

National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

| AREA COVERED | SERVICES INCLUDED | GROUP OR ORGANIZATION | WEB ADDRESS / EMAIL ADDRESS |
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| ONTARIO | | | |
| National Helpline | Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details. | Childhelp Prevention and Treatment of Child Abuse | www.childhelp.org info@childhelp.org Email support form on the website |
| Province wide | OAITH is a coalition of 1st Stage emergency women's shelters, 2nd stage housing organizations and community-based womens organizations who work towards ending violence against all women. We achieve this through training, education, advocacy, public awareness and government relations. | Ontario Association of Interval and Transition Houses. Province Wide 416-977-6619 Office | www.oaith.ca/ info@oaith.ca |
| Province wide | The Mission of "I'm 1 in 5" is to raise awareness of the issues that surround sexual abuse and assault Founded by Paulie O'Byrne himself a survivor and is currently raising awareness by stick handling a hockey ball across Canada while raising awareness of the abuse that can happen in sporting environments such as hockey and football. | 1 in 5 Paulie O'Byrne Ontario | www.facebook.com/im1in5/ |
| Province wide | Hotline 1-800-668-8258 Toll Free TTY Hotline 1-800-855-0511 Legal Aid Ontario funds 77 clinics in the communities throughout the province. 13 of these clinics provide specialty legal services. Each is a non-profit legal centre governed by an independent board of directors. To find a clinic near you key your post code into the websites search box Or call toll free 1-800-668-8258 during regular business hours. All services in French and English. | Legal Aid Ontario Province wide Ontario 416-979-1446 Toronto Office | www.legalaid.on.ca info@lao.on.ca |

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| Province wide | Voicefound is a nationally registered non profit organization that focuses on education to prevent sexual abuse of children and support for adult survivors. Prevention workshops Resources for survivors | VoiceFound Ontario 613-736-5332 Office 1-866-239- 0558 Toll Free | www.voicefound.ca info@voicefound.ca |
| Belleville | 1-877-544-6424 Toll Free Sexual assault victims support agency offering Counselling services Resources and information Group therapy Paths to Courage Healing Program a one week therapeutic program for survivors of sexual violence. The program is available to all residents (men and women) in Ontario 16 years and older. Serving Hastings and Prince Edward Counties. | Sexual Assault Centre - Quinte 41 Octavia Street Belleville Ontario K8P 3P1 613-967-6300 Office | |
| Bracebridge | Hotline 1-800-461-2929 We provide individual and group therapy to women survivors of sexual abuse or assault. For the Survivor to Survivor Program Call 705-783-8882 | Sexual Assault Intervention for Living (SAIL) 29-1 Manitoba Street Bracebridge Ontario P1L 1S4 705-646-2122 Office www.facebook.com/mpssas/ | www.mpssas.org/ |
| Brampton | We are a non-profit organization offering services to francophone women aged 16+ in the Greater Toronto area and in Hatton Peel. Transitional and housing support Counselling Art therapy groups Contact office for more details | Oasis Centre des Femmes PO Box 74089 150 Main Street Brampton Ontario L6V 1M0 905-454-3332 Office | www.oasisfemmes.org services@oasisfemmes.org |
| Brampton | Hotline 800-810-0180 24 Hour crisis hotline Providing individual and group counselling to women who have experienced sexual violence in their lives. Workshops and therapeutic groups | Sexual Assault Crisis Centre of Peel 2250 Bovaird Drive East Unit 610 Brampton Ontario L6R 0W0 905-792-0821 Office | www.hope247.ca/ info@hopeplace.ca |
| Brampton | SA Helpline 1-866-863-0511 TTY Hotline 1-866-863-7868 French Hotline 1-877-336-2433 French TTY Line 1-866-860-7082 We help men and women who have been sexually assaulted within the Safe unit "Chantel's House" have incurred recent injuries as a result of domestic violence. Safe unit "Chantel's House" FREE counselling for recent abuse Counselling for those 12 years + who have experienced peer assault in the past. | Regional Sexual Assault and Domestic Violence Services 60 West Drive Suite 110 Safe Centre of Peel Brampton Ontario L6T 3T6 905-848-7689 Office 905-848-7580 Ext 2549 SA Nurse Sexual Assault Support Centre Ottawa Facebook | |

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| Brantford | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Brantford General Site 200 Terrace Street Brantford Ontario 519-751-5544 ext 4449 info@sadvreatmentcentres.ca www.sadvreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvreatmentcentres.ca</p> |
| Brantford | <p>Hotline 519-751-3471 24 Hour crisis hotline All our services are FREE and confidential. We offer a 24 hour crisis and support line for Male and female survivors of sexual violence. FREE counselling (bus tickets are available) Hospital accompaniments Police & court accompaniment</p> | <p>Sexual Assault Centre of Brantford Brantford Ontario N3T 3J1 519-751-1164 Office sexualassaultcentre@sacbrant.ca</p> | <p>www.sacbrant.ca</p> |
| Brockville | <p>Hotline 613-345-3881 Or 1-800-567-7415 Offering services to women, men teens and children affected by sexual assault, sexual abuse or domestic violence. Support groups such as: Healthy relationships group Growing up again group Healing Arts Workshop.</p> | <p>Assault Response & Care Ctn 70 Charles Street Suite 201 Brockville Ontario K6V 1T3 613-345-3881 Office / Hotline bgharcc@brockvillegeneralhospital.ca</p> | <p>www.arc-c.ca arcc@bgh-on.ca</p> |
| Brockville | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Brockville General Hospital 70 Charles Street Suite 201 Brockville Ontario 613-345-3881 Office www.sadvreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvreatmentcentres.ca</p> |
| Burlington | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Nina's Place Joseph Brant Hospital 1230 North Shore Blvd. Burlington Ontario 905-632-3737 ext 5708 www.sadvreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvreatmentcentres.ca</p> |
| Chatham | <p>Hotline 519-354-8688 24 hour 7 day hotline</p> | <p>Chatham - Kent Sexual Assault Crisis Centre</p> | <p>www.cksacc.org cksacc@cksacc.org</p> |

