

**National Association of Adult Survivors of Child Abuse** [www.NAASCA.org](http://www.NAASCA.org)

*Note: Please send corrections, additions and updates to:* [maudnmildred@hotmail.com](mailto:maudnmildred@hotmail.com)

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>MICHIGAN</b>			
<b>National Helpline</b>	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	<a href="http://www.childhelp.org">www.childhelp.org</a> <a href="mailto:info@childhelp.org">info@childhelp.org</a> Email support form on the website
<b>Statewide</b>	517-347-7000 Statewide referrals for sexual and domestic violence.	Michigan Coalitlion to End Domestic and Sexual Violence	<a href="http://www.mcedsv.org/">www.mcedsv.org/</a>
<b>Adrian</b>	Hotline 517-265-6776 24 Hour crisis hotline Emergency shelter Weekly support groups for men and women. Self esteem building support group.	Catherine Cobb Domestic Violence and Sexual Assault Program 225 North Main Street Adrian MI 49221 517-265-6776 Office / Hotline <a href="http://www.facebook.com/catherinecobbprogram/">www.facebook.com/catherinecobbprogram/</a>	
<b>Allegan</b>	800-848-5991 Toll Free Hotline 866-728-2131 En Espanol 24 Hour crisis hotlines Emergency shelter Legal advocacy Sexual Assault Nurse Emaminer Sexual assault therapy Domestic violence support group Adult & teen sexual assault support group Self empowerment support group	RESILIENCE 151 Brady Street Allegan MI 49010 269-673-2299 Office.	<a href="http://www.resiliencemi.org/">www.resiliencemi.org/</a> <a href="mailto:mail@cwitmi.org">mail@cwitmi.org</a>
<b>Alpena</b>	24/7 Hotline 1-800-396-9129 We have been illuminating pathways for survivors of domestic violence and sexual assault since 1978. Emergency shelter Long term housing assistance Legal and personal advocacy Individual and group counseling	Hope Shores Alliance PO Box 797 Alpena MI 49707 989-356-2560 Office <a href="mailto:contactus@hopeshores.org">contactus@hopeshores.org</a>	<a href="http://www.hopeshores.org/">www.hopeshores.org/</a>
<b>Ann Arbor</b>	Seeking Safety Group Seeking Safety helps people attain	Seeking Safety Group Restorative Trauma Therapy	

safety from trauma and / or substance abuse.  
 The group gently addresses both trauma and addiction without requiring clients to delve into their trauma story.  
 Clients will learn a number of treatment topics, including how to reclaim your power, grounding techniques, self-nurturing, recovery thinking, setting boundaries in relationships, coping with triggers, healing from anger, integrating the split self, healthy relationships and compassion.  
 The group consists of 6 - 8 individuals who commit to 8 consecutive weekly meetings for one and a half hours.  
 Group meets Wednesdays 7 - 8:30 pm and the cost is \$50 / Week..

2890 Carpenter Road  
 Suite 1500  
 Ann Arbor  
 MI 48108  
 734-887-1473 Office

**Ann Arbor**

Survivors of Childhood Sexual Abuse Group  
 This group is for survivors addressing the impact of childhood sexual abuse. 12 week group led by an experienced and knowledgeable professional with 26 years of trauma therapy experience  
 Meets Mondays Cost \$30 - \$40

Ms Janet M Fry  
 Ann Arbor  
 MI 48104  
 734-273-9393 Office

**Ann Arbor**

Addiction and Trauma Recovery Group  
 Groups are conducted by staff who specialize in the area of trauma and addiction.  
 It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites.  
 We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Heron Ridge Associates, PLC  
 1785 West Stadium Blvd,  
 Ann Arbor  
 MI 48103  
 734-913-1093 Office

**Ann Arbor**

24/7 Hotline 734-936-3333

University of Michigan Sexual Assault Prevention Awareness  
 Ann Arbor  
 MI 48104  
 734-764-7771 Office

[sapac@umich.edu](mailto:sapac@umich.edu)

**Ann Arbor**

Hotline 734-995-5444 Eng/Span  
 24 Hour 7 day helpline  
 Emergency shelter  
 Counseling for domestic violence  
 Counseling for sexual assault  
 Domestic violence support group meets Wednesday 6 - 7.30 PM  
 Un paso a la libertad support group meets Thursday 6 - 7.30 PM

SafeHouse Center  
 4100 Clark Road  
 Ann Arbor  
 MI 48105  
 734-973-0242 Office.

[www.safehousecenter.org](http://www.safehousecenter.org)  
[info@safehousecenter.org](mailto:info@safehousecenter.org)

Life after the relationship ends a  
12 week support group meets on  
Wednesdays 6 - 7.30 PM  
Sexual assault support group  
meets Monday 5.30 - 7 PM  
734-995-5444 for all group details.

**Ann Arbor**

Support groups that help to  
empower those who have survived  
childhood sexual abuse using the  
12 step and 12 tradition program  
Meets Thursday at 7.30pm  
Contact Steve 734-276-3653 or  
[stevemaccomm@mac.com](mailto:stevemaccomm@mac.com)  
Please call or email before  
attending the meeting.  
For further details please click on  
the SIA website meetings directory

Survivors of Incest Anonymous  
Ann Arbor  
Michigan

[www.siaawso.org](http://www.siaawso.org)  
[stevemaccomm@mac.com](mailto:stevemaccomm@mac.com)

**Baraga**

Sexual assault and domestic  
violence services. Serving the  
communities of Barage and  
Marquette.

Keweenaw Bay Indian  
Community VOCA  
102- Superior Avenue  
Baraga  
MI 49908  
906-353-6623 Office

[www.facebook.com/KBICTribe/](https://www.facebook.com/KBICTribe/)

**Battle Creek**

24hr Hotlines 269-965-7233  
Or 1-888-664-9832  
Emergency safe shelter  
Childrens services  
Supportive housing scheme  
Family advocacy  
Group counseling for safe shelter  
residents.

