National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

Non Weekly Special Events - conferences, workshops, etc

VICTORIA						
January 2023	~~~~~~~~~~~	.~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	~~~~~~~~~~~~~~~~~~	~~~~~~	~~~~~~~~~~~~~~~~~~	~~~~~~~
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023	~~~~~~~~~~~~					~~~~~~
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Online Training WIRE: Volunteer Trg <u>WIRE Volunteer</u> training information sessions Facebook	8 Online Training WIRE: Volunteer Trg <u>WIRE Volunteer</u> <u>training information</u> <u>sessions Facebook</u>	9	10	11
12	13	14	15	16	17 Melbourne BK: Complex Trauma <u>(PUB) Trauma</u> <u>Sensitive Practice -</u> <u>Working with Complex</u> <u>Trauma - Blue Knot</u> <u>Foundation</u>	18
19	20 Online Training Dissociation Introduction (PUB) Introduction to Dissociation - Blue Knot Foundation	21	22 Webinar Bk: Complex Trauma (PUB) Wellbeing and Emotional Awareness when working with Complex Trauma	23	24 Melbourne Safety and Stabilisation (PUB) Three Phased Approach: Safety and Stabilisation - Blue Knot Foundation	25

(Webinar) - Blue Knot Foundation

Online Training Safety and Stabilisation (PUB) Three Phased

27

Approach: Safety and Stabilisation - Blue Knot Foundation March -- 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Webinar Compassion and Empathy (PUB) Exploring the Importance of Compassion and Empathy (Webinar) - Blue Knot Foundation	3 Online Training Trauma Responsive LS (PUB) Trauma Responsive Leadership - Blue Knot Foundation	4
5	6 Online Training Truma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation Melbourne KFA: Facilitator Training Kids First	7 Melbourne KFA: Facilitator Training <u>Kids First</u> (<u>kidsfirstaustralia.org.a</u> <u>u</u>)	8 Online Training TI Diversity Masterclass (PUB) Trauma Informed Diversity Awareness (Masterclass) - Blue Knot Foundation	9	10	11
12	(<u>kidsfirstaustralia.org.a</u> <u>u</u>) 13	14	15 Online Training Trauma Lens with DFV (PUB) Using a Trauma Lens when working with Domestic and Family Violence - Blue Knot Foundation	16	17 Melbourne Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	18

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| 20                    | 21                                                                                                                     | 22                                                                                                                     | 23                                                                                                                                                                                                                                | 24                                                                                                                                                                                                                                                                                                                                                                                                               | 25                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-----------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Online Training       |                                                                                                                        |                                                                                                                        | Online Training                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Trauma Awareness      |                                                                                                                        |                                                                                                                        | Safety and Stabilisation                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| (PUB) Foundations for |                                                                                                                        |                                                                                                                        | (PUB) Three Phased                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Building Trauma       |                                                                                                                        |                                                                                                                        | Approach: Safety and                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                       |                                                                                                                        |                                                                                                                        |                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| roundation            |                                                                                                                        |                                                                                                                        | <u>KIIOL FOUNDATION</u>                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 27                    | 28                                                                                                                     | 29                                                                                                                     | 30                                                                                                                                                                                                                                | 31                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                       |                                                                                                                        | Webinar                                                                                                                | Online Training                                                                                                                                                                                                                   | Online Training                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                       |                                                                                                                        | Safety and Connection                                                                                                  | Direct Personal Response                                                                                                                                                                                                          | Direct Personal Response                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                       |                                                                                                                        | (PUB) Creating Safety<br>and Connection<br>(Webinar) - Blue Knot<br>Foundation                                         | (PUB) Trauma<br>Responsive Practice:<br>Working in Institutional<br>Settings and Direct<br>Personal Response -                                                                                                                    | (PUB) Trauma<br>Responsive Practice:<br>Working in Institutional<br>Settings and Direct<br>Personal Response -<br>Blue Knot Foundation                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                       | Online Training<br>Trauma Awareness<br>(PUB) Foundations for<br>Building Trauma<br>Awareness - Blue Knot<br>Foundation | Online Training<br>Trauma Awareness<br>(PUB) Foundations for<br>Building Trauma<br>Awareness - Blue Knot<br>Foundation | Online Training   Trauma Awareness   (PUB) Foundations for   Building Trauma   Awareness - Blue Knot   Foundation   27 28   29   Webinar   Safety and Connection   (PUB) Creating Safety   and Connection   (Webinar) - Blue Knot | Online Training<br>Trauma AwarenessOnline Training<br>Safety and Stabilisation(PUB) Foundations for.<br>Building Trauma<br>Awareness - Blue Knot<br>FoundationSafety and Stabilisation272829<br>Webinar<br>Safety and Connection<br>(PUB) Creating Safety<br>and Connection<br>(PUB) Trauma<br>Responsive Practice:<br>Working in Institutional<br>Setings and DirectOnline Training<br>Safety and Stabilisation | Online Training<br>Trauma AwarenessOnline Training<br>Safety and Stabilisation(PUB) Foundations for.<br>Building Trauma<br>Awareness - Blue Knot<br>FoundationSafety and Stabilisation<br>(PUB) Three Phased<br>Approach: Safety and<br>Stabilisation - Blue<br>Knot Foundation272829303127282930312728Connection<br>(PUB) Creating Safety<br>and Connection<br>(PUB) Creating Safety<br>and Connection<br>(PUB) Trauma<br>Responsive Practice:<br>Working in Institutional<br>Settings and Direct<br>Personal Response -<br>Personal Response -<br>Personal Response -31 |

