13-11-14**
Lifeline is a national charity with offices across the country. Our Canberra office provides crisis telephone support to all people in Canberra and the surrounding area. Crisis support on line chat service Mon - Sun, 8pm to midnight.

Canberra
**Advice Line 1800-822-272**
We are a service that can help victims of crime to cope with the impact of what has happened and can help them access their rights and entitlements. We have two main services the Victim Service Scheme (VSS) which provides support and counselling and other services. And the Justice Advocacy Unit (JAU) which helps with information, advocacy and assistance with the criminal justice system, your rights and entitlements.

Canberra
**Advice Canberra 02-6257-4499**
**Outside Canberra 1800-634-669**
Advice line Mon - Fri, 9.30 - Noon
We are a community centre for women in Canberra and surrounding areas. The centre is run by women and aims to improve women’s access to justice by providing:
- Legal information and advice
- Referrals to sympathetic lawyers
- Indigenous Liaisons Officers for Aboriginal and Strait Islanders who need legal advice and information

Canberra
**Helpline 02-6247-2525**
The Nguru Program provides culturally appropriate counselling for members of the Aboriginal and Torres Strait Islander communities, who have experienced sexual
assault and support for their families.

Canberra Helpline 02-6247-2525
Service Assisting Male Survivors of Sexual Assault.
PO Box 3805
Weston Creek
ACT 2611
(02) 6287-3618 Office
samssa@samssa.org.au

Weston Creek Helpline 7am - 11pm 7days a week
1 in 6 Men are sexually assaulted by the age of 16 years. We provide support to men recovering from sexual assault and child sexual abuse.
Information and referral service.

Civic Square Helpline 02-6171-8000
Northside Community Service
PO Box 859
Civic Square
ACT 2608
02-6171-8000 Office
www.northside.asn.au/

Civic Square We provide up to date resources and information for those looking for help and support services in the Australian Capital Territory.
Our resources include those for victims and survivors of sexual and domestic violence.

ACT-COSS PO Box 195 Civic Square
ACT 2608 81-818-839-988 Office
actcoss@actcoss.org.au

Deakin Helpline 1300-364-277
Relationships Australia
PO Box 20000
Deakin
ACT 2600 02-6122-7100 Office
www.racr.relationships.org.au
1800-161-109 Find & Connect

Dickson Helpline 02-6295-3323
Inanna Inc
PO Box 102 Dickson
ACT 2602 6163-6300 Office
info@inanna.org.au

Fyshwick Helpline 62-800-900 24 Hours
cw@dvcs.org.au
DVCS is committed to providing timely, flexible, appropriate and accessible services to the A.C.T. community who are experiencing domestic violence.

Domestic Violence Crisis Service
PO Box 1922 Fyshwick
ACT 2609 62-806-999 Office
admin@dvcs.org.au
Domestic Violence Crisis Service ACT - Home | Facebook
any form of domestic abuse. 
Crisis intervention & safety planning
Referrals to refuges
Referrals to counselling services
Advocacy at police stations, ACT housing, Centrelink, immigration and child protection agencies.
Court support and accompaniment.

Jamison

**Helpline 02-6278-3544**

**Helpline 02-6347-2399 After hours**

Crisis accommodation and related services for women 16 years and over accompanied by children who are escaping a domestic violence situation. Supportive case management and referrals to other services.

**Heira House**
PO Box 454
Jamison
ACT 2614
02-6278-3544 Office
heira@toora.org.au

Heira House

Heira House

Heira House

Heira House

Heira House

Kingston

**Helpline 02-6295-3323**

We are a community organisation providing crisis accommodation and support services to people in the community made homeless.

**Inanna Inc**
PO Box 4093
Kingston
ACT 2604
6163-6300 Office
info@inanna.org.au

Inanna Inc

Inanna Inc

Inanna Inc

Inanna Inc

Inanna Inc

Mawson

**Helpline 02-6286-2173**

For women escaping domestic violence.

**Caroline Chisholm Refuge**
PO Box 642
Mawson
ACT 2607
02-6286-2173 Office / advice
Caroline.Chisholm@stvincanb.com.au

Caroline Chisholm Refuge

Caroline Chisholm Refuge

Caroline Chisholm Refuge

Caroline Chisholm Refuge

Caroline Chisholm Refuge

Narrabundah

**Helpline 0439-959-410 24hrs**

We are a non profit organisation which provides assistance to victims of crime in Canberra and Queanbeyan and region.

**Victims of Crime Assistance League, Inc**
PO Box 2
Narrabundah
ACT 2604
02-6295-9600 Office / Helpline
vocalact@gmail.com

Victims of Crime Assistance League, Inc

Victims of Crime Assistance League, Inc

Victims of Crime Assistance League, Inc

Victims of Crime Assistance League, Inc

Victims of Crime Assistance League, Inc

Tuggeranong

**Helpline 02-6293-6500**

Accommodation for women and children escaping domestic violence. Accommodation for up to 12 months Advocacy and assistance with issues of parenting, finances and housing.

**Communities @ Work Inc**
PO Box 1066
tuggeranong
ACT 2901
02-6293-6500 Office / Advice
admin@commsatwork.org

Communities @ Work Inc

Communities @ Work Inc

Communities @ Work Inc

Communities @ Work Inc

Communities @ Work Inc

Watson

**DV Crisis Helpline 02-6247-2399**

Crisis accommodation, support and outreach for single women and women not accompanied by children who are homeless.

**Toora House**
PO Box 7075
Watson
ACT 2602
02-6122-7000 Admin Office
www.toora.org.au/

Toora House

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