SAFE Place Shelter  
PO Box 199  
Battle Creek  
MI 49016  
269-965-6093 Office

[www.safepaceshelter.org](http://www.safepaceshelter.org)  
[info@safepaceshelter.org](mailto:info@safepaceshelter.org)

**Bay City**

Hotline 800-834-2098 Toll free  
24 Hour 7 day hotline  
Sexual Assault Nurse Examiner  
Medical and legal advocacy  
Individual counseling for domestic  
violence  
4 Support group per week for  
domestic violence & sexual assault  
All services FREE of charge.

Bay Area Women's Center  
PO Box 1458  
3411 E. Midland Road  
Bay City  
MI 48706  
989-686-4551 Office

[www.facebook.com/BayAreaWomensCenter/](https://www.facebook.com/BayAreaWomensCenter/)

**Big Rapids**

Hotline 1-800-734-9473  
24 Hour crisis hotline  
24 Hour emergency shelter  
Medical support / legal advocacy  
Community awareness  
Individual and group counseling  
Weekly support groups  
Serving Mecosta, Osceola and  
Newaygo Counties

Women's Information Services  
PO Box 1249  
Big Rapids  
MI 49307  
231-796-6600 Office

[www.wiseagainstviolence.org](http://www.wiseagainstviolence.org)

**Bingham Farms**

Addiction and Trauma Recovery  
Group  
Groups are conducted by staff  
who specialize in the area of trauma  
and addiction.  
It is our mission to protect and have  
our patients feel safe when they

Heron Ridge Associates, PLC  
31000 Telegraph Road  
Bingham Farms  
MI 48025  
284-594-4991 Office

come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

<b>Bloomfield Hills</b>	Hotline 800-231-1127 24 Hour 7 day crisis hotline Medical and legal advocacy Community awareness program Counseling program FREE 10 week empowerment group for 13-17 year olds who have experienced sexual assault, incest. childhood sexual abuse, date rape. Cathleen at 248-451-2621 for info	Common Ground Bloomfield Hills MI 48302 248-456-8150 Office	<a href="http://www.commongroundhelps.org/">www.commongroundhelps.org/</a>
<b>Boyne City</b>	24hr Hotline 231-347-0082 or Hotline 1- 800-275-1995 24 Hour crisis hotlines Safe home available Personal Protection Order advocacy Individual and group counseling for survivors of domestic and sexual violence and abuse. 4 Domestic violence support groups Petoskey meets Monday 6 pm Mancelona meets Wed 1 pm Cheboygan meets Thurs 1 pm Gaylord meets Wed 5 pm Support groups for women survivors of childhood and adult sexual abuse Support group for parents/ partners Mens voices, support group for men who have experienced sexual violence and abuse. Support group for teen girls 231-347-0067 for group details Or call the office.	Women's Resource Center of Northern Michigan Boyne City MI 49712 231-347-0067 Office	<a href="http://www.wrcnm.org">www.wrcnm.org</a> <a href="mailto:info@wrcnm.org">info@wrcnm.org</a>
<b>Brighton</b>	Support group for Adult Survivors of Child Abuse, following the Survivor to Thrive 21 step program by the ASCA organization. Meeting every Tues 6.30pm to 8pm Please visit our website for further information, and to register.	ASCA Outreach Brighton Michigan	<a href="mailto:heather@thephoenixgathering.com">heather@thephoenixgathering.com</a>
<b>Cadillac</b>	Your healing begins when you reach out of your comfort zone and tell your story to a trustworthy person. Our therapy groups are held three times a year in September January and April. The facilitators are survivors of sexual abuse and are trained to lead these healing recovery groups. Children's groups Parents who understand Pain support group. Counseling and workshops. For more details see our website.	Healing Private Wounds PO Box 854 Cadillac MI 49601 231-846-4495 Office	<a href="http://www.healingprivatewounds.org">www.healingprivatewounds.org</a> <a href="mailto:office@healingprivatewounds.org">office@healingprivatewounds.org</a>

<b>Cadillac</b>	<p>Legal advocacy          Transitional housing          Education and prevention          Individual and family counseling for survivors of domestic violence or sexual assault.          Support group meets weekly for domestic violence and trauma          These services are FREE of charge.</p>	<p>Oasis Family Resource Center          118 S. Mitchell Street          Cadillac          MI 49601          231-775-7299 Office  <a href="http://www.facebook.com/OASISFRC">www.facebook.com/OASISFRC</a></p>	
<b>Calumet</b>	<p>Hotlines 906-337-5623 Shelter          906-884-4004 Outreach office          888-337-5623 Toll Free          Temorary shelter          Individual counseling and support groups for residents &amp; non residents          Outreach advocates available to help with domestic violence issues.</p>	<p>Barbara Kettle Gundlach Shelter          PO Box 8          Calumet          MI 49913          888-337-5623 Office / Hotline</p>	<p><a href="http://www.bkgshelterhome.org">www.bkgshelterhome.org</a>  <a href="mailto:bkgshome@pasty.net">bkgshome@pasty.net</a></p>
<b>Canton</b>	<p>Individual and Group Therapy          Specializing in the treatment of stress, anxiety, depression and psychological trauma          Some insurances accepted</p>	<p>Susan L Parker          Suite 120-129          409 Plymouth Road          Plymouth MI          734-404-7002 Office</p>	<p><a href="mailto:sue@quietanxiety.com">sue@quietanxiety.com</a></p>
<b>Caro</b>	<p>Hotline 800-292-3666          We provide a safe and supportive environment for survivors of domestic assault and their children.          24 Hour emergency shelter          Crisis intervention          Legal, medical &amp; personal advocacy          Support groups for women and for children</p>	<p>Thumb Area Assault Crisis Ctr          429 Montague Avenue          Caro          MI 48723          989-673-4121 Office</p>	<p><a href="http://www.hdc-caro.org">www.hdc-caro.org</a></p>
<b>Charlotte</b>	<p>24hr Hotline 800-899-9997          We promote the elimination of domestic violence and homelessness by providing temporary housing support, advocacy, education and information to the community.          Emergency shelter          Transitional housing          Counseling open to non residents          Weekly support group for adults and children exposed to violence open to residents and non residents.</p>	<p>SIREN/Eaton Shelter          PO Box 369          Charlotte          MI 48813          517-543-0748 Office  <a href="http://www.facebook.com/sireneatonshelter/">www.facebook.com/sireneatonshelter/</a></p>	<p><a href="http://www.sireneatonshelter.org/">www.sireneatonshelter.org/</a></p>
<b>Cheboygan</b>	<p>Hotline 231-347-0082          Or 800-275-1995          24 Hour crisis hotline          Safe home available          Personal Protection Order advocacy          Individual and group counseling for survivors of domestic and sexual violence and abuse.          4 Domestic violence support groups          Petoskey meets Monday 6 pm          Mancelona meets Wed 1 pm          Cheboygan meets Thurs 1 pm          Gaylord meets Wed 5 pm</p>	<p>Women's Resource Center of Northern Michigan          Cheboygan          MI 49721          231-672-2380 Office</p>	<p><a href="http://www.wrcnm.org">www.wrcnm.org</a>  <a href="mailto:info@wrcnm.org">info@wrcnm.org</a></p>