| April 2023 | ~~~~~~~~~~~                                                                             | .~~~~~~~~~~~~~~~~                      |           | .~~~~~~~~~~~~~~~~~~                     | ~~~~~~ | ~~~~~~   |
|------------|-----------------------------------------------------------------------------------------|----------------------------------------|-----------|-----------------------------------------|--------|----------|
| Sunday     | Monday                                                                                  | Tuesday                                | Wednesday | Thursday                                | Friday | Saturday |
|            |                                                                                         |                                        |           |                                         |        | 1        |
| 2          | 3                                                                                       | 4                                      | 5         | 6                                       | 7      | 8        |
|            | Online Training                                                                         | Melbourne                              |           |                                         |        |          |
|            | DV with TI Lens for GP's                                                                | TI Organisational Change               |           |                                         |        |          |
|            | (PUB) Responding to<br>Domestic Violence                                                | (PUB) Exploring The<br>Path to Trauma- |           |                                         |        |          |
|            | with a Trauma-<br>Informed Lens for GP's                                                | informed<br>Organisational Change      |           |                                         |        |          |
|            | and Primary Care                                                                        | - Blue Knot Foundation                 |           |                                         |        |          |
|            | Providers - Blue Knot<br>Foundation                                                     |                                        |           |                                         |        |          |
|            | roundation                                                                              |                                        |           |                                         |        |          |
|            | Melbourne                                                                               |                                        |           |                                         |        |          |
|            | Trauma Responsive LS                                                                    |                                        |           |                                         |        |          |
|            | <u>(PUB) Trauma</u><br><u>Responsive</u><br><u>Leadership - Blue Knot</u><br>Foundation |                                        |           |                                         |        |          |
| 9          | 10                                                                                      | 11                                     | 12        | 13                                      | 14     | 15       |
| 5          | 10                                                                                      |                                        | 12        | 10                                      | 17     |          |
|            |                                                                                         |                                        |           |                                         |        |          |
| 16         | 17                                                                                      | 18                                     | 19        | 20                                      | 21     | 22       |
|            | Online Training                                                                         |                                        |           | Online Training                         |        |          |
|            | BK; Vicarious Trauma                                                                    |                                        |           | BK: Trauma Awareness                    |        |          |
|            | (PUB) Managing<br>Wellbeing and                                                         |                                        |           | (PUB) Trauma<br>Awareness in Practice - |        |          |
|            | Recognising Vicarious                                                                   |                                        |           | Blue Knot Foundation                    |        |          |
|            | Trauma - Blue Knot                                                                      |                                        |           |                                         |        |          |