We believe that survivors are the experts of their own experience.
24 Hour crisis intervention
Support and advocacy
Community outreach

405 Riverview Drive
Unit 101
Chatham
Ontario N7M 5J5
519-354-8908 Office & TTY Line

Chatham We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Chatham-Kent Health Alliance
80 Grand Avenue West
Chatham
Ontario
519-352-6400 ext 6382
www.sadvtreatmentcentres.ca
www.sadvtreatmentcentres.ca/find-a-centre/

Chatham Male Survivors Support Group
This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.

Silence to Hope Project
Chatham
Ontario
1-877-676-7613 Office
www.malesurvivor.org
silencetohope@hotmail.com

Cornwall 1-866-863-0511 Womens hotline
1-866-887-0015 Mens hotline
All our services are bilingual, FREE and confidential.
Referrals to other agencies
Public education to community
Advocacy - help with paperwork
Accompaniment - police, courts and at the hospital
Individual and group counselling
Group therapy
Talking circles support groups for men and women.

Adult Community Healing Resource Centre.
PO Box 1192
Cornwall
Ontario K6H 5V3
613-932-1755 ext 29 Office
adultcommunityhealingresource@gmail.com

Cornwall We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Cornwall Community Hospital
Second Street Site
510 Second Street East
Cornwall
Ontario
613-932-3300 ext 4202
www.sadvtreatmentcentres.ca
www.sadvtreatmentcentres.ca/find-a-centre/

Demorestville Counselling and advocacy for victims of sexual assault since '91. Our residential healing program is one of a kind, pioneered by the sexual assault center of Quinte. Paths of Courage is to provide survivors with safe opportunities to make the healing journey to self awareness and wholeness.

Paths of Courage Healing and Retreat Centre
336 Sprague Road
Demorestville
Ontario K0K 1W0
613-967-6300 Office
TTY 613-967-5902
info@pathsofcourage.com

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| Dryden | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Dryden Regional Health Centre 58 Goodall Street Dryden Ontario 807-223-7427 Office www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Guelph | <p>Sexual Abuse Healing Group We are committed to working with survivors to achieve self healing. We help sexual abuse survivors develop the tools they need to live a more satisfying life. You will be invited to attend a healing group, sharing experiences and advice with others</p> | <p>Family Counseling and Support Services 109 Surrey Street Guelph ON N1H 3P7 519-824-2431 Office</p> | <p>info@familyserviceguelph.on.ca</p> |
| Guelph | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources.</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Guelph General Hospital 115 Delhi Street Guelph Ontario 519-837-6440 ext 2758 www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Guelph | <p>Hotline 519-836-5710 Or 1-800-265-7233 Emergency shelter Sexual assault center Rural women's support program Support groups for victims of domestic violence Individual and group counseling for women who have experienced childhood sexual assault or incest All our services are FREE of charge.</p> | <p>Women in Crisis 38 Elizabeth Street Guelph ON N1H 6N9 519-836-1110 Office. adminsac@gwwomenincrisis.org</p> | <p>www.gwwomenincrisis.org</p> |
| Hamilton | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Hamilton health Sciences McMaster University 1200 Main Street West Hamilton Ontario 905-521-2100 ext 73557 www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Hamilton | <p>Hotline 905-525-4162 24 Hour support line We are a feminist organization that believes all women have a human right to live without violence</p> | <p>SACHA 75 MacNab Street South 3rd Floor Hamilton ON L8P 3C1</p> | <p>www.sacha.ca</p> |

Individual and group counseling
"Women's voices" supper group for survivors of sexual assault / abuse
"Women's relationships" is a ten week group for women who are survivors of childhood sexual abuse
Meets on Tuesdays 5.30 - 7.30 pm
Call Eliabeth 905-525-4573 ext 229
Or Maria on 905-525-4573 ext 226
for more info about these groups.

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| Kenora | Hotlines 807-468-7233 Or 1-800-565-6161 Toll Free 24 Hour crisis hotlines Legal, medical and financial referrals Advocacy and information Hospital & police accompaniment Long & short term counselling Women's groups and workshops | Kenora Sexual Assault Centre 201-136 Main Street Kenora Ontario 807-468-7958 Office. www.kenoralsexualassaultcentre.ca/ | ksac@kmts.ca |
| Kenora | We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources | Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Lake of the Woods District Hospital 21 Sylvan Street West Kenora Ontario 807-468-9861 ext 2428 www.sadvtreatmentcentres.ca/find-a-centre/ | www.sadvtreatmentcentres.ca |
| Kingston | We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources | Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Kingston General Hospital 76 Stuart Street Kingston Ontario 613-549-6666 ext 4880 www.sadvtreatmentcentres.ca/find-a-centre/ | www.sadvtreatmentcentres.ca |
| Kingston | Hotlines 613-544-6424 Or 1-877-544-6424 24 Hour crisis hotlines Since 1977 we have been providing FREE and confidential non judgemental support to survivors of sexualized violence. Counselling services and programs Crisis support Young women's program 12-18 Group counselling available. | Sexual Assault Centre Kingston PO Box 1461 Kingston Ontario K7L 5C7 613-545-0762 Office | www.sackington.com sack@sackington.com |
| Kitchener | Peer Support Groups Our Revive program supports men and women who are healing from sexual trauma. Separate peer support groups for males and females. These groups | Community Justice Initiative 49 Queen Street North 3rd Floor Kitchener ON N2H 2G9 519-744-6549 Office | www.cjiwr.com info@cjiwr.com |