Support groups for women survivors of childhood and adult sexual abuse  
Support group for parents/ partners  
Mens voices, support group for men who have experienced sexual violence and abuse.  
Support group for teen girls  
231-347-0067 for group details

**Clarkston**

Addiction and Trauma Recovery Group  
Groups are conducted by staff who specialize in the area of trauma and addiction.  
It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

Heron Ridge Associates, PLC  
Clarkston  
MI 48348  
248-693-8880 Office

**Coldwater**

Hotline 517-278-7233 24 hours  
Emergency shelter for those who have experienced domestic violence  
In house support

Branch County Shelterhouse  
PO Box 72  
Coldwater  
MI 49036  
517-278-7233 Office / Hotline

[www.facebook.com/278safe/](http://www.facebook.com/278safe/)  
[www.278safe.com/](http://www.278safe.com/)

**Dearborn**

PTSD Support Group  
This group provides support for adults who have experienced abuse or trauma. This group is designed for individuals who are experiencing depression or anxiety due to recent or long term trauma  
Meets Tuesday cost \$30.

Ms Erin Martinez  
Dearborn  
MI 48120  
313-908-6917 Office

**Detroit**

Hotline 313-833-1660  
24 Hour 7 day a week hotline  
Individual and group counseling for domestic violence and sexual assault victims

Detroit Police Victims Assistance Program  
Detroit  
MI 48201  
313-833-1660 Office / Hotline

[www.detroitmi.gov/departments/police-department/victims-assistance](http://www.detroitmi.gov/departments/police-department/victims-assistance)

**Detroit**

313-861-5300 Domestic violence  
24 Hour 7 day hotline  
Emergency shelter  
In shelter support groups  
Individual and group counseling for sexual assault survivors

YWCA of Metropolitan Detroit  
985 E. Jefferson Avenue  
Suite 101  
Detroit  
MI 48207  
313-259-9922 Office

[www.ywcadetroit.org/](http://www.ywcadetroit.org/)  
[ywca@ywcadetroit.org](mailto:ywca@ywcadetroit.org)

**East Jordan**

Hotline 231-347-0082  
Or 800-275-1995  
24 Hour crisis hotline  
Safe home available  
Personal Protection Order advocacy  
Individual and group counseling for survivors of domestic and sexual violence and abuse.  
4 Domestic violence support groups  
Petoskey meets Monday 6 pm

Women's Resource Center of Northern Michigan  
East Jordan  
MI 49727  
231-347-0067 Main Office

[www.wrcnm.org](http://www.wrcnm.org)  
[info@wrcnm.org](mailto:info@wrcnm.org)

Manelona meets Wed 1 pm  
 Cheboygan meets Thurs 1 pm  
 Gaylord meets Wed 5 pm  
 Support groups for women survivors  
 of childhood and adult sexual abuse  
 Support group for parents/ partners  
 Mens voices, support group for  
 men who have experienced sexual  
 violence and abuse.  
 Support group for teen girls  
 Call office for group details.

**East Lansing** Runaway Hotline 877-833-3689 Gateway Community Services [www.childandfamily.org/](http://www.childandfamily.org/)  
 We are a non profit organizaton 2875 Northwind Drive  
 that has been serving runaway, Suite 105  
 homeless and struggling youth and East Lansing  
 their families in Ingham, Eaton and MI 48823  
 Clinton Counties since 1970. 517-351-4000 Office  
 Crossroads transition home  
 Street outreach program.

**East Lansing** Safe Place addresses relationship MSU Safe Place [www.safeplace.msu.edu](http://www.safeplace.msu.edu)  
 violence and stalking. We are 219 Wilson Road  
 located on campus of Michigan Room G60 [noabuse@msu.edu](mailto:noabuse@msu.edu)  
 State University and serve students, East Lansing  
 faculty, staff and their partners. MI 48825  
 Emergency shelter, safety planning, 517-355-1000 Office.  
 information & referrals, counseling  
 and support groups. All services  
 are FREE and confidential.

**East Lansing** Hotline 517-372-6666 Sexual Assault Program - [www.msu.edu/students/](http://www.msu.edu/students/)  
 24 Hour crisis hotline Michigan State University [www.endrape.msu.edu](http://www.endrape.msu.edu)  
 Crisis intervention Student Services Building  
 Advocacy services 556 East Circle Drive  
 Prevention education program Room 14  
 FREE therapy and support groups East Lansing  
 to MSU students who are adult MI 48824  
 survivors of sexual assault or 517-355-3551 Office  
 childhood sexual abuse

**Escanaba** Crisis Line 1-906-789-1166 Tri County Safe Harbor [www.safe3c.com/](http://www.safe3c.com/)  
 24 Hour crisis hotlines Escanaba  
 Emergency shelter MI 49829  
 Individual couselfing and therapy 906-789-9207 Office  
 Support groups for both survivors  
 of domestic violence and sexual  
 assault.  
 Seving Delta, Menominess and  
 Schoolcraft Counties.  
[www.facebook.com/Tri-County-Safe-Harbor-Inc-270148229670603/](http://www.facebook.com/Tri-County-Safe-Harbor-Inc-270148229670603/)