24

Webbinar

Trauma Awareness

(PUB) Building Trauma

Awareness (Webinar) -

Blue Knot Foundation

27

29

Safety and Stabilisation

**Online Training** 

28

(PUB) Three Phased Approach: Safety and Stabilisation - Blue Knot Foundation May -- 2023

| Sunday | Monday                                                                                                                                               | Tuesday                                                                                                                                               | Wednesday | Thursday                                                                                                                                                          | Friday                                                                                                                                        | Saturday |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------|
|        | 1                                                                                                                                                    | 2                                                                                                                                                     | 3         | 4<br><b>Online Training</b><br>Trauma Awareness<br>( <u>PUB) Foundations for</u><br><u>Building Trauma</u><br><u>Awareness - Blue Knot</u><br><u>Foundation</u>   | 5<br><b>Melbourne</b><br>BK: Vicarious Trauma<br>(PUB) Managing<br>Wellbeing and<br>Recognising Vicarious<br>Trauma - Blue Knot<br>Foundation | 6        |
| 7      | 8                                                                                                                                                    | 9<br><b>Online Training</b><br>BK: Complex Trauma<br>(PUB) Trauma<br>Sensitive Practice -<br>Working with Complex<br>Trauma - Blue Knot<br>Foundation | 10        | 11<br><b>Online Training</b><br>Trauma Responsive LS<br><u>(PUB) Trauma</u><br><u>Responsive</u><br><u>Leadership - Blue Knot</u><br><u>Foundation</u>            | 12                                                                                                                                            | 13       |
| 14     | 15<br><b>Online Training</b><br>BK: Vicarious Trauma<br>(PUB) Managing<br>Wellbeing and<br>Recognising Vicarious<br>Trauma - Blue Knot<br>Foundation | 16                                                                                                                                                    | 17        | 18<br><b>Online Training</b><br>TI Organisational Change<br>(PUB) Exploring The<br>Path to Trauma-<br>informed<br>Organisational Change<br>- Blue Knot Foundation | 19                                                                                                                                            | 20       |
| 21     | 22<br>Online Training<br>Processing and Integration<br>(PUB) Three Phased<br>Approach: Processing<br>and Integration - Blue<br>Knot Foundation       | 23                                                                                                                                                    | 24        | 25                                                                                                                                                                | 26<br>Online Training<br>Dissociation Introduction<br>(PUB) Introduction to<br>Dissociation - Blue<br>Knot Foundation                         | 27       |

30

**Online training** Trauma Awareness

29

(PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation 31

Webinar

BK: Complex Trauma (PUB) Wellbeing and Emotional Awareness when working with Complex Trauma (Webinar) - Blue Knot Foundation June -- 2023

|    | Sunday | Monday | Tuesday                | Wednesday                                   | Thursday                         | Friday                                                                                                                                         |    | Saturday |
|----|--------|--------|------------------------|---------------------------------------------|----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|----|----------|
|    |        |        |                        |                                             | 1                                | 2<br>Online Training<br>TI Diversity Masterclass<br>(PUB) Trauma<br>Informed Diversity<br>Awareness<br>(Masterclass) - Blue<br>Knot Foundation | 3  |          |
| 4  |        | 5      | 6                      | 7                                           | 8                                | 9                                                                                                                                              | 10 |          |
|    |        |        | Geelong                | Online Training                             |                                  | Online Training                                                                                                                                |    |          |
|    |        |        | CLAN: Exhibition Event | Trauma Lens with DFV                        |                                  | Trauma Responsive LS                                                                                                                           |    |          |
|    |        |        | New exhibition at      | (PUB) Using a Trauma                        |                                  | (PUB) Trauma                                                                                                                                   |    |          |
|    |        |        | Australian Orphanage   | Lens when working                           |                                  | Responsive                                                                                                                                     |    |          |
|    |        |        | Museum - CLAN          | with Domestic and<br>Family Violence - Blue |                                  | Leadership - Blue Knot<br>Foundation                                                                                                           |    |          |
|    |        |        |                        | Knot Foundation                             |                                  | <u>r oundation</u>                                                                                                                             |    |          |
|    |        |        |                        |                                             |                                  |                                                                                                                                                |    |          |
| 11 |        | 12     | 13                     | 14                                          | 15                               | 16                                                                                                                                             | 17 |          |
|    |        |        |                        | Webinar                                     | Online Training                  | Online Training                                                                                                                                |    |          |
|    |        |        |                        | Connection with the Body                    | DV with TI Lens for GP's         | Trauma Awareness                                                                                                                               |    |          |
|    |        |        |                        | (PUB) Building                              | (PUB) Responding to              | (PUB) Foundations for                                                                                                                          |    |          |
|    |        |        |                        | Awareness and<br>Connection with the        | Domestic Violence with a Trauma- | Building Trauma<br>Awareness - Blue Knot                                                                                                       |    |          |
|    |        |        |                        | Body (Webinar) - Blue                       | Informed Lens for GP's           | Foundation                                                                                                                                     |    |          |
|    |        |        |                        | Knot Foundation                             | and Primary Care                 |                                                                                                                                                |    |          |
|    |        |        |                        |                                             | Providers - Blue Knot            |                                                                                                                                                |    |          |
|    |        |        |                        |                                             | Foundation                       |                                                                                                                                                |    |          |

