National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

Non Weekly Special Events - conferences, workshops, etc

AUSTRALIAN CAPITAL TERRITORY

January -- 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
Ū	5	10		12	10	17
15	16	17	18	19	20	21
22	23	24	25	26	27	28
	20	2.	20	20	_,	20
29	30	31				
	Canberra					
	Legal Aid: Elder Abuse					
	Elder Abuse: Free Legal Information					
	Session Facebook					

February -- 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
					Mitchell	Mitchell
					Lifeline: Book Fair	Lifeline: Book Fair
					Lifeline Canberra -	Lifeline Canberra -
					Events / Fundraising	Events / Fundraising
					Canberra NCS: Well Being Expo <u>Celebrate Gungahlin</u> <u>Sports and Wellbeing</u> <u>Expo - Northside</u> <u>Community Service</u>	
12	13	14	15	16	17	18
Mitchell						
Lifeline: Book Fair						
Lifeline Canberra -						
Events / Fundraising						
19	20	21	22	23	24	25
	Online Training		 Webinar			
	Dissociation Introduction		BK: Complex Trauma			
	(PUB) Introduction to Dissociation - Blue Knot Foundation		(PUB) Wellbeing and Emotional Awareness when working with Complex Trauma (Webinar) - Blue Knot			
			Foundation			

.....

Online Training Safety and Stabilisation (PUB) Three Phased

27

Approach: Safety and Stabilisation - Blue Knot Foundation March -- 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cuncuy	monday	Tucsuay	1	2 Webinar Compassion & Empathy (PUB) Exploring the Importance of Compassion and Empathy (Webinar) - Blue Knot Foundation	3 Online Training Trauma Responsive LS (PUB) Trauma Responsive Leadership - Blue Knot Foundation	4
5	6 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	7	8 Online Training Ti Diversity Masterclass (PUB) Trauma Informed Diversity Awareness (Masterclass) - Blue Knot Foundation	9	10	11
12	13	14	15 Online Training Trauma Lens with DFV (PUB) Using a Trauma Lens when working with Domestic and Family Violence - Blue Knot Foundation	16	17	18
19	20 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	21	22	23 Online Training Safety and Stabilisation (PUB) Three Phased Approach: Safety and Stabilisation - Blue Knot Foundation	24	25

29	30	31
Webinar	Online Training	Online Training
Safety and Connection	Direct Personal Response	Direct Personal Response
(PUB) Creating Safety and Connection (Webinar) - Blue Knot Foundation	<u>(PUB) Trauma</u> <u>Responsive Practice:</u> <u>Working in Institutional</u> <u>Settings and Direct</u> <u>Personal Response -</u> Blue Knot Foundation	(PUB) Trauma Responsive Practice: Working in Institutional Settings and Direct Personal Response - Blue Knot Foundation

April 2023	~~~~~~~~~~~~	~~~~~~	~~~~~	~~~~~	~~~~~	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	Online Training CV with TI Lens for GP's					
	(PUB) Responding to					
	Domestic Violence with a Trauma-					
	Informed Lens for GP's and Primary Care					
	Providers - Blue Knot					
	Foundation					
9	10	11	12	13	14	15
16	17 Online Training	18	19	20 Opling Training	21	22
	Online Training BK: Vicarious Trauma			Online Training BK: Trauma Awareness		
	(PUB) Managing			(PUB) Trauma		
	Wellbeing and Recognising Vicarious			Awareness in Practice - Blue Knot Foundation		
	Trauma - Blue Knot			<u>Bide Khot i odhadion</u>		
	Foundation					

24

Webinar

Build Trauma Awareness

(PUB) Building Trauma

Awareness (Webinar) -

Blue Knot Foundation

27

29

Safety and Stabilisation

Online Training

28

(PUB) Three Phased Approach: Safety and Stabilisation - Blue Knot Foundation May -- 2023