**Farmington** Adult Women who have been Ms Dorothy Zynda-Snyder  
 Sexually Abused as Children Group Farmington  
 Group is currently running and MI 48335  
 adding new members. For women 248-487-9777 Office  
 who have experienced sexual abuse  
 as a child and want to work through  
 the feelings that the impact on  
 their life today.  
 Meets Saturday 9.30 - 11.30 am  
 Cost \$30 - \$40

<b>Flint</b>	Support groups for adult survivors of childhood sexual abuse, incest domestic violence, rape and sexual assault. To join this chapter email <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>	Lamplighters Movement Flint Michigan	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>Flint</b>	Hotline 810-238-7233 Domestic violence and sexual assault services. 24 Hour advocacy and support Emergency response team Individual and group counseling	YWCA - Greater Flint 310 East Third Street Flint MI 48502 810-238-7621 Office	<a href="http://www.ywcaflint.org">www.ywcaflint.org</a> <a href="mailto:info@ywcaflint.org">info@ywcaflint.org</a>
<b>Gaylord</b>	Hotline 231-347-0082 Or 800-275-1995 24 Hour crisis hotlines Safe home available Personal Protection Order advocacy Individual and group counseling for survivors of domestic and sexual violence and abuse. 4 Domestic violence support groups Petoskey meets Monday 6 pm Mancelona meets Wed 1 pm Cheboygan meets Thurs 1 pm Gaylord meets Wed 5 pm Support groups for women survivors of childhood and adult sexual abuse Support group for parents/ partners Mens voices, support group for men who have experienced sexual violence and abuse. Support group for teen girls 231-347-0067 for group details	Women's Resource Center of Northern Michigan Gaylord MI 49735 989-731-0918 Office	<a href="http://www.wrcnm.org">www.wrcnm.org</a> <a href="mailto:info@wrcnm.org">info@wrcnm.org</a>
<b>Gladwin</b>	Hotline 877-216-6383 24 House hotline 24 Hour safe shelter Medical and legal advocacy Sexual Assault Nurse Examiner Counseling services	ShelterHouse 234 West Cedar Street Gladwin MI 48624 989-424-9413 Office <a href="mailto:info@shelterhousemidland.org">info@shelterhousemidland.org</a>	<a href="http://www.shelterhousemidland.org">www.shelterhousemidland.org</a>
<b>Grand Haven</b>	800-848-5991 Toll Free 866-728-2131 Linea gratuita 24 Hour crisis hotlines Emergency shelter Legal advocacy Sexual Assault Nurse Examiner Sexual assault therapy Domestic violence support group Adult & teen sexual assault support group	Center for Women in Transition 300 North Ferry Street Suite # C Grand Haven MI 49417 616-392-2829 Office	<a href="http://www.resiliencemi.org/">www.resiliencemi.org/</a> <a href="mailto:mail@cwitmi.org">mail@cwitmi.org</a>
<b>Grand Rapids</b>	Counseling 616-456-1178 The Men's Resource Center offers a range of support groups and therapy for abuse, trauma and victimization, as well as other forms of counseling. Our services include individual counseling and telephone Counseling . We also have an office	Men's Resource Center 534 Fountain Street NE Grand Rapids MI 49503 Counseling 616-456-1178	<a href="http://www.menscenter.org">www.menscenter.org</a> Contact form on website



in Holland.

<b>Grand Rapids</b>	Hotline 616-452-6664 Motivated by God's love, our mission is to end domestic violence. Emergency shelter offering domestic violence support services. Non residential domestic abuse services include: legal advocacy, individual counseling and support groups.	Safe Haven Ministries 3501 Lake Eastbrook Blvd SE Suite 335 Grand Rapids MI 49546 616-452-6664 Office / Hotline	<a href="http://www.safehavenministries.org">www.safehavenministries.org</a> <a href="mailto:info@safehavenministries.org">info@safehavenministries.org</a>
<b>Grand Rapids</b>	DV / SA Hotline 616-544-9922 24 Hour crisis hotline FREE short term emergency shelter Individual and group counseling FREE support groups	YWCA - West Central Michigan 25 Sheldon Boulevard SE Grand Rapids MI 49503 616-459-4681 Office <a href="http://www.facebook.com/ywawcmi/">www.facebook.com/ywawcmi/</a>	<a href="http://www.ywawcmi.org">www.ywawcmi.org</a>
<b>Grayling</b>	1-888-554-3169 Toll free TEXT Hotline 989-889-0545 24 Hour crisis hotlines Emergency shelter Legal advocacy services Individual and group counseling Healthy relationships support group schedule is as follows. Ogemaw County (MI Works, West Branch): Monday 2:30 - 4:00 Roscommon County (Soul's Harbor, Roscommon): Tuesday 12:30 -2:00. Roscommon County ( MI Works, Prudenville): Tuesday 2:30 - 4:00 Oscoda County (Library, Mio) Wednesday 11: - 12:30. Please see website for more details.	River House, Inc PO Box 661 Grayling MI 49738 989-348-3169 Office	<a href="http://RiverHouse Facebookoffice@riverhouseinc.org">River House   Facebook office@riverhouseinc.org</a>
<b>Hillsdale</b>	Hotline 888-439-1454 Toll free Support groups for victims of domestic violence and sexual assault including incest Groups for children who witness violence of any kind Domestic violence support group meets on Tues & Wed 7 - 8.30pm Domestic violence for adults and children support group meets Thursday 7 - 8.30 pm 517-439-1454 for group details	Hillsdale County Task Force on Family Violence Hillsdale MI 49242 517-439-1454 Office	
<b>Holland</b>	Finding Peace After Trauma Group This is a women's only group designed for survivors of traumatic stress including: childhood emotional/physical and sexual abuse. Cost \$30 - \$50	Ms Remi Spicer Rakipi Holland MI contact via email form on website.	<a href="http://www.counselinginholland.com/">www.counselinginholland.com/</a>
<b>Holland</b>	800-848-5991 Toll Free 866-728-2131 Linea gratuita 24 Hour crisis hotlines Emergency shelter Legal advocacy	Center for Women in Transition 411 Butternut Drive Holland MI 49424 616-392-2829 Office	<a href="mailto:mail@cwitmi.org">mail@cwitmi.org</a>

Sexual Assault Nurse Examiner  
Sexual assault therapy  
Domestic violence support group  
Adult & teen sexual assault support group  
Self empowerment support group

**Holland**

The Men's Resource Center offers a range of support groups and therapy for abuse, trauma and victimization, as well as other forms of counseling. Our services include individual counseling and telephone Counseling . We also have an office in Grand Rapids.