| 19                                                                              | 20                                                                                                          | 21 | 22                                                                                                                              | 23                                                                                               |
|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Online Training                                                                 | Melbourne                                                                                                   |    | Online Training                                                                                                                 | Online Training                                                                                  |
| Build Trauma Awareness                                                          | Trauma Lens with DFV                                                                                        |    | BK: Vicarious Trauma                                                                                                            | BK: Complex Trauma                                                                               |
| (PUB) Foundations for<br>Building Trauma<br>Awareness - Blue Knot<br>Foundation | (PUB) Using a Trauma<br>Lens when working<br>with Domestic and<br>Family Violence - Blue<br>Knot Foundation |    | <u>(PUB) Managing</u><br><u>Wellbeing and</u><br><u>Recognising Vicarious</u><br><u>Trauma - Blue Knot</u><br><u>Foundation</u> | (PUB) Trauma<br>Sensitive Practice -<br>Working with Complex<br>Trauma - Blue Knot<br>Foundation |

### Melbourne

**Blue Knot Foundation** 

BK Complex Trauma

(PUB) Trauma Sensitive Practice -Working with Complex Trauma - Blue Knot Foundation

Blue Knot Foundation

#### 26 27 28 29 30 **Online Training Online Training** Webinar **Direct Personal Response** Safety and Connection Direct Personal Response (PUB) Creating Safety (PUB) Trauma (PUB) Trauma **Responsive Practice:** Responsive Practice: and Connection Working in Institutional Working in Institutional (Webinar) - Blue Knot Settings and Direct Settings and Direct Foundation Personal Response -Personal Response -

### Melbourne

Bravehearts: 777 Run

Bravehearts : Melbourne

| July 2023 | ~~~~~~~~~~                                                                                                                                        | ~~~~~~~~~~~~                                                                                                             |           | ~~~~~~                                                                                                                                 |                                                                                                                                                  | .~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|
| Sunday    | Monday                                                                                                                                            | Tuesday                                                                                                                  | Wednesday | Thursday                                                                                                                               | Friday                                                                                                                                           | Saturday<br>1                           |
|           |                                                                                                                                                   |                                                                                                                          |           |                                                                                                                                        |                                                                                                                                                  |                                         |
| 2         | 3<br>Wodonga<br>CAV: Tackling Consent<br><u>Tackling Consent -</u><br>WODONGA  <br><u>Facebook</u>                                                | 4<br>Wangaratta<br>CAV: Tackling Consent<br>Tackling Consent -<br>WANGARATTA  <br>Facebook                               | 5         | 6<br><b>Online Training</b><br>BK: Trauma Awareness<br>(PUB) Foundations for<br>Building Trauma<br>Awareness - Blue Knot<br>Foundation | 7<br><b>Online Training</b><br>Trauma Awareness<br><u>(PUB) Trauma</u><br><u>Awareness in Practice -</u><br><u>Blue Knot Foundation</u>          | 8                                       |
| 9         | 10                                                                                                                                                | 11                                                                                                                       | 12        | 13                                                                                                                                     | 14                                                                                                                                               | 15                                      |
|           |                                                                                                                                                   | 10                                                                                                                       | 10        |                                                                                                                                        |                                                                                                                                                  |                                         |
| 16        | 17<br><b>Melbourne</b><br>Build Trauma Awareness<br>(PUB) Foundations for<br>Building Trauma<br>Awareness - Blue Knot<br>Foundation               | 18                                                                                                                       | 19        | 20                                                                                                                                     | 21<br>Online Training<br>Safety and Stabilisation<br>(PUB) Three Phased<br>Approach: Safety and<br>Stabilisation - Blue<br>Knot Foundation       | 22                                      |
| 23        | 24<br><b>Online Training</b><br>Trauma Responsive Lship<br>(PUB) Trauma<br>Responsive<br>Leadership - Self as<br>Leader - Blue Knot<br>Foundation | 25<br><b>Webinar</b><br>Build Trauma Awareness<br>(PUB) Building Trauma<br>Awareness (Webinar) -<br>Blue Knot Foundation | 26        | 27                                                                                                                                     | 28<br><b>Melbourne</b><br>BK: Complex Trauma<br>(PUB) Trauma<br>Sensitive Practice -<br>Working with Complex<br>Trauma - Blue Knot<br>Foundation | 29                                      |