Quardens	Manadavi	Turaday		These days	E de c	Octorelas
Sunday	Monday 1	Tuesday 2	Wednesday 3	Thursday 4 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	Friday 5	Saturday 6
7	8	9 Online Training BK: Complex Trauma (PUB) Trauma Sensitive Practice - Working with Complex Trauma - Blue Knot Foundation	10	11 Online Training Trauma Responsive LS (PUB) Trauma Responsive Leadership - Blue Knot Foundation	12 Canberra Lifeline: Gala Event <u>Lifeline Canberra -</u> <u>Events / Fundraising</u>	13
14	15 Online Training BK: Vicarious Trauma (PUB) Managing Wellbeing and Recognising Vicarious Trauma - Blue Knot Foundation	16	17	18 Online Training TI Organisational Change (PUB) Exploring The Path to Trauma- informed Organisational Change - Blue Knot Foundation	19	20
21	22 Online Training Processing & Integration (PUB) Three Phased Approach: Processing and Integration - Blue Knot Foundation	23	24	25	26 Online Training Dissociation Introduction (PUB) Introduction to Dissociation - Blue Knot Foundation	27

30

Online Training

Build Trauma Awareness

29

(PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation 31

Webinar

BK: Complex Trauma (PUB) Wellbeing and Emotional Awareness when working with Complex Trauma (Webinar) - Blue Knot Foundation June -- 2023

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	S	Saturday
					1	2 Online Training TI Diversity Masterclass (PUB) Trauma Informed Diversity Awareness (Masterclass) - Blue Knot Foundation	3	
4		5	6	7 Online Training Trauma Lens with DFV (PUB) Using a Trauma Lens when working with Domestic and Family Violence - Blue Knot Foundation	8	9 Online Training Trauma Responsive LS (PUB) Trauma Responsive Leadership - Blue Knot Foundation	10	
11		12	13	14 Webinar Connection with Body (PUB) Building Awareness and Connection with the Body (Webinar) - Blue Knot Foundation	15 Online Training DV with TI Lens for GP's (PUB) Responding to Domestic Violence with a Trauma- Informed Lens for GP's and Primary Care Providers - Blue Knot Foundation	16 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	17	
18		19 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	20	21	22 Online Training BK Vicarious Trauma (PUB) Managing Wellbeing and Recognising Vicarious Trauma - Blue Knot Foundation	23 Online Training BK: Complex Trauma (PUB) Trauma Sensitive Practice - Working with Complex Trauma - Blue Knot Foundation	24	

26	27	28	29	30
Online Training	Online Training	Webinar		
Direct Personal Response	Direct Personal Response	Safety and Connection		
<u>(PUB) Trauma</u>	<u>(PUB) Trauma</u>	(PUB) Creating Safety		
Responsive Practice:	Responsive Practice:	and Connection		
Working in Institutional	Working in Institutional	<u>(Webinar) - Blue Knot</u>		
Settings and Direct	Settings and Direct	Foundation		
Personal Response -	Personal Response -			
Blue Knot Foundation	Blue Knot Foundation			

July -- 2023

Sunday	/	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
							1 Canberra Bravehearts 777 Run <u>Bravehearts : Canberra</u>
2		3	4	5	6	7	8
				Canberra	Online Training	Online Training	
				LL: Accidental Counsellor	BK: Trauma Awareness	BK: Trauma Awareness	
				Accidental Counsellor	(PUB) Foundations for	(PUB) Trauma	
				<u>Facebook</u>	<u>Building Trauma</u> Awareness - Blue Knot	Awareness in Practice - Blue Knot Foundation	
					Foundation		
					Canberra	Canberra	
					LL: Accidental Counsellor	LL: Accidental Counsellor	
					Accidental Counsellor	Accidental Counsellor	
					Facebook	Facebook	
9		10	11	12	13	14	15
			Canberra	Canberra			
			LL: Difficult Situations	LL: The Working Mind			
			Dealing with People in	The Working Mind for			
			<u>Difficult Situations </u> Facebook	Managers Facebook			
			Facebook				
16		17	18	19	20	21	22
						Online Training	
						Safety & Stabilisation	
						(PUB) Three Phased	
						Approach: Safety and Stabilisation - Blue	
						Knot Foundation	

23	24	25	26	27
	Online Training	Webinar		Canberra
	Trama Responsive Lship	Build Trauma Awareness		LL: The Worl
	<u>(PUB) Trauma</u> <u>Responsive</u> <u>Leadership - Self as</u> <u>Leader - Blue Knot</u>	(PUB) Building Trauma Awareness (Webinar) - Blue Knot Foundation		<u>The Working</u> Employees
	Foundation			