Men's Resource Center  
426 Century Lane  
Suite 100  
Holland  
MI 49423  
616-456-1178 GR Main Office

[www.menscenter.org](http://www.menscenter.org)  
Contact form on website

**Houghton**

Local Hotline 906-482-4357  
Or 800-562-7622 Toll free  
TEXT Crisis Line 906-356-3337  
Text or instant messaging also  
Walk-in crisis intervention services  
Medical and legal advocacy  
Short term crisis counseling  
Group support  
All services FREE of charge  
Serving Houghton, Barage,  
Keweenaw and Ontonagon.

Dial Help Inc  
609 Shelden Avenue  
Houghton  
MI 49931  
906-482-9077 Office

[www.dialhelp.org/](http://www.dialhelp.org/)

**Howell**

Hotline 866-522-2725 Toll free  
24 Hour 7 day crisis hotline  
FREE legal clinic  
Individual and group counseling  
Our domestic violence group meets Mondays from 6-7:30pm and on Wednesdays from 10-11:30am.  
We are not offering a sexual assault group at this time, but we do offer a sexual assault workshop every third Wednesday of the month from 5:30 - 7pm.

LACASA  
2895 W. Grand River Avenue  
Howell  
MI 48843  
517-548-1350 Office

[www.lacasacenter.org](http://www.lacasacenter.org)  
[info@lacasacenter.org](mailto:info@lacasacenter.org)

**Ionia**

Hotline 1-800-720-7233  
24 Hour 7 day crisis hotline  
Emergency shelter  
Advocacy services  
Community education  
FREE counseling for domestic violence and sexual assault victims  
Heal out loud support group for domestic and sexual violence survivors  
Serving Ionia and Montcalm

Relief After Violent Encounter  
Ionia  
MI 48846  
616-527-3351 Office  
[www.raveim.org/](http://www.raveim.org/)

[www.facebook.com/RAVE.IM/administration@raveim.org](http://www.facebook.com/RAVE.IM/administration@raveim.org)

**Iron Mountain**

Crisis Phone 906-774-1112  
Medical and legal referrals  
Advocacy referrals  
Community education  
Individual short term counseling  
Support groups are available to formerly abused women, rape victims and adult survivors of sexual assault / abuse

Caring House - Domestic Violence and Sexual Assault Services  
Iron Mountain  
MI 49801  
906-774-1112 Office / Crisis  
[www.facebook.com/Caring-House-Inc-86230393303/](http://www.facebook.com/Caring-House-Inc-86230393303/)

[caringhouseim@gmail.com](mailto:caringhouseim@gmail.com)

<b>Ironwood</b>	Local Hotline 906-932-0310 Or 800-711-6744 TEXT Hotline 906-285-1636 24 Hour crisis hotlines Informastion and referrals Temorary Emergency shelter Legal advocacy Peer counseling for domestic violence and sexual assault Weekly empowerment group led by a trained professional.	Domestic Violence Escape (DOVE) Ironwood MI 49938 906-932-4990 Office <a href="http://www.facebook.com/doveironwood">www.facebook.com/doveironwood</a>	<a href="mailto:director@dove-inc.net">director@dove-inc.net</a>
<b>Jackson</b>	Hotline 517-783-2861 24 Hour crisis hotline Emergency and tranistional shelter Sexual Assault Nurse Examiner Personal Protection Order advocacy Individual and group counseling Domestic violence counseling group meets Monday 7 - 8.30 pm or Wednesday 1 - 2.30 pm Sexual assault group counseling available upon request 517-783-1638 ext 133 group details	Aware PO Box 1526 Jackson MI 49204 517-783-1638 Office <a href="mailto:info@awareshelter.org">info@awareshelter.org</a>	<a href="http://www.awareshelter.org">www.awareshelter.org</a>
<b>Kalamazoo</b>	DV / SA Hotline 269-385-3587 24 Hour crisis hotline Emergency and transitional shelter Personal Protection Order advocacy FREE counseling to sexual and domestic violence survivors FREE support groups 269-385-3587 for group details.	YWCA - Kalamazoo 353 E Michigan Avenue Kalamazoo MI 49007 269-345-5595 Office.	<a href="http://www.ywcakalamazoo.org/ceo@ywcakalamazoo.org">www.ywcakalamazoo.org/ceo@ywcakalamazoo.org</a>
<b>L'Anse</b>	Hotline 906-524-7078 Emergency shelter Referrals for male victims Medical, legal and social advocacy Support groups for residents and non residents alike. Support group Mondays 6 - 8 pm	Baraga County Shelter Home PO Box 10 L'Anse MI 49946 906-524-7079 Office <a href="http://www.facebook.com/bcshelter/">www.facebook.com/bcshelter/</a>	<a href="http://www.bcshelter.org/stop@up.net">www.bcshelter.org/stop@up.net</a>
<b>Lansing</b>	Hotline 517-372-5572 Emergency shelter residents and non residents receive safety planning, court support, individual and family counseling. Women's support group Thursdays 7 - 9 pm. An information group for mother's on Tuesdays 7 - 9 pm Plus support groups for children.	End Violent Encounters PO Box 14149 Lansing MI 48901 517-372-5976 Office <a href="https://www.facebook.com/EVE-End-Violent-Encounters">EVE (End Violent Encounters)   Facebook</a>	<a href="http://www.eveinc.org">www.eveinc.org</a>
<b>Lansing</b>	24/7 Hotline 517-337-1717 24 Hour crisis hotline Advocacy and support for sexual assault survivors Community education Short term counseling for survivors of sexual assault	The Listening Ear 2504 E Michigan Avenue Lansing MI 48912 517-337-1728 Office <a href="mailto:contactus@TheEar.org">contactus@TheEar.org</a>	<a href="http://www.theear.org">www.theear.org</a>
<b>Lansing</b>	FREE domestic violence support	Women's Center of Greater	

group  
Meets Saturday 12 - 1.30 pm

Lansing, Inc  
1710-1712 E. Michigan Avenue  
Lansing  
MI 48912  
517-372-9163 Office  
[Women's Center of Greater Lansing | Facebook](#)