August -- 2023

|    | Sunday | Monday | Tuesday                                                                                                            | Wednesday                                                                                                                   | Thursday | Friday                                                                                                                                                                                                                                            | Saturday |
|----|--------|--------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
|    |        |        | 1                                                                                                                  | 2                                                                                                                           | 3        | 4                                                                                                                                                                                                                                                 | 5        |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Online Training                                                                                                                                                                                                                                   |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Into Into Dissociation                                                                                                                                                                                                                            |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | (PUB) Introduction to                                                                                                                                                                                                                             |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Dissociation - Blue<br>Knot Foundation                                                                                                                                                                                                            |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Knot Foundation                                                                                                                                                                                                                                   |          |
| c  |        | 7      | 8                                                                                                                  | 9                                                                                                                           | 10       | 11                                                                                                                                                                                                                                                | 12       |
| 6  |        | 1      | 0                                                                                                                  |                                                                                                                             | 10       |                                                                                                                                                                                                                                                   | 12       |
|    |        |        |                                                                                                                    | Online Training                                                                                                             |          | Online Training                                                                                                                                                                                                                                   |          |
|    |        |        |                                                                                                                    | Trauma Lens with DFV                                                                                                        |          | BK: Vicarious Trauma                                                                                                                                                                                                                              |          |
|    |        |        |                                                                                                                    | <u>(PUB) Using a Trauma</u><br>Lens when working                                                                            |          | (PUB) Managing<br>Wellbeing and                                                                                                                                                                                                                   |          |
|    |        |        |                                                                                                                    | with Domestic and                                                                                                           |          | Recognising Vicarious                                                                                                                                                                                                                             |          |
|    |        |        |                                                                                                                    | Family Violence - Blue                                                                                                      |          | Trauma - Blue Knot                                                                                                                                                                                                                                |          |
|    |        |        |                                                                                                                    | Knot Foundation                                                                                                             |          | Foundation                                                                                                                                                                                                                                        |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          |                                                                                                                                                                                                                                                   |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          |                                                                                                                                                                                                                                                   |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          |                                                                                                                                                                                                                                                   |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Melbourne                                                                                                                                                                                                                                         |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Kids First: Luncheon                                                                                                                                                                                                                              |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Kids First: Luncheon<br>The 3AW Lunchtime                                                                                                                                                                                                         |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u>                                                                                                                                                                          |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Kids First: Luncheon<br>The 3AW Lunchtime                                                                                                                                                                                                         |          |
|    |        |        |                                                                                                                    |                                                                                                                             |          | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a                                                                                                                                             |          |
| 13 |        | 14     | 15                                                                                                                 | 16                                                                                                                          | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a                                                                                                                                             | 19       |
| 13 |        | 14     | 15<br><b>Webinar</b>                                                                                               | 16<br><b>Online Training</b>                                                                                                | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a<br><u>u)</u>                                                                                                                                | 19       |
| 13 |        | 14     |                                                                                                                    |                                                                                                                             | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br><u>(kidsfirstaustralia.org.a</u><br><u>u)</u><br>18                                                                                                                   | 19       |
| 13 |        | 14     | Webinar<br>Compassion and Empathy<br>(PUB) Exploring the                                                           | <b>Online Training</b><br>BK: Complex Trauma<br><u>(PUB) Trauma</u>                                                         | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a<br>u)<br>18<br><b>Online Training</b><br>Build Trauma Awareness<br>(PUB) Foundations for                                                    | 19       |
| 13 |        | 14     | Webinar<br>Compassion and Empathy<br>(PUB) Exploring the<br>Importance of                                          | Online Training<br>BK: Complex Trauma<br>(PUB) Trauma<br>Sensitive Practice -                                               | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a<br>u)<br>18<br><b>Online Training</b><br>Build Trauma Awareness<br>(PUB) Foundations for<br><u>Building Trauma</u>                          | 19       |
| 13 |        | 14     | Webinar<br>Compassion and Empathy<br>(PUB) Exploring the<br>Importance of<br>Compassion and                        | Online Training<br>BK: Complex Trauma<br>(PUB) Trauma<br>Sensitive Practice -<br>Working with Complex                       | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a<br>u)<br>18<br><b>Online Training</b><br>Build Trauma Awareness<br>(PUB) Foundations for<br><u>Building Trauma</u><br>Awareness - Blue Knot | 19       |
| 13 |        | 14     | Webinar<br>Compassion and Empathy<br>(PUB) Exploring the<br>Importance of                                          | Online Training<br>BK: Complex Trauma<br>(PUB) Trauma<br>Sensitive Practice -                                               | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a<br>u)<br>18<br><b>Online Training</b><br>Build Trauma Awareness<br>(PUB) Foundations for<br><u>Building Trauma</u>                          | 19       |
| 13 |        | 14     | Webinar<br>Compassion and Empathy<br>(PUB) Exploring the<br>Importance of<br>Compassion and<br>Empathy (Webinar) - | Online Training<br>BK: Complex Trauma<br>(PUB) Trauma<br>Sensitive Practice -<br>Working with Complex<br>Trauma - Blue Knot | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a<br>u)<br>18<br><b>Online Training</b><br>Build Trauma Awareness<br>(PUB) Foundations for<br><u>Building Trauma</u><br>Awareness - Blue Knot | 19       |
| 13 |        | 14     | Webinar<br>Compassion and Empathy<br>(PUB) Exploring the<br>Importance of<br>Compassion and<br>Empathy (Webinar) - | Online Training<br>BK: Complex Trauma<br>(PUB) Trauma<br>Sensitive Practice -<br>Working with Complex<br>Trauma - Blue Knot | 17       | Kids First: Luncheon<br><u>The 3AW Lunchtime</u><br><u>Rumours Feast</u><br>(kidsfirstaustralia.org.a<br>u)<br>18<br><b>Online Training</b><br>Build Trauma Awareness<br>(PUB) Foundations for<br><u>Building Trauma</u><br>Awareness - Blue Knot | 19       |