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| Kitchener | <p>Support Group for Adult Survivors of Child Abuse</p> <p>A support group for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual assault. To join this chapter email Margie McKinnon at the address on the right of this page</p> | <p>Lamplighter Movement Kitchener Ontario</p> | <p>www.thelamplighters.org margie@thelamplighters.org</p> |
| Kitchener | <p>Hotline 519-741-8633 24 Hour support hotline</p> <p>We support those who have been sexually assaulted as children or as adults by providing FREE of charge:</p> <p>Individual & group counselling Information and referrals Accompaniment to court, hospitals, police station and other hearings. Emergency practical assistance</p> | <p>Sexual Assault Support Centre of the Waterloo Region 201-151 Frederick Street Kitchener Ontario N2H 2M2 519-571-0121 Office.</p> | <p>www.sascwr.org info@sascwr.org</p> |
| London | <p>Learning Support Group for Adult Survivors of Childhood Abuse.</p> <p>We meet two Saturdays every month, although only once in August in a second floor meeting room of the London Public Library. Interested parties can either call me on 519-471-7608 or visit the web page given here. Meeting are 10am to noon.</p> | <p>Sheila M. Stevenson A.C.C. PO Box 25053 London Ontario N6C 6A8 519-471-7608 519-671-5225 C Canada only CoachSheila@sheilastevensongroup.com</p> | |
| London | <p>Male Survivors Support Group</p> <p>A 12 week group that helps male survivors of childhood sexual abuse over the age of 18. We focus on trust and personal strengths, understand the effects of childhood sexual abuse and connect with other men who are survivors.</p> <p>Groups run in winter, spring and fall and usually meets Wednesday evenings. Screening interview is required and there is no fee for for the groups.</p> | <p>Male Survivors Group John Field London Ontario 519-284-2263 Office</p> | <p>www.malesurvivor.org</p> |
| London | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.</p> <p>Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres St. Joseph's Health Care 268 Grosvenor Street London Ontario 519-646-6100 ext 64224 www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| London | <p>Hotline 519-642-3000 24 Hour crisis & support line which</p> | <p>ANOVA 255 Horton Street</p> | <p>sacl@sacl.ca</p> |

is also available for male survivors
If you have experienced sexual violence including sexual assault or childhood sexual abuse at any time in your life, you no longer have to feel alone.

Accompaniment and advocacy
Public education and outreach
Individual and group counseling for women aged 15 and over, please call 519-439-0844 for group details
All our services are FREE of charge.

3rd Floor
Suite 5
London
ON N6B 1L1
519-642-3003 Office
www.facebook.com/AnovaFuture/
www.anovafuture.org/

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| London | Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page. | Silence to Hope Project London Ontario 1-877-676-7613 Office | www.malesurvivor.org silencetohope@hotmail.com |
| Midland | Hotline 705-737-2008 Or 1-800-987-0799 24 Hour crisis hotlines Support for women aged 16+ who have experienced sexual abuse as children and/or adults. Services available in Alliston, Barrie, Orillia, Collingwood and Midland. Advocacy on behalf on women Information and referrals Legal support at the police station at the hospital and in the courts 9 week support group for those who have experienced abuse in their intimate relationships running in the Spring and Fall. For group info contact 705-526-3221-ext 231. | Athena's Sexual Assault Counselling & Advocacy Centre PO Box Box 54 Midland Ontario L4R 4K6 705-737-2884 for Appointments | www.huroniatransitionhomes.ca |
| Midland | South Simcoe 1-800-987-0799 North Simcoe 1-800-461-1750 24 Hour hotlines We believe that all violence against women and children must end. We are committed to providing shelter to abused women and their children and to provide counselling to women survivors of sexual assault. Rosewood Emergency shelter Advocacy, information & referrals Legal support, individual counsel Out reach services for women who have left or are leaving an abusive relationship. Support groups | Huronian Transition Homes PO Box 54 Midland Ontario L4R 4K6 705-526-3221 Office | www.huroniatransitionhomes.ca |
| Mississauga | We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care | Ontario Network of Sexual Assault / Domestic Violence Treatment Centres The Trillium Health Centre 100 Queensway West Mississauga Ontario | www.sadvreatmentcentres.ca |

Crisis intervention 905-848-7580 ext 2548
Collection of forensic evidence www.sadvreatmentcentres.ca/find-a-centre/
Medical follow up & counselling
Referrals to community resources