[womenscentergl@gmail.com](mailto:womenscentergl@gmail.com)

**Lapeer**

Hotline 810-667-4175  
Serving all residents of Lapeer Co, who are victims of domestic violence sexual assault and or stalking. Since 1991 we have been providing FREE and confidential support services that include: Emergency shelter, crisis intervention, court accompaniment, personal advocacy and support groups.  
Domestic violence support group on Wednesdays 6 - 7.30 pm  
Sexual assault support group on Tuesdays 6 - 7.30 pm  
Youth exposed to violence support group on Wednesdays 6 - 7.30 pm

LACADA  
PO Box 356  
Lapeer  
MI 48446  
810-667-4193 Office

[www.lacada.org](http://www.lacada.org)  
[contact@lacada.org](mailto:contact@lacada.org)

**Ludington**

Hotline 1-800-950-5808  
24 Hour crisis hotline  
Emergency shelter  
Crisis center  
Community education  
Support groups

Communities Overcoming Violent Encounters (COVE)  
906 E Ludington Avenue  
Ludington  
MI 49431  
231-843-2541 Office

**Mancelona**

Hotline 231-347-0082  
Or 800-275-1995  
24 Hour crisis hotline  
Safe home available  
Personal Protection Order advocacy  
Individual and group counseling for survivors of domestic and sexual violence and abuse.  
4 Domestic violence support groups  
Petoskey meets Monday 6 pm  
Mancelona meets Wed 1 pm  
Cheboygan meets Thurs 1 pm  
Gaylord meets Wed 5 pm  
Support groups for women survivors of childhood and adult sexual abuse  
Support group for parents/ partners  
Mens voices, support group for men who have experienced sexual violence and abuse.  
Support group for teen girls  
231-347-0067 for group details

Women's Resource Center of Northern Michigan  
Mancelona  
MI 49649  
231-587-8891 Office

[www.wrcnm.org](http://www.wrcnm.org)  
[info@wrcnm.org](mailto:info@wrcnm.org)

**Manistee**

Since 1985 we have been the County's primary service agency for victims of domestic violence.  
Emergency shelter  
Transportation to shelter ect  
Support programs for non residents  
Mondays - Fridays 8.30 - 5.30  
Legal and medical advocacy  
Support groups meet weekly for

Choices of Manistee County  
Manistee  
MI 49660  
231-723-7269 Office

residents and non residents.

<b>Marquette</b>	Hotline 906-226-6611 Or 1-800-455-6611 24 Hour crisis hotlines Harbor House Shelter Personal Protection Order advocacy Sexual Assault Response program Group counseling for survivors of sexual assault including rape, childhood sexual abuse & incest	Marquette Women's Center Marquette MI 49855 906-225-1346 Office	<a href="http://www.wcmqt.weebly.com/">www.wcmqt.weebly.com/</a>
<b>Menominee</b>	Crisis Hotline 906-789-1166 24 Hour crisis hotline Emergency shelter Individual counseling and therapy Support groups for both survivors of domestic violence and sexual assault. Seving Delta, Menominee and Schoolcraft Counties.	Alliance Against Violence and Abuse, Inc Menominee MI 49858 906-863-1116 Office	
<b>Midland</b>	ASCA Support Group ASCA is an innovative and effective support group for adult survivors of Child Sexual Abuse or Neglect.	ASCA Support Group Midland Michigan <a href="mailto:MovingOnWithASCA@gmail.com">MovingOnWithASCA@gmail.com</a>	<a href="http://www.ascasupport.org">www.ascasupport.org</a>
<b>Midland</b>	Hotline 877-216-6383 24 Hour hotline 24 Hour safe shelter Medical and legal advocacy Sexual Assault Nurse Examiner Counseling services	ShelterHouse PO Box 2660 Midland MI 48641 989-835-6771 Office <a href="mailto:info@shelterhousemidland.org">info@shelterhousemidland.org</a>	<a href="http://www.facebook.com/SheltHouse/">www.facebook.com/SheltHouse/</a> <a href="http://www.shelterhousemidland.org/">www.shelterhousemidland.org/</a>
<b>Monroe</b>	Or 734-242-7233 Shelter We have been providing a range of confidential and compassionate services to adults and children for over 45 years. Emergency shelter Adult and family counseling Domestic violence counseling Support groups 734-241-0180	Family Counseling Shelter Services 14930 LaPlaisance Road Suite 106 Monroe 734-241-0180 Office 734-241-0180 Counseling	<a href="http://www.fcssmc.org">www.fcssmc.org</a>
<b>Mount Clemens</b>	Hotline 586-463-6990 24 Hour crisis hotline Emergency shelter for survivors of domestic and sexual violence Legal and PPO advocacy Individual counseling Turning point offers a variety of support groups for adults, teens and children 586-463-4430 for group details.	Turning Point Inc PO Box 1123 Mount Clemens MI 48046 586-463-4430 Office. <a href="#">Turning Point, Inc.   Facebook</a>	
<b>Mount Pleasant</b>	24hr Crisis Hotline 844-349-6177 Emergency shelter services 24 Hour crisis intervention Sexual assault and domestic violence support groups Serving Clare, Gratiot and Isabella	R.I.S.E Mount Pleasant MI 48804 989-773-0078 Office	<a href="http://www.riseadvocacy.org/">www.riseadvocacy.org/</a>