| 20 | 21 | 22                                         | 23                                                                                    | 24                                                                                      | 25                                                                                      | 26 |
|----|----|--------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----|
|    |    |                                            | Melbourne                                                                             | Melbourne                                                                               | Melbourne                                                                               |    |
|    |    |                                            | Safety and Stabilisation                                                              | Processing and Integration                                                              | Processing and Integration                                                              |    |
|    |    |                                            | (PUB) Three Phased<br>Approach: Safety and<br>Stabilisation - Blue<br>Knot Foundation | (PUB) Three Phased<br>Approach: Processing<br>and Integration - Blue<br>Knot Foundation | (PUB) Three Phased<br>Approach: Processing<br>and Integration - Blue<br>Knot Foundation |    |
| 27 | 28 | 29                                         | 30                                                                                    | 31                                                                                      |                                                                                         |    |
|    |    | Webinar                                    | Nationawide                                                                           |                                                                                         |                                                                                         |    |
|    |    | BK: Complex Trauma                         | Bravehearts Fundraiser                                                                |                                                                                         |                                                                                         |    |
|    |    | (PUB) Wellbeing and                        | Bravehearts Day                                                                       |                                                                                         |                                                                                         |    |
|    |    | Emotional Awareness                        | Bravehearts                                                                           |                                                                                         |                                                                                         |    |
|    |    | when working with                          |                                                                                       |                                                                                         |                                                                                         |    |
|    |    | Complex Trauma                             |                                                                                       |                                                                                         |                                                                                         |    |
|    |    | <u>(Webinar) - Blue Knot</u><br>Foundation |                                                                                       |                                                                                         |                                                                                         |    |