Mississauga

We help men and women who have been sexually assaulted within the Safe unit "Chantel's House" have incurred recent injuries as a result of domestic violence. Safe unit "Chantel's House" FREE counselling for recent abuse Counselling for those 12 years + who have experienced peer assault in the past
www.trilliumhealthpartners.ca/patientservices/womens/Pages/sexualassault.aspx

Regional Sexual Assault and Domestic Violence Services
100 Queensway West
Mississauga
Ontario
905-848-7689 Counselling

Morrison

Women Experiencing Partner Abuse Group
Meets Thursdays 7 - 9 pm
Cost \$20 - \$30 per session
Contact 519-900-1607 for details

Mr David Fine
Morrison david@finetherapy.ca
Ontario N0B 2C0
226-909-0848 Office
www.finecoaching.ca/index.html

Newmarket

Male Survivors Support Group
Our groups are offered in three 10 week cycles, winter, spring and fall. They are closed groups so members are admitted in January, April and September. The group is facilitated by 2 trained professionals A face to face interview is required before joining the group. NO sex offenders will be admitted.
Meets Thursdays 6 - 8 pm There is no fee for the group, for more info contact Brent Diaz 905-853-3040 extention 314 or email him at the address on the right of our page.

York Region Abuse Program
Newmarket www.malesurvivor.org
Ontario www.cedarcentre.ca/
905-853-3040 ext 314
cedar@cedarcentre.ca

Newmarket

Hotline 1-800-263-6734
We serve women who have experienced childhood or adult sexual abuse, sexual assault, sexual harassment, date rape ect. Counselling support and advocacy All services are FREE of charge.

Women's Support Network of York Region www.womenssupportnetwork.ca
1110 Stellar Drive
Unit 109
Newmarket
Ontario L3Y 7B7
905-895-3646 Office
info@womenssupportnetwork.ca

North Bay

Hotline 705-476-3355
24 Hour crisis hotline
Our paid staff provide individual and group counselling
12 Week individual counselling for women who have experienced childhood sexual abuse.
2 Group counselling Models.
1st group - childhood sexual abuse
2nd group - Beyond the trauma these groups run for 12 weeks.

Amelia Rising www.ameliarising.ca
101 Worthington Street East info@ameliarising.ca
Suite 11
North Bay
Ontario P1B 1G5
705-840-2403 Office

North Bay

We are made up of 35 hospital based centres that provide 24/7

Ontario Network of Sexual Assault / Domestic Violence www.sadvreatmentcentres.ca

emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Treatment Centres
North Bay Regional Health Ctn
50 College Drive
North Bay
Ontario
705-474-8600 ext 4478
www.sadvreatmentcentres.ca/find-a-centre/

Oakville

Hotline 905-875-1555
Or 1-877-268-8416 Toll Free
24 Hour crisis hotlines
SAVIS is a non profit organization provincially funded by the Ministry of the Attorney General. We provide FREE, confidential and non judgemental 24 hour support to all survivors of sexual violence. Advocacy and accompaniment to the hospital, courts and lawyers
Education programs grades 1 to 12
Individual and group counselling
Drop-in service Fridays 1 - 3 pm
Spanish drop-in Tuesdays 1-3pm.

Sexual Assault and Violence Intervention Services
1515 Rebecca Street
Suite 227
Oakville
Ontario L6L 5G8
905-825-3622 Office

www.savisofhalton.org
savis@savisofhalton.org

Orangeville

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Orangeville Campus
100 rolling Hills Drive
Orangeville
Ontario
519-941-2702 ext 2519
www.sadvreatmentcentres.ca/find-a-centre/

www.sadvreatmentcentres.ca

Orillia

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Soldiers Memorial Hospital
170 Colborne Street West
Orillia
Ontario
1-877-377-7438 Office
www.sadvreatmentcentres.ca/find-a-centre/

www.sadvreatmentcentres.ca

Orillia

Hotline 705-327-9155
Or 1-877-377-7438 Toll Free
We are located at the Orillia Soldier's Hospital. Our treatment centre provides emergency medical care and treatment options to victims of sexual and domestic that has happened within a 72 hour period. We have specialist nurses to treat domestic violence victims
We also have a suspected child abuse and neglect program.

Simcoe County and Mscoca Regional Sexual Assault Care and Treatment Centre.
Orillia
Ontario L3V 2Z3
705-327-9155 Office / Hotline

www.osmh.on.ca
info@osmh.on.ca

www.osmh.on.ca/programs-services/RegionalWomenandChildrenProgram/sadv/overview.aspx

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| Oshawa | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres 115 Simcoe Street South Oshawa Ontario 905-721-6128 ext 2787 www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Ottawa | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres The Ottawa Hospital Civic Campus 1053 Carling Avenue Ottawa Ontario 613-798-5555 ext 13770 www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Ottawa | <p>Hotline 613-562-2333 24 Hour crisis hotline We are a pro-active, anti racist feminist organization providing help and support to women who have been affected by childhood sexual abuse and or incest. Public awareness & education prog Crisis counselling Long term counselling Group counselling and workshops.</p> | <p>Ottawa Rape Crisis Centre PO Box 20206 Ottawa Ontario K1N 9P4 613-562-2334 Office</p> | <p>www.orcc.net orcc@orcc.net</p> |
| Ottawa | <p>The Mens Project Phase 1 Thursday evenings Phase 2 Mondays & Thursdays Phase 1 is an 8 week psycho - educational program focusing on trauma and recovery. Phase 2 is a longer term process oriented group therapy. For more details about this project contact the Office.</p> | <p>The Men's Project Ottawa Ontario 613-482-9363 Office</p> | <p>www.malesurvivor.org www.themensproject.ca</p> |
| Ottawa | <p>Support Line 613-234-2266 Individual counselling for women who have experienced violence is available upon request. We offer 8 week support & 6 month support To be on our waiting list please call 613-725-2160 ext 227 for details Support groups for survivors of sexual assault usually 20 weeks. Drop-in for advocacy and workshops at various sites in the community</p> | <p>The Sexual Assault Support Centre of Ottawa (SASC) PO Box 4441 Station B Ottawa Ontario K1S 5B4 613-725-2160 Office</p> | <p>www.sascottawa.com/info@sascottawa.com</p> |

Ritual Abuse program
Public awareness and education.