<b>Muskegon</b>	<p>Hotline 231-722-3333  24 Hour crisis hotline  Emergency shelter  Hospital response / legal advocacy  Individual counseling  Support groups  All services FREE of charge.</p>	<p>Every Woman's Place  Muskegon  MI 49441  231-759-7909 Office</p>	<p><a href="http://www.everywomansplace.org">www.everywomansplace.org</a></p>
<b>Owosso</b>	<p>Hotline 877-952-7283  24 Hour crisis hotline  Emergency shelter  Information and referrals for  dometic violence &amp; sexual assault  Group and individual counseling  Domestic violence support group  Sexual assault support group  989-273-9716 for group details  All services FREE of charge</p>	<p>SafeCenter  1300 N Hicory Street  Owosso  MI 48867  989-723-9716  <a href="http://www.facebook.com/thesafecenter.org/">www.facebook.com/thesafecenter.org/</a></p>	<p><a href="mailto:safecenter@thesafecenter.org">safecenter@thesafecenter.org</a></p>
<b>Paw Paw</b>	<p>Hotline 269-655-9008  En Espanol 866-416-8556  Personal Protection Order Help  Court room accompaniment  Various support groups held in  Dacatur, Bangor, South Haven and  Paw Paw. Please call the hotline or  office for more details or visit our  website.</p>	<p>Domestic Violence Coalition Inc  303 Paw Paw Street  Suite 7  Paw Paw  MI 49079  269-655-9008 Office / Hotline  <a href="http://www.domesticviolencecoalition.org">www.domesticviolencecoalition.org</a></p>	
<b>Petoskey</b>	<p>Hotline 231-347-0082  Or 800-275-1995  24 Hour crisis hotline  Safe home available  Personal Protection Order advocacy  Indiviadual and group counseling  for survivors of domestic and  sexual violence and abuse.  4 Domestic violence support groups  Petoskey meets Monday 6 pm  Mancelona meets Wed 1 pm  Cheboygan meets Thurs 1 pm  Gaylord meets Wed 5 pm  Support groups for women survivors  of childhood and adult sexual abuse  Support group for parents/ partners  Mens voices, support group for  men who have experienced sexual  violence and abuse.  Support group for teen girls  231-347-0067 for group details</p>	<p>Women's Resource Center of  Northern Michigan  423 Porter Street  Petoskey  MI 49770  231-347-0067 Office</p>	<p><a href="http://www.wrcnm.org">www.wrcnm.org</a>  <a href="mailto:info@wrcnm.org">info@wrcnm.org</a></p>
<b>Plymouth</b>	<p>Hotline 734-722-6800  24 Hour crisis hotline  24 Hour emergency shelter  Legal advocacy  Counseling and support groups  for domestic violence and sexual  assault survivors.</p>	<p>First Step Inc  44567 Pinetree Drive  Plymouth  MI 48170  734-416-1111 Office</p>	<p><a href="http://www.firststep-mi.org">www.firststep-mi.org</a>  <a href="mailto:info@firststep-mi.org">info@firststep-mi.org</a></p>
<b>Plymouth</b>	<p>Addiction and Trauma Recovery  Group  Groups are conducted by staff</p>	<p>Heron Ridge Associates, PLC  705Main Street  Plymouth</p>	

who specialize in the area of trauma and addiction. MI 48107  
734-454-1094 Office

It is our mission to protect and have our patients feel safe when they come to us for help. We do not allow abusers to be seen on our sites. We also offer (IOP) an intensive out-patients program for substance abusers.

We take most all insurances and have psychiatrists, licensed clinical social workers and psychologists on staff rendering services.

**Pontiac** Our mission is to be a leading resource in the prevention of child abuse and neglect. We protect and advocate for children whilst providing individual therapy and support groups. CARE House of Oakland County Pontiac MI 48341  
248-332-7173 Office  
[www.carehouse.org](http://www.carehouse.org)  
[information@carehouse.org](mailto:information@carehouse.org)

We also run a CASA program.

**Pontiac** Hotline 248-334-1274 Or 877-992-1274 Toll free TTY Hotline 248-972-2540 24 Hour crisis hotlines Personal Protection Order program Individual and group counseling for survivors of domestic violence and sexual assault Group counseling for children who witness family violence. Haven PO Box 431045 Pontiac MI 48343  
248-334-1284 Office  
[www.haven-oakland.org](http://www.haven-oakland.org)

**Port Huron** TEXT Crisis Line 1-810-824-7948 Hotline 888-985-5538 Shelter Carolyn's Place safe shelter for women survivors of domestic violence and sexual assault Pathways shelter for men who are homeless or survivors of domestic or sexual assault Counseling groups available Blue Water Safe Horizons PO Box 610247 Port Huron MI 48061  
810-989-5246 Office  
[www.bwsh.org](http://www.bwsh.org)  
[Blue Water Safe Horizons | Facebook](#)

**Pullman** Healing Wings of SIA Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program Meets Tuesdays 7pm to 8p Contact person is George [georgehuffmanjr@yahoo.com](mailto:georgehuffmanjr@yahoo.com) Survivors of Incest Anonymous Pullman Michigan  
[www.siawso.org](http://www.siawso.org)  
[georgehuffmanjr@yahoo.com](mailto:georgehuffmanjr@yahoo.com)

For further details please click on the SIA website meetings directory

**Redford** Hotline 734-722-6800 24 Hour crisis hotline 24 Hour emergency shelter Legal advocacy Counseling and support groups for domestic violence and sexual assault survivors First Step Inc 27150 Westfield Redford MI 48239  
734-416-1111 Main Office  
[www.firststep-mi.org](http://www.firststep-mi.org)  
[info@firststep-mi.org](mailto:info@firststep-mi.org)