## September -- 2023

| Sunday | Monday                                                                                                                                    | Tuesday                                                                                                                                         | Wednesday                                                                                                                                                                                           | Thursday                                                                                                                                       | Friday                                                                                                                                         |    | Saturday |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|----|----------|
|        |                                                                                                                                           |                                                                                                                                                 |                                                                                                                                                                                                     |                                                                                                                                                | 1<br>Online Training<br>TI Diversity Masterclass<br>(PUB) Trauma<br>Informed Diversity<br>Awareness<br>(Masterclass) - Blue<br>Knot Foundation | 2  |          |
| 3      | 4<br>Online Training<br>Trauma Responsive Lship<br>(PUB) Trauma<br>Responsive<br>Leadership - Self as<br>Leader - Blue Knot<br>Foundation | 5                                                                                                                                               | 6<br>Online Training<br>DV with TI Lens for GP's<br>(PUB) Responding to<br>Domestic Violence<br>with a Trauma-<br>Informed Lens for GP's<br>and Primary Care<br>Providers - Blue Knot<br>Foundation | 7                                                                                                                                              | 8                                                                                                                                              | 9  |          |
| 10     | 11                                                                                                                                        | 12<br>Webinar<br>Connection with the Body<br>(PUB) Building<br>Awareness and<br>Connection with the<br>Body (Webinar) - Blue<br>Knot Foundation | 13                                                                                                                                                                                                  | 14<br>Online Training<br>Processing and Integration<br>(PUB) Three Phased<br>Approach: Processing<br>and Integration - Blue<br>Knot Foundation | 15<br>Online Training<br>Processing and Integration<br>(PUB) Three Phased<br>Approach: Processing<br>and Integration - Blue<br>Knot Foundation | 16 |          |
|        |                                                                                                                                           |                                                                                                                                                 |                                                                                                                                                                                                     | Melbourne<br>Trauma Responsive Lship<br>(PUB) Trauma<br>Responsive<br>Leadership - Self as<br>Leader - Blue Knot<br>Foundation                 | Melbourne<br>Trauma Responsive Lship<br>(PUB) Trauma<br>Responsive<br>Leadership -<br>Organisational<br>Practice - Blue Knot<br>Foundation     |    |          |

| 17 | 18 | 19                                   | 20                                                                                         | 21       | 22 | 23 |
|----|----|--------------------------------------|--------------------------------------------------------------------------------------------|----------|----|----|
|    |    |                                      | Online Training                                                                            | ]        |    |    |
|    |    |                                      | Build Trauma Awa                                                                           | areness  |    |    |
|    |    |                                      | <u>(PUB) Foundation<br/>Building Trauma</u><br><u>Awareness - Blu</u><br><u>Foundation</u> | <u>a</u> |    |    |
| 24 | 25 | 26                                   | 27                                                                                         | 28       | 29 | 30 |
|    |    | Webinar                              |                                                                                            |          |    |    |
|    |    | Safety and Conne                     | ection                                                                                     |          |    |    |
|    |    | (PUB) Creating Sa                    | <u>afety</u>                                                                               |          |    |    |
|    |    | and Connection<br>(Webinar) - Blue k | Chot                                                                                       |          |    |    |
|    |    | Foundation                           |                                                                                            |          |    |    |