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| Owen Sound | We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources | Ontario Network of Sexual Assault / Domestic Violence Treatment Centres the Greer Bruce Regional Health Centre 1800- 8th Street East Owen Sound Ontario 519-376-2121 ext 2458 www.sadvreatmentcentres.ca www.sadvreatmentcentres.ca/find-a-centre/ | www.sadvreatmentcentres.ca |
| Parry Sound | Hotline 1-800-461-2929 24 Hour hotline We offer various sexual assault services such as referrals and advocacy, counselling, Crisis concerns A drop- in program Court, police or medical support Drop in available Thursdays 10-12. Survivor to Survivor Program call 705-783-8882 for details. | Muskoka Parry Sound Coordinated Sexual Assault Services. 7 William Street Suite 5 Parry Sound Ontario P2A 1V2 705-774-9083 Office www.facebook.com/mpssas/ | www.mpssas.org/ |
| Pembroke | Mental Health Line 1-866-996-0991 Individual and group counselling for sexual abuse victims male or female. click "social work services" on web site. | Sexual Assault Counselling - Pembroke Hospital 705 MacKay Street Pembroke Ontario K8A 1G8 613-732-8770 Ext 8006 www.pemreghos.org/adultcounselling | www.pemreghos.org pr@pemreghos.org |
| Pembroke | Hotline 1-800-663-3060 24 hour 7 day hotline We provide emotional support, information and advocacy to women and girls who have been affected by sexual violence whether it has happened recently or in the past. | Women's Sexual Assault Centre of Renfrew County. PO Box 1274 Pembroke Ontario K8A 6Y6 1-800-663-3060 Office / Hotline | www.wsac.ca directorwsac@vianet.ca |
| Perth | The emergency departments of Perth and Smith Falls districts hospitals, Carlton Place & district hospital and the Almmonte general hospital provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes: Crisis intervention Crisis counselling Safety planning Forensic evidence collection. | Lanark County Sexual Assault Domestic Violence Program 33 Drummond Street West Perth Ontario K7H 2K1 613-283-2330 Ext 1258 | www.psfhdh.on.ca |
| Peterborough | 24hr Hotline 1-866-298-7778 TEXT Mon to Fri 705-710-5234 24 Hour crisis hotlines through qualified trauma specialists men and women survivors of past and recent assault receive | Kawartha Sexual Assault Centre 411 Water Street Suite 102 Peterborough Ontario K9H 3L9 705-748-5901 Office. | ksac@nexicom.net |

professional, well developed and responsive healing support.
Accompaniment to medical and legal appointments.
Individual & group counselling
Workshops for men and women
Out reach services in Peterborough, Northumberland, Haliburton and Kawartha Lakes.

www.kawarthasexualassaultcentre.com

Peterborough

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Women's Health Care Centre
157 Charlotte Street
Peterborough
Ontario
705-743-4132 Office

www.sadvttreatmentcentres.ca

www.sadvttreatmentcentres.ca/find-a-centre/

Renfrew

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Renfrew Victoria Hospital
499 Raglan Street North
Renfrew
Ontario
613-432-4851 ext 818

www.sadvttreatmentcentres.ca

www.sadvttreatmentcentres.ca/find-a-centre/

Richmond Hill

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Mackenzie Richmond Hill Hsptl
10 Trench Street
Richmond Hill
Ontario
905-832-1406 ext 2 Office

www.sadvttreatmentcentres.ca

www.sadvttreatmentcentres.ca/find-a-centre/

Sarnia

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.
Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Bluewater Health
8 Norman Street
Sarnia
Ontario
519-464-4522 Office

www.sadvttreatmentcentres.ca

www.sadvttreatmentcentres.ca/find-a-centre/

Sarnia

Hotline 519-337-3320
24 Hour crisis hotline
We are currently funded by the Ministry of the Attorney General. We

Sexual Assault Survivors Centre
Sarnia - Lambton
189 Wellington Street
Unit 3

offer a full range of services to victims/survivors of sexual assault and sexual abuse aged 16+. Men and women are welcome to call us. Public education program Rural outreach in Petrolia & Forest Advocacy & accompaniment to the police station, hospitals and courts. Counselling for survivors of childhood sexual abuse and incest Group counselling for sexual abuse and incest in childhood.

Sarnia
Ontario N7T 1G6
519-337-3154 Office
www.facebook.com/sascsarnia

Sarnia

Male Survivors Support Group
This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.

Silence to Hope Project
Sarnia
Ontario
1-877-676-7613 Office

www.malesurvivor.org
silencetohope@hotmail.com

Sault Ste. Marie

Hotline 705-759-5143 8am-4pm
Services for women, children and men plus significant others.
Medical response for sexual assault or partner assault.
Individual counselling
Groups for victims of sexual abuse or assault.
Interpreters available in multiple languages.