L: The Working Mind

<u>The Working Mind for</u> Employees | Facebook

August -- 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Online Training Intro into Dissiciation (PUB) Introduction to Dissociation - Blue Knot Foundation	5
6	7	8	9 Online Training Trauma Lens with DFV (PUB) Using a Trauma Lens when working with Domestic and Family Violence - Blue Knot Foundation	10	11 Online Training BK: Vicarious Trauma (PUB) Managing Wellbeing and Recognising Vicarious Trauma - Blue Knot Foundation	12
13	14	15 Webinar Compassion and Empathy (PUB) Exploring the Importance of Compassion and Empathy (Webinar) - Blue Knot Foundation	16 Online Training BK: Complex Trauma (PUB) Trauma Sensitive Practice - Working with Complex Trauma - Blue Knot Foundation Canberra LL: Accidental Counsellor <u>Accidental Counsellor</u>	17 Canberra LL: Accidental Counsellor <u>Accidental Counsellor</u> <u>Facebook</u>	18 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation Canberra LL: Accidental Counsellor <u>Accidental Counsellor</u>	19
20	21	22	23	24	25	26

31

Webinar BK: Complex Trauma

29

Nationwide Bravehearts: Fundraiser

(PUB) Wellbeing and Emotional Awareness when working with Complex Trauma

(Webinar) - Blue Knot

Foundation

<u>Bravehearts Day |</u> Bravehearts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
					1 Online Training TI Diversity Masterclass (PUB) Trauma Informed Diversity Awareness (Masterclass) - Blue Knot Foundation	2	
3	4 Online Training Trauma Responsive Lship (PUB) Trauma Responsive Leadership - Self as Leader - Blue Knot Foundation	5	6 Doline Training DV with TI Lens for GP's (PUB) Responding to Domestic Violence with a Trauma- Informed Lens for GP's and Primary Care Providers - Blue Knot Foundation Canberra LL: Difficult Situations Dealing with People in Difficult Situations Facebook	7	8	9	
10	11 Canberra LL: The Working Mind <u>The Working Mind for</u> <u>Managers Facebook</u>	12 Webinar Connection with the Body (PUB) Building Awareness and Connection with the Body (Webinar) - Blue Knot Foundation	13	14 Online Training Processing and Integration (PUB) Three Phased Approach: Processing and Integration - Blue Knot Foundation	15 Online Training Processing and Integration (PUB) Three Phased Approach: Processing and Integration - Blue Knot Foundation	16	

17	18	19	20	21	22	23
			Online Training]		
			Build Trauma Awa	areness		
			<u>(PUB) Foundation Building Trauma</u> <u>Awareness - Blu</u> <u>Foundation</u>	<u>a</u>		
24	25	26	27	28	29	30
		Webinar				
		Safety and Conne	ection			
		(PUB) Creating Sa	<u>afety</u>			
		and Connection (Webinar) - Blue k	Chot			
		Foundation				