<b>Royal Oak</b>	<p>Support groups that help to empower those who have survived childhood sexual abuse using the 12 step and 12 tradition program Women only Meets Sundays 1pm to 2.30pm Contact Person is Cheryl <a href="mailto:shilohsia2013@gmail.com">shilohsia2013@gmail.com</a> For further details please click on the SIA website meetings directory</p>	<p>Survivors of Incest Anonymous Royal Oak Michigan</p>	<p><a href="http://www.slawso.org/">www.slawso.org/</a> <a href="mailto:shilohsia2013@gmail.com">shilohsia2013@gmail.com</a></p>
<b>Saginaw</b>	<p>Hotline 989-790-9118 24 Hour crisis hotline Sexual Assault Response Team Victim and legal advocacy Prevention and community program Individual and group counseling Trauma resolution counseling.</p>	<p>Child and Family Services 2806 Davenport Saginaw MI 48602 989-790-7500 Office</p>	<p><a href="http://www.childandfamilysaginaw.org">www.childandfamilysaginaw.org</a></p>
<b>Saginaw</b>	<p>Local Hotline 989-755-0411 Toll Free 1-888-399-8385 TEXT Hotline 989-770-8892 24 Hour crisis hotlines Translation services available Emergency shelter for survivors of domestic and sexual violence Personal Protection Order advocacy Legal advocacy Counseling for survivors Domestic violence support group Sexual assault support group Childrens support group for those who have witnessed family violence 989-755-0411 for group details</p>	<p>Underground Railroad Inc 5647 State Street Suite A Saginaw MI 48603 989-339-0007 Office <a href="mailto:undergroundrr@undergroundrailroadinc.org">undergroundrr@undergroundrailroadinc.org</a> <a href="http://www.facebook.com/UndergroundRailroadInc/">www.facebook.com/UndergroundRailroadInc/</a></p>	<p><a href="http://www.undergroundrailroadinc.org">www.undergroundrailroadinc.org</a></p>
<b>Saint Clair Shore</b>	<p>Male Survivors of Sexual Assault Group This is a safe and confidential place to talk for men who have survived sexual assault in any form - either as children or as adults. Cost \$30 - \$40</p>	<p>Ms Mary Petersen Saint Clair shores MI 48081 586-648-0654 Office Or 586-552-8090</p>	<p><a href="http://www.marypetersen.com">www.marypetersen.com</a></p>
<b>Sandusky</b>	<p>Hotline 866-336-7283 TEXT Hotline 810-404-7761 We are a group of citizens that focus on addressing the issues of violence and homelessness in Sanilac Co. Eva's Place is the only Emergency shelter in the county.</p>	<p>SAVE/Eva's Place PO Box 29 Sandusky MI 48471 810-672-9467 Office</p>	<p><a href="http://www.evasplaceshelter.org/">www.evasplaceshelter.org/</a></p>
<b>Sault St. Marie</b>	<p>1-800-882-1515 Toll free 24 Hour Hotline FREE sexual assault support group meets Wednesdays 6 - 8 pm FREE domestic violence support group Meets Thursday 6 - 8 pm Serving Chippewa, Mackinac and Luce Counties</p>	<p>Dianne Peppler Resource Ctn PO Box 698 Sault St. Marie MI 49783 1-906-635-0566 Office</p>	<p><a href="http://www.dprcenter.org">www.dprcenter.org</a></p>
<b>St. Johns</b>	<p>Hotline 877-952-7283 24 Hour crisis hotline</p>	<p>SafeCenter 323 N. Clinton Avenue</p>	<p><a href="mailto:safecenter@thesafecenter.org">safecenter@thesafecenter.org</a></p>



Emergency shelter  
Information and referrals for  
domestic violence & sexual assault  
Group and individual counseling  
Domestic violence support group  
Sexual assault support group  
989-273-9716 for group details  
All services FREE of charge

St. Johns  
MI 48879  
989-723-9716 Office  
[www.facebook.com/thesafecenter.org/](http://www.facebook.com/thesafecenter.org/)

### Three Rivers

Hotline 800-828-2023  
We lead efforts to end domestic  
violence and sexual assault in  
southwest Michigan by providing  
Hillman House emergency shelter  
Outreach to survivors of domestic  
violence in their own community.  
Legal advocacy, company at court  
Support for children who have  
witnessed domestic violence  
Supportive counseling  
Weekly support groups in various  
local communities.  
Domestic violence group every  
Wednesday at 6pm in Three Rivers  
Domestic violence group every  
Thursday at 6 pm in Dowagiac  
Domestic violence group every  
Thursday at 6 pm in Sturgis  
Sexual assault groups are available  
please call 269-273-6154 for info  
about any of the above groups.

Domestic and Sexual Abuse  
Services  
PO Box 402  
Three Rivers  
MI 49093  
269-279-5122 Office

[www.dasasmi.org](http://www.dasasmi.org)  
[dasasinfo@dasasmi.org](mailto:dasasinfo@dasasmi.org)

### Traverse City

Hotline 800-554-4972 Toll free  
24 Hour crisis hotline  
Crisis intervention  
Emergency shelter  
Legal advocacy  
Support groups for victims of  
domestic violence & sexual assault  
Serving Benzie, Grand Traverse,  
Kalkaska and Leelanau Counties

Women's Resource Center  
720 S. Elmwood  
Suite 2  
Traverse City  
MI 49684  
231-941-1210 Office

[www.womensresourcecenter.org](http://www.womensresourcecenter.org)  
[wrc@wrcgt.com](mailto:wrc@wrcgt.com)

### Troy

Adult Survivors of Sexual Abuse  
Therapy Group  
Resolve past and current impact of  
sexual abuse on self and others.  
Learn to manage confusion, fear  
anger, guilt, shame, triggers,  
dissociation and flashbacks  
Cost \$40 - \$50

Ms Lori Edelson  
Troy  
MI 48084  
248-646-6659 Office

[www.birminghammaple.com](http://www.birminghammaple.com)

### Warren

Sexual Abuse Therapy Group  
Working with men, women and  
children in group therapy to over-  
come sexual abuse and sexual  
abuse related issues. Please call  
586-275-0657 for more details  
Cost \$20 - \$40.

Mr Matthew Rosenberg  
Warren  
MI 48093  
586-275-0657 Office

### Warren

Support groups that help to  
empower those who have survived  
childhood sexual abuse using the

Survivors of Incest Anonymous  
Warren  
Michigan

[www.siawso.org](http://www.siawso.org)  
[siawarrenmi@yahoo.com](mailto:siawarrenmi@yahoo.com)

12 step and 12 tradition program.  
Mixed Group  
Meets Wednesdays at 7.30pm  
Contact person is Donna  
For further details please click on  
the SIA website meetings directory

**Wayne**

Hotline 734-722-6800  
24 Hour crisis hotline  
24 Hour emergency shelter  
Legal advocacy  
Counseling and support groups  
for domestic violence and sexual  
assault survivors.

First Step  
Karen Wilson Smithbauer Ctr  
4400 S. Venoy  
Wayne  
MI 48184  
734-722-1772 Office

[www.firststep-mi.org](http://www.firststep-mi.org)  
[info@firststep-mi.org](mailto:info@firststep-mi.org)