Sexual Assault - Partner Assault Clinic.
Asult Area Hospital
915 Queen Street East
Sault Ste. Marie
Ontario P6A 2C4
705-759-5143 Office / Hotline

www.sacc.to
email@sacc.to

Sault Ste. Marie

Hotlines 705-759-1230
Or 1-877-759-1230
24 Hour crisis hotlines
24 Hour shelter and support
Abuse counselling and therapy
Public awareness & education
Family court support
Telephone/walk in crisis counselling
Sexual abuse long term counselling
languages: English, French and Italian spoken.

Women in Crisis (Algoma Inc)
23 Oakland Avenue
Sault Ste. Marie
Ontario P6A 2T2
705-759-1230 Office / Hotline

www.womenincrisis.ca

Scarborough

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
The Scarborough Hospital
Grace Campus
3030 Birchmount Road
Scarborough
Ontario
416-495-2555

www.sadvttreatmentcentres.ca

www.sadvttreatmentcentres.ca/find-a-centre/

Scarborough

Male Survivors Support Group
We offer three groups,
Wednesdays 1- 3pm
2 on Wednesdays 6.45 - 8.45 pm
Our groups are process oriented groups. All work is focused on

Wolf Wood Canada
Scarborough
Ontario
416-704-6705 Office

www.malesurvivor.org

www.wolfwoodcanada.com/default.html
jim@wolfwoodcanada.com

understanding the damage that early childhood sexual abuse and trauma does to one's life and sense of self. We explore all issues from anxiety, depression, suicidal thoughts, addictions and anger. Fees are covered by O.H.I.P. Pre group interview is required, NO adult sexual offenders will be admitted. Contact Jim Hall on 416-704-6705

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| Simcoe | <p>Crisis Hotline 1-800-265-8076 TTY Hotline 1-800-815-6419 We are a charitable, non profit corporation governed by an elected board of directors. In addition to the services and programs for those who have experienced abuse and children who have witnessed abuse we educate and advocate for social change. Shelter program for women 16+ with or without children Sexual assault/abuse program for women who have experienced sexual abuse recently or in the past. Legal advocacy Systems accompaniment Short and long term counselling Groups for female survivors</p> | <p>Haldimand & Norfolk Women's Services Simcoe Ontario 519-426-8048 Office</p> | <p>www.hnws.on.ca hnws@hnws.on.ca</p> |
| Sioux Lookout | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Meno Ya Win Health Centre 60 1/2 Front Street Upper Level Sioux Lookout 807-737-3030 Switchboard 807-737-6565 Direct Line www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Smith Falls | <p>The emergency departments of Perth and Smith Falls districts hospitals, Carlton Place & district hospital and the Almmonte general hospital provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes: Crisis intervention Crisis counselling Safety planning Forensic evidence collection.</p> | <p>Lanark County Sexual Assault Domestic Violence Program 60 Cornelia Street West Smith Falls Ontario 613-283-2330 Ext 1258</p> | <p>www.psfhdh.on.ca</p> |
| Smith Falls | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Perth and Smith Falls Distict Hospital 60 Cornelia Street</p> | <p>www.sadvtreatmentcentres.ca</p> |

Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Smith Falls
Ontario
613-283-2330 ext 1258
www.sadvtreatmentcentres.ca/find-a-centre/

St. Catharines

Hotline 905-682-4584
24 Hour crisis hotline
We are a non profit, community based organization which provides counselling and support services for women, by women, who have survived sexual assault and incest. Individual and group counselling
Emergency counselling available
Court and medical accompaniment
Workshops and support groups
Out reach counselling in Niagara Falls, Welland, Beamsville, Port Colborne, Fort Erie and Grimsby.

Niagara Region Sexual Assault Centre
www.sexualassaultniagara.org
43 Church Street
Suite 503
St. Catharines
Ontario L2R 7E1
905-682-7258 Office

St. Catharines

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Niagra Health Systems
St. Catharines General Site
142 Queenston Street
St. Catharines
Ontario
905-684-7271 ext 45300
www.sadvtreatmentcentres.ca/find-a-centre/

St. Thomas

Hotline 1-800-265-4305
24 Hour crisis hotline
Love is not about control and fear.
Emergency shelter
Drop-in counselling
FREE legal consultations
Counselling for adults abused as children.
Community education in schools
Services available across Elgin County.

Violence Against Women Services Elgin County
www.vawsec.on.ca
info@vawsec.on.ca
300 Talbot Street
Suite 26
St. Thomas
Ontario N5P 4E2
519-633-0155 Office

Sudbury

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
St Joseph's Health Centre
700 Pan's Street
Sudbury
Ontario
705-675-4743 Office
www.sadvtreatmentcentres.ca/find-a-centre/

Sudbury

Hotlines 705-675-4760
Or 1-877-841-1101 Toll Free
We provide barrier free support services to female survivors of historic and current sexual violence.

Sudbury Sexual Assault Crisis Centre
www.voicesforwomen.ca/VFW@hsnsudbury.ca
Sudbury
Ontario
705-675-8071 Office

Referrals, advocacy and support at medical, court and hearings
Public & community education
Individual and group counselling.