October -- 2023

~~~~

| Sunday | Monday                                          | Tuesday                                                                      | Wednesday                 | Thursday                  | Friday                             | Saturday |
|--------|-------------------------------------------------|------------------------------------------------------------------------------|---------------------------|---------------------------|------------------------------------|----------|
| 1      | 2                                               | 3                                                                            | 4                         | 5                         | 6                                  | 7        |
| 8      | 9                                               | 10                                                                           | 11                        | 12                        | 13                                 | 14       |
| -      | Online Training                                 | Online Training                                                              | Canberra                  | Canberra                  | Online Training                    |          |
|        | Build Trauma Awareness                          | BK: Trauma Awareness                                                         | LL: Accidental Counsellor | LL: Accidental Counsellor | Trauma Responsive Lship            |          |
|        | (PUB) Foundations for                           | (PUB) Trauma                                                                 | Accidental Counsellor     | Accidental Counsellor     | (PUB) Trauma                       |          |
|        | <u>Building Trauma</u><br>Awareness - Blue Knot | Awareness in Practice -<br>Blue Knot Foundation                              | <u>Facebook</u>           | Facebook                  | <u>Responsive</u><br>Leadership -  |          |
|        | Foundation                                      |                                                                              |                           |                           | Organisational                     |          |
|        |                                                 |                                                                              |                           |                           | Practice - Blue Knot<br>Foundation |          |
|        |                                                 | Canberra<br>LL: Accidental Counsellor<br>Accidental Counsellor  <br>Facebook |                           |                           |                                    |          |
| 15     | 16                                              | 17                                                                           | 18                        | 19                        | 20                                 | 21       |
|        | Online Training                                 |                                                                              |                           |                           |                                    |          |
|        | Safety & Stabilisation                          |                                                                              |                           |                           |                                    |          |
|        | (PUB) Three Phased                              |                                                                              |                           |                           |                                    |          |
|        | Approach: Safety and<br>Stabilisation - Blue    |                                                                              |                           |                           |                                    |          |
|        | Knot Foundation                                 |                                                                              |                           |                           |                                    |          |

-----

## 

#### Webinar

Build Trauma Awareness

(PUB) Building Trauma Awareness (Webinar) -Blue Knot Foundation November -- 2023

~~~~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				Canberra	Online Training	
				LL: Difficult Situations	Build Trauma Awareness	
				Dealing with People in	(PUB) Foundations for	
				Difficult Situations	Building Trauma	
				Facebook	Awareness - Blue Knot Foundation	
					roundulon	
5	6	7	8	9	10	11
	Online Training	Online Training	Online Training		Online Training	
	Processing and Integration	Processing and Integration	DV with TI Lens for GP's		Intro Into Dissociation	
	(PUB) Three Phased	(PUB) Three Phased	(PUB) Responding to		(PUB) Introduction to	
	Approach: Processing	Approach: Processing	Domestic Violence		Dissociation - Blue	
	and Integration - Blue Knot Foundation	and Integration - Blue Knot Foundation	with a Trauma- Informed Lens for GP's		Knot Foundation	
	Milet Foundation	<u>Infort oundation</u>	and Primary Care			
			Providers - Blue Knot			
			Foundation			
12	13	14	15	16	17	18
		Webinar			Online Training	
		Compassion and Empathy			Safety and Stabilisation	
		(PUB) Exploring the			(PUB) Three Phased	
		Importance of Compassion and			Approach: Safety and Stabilisation - Blue	
		Empathy (Webinar) -			Knot Foundation	
		Blue Knot Foundation				

Online Training

(PUB) Trauma Responsive

Foundation

Trauma Responsive Lship

Leadership - Self as

Leader - Blue Knot

21

22

24

Trauma Lens with DFV

Online Training

23

(PUB) Using a Trauma Lens when working with Domestic and Family Violence - Blue Knot Foundation

27	28	29	30
Online Training	Webinar	Online Training	
Build Trauma Awareness	BK: Complex Trauma	BK: Complex Trauma	
<u>(PUB) Foundations for</u> <u>Building Trauma</u> <u>Awareness - Blue Knot</u> <u>Foundation</u>	(PUB) Wellbeing and Emotional Awareness when working with Complex Trauma (Webinar) - Blue Knot Foundation	(PUB) Trauma Sensitive Practice - Working with Complex Trauma - Blue Knot Foundation	

26

December -- 2023

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Online Training Intro into Dissociation (PUB) Introduction to Dissociation - Blue Knot Foundation	2
3		4	5	6 Webinar Connection with the Body (PUB) Building Awareness and Connection with the Body (Webinar) - Blue Knot Foundation	7	8 Online Training TI Diversity Masterclass (PUB) Trauma Informed Diversity Awareness (Masterclass) - Blue Knot Foundation	9
10		11 Online Training Build Trauma Awareness (PUB) Foundations for Building Trauma Awareness - Blue Knot Foundation	12 Webinar Safety and Connection (PUB) Creating Safety and Connection (Webinar) - Blue Knot Foundation	13	14	15	16
17		18	19	20	21	22	23

24	25	26	27	28	29	30
31						
End 2023	~~~~~~~~~~	~~~~~~			~~~~~~	