## October -- 2023

29

| Sunday | Monday                                     | Tuesday                                 | Wednesday | Thursday | Friday                                   | Saturday |
|--------|--------------------------------------------|-----------------------------------------|-----------|----------|------------------------------------------|----------|
| 1      | 2                                          | 3                                       | 4         | 5        | 6                                        | 7        |
| 8      | 9                                          | 10                                      | 11        | 12       | 13                                       | 14       |
|        | Online Training                            | Online Training                         |           |          | Online Training                          |          |
|        | Build Trauma Awareness                     | Trauma Awareness                        |           |          | Trauma Responsive Lship                  |          |
|        | (PUB) Foundations for<br>Building Trauma   | (PUB) Trauma<br>Awareness in Practice - |           |          | <u>(PUB) Trauma</u><br><u>Responsive</u> |          |
|        | Awareness - Blue Knot                      | Blue Knot Foundation                    |           |          | Leadership -                             |          |
|        | <b>Foundation</b>                          |                                         |           |          | Organisational                           |          |
|        |                                            |                                         |           |          | Practice - Blue Knot<br>Foundation       |          |
|        |                                            |                                         |           |          |                                          |          |
| 15     | 16                                         | 17                                      | 18        | 19       | 20                                       | 21       |
|        | Online Training                            |                                         |           |          |                                          |          |
|        | Safety and Stabilisation                   |                                         |           |          |                                          |          |
|        | (PUB) Three Phased<br>Approach: Safety and |                                         |           |          |                                          |          |
|        | Stabilisation - Blue                       |                                         |           |          |                                          |          |
|        | Knot Foundation                            |                                         |           |          |                                          |          |
| 22     | 23                                         | 24                                      | 25        | 26       | 27                                       | 28       |
|        | 20                                         | <u>۲</u>                                | 20        | 20       | 21                                       | 20       |

| 30                                                                                                                              | 31                                                                     |
|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| Melbourne                                                                                                                       | Webinar                                                                |
| BK: Vicarious Trauma                                                                                                            | Build Trauma Awareness                                                 |
| <u>(PUB) Managing</u><br><u>Wellbeing and</u><br><u>Recognising Vicarious</u><br><u>Trauma - Blue Knot</u><br><u>Foundation</u> | (PUB) Building Trauma<br>Awareness (Webinar) -<br>Blue Knot Foundation |

November -- 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	4
5	6 Online Training Processing and Integration (PUB) Three Phased Approach: Processing and Integration - Blue Knot Foundation	7 Online Training Processing and Integration (PUB) Three Phased Approach: Processing and Integration - Blue Knot Foundation	8 Online Training DV with TI Lens for GP's (PUB) Responding to Domestic Violence with a Trauma- Informed Lens for GP's and Primary Care Providers - Blue Knot Foundation	9	10 Online Training Intro Into Dissociation (PUB) Introduction to Dissociation - Blue Knot Foundation	11
12	13	14 Webinar Compassion and Empathy (PUB) Exploring the Importance of Compassion and Empathy (Webinar) - Blue Knot Foundation	15	16	17 Online Training Safety and Stabilisation (PUB) Three Phased Approach: Safety and Stabilisation - Blue Knot Foundation	18
19	20 Online Training Trauma Responsive Lship (PUB) Trauma Responsive Leadership - Self as Leader - Blue Knot Foundation	21	22	23 Online Training Trauma Lens with DFV (PUB) Using a Trauma Lens when working with Domestic and Family Violence - Blue Knot Foundation	24 Melbourne WIRE: Walk Against FV <u>Walk Against Family</u> <u>Violence 2023 </u> <u>Facebook</u>	25

27	28	29	30
Online Training	Webinar	Online Training	
Build Trauma Awareness	BK: Complex Trauma	BK: Complex Trauma	
(PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	(PUB) Wellbeing and Emotional Awareness when working with Complex Trauma (Webinar) - Blue Knot Foundation	(PUB) Trauma Sensitive Practice - Working with Complex Trauma - Blue Knot Foundation	

December -- 2023

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Online Training Intro Into Dissociation (PUB) Introduction to Dissociation - Blue Knot Foundation	2
3		4	5	6 Webinar Connection with the Body (PUB) Building Awareness and Connection with the Body (Webinar) - Blue Knot Foundation	7	8 Online Training TI Diversity Masterclass (PUB) Trauma Informed Diversity Awareness (Masterclass) - Blue Knot Foundation	9
10		11 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	12 Webinar Safety and Connection (PUB) Creating Safety and Connection (Webinar) - Blue Knot Foundation	13	14	15	16
17		18	19	20	21	22	23

24	25	26	27	28	29	30
31						
End 2023	~~~~~~~~~~	~~~~~~			~~~~~~	