705-671-5495 Office

Thunder Bay

Support Group for Adult Survivors of Child Abuse
A support group for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual assault. To join this chapter email Margie McKinnon at the address on the right of this page

Lamplighter Movement
Thunder Bay
Ontario.

www.thelamplighters.org
margie@thelamplighters.org

Thunder Bay

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care
Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres
Thunder Bay Regional HSC
980 Oliver Road
Thunder Bay
Ontario
807-684-6750 Office

www.sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca/find-a-centre/

Thunder Bay

Hotline 807-344-4502
24 Hour crisis hotline
We serve victims who may have been victimized years ago in their childhood or just recently.
Crisis intervention
Information and advocacy
Community outreach and education
Professional individual counselling
8 Week group counselling course for males and females, for more details call 807-345-0894. Intake interview will be required.

Thunder Bay Sexual Assault & Sexual Abuse Counselling & Crisis Centre
385 Mooney Street
Thunder Bay Sexual Assault & Ontario P7B 5L5
807-345-0894 Office
807-633-5738 Cell Phone

info@tbsasa.org

[Sexual Abuse Centre Thunder Bay | Facebook](#)

Timmis

Hotlines 705-268-8380
Or 1-877-286-8380 Toll Free
Our family court program provides support for female victims of domestic violence who are involved in the family court process.
Information - court accompaniment
Safety planning advice
HER Place Safe shelter
Our Sexual Assault Center offers:
Individual and group counselling and support to women aged 16+
Individual and group counselling for those affected by incest and childhood sexual abuse.

Timmis & Area Women in Crisis
Timmis
Ontario
705-268-8381 Office

www.tawc.ca
info@tawc.ca

Toronto

TTY Hotline 1-866-863-7868
Or 1-866-863-0511 Toll Free
Or 1-877-336-2433 En Francais
We provide FREE 24 hour 7 days a week crisis counselling, referrals, emotional support and information

Assaulted Women's Helpline
PO Box 369
Station B
Toronto
Ontario M5T 2W2
416-364-4144 Office

www.awhl.org
www.femaide.ca

via the telephone in up to 154 languages completely confidential and anonymous

1-888-364-1210 Toll Free.

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| Toronto | <p>The Gatehouse is a peer led support program for survivors of childhood sexual abuse. Services are offered to both men and women and all programs are FREE of charge.</p> <p>The Gatehouse offers a 15 week group that goes through topics related to the effects of trauma and there is a separate group for men and women. Other programs include phase 2, young adults program, drop in group, partner support workshop and group and art therapy.</p> <p>www.facebook.com/TheGatehouseChildAbuseInvestigationSupportSite/</p> | <p>The Gatehouse 3101 Lakeshore Blvd. W Toronto Ontario M8V 3W8 416-255-5900 tmahipat@thegatehouse.org</p> | <p>www.thegatehouse.org/</p> |
| Toronto | <p>Male Survivors Support Group supported by the Martin Kruze memorial fund, survivors of childhood sexual abuse experiences of hope and recovery. This group is on going, survivors attend as long as they need to. Intake interview is required. Meets Mondays 5.30-7.30 Contact Lynne MacDonell for more details 416-996-4050 or email her at address on the right of the page.</p> | <p>The Martin Kruze Foundation Toronto Ontario 416-996-4050 Office</p> | <p>www.malesurvivor.org lmtherapy@gmail.com</p> |
| Toronto | <p>We are a non-profit organization offering services to francophone women aged 16+ in the Greater Toronto area and in Hatton Peel. Transitional and housing support Counselling Art therapy groups Contact office for more details</p> | <p>Oasis Centre des Femmes PO Box 46085 College Park Toronto Ontario M5G 2P6 416-591-6565 Office</p> | <p>www.oasisfemmes.org services@oasisfemmes.org</p> |
| Toronto | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres 76 Grenville Street Toronto Ontario M5S 1B2 416-323-6040 Office www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Toronto | <p>Hotline 416-759-0138 24 Hour crisis hotline Crisis intervention</p> | <p>SOS Femmes PO Box 46018 College Park Toronto Ontario M5G 2P6 416-759-0138 Office / Hotline</p> | |
| Toronto | <p>Childhood Trauma Survivors</p> | <p>Childhood Trauma Survivors</p> | <p>gghafri@gmail.com</p> |

We are adult survivors of child physical, sexual, emotional, mental, verbal, psychological, ritual abuse, incest, domestic violence, narssasitic parents, neglect or abandonment.

We meet biweekly or monthly on weekends to listen, learn and to support each other. We share experiences and resources.

Please note that this is NOT a therapy, a counselling, a coaching or a crisis group. It's just a support group to create a safe community to empower survivors.

For more information call Ghadir on +1 (647) 868 2244 or email at gghafri@gmail.com

Toronto
Ontario
1 (647) 868-2244
www.facebook.com/GhadirElGhafri

Toronto

Survivors Support Group
We are a spiritual, self help group of men and women aged 18+ who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. There are no fee or dues, everything that is said in the group must be held in strict confidence. SIA is not a replacement for therapy, the only requirement is that you are a victim of childhood sexual abuse and that you want to recover. Meets 2nd & 4th Wednesday at 6.30 - 8 pm. For more information contact Jenny at her email address on the right of this page.

Survivors of Incest Anonymous
Toronto
Ontario
www.siawso.org
www.the519.org
jlceltic@hotmail.com

Toronto

Intimacy Issues with Victims of Sexual Assault Group
If you are a victim of sexual assault, abuse or incest, you may have issues with intimacy in your future relationships. You may avoid intimacy or be "hot and cold" and not know why. Through various means including writing and art therapy we will help you work through these stumbling blocks. Cost \$80 - \$120

Ms Sandra Tenus
Toronto
Ontario M5J 2Y2
416-691-0033 Office
www.harbourfrontpsychotherapy.com
help@BeachesPsychotherapy.com

Toronto

Hotline 416-597-8808
We believe survivors of sexual violence are experts in their own healing. Together we work towards healing with survivors of all backgrounds, genders and spiritualities. In person one to one counselling available Mondays - Fridays call 416-597-1171 ext 228 for details
Public education and workshops
Advocacy and court accompaniment
Latin american women's program
Support groups for survivors.

Toronto Rape Crisis Centre /
Multicultural Women Against
Rape
Toronto
Ontario
416-597-1171 Office
www.trccmwar.ca
info@trccmwar.ca

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| Trenton | Reclaiming Sexuality from Child Sexual Abuse Group Contact office for more information about this group. Cost \$50 - \$90 per session | Jessica Ford Trenton Ontario K8V 6B1 613-801-0243 Office | info@jafordgroup.com |
| Trenton | We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources | Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Quinte Health Centre 242 King Street West Trenton Ontario 613-392-2540 ext 5024 | www.sadvtreatmentcentres.ca www.sadvtreatmentcentres.ca/find-a-centre/ |
| Waterloo | We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources | Ontario Network of Sexual Assault / Domestic Violence Treatment Centres St Mary's General Hospital 400 Queen Street Waterloo Ontario 519-749-6994 office | www.sadvtreatmentcentres.ca www.sadvtreatmentcentres.ca/find-a-centre/ |
| Wayside Niagara | Male Survivors Support Group Peer support group for adult male survivors of childhood sexual abuse and or sexual assault. Meets Tuesdays at 7 pm Contact Glenn Allan 905-975-6455 | Niagara Region Sexual Assault Centre Wayside Niagara Ontario 905-682-7258 Office | www.sexualassaultniagara.org |
| Welland | Hotlines 403-327-7905 Or 1-888-787-2880 If you are struggling with the very difficult to cope with symptoms of childhood abuse in your adulthood, and you feel at your wits end with no place to turn. Turn to us | Distress Line of Southwestern Alberta Welland Ontario L3C 5Z4 403-327 7905 Office. | www.yourlifecounts.org |
| Whitby | Hotline 905-668-9200 24 Hour crisis hotline We work to provide support services to recent as well as historical or childhood survivors of sexual abuse. We are a feminist organization that believes in the equality of all. Advocacy and accompaniment dealing with healthcare, help with legal matters and support through the justice system FREE individual counselling FREE group counseling including a group for survivors of childhood sexual assault. For more details contact Donna 905-444-9672 ex 24 | Durham Rape Crisis Centre PO Box 567 Whitby Ontario L1N 5V3 905-444-9672 Office | www.drcc.ca info@drcc.ca donna@drcc.ca |

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| Whitby | <p>Men of Courage Group Men of courage is a 10 week group program designed for adult men recovering from childhood sexual and or physical abuse. The group will help members to understand the impact of trauma - identify and manage the triggers, feelings and flashbacks - improve relationships and build trust - reduce feelings of shame, loneliness and guilt. Cost \$40 - \$50 per session</p> | <p>Mr Derek Wright Whitby Ontario L1N 5Z5 289-893-0811 Office</p> | <p>www.wrightpath.ca counselling@wrightpath.ca</p> |
| Windsor | <p>We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention Collection of forensic evidence Medical follow up & counselling Referrals to community resources</p> | <p>Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Windsor Regional Hospital Grace Campus 1995 Lens Avenue Windsor Ontario 519-255-2234 Office www.sadvtreatmentcentres.ca/find-a-centre/</p> | <p>www.sadvtreatmentcentres.ca</p> |
| Windsor | <p>Hotline 519-253-9667 If you are a child, adolescent or an adult, male or female and have been sexually violated whether in the past or recently we can help! Crisis intervention Public education program Counselling for male and female survivors of sexual abuse or incest.</p> | <p>Sexual Assault Crisis Centre 1407 Ottawa Street Unit G Windsor Ontario N8X 2G1 519-253-3100 Office www.facebook.com/SACCWindsor/</p> | |
| Windsor | <p>Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.</p> | <p>Silence to Hope Project Windsor Ontario 1-877-676-7613 Office</p> | <p>www.malesurvivor.org silencetohope@hotmail.com</p> |
| Woodstock | <p>Hotline 519-539-4811 Or 1-800-265-1938 Toll Free Text Hotline 519-788-9993 We are leaders in providing crisis intervention, shelter, counselling and advocacy for women and their children impacted by abuse in Oxford county. Safe short term accomodation Transitional housing support prog Sexual assault counselling for women aged 16+ who have been sexually abused 519-539-7488 ext 226 for more details Weekly support groups open to all women impacted by abuse now or in the past 519-539-7488 ext 234 for more group details.</p> | <p>Domestic Abuse Services 975-James Street Woodstock ON N4S 8X8 519-539-7488 Office</p> | <p>www.daso.ca rhonda@daso.ca</p> |

Outreach program including
counselling sessions in Tillsonburg
and Ingersoll.